

NEEDS OF THE WORLD TODAY

By LOTUS DELTA COFFMAN, President University of Minnesota.

NOT less industry, but more; not less organization, but more; not less science, but more, is what we need, if industry and organization and science are dedicated to making man master of himself and not the slave of the machine. In the final analysis, the only poverty that is odious to face is the poverty of life itself.

Universities have been compared to lighthouses, the light of which radiates to dispel darkness; to dynamos whose power lines reach every community, and to factories which are more interested in quantity than in quality. I maintain that a university consists of something more than a single set of factors; that by its very name, as well as by its nature, it is universal in purpose and in scope.

It sheds light; it develops new power, and it transmits knowledge. But the light it radiates, the power it develops and the knowledge it transmits do not remain fixed and unchanging generation after generation. The lighthouse must be built taller, the dynamos more powerful and knowledge must be disseminated over wider and wider areas if progress is to be made.

The function of the university is not to preserve the past, but to train a generation of youth for the work of a new day, and unless their very atmosphere is surcharged with the spirit of unrest and intellectual dissatisfaction, they soon become hoary objects of tradition and reverence rather than instruments of progress.

FEAR IS ENEMY OF MANKIND

By DR. LOUIS L. MANN, University of Chicago.

Experiments in psychology laboratories have shown that if a person fears intensely for an hour he generates enough poison to kill a guinea pig. Fear makes one physically and mentally insufficient. It causes inhibition and brings nervous disorders and undermines life. Fear is the raw material and inhibition is the finished product. Many complexities of modern life are due to fear, especially of things that never happen.

There is a biological fear that good people have so few children and inferiors many, that in time the world will be ruled by inferiors. This contention is a veiled argument against birth control, which is here to stay and makes for a higher type of human.

There is a biological fear caused by 20,000,000 of our best men mowed down like so much grass in the World War. The morons, epileptics, degenerates and all others unfit were left behind to become fathers of the next generation. You cannot breed hogs and cattle that way, and while I do not speak of breeding humans, biologically it is the same thing. We also find religious and philosophical fears.

The time has come to outlaw war. We speak of faith, confidence, good will, until the crucial moment comes; then we put all our faith in the mailed fist. The political corruption of our larger cities—and I speak from personal experience—is due to fear.

AGENCIES IN CHILD FOUNDATION

By JAMES E. WEST, Boy Scout Executive.

Education is a co-operative enterprise in which all the agencies in the child's environment are involved. Our progressive schools recognize this common partnership in the training of our youth and lend full co-operation to the constructive special agencies in the school community.

Among the major influences in the life of the child are the home, church, school and the social agencies of the community. The child "belongs" to all these institutions and to himself, and the basis of co-operation is the common objective in the child's fruitful experience as a means of character development and preparation for citizenship. The best training for citizenship is gained from successful practice in doing with satisfaction the things that good citizens do.

The schools are dealing with human problems—more vital than subject matter. Visiting teachers are going after the maladjusted child, even to his home environment. Society no longer permits the schools to cover their failures by dismissing the problem child from school. The successful adjustment of the child to society is the supreme and joint responsibility of the school, home, church and social agencies of the community.

NO DECLINE OF RELIGION

By REV. DR. S. M. SHOEMAKER, JR., New York.

You hear a great deal in these days about the decline of religion. It is a foolish saying. Some forms of religion have declined, and we can well spare them. But religion itself will never decline while man faces the riddle of his own existence, nor so long as man asks himself the question, "What is the meaning of life?"

When all the facts are in and all the knowledge possible is compassed, we shall yet find ourselves infinitesimal atoms upon one wandering island in a limitless universe, beset with the mystery of the stars above and the moral law within, as Kent said.

We want to live bravely and well here and now, and we do not want to be snuffed out like candles at the end. Life is a mystery. Without religion life is an insoluble mystery. With religion it is a mystery with a clew. And sane, rational man will never give up that clew till he gives up his reason.

STATESMEN WORTHY OF PRAISE

By REPRESENTATIVE RUTH BRYAN OWEN, Florida.

It is a matter of regret that congress is so often in the humorous columns of the newspapers. If people knew just the quality of the representative they had in congress they would not only feel safer about their representation, but they would be prouder to be citizens of the republic. I am sorry that what gets into the headlines is some casual remark, some epithet, some piece of irrelevant dialogue. That's all you hear of the work of 400 congressmen, for the calling of some one a queer name is odd and that's what constitutes news.

There is a tremendous amount of breakdowns from overwork in congress but that is not news. And I am sorry that the public from the gallery sees so little of the work done in congress. I wish they could see the long hours in the offices.

DESIGN TROUSERS FOR LITTLE BOY

Intended for Youngsters Just Learning to Dress.

(Prepared by the United States Department of Agriculture.)

The trousers worn by the little boy in the picture can be buttoned to an underwaist as shown, with a matching or contrasting blouse over it. Or, when the weather becomes warm and the days are invitingly sunshiny, the underwaist may be replaced by an open mesh sun suit top of cable net or by the suspender suit top which many little chaps wear in summer time to give the healthful ultra-violet rays of the sun a chance to reach as much skin surface as possible.

These trousers were designed by the bureau of home economics of the United States Department of Agriculture for the very small child who is just learning to dress himself.

Particular care should be given to the choice of a good, simple, straight-leg pattern which can be adapted to the special features recommended by the clothing specialists of the bureau. It



Trousers to Be Worn With a Blouse or Sun Suit Top.

As also suggested that until a child has become thoroughly familiar with the intricacies of buttons and buttonholes, all his trousers be made from the same pattern, with fastenings in the same place. He soon accustoms himself then to managing them. The back drop in these trousers laps over the front at the side placket, but it does not have to be unfastened for toilet purposes. There is a separate front drop made with slanting plackets, giving the effect of pockets. All placket underlaps are wide enough so there is no rapping. There are two buttons on the back drop at the waistline instead of one in the middle of the back, which, as experience has shown, is almost impossible for a child to reach.

If these trousers are used with a sun suit top the legs may be even shorter than those shown. Care should be taken to make the length of the crotch ample, so there is no binding and plenty of room in the seat. The back seam line should be longer than the front and gradually slant from the top to the crotch. This provides room for sitting. A center front line should drop straight down and then curve out to the crotch, as does an armseye line that leads to an under-arm seam.

CLOTHING BUDGET FOR SPRING USE

Homemaker Must Go Over Family Wardrobe.

(Prepared by the United States Department of Agriculture.)

Probably very few people nowadays set aside a definite period for "spring sewing," as in the days of our mothers. Clothes are much simpler, and sewing is done between and around other tasks, as it were. Ready-made garments, too, are more dependable than formerly, so there is not the same need for a fortnight or so of strenuous dressmaking. Practically all homemakers, however, must at some time between freezing temperatures and the first coatless days, go over all the family wardrobes, and decide what can be used another season, and what must be discarded, remodeled, or replaced.

As a result of this inspection, the needs of each member of the household should be listed. One can then see at a glance what is to be purchased ready-made, and what materials will be needed for home sewing. While attending bargain sales is supposed to be a feminine weakness, it may become a virtue to take advantage of unusual buying opportunities if you know that Mary needs at least four new wash dresses and that a short length of blue silk will enable you to get another season out of your best afternoon dress. Again, one way to accomplish much sewing in odd moments is always to have some "pick-up work" on hand. By planning ahead and keeping something cut out to work on at short notice, hours otherwise unutilized may be used to good purpose.

For several reasons, then, it is a wise plan to check over the family clothing early in the spring. The bureau of home economics of the United States Department of Agriculture suggests that this forecast of clothing requirements be immediately incorporated in the budget for the next few months.

Superior Baked Dessert of Bananas and Rhubarb

Signs of spring include home-grown rhubarb in almost every locality. The housewife brightens over the chance to give her family a fruit flavor that has been missing from the menu for many months. The very first rhubarb that comes into the markets may well be combined with that standby of the winter—the banana—which is always good when baked with a touch of acidity such as rhubarb or lemon juice can give. The recipe is from the bureau of home economics of the Department of Agriculture.

- 1 quart rhubarb 2 the butter cut in 2-inch 1/4 cup sugar pieces 1/2 tsp. salt 3 bananas

Select tender rhubarb, wash well, and cut in two-inch pieces without removing the red skin. Peel and scrape the bananas and split them lengthwise. Grease a shallow baking dish, cover it with a layer of the cut rhubarb, lay the banana halves over the rhubarb, and add the remaining rhubarb. Sprinkle the salt and sugar over the fruit and dot with the butter. Cover and bake in a moderate oven for 15 minutes, until the fruit is tender. Remove the top and continue to cook for one-half hour, or until the slush has thickened. Serve hot or cold.

FOODS TO SELECT TO SUPPLY VITAMINE A



Some Common Sources of Vitamines.

(Prepared by the United States Department of Agriculture.)

People have become "vitamin conscious," as the advertisers would put it. They want to know whether a given food "contains vitamins." What they do not always realize is that there are several different vitamins, and that each has a different function in the nutrition of the body. Some foods are a good source of one vitamin and some of another, while a number of foods contribute more than one. If the homemaker wants to give her family a diet containing enough of all the vitamins, she must know something about the function of each, and the foods likely to supply it in sufficient amount. She can see that these foods are included in her menus.

Vitamine A is essential for growth, well-being at all ages, and successful reproduction. A deficiency of this vitamin tends to the weakening of the body tissues, and increased susceptibility to bacterial infection. If laboratory animals are given a diet lacking in vitamine A, they develop infections of the eye and other parts of the body. It is thought that similar inflammatory and infective processes in

the human body occur when there is a deficiency of vitamine A.

Fortunately the body has the power of storing this vitamin to a considerable extent for future needs. An abundant supply of it in early life undoubtedly safeguards the body against later infection as well as provides for present requirements. This does not mean, however, that the need for vitamine A is confined to the young. Nursing mothers, especially, should have food containing vitamine A in abundance.

Milk and dairy products, eggs, liver, and leafy vegetables are among the richest sources of vitamine A. Green or yellow vegetables are much richer in it than the corresponding white varieties. Thus green lettuce is much richer than bleached, and yellow than white corn. The bureau of home economics gives these foods as good sources of vitamine A: Avocados, bananas, string beans, butter, carrots, chives, cod liver oil, dried cutpeas, cream, dandelion and other greens, eggs, lentils, lettuce, liver, milk, peas, sweet potatoes, spinach, squash, tomatoes.

Wife Sore as Hubby Returns 13th Time

Elizabeth, N. J.—It wasn't the husband who deserted her 13 times that annoyed Beatrice Karris so much as the fact that he always came back. The husband, Stanley, she told Police Recorder Brown, came back for the 13th time a couple of days ago and raised a row because she wasn't glad to see him. Stanley was held in \$300 bond to keep away from his wife.

GROCER WINS IN DEAL WITH CROOK

Sale of Tea Nets Him Cent and Half Profit.

Kansas City—"May I have a piece of string to tie my bundle?" "Certainly," William J. Embree, grocer, told the stranger who asked the question. Work of tying the bundle, which was broken, disclosed a quantity of suit material. "Present for my brother," explained the man. "Just got here from England, looked for my brother, but he's dead." "Too bad," sympathized Embree, turning to wait upon another customer who just had entered. "Ten cents' worth of tea," said this man. "What have you there?" the customer asked the man who had lost his brother.

The contents of the package was explained in the broad accent of the Englishman. The customer inspected the cloth. Wanted to buy it. Offered \$130 for it. "I don't like your nationality," the Englishman told the bargainer. "I can't sell to you."

The customer took Embree aside. "I'm Goldberg," he said. "Country club plaza tailor. You buy this cloth. It's worth \$300. I'll go to my shop and get the money. Give you \$25 for making the purchase for me."

But Embree had heard Goldberg ask the Englishman, "You're not going to take that back to New York, are you?" Nothing previously had been said about New York. Embree was suspicious.

"Nothing doing," he told Goldberg. "I think I'll tip the police about this Englishman." He started for the telephone, his visitors for the door.

Goldberg was carrying the tea, the Englishman his bundle. "Dime for the tea," said Embree, dialing for police headquarters. It was tossed onto the counter.

The men disappeared as Embree made connections with the police. "It's an old game," he was told. "Complete confidence men. Cloth was worth probably \$40."

"O. K. with me," Embree replied. "I made a cent and a half profit on the tea."

Pumps Three Days as Sharks Circle Craft

Jacksonville, Fla.—Hero of a strange saga of the sea is Jack Grant, a huge negro employed as one of the crew in a motor cruiser owned by Paul Rice of this city. Grant saved his own life and that of Rice after an explosion disabled the craft far from shore and sprang leaks in the seams of its hull.

For three days and nights without a rest Grant pumped and managed to keep the craft afloat until another vessel happened by. Ten minutes after Grant and Rice were rescued their cruiser sank in 200 feet of water.

Grant and Rice were knocked unconscious, but water lapping at his face revived the negro, although Rice was seriously injured.

Time and again, when it seemed impossible for Grant to continue pumping, he would glance over his shoulder and look at:

"Look at dem sharks, boss?" Then the water would grow more freely from the small pump while the manaeaters continued to circle the craft. Grant was on the point of collapse when the other boat finally reached the spot.

Hot Stove Thrower's Wife Is Given Divorce

Chicago.—If you suddenly saw a hot stove come hurtling through the air at you—how would you feel?

Mrs. Ethel Buschly, 2901 McKicker avenue, appeared before Judge Robert Gentzell complaining about her husband, Marshall.

She married Marshall, a chauffeur for her father's coal, wood and ice company, on March, 1925. They lived happily until October 5, 1929, when Marshall developed this stove mania.

"And he threw this stove—a hot one—right at my client," recited Attorney Irving Eisenman.

Judge Gentzell pondered. Then—He granted the divorce and directed Marshall to pay \$15 a week alimony for the support of his wife, and a daughter, Ethel, aged three.

Shot as He Wipes Specs

Kittery, Maine.—While wiping his glasses with a white handkerchief in the woods of Maine, Ira Chapman, of Kittery, received injury to both hands when a friend seeing the white flash, fired, believing he was shooting at the tail of a deer.

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Police Dog's Good Work Because he has Nina, a police dog. Norman E. Hershey, a farmer, at Marietta, Pa., still has a cow named Bess. Early one morning he was aroused by a scratching at the door. Investigating, he found Nina, who had been locked up in the barn the night before. The dog coaxed her, shey toward the barn, where he rescued the cow before she strangled to death in the hayrack. When Bess became trapped, Nina clawed away the latch on the upper half of the barn door, bounded over the lower half, which had resisted her efforts, and was off on her rescue mission.

A story written by a modern "intellectual" seldom comes up to one by Alexandre Dumas.

Folks don't get a divorce until after they are well acquainted.

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W. N. U., Pittsburgh, No. 16-1930.

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Millions classified... tongue calls... Millions...

Millions classified... tongue calls... Millions...

Millions classified... tongue calls... Millions...

Millions classified... tongue calls... Millions...

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Millions classified... tongue calls... Millions...

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