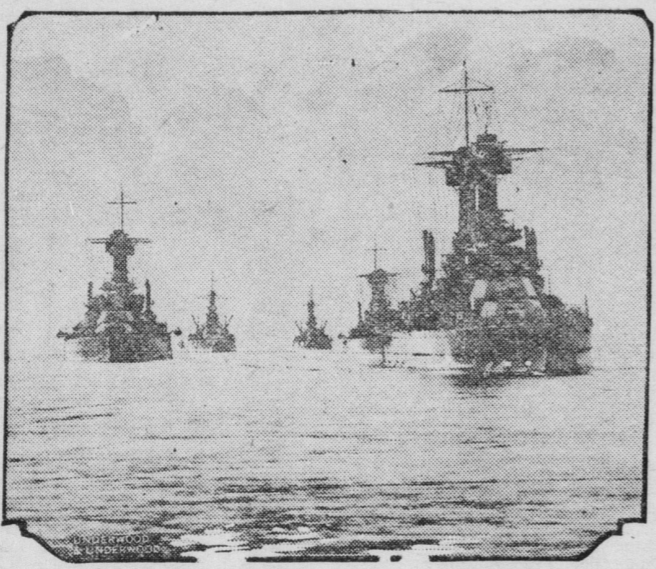


SUCH IS LIFE — "Plenty of Reasons"

By Charles Sughroe



Uncle Samuel's Mighty Men of War



The United States nattle fleet in formation, double line, en route to Panama to take part in maneuvers. The West Virginia is in the lead.

Surmounts Physical Handicap

Seattle, Wash.—A practical idealist, whose credo is "service" and who gives a philosophy of cheerfulness to those who are down, such a man is Dr. Frank R. Loope of Seattle.

For eighteen years he has been bed-ridden. A reporter walked into the "office," a big sun porch, as one of two telephones at his bed rang and the doctor proceeded to aid a World War veteran in getting out of jail.

Doctor Loope lay flat on his back, the two telephones within easy reach, letter files at the side of his bed, a checkbook on the covers, magazines, papers, cigarettes and a radio at hand.

And there he directs almost innumerable enterprises—aiding individuals to overcome physical handicaps.

The physician picked up a specially framed mirror and focussed it on his guests. He is unable to turn his head, but he can move his eyes and arms. Thus he is able to follow the move-

ments and expressions of any one in his room.

Under the general title of "sunshine industries," Doctor Loope is the directing genius behind a wheel chair store, a repair store, is building up a fund for an industrial home for shut-ins and arranges hundreds of programs for invalids.

The industrial home—where those aiding themselves would be able to live close to their work—is his big dream.

In addition to that work, Doctor Loope finds positions for those who have been handicapped. He distributes radios, gives advice, acts as father confessor to hundreds of persons, advises as a physician and arranges for medical attention.

His telephone rang constantly during the interview.

The soldier was paroled to his custody, then a hysterical woman telephoned. Calm tones replied to shrill voice, and then, ironically, an organization that had obtained his telephone number called to ask him to buy two tickets to a dance.

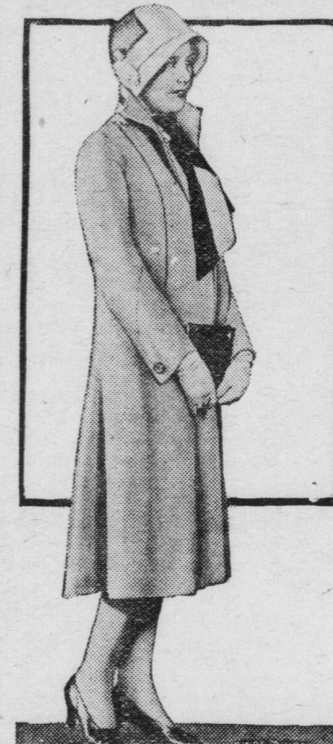
The doctor is not a wealthy man, in fact he frequently encounters difficulty in obtaining funds for his many enterprises, in addition to those needed for himself.

For years after he was stricken, the doctor related, "I felt I was terribly abused." Then he adopted the philosophy of "Sunshine and Smiles," the title of a column he conducts for shut-ins in the Seattle Star.

"I don't preach, I serve," he said. "Help the shut-in to help himself—to keep himself away from his troubles."

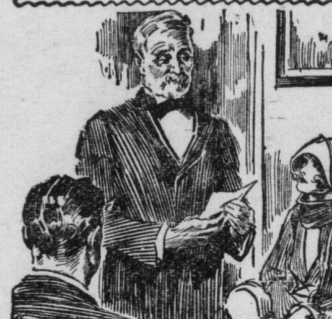
Although bedridden eighteen years, Doctor Loope is no invalid. He is more healthy mentally by far than millions who have complete use of their bodies.

WHITE WOOL SUEDE



A charming coat of white wool suede which follows the popular princess lines. A white felt hat with a green straw insertion in the back part of the crown completes the outfit.

FAMILY DOCTOR LEARNED THIS ABOUT CONSTIPATION



Dr. Caldwell loved people. His years of practice convinced him many were ruining their health by careless selection of laxatives. He determined to write a harmless prescription which would get at the cause of constipation, and correct it.

Today, the prescription he wrote in 1885 is the world's most popular laxative! He prescribed a mixture of herbs and other pure ingredients now known as Dr. Caldwell's Syrup Pepsin, in thousands of cases where bad breath, coated tongue, gas, headaches, biliousness and lack of appetite or energy showed the bowels of men, women and children were sluggish. It proved successful in even the most obstinate cases; old folks liked it for it never gripes; children liked its pleasant taste. All drugstores today have Dr. Caldwell's Syrup Pepsin in bottles.

For Galled Horses Hanford's Balsam of Myrrh

All dealers are authorized to refund your money for the first bottle if not used.

All Square in Love  
Usma—She said if any man kissed her without warning, she would scream for her father.  
Cadet—What did you do?  
Usma—I warned her.—Service Magazine.

Self-determination is more or less necessary, but self-sacrifice has some joys.

ACHES

There's scarcely an ache or pain that Bayer Aspirin won't relieve promptly. It can't remove the cause, but it will relieve the pain! Headaches. Backaches. Neuritis and neuralgia. Yes, and rheumatism. Read proven directions for many important uses. Genuine Aspirin can't depress the heart. Look for the Bayer cross.



"Brought Back My Strength"

"My little daughter was born on a homestead in northern Alberta. I had four other children and I worked so hard that I suffered a nervous breakdown. The doctor's tonic did not seem to help me, but when a friend told me about Lydia E. Pinkham's Vegetable Compound, I began to take that instead. I kept on until I felt well again. I brought back my strength. Today I can do anything, thanks to the Vegetable Compound."  
—Mrs. William Parker, 1415 W. Grand Street, Seattle, Washington.

Lydia E. Pinkham's Vegetable Compound

One Drop

Bourbon Poultry Medicine  
For each chick daily in drink. Food stimulates appetite, aids digestion, regulates bowels, prevents disease, and changes of disease infection. On market in 10-cent bottles, 50-cent and 1.00 pint bottles. At drugstores, or sent by mail.  
Bourbon Remedy Co., Box 7, Lexington, Ky.

HOXSEY'S GROUP REMEDY

This life-saver of children. No opium, no nausea. 50 cents at drugstores, KILLS CO., NEWBURGH, N. Y.

Wild Rose Favorite Flower

New York.—The people of the United States named the wild rose as the national flower in the American Na-

VETERAN "WARRIOR"



Field Major Emma Westbrook, eighty-six, the sole survivor of the pioneer party of one man and seventy lasses of the Salvation army that landed in the United States in 1890. The picture was taken on the occasion of the golden jubilee of the army's work in this country.

PUBLIC LOVE MAKING

By THOMAS ARKLE CLARK  
Dean of Men, University of Illinois.

They are apparently more conservative and more conventional in China than we are here in America. The city government of Hankow has recently enacted a law prohibiting out-door kissing even between husbands and wives, the reason for this seemingly radical enforcement of the law being perhaps that when one sees these public demonstrations of uncontrolled emotion it is impossible to tell without embarrassing inquiry just what the exact blood relationship, if any, there is between the osculating parties.

The first victims, according to reports, have been Mr. and Mrs. Chen Chang-hang, a newly married pair. They were driving in an open carriage when a policeman saw Mr. Chen kiss his bride. Both were arrested. Mr. Chen was fined \$25, and he and his wife were forced to furnish bondsman, who guaranteed that the newlyweds will not again offend the proprieties.

I believe that such a law might prove salutary in our own country. Husbands and wives do not seem to be our most serious offenders, but one need not go far to find others who use public places to do their love making. Once upon a time it was not considered good taste for young people,

ture association campaign just ended. Rechecking of the more than a million votes shows the wild rose rolled up a total of 492,811 votes out of the 1,067,672 votes cast. It gained a plurality of more than 150,000 votes over the columbine, the nearest contender.

The wild rose won in every state except Colorado, Florida, Minnesota and Washington.

Pennsylvania, with 111,256 votes; Ohio, with 73,948; New York, with 62,825; and Wisconsin, with 59,779, led the country in number of ballots cast. Washington supported the columbine more vigorously than any other state.

Only seven votes separate the rose and its rival in South Dakota. More than 6,000 people, Americans living outside the 48 states, are represented in the "No State" column. The columbine had 201,451 backers, who threatened, during early December, to sweep under the rose in a flood of votes. When the contest closed, however, the leader was still gaining.

More than 65 per cent of the vote was divided between the two leaders and there is no question of these being the national favorites. The violet, goldenrod, American beauty rose, phlox, daisy, dogwood and mountain laurel, which finished in the order listed, never had a chance of victory. All other flowers received but three and one-half per cent of the total.

The wild rose, despite criticisms to this effect, is not the flower of England; that emblem is the cultivated

rose. The campaign did not designate one particular variety of wild rose, but left it possible for each community to feel that its local representative of the genus was the choice of the country.

Father Sage Says:

The ocean is the only power on earth that can make a woman an indifferent her personal appearance.

LIGHTS OF NEW YORK

By GRANT DIXON

Meaningless

One of the more meaningless details of New York life is the business of supplying references when one wants to move into a new apartment. A friend of mine, a dramatic critic, is lodged in a towering, exclusive building. He informs me he had to pass close scrutiny before he was allowed to sign a lease.

Yet his neighbor on the top floor is the proprietor of a speak-easy across the street. He is a relative of one of New York's most notorious gangsters. He is politically powerful, though, and

on. There is no relaxing of the pressure, nor the slightest change of countenance or color because they are discovered. They keep right on unabashed. "But why not?" you say since there is no law in this country against it.

In the community in which I live I could easily pick out all the engaged couples. They go hand in hand down the street or across the park. They are never detected; each has tight hold upon the other like an officer of the law leading a convict to the "hoosegow." Even when they are going from one place to another in an automobile, she does not leave him free to guide the conveyance in an unremembered way. She either throws herself upon his bosom or winds her arms about his neck in order that he may have no doubt that she loves him. One cannot drive these days along any public highway without meeting these entangled lovers at almost every crossroad.

Husbands and wives with us still in general confine their show of affection to the privacy of the home, but young lovers are gradually breaking down all reserve. One finds them everywhere—in some dark corner at a social function, in dimly-lighted booths in confectioneries, in cars parked at the roadside, on unshaded porches, and out in the open glare of the mid-day sun exchanging their caresses. City treasuries would soon be filled if like China we should enforce a law against such unconventional practices. © 1930, Western Newspaper Union.

French Military Medals for 45,000 War Veterans

Paris.—Twelve years after the war 45,000 French soldiers are to be awarded the military medal, formerly one of France's highest war honors. The medals will go to men cited for bravery and wounded during the war, but who have since received no further recognition.

HOPES TO WIN DERBY



England's famous sportsman, peer, Lord Derby, who will make a 3,000-mile trip to Louisville to watch one of his horses compete in the Kentucky derby this year. The earl of Derby, one of whose ancestors gave his name to the great English racing classic, last year headed the list of owners with a total of 51 race-track victories, which netted him about \$171,570.

The Modern Murder Trial



"YOUR HONOR, I OFFER THIS IN EVIDENCE."

FIRST TROU FOR

May Be Made in Self-

(Prepared by the United States Department of Agriculture)

The clothes worn between two and three made to help trainance if carefully dressed. One should be dressed buttoned, he does not dependance that he comes into contact, dren and people out circle. Being able oneself is a great confidence. It is also any mother to have dress himself without to the toilet alone. to take pride in a person to wear, and he taught very readily his clothes, both when and when they ought or laid out, ready for

In the past, one of stacles to complete countered by the sn complicated system belts around his wa to be no reason wa



Practical Suit for

should have so many openings. And in diff may be in direct pl special manipulation o to be learned.

After studying the suits as made heretof to remedy them, the economics of the Un partment of Agricultu a number of practic overcome some of the able features. It is until a little boy has the problem of how to things, the same basic for all his trousers so buttonholes will alway convenient place. Var tained by slight cha color, material, and front openings are rec buttons and buttonho by manipulated and u

For a very small boy Oliver Twist type of the trousers buttoned simple and satisfact shown in the picture leg is cut without a the placket. Instead o side is slanted forwa front drop. The plack to simulate welt pocket wide underlap. The fr over the back in the only four buttons are are so accessible that will have no trouble in correctly. This locati tons is especially good a boy who likes to clin on the side seam binding and are frequ

BROILED H



Tender,

(Prepared by the United States Department of Agriculture)

Broiled chicken—why rabbit? Perhaps you have in your local market some being extensively produced to East. You have won the family would like "gamy" flavor of wild especially popular.

Without hesitation you ment with some of these fleshed domestic rabbit can best be compared to en, and it is cooked in chicken is cooked. Get hit to try, and broil it. table without comment members of the family they are eating chicken, raised rabbits eat rolled fa hay and leafy vegeta