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Love is blind. That's why a man in love is unable to distinguish between an angel and a goose.

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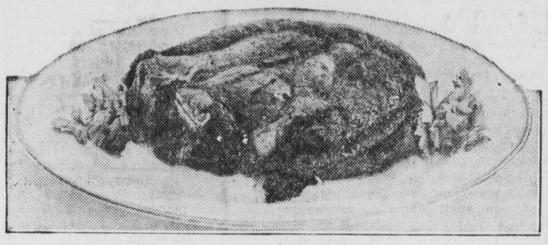
IMPORTANT HINT ABOUT BROILING STEAK



In Broiling a Steak Sear Outside Well.

(Prepared by the United States Department of Agriculture.)

No definite time can be given for cooking a steak, because of varying thickness, degree of heat applied, and personal preference. A steak one and one-half inches thick will probably require 20 to 25 minutes, however, to cook medium rare under the flame of a gas oven. The most important point about broiling a steak, according to the bureau of home economics, is to sear the outside well at a high temperature so as to retain all the juices, and then to reduce the heat and finish cooking at lower temperature.

Select one of the tender steaks from one and one-half to two inches thick. Trim the steak of excess fat and wipe it off with a damp cloth. A steak may be broiled by direct heat or it may be pan-broiled in a skillet. To broil by direct heat, grease the rounds of a rack, lay the steak on it, and place over live coals, or under an electric grill, or the flame of a gas oven.

If a gas oven is used, have the steak two or three inches below the flame. Best results are usually obtained by leaving the door open. Sear on one side and then turn, being careful not to pierce the brown crust. When both sides are seared, reduce the heat, and turn the steak occasionally until cooked to the desired stage.

To pan-broil a steak, sear it on both sides in a lightly greased, sizzling hot skillet, then reduce the temperature and cook to the desired stage, turning the heat to insure even cooking. Do not add water and do not cover. From time to time pour off accumulated fat so that the steak will not fry. A thick steak after searing may be successfully finished in a hot oven (450 degrees Fahrenheit). Slip a rack under the steak in the skillet, and the meat will cook evenly without being turned. This is a convenient arrangement, for full attention may then be given to other last-minute preparations for the meal.

Place the steak, when done, on a hot platter and season with salt, pepper and melted butter. Garnish with parsley and serve at once.

HAVE ANGEL FOOD WHEN FOWLS LAY

Good Many Whites and No Yolks Needed for Dish.

(Prepared by the United States Department of Agriculture.)

The time to indulge a taste for angel food is of course in the spring when the hens begin to lay generously. Because a good many whites and no yolks are used in making angel cake or "food," most thrifty housekeepers make soft custard sauce from the yolks and either serve this on fruit, with the cake, or reserve it for another dessert. If one happens to be having simmered fish for dinner a good use for the yolks would be to make Hollandaise sauce. This sauce is also good with asparagus, which becomes available just about when eggs are abundant also. The bureau of home economics gives these directions

Preparing Eggs for Angel Food.

for making angel food, laying considerable emphasis on cooking it in a cool oven.

Angel Food.

1 cup soft wheat flour	½ tsp. salt
1 cup egg whites (8 fairly large)	1 tsp. flavoring
1 to 1½ cups sugar	1 tsp. cream of tartar

Although angel food is one of the sponge cakes, as differentiated from cakes containing butter, it is mixed in a slightly different way than plain sponge cake. The sugar, flour, and half the salt are sifted together several times. The egg whites are beaten with the other half of the salt until they are frothy; then the cream of tartar is added and they are beaten until stiff. The dry ingredients are then folded carefully into the beaten egg whites, and when the mixture is partly blended the flavoring is added. Only the folding motion should be used in mixing, for stirring tends to release the air depending on for leavening. A smooth tube pan is best for baking angel food, and a fairly large cake will require about an hour in an oven at a temperature of 325 degrees F. It may be tested in the same way as any other cake, with a clean toothpick, straw, or fine knitting needle.

Mock Turkey Dinner

Equal weight of fresh pork and beef. Roast brown in covered roaster. Make a dry dressing of onion, boiled potato, raised bread, chopped together with chopping knife (not run through a meat grinder). Place dressing in pan about the meat one hour before serving. Have mashed Irish potatoes, baked sweet potatoes or Hubbard squash, baked apples, cabbage salad, cranberry sauce. Scald cranberries, drain, add one cupful of sugar to two of berries. Cover with boiling water, cook rapidly five minutes without stirring.

USE EGGS FREELY IN FAMILY MENU

Makes for Good Nutrition as Well as Economy.

(Prepared by the United States Department of Agriculture.)

With the hens of the United States laying at the rate of 45,600 eggs a minute, the nutrition specialists in the United States Department of Agriculture say it makes for good nutrition as well as good economy to use eggs freely in the family menu. Nature has provided an unusually valuable combination of food elements within the shell of an egg. Because of the protein, minerals, and vitamines that eggs contain, they hold an especially high place in children's meals but they are equally good food for everybody, these workers in the bureau of home economics advise. Eggs may be served not only as eggs, they say, but in so many other appetizing ways that nobody need tire of them even in the season of greatest plenty.

"Eggs At Any Meal," is the title of a leaflet by Lucy Alexander and Fanny W. Yeatman recently issued by the Department of Agriculture. This outlines the principles of egg cookery and illustrates them with typical recipes. Slow cooking at moderate, even heat is the secret of success in cooking eggs, the leaflet says. For the familiar ways it gives times and temperatures required for best results. It describes favorite combinations with other foods and flavors, and gives exact directions for making flat or fluffy omelets and sweet or savory souffles. Recipes for fruit whips illustrate the leavening power of egg whites, and directions for making custards, sauces, and salad dressings show how to get the benefit of the thickening properties of yolks. Whether alone or mixed with other foods, eggs lose none of their high nutritive value if properly cooked and served.

For a free copy of this Leaflet 39-L, giving over twenty egg recipes, send to the United States Department of Agriculture, Washington, D. C.

Preserve Combination Has Delicious Flavor

One of the best combination preserves is made from strawberries with fresh pineapple. It is easy to make and has a fine and unusual flavor. Directions for making it are given by the bureau of home economics.

1 large fresh pineapple	2 quarts strawberries
	Sugar

Remove the skin and "eyes" from the pineapple and cut it into oblong pieces, and then into inch cubes. Discard the core. Measure or weigh the pineapple, add equal measure or weight of sugar, put the mixture into a large pan over low heat, stir until the sugar is melted, bring to a brisk boil, and cook for 10 minutes stirring constantly. Divide the smaller berries from the larger ones and to each lot add three-quarters of their measure or weight of sugar. Add the small berries and sugar to the cooked pineapple and cook for 10 minutes; then put in the larger berries and sugar. Cook this whole mixture for 30 to 35 minutes or until the jelly test is reached. Allow the jam to stand overnight in the saucepan in which cooked. In the morning reheat to the boiling point and pour into sterilized glasses. When cold cover the tops with paraffin, seal, label, and store in a cool, dry place.

Blindfold Test

Of all the people sampling two ice creams, according to a display by the United States Department of Agriculture at the national dairy show at Memphis, 64.9 per cent preferred the one made with dry skim milk.

Atheist Today Merely a Survival of Rebellion Against a Theology Now Gone

By REV. JOHN HAYNES HOLMES, New York Community Church.

IN THIS modern world, dominated by science, there is as little room for the atheist as for the fundamentalist. Witness Einstein, who has just confessed his belief in God. I am not an atheist for three reasons: First, because the atheist in his attitude toward life is utterly dogmatic; second, because atheism is utterly negative in its approach to life, and last, because atheism explains nothing and this universe demands an explanation.

I am as much opposed as anybody to the Christian myth, which explains the origin of the world and man in Genesis. But if this myth is not true, what is true? This world is a living world. What is life, and where does it come from? This world is an ordered world. What is this order, and who established it? This world is a purposeful world—the evolutionary process is taking us somewhere. Where? And why? And how?

These are questions which have to be asked—and therefore have to be answered. And the atheist says nothing. Which makes him just a little more contemptible than any other man of whom I can think, for I had rather have a man try to explain the world, however feebly or foolishly, than to refuse to explain it at all.

The fact is, the atheist is a vestigial survival of earlier and much more primitive periods of human thought. He made his appearance when the untrue and immoral character of orthodox Christian theology was first discovered. He represents the historical rebellion against this theology. But this theology is now gone and atheism should go with it. The atheist in our days lags superflous upon the scene.

Desire to Get Rich Quick Without Work Root of Increase of Crime

By RABBI STEPHEN S. WISE.

The stock speculation craze of the American people leads one to wonder why there is not more crime than there is. You can't expect a nation to be without crime which has a desire to get rich quick without work, without effort. I think this wretched, vulgar, gambling craze makes genuine legitimate business impossible. Nine-tenths of the men and women who have been sucked into this hellish craze have no more right to the money they made last year than would a man who jumped up here and held a gun to my head for my purse. Those profits put a burden on industry that created injustices to the workers. We should have nothing but contempt and loathing for that cheap, vulgar mania.

The home has lost its authoritativeness, schools have become vocational factories in which teachers are expected to be mental robots, and the church and synagogue are permitted to exist only as they keep themselves remote from every problem of real life. The church in America does not really care, except for a few shining examples. It does not will to relate itself to real life.

The trouble is that the criminal class is just taken for granted. The police don't catch criminals. They catch physicians in birth-control clinics. I venture to suggest to the police department that there are more dangerous criminals footloose today than Mrs. Margaret Sanger. The whole majesty of the police was exhibited the other day when a few fine women were arrested doing a great, serviceable work.

Religion a Stream That Gathers Force With the Progress of Humanity

By DR. PERCY DEARMER, King's College, London.

The world is not yet good enough for Christ. It never has been; few have really believed Him, though many have believed in Him. None has carried on His message untainted. Complete Christianity has seldom been taught, and never tried; it has been like a slender stream, trickling through a vast river bed, sometimes disappearing underground, but sometimes rising and spreading to fertilize the country, as the waters gather in the hills.

Could it have been otherwise? The greatness of Christ, His unapproached perfection, is but more clearly shown by the contrast between ourselves and Him.

But the church is very young. It has lived a mere nineteen hundred years of human history; and the human race is a million years old, with many millions yet before it. We are only beginning; we still are the primitive church. And our hope is that we may now just be growing out of our petulant childhood.

The religion of Christ is becoming more possible in the world because the veils that have hidden Him are melting away before the clean light of the knowledge which mankind has so laboriously acquired. From guesses and assumptions we have passed to an age of exact observation and intense devotion to truth. It may well be that the waters of that truth will flood the course so divinely planned, till it becomes the river of life for all humanity.

Small Town to Play Large Part in the Development of American Industry

By ROBERT S. BINKERD, New York Stock Exchange.

The small town is destined to play an increasingly important part in development of industry in the United States. The advantages of concentration in many cities are far outweighed by the costs of congestion. Anyone who looks with unprejudiced eyes at the country's largest cities must realize that they contain thousands of businesses which could be conducted with more profit in smaller communities.

You can ship a piano from Chicago to New York for about $14, but you can hardly haul it 20 blocks through New York city for that amount. It costs nearly twice as much to transport fresh fruits and vegetables through the city itself as it costs to produce them and transport them nearly halfway across the continent.

Most communities put the cart before the horse in attempting to attract industries. They frequently strive with concessions to lure new industry to the town. The right way to start is for the community to take what it has and try to make it more prosperous.

The defects of many small-town businesses are obvious—lack of knowledge of costs, lack of knowledge of possible markets, lack of merchandising skill and failure to keep up with the times are among the chief of them. But if those problems are intelligently met it will be the greatest selling argument for the inducement of other industries to locate there.

ATWATER KENT
SCREEN-GRID
RADIO

Electro-Dynamic Speaker
Power from Batteries
Coming Soon!

Sympathy

"What? Is that you, Jones! I was told you were dead."

"No, it is my brother who is dead."

"Oh, I am sorry to hear that."

A DOZEN different things may cause a headache, but there's just one thing you need ever do to get relief. Bayer Aspirin is an absolute antidote for such pain. Keep it at the office. Have it handy in the home. Those subject to frequent or sudden headaches should carry Bayer Aspirin in the pocket-tin. Until you have used it for headaches, colds, neuralgia, etc., you've no idea how Bayer Aspirin can help. It means quick, complete relief to millions of men and women who use it every year. And it does not depress the heart.

BAYER ASPIRIN

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

Constipated

Instead of habit-forming physics or strong irritating purges take—NATURE'S REMEDY NR—the safe, dependable, all-vegetable laxative. Mild, gentle, pleasant—NR—to-night—tomorrow alright. Get a 25c box.

NR TO-NIGHT TO-MORROW ALRIGHT

For Sale at All Druggists

Liberal Dozen

A "publisher's dozen" is 13 copies, from the old baker's custom of allowing 13 rolls for each dozen sold.

OLD FOLKS SAY DR. CALDWELL WAS RIGHT

The basis of treating sickness has not changed since Dr. Caldwell left Medical College in 1875, nor since he placed on the market the laxative prescription he had used in his practice.

He treated constipation, biliousness, headaches, mental depression, indigestion, sour stomach and other indispositions entirely by means of simple vegetable laxatives, herbs and roots. These are still the basis of Dr. Caldwell's Syrup Pepsin, a combination of senna and other mild herbs, with pepsin.

The simpler the remedy for constipation, the safer for the child and for you. And as you can get results in a mild and safe way by using Dr. Caldwell's Syrup Pepsin, why take chances with strong drugs?

A bottle will last several months, and all can use it. It is pleasant to the taste, gentle in action, and free from narcotics. Elderly people find it ideal. All drug stores have the generous bottles, or write "Syrup Pepsin," Dept. BB, Monticello, Illinois, for free trial bottle.

Resented Uncalled-for Slam at Dead Brother

Ralph W. Smith of the bureau of standards is conducting for the government a nation-wide investigation of taximeters, and he said in Washington the other day:

"This investigation doesn't mean that taxicabs, like taxidermists, skin you, and the men who take offense at us fail to understand. In fact, they're like Smith.

"A man came back to the home town after thirty years in New York and, of course, he inquired affectionately about this old friend and that.

"'And Bill Smith?' he said. 'How is dear old Bill Smith getting along?'

"'Bill,' said John Smith, a brother—'Bill is dead.'

"'What? Bill dead?' sighed the visitor. 'Ah, me, peace to his ashes.'

"'How dare you?' said John Smith hotly. 'Bill was as good a chap as ever breathed.'"

Half City at Auction

Half of Braggs, Okla., is to be sold at auction because five women could not agree on the division of an estate. Forty town lots were left by J. J. Patrick when he died two years ago. His will provided that his estate be divided equally among five daughters, after a farm had been bequeathed to his only son. The daughters disagreed on an "equal division." In that case, Patrick's will provided, his estate should be sold at auction. More than half the town's business buildings are involved.

Little Richard Helps

Little Richard's mother was showing a prospective tenant some rooms she had for rent. The season being summer, she emphasized the coolness of the basement where the kitchen and dining room were located. Richard, thinking to help his mother, opened a hot-water faucet and said: "See, even the hot water is cold."—Boston Herald.

Of Greater Feminine Interest

The professor was showing a young woman the heavens through his telescope. He directed her gaze to a planet which he told her was Venus.

"Oh, isn't it perfectly lovely!" she exclaimed—and then, "Now please show me Adonis."

Self-Deception

"The world is fairly honest," said Hi Ho, the sage of Chinatown, "and egotism is what we have most to fear. No other deceives us so much as we deceive ourselves."—Washington Star.

Need a Moses

What this country really needs is some one to really tell what it really needs.—Boston Transcript.

Mrs. Blackstone

"She is positively like a lawyer in the way she convinces people of anything."

"Half-Portian, you might say."

One has enough bad luck to make any bad luck superstition come true.

WORMS—A CHILD'S GREATEST ENEMY

Look for these symptoms in your child—gritting the teeth, picking the nostrils, disordered stomach. These signs may mean worms. And worms left in the body mean broken health.

Don't delay one hour. Frey's Vermifuge rids a child of worms quickly. For 75 years it has been America's safe, vegetable worm medicine. At all druggists!

Frey's Vermifuge
Expels Worms

Kill All Flies! THEY SPREAD DISEASE

Placed anywhere, DAISY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed. Insist upon DAISY FLY KILLER from your dealer.

HAROLD SOMERS, Brooklyn N. Y.

Took Name From Locality

The woman's garment known as a "basque" derived its style as well as its name from a similar garment worn by the peasants of the Basque country in France and Spain.

CHAMPION

holds World's Records in every field

CHAMPION has for six years won practically every racing event of major importance. Champion Spark Plugs recently contributed to the world's speed records for boats, planes and automobiles.

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TOLEDO, OHIO

Health Giving
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All Winter Long

Marvelous Climate—Good Hotels—Tourist Camps—Splendid Roads—Gorgeous Mountain Views. *The wonderful desert resort of the West*

Write Croo & Chaffey
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CALIFORNIA

Boston's Newest Residence Club for Women
The Pioneer
410 STUART ST., BOSTON
Permanent or transient rooms with or without bath.
Write or telephone KENmore 7040 for reservation.
Dining room and cafeteria
Membership not required

Great Flower Sale

2 Ferns 2 Geraniums, 2 Coleus, 1 Pink, 1 Gold Giant Everblooming Snapdragon, 1 Variegated Vinca, 1 Parlor Ivy, 1 Calendula, 1 White Flowering Green Jew, 1 White Striped Jew, 1 Morning Bride, 1 Red, 1 Pink Everblooming Begonia, 1 Bright, 1 Light Candytuft, 1 Hydrangea, 1 Sweetscented Geranium. All plants are rooted. No two alike. The 20 for $1.25 for 50c. Add 15c to pay postage and packing. Mullikin, Florist, Dept. F, Box 218, Corinth, Miss.

Wanted. Intelligent woman of good appearance to devote full time and best efforts presenting an educational service plan. Must have personality, initiative and forcefulness. Remain at home or travel as preferred. Liberal salary. THE UNIVERSITY SOCIETY, 468 FOURTH AVE., NEW YORK, N. Y.

CABBAGE PLANTS

5 acres. June, July delivery. Copenhagen Flat Dutch and Ballhead. Prepaid 200, 65c; 500, $1.25; 1000, $2.00. Express 5000, $7.50. Cauliflower prepaid 100, 65c; 200, $1.00; 1000, $3.50. Critically assorted. Guaranteed. W. J. MYERS - R. 2 Massillon, Ohio

MONEY SECRETS! HEALTH SECRETS! Youth secrets! Beauty secrets! Thrilling, glorious, happy life secrets. Send one dollar. Dehil Kahn, Box D, Station C, Atlanta, Ga.

BABY CHICKS (Smith Hatched) Rocks, Reds, Wyandottes, Leghorns and other breeds; satisfaction guaranteed; prices reasonable, considering quality. Circular FREE. Brookville Hatchery, Brookville, Pa.

IRIS. Best new varieties, highest ratings. Will send $4.10 value for $2, $6.50 for $3.50, prepaid. Send for price list. Thole's Garden, Box 414, Seattle, Wash.

LEARN SHORTHAND in five easy lessons. Rapid, accurate, easy to learn at home. Complete course by mail, $10 money order. Case School, 5238 Grand River, Detroit, Mich.

For Sale, Billiard and Bowling business with Soda Fountain, located in Eastern Shore water front town. Selling on account of ill health. Box 181, St. Michaels, Md.

Bladder Weakness, Getting Up Nights, backache, excessive urination? Send 60c immediately for Pamco Diuretic Pills. Princess Anne Mfg. Co., Box 693, Balto., Md.

GET OUR AGENCY in your town for House Dresses and Smocks. Beautiful materials. Low prices. Big profits. TROY BLOUSE CO., BOX 208, TROY, N. Y.