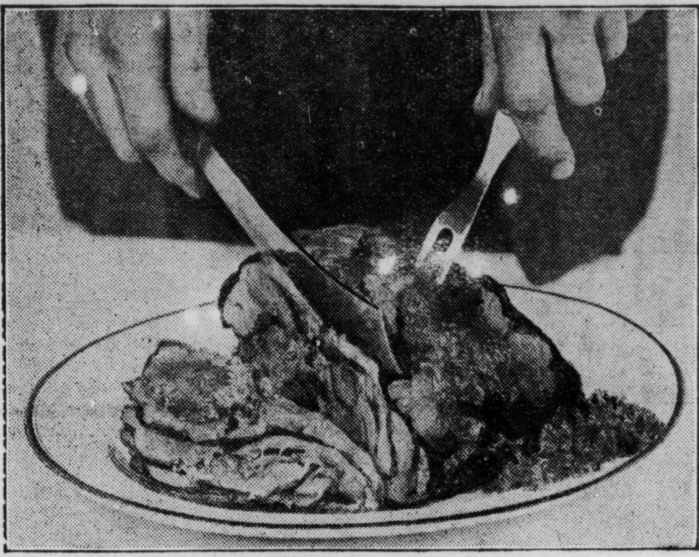


TENDER ROAST STUFFED SHOULDER OF LAMB



Carving Stuffed Shoulder of Lamb.

(Prepared by the United States Department of Agriculture.)

Many people think the meat of a shoulder of lamb is just as tender and quite as delicious in flavor as the leg or any other part. The shoulder is not so easy to carve as the leg, owing to the irregular shape and central position of the shoulder blade. This difficulty about carving is easily met, says the bureau of home economics. Select a shoulder of lamb weighing from three to four pounds. Have the butcher remove all the bones, as well as the fell, or outer papery covering of skin. The bones may be saved for making soup. The shoulder may then be stuffed, and either left flat or rolled. The flat shoulder, as illustrated, is easier to sew up than the rolled, and the pocket holds twice as much stuffing. Either of these completely boned stuffed shoulders can be carved straight through in attractive slices of part meat and part stuffing.

Wipe the meat with a damp cloth. Sprinkle the inside of the pocket with salt and pepper, pile the hot stuffing in lightly, and sew the edges together. Rub salt, pepper, and flour over the outside. If the shoulder has only a very thin fat covering, lay several strips of bacon over the top. Place

the roast on a rack in an open pan without water. Roast for 30 minutes in a hot oven (450 degrees Fahrenheit). If bacon is laid over the roast, shorten the time of roasting so as to avoid overbrowning. Reduce the temperature of the oven to 300 degrees Fahrenheit, and cook the meat at this temperature until tender. From 2 1/2 to 3 hours will be required to cook a medium-sized stuffed shoulder at these oven temperatures. Serve hot with brown gravy.

Mint or Watercress Stuffing.

3 cups fine, dry bread crumbs,	6 tbs. butter
1/2 cup fresh mint leaves, or 1/2 cups finely cut watercress, leaves and stems.	2 tbs. chopped celery
	1 1/2 tbs. chopped onion
	3/4 tsp. salt
	1/4 tsp. pepper

Melt one-half of the butter in a skillet and add the onion and celery. Cook for two minutes and add the mint leaves or the finely cut cress and the other seasonings. Push this mixture to one side of the skillet and in the empty part melt the remaining butter and stir in the bread crumbs. When they have absorbed the butter, mix all the ingredients together. When using watercress allow the liquid which cooks out to evaporate before the buttered bread crumbs are added.

FATHER KILLS SON IN DRUNKEN RAGE; GIVES HIMSELF UP

Boy Had Dared Sire to Slay Him, After a Bitter Disagreement.

Chicago.—"May God have mercy. I have just killed my son." Thus Arthur F. Falk, northwest park commissioner and prominent politician, telephoned the Cragin police. Squads rushed to his home at 2643 North Sayre avenue, where they found Falk kneeling in prayer in the middle of the living room while his wife Aida, and daughter, Vernice, twenty years old, wrung their hands and moaned hysterically.

Dared by Son to Shoot.

In an upstairs bedroom lay the son, Eldred Falk, twenty-two years old, dead with a charge from a 10-gauge shotgun in his abdomen. The boy had handed the gun to his father and dared him to shoot after they quarreled bitterly over the elder Falk's drinking.

"I came home about one o'clock," Falk said at the Cragin station, "I



"Pulled the Trigger, and He Fell."

had been drinking whisky. Mother, Eldred and Vernice were sitting up for me.

"A family argument developed about my drinking. Eldred said he would leave home if I didn't change my ways. He went up to his bedroom and I followed him. When he started to pack his clothes, I told him he wouldn't leave the house alive.

Gun Was Christmas Gift.

"He was as much worked up as I was, I guess. At any rate, he took the shotgun down from the wall and handed it to me. I pulled the trigger and he fell.

"I had given him the gun last Christmas. It was the first time I had ever fired a shotgun. I tried to reload it to kill myself but didn't know how. So I notified the police."

Falk, forty-seven years old, is a retired commission merchant and was secretary of the northwest park board of commissioners.

Real Span of Human Education Extends From the Cradle to the Grave

By ANNA BELLE JOHNSTON, Nursery School Expert.

IT IS too often assumed that education begins at the school age of six years. Emotional personality and habitual slants begin at birth. So should education. The child may be said to graduate into the schools.

Children do not go untrained until six years of age. They are being trained somehow, somewhere, every hour of their lives. It is better to know how and where—as in the nursery schools.

The responsibility may rest entirely with the parents, but many of them do not feel they are adequately trained or have sufficient time or proper facilities. No thoughtful person fails to recognize the difficulties of the job of being a parent.

When families become convinced of the desirability of holidays for mothers away from their children a great step in correcting morbid emotional attitudes will have been taken.

This should mean a daily as well as an annual period of freedom. In the former it is the nursery school that is providing the desired separation.

The infant is in the nursery school three hours each day. This gives the mother an opportunity to view her own work and a chance for recreation while the child is receiving the scientific attention it should have during these early years. The child is placed in a social group of 15 children of its own age with two trained teachers acting as their guides.

The nursery school does not assume all the responsibility. The mother spends one morning a month in the school observing methods followed in handling her child. After such observations the mother has a conference with the director and discusses every phase of her child's development, thus setting up a link between home and school.

Nursery schools aim to provide a laboratory in which the student may learn child care with real children as the subjects of their study. Too many girls undertake the responsibilities of home and children without adequate preparation. Public schools now are recognizing a responsibility in this connection and in increasing numbers are including training in motherhood.

New Artistic Era Certain to Be the Result of America's Material Activity

By PROF. DE WITT HENRY PARKER, University of Michigan.

History shows that periods of high artistic activity usually coincide with epochs of political and commercial pre-eminence, and into the latter we have already come. For better or for worse we have left the day of the "whole man" behind. In the growing complexity of civilization the problems of life have become so difficult and so numerous that in order to meet them each man must apply his whole nature to a single one of them, at the cost of integrity of personality. Losing the "wholeness" which is so characteristic of beauty, and being only fractions of our possible selves, we are loaded with longings and repressions and disfigured with strange inequalities of character.

Mechanism will go on its unrepentant way, but play and art will bring us the freedom which we lack. The harmony which we achieve through play is accomplished by an exclusion of worry and work. The harmony of art is one of inclusion, in which the whole resources of our personalities are called into action. But, while in all forms of play and sport it is conceded that America stands the peer of any nation on earth, in art, if we take the sweep of the last hundred years, she has not matched the most artistically gifted nations of Europe.

We are now fast building a tradition and a culture of our own. The mechanical nature of our civilization has created a need for art. And that secure hold on economic wealth so necessary for artistic culture has been won. Need and opportunity will combine to make the future of art in America immense.

Unlimited Possibilities of Achievement Offered in the Church Life

By REV. ROBERT S. CHALMERS (Episcopal), Dallas, Texas.

To judge from the articles one reads frequently in all the greater magazines today, the supreme activity of the modern Christian church is either controversy or raising funds. One would think that the entire energy of Christendom was being expended in the controversial issues between modernism and fundamentalism, between Catholic and Protestant, between traditional and liberal.

To hear certain people talk and to read their writings it would almost seem as if the principal objectives of the Episcopal church was to preserve the thirty-nine articles of religion; to read the equally fervent outbursts of equally sincere people one would believe that the only salvation of the church lay in disregarding those articles.

Through the school of applied religion the national council of the Episcopal church hopes to create a different impression than that the clergy are always engaged in an every-member canvass, or constantly seeking support in a large way. The national council believes that the life of the church represents adventure more thrilling even than the exploits of Lindbergh; possibilities of achievement unrivaled among mankind today; human interest stories far more exciting than the most realistic fiction, and above all, opportunity for varied, interesting and worthwhile service.

Treaty for Renunciation of War Inspiring Token of International Love

By REV. E. B. DARLINGTON, New York.

The spirit of the nations who have approved the Kellogg treaty for the renunciation of war is a token of international love. The best use that we can have age-long life for is love. In the story of man we may learn the story of love and look for its repetition in our own lives. Let us picture our own human life as the scenes of the development of love pass onward.

At first, in the dim ages of Plato's time, all that love desired was the possession of beauty. Again, there is the kind of love where the lover desires not only his other half, but possession of the beautiful and birth in beauty. This yearning is the earnest of age-long life. Among mankind this is called biological immortality or age-long life.

The true order of love is to advance from love of one to all fair forms, then to fair practices and lastly to fair thoughts. In this connection, such a gesture as the ratification of the peace treaties would seem to show the highest order of love in nations having advanced to the conception of international justice.

Small Boys Loyal to Favorite Film Hero

A few weeks ago fire started in the projection room of a moving picture theater in Hartford, Conn. Cautious patrons sought the nearest exits, and firemen from three companies dashed in prepared, as always, to do or die.

A half hour later, the fire extinguished, the show went on. Had the audience stayed through the excitement and the supposed danger? The adults hadn't, but the small boys who filled the gallery when the fire began were still there when the picture was resumed. It was a "Western," of course; a rip-roaring, hard-shooting "Western" with muscular hero, incredibly intelligent horse, sneering villain and golden heroine. It was, as Stevenson said of "Treasure Island," "all the old romance retold exactly in the ancient way."

They loved it so well that danger could not drive them away. What would Tom Mix say if he saw a fellow run from a little fire? Stick it out, pard.

Prudence

"Did you ever speculate in Wall Street?"

"No," answered Mr. Dustin Stax, "I disapprove of gambling. I never risk a dollar without knowing what is going to happen and without being in a position to facilitate the procedure."

Time may mean much to us; but in our relation to eternity, why should it?

People who blow their own horn may be those who have tried modestly.

Standard Since 1915



The Choice of Millions

Cunningham RADIO TUBES

Let me read your character from your HAND-WRITING

Send me a sample of your writing and I will send you a sample graphology reading of your character. This reading should help you in love and business.

NATIONAL GRAPHOLOGIST 2309 Lawrence Street - Toledo, Ohio.

W. N. U., PITTSBURGH, NO. 40-1928.

Her First Thought

Mr. Peters—At last we're out of debt.

Mrs. Peters—Oh, goody! Now I can get credit again.—Pearson's

The ultimate notion of right is that which tends to the universal good.—Francis Hutcheson.

10 minutes ago—



How many people you know end their colds with Bayer Aspirin? And how often you've heard of its prompt relief of sore throat or tonsillitis. No wonder millions take it for colds, neuralgia, rheumatism; and the aches and pains that go with them. The wonder is that anyone still worries through a winter without these tablets! They relieve quickly, yet have no effect whatever on the heart. Friends have told you Bayer Aspirin is marvelous; doctors have declared it harmless. Every druggist has it, with proven directions. Why not put it to the test?



DON'T DO THIS! **LEONARD EAR OIL**



Improves Hearing, Relieves Head Noises

Nine out of ten cases of DEAFNESS and HEAD NOISES are caused by catarrhal mucus (matter) in the Eustachian Tubes, which connects the nose and the ears. Leonard Ear Oil removes the MUCUS, OPENS UP THE TUBE and THE OTHER AIR PASSAGES OF THE HEAD, and the result is improved hearing and relief from Head Noises. It is not put in the ears, but is "INSERTED IN THE NOSTRILS" and "RUBBED IN BACK OF THE EARS" and special instructions by a noted Ear Specialist in each package for different kinds of Deafness and Head Noises tell you exactly how to take care of your own case. Leonard Ear Oil is not an experiment but has had a very large and constantly growing sale since 1907, and every year it has relieved thousands of people of their Ear Troubles. No matter how long you have been deaf, nor how deaf you are, or what caused your deafness, or how many things you have already tried which have failed to relieve you, Leonard Ear Oil has relieved many such cases as your own. Why not you? The price is \$1.25. Leonard Ear Oil is for sale at Druggists, or direct postpaid upon receipt of price.

Interesting folder sent on request
A. O. Leonard, Inc., 70 Fifth Ave., New York

A Sure Sign

Claude—I wonder if Margie has company.
Wilfred—She must have—there's no light in the parlor.

Chesapeake bay is said to produce more oysters than any other body of water in the world; it has an annual output of nearly 8,000,000 bushels.

Mortifying

"Her husband doesn't seem stylish enough to suit her."
"No, he embarrassed her terribly asking for old-fashioned shortsake."
Philadelphia Bulletin.

Most every man is personally acquainted with the speaker of the house.

Cuticura Heals Annoying Rashes

Bathe the affected parts freely with Cuticura Soap and hot water, dry without rubbing, and anoint with Cuticura Ointment. This treatment not only soothes and heals rashes and irritations but tends to prevent such conditions.



Some 2c. Ointment 25 and 50c. Tubes 25c. Sold everywhere.
Sample each free. Address: "Cuticura Laboratories, Dept. 94, Malden, Mass."
Cuticura Shaving Stick 25c.

a Burn

Locomotive... business man...

Acid Test

public air fields... transportation...

KEL

new way... make jelly...

KEL

more... Pexel...

KEL

know what... Pexel...

KEL

colorless... Pexel...

KEL

one to three... Pexel...

KEL

our grocer's... Pexel...

KEL

with Pexel... Pexel...

KEL

new...

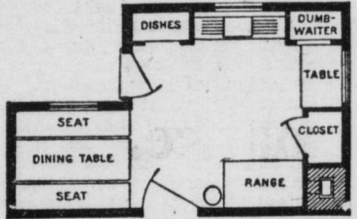
DINING ALCOVE HAS MANY USES

Nook in Kitchen Provides Place for Comfort.

(Prepared by the United States Department of Agriculture.)

Do you have a comfortable spot in your kitchen where you can sit down for some of your tasks? We hear much in connection with modern housekeeping about saving energy by sitting at one's work, and there is no doubt but that a high stool at the sink or ironing board is often a great help and back saver. There are many other kinds of work done in the kitchen, too, for which one might be seated if there was an inviting corner and comfortable working surfaces handy—shelling peas, stringing beans, picking over fruit for canning, even peeling potatoes and apples or capping berries, although these foods may afterwards have to be washed at the sink. One of the great advantages of a "breakfast alcove" or "dining recess" or whatever you like to call such a nook off the kitchen is that it provides just this sort of place for working in comfort. The top of the table is easily protected by paper or oilcloth if the work makes dirt. For many of these tasks two people join forces at times, and there is no room for both at the sink, but here a sociable half-hour can be made of an otherwise uninteresting task.

A place for keeping track of household expenses, particularly foods and kitchen supplies, is almost a necessity, and in such an alcove there is counting, quiet, and order, and the records can be attended to in those intervals that occur while something is cooking, when there is not enough time to warrant going to another part of the house to sit. Meals can be planned here, too, with one eye on the left-overs in the refrigerator and the other on the grocery order. A small shelf



Floor Plan of Dining Alcove.

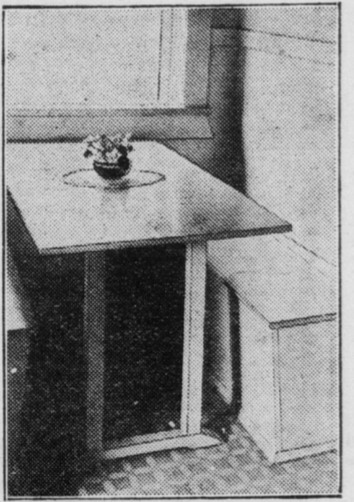
for cookbooks and records might be arranged at one side of such an alcove. Outside the window, a box filled with evergreens or flowering plants would add charm, just as does a bowl of flowers on the table.

In a small house the alcove sometimes serves every purpose of a regular dining room. In others it partly occupies the position formerly given up to a "butler's pantry," between the dining room and kitchen, where it is especially useful for hurried breakfasts and the housekeeper's solitary lunch. At dinner time, and on occasions when there are additional persons to serve, it is very convenient for spreading out salad or dessert plates to be filled, or otherwise to take the place of a serving center.

The floor plan, which is from Farmers' Bulletin 1513-F, "Convenient

Kitchens," shows one way of arranging an alcove so that it is well situated in relation to other features of the kitchen. The window may be placed at the side or at one end of the alcove as in the other picture. If possible, alcoves should be located so as to face away from, rather than toward, the sink and stove. If the window frames a pleasant view rather than a wall, meals and work will be more enjoyable in the alcove.

The illustration shows an alcove which was part of the kitchen im-



Dining Alcove With Homemade Benches and Table.

provement in a Massachusetts farm home, carried out during a kitchen contest directed by extension workers. The table and benches were built by a member of the family. The benches have hinged tops so that they can be used for storage. The table in this instance is not hinged, but a tilting table is often arranged to permit easier cleaning of the alcove. This little nook seats four persons comfortably, but could have been made roomy enough for six or even more.

The bulletin on convenient kitchens may be obtained free from the United States Department of Agriculture.

Prolong Life of Hosiery if Rinsed in Cold Water

Most women know that silk stockings will wear much longer if washed, or at least rinsed in cold water, after each wearing. There is an acid in perspiration that rots fabric. Moreover, there is another reason, and it applies to all kinds of hosiery, even men's heavy socks. Indeed, it applies especially to them. Scientists have studied the effect of wear upon stockings with the aid of microscopes, and explain in that because the foot presses unevenly upon its covering, threads are stretched apart in places where the pressure is hardest, and with every day's wear, farther and farther, until so weakened that a break results, unless washing intervenes. Washing or rinsing readjusts the fibers, releasing the strain, as well as removing the corrosive acid. If this is done while the strain is yet slight, the stockings remain practically as good as new, and may be kept so for a surprisingly long time. Experience has proven this to be true.

Gas Kills Stowaways in Hold of Steamer

Baltimore.—Sixteen Brazilians, stowaways in the hold of the American steamship Steel Inventor, were trapped under battened hatches in deadly fumes of hydrocyanic acid used to fumigate the ship.

Seven died, two more were in the hospital in serious condition and seven others were in custody of immigration officials investigating the efforts to smuggle the men to this country.

Two climbed a rope that somebody had left hanging from a ventilator and broke through the ventilator covering to tumble onto the deck, giving quarantine authorities their first knowledge there were men in the hold. A third, unconscious, was wedged in the ventilator and from the two who escaped Dr. H. S. White and his assistants learned that in all there had been 16 in the hold. Protected by gas masks the quarantine force dug furiously through the manganese ore cargo to bring out the others while the wireless summoned pulmonologists and other aid, to the ship a mile off shore.

Children Get Poison Meant for Family Pet

Los Angeles.—Death of three-year-old Joseph Rossman of Lynwood is being investigated by the sheriff's office. It is believed the boy ate poisoned food intended for his dog. The boy had been playing with his pet cat. Shortly after the cat was seized with convulsions and died. A few minutes later the child became ill. The dead boy's one-year-old brother also was taken ill. He too may have eaten poisoned food.

Pet Dog Discharges Rifle; Kills Master

Hillsboro, Ore.—His pet dog sniffling around his rifle cost James W. Ginder, fifty-six, his life. While hunting squirrels, Ginder had placed the firearm in some bushes and zone forward. When his dog sniffed at the magazine of the gun the shot was discharged, according to the story told by relatives. Mrs. Ginder was with her husband when he was shot.