WOMAN WAS ALL RUN-DOWN

Helped By Taking Lydia E. Pinkham's Vegetable Compound

Evansville, Ind.—"I am writing to tell you how grateful I am that there is such a medicine as yours for sale in our stores. I could hardly drag around. I was all run-down. I have taken 12 bottles of Lydia E. Pinkham's Vegetable Compound so far and am going to take it until I am well. My friends notice the change in my appearance and my husband said today that I am looking so much better and he wants me to continue taking it. I hope to help all women who are run-down and suffer from nervousness by recommending your medicines."—MRS. VICTOR N. SCHLENSKER, 44 Hazel Avenue, Evansville, Indiana.

Sure Relief

No More Distress

after eating or drinking

For correcting over-acidity and quickly relieving belching, gas, heartburn, sick headache, dizziness, nausea and other digestive disorders. Not a laxative but a tested Sure Relief for Indigestion. Perfectly harmless and pleasant to take. Send for free samples to: Bell & Co., Inc., Orangeburg, N. Y.

Normalizes Digestion and Sweetens the Breath

BELL-ANS FOR INDIGESTION
25¢ AND 75¢ PACKAGES EVERYWHERE

WORMS—A CHILD'S GREATEST ENEMY

Look for these symptoms in your child—gritting the teeth, picking the nostrils, disordered stomach. These signs may mean worms. And worms left in the body mean broken health.

Don't delay one hour. Frey's Vermifuge rids a child of worms quickly. For 75 years it has been America's safe, vegetable worm medicine. At all druggists!

Frey's Vermifuge
Expels Worms

ROMAN EYE BALSAM
Is an antiseptic ointment. The medication heals sore and inflamed eyes by penetrating the tissue
At Druggists or 372 Pearl St., N. Y. City.

Ring in a Potato

Thirty years ago a young woman, when digging up a potato patch, lost her wedding ring. Recently one of her sons was turning over the soil when he dug up an old hardened potato with a curious wasp-waisted appearance. Examination showed that it was wearing a ring round its middle. It was the woman's long-lost wedding ring, as was proved by the date and initials engraved on it.

Pioneer Balloonists

The Montgolfier brothers completed the first practical balloon design in June, 1783. It consisted of a 35-foot paper bag, inflated with hot air and smoke from burning damp straw.

Sure

"Why is milk so nourishing?"

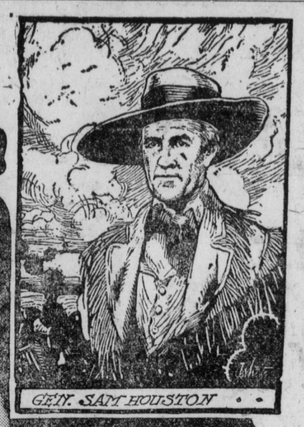
"Isn't it virtually beef extract."—Louisville Courier-Journal.

One Secret of Beauty Is Foot Comfort

Frequently you hear people say, "My feet perspire winter and summer when I put on rubbers or heavier footwear—then when I remove my shoes my feet chill quickly and often my hose seem wet through." In every community thousands now use **Allen's Foot-Ease** in the foot-bath daily and then dust the feet and shake into the shoes this antiseptic, healing powder. Full directions on box. Trial Package and a Foot-Ease Walking Doll sent Free. Address, Allen's Foot-Ease, Le Roy, N. Y.
In a Pinch, Use Allen's Foot-Ease

ASTHMA
DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.
Dr. J. D. KELLOGG'S REMEDY

A Colossus in Buckskin



SAM HOUSTON MONUMENT IN CITY OF HOUSTON ©Underwood & Underwood

By ELMO SCOTT WATSON

WITH the eyes of the nation turning toward Houston, Texas, where the Democratic party will soon be engaged in choosing its nominee for President, it is particularly appropriate that the name of the man for whom this city was named should be rescued from the comparative obscurity which has been its fate and that the deeds and importance of this man in our national history should be made better known to all Americans. There are thousands of cities and towns in the United States named after men, but comparatively few of these individuals are worthy of having their names thus perpetuated. If ever a man deserved that honor, however, surely it was Sam Houston of whom it has recently been said: "Unless 'Old Sam Jacinto' is known and understood, until he is given his just dues, there can be no clear and proper understanding of the stars that stud the flag. Leave Sam Houston out of the story, and the American chronicle is a thing of gaps and many unintelligibilities, for not only did he make history at various times, but in a great critical period he WAS history."

Although three states vie for the honor of calling Sam Houston their own, he belongs not only to them but to the whole nation. So it is appropriate that the name "Houston" should be upon the tongue of all Americans within the next few weeks. It is also appropriate that there should appear at this time a new biography of "Old San Jacinto" such as George Creel's "Sam Houston—A Colossus in Buckskin," published recently by the Cosmopolitan Book corporation.

That sweeping characterization of Houston, the new biographer justifies in this statement:

Between Hernando de Soto, first to blaze a trail through the wildernesses of the New world, and Kit Carson, last of the great frontiersmen, streams an endless procession of tremendous figures—Homeric in courage and achievement, flaming hugely against the dull background of uniformity; yet not in the whole colorful story of America is there record of a more amazing career than that of Sam Houston, the Colossus in Buckskin who won an empire for his country.

From the cradle to the grave he walked with drama. As a boy he ran away from home to live in the wigwams of the Cherokees; serving under Andrew Jackson in the war against the Creeks, he led the charge that carried the Indian breastworks, receiving wounds that stretched him on the ground for dead; elected congressman and then governor by the adoring Tennesseans, even the Presidency was not beyond his hopes, yet that happened which sent him into exile between two suns; seeking refuge with the Cherokees for a second time, drink and melancholy sank him to a dark level beneath the regard of men; entering Texas, resolved to build a new life in a new land, he lifted himself high above his degradation; and when the colonists rose in rebellion against the brutal tyrannies of a Mexican dictator, it was a clear-eyed, indomitable Houston who marshaled ragged volunteers, conducted masterful retreats and finally crushed Santa Anna and his army in a day of slaughter.

His later years were no less packed with color and high accomplishment. As President of the Lone Star Republic, he beat down the greeds, impatience and vagaries of men, building firm and enduring foundations under the tottering superstructure of government; it was his shrewd statecraft, pitting European powers against America, that made annexation possible; in the senate of the United States, although a Southerner and a slaveholder, he braved the hate and anger of the South by an unflinching stand against slavery and secession; contemptuous of threats against his life, he returned to Texas to run for governor on a Unionist platform and won against overwhelming odds; confronted with the necessity of declaring allegiance to the Confederate States, he suffered deposition rather than surrender his principles, and walked out of office to the humble cabin that was his home, old, poor and proscribed, but with his head unbowed.

Such was the career which enables its chronicler to say by way of summary:

A gigantic, towering figure, well worthy to rank with the illustrious and admired of America, yet, save in the Southwest, born of his courage, Sam Houston is but a name, known in detail only to the inquiring few. Out of the annexation of Texas, an expansion important enough in itself, came the Mexican war that added California, New Mexico, Arizona, Nevada and Utah to the Union, yet schoolbooks either ignore Houston's connection with these epochal events, or else confine themselves to casual and misleading mention. . .

His entire life, as a matter of fact, constitutes a contribution to Americana as important as fascinating. A soldier in the War of 1812, he lived to see the North and South lock in deadly grapple and, during the fifty crowded years that lay between, he played a leading part in the national drama. More than that, Sam Houston, perhaps better than any other, stands as a perfect expression of the frontier spirit, and his portrait is a composite of those amazing men who rode the forest and plain as the Vikings rode the sea—reckless, dauntless, indomitable, simple as children, craftier than the Indian, arrogant and invincible in their courage and pride of blood, lawless yet curiously law-loving, and fleeing from civilization only to extend it.

Never was a biography more intensely American. . . .

While the average American may be but faintly interested in the work of Houston, the empire-builder, he cannot fail to be stirred by the deeds of Houston, the man. We can admire the pure grit he displayed when he received that dreadful wound in the assault on the Indian stronghold at Tohopeka, but we must admire more the moral courage he displayed when he faced a vast crowd of Texans, deplored their hasty decision for secession and dared to predict defeat for the South. For "it is far easier to do something spectacular with all the world applauding than it is to stand square for a principle and to flout the mighty monarch, Majority."

Small wonder then that three states should claim him as their own. Virginia's claim lies in the fact that he was born March 2, 1793 at Timber Ridge in Rockbridge county not far from Lexington, the son of Samuel Houston, who served in the Revolution as one of Daniel Morgan's stalwart riflemen, and one of those pioneer mothers, who were "tall and strong" and a fit mate for such a man. Last year Virginia, with Texas co-operating, erected a monument at that place and there each year memorial ceremonies are held on April 21, the anniversary of Sam Houston's greatest victory, the battle of San Jacinto.

When the elder Samuel Houston died in 1807, his wife took her six sons and three daughters with her over the Alleghenies and established them a pioneer home on the borders of the Cherokee nation in eastern Tennessee. So Tennessee spreads upon the record of its contribution to national history that she sent Sam Houston to his first war under the leadership of her greatest hero, Andrew Jackson, in his expedition against the Creeks; that she sent him to represent her in congress and that she later made him her governor.

Texas' claim to Sam Houston is based upon events too well known to need repeating here. The events themselves are well known, but the significance of these events and the man responsible for them are not such common knowledge and that is why the appearance of a new biography of Houston at a time when it will be easiest for his name to be recalled is a happy circumstance. Virginia, Tennessee and Texas may claim Sam Houston for their own but as his contribution to the building of the United States becomes better known, these three states must share him with all their sister commonwealths. For this Colossus in Buckskin, like all other empire builders, belongs to us all.

Prisoners Thrive Outdoors

Sunshine and open-air work are the best and most advisable in the treatment of prisoners, believe administrators of Swedish prisons. In the near future the obligatory one-year confinement in cells for those under sentences of 20 years or more will be reduced to 6 months. It is not always wholesome for prisoners to be alone with their thoughts, the authorities say, and often cases of physical depression result in physical ruin. Sweden also has found prison farms practicable and their number will be increased.

Celluloid Models

In construction of great engineering works such as bridges and dams it has been the custom to construct replicas, sometimes costing many thousands of dollars, which are destroyed in the tests made upon it to determine the capacity of the structure to resist the strain that is likely to be put upon it in service. By a method devised by Prof. George E. Beggs of Princeton university, models now made in celluloid are tested in mercury and the same information is secured at a greatly decreased expenditure.

How Come?

Auto Dealer—Police station?

Voice on Phone—Yeah. What's wrong?

Auto Dealer—I've got a suspicious character here—he wants to pay cash for a used car!

GRIM REAPER HAS LAUGH ON POISON PLOT

Mocks Command of Aged Couple Who Had Set Out to Die.

Los Angeles, Calif.—They are an aged couple, the husband somewhat older than the wife, Mr. and Mrs. Frank Beach by name.

Mr. and Mrs. Beach were wed a long time ago in the East, making their home for the better part of their lives at Detroit, Mich., where Mr. Beach was well and favorably known as a writer of feature news and stories.

Three months ago the aged couple came to Los Angeles to spend their declining days amidst flowers and sunshine, enjoying all of the delights of southern California.

Then because things did not progress with the aged husband as he thought they should he began to be gripped with the haunting fear that he had outlived his usefulness.

End of the Trail.

Mr. Beach and his wife are refined and educated people. They have always looked at life in a philosophical way. The aged wife shared in the fear of her husband that the end of their trail was at hand.

Death had no terrors for this pair. They talked the thing over and reasoned that if their usefulness had passed its zenith, the grave would be better than that they should become a burden to each other or to relatives.

So they decided to die—to die together and meet, they hoped, in a happier beyond. They wanted their exit to be serene and peaceful; that they should fall into a deep sleep and never awaken on this earth.

The Husband Swallowed First; Then the Wife Took One.

The husband visited the corner drug store, where he purchased 20 tablets of a sedative. He returned to his apartment where his wife calmly waited.

They were happy. They joked with each other. There was no terror in either.

Life Still Dear.

Yet life was dear to this aged couple. They wanted just one more happy time together. They left their room and bought tickets for a motion picture comedy. They laughed, they joked and returned to their home.

Sitting at the table across from each other they divided the 20 tablets—10 to each.

The husband swallowed the first; then the wife took one. Then the husband's turn, and so on until the last tablet had been consumed, enough poison to stifle the life out of any human.

This was the pitiful story told by the husband before Judge Thomas C. Gould, presiding over the lunacy commission in the psychopathic ward at the General hospital.

Mr. and Mrs. Beach had been found and hurried to the hospital, where they had been given medical aid in time to cheat death.

When the couple met for the first time, after being taken to the hospital they rushed into each other's arms and wept.

"I have been a chump," the former writer declared. "Life still holds something for us."

Recluse Leaves $250,000 Buried Under Rubbish

Philadelphia.—A fortune estimated by police at $250,000 was found recently in an old iron safe buried under rubbish in the cellar of the home of an old recluse who had just died. There was $20,000 in cash and stocks and bonds with an estimated value of $200,000.

Paul Schelley, seventy-nine, who long had lived alone in a house at 2645 North Waterloo street, was the possessor of the fortune. He had lived there since the death of his wife, 25 years ago.

Police officers, summoned by neighbors, entered his home and found him dead in a chair.

Wind Wrecks World's Largest Cherry Tree

Snohomish, Wash.—A windstorm destroyed one of this city's proudest possessions—what was believed the largest cherry tree in the world. The trunk measured 14 feet in circumference at the base and the top spread a diameter of 80 feet. The tree was planted 65 years ago.

Kill Rats—Without Poison
A New Exterminator that is Absolutely Safe to use Anywhere!

Will not injure human beings, livestock, dogs, cats, poultry, yet is deadly to rats and mice every time.

Poisons are too dangerous

K-R-O does not contain arsenic, phosphorus, barium carbonate or any deadly poison. Made of powdered squill as recommended by the U. S. Dept. of Agriculture in their latest bulletin on "Rat Control."

"One of our good customers just told us he gathered 105 dead rats on his farm from using a 2-ounce package of K-R-O. We hear of many finding 30 or 40 rats after using K-R-O, which is highly successful and should please you." Wolgamot's Drug Store, Richwood, O.

75c at your druggist; large size (four times as much) $2.00. Sent postpaid direct from us if dealer cannot supply you. **SOLD ON MONEY-BACK GUARANTEE.** The K-R-O Company, Springfield, Ohio.

K-R-O
KILLS-RATS-ONLY

English Women Live Longer Than American

Statistics show that English women live longer on the average than American women. English men and American men have about the same expectation of life.

Rollo Briten, statistician of the United States public health service, finds that the expectation of life which decreases gradually the older the person, is higher for English women than for American women at average age between ten and eighty years.

The difference between the two countries in this respect ranges from about four years in young womanhood to less than one year at the age of eighty.

This means that the Englishwoman of twenty may expect to live to be sixty-nine, while her American sister may expect to reach the age of only sixty-four or sixty-five.

No attempt is made by the public health service to explain why this difference in longevity exists between the female population and not between the males.

Chance Brought Wild Rice to United States

Rice came to America by accident. In the year 1694 a rice-laden vessel from Madagascar bound for Liverpool put in to Charleston harbor in a raging storm. The captain, noting that the land and soil near Charleston resembled that where the rice was grown, gave the governor of the colony a handful, telling him that it might grow if planted, relates the Washington Star.

The governor planted the rice and several months later harvested the first crop ever grown in America. Since that time rice has steadily advanced until now it is a leading product of the Southern states. It first spread into Georgia from the Carolinas, and with the beginning of the Civil war it entered Louisiana, now the leading rice state of the Union. It gradually found its way to Florida, Mississippi, Alabama, Texas and, finally into Arkansas. Later its cultivation was tried with success in California.

Girls of Today

W. L. Barnhart, vice president of the National Surety company of New York, said at Atlantic City that his organization bonds many young bank employees, and that a great deal of crime nowadays is caused by women's extravagance.

"The girl of today," said Mr. Barnhart, "expects a man to spend $50 or even $100 when he takes her out of an evening, whereas the girl of yesterday was content if he spent $5.

"The girl of today makes a poor wife. Here's the story about her:

"'Your wife,' one young man said to another, 'is telling everybody that you can't keep her in clothes.'

"'Well,' said the other young man, 'I've bought her a home, and I can't keep her in that, either.'"

In the Jazz Era

"Why don't you give us some old-fashioned oratory?"

"I'll guarantee to produce old-fashioned oratory," replied Senator Sorghum, "if you can show me an old-fashioned audience."

Not Informed

First Lady—Do you like Mrs. Blitz' features?

Second Lady—I really don't know, dearie. I haven't seen her latest ones.

Art

"What is the difference between a violinist and a fiddler?"

"About four inches of hair."

To argue with an ignorant man gives one no satisfaction; and it certainly gives him none.

Sees Jazz as Empire's Nero

Nero and his fiddle were no more deadly than the saxophone and its companions, according to Sir Henry Coward, a prominent English divine. Luxury and vulgar pleasure seeking, he says, brought Rome down into the dust, and jazz, he declares, is trending that way because it is taking the minds of the people away from high thinking and spirituality. Besides, dark-skinned races that hold the whites in awe will cease to think of the European as a superman, and when that state of mind comes to pass England's hold on its myriad subjects in Asia and Africa will be broken once for all, Sir Henry boldly proclaims.

Feature

"What are they featuring in this film?" "A million-dollar expense account."—Louisville Courier-Journal.

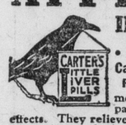
Some are too chronically tired to be wicked.

Most people are kind-hearted until selfishness steps in.

THERE is nothing that has ever taken the place of Bayer Aspirin as an antidote for pain. Safe, or physicians wouldn't use it, and endorse its use by others. Sure, or several million users would have turned to something else. But get real Bayer Aspirin (at any drugstore) with Bayer on the box, and the word *genuine* printed in red:

Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid

APPETITE IMPROVED . . . QUICKLY



Carter's Little Liver Pills
Purely Vegetable Laxative
move the bowels free from pain and unpleasant after effects. They relieve the system of constipation poisons which dull the desire for food. Remember they are a doctor's prescription and can be taken by the entire family. All Druggists 25c and 75c Red Packages.
CARTER'S LITTLE LIVER PILLS

For Mosquito Bites
Sting of Bees and Venomous Insects
Try HANFORD'S BALSAM OF MYRRH
All dealers are authorized to refund your money for the first bottle if not suited.

PARKER'S HAIR BALSAM
Removes Dandruff-Stops Hair Falling
Restores Color and Beauty to Gray and Faded Hair
60c. and $1.00 at Druggists.
Hiscox Chem. Wks. Patchogue, N. Y.

FLORESTON SHAMPOO—Ideal for use in connection with Parker's Hair Balsam. Makes the hair soft and fluffy. 50 cents by mail or at druggists. Hiscox Chemical Works, Patchogue, N. Y.

W. N. U., PITTSBURGH, NO. 24, 1928.

Your Hands Need Cuticura Soap

Every day to keep them soft and smooth. Bathe with either hot or cold water and always dry thoroughly. If chapped, red or rough use hot water and Cuticura Soap, rubbing in Cuticura Ointment after drying, especially at night.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold everywhere. Sample each free. Address: "Cuticura Laboratories, Dept. 24, Malden, Mass."
Cuticura Shaving Stick 25c.