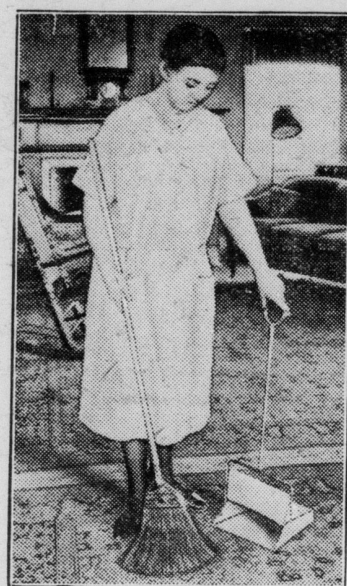


DUST-PAN WILL SAVE STOOPING Long-Handled Implements Are Big Convenience.

(Prepared by the United States Department of Agriculture.) Why stoop over to clean, or get down on your knees on the floor to scrub, when you can use housecleaning tools with long handles? Mops, scrub brushes, dust-brooms and dust-pans can all be bought with extended handles that save effort and time as well as the muscles of your back. Here is a farm woman in Marshall county, Illinois, who has found a long-handled dust-pan a great convenience when cleaning a room. As with any other dust-pan, in selecting it one should see that the edge is firm and straight, so that it will come into direct contact with the floor. The side to which the handle is attached should



Long-Handled Dust-Pan.

be high and shaped so as to prevent dirt from falling out. The tin of which the dust-pan is made should be of fairly heavy quality.

The housewife using the dust-pan shown is a member of a testing circle organized by the county home demonstration agent. Each member tests various pieces of household equipment in turn, so that all may have a chance to see which pieces are adapted to the special needs of the individual household. Then, as opportunity arises, the piece may be bought. The picture was taken by the United States Department of Agriculture.

Needed in Child's Diet

Both vegetables and fruits supply the body with iron, lime and other mineral matter, and some protein and body fuel as well as milk acids. They are particularly necessary in the diet of children, says the United States Department of Agriculture. They should be served at least once a day, as they help to keep the bowels in good condition. Vegetables may be used as flavoring for soups and stews, may be added to milk or meat stews, or served with meat gravy. If gravy is used, do not have it too fat nor make it with scorched fat.

Feeding the Canary

The food requirements of canaries are simple. Canary seed which has been added rape seed and a little hemp is a staple diet that persons who keep only a few birds usually purchase ready mixed. Canary seed alone does not furnish a balanced food, but forms a good combination with hemp and summer rape. Much of the rape seed in prepared seed sold in cartons is of a species that even wild birds do not eat, as it is pungent and bitter in flavor, but all relish the mild taste of true summer rape.

COMFORT AND EFFICIENCY IN ARMY SHOE



Army Shoes Are Built on Correct Lines of Stout Durable Material.

(Prepared by the United States Department of Agriculture.) In choosing this serviceable type of shoe for the United States army, the maximum of comfort and efficiency for the wearer was the aim. It conforms to the correct shape for shoes described in Farmers' Bulletin 1523-F in that it is broad and round at the toe and straight along the inner edge. It has thick soles, which protect the feet against injury from sharp and uneven surfaces and against water and slush, so that it is especially suitable for severe outdoor conditions. As thick soles last longer than thin ones, they are more economical. Such

Brown Stew of Beef Is Liked Best by Family

Not every one knows how to make a good stew, and yet, when well seasoned and carefully cooked, a stew may prove to be one of the meat dishes the family likes best. A good brown stew is started by browning the pieces before covering them with water. The meat is simmered, never boiled, and cooked until it is tender. Here are the full directions, from the bureau of home economics:

Brown Stew of Beef. 1 1/2 lbs. round steak 1 tsp. salt 2 cups water 2 tbs. chopped onion 1 to 2 tsp. grated parsley Flour

Select a good piece of round steak, wipe and cut it into small uniform pieces. Roll in flour and sear in an iron skillet in some of the fat from the steak, then place it in a covered saucepan, add the water, and simmer until tender. Add the onion and salt. Measure the liquid, and to each cup add three tablespoons of flour for thickening. To brown the flour put it in a clean smooth skillet over medium heat and stir the flour constantly until it becomes well browned. Mix the browned flour with the broth, add the meat and parsley, and cook until the gravy has thickened.

The flour can also be browned in the oven, stirring now and then so that it does not scorch. If one is especially fond of the browned flavor a quantity of flour can be prepared and stored for use as needed.

Strawberry Ice Cream Is as Popular as Shortcake

Strawberry season begins before the local berries are ripe, for the increased facilities for transporting strawberries from the Far South are bringing this delicious fruit to northern tables as early as January, and almost everywhere, by the middle of April, berries from some market are to be had. Strawberry ice cream is almost as popular as strawberry shortcake, and the family will enjoy it as often as you can make it by the recipe given by the bureau of home economics.

Strawberry Ice Cream. 2 qts. strawberries 1/4 tsp. salt 1 pint double cream Lemon juice 1/2 cup sugar desired

Wash and cap the berries. Chop them and cover with the sugar and let stand in the refrigerator for two or three hours. Press the sweetened fruit through a colander. Add the cream which has been whipped and the salt, and freeze. Use a freezing mixture of one part salt and four to six parts of ice, and turn the crank of the freezer slowly. After freezing remove the dasher, pack the freezer with more ice and salt, and let the cream stand for an hour or more to ripen in flavor.

Roasts Most Excellent

Salsify or oyster plant is somewhat unusual in flavor and excellent with roast meat, chops, steak or chicken. As it turns dark as soon as the outer skin is scraped off it must be kept in cold water while it is being prepared. It will be more tender if salt is not added until it is cooked. The bureau of home economics furnishes the recipe:

2 bunches salsify or Cream sauce oyster plant Salt

Wash and scrape the salsify and cut it in small pieces. (While preparing the salsify keep it in cold water to prevent it from turning dark.) Boil in unsalted water for 30 minutes or until tender. Prepare a cream sauce, using 1 cupful milk, 2 tablespoonfuls flour, 2 tablespoonfuls butter and 1/2 teaspoonful salt, and pour this over the cooked salsify. Reheat and serve with a little chopped parsley sprinkled over the top.

MONKEYS REBEL, SHIP CREW HAS LIVELY VOYAGE

Captain Experiences Real 'Monkey and Parrot' Time in Rough Trip.

New York—After having been the master for eight harassing days of an impromptu but thoroughly untractable Noah's ark, Capt. Curt Zastrow of the Panama mail line steamship Ecuador docked his ship safely recently in Brooklyn.

Captain Zastrow's troubles really began with the taking on at a Central American port of a cargo of 62 monkeys, 657 parakeets, 252 parrots, 98 finches, 28 flamingos, 14 ducks, and 22 storks, all consigned to Louis Ruhe, importer of tropical animals here. And it was with a distinct sigh of relief that Captain Zastrow saw his cargo delivered to Mr. Ruhe, for in the last eight days of his voyage he had developed a positive aversion to all tropical animals—monkeys particularly.

What He Thinks of Monkeys. Monkeys, Captain Zastrow thinks, undoubtedly have their place, but just at the moment he would hesitate to designate it publicly. He has, however, very distinct ideas on the subject.

It was shortly after he took on his miscellaneous cargo that the first monkey business started. Most of the Ecuador's 160 passengers were on deck, calmly lolling away the hours as the ship plowed northward through tropic seas, when a great chattering



Monkeys and Parrots Were All Over the Place.

began at hatchway No. 1, and two more monkeys swarmed on deck, followed closely by as many parrots.

Monkeys and parrots apparently were all over the place, and an investigation showed that several of the cages containing 15 monkeys each had been opened in some way and that the monkeys released the parrots. Captain Zastrow thinks the whole scurry was played by one monkey, perhaps, who wriggled from his cage and released his fellows. He doesn't know which monkey it was; he wishes he did know.

Swarmed Superstructure. The parrots were caught quickly, but the monkeys were another matter. They swarmed up radio masts, over ventilators, boat decks, steamer chairs, nervous tourists and ship's officers. They were, in short, everywhere.

The agile kitchen help and waiters, Chinese and Filipinos, were pressed into service and the chase began, but it was not until eight days later and the ship was only a day out of New York that the last monkey was put back safely in his cage.

Captain Zastrow doesn't like to think of the intervening days, for both he and Chief Officer William R. Calcutt are sure that the voyage was "one of their roughest trips." And they are not referring to the weather.

'Dead' Man Complains of Morgue-Like Home

Chicago.—Dead men ordinarily tell no tales. With Arthur McCaffray it is different. He was pronounced dead by his own father in his Chicago home. A crepe was hung on his door. An inquest was held. A jury returned a verdict that he had come to his death at the hands of an unknown person. His grave was dug, and his friends ordered flowers.

Then Mrs. McCaffray, the widow, appeared at the undertaking establishment in her weeds. She discovered the corpse was not Arthur. She returned home to find her husband there. He explained he had been taking care of a sick friend while away from home.

"This place," he told her, "is like a morgue. You and the five children are in mourning. How come?"

Youth Defeats Big Shark With Fists in Sea Battle

Sydney, Australia.—Fighting off a shark with his bare hands, Maxwell Steele, nineteen years old, of this city, escaped from the jaws of the voracious fish and swam 150 yards to shore.

With his flesh stripped from ankle to knee, he is in a serious condition in a hospital but will recover.

Decrease in Farm Population Necessary, From an Economic Standpoint

By DR. WALTER BURR, Kansas State Agricultural College.

THE decrease in the population of America's farms is due to sound economic processes, and there is nothing alarming in the situation. The shifting in population is due to the installation of more efficient machinery on the farms, thus lessening the demand for labor.

The decrease in farm population has been necessary from an economic standpoint. When you get rid of the necessity of an average of about 20,000 men in a wheat harvest, then there isn't anything else for the people to do in the country except farm. Of course, in order to have a sound, economic state, a large number of other people will have to get out of the farming area. This is the thing that has been happening in our agricultural area throughout the entire Middle West, and it isn't a thing about which we need feel discouraged.

I have also heard it said that the small town in the Middle West is becoming decadent; that it is being wiped off the map. As a matter of fact, the Rockefeller Institute for Research recently made an extensive study of the small towns of America, and their conclusions were that in the last ten years an added number of towns have been built in America, and that the population of these towns has been increasing.

'Jazz Journalism' Is of the Past; Era of More Intelligent Press Here

By KARL A. BICKEL, United Press Chief.

The era of "jazz journalism," is over and a period of new and enormously more productive and powerful journalism is setting in. New factors of great potency are at work upon the minds of the news consumers of America.

The World war was one of these forces. For the first few years after the war the youth of America wanted, above everything else, to forget the war. But a change is everywhere apparent. Today the man who was overseas is beginning to interpret the news he reads in the American press from abroad in the light of his own experiences with the people he came in contact with while abroad. And he is a new and very definitely interested consumer of foreign information.

The editor no longer has to fear that his newspaper will be too intelligent for his readers. If he is really wise, his fear will be that he won't be able to keep his paper intelligent enough.

The age of the jazz newspaper is over. You can't sell bonds, grand pianos and automobiles in a cabaret—and you can't sell advertised goods in a newspaper permeated with the artificial high-powered, hopped-up atmosphere of the cabaret. When a newspaper reader is seeking primarily amusement, shock, emotional thrill, he is not in the mood to think of purchasing a home or a new pair of shoes.

United States Ahead of England in Offering Opportunity to Young Men

By LORD ROBERT CECIL, English Statesman.

America offers better opportunities than England to the poor young man. We have solved the problem of liberty as well as you, but you have solved the problem of quality better than we have.

If you are well-to-do in England and can afford to wait, practically all careers are open to you. If you are poor, it is a different story, of course. I don't think we have solved in England the question of "open careers" or opportunities for young men as well as you have in the United States. Unlike you, we are a crowded country.

Apart from special circumstances, I am convinced that in the end a man generally does what he desires to do and I believe that is more true in the United States than in England. If with sufficient strength he desires to do a special thing, he will finally accomplish it.

Broadly speaking, there are two objects of desire: To be something; to do something. If you want to be something, for example, a rich man, or President of the United States, or judge of the Supreme court, well, that's one form of life. But if you want to do something, then you must be on your guard as far as you can against caring what you are. You must not bother about what will happen to you. If you would struggle to be things, then you must abandon hope of doing things.

Much Criticism of American School System Not Promotive of Sound Education

By DR. DAVID KINLEY, President University of Illinois.

Criticisms of the "school faults of children" should be directed against parents rather than school teachers. Too often we are inclined to blame the teachers, rather than our children or ourselves, when teachers find it necessary to tell us that our children are not doing as well as they would like.

The fault lies with us or our children, and for that reason we should strive to sympathize with the teachers in their work, especially in their difficulties, and should make it our business to support their policies so far as we can.

There is a good deal of agitation about our school system, our methods of education, the school curriculum, its management, and many other subjects in the field of education. My own study of much of this discussion has led me to the conclusion that most of it is uncritical, irrational, impulsive and subversive, rather than promotive of sound education.

History of Human Race Directly Contradicts Theory of Evolution

By DR. W. B. RILEY, President Fundamentalist Association.

History reveals the fall of man, and the decay of civilization in stead of telling a story of evolution and human progress. The history of the human race reveals the reversal of the theory of evolution. History, the one science dealing with the subject involved in the controversy between the fundamentalists and the evolutionists, favors the story told by the Scriptures.

According to the prophet Daniel, man is degenerating, and governments are going down and civilization will end in catastrophe. According to Darwin, the evolutionist, man is coming up toward the superman, and civilization is improving. I would predict the ultimate failure of human government and the second coming of the Messiah to inaugurate a world kingdom under the reign of the Son of God.

Early to Bed Had No Charm for 'Uncle Joe'

Senator James E. Watson, who is an inimitable story-teller himself, has an almost inexhaustible collection of tales concerning Joseph Cannon, speaker of the house of representatives for so many years.

One time, said Senator Watson, he was with Uncle Joe, as Cannon was affectionately known, in New York and after a meeting they strolled out in the street with a group of newspaper men. The senator said they walked until long after midnight, but that Uncle Joe insisted on walking some more. Finally one of the newspaper men asked:

"Uncle Joe, what is the greatest problem of your life?" "Trying to find something to do between midnight and bedtime," was the reply.

Locomotive 'Stranded'

Out in western Kansas stands a locomotive that is 30 miles away from any town or railroad. It was once the property of the road known as the Scott City & Northern. Hard times came along and a creditor served an attachment on the locomotive and chained it to the tracks. The railroad went broke and the officials of the road junked everything with exception of the engine and there it stands on. And there it is today, 30 miles from nowhere, with rabbits and birds living in it and under it.

His Fate

O'Fuddle—Poor Weeks has always been the underdog in the fight. O'Muddle—Yep, and now the poor boob is going to get married.—New Bedford Standard.

Not in a Literal Sense

Dumb and Blind Man—"Please, sir, Gent—"Can't you see I'm too busy to talk to you?"

Somehow the homely girl always has fewer enemies than the pretty girl.

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