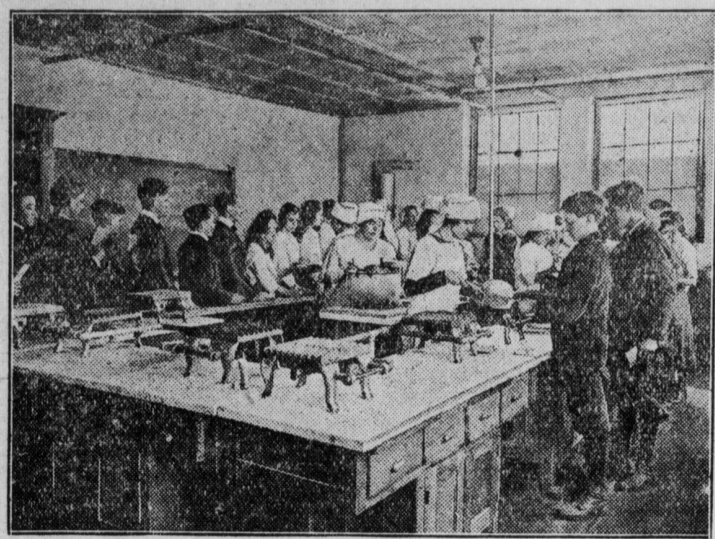


HOT SCHOOL LUNCH IN CAFETERIA STYLE



Serving Hot Lunch Cafeteria Style.

(Prepared by the United States Department of Agriculture.) It has been found that children who must go some distance to school and either carry lunch from home or get part or all of it at school are much better off when at least one hot dish is provided, such as soup or cocoa, or an entire hot meal, usually served cafeteria style. Not only do the children feel better and do better work in the afternoon session when they have had hot food for lunch, but in many instances the food provided at the school is a valuable lesson in food selection. In some instances the preparation of it is turned over to the older girls, so that it becomes a part of their home economics training. In other cases various mothers take turns in coming to the school to prepare the lunch. Still another plan is for the children to bring their own food ready for heating and to appoint several children to help the teacher in doing so.

In practically all cases the children gradually absorb ideas about food selection and preparation, and often this is the entering wedge to a better knowledge of food in the child's home, and to greater interest in the subject of nutrition. The relation between good health and the right food is brought out when the school lunch is properly directed and planned by a group or committee. Cleanly habits of eating are learned, too, and the children are usually better off when lurching in an orderly way under supervision than when left to their own devices. The United States Department of Agriculture suggests that in communities which do not at present have a hot dish at the school lunch, a group of mothers might get together and see how the matter could be arranged. If the children are to pay for what they get, rather than bring the food, the price charged must be within the reach of all, usually only the cost of materials and fuel.

CORRECT LINES FOR A MATRON

Choosing Clothes for Stout Woman Is Important.

(Prepared by the United States Department of Agriculture.) The woman who is somewhat inclined to stoutness, especially if she has white or gray hair, needs to give very careful attention to the selection of her clothes with a view to emphasizing her dignity and correcting the appearance of size. She must

vertical lines from shoulder to hem, made by the flat plaits and the long flat tie, the plain set-in sleeves, and the correct length of the skirt. The distance of the hemline from the floor is appropriate for a woman of heavy build. The material is gray crepe relieved only by the simple groups of buttons and varicolored banding on the collar. In the other dress there is a mistake in every detail. The dark blue satin is combined with a large figured chiffon. The shiny satin suggests making the figure stouter than it actually is. Belting it at the waist brings out the fullness of the bust and hips need-



Desirable Dress for Stout Woman. Mistake in Every Detail of This Outfit.

Orange Sherbet Makes Pleasing Summer Dessert

Orange or lemon sherbet is easy to make and very refreshing as a hot weather dessert. Pure fruit juice should be used in making it. The bureau of home economics gives the recipe below:

- Orange Sherbet. 1 1/2 cups fruit juice, 1 cup cream, 1/4 cup sugar, 1/4 cup milk, 1/4 teaspoonful salt, 2 cups milk and add the sugar. Stir until the sugar is dissolved. Add the other ingredients. Use a freezing mixture of one part salt and four to six parts of ice, and turn the crank of the freezer slowly. After freezing, remove the dasher, pack the freezer with more ice and salt, and let the sherbet stand for an hour to ripen in flavor.

Lemon sherbet may be made in this same way by omitting the orange juice, and using enough lemon juice to give the desired flavor.

Prevent Needless Waste of Foods at the Table

Family prejudices about foods may defeat the most earnest efforts to set an economical table. Sensible training when children are little will prevent the formation of many of these prejudices. Even if adults do have faulty food habits, they can often be reasoned out of them.

Get everybody in the family to see the need for economy and to recognize the fact that no good food should be wasted after it once enters the kitchen. The high cost of the table is sometimes traceable to the full garbage pail. Admit that some flavors are more tempting than others, but convince the family that there is now such a wide variety of acceptable flavors that each one can be pleased a large part of the time. Show them that in selecting foods in the market you have to be guided by what is available, by what will be different from yesterday's menu, and tomorrow's, too, and most important of all, by what will make up a balanced diet.

REAL "TARZAN" CARED FOR BY BABOON MOTHER

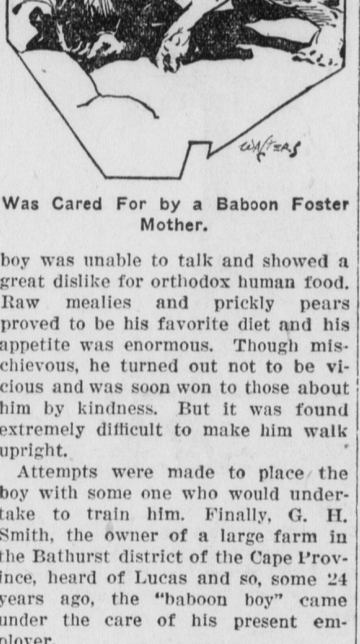
Lad, Kidnaped by Animals, Still Shows Symptoms of Wild State.

London.—"Tarzan" has come true, and Kipling's "Mowgli," who was reared by the wolves, is not so far fetched as adult readers may suppose, according to the report which has just reached here from Johannesburg, South Africa, of the discovery of a "baboon boy."

According to the story, a South African native baby was kidnaped from his kral by baboons, was cared for by a baboon foster mother for years and spent a large period of his boyhood roaming the wilds with the troop. About 25 years ago two troopers of the old Cape police were making their way through wild country in South-east Cape Province when they came on a troop of baboons. They fired at them and the troop scampered away. But one monkey who tailed off at the rear seemed to be wounded. The troopers galloped up to the laggard and, to their astonishment, found instead of a baboon a well-grown native boy hopping along on all-fours after his departed associates.

When they came to close quarters with the boy he scratched and bit them fiercely and put up a considerable fight before he was overpowered. His naked state made it exceedingly difficult for the troopers to get a firm grip on him.

All efforts to trace the captive's parentage proved futile. He was, therefore, handed over to the authorities of a mental hospital in a neighboring town, where he was kept for a year and given the name of Lucas. The boy was unable to talk and showed a great dislike for orthodox human food. Raw meats and prickly pears proved to be his favorite diet and his appetite was enormous. Though mischievous, he turned out not to be vicious and was soon won to those about him by kindness. But it was found extremely difficult to make him walk upright. Attempts were made to place the boy with some one who would undertake to train him. Finally, G. H. Smith, the owner of a large farm in the Bathurst district of the Cape Province, heard of Lucas and so, some 24 years ago, the "baboon boy" came under the care of his present employer.



Was Cared For by a Baboon Foster Mother.

Mr. Smith at first was worried about the task he had undertaken, but Lucas had by this time lost his original dislike of human beings, and was a comparatively docile native boy, though still possessing odd, monkeyish mannerisms.

Lucas can only speak English, as his duties bring him into contact mostly with only his master and mistress. He is very fond of children, and his special delight is to take care of his employer's little ones. Today Mr. Smith would not exchange his one-time doubtful bargain for any other two native workers.

Lucas does not mind talking about what he remembers of his boyhood with the baboons. He tells how one big baboon used to take him in its arms on cold nights and put him warmly to sleep in the undergrowth of the bush, and of how edible crickets were collected from the ground to appease the pangs of ever-present hunger. On request, Lucas will even go down on all fours and give an exhibition of how he marched with the baboon herd.

Seated on Dynamite, Blows Himself Up

Logan, W. Va.—Seating himself upon a box of dynamite, Andy Andrews touched a match to the explosives and blew himself to bits at the Braeheim mine of the Amherst Coal company. The explosion wrecked four rooms of the mine clubhouse, where Andrews lived. It's roommate, entering the room as Andrews lighted the match, narrowly escaped death after an effort to prevent the suicide. Dependency over the loss of \$500, stolen from Andrews while he slept, was believed the cause of his act.

Waste of Elders Factor in Stirring Feeling of Poverty in Child

By DR. W. F. SCHRADER, Fort Wayne, Ind.

ONLY in the new sense of being comparative rather than actual can the word poverty be emphasized in any discussion of juvenile delinquency. We can ignore poverty in the sense that the child characters of Dickens knew it, for the simple reason that it is practically non-existent in any civilized land today and never existed in the United States.

But the inability of the poor boy in high school to take his girl to the school dance because of his empty pockets is as truly poverty as is the empty stomach of the young Chinese in devastated and war-torn China. The high-school girl unable to buy a pair of three-inch spike-heel shoes that cost \$11 suffers poverty as real to her as does her Russian cousin who has to go barefoot.

False standards and values set up by extravagant elders are a moving cause in youthful delinquency. What can we expect of our youth in view of the example set them by their elders? Eighty per cent of the automobiles sold in this country are bought on the installment plan because the buyer has not the cash. The same thing is true of almost every commodity in lesser degree. We are living in credit. The poor boy sees credit on every hand, but none for him. On every hand the money value and not the inherent worth of a thing is emphasized. Too often, also, his moral education has been left to chance acquaintances of the street corner, the barber shop and poolroom.

Religion Loses Cause for Existence in Conforming to the World's Ideas

By REV. HARRY EMERSON FOSDICK, Baptist, New York.

Christianity is largely on the defensive for the simple reason that Christians have conformed themselves and their message so largely to this world that they are indistinguishable from it. As a matter of fact, this generation's low morals and its low philosophy are in desperate need of a challenger, and the church should be about its business.

When religion harmonizes itself with the world and conforms itself to the status quo it loses its message, vacates its mission and surrenders its reason for existence. The glory of Christianity has been its non-conformity.

The central problem of organized Christianity is whether it has enough spiritual vigor to challenge this modern age, or, instead, is simply going to take the color-blend of popular morality and popular philosophy.

There are plenty of so-called Christians whose morality it would be difficult to distinguish from the morality of the crowd. Our democratic confidence in a majority vote makes that easy. Of course, on any fine issue the majority is sure to be wrong.

We know this and yet there is prodigious pressure in a democracy where politically it is a point of honor to respect majority decisions. We feel also that it is not so bad to conform to the general average and the majority vote. A Christianity that thus compromises with popular morality instead of challenging it has lost its reason for existence.

Romantic Love Frequently Leads Couples Into Disastrous Wedlock

By DR. LOUIS E. BISCH, Neuropsychiatrist.

Romantic love—that first blinding burst of infatuation—is really a disease. Don't marry while you are under its influence. Such love is a nervous disorder, the psychoanalyst explains. It is the emotional equilibrium that is chiefly upset, and this in turn may upset the purely mental as well as the physical balance.

Practically all normal humans are subject to the conditions from which such a neurosis can arise. They begin in earliest childhood when, in the case of a boy, the mother becomes a romantic ideal of womanhood. As the child approaches maturity he clings to the romantic idealization, feeding it with romantic fiction and with his own imagination.

As you grow older and the world gives you a few hard knocks, you lose a lot of your faith in romance. But, sooner or later, the young man meets a girl who, in appearance and superficial characteristics at least, approximates his ideal. Then all of this bottled-up romance that has been accumulating for years bursts forth when the dam of reserve breaks.

The result is an emotional upheaval that makes its subject entirely abnormal, unable to discern the real qualities of the girl or her fitness to be his wife or to be a mother. Such love is actually blind.

Tendency Toward Aristocracy of Learning Against American Tradition

By DR. STRATTON D. BROOKS, President University of Missouri.

Efforts to keep education "democratic" are worthy of as much consideration as the means of restoring agriculture to its proper economic condition.

In every class of school, college and university there has been an almost unbelievable increase in attendance. Part of this increase is due to the fact families of poor economic opportunities have recognized clearly that under present conditions of competition, the high school graduate has a better opportunity for earning a livelihood than the one whose education is limited to the elementary course. This situation in high school has, of course, affected colleges.

The endowed colleges in some cases have restricted the numbers seeking admission through increasing requirements and tuition. The higher academic requirements often necessitate an additional high school year of special preparation. The result of both of these restrictions is to limit the attendance largely to the well-to-do. The accompanying tendency is to create an aristocracy of learning nearly parallel with the aristocracy of wealth, a condition that exists in some European countries, but which would be contrary to all American tradition.

Main Interests of Life Should Be Found Outside One's Occupation

By MRS. BARBARA WOTTON, London University.

Work is objectionable. For most of those engaged in industrial labor today their main job should be their use of leisure. We must find our life's interest outside our work, which is something we ought to get done as quickly as possible. We ought to run civilization on the theory that our main interest in life is not the thing by which we earn our daily bread, but how to get the earning over and done with quickly.

Advertisement for Bayer Aspirin. It features the Bayer cross logo and the word 'ASPIRIN' in large letters. Text includes 'Demand', 'BAYER', 'ASPIRIN', 'Genuine', 'SAY "BAYER ASPIRIN"—Genuine', 'Unless you see the "Bayer Cross" on tablets, you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over 25 years for', 'Colds Headache Neuritis Lumbago Pain Neuralgia Toothache Rheumatism', 'DOES NOT AFFECT THE HEART', and 'Safe'. It also mentions 'Accept only "Bayer" package which contains proven directions.' and 'Aspirin is the trade mark of Bayer Manufacture of Monocetaceticacid of Salicylicacid'.

Toil "Can I get you to toil in a good cause?" "Always. Do you want me to sing or play cards?"

Satisfying Effect

Findlay, Ohio.—"I have used Dr. Pierce's medicine and cannot say enough in their praise. Dr. Pierce's Golden Medical Discovery is the best blood enricher and builder of a run-down system I have ever taken. I have given it to my family and have taken it myself to build me up when rundown in health and suffering from poor circulation. I found it just excellent as a builder and blood enricher—the results were very satisfactory." — Mrs. W. H. Campbell, 600 E. High St.

If your druggist does not sell the Golden Medical Discovery in liquid or tablets, you can obtain a pkg. of the tablets by sending 65 cents to the Dr. Pierce Clinic, in Buffalo, N. Y.

Unwelcome Serenade They were jolly good fellows, all seven of them—at least they felt that way at three o'clock in the morning following an old-fashioned soiree in New York. To wind up a perfect evening they decided to serenade the fair lady of one love-sick member. With voices loud but not altogether clear the male septet parked below a window and raised their faces to heaven in their fervor. After the impromptu concert the gentlemen found themselves in the custody of the law—they had serenade under a window of the dormitory of a police station where a weary bachelor cop was trying to get some sleep.—Exchange.

Dangerous Risk "Who will drive this car away for \$50," read the sign on the dilapidated vehicle in the dealer's window. A man passed the store, read the sign and entered. "I'll take a chance," he offered. "Where's the money?"—Answers.

Willing Father—Oh, so you wish to marry my daughter? Do you know she is used to all the luxuries of life? Poor Suitor—Fine! And I can easily adapt myself.

Some kinds of mayflies emerge as winged insects one evening and end their careers before sun-up the next morning.

The New Woman

Governor Weeks of Vermont, who designed the 4 by 8-foot birthday card sent to President Coolidge in South Dakota, has the Vermonters' sturdy hatred of ultra-modern fashions and customs. At a Montpelier reception a banker nodded in the direction of a New York lady in a very short skirt who sat with her knees crossed smoking a cigarette in a long tube. "A new woman, I suppose," he said. Governor Weeks glanced at the lady and observed: "I should say an old woman repainted."

Dr. Seer Julia—What is the cure for love at first sight? Amelia—Second sight.

Hoxie's Croup Remedy, the life saver of children. No opium. No nausea. 50 cts. All druggists. Kells Co., Newburgh, N. Y., Mfrs.—Adv.

Money might go farther if it did not travel so fast.

Keep Your Butter Uniform and Hold Your Customers

Don't wait for your customers to complain about the variable color of your butter. Keep your butter that golden June color everybody likes by putting a few drops of Dandelion Butter Color into the churn. It is purely vegetable, wholesome and absolutely tasteless. It meets all State and National Food laws. All large creameries have used Dandelion Butter Color for years. It does not color or buttermilk. You can get the large bottles for 35c from all drug or grocery stores.

Wells & Richardson Co., Inc. Burlington, Vermont

SEND US YOUR OLD GOLD, PLATINUM, Teeth, Old Coins. Check sent by return mail. H. A. BERSON, 719 Hippodrome Building, Cleveland, Ohio.

Florida Home—New 5 room, bath, elec. light, plastered, imp. street, large lot. Rent \$10 month. Also apt. \$25. Best location. J. M. McKelvie, Verona Ave., Avon Park, Fla.

Oil and Gas, Buy Now. For leases and royalties in the great oil fields of Texas. For price list and description write W. H. Gaitner, Schneider Hotel, Pampa, Texas.

W. N. U., PITTSBURGH, NO. 46-1927.

Advertisement for Top Notch Rubber Footwear. It features a large image of a rubber boot. Text includes 'Muscles of tough, live rubber lengthen its life', 'THE "muscles" of tough, live rubber give astonishing endurance and record-breaking long life—without adding weight—to Top Notch Buddy Boots. These ribs or muscles, strong as whalebone, add strength to the tops and prevent them from cracking. The tough gray soles stand up under the hardest going in muck and stumps, in ditches, slush or ice. The longest-wearing boot your money can buy. In short, hip and Storm King Lengths. For dependable, distinctive boots, arctic and rubbers, always look for the Top Notch Cross. The most reliable stores carry the complete Top Notch line for men, women and children. The Beacon Falls Rubber Shoe Co., Beacon Falls, Conn.', and 'TOP NOTCH Rubber Footwear'.

Advertisements for home services including 'Make your home more comfortable', 'Liberate', 'Coffles cakes', and 'Coff's Cakes'.

Advertisement for 'Best Rooms' featuring 'melike' and 'brighter, more colorful and vivacious pointed lounges'.

Advertisement for 'LELAND TEL' located in Detroit, Michigan.

Advertisement for 'Rooms from 10 per day'.

Advertisement for 'Porter's King' for 'Pain in Sprains, Joints, Muscles, Back'.

Advertisement for 'College' at 'Sibley Barber College'.

Advertisement for 'Kidney, Sties, relieved application'.

Advertisement for 'ANOL' for 'Bowel Diseases'.