Faulty Elimination

Should Be Corrected—Good Elimination is Essential to Good Health.

IF you would be well, see to your elimination. Faulty kidney action permits toxic material to remain in the blood and upset the whole system. Then, one is apt to have a tired, languid feeling and sometimes, a toxic backache or headache, and often some irregularity of secretions, such as scanty or burning passages. More and more people are acclaiming the value of *Doan's Pills*, a stimulant diuretic, in this condition. For more than forty years, *Doan's* have been winning favor the country over. *Ask your neighbor!*

DOAN'S PILLS 60c

Stimulant Diuretic to the Kidneys

Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.

Shadows on the Screen

Use of moving pictures as weapons of civil education and national propaganda is made compulsory by the Italian government. Each movie program must contain at least one reel of educational or propagandist film.

A man must stand erect, not to be kept erect by others.—Marcus Aurelius.

Marlorie—"What do you think John said, Daddy, when I told him that when we were married I wanted a city residence, a country place, three autos and a lot of servants?"

Daddy—"Well, what did the paragon say?"

Marlorie—"He said that if I would sleep more on my right side, I wouldn't have such dreams."

Bad dreams are a good sign of poor digestion; when hard-worked stomach begins to complain, the whole system suffers and we have constipation, dyspepsia, offensive breath and similar disorders.

GREEN'S AUGUST FLOWER

has been relied on by many such sufferers for the past sixty years, and has contributed to the health and well-being of thousands of users. 30c and 90c bottles. At all druggists. If you cannot get it, write to G. G. Green, Inc., Woodbury, N. J.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.

Will Preach Buddhism

The first great missionary venture of one of the most famous old Oriental religions is being planned by the supreme prelate of the Buddhist religion. Both American and Japanese youths, mostly graduated from the colleges in Japan, will be the first missionaries sent to the United States.

Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Advertisement.

Seek Noiseless 'Planes

British engineers, by studying the effects of ripples in a tank of water, are designing flying field parallel "plates" or sound screens to reduce the terrific noise created by a number of commuting airplanes when leaving the field.

Let useful observations be at least some part of the subject of your conversation.—Watts.

Justice delayed is justice denied.

No Cold

Fever headache or grippe

Colds break in a day for the millions who use Hill's. Headache and fever stop. La Grippe is checked. All in a way so reliable that druggists guarantee results. Colds are too important to treat in lesser ways.

Be Sure It's HILL'S Price 30c

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FOR FEMININE HYGIENE USE

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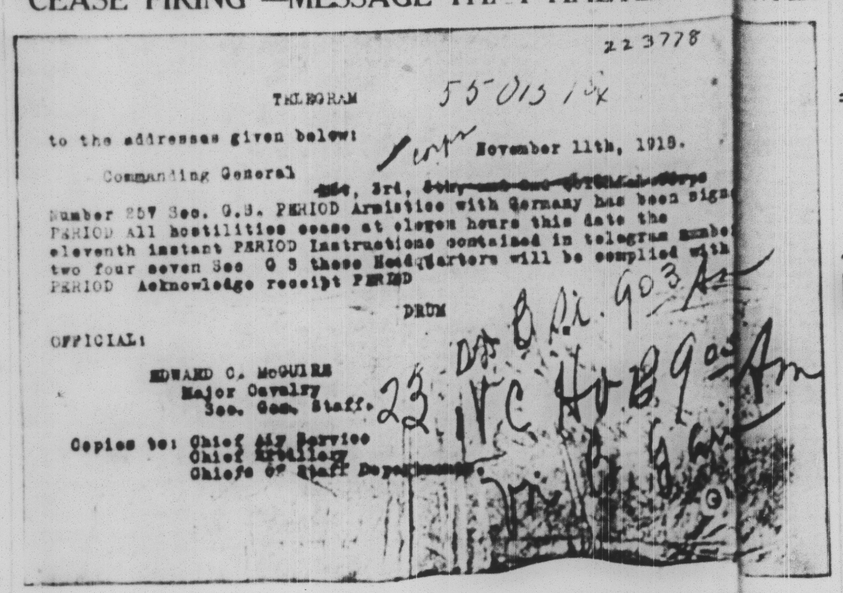
WITH THE FRAGRANCE OF VIOLETS

The perfect answer to the feminine demand for safety combined with fragrant daintiness. Non-hardening, non-irritating, non-poisonous, soothing, and at the same time, the strongest antiseptic known to science. A famous doctor's prescription. Dissolve instantly. Satisfaction guaranteed. Send $1 for a generous supply to Van Zandt, 355 Fifth Ave., N. Y. C.

INSIST UPON **KEMP'S BALSAM** *for that* COUGH!

"CEASE FIRING"—MESSAGE THAT HALTED THE WAR



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TELEGRAM

to the addresses given below: Sent November 11th, 1918.

Commanding General

~~Sec~~, 3rd, ~~Sixty-ninth One Hundred Sixty~~

Number 257 Sec. G.S. PERIOD Armistice with Germany has been signed PERIOD All hostilities cease at eleven hours this date the eleventh instant PERIOD Instructions contained in telegram number two four seven Sec G S these Headquarters will be complied with PERIOD Acknowledge receipt PERIOD

DRUM

OFFICIAL:

EDWARD C. McGUIRE
Major Cavalry
Sec. Gen. Staff.

Copies to: Chief Air Service
Chief Artillery
Chiefs of Staff Departments.

November 11, 1926, is the eighth anniversary of the termination of hostilities of the great World war. The "cease firing" order which electrified the world, and which brought happiness and peace to the fighting forces, is now a matter of historical treasure. The above is a photographic reproduction of the original order as dispatched from General Pershing's headquarters by a telegraph operator of Dayton, Ohio. The operator was William Morey, who since the armistice died and was buried with full military honors. He was a member of the United States army signal corps and retained a copy of the famous dispatch, found among his effects.

How One Veteran Looks Back Upon Time of Conflict

High Military Officer Tells of Rejoicing Among Soldiers at End of Warfare.

In an interview printed in the Kansas City Star Magazine in 1925 Col. W. N. Hughes, former chief of staff of the Rainbow division, gave the following recollections of the 11th of November, in France, in 1918:

"ON ARMISTICE day, eight years ago a great silence fell upon the fields of France. Men felt the amazing stillness like a shock of pain. Then the realization came that it was all over and they gave vent to their suppressed feelings, each in his own way. It is a date that justly should be observed. A legal holiday is appropriate, but let us not make it a carnival occasion. We have our real national holiday, July 4, and Armistice day should not be considered of equal importance.

"Just as Kansas City has its Liberty memorial, so every town has some sort of tablet or memorial to its service men. It seems fitting that ceremonies should center there. We Americans love to parade, but the public is tired of watching. I doubt whether it is worth while for the veterans to assemble in marching order, although by all means they should attend the ceremony.

"Societies that grew out of the war and those that were active during that period should participate in a patriotic program of speeches and music. The American Legion, churches, schools, business houses—all civic, patriotic and religious organizations should combine. That is enough."

Colonel Hughes was billeted with his division between Metz and Sedan when the armistice was signed. He tells how he anticipated the cessation of hostilities several weeks before the armistice.

Enemy Morale Shattered.

"The German morale was shattered," he said. "I first realized this when we came upon the trenches that the enemy had abandoned. Among other things left behind were hundreds of letters the soldiers had written, but apparently never had been able to mail.

"I had about fifty such letters translated and all were of the same trend. The writers promised their wives and mothers they would come home at the first opportunity, and that they would try to slip potatoes and other food through the lines. Nearly all bespoke an economic unrest.

"The prisoners captured about this time were frankly elated and inquired frequently why we Americans still were fighting when they had quit. They considered the war ended and saw no use in endangering themselves further. Their cause seemed futile and they knew their families were suffering.

"Toward the finish of the World war the German machine guns still were active, but the artillery fire practically had ceased. We often were not more than three hundred yards away from them, but the danger of attack had lessened. It is an old story, though, how Germany ceased being the aggressor.

Feared Further Warfare.

"A grapevine report circulated just before the armistice through our division that we were to entrain for Italy and fight the Austrians. The rumor grew to the proportions of a foregone conclusion. I had been informed otherwise, but was not at liberty to tell the men.

"As we sat in our quarters the night of November 10, Col. Ruby D. Garrett, signal officer, caught a message from a German radio station, and we knew then that the fight was over. The German Soldiers' and Sailors' league, a communistic organization, had seized several of the principal radio station towers, and for several days had been sending messages. The operator now was saying that a German envoy would appear over the French lines, and we caught his message clearly. He asked the allies to observe certain signal lights and not shoot the plane down.

"I immediately informed Gen. Malin Craig, chief of staff of the First corps area, but the news already had reached him. The next morning we received word that hostilities would cease at 11 o'clock."

One gains the impression from talking with Colonel Hughes that his acceptance of the news must have been casual. He speaks of it without emotion, because, as he says, it occasioned no particular surprise.

"Naturally, I was about as happy as a man can be," he admits, "but my principal thought was that now we would have a chance to clean up. It had rained most of the time we were near Sedan. We knew, of course, that we would not be able to go home for a while.

"Armistice night we kept almost regular discipline, although the men were slightly vociferous. They were allowed to shoot off pyrotechnics that emblazoned the sky for miles with vari-colored lights. Some of the French units fired their mortar guns, and there were occasional rifle shots.

"Our aviators flew like bats in the dusk, skimming about, looping, spiraling, and falling in steep dives that looked death-bringing until the airmen flattened out and soared again.

Deep Thought and Rejoicing.

"The clamor of all the chaos rose into the night sky along the length and breadth of our armies, but even in the midst of it men had long silences, thinking back to things that had passed.

"I walked over to a mess rounds billet at dusk and stood a moment in silent reflection. From one of the shadowy a truck emerged filled with a gay crowd intent upon celebration. As I stood aside to let it pass, a sentry's challenge rang out. He inquired where the truck's lights were.

"H—l!" replied the driver, 'you expect me to put on lights in five minutes when I haven't had any for two years? Get 'outa' our way!' The sentry grinned acknowledgement and stepped aside."

Reminiscences such as these make Armistice day a vital, throbbing, personal occasion. Colonel Hughes is only one of millions who, decades hence, will recall incidents of November 11, 1918. There were soldiers in the roads of France that night who watched old men, boys and women making their way home burdened with luggage; other soldiers who had at French pianos, romped over the keys, crashed out chords and led a chorus of men who wanted to sing an old song.

Re-established now in their homes these men will recall how Verdun's bells tolled victory at the end of the war and how the illumination was visible for many miles around even to the Germans going homeward in the east. They will recall how, in devastated villages, carefree buglers marched before shouting, singing, dancing columns of French, American, Senegalese and Algerian soldiers and civilian celebrants who kept time with the drum beats and shouted:

"The war is over! Fini la guerre! Vive la France! Vive l'Amerique!"

Serious Recollections.

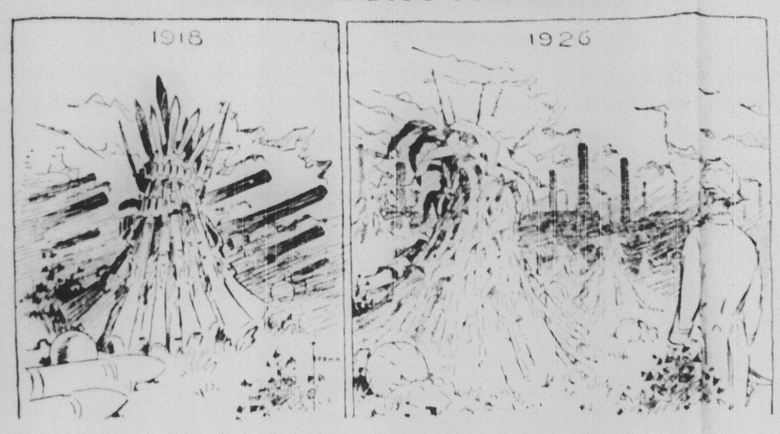
Their tales may even revert to Paris, where President Poincare received Marshal Foch and Premier Clemenceau read the German conditions, or they may center in any of the many war-wrecked countryside homes, whose owners celebrated with haggard fervor.

In contemplating the anniversary, one cannot overlook the recollections of the civilized world, either. Its tales of the day are of less partisan, but equally graphic interest. In salute in its heart, eight years ago, the soldiers who fought through the years of horror and tragedy for victory. It will do so again this year.

Kansas City is a very small part of only one celebrating nation, but its voice will be raised in the general acclamation. Will the city reflect soberly on the occasion? Will it feel toward the day as Colonel Hughes does?

"We, after the years of celebrating war's victory, can not yet with confidence appoint the time when we can celebrate peace," he declares. "We have done better than Europe, which apparently has learned little from the war, but we cannot yet celebrate Armistice day in a spirit that would make it a national event."

ARMISTICE DAY PROGRESS



The Kitchen Cabinet

(©, 1926, Western Newspaper Union.)

Most of us are wonderful economists when it comes to making a little goodness go a long way. We hate to waste it or show it where it will not be appreciated.

THANKSGIVING DISHES

Pie is always in season, but it is especially popular at the Thanksgiving table. Then there is the turkey which some one has said should be our national bird, instead of the eagle; potatoes Irish and sweet, squash, turnips, a fruit salad and then comes the great American dessert. Mince pie is the one par excellence to serve on Thanksgiving, and pumpkin pie holds a large place.

In the old days of brick ovens the mince pies were made by the dozen and then stored in a cold place in tiers where they could be called upon for any meal. Handy dessert it was—just place it in the oven and a savory, spicy pie was ready to serve.

As every family has some cherished recipe for preparing mince meat, it is useless to give the ingredients—chopped apple with meat and suet, using one of meat in measure to two of good tart apple, chopped. The meat of course is cooked, the suet, not; all the cooking it gets is in the cooking of the mince meat and in the baking of the pies. Cider, spices, dried fruits of all kinds, such as raisins, citrons, figs, lemon peel, orange peel, all add to its flavor.

Cranberry pie is another good one for the cold winter days, and tarts are especially well liked. Bake the crust over fluted patty tins and fill with stewed and sweetened cranberries.

For those who do not care for the meat in mince pies the following meatless one will be enjoyed:

Meatless Mince Meat.—Roll fine six large crackers and mix them with two cupfuls of sugar and one cupful of molasses, two cupfuls of cider or grape juice or one cupful of each, the juice of one orange and lemon, two cupfuls of seeded raisins, one-fourth cupful of shaved and chopped candied peel, half a cupful of melted butter, one-half teaspoonful each of ground cinnamon, cloves and nutmeg and three well-beaten eggs. This makes two large pies.

Lemon pie is another well known and liked pie, as well as apple and custard.

Cranberry Conserve.—Take one quart of cranberries, juice and pulp of two oranges, one cupful each of raisins and water, cook together until the cranberries burst and the mixture becomes soft. Add one cupful each of sugar and corn sirup and simmer until thick.

Molasses Pie.—Line a pie plate with a good rich crust and pour in the following mixture: Bring to boiling a cupful of molasses and add carefully a tablespoonful each of butter and flour rubbed together, and the juice of one large lemon and a pinch of cinnamon—if desired a half cupful of walnut meats. Cover with crust and bake.

Economy in Food.

There are still numbers of women who think that the meat which has been used to prepare soup, because it lacks flavor, is not good for food. The fact is that all the goodness is still there except the extractives which give it its flavor. Adding other flavors, such meats make substantial appetizing and tasty dishes.

A little meat put through the meat grinder, added to buttered crumbs, a little onion softening with cream or tomato, used as stuffing for green peppers, is especially good; also made into hash with vegetables for flavor, croquettes and scalloped dishes. Such meat is very good baked with macaroni or spaghetti. For a curry dish, fry a little onion, add the meat, curry, vinegar—just a bit—and serve with a border of cooked seasoned rice. To use a variety of flavorings such as sweet herbs, and meat sauces, one may have variety with little expense.

A casserole with a tight cover is an invaluable aid for economy in the house.

Cheaper cuts of meat with long slow cooking are made most attractive. The long, slow cooking develops flavor and makes it more digestible.

Such seasonings as kitchen bouquet, soy sauce, worcestershire sauce, tabasco sauce, pepper sauce, celery salt, mace, nutmeg, garlic are all such good aids to make appetizing otherwise unsavory foods.

Economical Stew.—Take a pound of round steak cut into thin slices as broad as possible. Mix in a saucepan a cupful of bread crumbs, two tablespoonfuls of chopped suet, a parboiled onion chopped, two tablespoonfuls of chopped parsley, a beaten egg, and salt and pepper to season. Gather the stuffing in a large lump, roll it inside the meat, tie with a string and fry all over until well browned. Put into a saucepan a tablespoonful of fat, chop one-half onion and fry, then add the meat. Add enough stock occasionally to keep it well basted. Cook for three-fourths of an hour.

Nellie Maxwell

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It doesn't do much good to talk to the average man for his own good.

A shiftless man can always blame his wife for his failure to make good.

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MOTHER:— Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of Chas. H. Fletcher. Proven directions on each package. Physicians everywhere recommend it.

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