

How It Started

By JEAN NEWTON

"THE SAMPLER"

SEEING or perhaps owning one of the lovely old strips of linen or

silk embroidered in almost every

stitch known to pliers of the needle

Because samplers fit in so well with

the furniture of the period, or perhaps

because so many of the old ones treas-

ured in this country are the handi-

work of early American homewives,

they have come to be regarded as "colonial." The fact is, however, that

together with other/manners and cus-

toms samplers were simply trans

planted from the other side, brought

in their exquisite stitching the self-

expression for which colonial life af-

How this strip of embroidery came

to be named a "sampler" is by no

means the least interesting part of its

story. We learn that the craze for fine

needlework in the Seventeenth cen-

tury was met with a great scarcity

Therefore, designs were worked onto

and costliness of books of pattern.

pieces of materials which were called

(Copyright.)

A W MMYC

By Viola Brothers Shore

A woman oughta be allowed to be

The beauty of bein' able to tickle

By doin' it yourself you can gen'ral-

ly keep other people from laughin' at

you, praisin' you and bein' sorry for

The best joke in the world ain't

funny enough to laugh at, if you made

(Copyright.)

Flyers Under Handicap

pilot is more likely to fail than his

machine, according to an article by Lieut. John A. Macready, world fa-

mous flyer, in Liberty. "The mind of the pilot," he says, "does not function

normally at extreme altitude, and his

readings and calculations cannot al-

ways be relied upon when he gets into

the regions where the air is very light.

For this reason, a large number of in-

struments are used to record what

happens during a flight at altitudes

above 30,000 feet. Eleven instruments

provide a permanent record of every-

yourself is you can laugh whenever

was first kissed

FOR THE GANDER-

you feel like.

t up yourself.

are said to owe their origin.

by the industrious women who found

the origin of its strange name.

SOMETHING TO THINK ABOUT By F. A. WALKER

WASTING TIME

JUST what are you doing for yourself in the hours apart from those you give to your employers?

If you would once stop and seriousconsider the inestimable value of called samplers, you have doubtless wondered about its significance and these golden bits of time, which are yours to do with as you please, there is a likelihood that you would put them to better use.

In one way or another, young people unencumbered with any other burden save their own, are apt to fritter away time in aimless amusement. The quest of goodly fellowship, without regard to where it may end, and the pernicions habit of idling seem, unfortunately, to be the dominating purposes in the lives of the thoughtless

They flit about like butterflies, drifting on the winds, sipping honeyed sweets often tainted with poison.

forded scant outlet. These flexible friendships which you The earliest known sampler is one make are so agreeable while they endated 1643 which is now in a museum dure, you quite forget the steady pas-in London. It is elaborately embroidsage of time as you keep pursuing ered in the needle-point and grosthem, wasting the most precious years point which are today so popular with of your life, in which character is the woman of fashion for decorating formed into beauty or ugliness.

Friendships are agreeable, but they It is to the sampler, incidentally, that are often insincere, and for this reathe modern petit-point and gros-point son it becomes incumbent upon you to consider them in an attitude of selfish-

You must give due thought to yourself before you are left destitute, incompetent and unqualified to extricate yourself from the humble position you have occupied all these years, which by a stroke or two of fate may leave you stranded and forlorn in old age.

You, who are young and hopeful, are wondering whether these words are for you. They seem in some way to lean their weight upon you, but in the hunt for amusement, you throw them off.

"Tomorrow," you promise, "I'll think about them. But not today. I'm having too much fun. I'll make good,

So you think.

So thousands of others have thought who have gone before you! When they awoke to a realization IF THE last apple is sour, the whole box was sour.

of their position they found their lances broken and their shields eaten by rust, unable to compete with men who had been using their spare moments advantageously, disregarding gin countin' her age from the day she the call to play.

And so it will be

you mend your way.

The reason us women don't like to And so it will ever be with those tell our age ain't on accounta the way who think the world will wait for them it feels to have people know we're while they romp and lark and gambol.
"It is not idleness that is plentiful, thirty, but the way it's gonna feel to have 'em know we was thirty, ten but courage that is rare, that wins!" years ago. (@ by McClure Newspaper Syndicate.)



with last night," says Fapper Fern. thing that happens within the engine, I cried, within the supercharger, and also of "Don't! Stop It!" and he didn't." the outside surrounding conditions."

Was Young By DOUGLAS MALLOCH

The Days When I

THE snows of many winters have drifted down to earth, suns of many springtimes have melted them to mirth;

The ice has strung her garlands where once the apples hung-Yet not a thing has ever changed since days when I was young.

My boy, the very changes were always still the same; mber took the bluebird, and yet the robin came;

heard him come returning, I heard his carol sung-The robin sings the same today as days when I was young.

A little while we sorrow, a little time we grieve. When brown the meads and marshes

and when the bluebirds leave, But still in God's high heaven a star of hope is hung-And spring will come the way it did

in days when I was young.

For when this earthly summer has faded into mist When I go down the river to keep the final tryst.

I know that I shall find them, the folks to whom I clung, The loved it hurt so much to lose in days when I was young.

For surely if the Father can give the earth the spring Then he can give the springtime to any other thing;

n some lovely springtime, again my loved among, know that God will give me back the days when I was young.

Mother's Cook Book

When you get to know a fellow, know his joys and know his cares, When you've come to understand him and the burdens that he bears, you've learned the fight he's making and the troubles in his

way, Then you find that he is different than you thought his yesterday.

—Edgar Guest.

HERE ARE SOME SOUPS

A DISH of nourishing soup is always welcome, especially on a chilly day or night. The following are a few variations:

Cabbage Soup. Put a piece of bacon or salt pork into a kettle, cover with water and cook an hour, then add a whole cabcage, a few carrots, onions, some turaip, a stalk of celery and a bay leaf. Cook at least another hour and a half and serve hot.

Milk Soup.

Toast thin slices of bread until they re crisp and brown. Bring to the boiling point one quart of milk, adding a pinch of salt and sugar. Beat the yolks of four eggs with a little water. Remove the milk from the fire and add the eggs; stir a moment, then turn the mixture over the bread in the soup tureen.

and a bit of onion juice. Serve with whipped cream over the top.

Clam Bouillon.

Wash and scrub half a peck of clams, changing the water several times. Put into a kettle with three cupfuls of cold water, cover tightly and steam until the shells are well opened. Strain the liquor, cool and

Nellie Maxwell

THE YOUNG LADY ACROSS THE WAY



The young lady across the way says she certainly does hope the Mellor plan of tax reduction will prove satisfactory now that we've got it. 10 by McClure Newspaper Syndicate.

Daddy's Ba Evening Fairy Tale

THE MIDNIGHT FLYER

"Oh, I must dash along, rush just as fast as ever I can, and that is going very quickly, oh, so very quickly." The train was dashing along through the night. It was often called the Midnight Flyer. It left its first station at a little before midnight and breakfast time the next morning.

All through the night it went, just as quickly as it could. It only made three stops and when it stopped it seemed to keep on puffing and panting and breathing as though it were out of breath and yet as though it would feel better to be off again. And that was the way it felt.

It was particularly eager to be off at all times. It wanted to dash through the dark night. It enjoyed it above all things.

The engineer would take care of his duties, so would the brakeman and the signal man and everyone connected with the train would do everything each should do.

But the train would go speeding on and the tracks would just be able to give a flying greeting to the Midnight Flyer as it passed rushingly along.

The cars all connected with each other would each follow the other along the level roads, up hills, down hills, around curves, wherever the cent lithia-water drink. tracks led.

The lights along the way were signals, at the approach of towns the whistle shrieked shrilly, and kept on shrieking, calling in its hurried, shrill, thrilling way out into the night. And all the time the train was

dashing along. But above all, the engine enjoyed the great, exciting night ride. Even though they took this trip every night the engine never thought

it any less thrifling It did not want to go more slowly



The Train Was Dashing Along.

Tuesday night because it had gone so quickly on Monday night. It did not want to be lazy on Thursday because it had been so energetic

It went just as quickly one night as another. Always it thought the trip was just as exciting and thrillingjust as joyously hurried.

Every night, if you had heard it, you would have said it was just as eager to live up to its name of Midnight

With its great lights to see the way Cook a pint of chestnuts until soft into the darkness of the night the in milk to cover, then put through a huge engine pulled the cars behind it. well with salt, pepper | rushing along so madly and yet know ing just where it was going, just how carefully it was going for all its speed. knowing the time that must be kept and the hour that must be met at the last station in the morning.

So as the train went, shrilly, wildly and yet with such perfect order, keep ing perfect time, knowing just what it was about, it kept breathing, whispering into the dark night as it sped along:

"Oh, how I love this. I'll never go slowly. I'll always be on time. "I've a reputation to keep and I'll keep it. I mean that I am supposed to always be on time so I shall always "But, oh, it is so wonderful to throw

your light hurriedly along as you speed through the country, around the curves, into such great darkness. "It is so wonderful to be a Midnight Flyer, and travel all night long.

"It is really a wonderful thing!" And had you seen the Midnight Flyer you would have believed this to be

RIDDLES

Why is a clock the most humble thing in existence? Because it always holds its hands before its face.

What is that which, by losing an eye, has nothing left but a nose? Noise.

Why is the letter "F" nervous? Because it is always in "fear." What is the best thing to part with?

A comb. Why is an egg like a horse? Because you can't use it until it is

What is that which adding to it be omes smaller? A hole in your stock

Why were the Middle ages like the nours after sunser? It was nigh (knight) time.

Drink Water If Kidneys Bother

Take a Tablespoonful of Salts If Back Pains or Bladder is Irritated

Flush your kidneys by drinking a quart of water each day, also take salts occasionally, says a noted authority, who tells us that too much rich food forms acids which almost paralyze the kidneys in their efforts to expel it from the blood. They be come sluggish and weaken; then you it reached its last station around may suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To help neutralize these irritating acids; to help cleanse the kidneys and flush off the body's urinous waste, get four ounces of Jad Salts from any pharmacy here: Take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help flush and stimulate sluggish kidneys; also to neutralize the acids in the system so they no longer irritate, thus often relieving bladder weakness.

Jad Salts is inexpensive; cannot injure and makes a delightful efferves-

Both Hard to Find A phools money iz like his branes very oneazy.-Josh Billings.

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Made and guaranteed since 1871 by The Geo. H. Rundle Co., Piqua, Ohio, Sold by dealers everywhere.

Where children are there is the colden age.—Novalis.

"Dandelion Butter Color" A harmless vegetable butter color used by millions for 50 years. Drug stores and general stores sell bottl of "Dandelion" for 35 cents.—Adv. and general stores sell bottles

It is the wicked who think every



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and intestinal ill. This good old-fashioned herb home remedy for consti pation, stomach ills and other derangements of the sys-

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Ladies Interested in Spare Time Home Occupation that is clean, pleasant, profi write Wheelers, Box 531, Baton Rouge

Tone up that sick-looking Fern ADD TO YOUR INCOME. Men to service article for distribution in your territory, during spare time. Write UNITED INDUSTRIES. Bishop Street. Toledo. Onto.

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Write today describing your qualifications. The more you tell the easier it will be for us to judge your ability for this big paying position.

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Oh! What ble not get rid of gether? Why ha Especially when guaranteesin, a pleasant emoney back.

MANY SCH

AST

DR.J.D.KELLOGO for the prompt and Hay Fever Northrop & Lymai Dr.J.D.

PASTOR Sleeple

Objection Olive-Nothing Arthur-Oh, th won't have to do

Phil Re Joseph H. G and we

Mr. Garfield known drug sto located at 5631 (business brings h kinds of people a icines. What a ma "For about to greatly from inc Garfield, "and y deal with gas. W caused bloating seemed about to was intense. As tion my nerves w sleep was impos from side to side rest. Naturally, and weakened gr "So many peo of Tanlac that I

by the time the ished all the dis-

shed all the dis-had disappeared, digesting normal ever, and put on s With that exper confidence in rec as a good system every need of my