

### GAINS 8 POUNDS IN TWO WEEKS' TIME

Dyspepsia Entirely Overcome and the Extra Steep and Painless Doctor Than in Years, Says Boston Resident.

"I have actually gained eight pounds in two weeks' time and am now eating better, sleeping better and feeling better than I have in three or four years," said Mrs. Celesta Peil, 32 France street, Boston, Mass., recently, in telling of the great benefits she has derived from the use of Tanlac.

"My stomach was in such a bad fix before I took Tanlac that I did not dare eat much of anything, for if I did I would have so much pain and distress from indigestion that I felt like I was going to die. I was so run down and weak from lack of nourishment that I could not do my housework."

"I was so nervous I couldn't keep still during the day nor sleep at night. I can see now that if I had not taken Tanlac I would have had to give up entirely. I am now feeling strong and healthy and all the credit belongs to Tanlac."

Tanlac is sold by all good druggists.

Doctors Declare Its Good Health. Music, as a powerful healing agency for physical as well as mental malady, was one of the principal topics of discussion at the annual meeting of the Tri-State Medical association at Memphis recently.

Perseverant Commercial Traveler.—This time, sir, I have quite a new departure.

Buy Manufacturers—Good! Let me see you do it.

### FROM GIRLHOOD TO WOMANHOOD

#### Woman Relied Upon Lydia E. Pinkham's Vegetable Compound

Emporia, Kansas.—"I began using Lydia E. Pinkham's medicine years ago and it has done me a great deal of good. I had severe pain at the time I was very young and it has been a great relief to me since."

There are many women who first used our Vegetable Compound during their girlhood days. They found it a valuable help during trying periods. In later years they are glad whenever they feel those annoying symptoms which women often have.

### MAN'S BEST AGE

A man is as old as his organs; he can be as vigorous and healthy at 70 as at 35 if he aids his organs in performing their functions. Keep your vital organs healthy with

### GOLD MEDAL HAZEL OIL

The world's standard remedy for Itchy, Eczema, and other skin troubles since 1890; cures dandruff, stimulates vital organs. All druggists, three sizes.

### Shave, Bathe and Shampoo with one Soap—Cuticura

### ALLEN'S FOOT-PAWE FOR THE FEET

Apply one or two Allen's Foot-Pawes to the feet each night and rub in the cream. It takes the skin out of corns and calluses, softens the feet, and makes walking a delight. Always use it for itching feet and to keep the feet cool. Only One Price. Five Cents. Sold by all druggists.

### How Hair

### THE KITCHEN CABINET

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A woman may always help her husband by what she knows, however little; by what she half knows, or mis-knows, she will only tease him.—Ruskin.

### HOT WEATHER GOOD THINGS

The following drink is especially cooling and a great favorite on the farm: Take one quart of a pound of sugar and the strained juice of two lemons. Add one-half cupful of boiling water to the oatmeal, mix the other ingredients and pour into a gallon of boiling water, stir well, put through a sieve and chill before serving.

Chiffonade Tea Punch.—Prepare four cupfuls of strong tea, let it cool, then add to the juice of six lemons and one pineapple cut in bits, one pound of cooked cherries, one cupful of sugar. Stir until the sugar is dissolved, add one quart of carbonated water, a pint of water and one and one-half pounds of ice and chopped ice in glasses.

Boston Cream.—Take three quarts of water and one and one-half pounds of sugar, two teaspoonfuls of lemon extract, two ounces of tartaric acid, and the whites of two eggs. Boil the water and allow it to get cold, then stir in the other ingredients, beating the whites until stiff. Mix well and pour into bottles and keep in the ice chest. When serving put a pinch of soda in a glass, half fill the glass with ice and fill with the cream. Drink immediately.

Chocolate Strip.—This will keep if kept in the ice chest until it is used: Take three squares of chocolate, one ounce of cocoa, one and one-half pounds of sugar and a pint of water, one and one-half teaspoonfuls of vanilla. Boil the cocoa in one-half cupful of water in a double boiler ten minutes, grate the chocolate and mix it with one-third of its measure in sugar; add this to the boiling cocoa, stirring constantly, then add the remainder of the sugar and boil for two minutes. Remove from the fire, strain and cool and add the vanilla. Add a tablespoonful of the strip to cold milk or lemonade, top with a marshmallow or spoonful of cream.

Blackberry Sherbet.—Strain the juice from a quart of preserved blackberries; add half as much water as juice and sugar. If not sweet enough, add a tablespoonful of lemon juice. Press to a pulp, then add the whites of two eggs beaten stiff, and cream of tartar, and strain through a fine sieve. Cook and serve with whipped cream. Chocolate or cocoa may be served in the same way.

Good food habits are an important part of personal hygiene and thrift. Children get used to eating suitable amounts of suitable foods served to them and they begin to expect to eat what is set before them.

### WORTH WHILE DISHES

The following dish is one much prized by our Belgian friends and is most tasty.

Belgian Hash.—Soak one-half cupful of prunes, one-half cupful of currants over night, add two finely chopped heads of a pig cooked until the meat drops from the bones, one-half cupful of sugar and three-fourths of a cupful of vinegar with one-fourth of a cupful of water, a half nutmeg grated and a little salt. Put into the oven and cook until the liquid is absorbed. More sugar is liked by some, but to the person not used to sweet meats the above will be plenty.

Coiled Eggs.—Take three cupfuls of bread, add one cupful of a cupful of butter, one cupful of sugar, with nutmeg and cinnamon for flavoring. Mix well, then add two eggs slightly beaten, mix and roll out rather thin, cut in rounds, put a spoonful of jam or jelly in the middle, pinch the edges together, smooth into a ball and fry in deep fat. Roll in powdered sugar when cool and serve with coffee.

English Crumpets.—Dissolve one-half a yeast cake in one-quarter of a cupful of warm water, adding half a teaspoonful of sugar. Mix together a cupful each of milk and flour, one tablespoonful of lard and add it. Cool and add to the yeast with enough flour to make a soft batter. The thickness of the batter determines the success of the crumpet. Cover the bowl containing this mixture and let it rise in a warm place until double its bulk. Heat a griddle and grease it with pork fat. Grease nutmeg rinds and place them on the griddle. Fill about one-third full of very soft sponge and let the crumpets bake slowly until double their height. Then increase the heat by raising the crumpet very hot and continue baking until the crumpets are brown on the bottom. When done they are white, soft and full of holes on top. Lay away in pairs, tops together, until cold. Then heat and spread them with butter, serving them plain hot.

Marie Maxwell

### NOT REAL RULERS

European Monarchs in the Main Mere Puppets.

Writer Points Out That Courtiers and Ministers Actually Exercise Power Accredited to Kings.

Writing in the Praeger Tagblatt, a staff correspondent points out that times are past when the glory of a congress consisted in the number of kings taking part in it.

"The year 1915 is sometimes looked upon as the boundary line between two periods, but long before this date the idea had developed which no longer allowed one man to decide the fate of a nation merely because of his birth or 'divine right,'" he writes.

"A proof of this is that the czar, and the special way in which Wilhelm II liked to incorporate the German kaiser idea, were regarded for years as something exceptional. But did even this system really represent a form of rule in which the will of the crowned head alone governed?"

"It is true that nowhere else would it have been possible for a great chancellor, like Bismarck, to have been dismissed because his dictatorial manner did not please a young prince, nor for the most efficient of his successors to have suffered the same fate because he failed to regard the tactless indiscretions of the ruler as the outcome of imperial wisdom.

"But perhaps this personal rule was less the rule of one person than was generally believed. Was it not rather to have suffered the same fate because he failed to regard the tactless indiscretions of the ruler as the outcome of imperial wisdom.

"And when we are told that for three years during the war, the Austrian senate was not summoned, so as not to excite the old emperor, Franz Joseph, with home politics, it is probable that the real reason was rather the minister's desire for peace and quietness, who, by pointing out the necessity for the monarch's will being provided for himself uncontrolled and undisturbed rule.

"Nowadays in countries where the institution of ruler still exists the office rather diminishes than increases the natural power of expansion of a personality. Among the kings now ruling in Europe there are some who are said to possess unusual abilities. But the most humble member of parliament with a good pair of lungs has more influence than they.

"It is characteristic that the office which in free states administers the head of a state, is made as a separate body of the executive power by the monarch after being presented and sent to become a permanent institution in the political system to be maintained by the monarch.

"King Victor Emmanuel was received with the usual ceremony in the city of Rome, and attended to the incident with more interest in what those men had to say who really rule, such as Lord George, Potocara, Titcherlin and Rathena.

He did That Very Thing.

### DOROTHY MALONE

Dorothy Malone of Wisconsin, who is attracting widespread attention by her piano playing. In his little fat, just three years of age, she is the most difficult selection.

### TERRIFIC EXPLOSION OF AMMONIAC TANK

Blast and Fire Cause 600 Packing Plant Employees and Stampedes Animals

Detroit.—Explosion of an ammoniac tank located in a boiler room of the Webb Packing Company resulted in the deaths of four employees and damage to the plant that will require the suspension of operations for several days.

The body of Robert J. Kelly, a fireman, was taken from the boiler room immediately after the explosion, but the three others could not be immediately reached. They were taken to the hospital.

### SHIPPERS WILL REED

Labor Council Votes To Protest To House and Senate.

Cincinnati.—The general condemnation of the ship owners by the American Federation of Labor convention, held in Cincinnati, was expressed in a letter asking Congress to pass the measure under threat of extra session. The convention is voted to send a protest against passage of the bill to Senate and House leaders.

The bill was termed by the resolution adopted by the convention as a "viciously devised scheme to strip certain classes of people of their American citizenship and to provide a passport which is to be used for purely selfish purposes."

Blayer Cleared Under Wisconsin Law. Wauch, Wis., the Wisconsin law was broken by a man who was placed on trial for the murder of Earl Cook, and was acquitted. The jury took only a few minutes to bring in a verdict of acquittal after testimony had been given by the man's wife and had been given in evidence to the man's lawyer.

Adds Graduate to Family. Venice, Cal.—J. P. H. Hott think the most likely way of something and had a large family, for some time in the home. Five other children were found for him and his wife. They weigh from 100 to 150 pounds apiece and are healthy.

Food Prices Show Slight Increase. Washington.—An increase of two cents of one per cent in the retail cost of food to the average family from April 15 to May 15 was announced in an analysis of the cost of 43 food articles marketed in 21 important cities.

Student, Shot By Policeman, Dies. Chicago.—Frank J. Hahn, a student, died from wounds inflicted by William Hahn, a policeman, who was thought to have shot him in a case of mistaken identity. The young man and another man who was in the car were being sought. Hahn said he was summoned by the driver of the taxicab, and that when he approached and ordered Hahn out of the car the latter attempted to flee. The policeman fired and Hahn fell.

### STORM KILLS 25; 50 OTHERS HURT

Wisconsin Cyclone Wipes Out Whole Village and Hundreds of Homesteads

Wire Service Is Crippled

Twister Cuts Wide Path Through Four Counties—Picks Up Barns, Houses and Small Buildings—Much Livestock Is Destroyed.

Milwaukee, Wis.—A cyclone that cut across four counties of Wisconsin, wiping out a whole village and obliterating 100 homesteads is known to have killed 25 and injured 50.

Starting in the far west corner of the state in St. Croix county, the twister slashed a wide swath north and east through Polk county, then across the southwest of Barron county, a Barron county village.

Wire communication in the stricken area is practically cut off. Messages received here accounted for 25 dead and estimates of the injured killed in the vicinity of Prairie Farm, a Barron county village.

### 600,000 FIRE SWEEPS REPORT

Flames Destroy 30 Blocks of Suptown At Arverne, Long Island.

New York.—Blackened ruins replaced a devastated area on a 100-acre tract in Arverne, L. I., one of the larger summer resorts around Long Beach, N. Y.

Thrilling rescue featured the efforts of the firemen from three brigades to save the residents in the stricken section. About 30 women were removed to hospitals.

The origin of the fire is unknown. Soldiers were sent to the scene with orders to shoot those who might attempt to loot.

"Gorps" Gits Up In Coffin. New York.—An hour after he had been prepared for burial Mrs. Rebecca Gorps sat up in her coffin. Physicians had summoned the woman's children and relatives after she had suffered a paralytic stroke and she was pronounced dead. Ice was packed about her body and candles were lighted. Neighbors, who came in to console the woman's children, were gathered about the coffin when the body stirred. Mrs. Gorps sat up and asked for a drink. Physicians said that she would recover.

Scolded Girl Shoots Father. Hazard, Ky.—Evelyn Pass, a 16-year-old girl, was arrested on a charge of killing John Pass, aged 55, her father, because he reproached her for a love affair. She fired one shot from an automatic pistol, the bullet penetrating the brain, according to the authorities.

### CITY INUNDATED BY CLOUDBURST

Many Families Are Trapped By Waters Rushing Out Of Reservoirs

HUNDREDS FLEE FROM FLOOD

Telephone Operators Spread Alarm Through New York Towns—Faucets Opened to Relieve Abnormal Pressure—People Rescued in Boats.

Port Jervis, N. Y.—Fire and a half inches of rain falling in five hours drove hundreds of families from their homes, trapped others in their houses until rescuers arrived in rowboats, waded homes away in streets to a depth of 75 feet, flooded industrial plants and stocks of merchandise and destroyed tracks and roadbeds of the Erie and D. L. & W., the damage totaling \$500,000.

Water poured over the stout walls of three reservoirs of the local water system, but the walls held. Had they given way, as was feared for a time, much of Port Jervis would have been wiped out.

Water rose so rapidly in the dams that Dr. W. L. Caddack, the president of the water company, notified Police Chief E. V. Morehead to warn citizens whose homes lay along the path of the overflow. Police and firemen in automobiles and on foot went from house to house in the sections of the city which were threatened, rousing the residents and urging them to get away in boats.

Florence Jacobs and Lillian Millham, the night operators of the telephone company, spread the alarm by telephone along the zone which was soon to be flooded. Men, women and children, in bathrobes and overcoats, carrying bundles of clothing, rushed from their homes just in time.

Fishermen's boats on the Delaware and Neversink rivers, which meet at Port Jervis, were used in scores of rescues. Four fishermen were taken from the top of a barn and a mother and three children were taken off a roof. At the same time, several boats were used to rescue people who were trapped on the reservoirs.

Two Women Die in Fire. Minneapolis, Minn.—Two women were burned to death in a fire which destroyed the National Laborers Club at Minneapolis Beach, Lake Minnetonka, near here. A dozen guests and employes, among the 100 persons forced to flee, were injured. The loss to the building is estimated at \$250,000. The fire started at 11:30 p. m. in the spacious hall room. A smoldering cigaret was believed by firemen to have been the cause.

Flares Cremated Under Weights. Louisville, Ky.—First Lieutenant Robert E. O'Hanley, army air service, and Sergeant Arthur Opperman of the photographic section, Eighty-eighth squadron, were burned to death when their airplane fell near a crowd of spectators at a benefit air circus exhibition here. The wreckage burst into flames. The two dead airmen were first of the field and intended to photograph stunt flying, which was to have been part of the air circus.

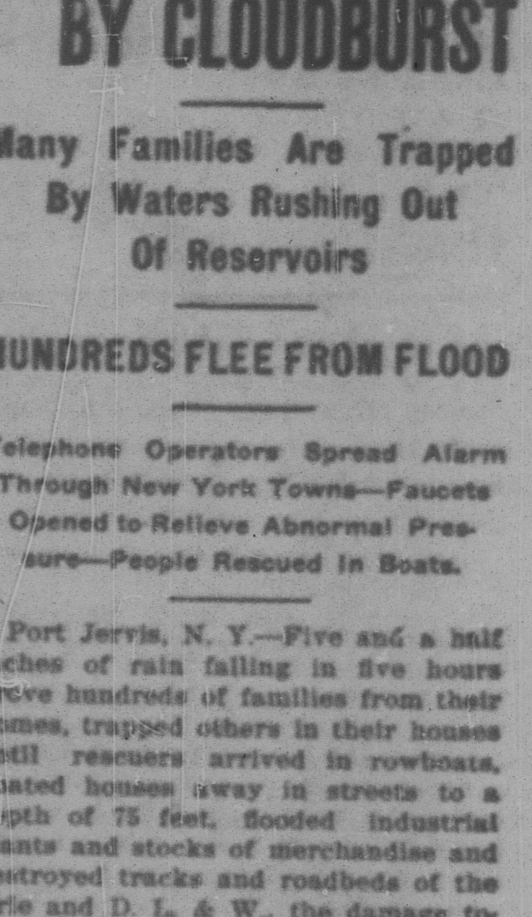
Five of Family in Auto Killed. Royal Center, Ind.—Five persons, all members of one family, were killed when a Pennsylvania Railroad train struck an automobile at a road crossing near here. They had driven from outward to this town for a Sunday visit with relatives, and were returning home when their machine was struck.

Mount Vesuvius in Eruption. Naples.—Activity of Mount Vesuvius, which is belching forth incandescent lava to a considerable height, is spreading alarm among inhabitants of Naples and vicinity, and many spend each night on the shore, ready to put out in boats at the first indication of serious danger.

Blaze Destroys Coast Speedway. San Francisco.—The Greater San Francisco Speedway at San Carlos, 20 miles south of here, an automobile racing course of wooden construction throughout, was destroyed by fire, with an estimated loss of \$200,000.

Big Contracts for Equipment. St. Louis, Mo.—Contracts for new freight and passenger equipment to cost approximately \$1,000,000 have been awarded by the Washburn Railway Co. to the Washburn Railway Co. The order includes 1,500 freight cars and 25 passenger coaches. In addition to these are the American Refrigerator Transit Company, the subcontractor, and the Washburn and Missouri Pacific Railroad, who ordered 2,000 refrigerator cars.

### Gov. Robert A. Cooper



Gov. Robert A. Cooper of South Carolina, selected by President Harding to fill the vacancy on the farm loan board caused by the resignation of A. F. Lever of North Carolina. Governor Cooper is a Democrat.

### ANOTHER BIG CUT IN RAILROAD WAGES

Walkout Ballots Are Pouring In As New Reduction Is Made

Chicago.—The United States Railroad Labor Board has signed a decision cutting between \$20,000,000 and \$30,000,000 from the wages of additional classes of railroad employes, principally clerks, station employes, express handlers and signalmen.

The new order, which will bring recent wage cuts by the board to \$133,000,000 annually, will affect approximately 300,000 men and will be effective July 1, when the maintenance of way and shop employes will receive wage reductions.

No decision is immediately in sight for a wage cut for the \$4,000 railroad photographers, according to the officers of the labor board. This class of employes will not receive a reduction until August, according to past information.

The pending decision is signed by the three railroad members and the three public members. A dissenting opinion by the three labor members will be entered in which the reduction will be criticized as being "unfair and unjustified."

Sees Selling Legal Outside Zone. Washington.—Sale of liquor outside the three-mile zone on shipping board steamers and other ships flying the American flag is legal, the shipping board has decided. Chairman Lusk made this known in a letter to Adolphus Busch III, who transmitted a letter from his father, Augustus Busch, president of the Anheuser-Busch, in which it was charged shipping board vessels were selling all kinds of liquor and that this was a violation of the Volstead law.

Fire Causes \$250,000 Damage. New Kensington.—The entire block on Fifth avenue between Eighth and Ninth streets, in the heart of the business section, was threatened by flames when fire of undetermined origin started in the basement of the W. Riley Alter building and quickly enveloped the three-story brick structure, causing a loss estimated at more than \$250,000. Two firemen, George E. Sparks, 34 years old, and Miss Margaret McGrath, 18, to wait for an hour at the Holy Cross Catholic Church, and that leave without witnessing the marriage ceremony. Mrs. McGrath's husband has been killed.

Gasoline Reserve Cautious Club. Washington.—The nation's gasoline reserve is continuing its recent breaking climb, stocks on hand on May 1 amounting to \$92,507,706 gallons, an increase of 30,000,000 gallons over the previous high record made of April 1, the bureau of mines announced. While production records are being broken, gasoline consumption has also taken an upward swing. Domestic production in April registered an increase of 10.38 per cent over that of April 1921.