

BENDINGER NOW IS WELL MAN THANKS TANLAC

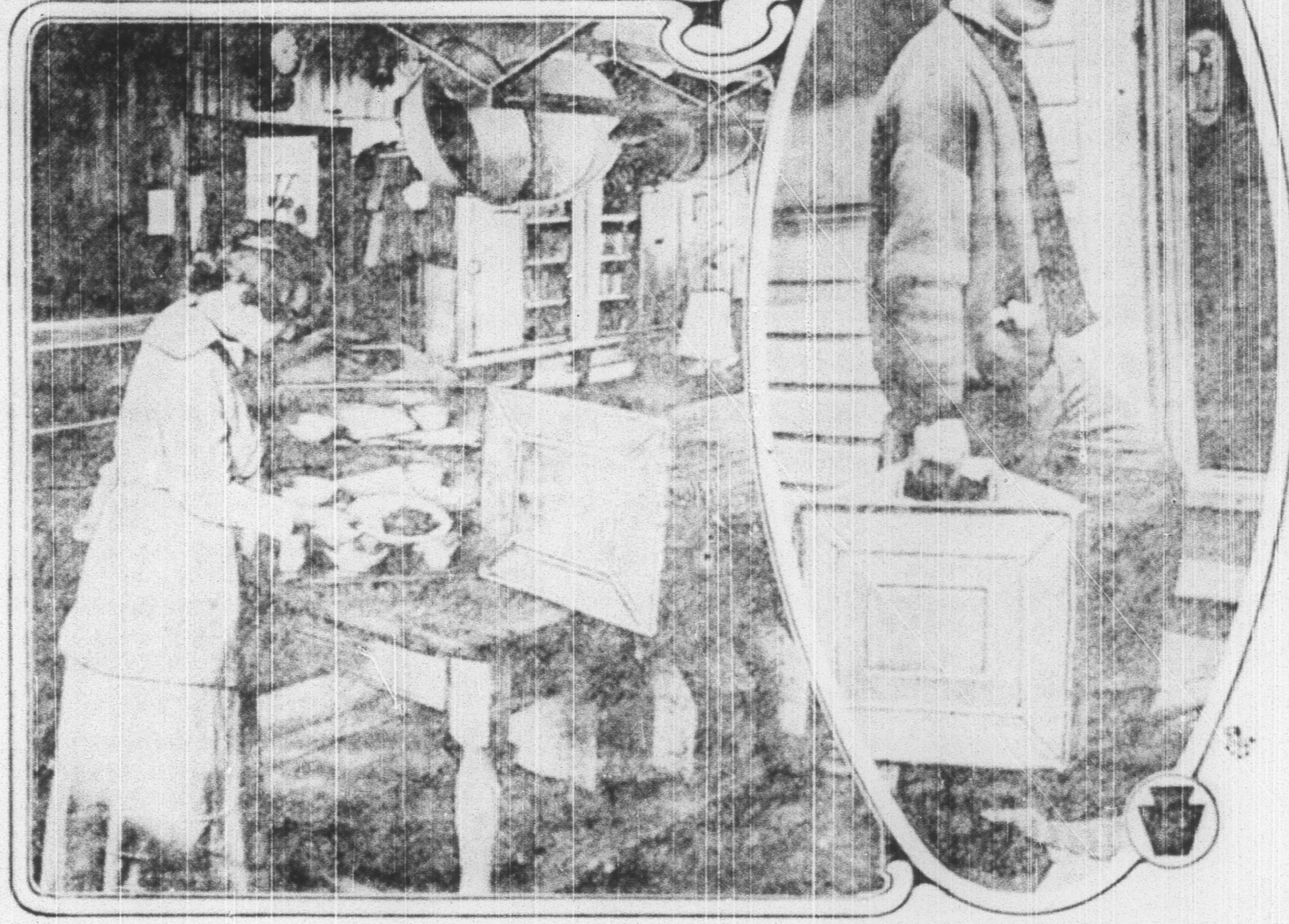
Landscape Gardener Recovers From Catarrh and Lung Trouble Praises Medicine

Catarrh and lung trouble had made life a burden to John Bendinger, the well-known landscape gardener, of Crafton Heights, near Pittsburgh, Pa., until Tanlac quickly made him a well man.

He said: "My head was stuffed up all the time and there was continual annoying buzzing in my ears. I could not breathe unless I had my mouth open. I also had sharp pains in my lungs and right side. I was restless all night, my nerves being bad, and I just took naps all night long, being unable to sleep sound and getting up in the morning all fagged out and more tired than when I went to bed. I was hacking and spitting all the time, especially in the morning when I got up, as my throat and head were filled all the time with mucous matter. I had no appetite and when I did eat, the food laid on my stomach like a heavy load and I would get dizzy and my head would have a full feeling. My bowels wouldn't work right and I was taking all kinds of remedies, but they did me no good."

"I read about Tanlac in the papers and bought a bottle and got relief from the start. I have been getting better right along and now feel fine. Tanlac is now sold in Patton exclusively by the Gunn Drug Co., where the premier preparation can now be had.—Adv.

Hot Meals for Invalids



The Mont Alto Sanatorium is built on the cottage plan. Each cottage has four rooms, each accommodating two patients, with a central dressing room.

The patients have their meals at a main dining building. When patients are not feeling well the nurses or doctors sometimes order them to remain in their rooms. Of course they must be served with their meals, and in order that these may arrive warm and palatable a special food container has been designed by Commissioner of Health Samuel G. Dixon, which makes it possible to carry the food from the kitchen to the cottage without losing its heat. This adds materially to the comfort of those who are temporarily unable to go to the dining room.

In connection with the Sanatorium there is a hospital with a capacity of two hundred beds, where those patients who are confined to their beds for any length of time can be given every comfort.

J. A. SCHWAB, President. M. D. BEARER, Cashier.
Dr. J. I. VAN WERT, Vice President. D. G. DUMM, Ass't

THE GRANGE NATIONAL BANK OF PATTON, PA.

Capital	\$60,000.00
Surplus	20,000.00

ORGANIZED AUGUST, 1906

Deposits Dec. 31st, 1906	\$ 76,774.52
" Dec. 31st, 1907	201,963.18
" Nov. 27th, 1908	226,256.08
" Sept. 1st, 1909	279,279.00
" Sept. 1st, 1910	321,625.73
" Dec. 31st, 1911	421,612.64
" Nov. 26th, 1912	509,559.52
" Aug. 9th, 1913	576,741.96
" Sept. 12th, 1914	617,447.39

3 PER CENT Interest Paid on Time Deposits

SAFE DEPOSIT BOXES FOR RENT

Drafts Issued on all Parts of the World. A General Banking Business Transacted.

We Solicit Your Accounts

The First National Bank

PATTON PENNSYLVANIA

Capital paid up	\$100,000.00
Surplus	75,000.00

ESTABLISHED 1893

The Oldest National Bank in Northern Cambria

A general banking business transacted. We invite personal interviews or correspondence with firms and individuals wishing to establish or change their banking relations.

INTERESTS PAID ON TIME DEPOSITS

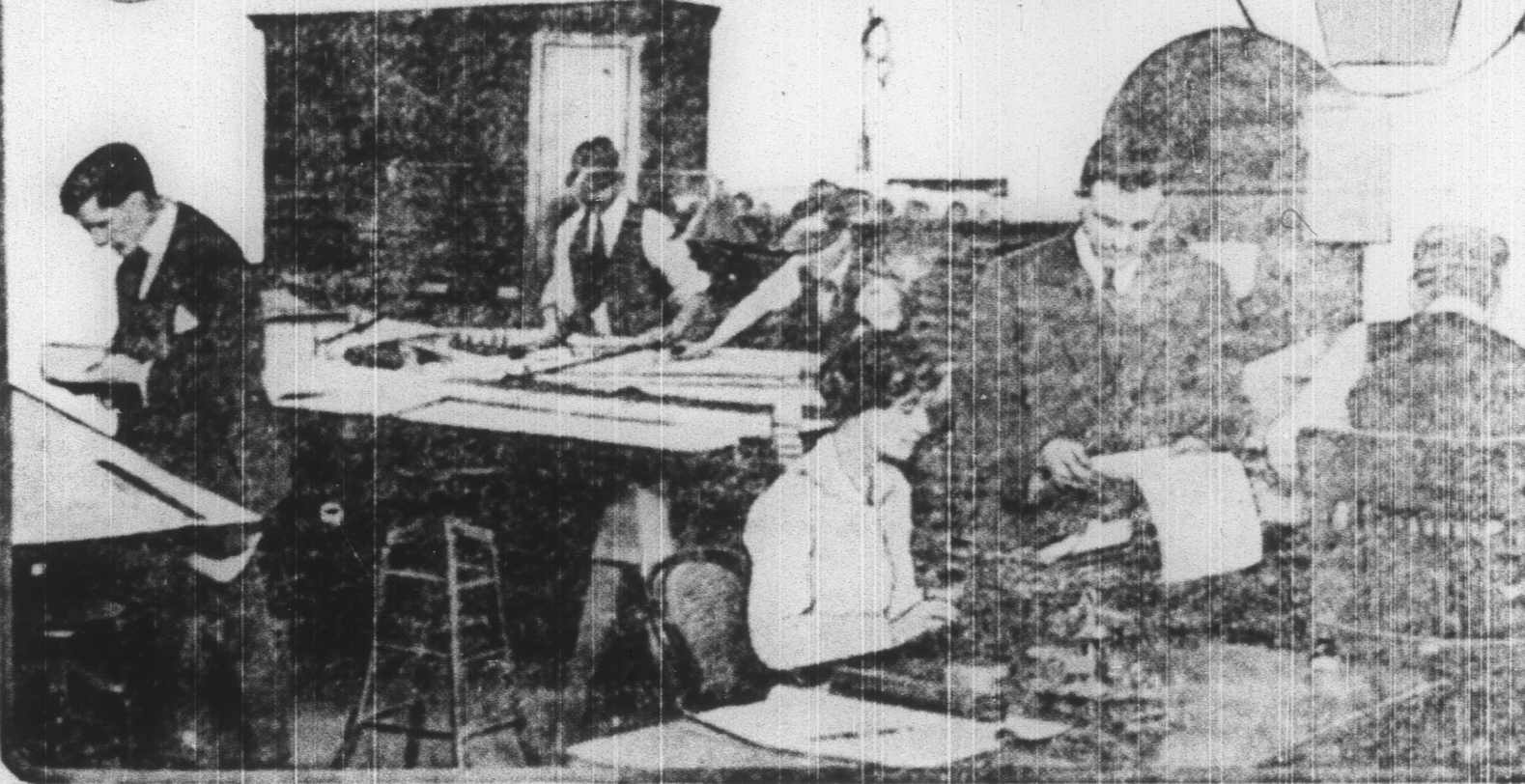
Steamship Tickets for all the leading Lines; Foreign Draft payable in the principal cities of the world.

Safe Deposit Boxes for use of our patrons furnished free. You should have one or more of our Saving Banks in your home. Will teach the children practical lessons of economy.

WM. H. SANDFORD
President.

FRANK L. BROWN
Cashier.

MAKING MAPS TO FIGHT DISEASE



Every soldier knows that maps are essential to carrying on a campaign against disease as that of any other warfare.

In the State Department of Health at Harrisburg there is one section devoted to the making of maps. These are more complete and accurate than any maps which have heretofore been made of the State. They show in the most minute detail the water courses and the area which they drain, with every building exactly located.

When epidemics occur these maps play an important part. In the files of the Department of Health are the reports of watershed inspectors who cover the sheds of those streams which are a source of public supply and abate nuisances and stream pollution.

When epidemics occur Commissioner of Health Samuel G. Dixon can call for these detail maps of any section of the State and with the reports from his officers in the field, deal intelligently with the situation.

DEFENDING HIS CHAMPIONSHIP



Behold the Junior Checker Champion of Mont Alto defending his title. Contests are necessary for healthy boys of all ages and these little chaps who have the misfortune to be suffering from tuberculosis are denied the privileges of strenuous exercise which serves youth in the majority of instances to settle all questions of superiority.

There are over a hundred boys between seven and fourteen years of age in the State Tuberculosis Sanatoria. They are a bright set of youngsters despite their physical handicap, and it requires no small amount of ingenuity to keep them occupied and happy.

Rest, fresh air, sunshine, and good food are the things needed to give them a fighting chance. Knowing the demands of childhood, however, Dr. Samuel G. Dixon, Commissioner of Health, has provided open air schools, nature studies, games and other recreations which will not overtax their bodies.

It is surprising what an amount of interest can be aroused in a game of checkers when the youthful contestants each master their own crowd of admiring supporters.

FOR BRONCHITIS, WHOOPING COUGH, CROUP, COLIC AND COLDS

Make the Best Remedy of Home—Be Responsible for 5 cents.

Every child should have a bottle of this medicine in its home. It is the best remedy for all the ailments mentioned above. It is a simple, safe, and effective remedy that can be used by anyone. It is made from natural ingredients and is free from any harmful substances. It is a true home remedy that will save you a great deal of money and trouble. It is a must for every household.

WILL DEDICATE TABLET TO FATHER GALLITZIN

To perpetuate the work and achievements of Prince Gallitzin, noted Catholic missionary, who spent many years among central Pennsylvanians, Columbus council No. 129, Young Men's Institute, Altoona, will unveil a beautiful bronze memorial tablet at Prince Gallitzin spring on the Fountain Inn highway, Sunday, June 18.

While plans for the formal ceremonies are yet in embryo, an elaborate program is being formulated and the event promises to attract thousands from Blair, Cambria and nearby counties. Prominent Catholic and Protestant clergy and fraternal organizations of Altoona will be invited to participate. A special train from Altoona is to be operated via the New Portage road and other transportation facilities will be provided. It is also probable that a special train will be run from Johnstown.

NANTY-GLO IN NEED OF MANY MINERS

Nanty-Glo, May 22.—According to coal operators, improvements are now about to be undertaken in the vicinity of Nanty-Glo, which will increase the force of miners in Nanty-Glo, not less than 400 men.

For some time past the Elbensburg Coal Company, as well as other mining companies, have been making preparations for infilling coal upon a larger scale. Test holes have been put down and cores have been taken and sent to the Eastern offices of the Coal Company.

New openings are to be started and with the advent of the New York

Central Railroad, which will be operating trains late in the fall, a much greater tonnage will be shipped from Nanty-Glo and vicinity.

The Pennsylvania Railroad has also been on the job and each day for the past two months has seen one or more of its work trains in Nanty-Glo, putting in new sidings and making extensive improvements to its shipping facilities. That the work is being pressed rapidly and is seriously regarded by the P. R. R. Company is noted from the fact that the division superintendent's special train carrying railroad officials makes a couple of trips each week to Nanty-Glo on a tour of inspection.

All business looks for a new lease of life in the Nanty-Glo field and every body seems to be preparing for it. It is stated that during the past 12 months the Southern Cambria Street Railway company has greatly increased its receipts due to the heavy traffic in and out of Nanty-Glo, and every business seems to be getting or preparing to get its pro rata share of Nanty-Glo's coming prosperity.

BERINGER

James Langham and family autoed to Clymer on Sabbath.

Dr. E. T. Ealy was a caller here last week.

George Beringer spent last week in Barnesboro.

Mrs. W. Biterbaugh and daughter Anna, were Cherry Tree callers last Monday.

Our town was well represented at the carnival at Barnesboro last week.

Memorial day was observed here with fitting exercises.

Suppose you start an ad here and if it doesn't pay stop it.

GARMAN

Issac Waltons of 1915, Cincsy and Cowan, Casey and Jones made a week's sojourn in Clinton county, catching 196 speckled ones, and still there's more.

Cowan while climbing through a clump of laurel just above the junction of Big and Little Birch found a skeleton of a deer with spikes about three inches long, but wasn't able to make out the initials on same. Whether Dunsmore, Berkable, Gaunter, or the notorious Hunter and trapper Daniel Boone Myers.

Get your Chautauqua ticket from Weston or George, \$1.00 or \$2.00, according to your looks. If you look over 14 years better get the \$2.00 cut.

W. D. Myers moved to the Susan Johns, house Monday morning and Dick Beck reports seeing several ghosts going up stream Monday evening early. We never credited Dudley with being ugly enough to scare ghosts.

That Memorial exercises at 2 P. M. Melbywell graveyard, promises to be very extraordinary service. In addition to other exercises there were special offerings by Sunday schools and the following speakers: Rev. J. A. Ertmer, and Attorney W. F. Dill, Professors Stephens and Patterson, and that eloquent old G. A. R., John Anderson, Sr.

Rev. Smith Harvey, of Benedict, delivered an eloquent evangelistic appeal to the assemblage at Salt Well, Sunday 3 P. M., after which Rev. Guy Gooderham administered baptismal rites to the following: Anna Shank, Henry Patterson, Lilly Patterson, Sade Keith, P. E. DeHaven, and Mrs. Harry McCluben, the very large crowd was dismissed after prayer by E. A. Lowmaster.

Jake has purchased a Packard, the one formerly owned by William Weekland.

Bill Oaks, of Clymer, was in town Saturday night.

Blaine Repine was hurt by a fall of rock in Beringer Mine Tuesday, about 9 A. M.

The blacksmith shop at Datsy burned down Saturday about 1 P. M., destroying harness, collars, tools, kss, and dynamite, etc. For Woodland Beringer but by luck it also burned a fine lot of tools belonging to Pennington and Mitchell and pick handles of various mines.

Now deerlayer Sam DeHaven is carrying mail and Gomer is rocking the baby.

Madge McMullen has returned from Coalport.

The members of Washington Camp 718, accompanied by the band will visit Latrobe June 14, and be in the grand parade at 7:45 P. M.

June 17, about 60 autos loaded with delegates, from Johnstown and other parts of Cambria, county will visit Kimmel Council. Say that old hollow will be some noisier.

The P. O. S. of A. will hold a preliminary meeting in George's hall Monday evening June 5.

And Baldy got his hair cut. Get that corn planted?