

WHERE TUBERCULIN IS MADE



The State physicians chosen by the Commissioner of Health, Samuel G. Dixon, for their particular ability in the diagnosis and treatment of tuberculosis, become through the broadest possible experience with every variation of the disease, exceptionally skillful.

There are twelve thousand patients constantly under treatment at the one hundred and fifteen State Tuberculosis Dispensaries and the State Sanatoria at Mont Alto, Cresson and Hamburg. This small army of sufferers contains cases of all types and conditions.

While rest, fresh air and good food are the primary factors in the treatment of the majority of cases of tuberculosis, there are many complicated cases which require special treatment, and in certain phases of the disease, tuberculin is used with excellent results. This is a fluid extract of tuberculosis germs, which is given by hypodermic injection. All of the tuberculin used in the Dispensaries and Sanatoria is manufactured in the Department of Health Laboratory under the personal direction of Dr. Dixon. The picture above shows the process of filling the hypodermic syringes with tuberculin.

THE EXHILARATION OF OUTDOOR SLEEPING



Despite the wintry blasts and the fact that the thermometer has been near zero, many patients of the 115 State Tuberculosis Dispensaries throughout Pennsylvania have been sleeping in the open. To one unfamiliar with the exhilaration of sleeping out of doors, this may seem indulging in an extreme. Few who have once formed the habit can ever be induced to again sleep indoors for, contrary to appearances, out-of-door sleeping should not mean exposure to the cold even at this time of year.

In the circular on tuberculosis issued by Commissioner of Health Samuel G. Dixon, the following paragraph gives instruction for making a "Klondike Bed."

"Sleeping in the open air should not mean shivering in bed. Therefore you should learn how to make your bed. This can be readily accomplished in some such fashion as this: Take four blankets and lay them open, one upon the other, on the mattress. Fold them under so that the edges nearly meet in the middle. Then turn them well under at the foot. Thus you will have made yourself a sleeping bag. Now throw a fifth blanket over the whole so that it can be pulled up loosely to the neck, tuck the sides of it securely under the mattress. Slip down into the sleeping bag from the top and tuck in snugly about the shoulders. Wear a snug sleeping cap with a tuff protecting the neck and top of the shoulders."

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GRIDDLE
AT A SAVING OF \$1.40

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At great expense we are seeking to place a Karo Aluminum Griddle in the homes of all Karo users, so that Karo—the famous spread for griddle cakes and waffles—may be served on the most deliciously baked cakes that can be made.

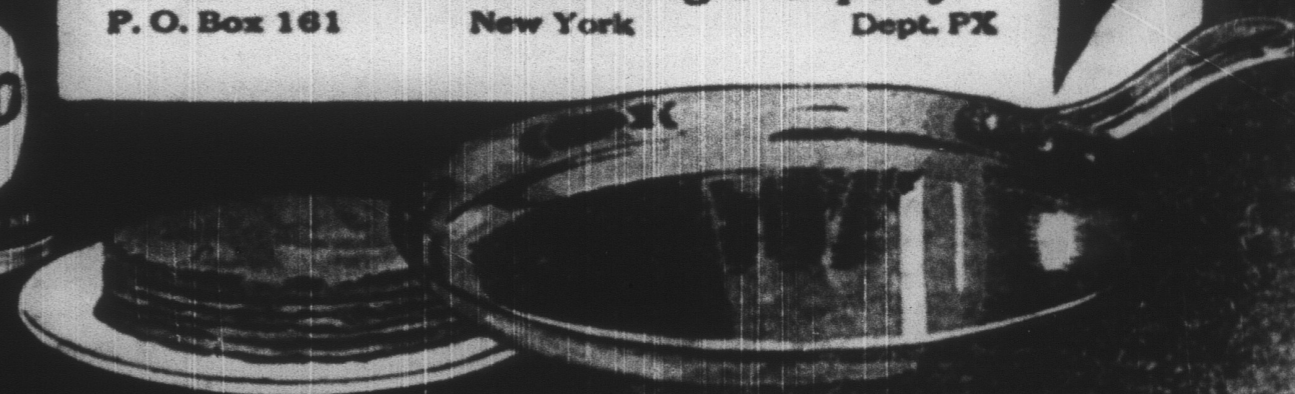
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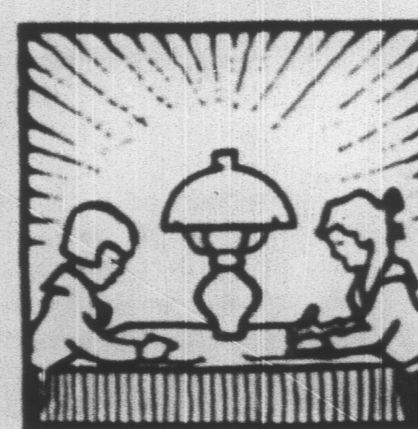
Get 50 cents' worth of Karo from your grocer at once, and send the labels and 85 cents (P. O. money order or stamps) to us and get one of these Aluminum Griddles by prepaid parcel post.

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