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HAD GIVEN UP ALL HOPE CONFINED TO HER BED WITH DYSPEPSIA.

"I Owe My Life to Pe-ru-na," Says Mrs. Huffaker.

Mrs. Mittie Huffaker, L. R. No. 3. columbia, Tenn., writes:
"I was afflicted with dyspepsia for everal years and at last was con-ned to my bed, unable to sit up. We tried several different doctors with-

t reier.

'I had given up all hope of any re
f and was almost dead when my

sband bought me a bottle of Pe-

"At first I could not notice any benefit, t after taking several bottles I was red sound and well.

"It is to Peruna I owe my life to-"I cheerfully recommend it to all suf-

Revised Formula.

"For a number of years requests have some to me from a multitude of grateful friends, urging that Peruna be given a slight laxative quality. I have been experimenting with a laxative addition for quite a length of time, and now feel gratined to announce to the friends of Peruna that I have incorporated such a quality in the medicine which, in my opinion, can only enhance its well-known beneficial character. S. B. HARTMAN, M. D."

Queen Alexandra's Attendants. There are in all 15 ladies in personal attendance upon Queen Alex-andra, the first being mistress of the robes, then the ladies of the bed chamber and maids of honor.

DON'T MISS THIS.

A Cure For Stomach Trouble—A New Method, by Absorption—No Drugs.

Do You Belch?
It means a diseased Stomach. Are you afflicted with Short Breath, Gas, Sour Eructations, Heart Pains, Indigestion, Dyspepsia, Burning Pains and Lead Weight in Pit of Stomach, Acid Stomach, Distended bdomen, Dizziness, Colic? Bad Breath or Any Other Stomach Tor-

Let us send you a box of Mull's Anti-Belch Wafers free to convince you that it

Belch Wafers free to convince you that accures.

Nothing else like it known. It's sure and very pleasant. Cures by absorption. Harmless. No drugs. Stomach Trouble can't be cured otherwise—so says Medical Science. Drugs won't do—they eat up the Stomach and make you worse.

We know Mull's Anti-Belch Wafers cure and we want you to know it, hence this offer. This offer may not appear again.

GOOD FOR 25c.

5266

Send this coupon with your name Send this coupon with your name and address and your druggist's name and l0c. in stamps or silver, and we will supply you a sample free if you have never used Mull's Anti-Belch Wafers, and will also send you a certificate good for 25c. toward the purchase of more Belch Wafers. You will find them invaluable for stomach trouble; cures by absorption. Address MULL'S GRAPE TONIC Co., 328 3d Ave., Rock Island, Ill.

Give Full Address and Write Plainly.

All druggists, 50c. per tox, or by mail upon receipt of price. Stamps accepted. In Milan there are 38,000 families

living in one room each.

W. L. DOUCLAS *3.50 & *3.00 SHOES FOR W. L. Douglas \$4.00 Cilt Edge Line cannot be equalled at any price.



W.L. DOUGLAS MAKES & SELLS MORE
MEN'S 93.60 SHOES THAN MAY OTHER
MANUFACTURER IN THE WORLD.

11 could take you into my three large factories
at Brockton, Mass., and show you the infinite
care with which every pair of shoes is made, you
would realize why W.L. Douglas 53.50 shoes
cost more to make, why they hold their shape,
fit better, wear longer, and are of greater
intrinsic value than any other \$3.50 shoes
W.L. Douglas Strong Made Shoes for
Man, \$2.50, \$2.00. Boys' School &
Dress Shoes, \$2.50, \$2.91.75, \$1.50
CAUTION,—Insist upon having W.L. Douglas shoes. Take no substitute. None genuine
without his name and price stamped on bottom.
fast Color Eyelets used; they will not wear brassy.
Write for Illustrated Catalog.

W.L. DOUGLAS, Brockton, Mass.

The larm

Knowledge is power in agriculture as well as in other professions. The more a farmer knows about the facts of agriculture, and the more he practices what he knows, the more successful he becomes. The wide awake farmer is observant, and profits by his fallures as well as his successes.

Results of Feeding.

In the selection of cattle foods the farmer should keep in view the results to be expected. Some foods are more valuable, pound for pound, than others, because they differ in the relative proportion of dry substance and its composition. The digestive capacity of each animal should be known to the farmer, and he should endeavor to supply its wants.

Fill the Pork Barrel.

The farmer who raises a few pigs for his pork barrel may count the cost and affirm that pigs do not pay, but where a few pigs are raised they will consume a large amount of material that would be of no value except for their use. When the pork barrel is full the farmer is at least fortified for the winter with meat and in many cases where no pigs are kept there is a waste of material that could be utilized with the aid of at least one or two young and thrifty pigs.

To Keep Meat in Summer.

My way of keeping pork through the summer season, says Louis Campbell, of Pennsville, Ohio: I smoke it well as "Every n early in spring as I can and usually fruits recognizes as a first principle market all side meat as early as possitive right of the fruit tree to be conble. After I have it nicely smoked I take it from the smoke house and hang under the soil, or at least to be regard it on stout nails around the sides of a ed as a crop quite as exhausting in garner in my wheat granary. I just character as any grown by the farmer. hang it up without anything over it, being careful to let one piece hang so as not to touch another. I keep the granary dark so as to keep out all flies. I have tried this plan for several years and have never yet had any trouble from flies or other causes.

As scavengers, or for consuming refuse that cannot be marketed, hogs are almost indispensable in an orchard. The fattening of hogs on apples may be considered a successful method, it being certain that this fruit possesses a value for that purpose that has been of the wheat plant, but too often does overlooked, and the destruction of insects by hogs in consuming the fallen a apples has given a new value to which is not to be regarded as a speorchards and will probably check their destruction, which in some sections of the country has already progressed to a considerable extent. The animal should be allowed in the orchard from the time the fruit begins to fall until it is time to gather apples for the winter, and they will. in most cases, be found in good condition for hardening with grain and cessful. It is also safe to say that slaughtering, and the meat will be tender and of an excellent flavor. jurious." When it is necessary to put them into the pen, boiled apples mixed with a small quantity of corn, oats, peas or buckwheat meal will make them fat in a short time and fill the farmer's pork barrel with sound, sweet pork of the first quality.

The Hen and Her Brood.

When it comes to surety, safety and comfort for both the hen and her keeper, the pen system of managing the hen and her brood is the best and in the long run it is much the cheapest.

We have written on this subject before, but it is so timely now and it is to the management of the hen mothers and their little ones during the growing season, that we are writing on it once more.

The chief idea is individuality and The chief idea is individuality and comparative isolation of each hen and her chickers and in this alone with a good pair of pruning shears He—"Well?" She—"He writes that he her chickens and in this alone much is attained, for the more we divide the growing stock the more of it we will raise.

In carrying out this plan, observes H. B. Geer, a good, stout, weather and varmint proof coop is the first essential, for the chickens must have protection at night. The next necessity is a pen made of slats or wire netting, this to enclose the coop, say a space about ten by twelve feet all around it, and the fencing should be six feet high and then the flight feathers of one wing of the hen should be cut so that she can not fly out, should she be of a flighty turn. A gate at the front is,

of course, necessary.

Within a small yard of this kind one hen and her brood should be placed, but the fencing should not be so close that the little chicks cannot pass in and out, for it is not intended to confine them, but their mother. This makes a security reserve for them-a place of refuge for them from any danger, and yet they may enjoy free range at the same time. It also makes it possible to feed each hen and her brood separately, which is a most desirable condition, as it prevents mob-

bing up and overcrowding. Another thought-when the showers come up, and we are busy, we need not chase all over the place, dropping everything else, to get the hens and their chickens in out of the wet, for the hen is stationed where there is refuge all the time, and the chickens can quickly scoot in through the cracks to

In fact, this system minimizes work worry and the percentage of loss, and it really makes the raising of chickens with hens a pleasure, as well as profit-

Rape For Sheep.

It has been well attested that rape makes the quickest and one of the best | cut bone in the ration.

grown. One of our correspondents, Mr. L. C. Reynolds, says of rape:

Rape has won for itself great popularity as a food for sheep in recent years. It is grown to-day more or less upon every farm where sheep or hogs are raised. I have grown rape for sheep pasture for more than twelve years, and the more I grow of it the more thoroughly I am convinced it is one of the best sheep feeds the farmer can grow. While it does not come or as early as rye in the spring, its hardy nature makes it one of the best of forage crops. When sown under favorable conditions it will supply a large amount of palatable pasture weeks of growth, and the fact that it can be sown at any season of the year makes it one of the best general forage crops for the farmer. No sheep owner can afford not to grow rape. It can be sown during every growing season of the year and produce excellent pasture. I prefer to sow rape in drills instead of broadcast, as many do. A better stand of plants can be secured by this method, and the stock does not tramp the forage down nearly so much. I sow my rape with a hand or grain drill in rows twenty inches apart. Sow about four pounds of seed per acre. Care should be exercised not to sow the seed too deep .- Indiana Farmer.

Fertility and Fruit Growing. At a meeting of horticulturists Pro

fessor John Craig, of Cornell Univer-

"Every modern system of cultivating sidered a specific and sufficient crop Unless the fruit grower realizes and puts into practice the essential part of this principle he will fail as a cultiva tor of fruits. Experiments in orchardng conducted some years ago at the Cornell Experiment Station proved conclusively that it cost the soil more to produce twenty average crops of apples than twenty average crops of wheat. In other words, more fertility was extracted from the land in grow ing an acre of bearing appies for twenty years than in growing twenty consecutive crops of wheat. As a rule the farmer recognizes the food needs he look upon the apple or fruit tree as mere tenant of the soil, and one cific crop. Having recognized the principles, the particular method of orcharding much be worked out by the fruit grower himself. This method will depend upon soil conditions and climate. Nevertheless, it is safe to say that in which employs clean tillage for at least part of the season will be most sucall secondary crops in orchards are in-

Farm and Garden Notes.

Much labor and expense may be saved by planning ahead.

Only a few varieties should be planted in the commercial orchard.

Exercise has a decided value in lowering the cost of egg production.

The more litter in the manure, the slower the process of decomposition. Celeriac is a plant similar to celery

but more easily grown and more easily Too large quantities of fertilizers

plants.

than manure.

can not be used to good advantage. had just finished making his will." Don't forget the stock water in the He-"Did he remember us?" pasture. Stock must not be without "Yes, indeed. He has left all his

When a better price for better fruit is obtained, the difference in price pays for handling. It pays to grow the best, for that reason.

In nearly all cases animals in low when in fine bodily condition, and it home most carefully. costs more to keep them. Thinning fruit is proving such an

advantage to the quality that the plan design, he called that gentleman in is gaining ground everywhere. Better and showed him his treasure. "How prices for better fruit is the result. Some fires have occurred from care-

lessness in handling incubators and brooders. Possibly we might encase the incubator, if in cellar, in light framework covered with asbestos paper. The latter is cheap and a sure protection from overheating. Barring all the differences that may

be in individual birds and strains, it considered to be among the very best of all-purpose fowls. They are hardy, active, good layers, good mothers and of good size and good table quality.

The world would do a bad job of humorous side. A New York attorney getting along without the grower of filed an application for improvements live stock, and that same world ought in a centrifugal pump. to be willing to remunerate him for his The Patent Office declared the inand clothe another class without pay for it.

That bone has great value as a ration for poultry, both for egg production His Little Bluff,

She was such a pretty girl
That I wondered why the churl
Didn't pay
More attention to the maid—
There he sat and nothing said
While the crowded Pullman sped
On its way.

I pronounced him king of chumps
To sit silent in the dumps
With a queen,
Dainty, winsome, natty, neat,
Dancing-eyed, attractive, sweet,
There beside him on the seat
All serene.

But when they arose to go
Then I understood, you know,
In a trice
Why he had been such a bore.
For I saw upon the floor
What I hadn't seen before—
Grains of rice!
—Louisville Courier-Journal.



Can a man always be spruce without looking more or less wooden?-Puck. Many a man who knows his place has his eye on a better one.-Chicage Daily News.

Of the five senses, common-sense and a sense of humor are the rarest.-Saturday Evening Post. Some people lose sight of the fact

that of two evils it isn't always necessary to choose either. Love is responsible for two-thirds of

the happiness in the world-also for nine-tenths of the misery. - Chicago Daily News. "What makes you think Bilkins is in

love?" "I was in the room next to him and his girl, and overheard one of their silences."-Life.

The doctors gave him up, but he
Retaliated then;
He gave the doctors up, you see,
And now he's well again.
—Philadelphia Ledger.

A country gentleman is an ordinary farmer who has, however, a sufficient income to send his son to a large uni versity -- Cornell Widow

Caller-"Poetry is a gift." Editor-'Not here. You'll have to pay advertising rates to get this stuff in."-Chicago Daily News.

"I believe Jimpson would share his last dollar with a friend." "Yes, but did you ever catch him when he had one?"-Milwaukee Sentinel. "Charley looked very sick when he

returned from the races," said young "What was the trou-Mrs. Torkins. "He said his system was out of | order."-Washington Star. "By the way, Jack, what is impres-

sionism?" "It is the art of picturing something which no one has ever seep In such a way that they wouldn't recognize it if they did see it."-Brooklyn

Mrs. Cummins-"So you love grandmamma, do you, Gracie? And why do you love her?" Gracie-"Because she used to punish mamma when mamma was a little girl. I hope she used to spank mamma as hard as mamma spanks me."-Boston Tran-

"I'm free to say a friend in need,"
Quoth Mr. Horace Hodge,
"Is just the sort of friend indeed
That I desire to dodge."
—Philadelphia Bulletin.

Mr. Gardner—"Well, dear, how are the tomatoes you planted?" Mrs. Gardner—"Oh, John! I'm afraid we'!! have to buy what we need this year."
Mr. Gardner-"Why, how's that, Mary?" Mrs. Gardner-"I recollected to-day that when I did the planting I forgot to open the cans!"-Puck.

"It's no use," said the Czar, dejected-"What's the matter now?" asked his chief adviser. "Providence is helping the Japanese. Didn't you see the such a good thing—such a great help applied at one time will kill tender story of an earthquake having thrown up another island for the Japs right But few plants will thrive in a wet in the middle of their archipelago?" soil. A good drain is sometimes better | Baltimore American.

> She (six weeks after elopement)-"I good water, not for a day nor half a money to an asylum for hopeless day.
>
> | Marchine |

A wealthy manufacturer in the potteries is at present the subject of a good joke. While on a continental tour he purchased a Sevres vase for some flesh are more liable to disease than hundreds of pounds and brought it

Thinking that the foreman of his works might gather a hint from the do you like it?" he asked.

The foreman took the vase in his hand, turned it over and returned it with the brief reply: "I don't think that I can learn much from it."

'Why not?' asked the manufacturer. "I don't like telling you, sir."
"Come—out with it." "Well, I designed that vase myself.

It is a foreign imitation of our own may be said that Wyandottes are now considered to be among the very best Sent Seven-Ton Pump to Patent Office

Sometimes the rigors of Patent Office procedure are not without their

labor and risks. Indeed, no class of vention inoperative and demanded a people is under any obligation to feed working model. The Patent Office was requested to send an examiner to Trenton to inspect the machine in actual operation. This the Patent Office refused to do.

and for growth in chicks, is not a mat. The attorney, therefore, politely sent ter of dispute. The fact is generally recognized that in no other way can eggs be produced more readily, or growth made in young stock more the examiner. Twenty-growth made in young stock more the examiner of the examiner. Twenty-growth made in young stock more quickly than by the liberal use of the examiner's office.-Scientific AmerVoters Emigrating.

San Marino, the smallest republic in the world, will soon be without voters if its rate of emigration keeps up. It has only 1,700, including widows, but it is still a good republic. Recently its assembly de-cided to abolish the executive council, the members of which have been elected for life. Hereafter memebrs will be elected by the people for three years only.

Richest Senator.

Senator Clark, of Montana, the richest man in the Senate, and one of the richest men in the country, is the most solitary man in public life in Washington. He has no close

FITS, St. Vitus' Dance: Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. KLINE, Ltd., 931 Arch St., Phila., Fa.

Between 5,000 and 6,000 alcohol engines are ow in operation in Germany.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tron, allays pain, cures wind coite, 25c. a bottle The premium on gold in Haiti now varies between 400 and 500 per cent.

Good Field for Surgery.

The surgical operations on the skulls of boys in Philadelphia and Toledo, by which they were converted from incorrigibly bad boys to models of good behavior, suggest

that the scientists might find a field of work in the Senate. There is a possibility that they might discover some pressure on the brains of Senators at times.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great man y years doctors pronounced it a local disease and prescribed local remedies, and by constantly falling to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional at treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directfrom 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address F. J. CHENEY & Co., Toledo, O.

Sold by Druggists, 75c.

Take Hall's Family Pills for constination

Superstitions of Farmers.

Farmers "stick to the moon" in regard to planting corn and other crops. Some of them will not under any circumstances plant corn in moonlight nights, claiming that corn planted then will produce a tall stalk with a short ear. Others just as successful plant when they are ready, when nights are dark or moonlight, as the case may be.

Other notions are indulged in,

such as throwing the cobs inrunning water to keep corn from firing. Some farmers would under no consideration burn pinder hulls, the seed of which is to be used for planting; they must be scattered along a path or highway, to be trodden upon in

order to secure a good crop. Green butter bean hulls m thrown in a road after being shelled for table use from day to day to insure a good crop the following sea-son.—Charleston News and Courier.

Postmaster General Cortelyou's new postal note of small denominations, designed to obviate the business necessity of transmitting stamps through the mails in lieu of coins, includes special forms for 1, 2, 3, 4, 5, 6, 7, 8 and 9 cents, to be sold at their face value without a fee. The regular postal notes would represent sums from 10, 20 and 25 cents, graded by fives and tens up to \$1, besides notes of \$1.50, \$2 and \$2.50. Mr. Cortelyou has asked Congress to appropriate \$150,000 to establish the change, commencing with the new fiscal year, July 1.

BREAD DYSPEPSIA. The Digesting Element Left Out.

Bread dyspensia is common. It affects the bowels because white bread is nearly all starch, and starch is digested in the intestines, not in the stomach proper.

Up under the shell of the wheat berry Nature has provided a curious deposit which is turned into diastase when it is subjected to the saliva and to the pancreatic juices in the human intestines.

This diastase is absolutely necessary to digest starch and turn it into grane sugar, which is the next form; but that part of the wheat berry makes dark flour, and the modern miller cannot readily sell dark flour, so nature's valuable digester is thrown out and the human system must handle the starch as best it can, without the help that Nature intended.

Small wonder that appendicitis, peritonitis, constipation, and all sorts of trouble exist when we go so contrary to Nature's law. The food experts that perfected Grape-Nuts Food, knowing these facts, made use in their experiments of the entire wheat and barley, including all the parts, and subjected them to moisture and long continued warmth, which allows time and the proper conditions for developing the diastase, outside of the human body.

In this way the starchy part is transformed into grape-sugar in a perfectly natural manner, without the use of chemicals or any outside ingredients. The little sparkling crystals of grape-sugar can be seen on the pieces of Grape-Nuts. This food therefore is naturally pre-digested and its use in place of bread will quickly correct the troubles that have been brought about by the too free use of starch in the food, and that is very common in the

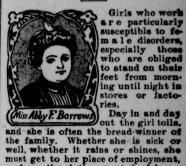
human race to-day. The effect of eating Grape-Nuts ten days or two weeks and the discontinuance of ordinary white bread, is very marked. The user will gain rapidly in strength and physical and mental

"There's a reason."

CORDIAL INVITATION

ADDRESSEDTO WORKING GIRLS

Miss Barrows Tells How Mrs. Pink



well, whether it rains or shines, she must get to her place of employment, perform the duties exacted of hersule and be agreeable.

Among this class the symptoms of female diseases are early manifest by weak and aching backs, pain in the lower limbs and lower part of the stomach. In consequence of frequent wetting of the feet, periods become painful and irregular, and frequently there are faint and dizzy spells, with loss of appetite, until life is a burden. All these symptoms point to a derangement of the female organism which can be easily and promptly cured by Lydis E. Pinkham's Vegetable Compound.

Miss Abby F. Barrows, Nelsonville, Athens Co., Ohio, tells what this great medicine did for her. She writes:

medicine did for her. She writes:

Dear Mrs. Pinkham:—

"I feel it my duty to tell you the good Lydia E. Pinkham's Vegetable Compound and Blood Purifier have done for me. Before I took them I was very nervous, had duli headaches, pains in back, and periods were irregular, I had been to several dottors, and they did me no good.

"Your medicine has made me well and strong. I can do most any kind of work without complaint, and my periods are all right.

right.

"I am in better health than I ever was and I know it is all due to your remedies. I recommend your advice and medicine to all who suffer."

It is to such girls that Mrs. Pink-ham holds out a helping hand and ex-tends a cordial invitation to correspond with her. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge. Her long record of success in treating woman's ills makes her letters of advice of untold value to every ailing working girl. Address, Mrs. Pinkham, Lynn, Mass.



increasing sales. Remember this when you want water proof oiled coats, suits hats, or horse goods for all kinds of wet work.

WE GUARANTEE EVERY GARMENT. 416

From the cradle to the baby chair HAVE YOU A BABY? If so, you ought to have a PHOENIX **WALKING CHAIR**



"AN IDEAL SELF-INSTRUCTOR."

OUR PHOENIX Walking Chair holds the child securely preventing those painful raus and bumps which areso frequent when baby learns to walk.

"BETTER THAN A NURSE."

The chair is provided with a removable, sanitary cloth seat, which supports the weight of the child and prevents bow-legs and spinal troubles; it also has a table attachment which enables baby to find amusement in its toys, etc., without any attention.

amasement in its toys, etc., without any attention.

"As indispensable as a cradle."
It is so constructed that it prevents soiled clothes, sickness from
drafts and floor germs, and is
recommended by physicians and
endorsed by both mother and baby.
Combines pleasure and utility.
No baby should be without one.
Call at your furniture dealer
and ask to see one. nd ask to see one.

MANUFACTURED ONLY BY PHOENIX CHAIR CO. SHEBOYGAN, WIS. Can only be had of your furniture deale

Drill for Water Prospect for Minerals Drill Testand Blast Holes. DRILLING MACHINES

For Horse, Steam or Gasoline Power.
Latest
Traction Machine. LOOMIS MACHINE CO.,

P. N. U. 21, 1906.

DROPSY NEW DISCOVERY; worst cases. Book of testimonials and to Days' treatment Free. Dr. H. H. GREEN'S SONS, Box B, Atlanta Ga.

PATENTS 48 p. book free. Highest refs. Long experience. Fitzgerale & Co.Dept.51, Washington, D.