

AILING WOMEN.

Keep the Kidneys Well and the Kidneys Will Keep You Well.

Sick, suffering, languid women are learning the true cause of bad backs and how to cure them. Mrs. W. G. Davis, of Groesbeck, Texas, says: "Back-aches hurt me so I could hardly stand. Spells of dizziness and sick headache were frequent and the action of the kidneys was irregular. Soon after I began taking Donn's Kidney Pills I passed several gravel stones. I got well and the trouble has not returned. My back is good and strong and my general health better."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Diet Kitchens.

There has been established in Washington a diet kitchen under the direction of a woman. The patrons of this unique shop are mostly physicians, who send their patients for such dishes or foods as will best suit their needs, very much as they send prescriptions to be filled by the apothecary. It is a practical illustration of the belief that proper food is just as necessary as medicine. The patient who has not the hospital diet cook to supervise his meals may thus be treated and avoid the ill judged kindness of family and friends.

LIMB RAW AS PIECE OF BEEF.

Suffered For Three Years With Itching Humor—Cruiser Newark, U. S. N., Man Cured by Cuticura.

"I suffered with humor for about three years off and on. I finally saw a doctor and he gave me remedies that did me no good, so I tried Cuticura when my limb below the knee to the ankle was as raw as a piece of beef. All I used was the Cuticura Soap and the Ointment. I bathed with Cuticura Soap every day, and used about six or seven boxes of Cuticura Ointment. I was thoroughly cured of the humor in three weeks, and haven't been affected with it since. I use no other soap than Cuticura now. H. J. Myers, U. S. N., U. S. S. Newark, New York, July 8, 1905."

Poison in Bees' Eggs.

M. C. Phisalis is well known for his researches on snake and other poisons. In the case of the toad and viper he has shown that the specific poison accumulates in the ova, and suggests that it plays an important part in development and inheritance. His latest studies relate to the poison of the bee's sting. Bee's eggs, he shows, contain minute quantities of the poison. 475 eggs being required to furnish enough to poison a sparrow. It is a remarkable fact that the unfertilized poison containing eggs give birth to drones, which have no poison.—London Globe.

Blind Student's Work.

One of the most interesting figures in Harvard University is Edward Ray, a blind student who hails from a small country town in North Carolina. He has mastered the most difficult courses in higher mathematics. In geology, won a degree from the University of North Carolina and is now working for the degree of M. A. at Harvard. Here he is taking some of the hardest courses in the curriculum, Gothic and Anglo-Saxon.

Costly Process.

It is said that a lot of wine stored in San Francisco was greatly improved in quality by the earthquake and fire. The incident is of interest to connoisseurs and also to scientists. But it is to be hoped it will not be found necessary to emulate the example of Charles Lamb's Chinamen with their roast pig, and have an earthquake and fire every year for the improvement of the vintage.—New York Tribune.

KNIFED

Coffee Knifed an Old Soldier.

An old soldier, released from coffee at 72, recovered his health and tells about it as follows: "I stuck to coffee for years, although it knifed me again and again. "About eight years ago (as a result of coffee drinking which congested my liver), I was taken with a very severe attack of malarial fever. "I would apparently recover and start about my usual work only to suffer a relapse. After this had been repeated several times during the year I was again taken violently ill. "The doctor said he had carefully studied my case and it was either 'quit coffee or die,' advising me to take Postum in its place. I had always thought coffee one of my dearest friends, and especially when sick, and I was very much taken back by the doctor's decision for I hadn't suspected the coffee I drank could possibly cause my troubles. "I thought it over for a few minutes and finally told the doctor I would make the change. Postum was procured for me the same day and made according to directions; well, I liked it and stuck to it and since then I have been a new man. The change in health began in a few days and surprised me, and now, although I am seventy-two years of age, I do lots of hard work and for the past month have been teaming, driving sixteen miles a day, besides loading and unloading the wagon. That's what Postum in the place of coffee has done for me. I now like the Postum as well as I did coffee. "I have known people who did not care for Postum at first, but after having learned to make it properly according to directions, they have come to like it as well as coffee. I never miss a chance to praise it." Name given by Postum Co., Battle Creek, Mich.

Look for the little book, "The Road to Wellville," in pkgs.



Childhood Elasticity.

"Twas just an average little boy of six or thereabouts; I left him full of pickles, and he left me full of doubts.

He ate bananas, sandwiches, Sweet pickles, cake and jam, Fried chicken and potato chips, Ice cream and tea and ham.

To these he added pink popcorn And quarts of lemonade. Of what, then, was his little tum So wonderfully made?

With lated breath I watched that child, Expecting him to burst. But presently, though still I gazed, I ceased to fear the worst.

For after endless candy from A green and sticky heap, That satiated infant sighed and yawned, Then, smiling, fell asleep!

What a Boy Needs.

The two most important parts of a trolley car are the motor and the brake. Let either get out of order, and there is danger ahead, says the Presbyterian Record. Power to go, and power to stop—these are the two important things for a boy to have in his life journey. A clear, strong will—these are our motor and brake, and it is our business to keep them in first-class running order. If we don't—well, whose fault is the smashing up but ours?

National Greetings.

"How can you?"—Swedish.
"How do you fare?"—Dutch.
"How do you stand?"—Italian.
"How do you live on?"—Russian.
"How do you perspire?"—Egyptian.
"How do you have yourself?"—Polish.
"How do you find yourself?"—German.
"How do you carry yourself?"—French.
"May thy shadow never grow less!"—Persian.
"How do you do?"—English and American.

A Chinese Toe-Play.

Almost the first game your little Chinese brother or sister plays is "This Little Pig Went to Market." The action of the game with the Chinese mothers is just the same as with American ones, says the Washington Star. Taking hold of the toes one by one, the mother says: "We'll whip her, we'll whip her, we'll whip her."
This little cow eats grass,
This little cow eats hay,
This little cow drinks water,
This little cow runs away,
This little cow does nothing
Except lie down all day.

What is His Name?

My first is in Violet, but not in Nook;
My second is in Album, but not in Book;
My third is in Language, but not in Flower;
My fourth is in Envy, but not in Power;
My fifth is in Nature, but not in Man;
My sixth is in Tinner, but not in Pan;
My seventh is in Iceland, but not in Cold;
My eighth is in Nugget, but not in Gold;
My ninth is in Eternity, but not in Foretold,
My whole is the name of a favorite saint.

The Sorcerer.

This game is a little mystifying to those not in the secret. One of the party is placed behind a screen in an adjoining room, where he cannot possibly see the players—or he may be blindfolded. One of the party must then call out: "Do you know Miss —?" naming one of the ladies present. "Yes." "Do you know her dress?" "Yes." "Her fan?" "Yes." "Her slippers, her gloves and her bracelets?" "Yes." "Her handkerchief, her rings?" "Yes." "Well, then, since you know her dress so well, tell me what article of her costume I am now touching." If the one behind the screen is acquainted with the trick he will answer directly: "Her bracelet," the only article mentioned which has the word "and" before it.

If the sorcerer be initiated he will probably name several articles before the right one, and for each blunder he must pay a forfeit.

This Cat Came Back.

A cat story going the rounds is to this effect: Not even a flood, in which several lives were lost, and property to the value of many thousands of dollars was carried away, can destroy the family cat and prevent it from coming back. This was illustrated by the adventure of a cat belonging to the family of John Barkley, a resident of Fort Pierre, situated at the junction of the Bad and Missouri rivers in Central South Dakota. The greater part of the resident district of the town was swept away by a flood last July, the flood being caused by a cloudburst up the Bad River. Among the buildings carried away was the home of Barkley. In the house at the time was the family cat, a big tiger-striped animal known as Tabby. Nothing was seen or heard of the cat until a day or two ago, when it calmly walked into the new home which Barkley had erected and took its place by one of the stoves. Barkley expresses the opinion that

SCIENCE

Consul Harris reports from Chemnitz that two German mechanics have invented a clever electric device for changing hymn numbers in churches.

Scientists say every stream—the entire water supply of the country—is now infested with typhoid germs, a result of great carelessness and a large population.

After a thorough test, the use of crude oil on country roads at Fresno, Cal., is declared to be a failure by local experts, and it is proposed to replace it with macadam.

Seven out of ten people have stronger sight in one eye than the other. In two cases out of five one eye is out of line. Nearly one-half of the people are color-blind to some extent, and only one pair of eyes out of every fifteen is right in all respects.

A plant, native to Japan, which furnishes a sort of vegetable leather, is being introduced into the United States. The inner bark of this plant, after being subjected to a certain process, becomes as tough as French kid, so transparent that one can see through it, and as pliable and soft as calfskin.

A French physician, Dr. Mangat, declares that the color of the clothes which a consumptive should wear is very important. The clothing should be of a kind which allows most light to penetrate it, light having a favorable effect on consumptives. Dr. Mangat recommends white stuffs, as they allow the largest number of chemical rays to pass through them, and absorb no colored rays. White linen, white velvet, cotton or cloth, but not white silk, may be used. Next to white the best colors are blue and violet.

In the disintegration of radium, by the giving off of helium, the amount of energy set free is 1,000,000,000 great calories for one gram of radium. Now to reconstruct the dissipated elements would require as much energy as was lost in their dissipation, and this explains the hopelessness of their synthesis, as no such amount of energy can be employed. How were these elements first constructed? That is a question for the students. A German physicist, W. Meigen, suggests that the dissipation of elements is an actually irreversible process, like the dissipation of wheat.

One of the latest developments of luxury is said to be the candying of fragrant flowers. The notion is not altogether new, for violets have been made into confections for the palate, as well as into bouquets for the olfactory organs, from time to time for a long period.

At any rate, says the London Globe, it seems that the fashion has got a new impetus of late, and a candied violet is coming to be regarded as an acceptable "bonne bouche" to be presented to a lady. There is also, we are told, a demand for sugared rose petals, which is being catered for by some enterprising artists in sugar. It can hardly be pretended that flowers made into "sweets" are of any medicinal efficacy, though damask rose leaves have long held a recognized place in the materia medica.

Whether the violet has any therapeutic qualities does not appear, though the leaves (not the flower) have just now some reputation—outside the medical faculty—as a cure for cancer. The best that can be hoped for, if flowers are to be eaten as well as to be seen and smelled, is that they may in all cases prove to be innocuous. It is a nice question whether the perfume is always a safe guide.

Perhaps the modern craze is, after all, only a form of luxury. A candied violet or a dish of rose leaves cunningly prepared for the tea table could not possibly enter into the category of cheap sweets for the million.

What Makes the Sky Blue?
The sky has long been a puzzle to physicists. There are two mysteries to explain about it—its reflection of light and its color. The old view was that the blue of the sky was due simply to atmospheric oxygen. Oxygen has a faint blue tint, and the idea was that several miles of the gas, even when diluted as it is in the air, would have a bright blue color. But this did not account for the intense illumination of the sky, and of recent years Tyndall's "dust theory" or some modification of it, has been generally accepted. This regards the blue color as an optical effect, like the color of very thin smoke, due to excessively fine particles floating in the air, which would also account for the large proportion of reflected light from the sky. Recent calculations by Professor Spring, of Liege, Belgium, however, indicate that the dust in the air is not sufficient in amount, nor finely enough divided, to support this explanation, and he rejects it for this and other reasons. He has gone back to the old oxygen theory, and accounts for the general illumination of the sky on the hypothesis, first advanced by Hagenbach, that intermingled layers of different density, in the atmosphere give it the power of reflecting light.—Success Magazine.

The Parisian French.

It is popularly believed that the French who live in Paris and who speak what is usually described as "Parisian French" represent the genuine, simon-pure type of French blood and tradition. The famous Le Petit Journal, however, draws attention to the fact that Paris has the smallest indigenous population of any European capital, and that according to the last census only about 36 per cent of the total population of the French capital are Parisians, aboriginals, or people born in Paris. Several European capitals can show a far higher rate of indigenous population. St. Petersburg, for example, can show 40 per cent, Berlin 41 per cent, Vienna 45 per cent and London 65 per cent.—Boston Globe.

Franklin's Kite Experiment

Commenting on Benjamin Franklin's kite experiment, which proved that lightning and electricity are the same, a scientist says: "It was one of the most brilliant examples of luck yet recorded. To attempt the extraction of lightning flashes from a lowering sky was almost suicidal. Even at this late day timid persons occasionally fly to feather beds, sit on glass-legged chairs or find refuge in rubber boots during thunderstorms. A repetition of Franklin's experiment, cost his immediate imitator his life."

Costly Boarders.

It cost \$17,000 to feed the animals in the London Zoo last year. The principal items of food were 207 horses, 270 goats, 34,921 pounds of fish, 25,196 eggs, 6,855 quarts of milk and 137 loads of hay.

Metals Found Together.

Silver and lead are generally found together, and some scientists think that lead disintegrates into silver. Gold and copper are also often found together. In New South Wales the Great Cobarr mine furnishes copper containing four ounces of gold to the ton.

FITS, St. Vitus' Dance; Nervous Diseases

permanently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. KLINE, Ltd., 351 Arch St., Phila., Pa.

John L. Snyder, a Seneca Indian,

has received permission to take the New York State bar examination.

Mrs. Winslow's Soothing Syrup for Children

teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

Real Absentmindedness.

Billy Buggan of Falls, loaned his seed drill to someone and forgot to get it back. The fellow who borrowed it can't remember who it was he got it from. As the matter stands, Billy, who can't identify his drill, is likely to lose it altogether.—Lexington, Mich., News.

The new Virechow Hospital in Berlin

will have 800 beds. The total cost of construction will reach \$5,000,000. The attending physicians will have salaries from \$1400 to \$800 a year.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CENEY & Co., Toledo, O. We, the undersigned, have known F. J. CENEY for the last 35 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WALDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Ten years ago, with a population of 32,000,000, Prussia maintained nearly 3000 technical schools, representing all the principal industries, with an attendance of over 200,000.

His Experience.

An aged Scotch minister about to marry for the fourth time, was explaining his reason to an elder. "You see, I am an old man now, and I cannot expect to be here verra lang. When the end comes I'd like to have some one to close my eyes." The elder nodded and said: "Awell, meenister, I have had two wives, and bairn of them opened mine!"

BOX OF WAFERS FREE—NO DRUGS—CURES BY ABSORPTION.

Cures Belching of Gas—Bad Breath and Bad Stomach—Short Breath—Bloating—Sour Eructations—Irregular Heart, Etc.

Take a Mull's Wafer any time of the day or night, and note the immediate good effect on your stomach. It absorbs the gas, disinfects the stomach, kills the poison germs and cures the disease. Catarrh of the head and throat, unwholesome food and overeating make bad stomachs. Scarcely any stomach is entirely free from taint of some kind. Mull's Anti-Belch Wafers will make your stomach healthy by absorbing foul gases which arise from the undigested food and by re-enforcing the lining of the stomach, enabling it to thoroughly mix the food with the gastric juices. This cures stomach trouble, promotes digestion, sweetens the breath, stops belching and fermentation. Heart action becomes strong and regular through this process.

Discard drugs, as you know from experience they do not cure stomach trouble. Try a common-sense (Nature's) method that does cure. A soothing, healing sensation is instantly felt.

We know Mull's Anti-Belch Wafers will do this, and we want you to know it. This offer may not appear again.

696 GOOD FOR 25c. 142
Send this coupon with your name and address and your druggist's name and 10c. in stamps or silver, and we will supply you a sample free if you have never used Mull's Anti-Belch Wafers, and will also send you a certificate good for 25c. toward the purchase of more Belch Wafers. You will find them invaluable for stomach trouble, cured by absorption. Address MULL'S WAFFER CO., 328 3d Ave., Rock Island, Ill.
Give Full Address and Write Plainly.
All druggists, 50c. per box, or by mail upon receipt of price. Stamps accepted.

A CRITICAL PERIOD

INTELLIGENT WOMEN PREPARE
Dangers and Pain of This Critical Period Avoided by the Use of Lydia E. Pinkham's Vegetable Compound.



How many women realize that the most critical period in a woman's existence is the change of life, and that the anxiety felt by women as this time draws near is not without reason?

If her system is in a deranged condition, or she is predisposed to apoplexy or congestion of any organ, it is at this time likely to become active and, with a host of nervous irritations, make life a burden.

At this time, also, cancers and tumors are more liable to begin their destructive work. Such warning symptoms as a sense of suffocation, hot flashes, dizziness, headache, dread of impending evil, sounds in the ears, timidity, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude are promptly heeded by intelligent women who are approaching the period of life when woman's great change may be expected.

We believe Lydia E. Pinkham's Vegetable Compound is the world's greatest remedy for women at this trying period.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism, and builds up the weakened nervous system as no other medicine can.

Mrs. A. E. G. Hyland, of Chestertown, Md., in a letter to Mrs. Pinkham, says:

"Dear Mrs. Pinkham:—
"I had been suffering with a displacement for years and was passing through the change of life. I had a good deal of soreness, dizzy spells, headaches, and was very nervous. I wrote you for advice and commenced treatment with Lydia E. Pinkham's Vegetable Compound as you directed, and I am happy to say that all these distressing symptoms cured me, and I have passed safely through the change of life a well woman."

For special advice regarding this important period women are invited to write to Mrs. Pinkham, Lynn, Mass. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge. Her advice is free and always helpful to ailing women.

Dear Mrs. Pinkham:—
"I had been suffering with a displacement for years and was passing through the change of life. I had a good deal of soreness, dizzy spells, headaches, and was very nervous. I wrote you for advice and commenced treatment with Lydia E. Pinkham's Vegetable Compound as you directed, and I am happy to say that all these distressing symptoms cured me, and I have passed safely through the change of life a well woman."

"From the cradle to the baby chair!"
HAVE YOU A BABY?
If so, you ought to have a
PHOENIX WALKING CHAIR



"AN IDEAL SELF-INSTRUCTOR."
OUR PHOENIX Walking Chair holds the child securely, preventing those painful falls and bumps which are so frequent when baby learns to walk.

"BETTER THAN A NURSE."
The chair is provided with a removable, sanitary cloth seat, which supports the weight of the child and prevents bow-legs and spinal troubles; it also has a table attachment which enables baby to find amusement in its toys, etc., without any attention.

"As Indispensable as a cradle."
It is so constructed that it prevents soiled clothes, sickness from drafts and floor germs, and is recommended by physicians and endorsed by both mother and baby.

Combines pleasure and utility. No baby should be without one. Call at your furniture dealer and ask to see one.

MANUFACTURED ONLY BY
PHOENIX CHAIR CO.
SHEBOYGAN, WIS.
Can only be had of your furniture dealer.

Drill for Water
Prospect for Minerals
Drill Test and Blast Holes.
We make
DRILLING MACHINES
For Horse, Steam or
Gasoline Power.
Latest
Traction
LOOMIS MACHINE CO.
TIFFIN, OHIO.

THE DAISY FLY KILLER destroys all
mosquitoes during the season. It is safe,
it does not harm the fish, and it is
easy to use. It is the only
mosquito killer that is safe for
the fish and the water. It is the
only mosquito killer that is safe
for the fish and the water. It is
the only mosquito killer that is
safe for the fish and the water.

PENSION JOHN W. MORRIS,
Successfully Prosecutes Claims.
Late Principal Examiner U. S. Pension Bureau,
575 1/2 N. 1st St., Philadelphia, Pa.

FREE I will send free of charge advice and
prescriptions to men and women suf-
fering from disease or weakness of any kind. I
sell no medicines, nor do I ask a cent from any one.
Address D.L. ARVEDSON, Bridgeport, Conn.

DROPSY NEW DISCOVERY!
gives quick relief and cures
swollen feet, dropsy, etc. Price, 50c. per bottle.
Free. Dr. H. H. GREEN'S BROS., Box 8, Atlantic, Mo.
P. N. U. 23, 1906.

PATENTS
I have 18 years' book free. Highest refs.
Long experience. Plagiarized
& Co. Dept. 84, Washington, D.C.