....................... . Sucky . Seslie.

ESLIE JACKSON had come down to breakfast that morn-

ing feeling particularly jolly. It was a fine day, for one thing, half holiday for another. He promised himself a long ride on Starlight, his cousin Frank's pony, lent to him while his cousin was ill, and he sat down to his porridge with the apof a healthy schoolboy.

Mr. Jackson began reading his let-"Ah, here's one from Bournemouth,

he said to his wife; "now we shall hear when the folks at the Priory are coming home." Mrs. Jackson paused as she was

pouring out the coffee and said: "Is Frank better, dear?"

'Apparently Frank is quite well again," said Mr. Jackson, "but you shall see the letter. Hullo, here's an closure, 'Master Leslie Jackson.' Here you are, Leslie; it's from Frank.' eslie took his note and opened it slowly, for, somehow, he felt there was something in it he did not want to

"Dear Leslie,' the note said, "mother is writing to say we are coming home Saturday" ("to-day," thought Les "I am awfully glad, even though It does mean lessons again, as it's rather slow here, and I am all right again now. Could you ride Starlight on Saturday? We shan't be back till late, but Dad will be at home. I want awfully to go for a ride first thing on Monday morning." Leslie read no more—the pages suddenly became blurred; and he could see nothing distinctly. This was what he had been dreading: the summons to give the pony back. It had become so dear to him that now that they had to part he almost wished he had never seen it. For ten long, beautiful weeks that pony had been like his very own, and it was all over and he must be returned.

"Come, Leslie, get on with your breakfast," said his mother. "What's wrong, my boy?" Leslie

straightened himself, and tried to speak carelessly.

'I've got to ride over to the Priory this afternoon," he said, "to return Starlight." The last word was hardly audible, and his lip quivered. "Well, you've had him a nice long

time, haven't you?" said Mr. Jackson, cheerily; "longer than you expected." "Oh, Dad," said Norah, Leslie's sis-"can't you buy us a pony like Star-

light? I wish you could; it would be "I dare say it would." said Mr. Jack-

son, rising from the table and pinching his daughter's rosy little cheeks; "but that ship of mine hasn't come home yet, and till it does I can't think of onies, you know." "Oh! what a long time that ship is

coming," sighed Norah. "I should think it must have lost its way."

The morning passed quickly, and the afternoon so much looked forward to had come. Leslie begged some lumps of sugar, and putting these, with an apple and a bit of bread, in his pocket, went out to the stable yard. Never before had the pony looked so well, so glossy, and altogether attractive. why is it," thought Leslie, "when we like a thing most, we have to give it Norah's dog, Snap, came running ap?' barking as he jealously watched Leslie give the pony the dainty mor-

sels of the little farewell feast. "All right, Snap," said Leslie, "you needn't feel jealous any longer. Starlight's going away, aren't you, Star-light? Worse luck." And he laid his against the pony's soft nose 'Well, we must be going. Come along, Snap; you will be company home for me." And jumping into the saddle he In a few minutes they were out again, followed by Mr. and Mrs. Jack-son and Norah, and, while goodbys were being exchanged, Uncle Joe said

to Leslie: "Oh! look here; we want you to come over on Wednesday. I've a small job for you-you won't mind that, eh?"

"No, of course not," said Leslie, "if it's anything I can do." "I think you will be able to manage

this," said Uncle Joe, laughing. And then, after a few minutes' more chat, they rode off. Wednesday came, and Leslie walked

over to the Priory early in the afternoon. He was greeted by Aunt Emily. "Why, Leslie, dear boy, what a long time it seems since I have seen you," she said. "Uncle Joe and Frank will soon be back. Come and help me water the greenhouse; I want to hear all the news from home.

So Leslie ran to and fro with cans of water, chatting to Aunt Emily, and presently they saw Uncle Joe and Frank coming up the drive. Uncle Joe was leading a black pony so like Starlight it might have been his own brother. It had a smart new saddle and bridle, and as Leslie was wondering who could be his happy possessor, Uncle Joe said:

"Ah this is the job I spoke of. Leslie. I want this pony ridden over to Willowside Place. What! not know where Willowside Place is? Oh, well, I'll soon tell you; but, any way, you'll have to pass your house on the way there, so I thought you might put him up for to-night, and ride him over in the morning."

"Yes; only to-morrow is my birth-day," said Leslie, hesitating, "and Norah and I were going to fish. But perhaps it won't take long?" H looked up at Uncle Joe, and at the same time noticed Aunt Emily and Frank were looking very much amused. Uncle Joe's face, however, was perfectly serious as he replied: "Oh, no; it won't take you long. Dear

me; your birthday, is it? Dear, dear, what a pity no one reminded me be-fore!" He really seemed quite vexed. fore!" Well, we must make it up in good

wishes, eh. my boy?" Leslie smiled; but he could not help feeling of disappointment. Had Uncle Joe really forgotten his birth Why, Uncle Joe had never for gotten-never-as long as Leslie could remember. Perhaps it was because Aunt Emily and Frank had just come back, and he had had more to think of Well, if he had forgotten, others had not, for when Leslie was saving goodby Aunt Emily gave him a beautiful pocket-knife, literally bristling with blades, and Frank presented a splendid new cricket ball, a thing Leslie had been wanting for a long time. Uncle loe seemed really sorry he had nothing

to give. Then he said: "Look here. I have written you full directions as to how to get to Willow-side Place in this." He held up an envelope. "I knew you would forget before you were through the first field if I didn't write them down. Now, where's your pocket? There, that's safe enough; you won't want to look at it before you get home. You'll find the pony quite quiet. Goodby, old chap." So Leslie mounted the new pony and rode away. It was getting dusk when he reached home, and Norah came running out to meet him as he rode into the yard. Leslie!" she exclaimed "Why,

"Brought Starlight back again. How's that? How long can you keep him? Do tell me!

"All right; don't be in such a hurry. For one thing, it isn't Starlight at all.' "Well, what pony is it?" said Norah, excitedly.

"It's a pony Uncle Joe has asked me to take to some place to-morrow morn-ing. He has written it all down here." And Leslie fished out the note and dress its members in their native their bicuspids and molars; but for-handed it to Norah. "Here, take it tongue. As the case was simple, the tunately, few Scandinavians have the

"All right. Come along, Frank; We Housekeeper of a Big Hotel Knows No Servant Problem

but not ill enough to call a physician.

which cleanse it by constantly chang-ing streams of suds and clean water.

200 turns a minute, and take out every

particle of moisture, a change from the

gance is given by a "family ironer,"

her maid puts on the underwear of her

guest's laundry bill foots up \$40 or

guest at this hotel sent down \$70

The housekeeper at the big hotel has

the pick of the best help. She knows

average salary of a good maid is \$12 a

eek, which may run up to \$20 in the

case of a fine parlor maid. The maids'

work is so arranged that they have

some hours each day to themselves, and their evenings are their own, ex-

cepting for every fourth evening, when

they must be on duty until midnight.

The girls have their board and room

in the hotel, their rooms are cleaned

for them, their caps and aprons are

The

worth of work at one time recently.

practically no "servant problem."

HE woman who finds it a heavy | sonally superintends its cleaning and burden to oversee one household with one maid will find it diffiputting in order. If furniture is to be moved anywhere she oversees it. If a

cult to comprehend how one woman can adequately take charge of 600 sleeping rooms, forty or fifty parlors, linen rooms through which pass daily hundreds of dozens of pieces, and marshal anywhere from 200 to 300 servants, of all races and dispositions. Yet that, or something like it, is done by the housekeeper of every big hotel, The preparation and serving of food in the big hotels is confided to men, has not a sense of humor. but a woman as housekeeper seems to takes to the supply room on each floor be a necessity. Men are not up to the mark when the cleanliness of a house pieces of freshly laundered linen

and its linen are in question. The hotel housekeeper seldom ap pears worried or flurried, and it is doubtful if she goes to bed at night more worn than the average house

In the supply rooms are kept scores of miscellaneous articles-extra cots wife. Professional training, system and command of money alter the whole curling irons, hairpins, stationery, any situation. thing a guest may happen to want in The housekeeper of one of the larga hurry. There is, too, a medicine closet, with hot water bags and simple est hotels in this city has under her remedies for guests who are not well,

two assistants, a corps of men clean-ers, with several head cleaners, each esponsible for his own territory; another corps of women cleaners, a corps of parlot maids, another of chamber maids, and one of maids' maids. The last look after the rooms of employes. It is a little army that the housekeeper heads, with its captains and lieuten ants, each responsible for certain things. In the linen room are half a dozen seamstresses mending linen. In the house linen laundry are four men

rubber wringer turned by the weary arms of so many laundresses. Then the linen is fed into a slowly revolving and forty-five girls constantly at work, and in the personal laundry as many ironing machine, from which it drops more gently on a table, where it is folded It is always wash day at a big hotel and stacked in snowy heaps for the The housekeeper herself has her desk in a big, bright office, but there is no supply room. section of the great hostelry that does

not pass under her eagle eye some time in the twenty-four hours. For her living apartment a handsome little suite is set aside, with her meals in the hotel restaurant-arrangements which would probably cost her \$250 or \$300 a month under other circumstances. The salary of such a housekeeper is from \$125 to \$150 a monun.

The first warfare of the hotel house keeper, like that of her domestic sister. is with dust. But with money at command the inventions of the age come to her aid in a way that they never do to her home sister. At the hotel referred to a sort of pneumatic dust-pan is used. It has a very long handle, containing a compressed air hose. This is run over carpets and upholstery and the dust is literally sucked out of them, not to be dispersed in the room and to settle again as when the broom is used, but to be drawn into a discharge pipe and thence be discharged into a closed dustbin, leaving the air of the room dustless. A similar device is used to suck away every flake of dust rom chandeliers, carvings and odd corners. The dusting process for the entire mammoth structure is the most important thing which the housekeeper oversees each day. But cleaning never stops in one of these giant hostelries All day cleaners watch over their allotted portions, removing burnt matches and litter the moment they fall.

Then there are countless odd jobs for tages it is no wonder that the best the housekeeper to attend to. If one help flocks to the hotels and the private of the big suites not in constant use is to be occupied the housekeeper per-Sun.

Welsh Attorney and Jury.

Troublesome Teeth. Baron Bramwell once appeared for the crown in a case in Wales. The counsel for the defense asked permis-sion, as the jury was Welsh, to addifference in diet, they lose most of



MESH WIRE BASKETS.

Among the most useful of kitcher conveniences are the little open-mesb wire baskets that are generally used maid is ill, she sees her and sends the only for frying things in deep fat. Few housekeepers realize their value as hotel physician. She keeps account of all kinens issued, all reserve mattime savers in other directions. The best way to wash fruit is to place it tresses, blankets, pillows, etc. She alters the arrangements of rooms to suit in one of these little baskets and hold it under the faucet. Lettuce, wateroccupants. She answers a thousand and one demands of guests, some of cress and other salads are easily them quite reasonable, some enough to washed in this way and may try the patience of a saint, if the saint drained without removing from the basket. Three times a day a gang of men

AN ENGLISHMAN'S TEA-MAKING. three dozen each of large and small This is the way an Englishman nakes tea. As this particular English-Every day tablecloths come in with man has been making his own tea for great holes burned in them by cigars. the last fifteen years regularly at 5 These must all be darned; but the every afternoon he really should know darning, too, is all done by machinery. best method. Here is his rule Don't pour the boiling water on the tea. This scorches the leaves and they cannot exude their full fragrance. Fill your teapot full of boiling water, then put in your tea leaves. Cover tightly and let it stand for a minute or so. Now stir the leaves with a long spoon and allow the infusion to draw for about In the linen laundry the machine reigns supreme. The soiled linen is fed into great hydraulic machines, four minutes more, and your tea will have all the delicious aroma of the real tea leaves. Strain the tea off into another pot, as the leaves, if left longer, will add their only slightly less Next it goes into "extractors"-great cylinders which revolve at the rate of

soluble bitter flavor. The clear tea can be kept hot over a spirit lamp. The tea leaves can be used again in the old-fashioned way, of course, but the fresh tea is really the only beverage worthy of the name, -New York World.

HOW TO EAT RAW EGGS.

Believers in the raw egg diet contend that the egg should be eaten as soon after it is laid as possible. Several In the laundry, where the caps and aprons of the maids and the personal different methods of serving the egg laundry of the gliests is washed, handare in vogue, the most popular of work comes in again, for the machine has not yet been invented which can which is with vinegar.

A very little portion of the vinegar replace the fingers of women in ironing is required in a glass merely to give dainty lingerie. The machine is used for washing, but the last touch of elea zest to the flavor of the eggs, says What-to-Eat. When served with vinegar a drop of the fluid is first poured who earns \$100 a month for work no into an empty wine glass. Into this the egg is broken. Then the top is better than many a housemother or covered with another drop or two of family. But a hotel where many a vinegar and a sprinkling of salt and pepper. The egg is then swallowed \$50 a week right along can afford to hole pay its ironers good wages. A woman

Persons who have not tried the diet will be surprised at the ease with which the egg slips down the throat, as well as the pleasant taste it leaves in the mouth. It is declared that half of the benefit of the egg is lost when the yolk is broken in eating. The eggs yolk is broken in eating. should be eaten before meals, especially before breakfast, but not every day. An everyday diet is said to be dangerous because of the superabundance of sulphur it would produce in the system. It is advisable to discontinue the diet for as much as one or two weeks at a time and then to keep it up steadily for a few days or a week again.



Cloves or salt sprinkled on a pantry When Scandinavians come to this shelf will rid it of ants.

country they frequently have trouble with their teeth. Later, owing to the a few spoonfuls of cornmeal. Oily water can be cleared by adding Salt dissolved in alcohol will often

BUILDING FOOD To Bring the Bables Around.

SEVEN YEARS ACO. A Rochester Chemist Found a Singularly

Effective Medicine. William A. Franklin, of the Franklin & Palmer Chemical Co., Rochester, N. Y., writes: "Seven years age

I was suffering very much through the 2 failure of the kid. neys to eliminate the uric acid from TANK IS my system. My back was very lame exerted myself in the least degree. At times I was weighed down with a feeling of languor and depression and sufe fered continually from annoying irres ularities of the kidney secretions. I procured a box of Doan's Kidney Pills and began using them. I found prompt relief from the aching and lamen relief from the aching and lameners in my back, and by the time I had taken three boxes I was cured of all irregularities."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Lifetime of a Bell.

Comparatively few people know that ringing a bell ruins it. That is, a bell has a definite length of life, and after so many blows will break. A 960-pound bell, struck blows of 178 foot-pound of force, broke after 11,-000 blows. A 4,000-pound bell, broke after 18,000 blows of 350 foot-pound force. A steel composition bell weighing 1,000 pounds broke after 24 force. blows of 150 foot-pounds, but its makers said it was calculated for a lighter blow.

Deafness Cannot Be Cared by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by consti-tutional remedies. Deafness is caused by an inflamed condition of the muccus lining of the Eustachian Tube. When this tube is in-famed you have a rumbling sound or imper-fect hearing, and when it is entirely closed Deafness is the result, and unless the inflam-mation can be taken out and this tube re-stored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the muccus surfaces. We will give One Hundred Dollars for any case of Deafness (caused by eatarrh) that can-est heaved by Hill Conterrh Gurg, Sed for Deafness Cannot Be Cared case of Deafness (caused by catarrh) that can-not be cured by Hall's Catarrh Cure. Send for circulars free. F.J.CHENEY & Co., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Origin of the Crescent Bread.

The origin of that Viennese bread shaped like a crescent, which is found n most places on the continent, dates back to 1863. At that time the Austrian Capital was being besieged by the Turks under the terrible Grand Vizier Kara Mustapha, and as they failed to take the city by assault, they decided to dig a passage under the walls, and so penetrate into the town. In the day-time the noise of town. In the day-time the noise of the siege made the sound of the tunnelling inaudible, and at night-time the defenders of the place were asleep, all but the sentries and the bakers. It was the bakers who, as they baked the bread for the garrison, heard the pickaxes of the miners com-ing nearer and nearer, and gave the alarm. In the fighting the Bakers' Association took their share with the utmost bravery, and as a reward for their services the Emperor gave them permission to make a special cake shaped like the Turkish crescent.— London Sketch.

Trees Almost Fireproof. The giant sequoias of California, which are thousands of years old, have been preserved to this day because of their enormously thick bark. From time to time, in the course of ages, vast forest fires have swept through the big-tree lands, destroying everything, yet only scorching for a cou-ple of inches depth or so the almost fireproof bark of these huge trees. The flames, having carbonized that much of the bark, could not penetrate farther, for the carbonized portion formed an absolutely fireproof cover-ing for the remainder of the interior bark .- Chicago Journal.

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rode off.

The ride to the Priory was far too short, and, although he loitered as much as he could, almost before he was aware of it he was walking Starlight up the drive leading to the house. soon caught sight of Uncle Joe,

who had come out to meet him.

"Hullo, my boy; brought the pony back?" said he, cheerily. "Frank will be glad to be able to ride him again, I expect. I must say he looks uncommonly well; not suffered at your hands. I can see.

He patted the pony's neck, and looked up smilingly at Leslie.

"I expect you don't much like parting with him after all this long while?" said he.

Leslie felt an uncomfortable lump beginning to rise in his throat, and was angry with himself for being so stupid.

so he stifled it down and answered: Well, yes, rather; but it's been awfully nice to have him so long." Uncle

Joe was looking at him keenly, so he went on hurriedly. "What time will Aunt Emily and Frank be back?"

"About 8 o'clock, I think. Come along, we'll go round to the stables, and then you shall tell me what you think of the new cricket pitch."

A few minutes brought them to the stable yard, and Leslie dismounted.

"Goodby," he whispered into Star light's mane as Uncle Joe was speaking to the groom, and the pony seemed to know, for he rubbed his nose against the boy's shoulder. Then he was led off, and Leslie and his uncle turned down into the paddock. Presently they vent indoors and had tea together, and then Leslie and Snap started on their

walk home. A few days later, as Leslie was out In the garden feeding his rabbits, Uncle

Joe and Frank rode up. Frank, of course, riding Starlight, and looking ever so brown and jolly.

"Well, Leslie, where's everybody?" said Uncle Joe.

into the house while I go and call George.' With the help of the man the new

oony was stabled for the night, and Leslie went indoor's. He came blinking into the lamplit drawing room, where

his note was lying on a table. "Norah has been telling us about the oony and your unexpected ride home, said his mother. "Where is it Uncle Joe wants you to take him?" "Willowside Place," answered Leslie. Mr. Jackson looked up from his book. "Willowside Place? Never heard of

it, and I think I know the country about here pretty well."

"I'll see what Uncle Joe says," said Leslie, opening the note and beginning

to read. Then he gave a kind of gasp, and looked up suddenly, his face beam ing.

"Here, father, mother, listen to this." And he read out loud:

"'Dear Old Chap-Don't you know where Willowside Place is? Well, no more do I. And if neither of us know where the pony ought to be taken to

should think you had better stick to him and say no more about it. I think you said to-morrow was your birthday -all good wishes and many happy re-

turns. Yours affectionately

"'UNCLE JOE.'" Mr. Jackson burst out laughing. Well, of all the comical fellows!" he said. "The idea of choosing that way to give a present!"

"Oh, father! and the pony is really and truly mine, to keep for always?"

said Leslie. "Yes, my boy, really and truly yours," said Mr. Jackson. "You must

ide over and thank Uncle Joe for his splendid birthday present." "And I thought—I thought he had forgotten all about my birthday," said

Leslie. "Ah! Uncle Joe never forgets," said

his mother, smiling. "It must be nice to be Uncle Joe, and

baron made no objection. The Welsh barrister said only a few words. The baron also was brief, but he was somewhat surprised at a prompt verdict of acquittal. "What was it," he afterward inquired, "that Mr. L--- said to the jury?" "Oh, he just said, "This

case, gentlemen, lies in a nutshell. You see yourselves exactly how it stands. The judge is an Englishman, the prosecuting counsel is an Englishman, the complainant is an Englishman. But you are Welsh, and I am Welsh, and the prisoner is Welsh. Need I say more? I leave it all to

you.'

Jiu Jitsu in England.

The talk of jiu jitsu in this country recalls a story told by Walpole of "a great amateur, nay, practicer of box-ing and wrestling," who willingly imparted his knowledge to those who consulted him. A somewhat sedate peer visited the baronet one day, and, walking with him in his garden, made the polite remark that he would like to see a specimen of his host's re-puted skill; upon which the other "seized him suddenly from behind and threw him over his head." This is This is surely the earliest recorded instance of jiu jitsu in England, and merited the superb reply of the wrestler to

the infuriated peer: "My lord, this is a proof of my great friendship for This master stroke I have shown you. to no other person living."

Giant Tomato Plants.

The largest tomato plants in the world are found in California. One grower has three plants which have reached a length of thirty feet. In three months from the time the seeds on America." were planted the vines had climed to the top of a twenty-foot trellis.

The trunks of these plants, says What to Eat. are one and a half inches in diameter and the foliage is thick and luxuriant. Enormous quantities

trouble that Tillie did, and few lose their teeth in so disconcerting a manner.

I asked.

"My funniest patient," said the so ciable dentist, "was a Swedish girl, tartar water. who came in one day to get her teeth extracted. Her upper jaw was absolutely bare of teeth, and the lower set was in such condition that there

seemed to be nothing to extract. "'What are the teeth you want out?" 'In my stomach,' returned the girl

suddenly bursting into tears. "'In your stomach!' I gasped.

"'Yaw, meester,' she sobbed. 'Last week my hov buy me all new toots on top vor twanty-five dollar, on Chicago. Two days ago my sleep so goot, so-o

goot! Ven my vake opp, mys toots she vor all go down mys t'roat. I tank maybe you can get them out-mys lady she is tole me to come.'

"'Nonsense! They couldn't go down your throat. "'Yaw! Yaw!' protested Tillie, clap-

ping a hand to her belt-buckle. 'She iss there now. She iss chew, chew, chew, all the time. She iss chew all my inside up. She iss hurt so moch my iss don't can sleep." "Tillie was evidently sincere," said

the dentist, "and I was beginning to think that I had a lunatic on my hands when the day was saved. My office door was flung open and an excited boy rushed in. "'O Tillie,' he cried, 'mother just

found your teeth tucked under your mattress! You must have taken them out in your sleep.

"'My goo'ness!' exclaimed Tillie, apologetically. 'My hov some bodder

the last decade, collected more than

Paint that has dried on window glass may be removed with hot vinegar.

A faded dress can be made perfectly white by washing it in boiling cream of

Rub grass stains with molasses and they will come out without difficulty in the ordinary wash.

After each brushing the comb should be run through the brush and then carefully wiped off.

Stoves may look nice for some time by rubbing them thoroughly with a newspaper every morning.

A spoonful of mustard in a gallon of water will kill insects in the earth. This is good for potted plants.

Machine-oil stains can be removed if. before washing, the spot is rubbed with a cloth wet with ammonia. To prevent the hair from falling out wet it thoroughly once or twice a week with a weak solution of salt water.

A small portion of orris root put into the ordinary washing water will impart a delicate perfume to the clothes. Mud stains can be removed from silk if the spots are rubbed with a bit of flannel, or, if stubborn, with a piece of linen wet with alcohol.

A little thin cold starch rubbed over windows and mirrors and then wiped off with a soft cloth is an easy way of producing shining results.

Two potatoes grated in a basin of warm water will give better results than soap in washing delicate flannel or woolen goods, ribbons, etc.

White paint may be cleaned by rubbing it gently with a soft fiannel Battle Greek, Mich. dipped in a paste of whiting and water, All children ern and adding a little soap powder.

Spots may be removed from gingham by being wetted with milk and covered with common salt. Leave for an hou br so and rinse out in several waters.

Piano keys can be cleaned, as can any old ivory, by being rubbed with muslin dipped in alcohol. If very yel-

low, use a piece of flannel moistened with cologne.

When a little human machine (or a large one) goes wrong, nothing is so important as the selection of food to bring it around again.

"My little baby boy fifteen months old had pneumonia, then came brain fever, and no sooner had he got over these than he began to cut teeth and, being so weak, he was frequently thrown into convulsions," says a Colorado mother.

"I decided a change might help, so took him to Kansas City for a visit. When we got there he was so very weak when he would cry he would sink away and seemed like he would

"When 1 reached my sister's home she said immediately that we must feed him Grape-Nuts and, although I had never used the food we got some and for a few days gave him just the juice of Grape-Nuts and milk. He got stronger so quickly we were soon feeding him the Grape-Nuts itself and in a wonderfully short time he fattened right up and became strong and well.

"That showed me something worth knowing and, when later on my girl came, I raised her on Grape-Nuts, and she is a strong, healthy baby and has been. You will see from the little photograph I send you what a strong. chubby youngster the boy is now, but he didn't look anything like that before we found this nourishing food. Grape-Nuts nourished hir back to strength when he was so weak he couldn't keep any other food on his stomach." Name given by Postum Co.,

All children can be built to a more sturdy and healthy condition upon Grape-Nuts and cream. The food contains the elements nature demands, from which to make the soft gray filling in the nerve centres and brain. A well fed brain and strong, sturdy nerves absolutely insure a healthy body.

Look in pkgs. for the famous little book, "The Road to Wellville."

In the least a 1 and only at work Yet the is upon many of women of wom gins in c and girl where t lower g the grea goes int social de gested a 'civic c posed by day by

Women ing publ

vit mys toots every day since I come

way of preventing it has been discovered yet .- Somerville Journal.

London's lord mayors have, during

Yes, poets are born. No effective