

The real heroines of every day are in our homes. Frequently, however, it is a mistaken and useless heroism.

Women seem to listen to every call of duty except the supreme one that tells them to guard their health. How much harder the daily one that tells them to guard their health. How much harder the daily tasks become when some derangement of the female organs makes every movement painful and keeps the nervous system unstrung? Irritability takes the place of happiness and amiability; and weakness and suffering takes the place of health and strength. As long as they can drag themselves around, women continue to work and perform their household duties. They have been led to believe that suffering is necessary because they are women. What a mistake!

The use of Lydia E. Pinkham's Vegetable Compound will banish pain and restore happiness. Don't resort to strong stimulants or narcotics when this great strengthening, healing semedy for women is always within reach.

always within reach.

FREE MEDICAL ADVICE TO WOMEN. If there is anything in your case about which you would like special advice, write freely to Mrs. Pinkham. No man will see your letter. She can surely help you, for no person in America has such a wide experience in treating female ills as she has had, she has helped hundreds of thousands of women back to health. Her address is Lynn, Mass., and her advice is free. You are very colish if you do not accept her kind invitation.

For proof read the symptoms, suffering and cure recited in the following letters:

"Draw Mas. Pinkham:—I wish to express to you the great benefit I have derived from your advice and the use of Lydia E. Pinkham's Vegetable Compound. My trouble was female weakness in its worst form and I was in a very bad condition. I could not perform my household duties, my back ached, I was extremely nervous, and I could not eat or sleep, and the bearing-down pains were terrible. My husband spent hundreds of dollars to get me well, and all the medicine that the doctors prescribed failed to do me any good; if resorted to an operation which the physician said was necessary to restore me to health, but I suffered more after it than I did before; I had hamorrhages of the womb that nothing could seem to stop.

"I noticed one of your advertisements and wrote you for advice, I received your reply and carefully followed all instructions. I immediately began to get stronger, and in two weeks was about the house. I took eight

began to get stronger, and in two weeks was about the house. I took eight bottles of Lydia E. Pinkham's Vegetable Compound and continued following your advice, and to-day I am a well woman. Your remedies and help are a Godsend to suffering women, and I cannot find words to thank you for what you have done for me."—Mrs. LOTTIE V. NAYLOR, 1328 N. J. Ava., N.W., Washington, D. C.

"DEAR MES. PINKHAM: — I write to tell you what Lydia E. Pinkham's Vegetable Compound has done for me.

"I was suffering with falling of the womb and could hardly drag about, but after taking five bottles of Lydia E. Pinkham's Vegetable Compound I was completely cured. I am now a well woman and able to do all

"I think your medicine one of the best remedies in the world." - Mrs. J. M. Laz, 141 Lyndal St., Newcastle, Pa. "DEAR MRS. PINKHAM: - Lydia E. Pinkham's Vegetable Compound has done a great deal for me. I suffered so much from falling of the womb and all the troubles connected with it. I doctored for years with

doctors and other remedies but received only temporary relief.

"I began taking your medicine, and had not taken it long before I was feeling better. My husband said that I should keep right on taking it as long as it gave me relief from my suffering, as I could not expect to be cured by one or two bottles. I did so and am now able to be on my feet and work hard all day, and go to bed and rest at night. Thanks to your Vegetable Compound I am certainly grateful for the relief it gave me. It is the mother's great friend. I would not be without it in my house, for when I feel tired or out of sorts I take a few doses and feel all right.

"I would recommend your medicine to all tired mothers, and especially to those suffering as I was."—Mas. R. F. Champers, Bennet, Neb.

SOOD SORFEIT If we cannot forthwith produce the original letters and ignatures of above testimonials, which will prove their absolute genuineness.

Lydis E. Pinkham Mediciae Co., Lynn, Mass.



DOUGLAS 3.22 & 13 SHOES W You can save from \$3 to \$5 yearly by wearing W. L. Douglas \$3.50 or \$3 shoes. They equal those that have been cost-ing you from \$4.00 to \$5.00. The im-mense sale of W. L. Douglas shoes proves their superiority over Sold by retail shoe lealers everywhere. Look for name and free, W. L. DOUGLAS, Brockton, Mass





P. N. U. 87, '03.



Appetite poor? Bowels Want your moustache or beard

weak eyes, use Thempson's Eye Water made.-Harper's.

Policy of British

By Frank Fayant.

Trade-Unionism.

HE refusal of the English higher classes to educate the working classes accounts, in a large measure, for the state of contented ignorance in which the submerged millions live. But no amount of education, unattended by an effacement of caste barriers, will put the English workingman on the same footing as the American. Our workers throw their whole strength into their tasks because they are ambitious to go higher, and because they know that no one will try to stop them from climbing. But the English worker looks apon his trade merely as a means of gaining a livelihood, and knowing that he is expected to keep in his own social plane, he does not seek to achieve

greater things. English workmen have banded themselves together into organizations that not only cripple the industries in which they are employed, but deprive them of any chance of bettering their condition. The whole idea of English trade-unions is that the workers are fixed on a certain level of material prosperity; as they cannot reach a higher level, therefore they must take measures to prevent their dropping to a lower. Labor, therefore, arrays Itself in direct antagonism to capital. It accepts the caste brand set upon it by the higher classes, instead of fighting to efface the mark.

The "ca' canny" system permeates English industry. To "ca' canny" is to "go easy." The English worker's idea is that the less work he does, the more there will be left to do, and therefore the less will be the chance of his or his fellow-workers getting out of employment. This system went on very well before the days of American competition; but now that the products of American industries are invading English markets, the "ca" canny" workers are in a sad plight. Their slothful way of working so increases the cost of manufacture that the products of American shops may be sold with profit in the very towns in which the English articles are made, despite the fact that American workmen receive much higher wages, while their products have to be transported thousands of miles.-From "The Plight of the English Worker," in the American Monthly Review of Re-

Personal Triumph of the Late Pope.

By William T. Stead.

HAT the little Italian lad who was learning his letters when the Battle of Waterloo was fought should have succeeded in impressing the whole world at the beginning of the twentieth century with a sense of his own personality, that he should have towered aloft above us all without exciting envy or provoking dislike, and have demonstrated to a thousand jarring and intolerant sects and churches the supreme beneficence of his character, is an exploit the like of which we have not seen in our time. No doubt the Roman Church helped. The organization which covers Christendom with its twelve hundred bishops was no doubt essential to his success. But it was necessary for him to capture the organization. And it must not be forgotten that although the organization helped, it also handleapped him badly with at least one-half of Christendom. And the greatest triumph of the kite Pope was not that which he won within the Church, but that which he achieved outside its pale. Greek Orthodox, Protestant and Freethinker alike learned to recognize that Leo XIII., despite all his papistical trappings, was a great statesman and a true man. The Russian Government was most anxious to welcome him to the conference at The Hague. The German Government repeatedly found occasion to appeal to his love of peace to assuage the bitterness of eccelsiastical strife within the empire. The King of England this Elister visited him in the Vatican, and in the United States the press with one voice has proclaimed vides that 12 warrant officers, boathim as the wisest and best of modern men.

That Pope Leo XIII, failed in many things is less surprising than that lists may be appointed ensigns every he should have succeeded in so many. He has left the chair at St. Peter surrounded by the aureole of his own virtue and his own wisdom, which not even the bigotry and intolerance of the Roman Curia can dim.-From a Character Sketch of Pope Leo XIII, in the American Monthly Review of

Whistler and His Art

By Ernest Knaufft.

N the death of Whistler the world of art loses one of its foremost light. His fame presents, however, some curious con- line of promotion is uninterrupted trasts. Though at every exhibition his works receive the highest award-while he was an officer of the Legion of Honor-while his portrait of his mother is one of the treasures of the Luxembourg, and his portrait of Cariyle in the Glasgow gallery one of the greatest of modera portraits, so far from being universal is his fame, it is notable that there are none of his paintings in the permanent galleries of London, where he worked for half a century, nor are there any in the permanent exhibitions of New York!

His art will ever be difficult to classify. Realizing that, though design numl pension of \$1,25%. As Mr. Menated as an American painter, his art cannot justly be called American Carthy is a popular historical author. art, so pre-eminently cosmopolitan is it, future historians may be tempted | whose works have sold largely in Engto weave a theory of exotic influence from the painter's life-history, which is, that his grandfather was a colonel, his father a West Point engineer, his mother came from Wilmington, N. C.; he was born-some say in Baltimore, some in Stonington, Conn., and others in Lowell, Mass. He himself McCarthy has been almost blind and has testified in court that he was born in St. Petersburg, Russia; but in works under great difficulty, which White's "National Cyclopaedia of Biography" an article which he revised, would be even greater were it not for gives the place and date as Lowell, Mass, in 1834. At any rate, he spent his the devetion of his daughter, with childhood in St. Petersburg, Russia, where his father was superintending whom he lives. Furthermore, he has the construction of the St. Petersburg & Moscow Railroad. In 1851 Whistler always been open-handed and generentered West Point, where he was far from being an ideal student. In ous to a fault, and in his old age has drawing alone did he receive first class marks; chemistry was one of his been somewhat straitened on that acstumbling blocks, and he has said: "If silicon had been a gas, I should have count. He is now in his seventy-third been a soldier." And it is not surprising that the man who was afterward so entirely a law unto himself should have cut a sorry figure in the army. where discipline takes precedence of the three R's.-From a sketch of James Abbott McNeill Whistler, in the American Monthly Review of Reviews.

Uncle Sam's

Young Brothers. ITHIN the domain of the United States on the North Amer

the record of two others, though memorable, is fast fading the governor will appoint for the pur cured by the occasional use of Ripans How many Americans of to-day have heard, for example, of postthe Commonwealth of Watauga, which in 1772 was organized as an independent community by North Carolinians who had crossed the Alleghenies, and, descending into the basin of the Tennessee, had made themselves homes in the valley of the Watauga River? How many remember the Commonwealth of Transylvania, a boat near Chevioux, drew out two a household supply for a year. One which was organized in the eastern part of what is now Kentucky in 1775. and which sent to the Continental Congress a delegate-who, however, was not constipated? Tongue coated? How many have heard of the short lived State of Franklin, or Frankland, which at a somewhat later period was self-created out of certain Head ache? It's your liver! western counties of North Carolina? Of the present generation of school. kind, weighed 100 pounds. Ayer's Pills are liver pills, all boys in the North, not many are familiar with the early history of Texas, which declared its independence of Mexico in 1836, and which for some nine vegetable. Sold for I.C. Ayer Co. | Which declared its independence of Maxico in 1888, and which for element of sold for law | Years remained an autonomous republic entering into treaties with foreign countries, including the United States. Again, but little attention is now paid to that part of the annals of Vermont which deals with the fourteen years a beautiful brown or rich black? Use during which the territory bearing that name was an independent republic. unadmitted to the union of the American colonies, although it disclaimed allegiance to the British crown, rejected the overtures of British generals, and common P. BALLA CO. MANNEA, S. R. | bore a conspicuous and useful part in the War of the Revolution. Vermont assumed a position calculated to test the stuff of which her patriots were

GRATEFUL, HAPPY WOMEN



Thank Pe-ru-na for Their Recovery After Years of Suffering.

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Tomperance, in a recent letter, says:

"I think that a woman naturally shrinks from making her troubles public, but restored health has meant as much to me that I feel for the sake of other suffering women it is my duty to tell what Peruna has done for me.

Tenfered for five years with uterine irregularities, which brought on hysteria and made me a physical wreck. I tried dectors from the different schools of medicine, but without any perceptible change in my condition. In my despair I called on an old varse, who advised me to try Perusa, and promised good results if I would perusa and take it remelarly. I thought this was the least I could do, and procured a bottle. I knew as soon as I began taking it that it was affecting me differently from anything I had used before, and so I sept on taking it. I kept this up for an months, and steadily gamed strength and health and when I had used fifteen bottles. I considered myself entirely cared. I may a grateful, happy women to-day.—Miss Muriel Armitage. Mariel Armitage,

Perious cures catarrh of the pelvic orgains with the same aurety as it cures
catarrh of the head. Peruna has betome rerequend as a positive cure for
female ailments, simply because the ailments are mostly due to catarrh. Onterrh is the cause of the Youble. Peruna cures the cutarrh. The symptoms
disappear.

Female Weakness is Pelvic rous being able to do her work without the greatest exhaustion. This is a very common sight, said is almost always due to

Aways Half Sick Are the Women
Who Have Pelvic Catarrh.

Catarrh of any organ, if allowed to progrem, will affect the whole body. Catarrh without nervousness is very rare, but peivir catarrh and nervousness go hand in hand.
What is so distressing a sight as a poor, buffered a curse.
What is so distressing a sight as a poor, buffered by the many almost unbearable symptoms of pelvic catarrh. She does not consider here.

Delvis catarrh.

It is worse than foolish for so many women to suffer year after year with a discussion that the suffer case as well as a slight attack, the only difference being in the length of time that it should be taken to effect a curs.

If is worse than foolish for so many women to suffer year after year with a discussion that the case of the catarrh.

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ADVANCEMENT IN NAVY.

Who Enlists Has Chance of Bo coming a Captain. A boy from 15 to 18, whose body is

not undeveloped, diseased or deformed, mity, with the consent of his parents or guardian, enlist in the United States navy as an apprentice, says Oliver Stedd in Lexie's Weekly. Then he mity rise to the position of a warrant officer. The Government, under the navy appropriation act of 1903, proswains, gunners or warrant machinyear. From the warrant officer to ensign is the gap between the enlisted mun and the graduate of the Navul Scademy. In the navy, as in the army, it is a clear line of distinction. The graduate of the Naval Academy is the flicer, the bluejacket is the man. Not only to encourage the men in the ranks, but to secure the services of its best men in the places where they can do the greatest good, the Government has built a bridge across the chasm between man and officer, and every year 12 enkisted men who have passed a tearching examination may walk across this bridge. From ensign the until the high office of Admiral is uched; but changes near the top are ess frequent, so that it is hardly fair n ordinary times of peace to offer saire to the apprentice than the opporturity of becoming Captain.

Justin McCarthy, M. P.

Justin McCarthy has been placed on the English civil list to receive an anland and America, one of the prominent English periodicals wonders why a nension was bestowed upon him. The year, and in addition to his histories has written a number of novels. At the age of 18 he began his journalistic career, going later into politics, finally substring Parliament in 1879. Seven years ago he retired from public life and has since devoted himself entirely to literature.

Claim for Prize.

The governor of the State of Texas offered a prize of \$50,000 for the best method of eradicating the cotton-boll post, and the first claimant of the arising from a disordered stomach is prize is Ceorge Franklin, a farmer live redered or cured by their use. So ing near San Marcos, Tex. He has common is it that diseases original submitted his claim to Governor Lan- from the stomach it may be safely asican continent there have been divers independent republics, bani. His remedy will be passed upon serted there is no condition of if the very name of three of which is known to but a few, while by a committee of five farmers whom bealth that will not be benefited or

A Sportsman's Paradise.

Lake Neuchatel is a kind of sportsman's paradise. A gentleman of Glet- enough for an ordinary occasion, and erens, in Fribourg, using the net from the Family Rottle, sixty cents, contains trout, of which one is locally reported generally gives relief within twenty to have weighed 29 pounds, and the minutes. other 19 pounds. His total catch, besides these two monsters of the trout



DROPSY NEW DISCOVERT



Ripans Tabules are the best dyspensis A bundred millions nedicine ever made. of them have been sold in the United States in a single year. Every illness

Tabules. Physicians know them and speak highly of them. All druggists sell them. The five-cent package is

A Money Making Opportu CRICAGO PORTEART CO., Dept. O.

I PAY SPOT CASH FO BUENTY LAND WARRANTS PANE W RECKE BUILD BOOK BUILD COM