

CHARACTERISTIC OF WORTH.

is more apt to command respect than mobile power to the acquirement of the the woman who trudges along with her art of living joyfully in our own head inclined forward and her should homes. ders in a stooping position. The pos- Married happiness is of a truth sessor of a graceful, erect carriage un- | God's blessing, but in this, as in fill consciously impresses us as having things, He demands our co-operation characteristic worth, says the Pitts- and the peace and joy and satisfaction burg Observer. There are many noble of two hearts so bound together does hearted women who really do them- not descend from the clouds and light selves injustice by the awkward way upon us. When we give all, it does not they carry themselves. It is very hard | mean the crude commodities of our for others to see beauty and grace of mental and bodily endowments, but heart in an unlovely outward appear- | the use they are meant to employ, and ance. It is the exterior charm of the the best results we can get from them. rose that gives fitting expression to its hidden sweetness.

Although there are many beautiful women with worthless hearts, still that | delphian, "came to this city when she fact does not weaken the other fact was eight years old. She was born that spiritual nobleness and a fair body in Spain-in Madrid-and her public are a consistent, barmonious associa-tion. Everything that appertains to the elevation of the soul affects for the better the aspect of the body, beautifying and refining it. Just as rare jewels iy, singing in 'Martha' at the Academy need fitting caskets to rest in, so it is of Music during the sojourn here of only meet that lovely souls should be the Prince of Wales. The programs enclosed in bodies that are beautiful on that occasion were elaborate

RIBBON EMBROIDERED CASE.

book covers, etc., being suitable articles for decorating with it.

On a handkerchief case the bunches with the exception of the stems and centres. The foundation is beliotrope bengaline silk, and a thin lining of support to the embroidery.

The colors of the ribbons are two of pink and two of green.

The centre bunch is entirely worked in greens for leaves, stems and centres, the flowers being all of one shade of of the two shades.

iave flowers in one shade only, pluk, yellow, blue and orange being used according to taste. The tiny flowers between the bunches are alternately dark and light orange. The needles used are what are termed "chenille needles," which have large oval eyes and sharp points.-

LEARN TO RELAX.

Washington Star.

It is strange how few people really know how to relax, to let the bed hold them instead of valuely trying to hold up the bed, says Health Culture. Give way, let the nerves and muscles rest. Do not anticipate your journey's end of waste nerve force by mentally going ahead and fussing because of delay Do not mentally get out and push the car along because you do not reach your destination in a moment. Relax. drop the subject from your mind, and long tulle bonnet strings. you will reach your objective point far less worn in mind and body than if you fussed and fumed.

You can add years to your life by simply breathing. It is want of thought, want of time, want of knowledge that is at fault.

Mrs. Browning says: "He lives most life who breathes most air." Learn to breathe properly and you will always you will never be nervous and fussy and make others around you nervous. thing. Relax and gain that repose of worn on the street. manner that places you and those its full length above the head and see cesses. if you can let it fall, commencing with the finger tips and so on down in perfect rhythm. Nineteen out of twenty will put it slowly down. This is not relaxing. Let it drop, and drop heavy. too. It will not come off. The muscles of the neck are seldom used freely. It is surprising how much force we use bald one. to hold our heads on. We do not find Nothing can be smarter than the this out until we try to let them go, shirt waist of white madras or silky Yawning is not polite, but it is health. linen with the front displaying an elabful. Why? Because if given full ex. orate embroidered design. Whether or pression it stretches and vitalizes all not the embroidery is in white or colors the muscles of the body, and then re. depends upon the individual taste of laxes them, quickening the blood sup- the wearer. ply and giving it free play.

ONE THEORY OF LIFE.

sympathy seeks to know what are his novelties in trimmings. real interests. It is well for a woman

To learn the small ways of peacethe waiting, the convenient sensonthe avoidance of the petty frictions tralia doubled in 1901.

which seem so ridiculously small and ret are so pregnant of evil results, the onsideration of those things which ire "impossible to understand," and yet are so vital to the mind that holds them firmly imbedded in its theory of life—these are difficult lessons which have been abandoned by so many a broken spirited man and woman and left them standing upon a field of bitter defeat.

If we could only grasp the thought as the absolute necessity of perfect married unity and partnership, that the very "love" on which most of us depend as our sole capital in this momentous partnership, may, by ignorance and persistence, be made a source of disaster, we would eagerly turn to The woman who carries herself well | the study of how to use and apply its

A STORY OF PATTI

"Adeline Patti," said an aged Philaenough. They were of satin, with a

fringe of gold luce. "Patti was a great business woman. A new departure in ribbon work is She made sums of money that have the crinkled ribbon which can be had not been equaled since by any singer. in several shades of various colors. I'll tell you a story indicative of her This ribbon is about the width of that ability as a financier. She was being used for ordinary ribbon work, but managed by Colonel Mapleson, and somewhat softer and closely crinkled. her contract was for \$5000 a night. This embroidery is suited only to Everything went well, but on a cerdainty articles which will not have tain day in Boston Mapleson was rough usage, table centres, sachets, short of cash. It was Patti's dictum that she must get her salary \$5000 on the afternoon, when the manager could produce only \$4000, her secretary went of flowers are all worked in the ribbon, away in great indignation. He vowed his mistress would not sing.

"But later on he returned and got the \$4000. That night's opera was cotton is placed under it to give greater 'Traviata,' and the secretary and Patti would come to the theatre and dress for the part of Violetta, all but the shades of orange, one of blue, two shoes. She would put her shoes on and appear when the extra \$1000 was forthcoming.

"She did this. At 7.30 o'clock she sat in her dressing room in her stockorange or clae with alternating petals on. Mapleson by this fine had taken in \$500 and he sent it back to her.

now put on one shoe. "At 8 o'clock another \$400 lot of put on the other shoe, and at the side."-Chicago Tribune. proper gioment, smiled and bowed, advanced toward the footlights in an uproar of cheers and applause. They say if the full \$5000 hadn't been forthcoming she wouldn't have appeared." -Philadelphia Record.



Rows of ribbon run under box pleats make a catchy effect.

A becoming revival is the wearing of

White cornl is the latest and smartest touch in the coral line. Shirring more than ever is noted,

even to the dominating of some whole

dresses. Broad antique lace let in between strappings is effective on a coat of white cloth.

Surplice effects are occasionally noted be self-possessed. Learn to relax and on an evening bodice, though becoming to very few.

Fascinating pongees have appeared Do not eatch the breath with a gasp, that are charming for between-seado not fuss with this or that little son's indoor gowns and later will be Mercerized cottons in exact imitation

around you at ease. Few people can of the etamines, canvases and grena-"let go." Only one person out of twen- dines so very popular in wool stuffs ty can really drop the arm. Raise it to are to be one of the summer's suc-

Some extremely effective gowns for bridesmaids are being made of pink crepe de chine with a satin finish and yellow lace trimmings. A vellow lace

The latest and smartest revers are

faced with satin embroidered in jet (for jet has been revived again and is a It is well for a man to realize that leading mode, and a girdle of cut jet admiration and induigence and ca. beads on satin is the smartest and sor?" resses do not satisfy a woman who, if she is able, desires to share his shown. "Nail heads" of jet on blas whole life, or if she can only give her satin bands are among the effective

One color scheme is to be carried out to fully comprehend that there are in many of the spring and summer times and seasons when her husband | weddings. Some are to be apple bloscan do no more than keep silence and soms, some in daffodils, some in parendure, and that his alternative would cissus and daisies, ferget-me-nots and be a rehement and passionate expres- so on. A smart wedding is being sion of pain that would perhaps alien- planned with the eight bridesmaids to ate them forever, says the New York be gowned in pink of different shades, from palest to deep rose hue.

Hamburg's shipping trade with Aus-

She Funny Life.

She smiled upon his suit, Oh, lucky, lucky lad! She smiled upon his suit, And yet he was not glad.

His coat was all awry,
His trousers bagged, to boot;
And that's the reason why
She smiled upon his suit!
—The Smart Set.

AS WE TALK. Hoax-"I just heard some news that seems too good to be true." Joax-"That's too bad."-Philadel phia Record

THE RESPONSIBILITY PLACED. "So their marriage was a failure." "Not at all. Marriage is all right, It was the man and the woman who were fallures."-Philadelphia Press.

CROSS-EXAMINATION.



Witness-"I am a conductor." Lawyer-"Railway, musical or lightsing?"-New York Journal,

HAS HIS DOUBTS. "Truth lies at the bottom of a well," said the man who quotes. "Not at the bottom of an oil well, I'll bet," snarled the man who had inwested-Baltimore Herald.

IMPROVED.

Purchases-"So this is an improved typewriter?" Agent-"Yes; if you don't know how to spell a word there is a key that will

make a blot."-Philadelphia Record. HOMER'S GOOD POINT. "I see that Andrew Carnegie thinks Homer didn't amount to much, after

"That's queer. Surely Homer must have had one good point in Andy's estimation. He didn't die zich."-Chicago Record-Herald.

CRAFT WINS.

"How did you ever manage to get She returned him word that she would on the good side of that crusty old uncle of yours?" asked Fan. "Fed him the things he liked when tickets had been sold. The money he came to visit us," replied Nan. went to Patti. And she immediately The good side of any man is his in-

TEST OF ALTRUISM.

Little Willie-"Pa, what's an al-tru-His Father-"A man, my child, who carries his umbrella all day without using it, and then is glad it didn't rain on account of the people who had no umbrellas with them."-Judge.

EITHER WAY.

"How and Miss Fortorn looks," remarked the guest sympathetically. "Yes, poor thing," replied her hostoms, "she was disappointed in love." "And who is that awfully sour look-

ing woman?" "Oh, that is Mrs. Ketcham. She was disappointed in marriage."-New York

HIS FALL.

"Speaking of bad falls," remarked Joggers, "I fell out of a window once and the sensation was terrible. During my transit through the air I really believe I thought of every mean act I ever committed in my life." "H'm," growled Jiggins, "you must have fallen an awful distance."-New York Sun.

THE EASIEST WAY.



Visitor-"Herr von Vandersemertootlebelmer." Maid-"Yes, sor. Will ye plaze walk op stairs an'-an' bring it wid ye?'-

A NATION'S BLUFF. "Do you want war?" asked the prime minister.

"Certainly not," answered the king. "Then why do you assurae such a defiant and bellicose attitude?" "Because I have reason to suspect that the other country is even more averse to war than I am."-Washing-

DISCUSED CATARRE

A Stealthy, Insidious, Weakening Enemy to Women-Many Thousand Women Suffer Needlessly From This Cause.

MRS. BYA BARTRO

There are a multitude of women, sepe-sially housewises, and all other women obliged to be on their feet constantly, who are wretched beyond description, simply because their strength and vitality is sapped away by catarrhal discharges from the pelvic organs. These women get up in the meering tired, drag themselves through their daily duties tired, only to go to bed at night as tired as below.

Fre. Eve Re-the, 180 Rese for Server,
F. E. Chy, S. I. writes—"I reflect for
three years with what is generally snown as
recourtles, in connection with themselved an operation which I dressed very much and strongly objected to a under it. Reselved at operation which I dressed very much and strongly objected to a under it. Reselved or the
value of Persons. I thought it heat to give
this well-known remedy a trial, so I bought
three bottles or it at once. Now I are a
changed woman. Persons oursel me, it took
after bottless but I felt so much improved I
kept unking it, as I dressed at operation so
much. I am today is perfect besith, and
have not felt so well for fifteen years."—Mrs.
Eva Bartho.

MISS LOUISE MARON



Miss Lenise Mahem, 5 Glee Battle Street, Terosite, Out. Can., Servetary of the Ring's Daughters, and Secretary of Lady Mason-bees, writes:—"If all women knew of the benefits to be derived from taking Perma we would have many happier and more healthful women. My health has never been too robust, and I am easily fatigued and can not stand much. A best a year ago I was no run down that I had to take to my bed, and became weaker and weaker. A friend advised me to try Perma, and I have great reason to be grateful, for in two weeks I was not of hed and in a month I was perfectly well, and I now find that my health is much more robust than formerly, so that I take Perma case or twice a month and keep well." Louise Mahon.

Peruna is such a perfect specific for each case that when patients have once used it they can never be induced to quit it mits they are permanently cared. It begins to relieve the disagreeable symptoms at once. The backache coases, the trembling knees are strengthened, the appetite restored the digestion made perfect, the duil head-ache is stopped and the weakening drains are gradually cured. These results certainly follow a course of treatment with Perman.

Barbara Alberty, corner Seventh and Walnut streets, Appleton, Wis., writes as follows in regard to Peruna:

"For years I have suffered with backache and severe pains in the side. I doctored so much that I became discouraged. A school friend told me how very much Peruna had benefited her and I sent out for a hortle with the for a bottle, which did more to relieve me than all the other medicine I have ever

Degrees for Women. It is believed that the University of Dublin will soon throw open its declusion.

antiquities in Cornwall.



drely disoppeared, and I am well. - Mrs. Anna Martin.

MRS. KATH MANN

Mrs. Wm. Hetrick, Kennard, Washington County, Neb., writes:

"I am fifty six years old and have not felt well since the Change of Life began ten years ago. I was in misery somewhere most of the time. My back was very wash and my fiesh so tender it hurt me to ism against the back of a ckair. I had pain under my shoulder blades, in the small of my lack and hips. I sometimes wished myself out of this world. Had hot and cold spelia, disminess and trambling of the limbs, and was losing fiesh all the time. After following your directions and taking Perusa I now teel like a different person.—Mrs. Wm. Hetrick.

If you do not derive prompt and extractory results from the nes of Perusa write at once to Dr. Hartman, giving a full state ment of your case, and he will be pleasant to give you his valuable advice gratis.

Perusa can be purchased for all per hottle at all first-class drug stores.

Address Dr. Hartman, President of The

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O. MR4. ANNA MARTIN

Vapor Motor for Boats.

4

The first large vapor motor applied grees to women, and it is said that to navigation is to be placed on the Sanlos-Dumont, has leased a part of with this following in the footsteps of fishing boat of M. Emile Altazin, now the Scottish universities, Oxford and being built at Boulogne. The vessel, Cambridge will hardly be able to con- which is 90 feet long, and is designed tinue much longer their policy of ex- to carry 300 tons, will be provided with a 200-horsepower motor, together with salis, and will also have a 25-horsepow-Striking resemblance has been point- er motor for operating nets. The moed out between the remarkable ancient tors will use either gasoline or alcohol. ruins at Zambabwe, in Rhodesia, and of which the tanks will contain 8,000 Italy are being landed daily at Folkegallons

The Aerial Tournament

Leo Stevens, the American rival of Cayuga Island, in the Niagar River, . few miles above Niagara Falls, for his experimental work in airship construction, with the view of producing a machine to compete in the aerial tournsment at the World's Fair in 1904.

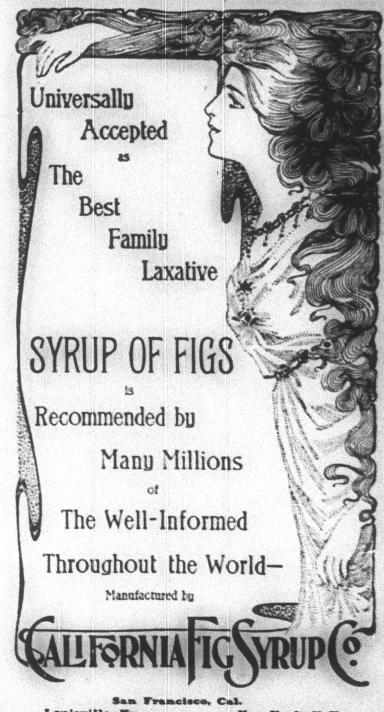
Thirty tons of cauliflowers from stone for the London market.

THE MEN AND WOMEN

Who Enjoy the Choicest Products of the World's Commerce.

Enowledge of What le Best More Important Than Wealth Without It.

It must be apparent to every one that qualities of the highest order are neces-eary to enable the best of the products of modern commerce to attain permanently to universal acceptance. However loudly heraided, they may not hope for world-wide preeminence unless they meet with the general approval not of individuals only, but of the many who have the happy faculty of selecting, enjoying and learning the real worth of the choicest products. Their commendation, consequently, becomes important to others, since to meet the requirements of the well informed of all countries the method of manufacture must be of the most per-fect order and the combination the most excellent of its kind. The above is true not of food products only, but is expecially applicable to medicinal agents and after nearly a quarter of a century of growth and general use the excellent remedy. Syrup of Pigs, is everywhere accepted, throughout the world, as the best of family laxatives, its quality is due not only to the excellence of the combination of the laxative and carminative principles of plants known to act most brackcially on the system and preseniol in the form of a physical and re-freshing Equid, but also to the method of manufacture of the Conforms Fig. Syrup Co. which ensures that uniformity and purity essential in a remedy intended for family use. Ask any physi-tian who is well informed and he will answer at once that it is an excellent laxative. If at all emonent in his profession and has made a special study of laxatives and their effects upon the system he will tell you that it is the best of family laxatives, because it is simple and wholesome and cleanses and sweetens the system effectually, when a laxative is needed, without any un-pleasant after-officets. Every web-informed drugg at of reputable standing knows that Syrup of Figs is an exceltent laxative and is glad to sell it at the regular price of fifty cents per bot-He, because it pives general satisfacorder to get the beneficial effects of Syrup of Figs it is necessary to buy the genuine, which is sold in original pack-ages only; the name of the remedy-Byrup of Figs and also the full name of the Company-California Fig Syrup Co. -printed on the front of every package.



Louisville, Hy. New York, N. Y. POR SALE BY ALL LEADING DRUGGISTS. PILICE FIFTY CENTS PER BOTTLE