### Make the Liver Do its Duty

Nine times in ten when the liver is right the omach and bowels are right. CARTER'S LITTLE LIVER PILLS ently but firmly co

he, and Distress after Eating. all Pill, Small Dose, Small Price Genuine mutben Signature

Frank Weldon, Atlanta, Ga.

Readers of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all subdivides or insisting.

## WHAT'S Your Health Worth?

You start sickness by mistreating nature and it generally shows first in the bowels and liver. A 10c box (week's treatment) of CASCARETS will help nature help you. They will do more—using them regularly as you need them—than any medicine on Earth. Get a box today; take a CASCARET tonight. Better in the morning. It's the result that makes millions take them.

CASCARETS for a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

AGENTS wanted in every town. An opportunity to care big money, Exclusive Market of the Control o

Ifamicted with Thompson's Lye Water



RED CROSS SEAL IN HISTORY

First Used During the American Civil War-Now an Aid in Fighting Tuberculosis.

Red Cross Christmas seals date back in their origin to "charity stamps," first used for the soldiers' relief funds in Boston in 1862, during the Civil war. After the war, this method of raising money was discontinued in this country for a generation, although it found vogue in Portugal, Switzerland, Australia, France, Spain, Denmark, Norway, Russia, weden and other European coun-There are now several hundred different types of charity stamps used in all parts of the world.

Stamps or seals were first used to get money for the anti-tuberculosis crusade in Norway and Sweden in 1904. After being used in these countries for three years, as a direct result of the interest of Jacob Riis in this movement, the Delaware Anti-Tuberculosis association, headed by Miss Emily P. Bissell, and the Red ross society of Delaware combined in issuing a tuberculosis stamp. So successful was this campaign that nearly \$3,000 was realized, and the next year, in 1908, the American Red Cross was induced to issue a national Red Cross tuberculosis stamp. From this sale, \$135,000 was realized, that amount being almost doubled in 1969. This year, for the first time, the sale is organized on a comprehensive basis, taking in all parts of the United States. A million for tuber-culosis work is confidently expected.

Thorough. "You are an optimist?"

"I am," replied Mr. Dustin Stax. "I not only hope for the best, but I make practical arrangements to get it."

True men and women are all physiclans to make us well.-C. A. Bartol.

# Post **Toasties**

With Cream

With Milk

With Fruit.

Savoury

Wholesome

**Economical** 

"The Memory Lingers"

Portum Cereal Co., Ltd., Battle Creek, Mich.



MANY BADLY AFFECTED BY SOAP IN COLD WEATHER.

Drying Effect of Cold Causes Skin to Crack Painfully-Washing Powders That Are Cleansing, Softening and Refining.

Persons with delicate skin some times are so unfortunately affected by scap in cold weather that to try to get lean with it is to harm the flesh. Almost every one knows that cold is drying to the skin; that, for example is one reason that finger tips, which may be all right through the summer, sometimes crack painfully; cold has fried out the natural lubricating oils. Even when the drying process does not go to this extent the skin will become roughened by it, and when this happens dust settles under in a way which makes eradication impossible.

One woman, whose skin is like paper in its delicacy, counteracts the effect of soap by always rubbing her hands with grease before she washes them. Either vaseline or cold cream serves the purpose, and the fingers and backs are well covered with it. Then washing is done with a bland soap and warm water, drying with great care follows, and the skin stays smooth and white.

It is impossible to lay down a rule as to the use of soap. Its effects is influenced entirely by the natural condition of the skin on which it is put, and what may suit one person perfectly may be too greasy or too drying for another. Contrary to a general belief, castile soap disagrees with many persons. It is extremely drying to the average adult's skin, and though it suits babies admirably, it ceases to agree as they grow older. Palm oil is one of the simplest, looking not unlike castile. Its effect is sometimes highly desirable with persons to whom castile is positively injurious.

Various washing powders, so-called soap substitutes, are good, but so elabprate to make that few care to go to the trouble of making them. As a rule their basis is ground almonds, and unless one has all the utensils with which to work it becomes absolutely make with each blouse a pair of extra impractical to prepare the powder properly.

Nevertheless, one that has stood high in favor since before the time of Fasten these with the band of hat rubour grandmothers is made from eight ber.

PROPER CARE OF SKIN ounces each of Jordan almonds. two ounces of powdered orris root. one-eighth of an ounce of oil of lemon and one dram of oil of bitter almonds The mixture, after it has been care fully combined, is kept in a tightly covered glass jar.

To use, the hands are wet, and about a teaspoonful of the powder is put into the palm, the hands being then well rubbed. It is cleansing, as well as softening and refining.

IN FASHION.



Example of the New Greek Coiffure.

The Newest In Muffs.

The enormous muffs which still prevail-if large at all then they must be simply stupendous, exactly like a fur rug folded-look very well in wolf skins, provided that extremely hand-some kind is used which bears a likeness in color to silver fox. So, again, in the now seldom seen Isabella bear, they are effective. The very dark gray squirrel with a brownish stripe in the back makes a lovely wide stole and rich muff hemmed with dark mink for those who like a combination of furs, and so does beaver made up very supple and limp; but this looks best by itself.

Shirtwaist Sleeves.

Dresses and shirtwaists always become soiled and worn out on the sleeves faster than anywhere else moreover, separate black sleeves soil almost immediately any white waist they are worn with. A good idea is to sleeves, reaching a little above the elbows and fashioned of the same fabric and cut as the sleeves underneath.

### CONVENIENT WORK BAG SECRET OF GOOD HOSTESS

Is Handy for Small Pieces of Fancy Work or for Undarned Stockings.

This bag may be made of any size, so that it may be used for small ing to be mended.

board box is used: the inside and out the merest accident of the square bottom must both be covered with the material that is to

The bag must be made just the size of the box and about twice as



deep as the width of one side. Turn down the top with a hem of one and one-half to two inches; extra material must be allowed for the turning of this hem; run the hem twice so as to make a slide in which cord may be and emery cushions, needle case. threaded to draw up bag. Don't sew up the bottom of the bag, but turn in the edges and sew it to the inside of erer to the embroiderer. Think of it the sides of box, the stitches can be when Christmas rolls around and taken through to the outside, as they make it then of cheerful red ribbon.

Now on the outside of box put a band of embroidered canvas, fancy silk or velvet; it must be cut a trifle wider than the depth of side and be sewn in position top and bottom. The ends must be neatly joined together.

To Make Gloves Last. To prolong the wear of cotton or silk gloves place a small piece of cot-ton wool in the tips of each finger and thumb. This will prevent the nails from rubbing them into holes so

Carefully to Plan Details and Make Guests Feel Welcome and Comfortable.

The secret of the successful hostess is to make her guests feel welcome pieces of fancy work or to hold sev- and as comfortable as possible, and to eral pairs of stockings that are wait- carefully plan out and arrange every detail before the actual day; then For the foundation, a square card- should things go wrong it will be by

If she is giving an informal tea and the callers are not likely to exceed be selected for the bag; it may be twelve the tea should be served in the fixed in position by a little seccotine. drawing room, pouring it out herself and intrusting the delivery of the cups and small cakes to a girl friend or gentleman visitor, should the husband not be present.

If the number increases beyond this it is better to serve tea in the dining room. In any case the best available china should be used, spotless napery and glistening silver. Lace-edged and embroidered doilies should be placed on the plates which hold the cakes and dainty sandwiches.

We are told the ideal hostess is oorn, not made, but even if the little fairy forgot the gift of hospitality at our birth it would seem the duty of every woman to cultivate this art.

We are also told that "practise makes perfect," and after a little prac tise, if her endeavors are earnest, a woman will gain that envied reputa-tion of being a "good hostess."

Sewing Chatelaine.

The lightest and most convenient of sewing cases is a chatelaine formed of a long, narrow ribbon matching the shade of the working dress and thread ed through a chain of gilt or ivory rings. The ribbon is finished with clusters of narrower ribbon bows from which hang scissors, thimble, pin

piercer, loops of embroidery, silk, etc. It is a pretty gift from the embroidwith green-tinted ivory rings.

Black Braid Popular.

Never has the variety of black silk braid for trimming been so great. It ranges in width from the narrowest to a basket weave about six inches in width, suitable for bodices. Some kinds of fur are combined with the braids that the effect is much like a heavy lace and a fringe effect is also produced. Beautiful black silk twisted cord comes as large as half an inch in diameter and is very effective.

#### PESSIMIST RAISES A WAIL

Incidentally Gives a Hard Jolt to Time-Honored Conception of New England Thanksgiving.

"Oh, yes; the New Englanders make a great time of Thanksgiving." said the insurance man as the subject was under discussion. "Yes, they are great on Thanksgiving."

"All the relatives gather for a big

dinner, don't they?" was asked.
"Yes. My Uncle Ben, up in Vermont, gathered thirty of us at his house last Thanksgiving."

"What a visit you must have had!" "Oh, yes "And the banquet. I can picture it."

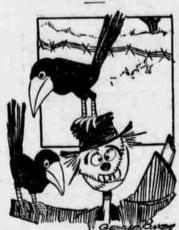
"Can you?" "There was turkey, goose, duck, chicken, roast pig and sparerib. There was mince pie, pumpkin pie and cider. There was a big cottage pudding and cranberry sauce. Ah, it

must have been a royal feast." "Yes, it was," dryly replied the in-surance man. "My Uncle Ben killed off four old roosters, his wife made four or five apple ples, and stewed up a peck of prunes, and we sat down to the feast."

"But-but it was Thanksgiving." "Sure, Mike. If it hadn't been we wouldn't have got the prunes."

"And-and that was all?" "All except that after dinner my Uncle Ben took up a collection for the heathen, and we chipped in 50 cents apiece. My Uncle Ben was the heathen, you know. Oh, yes-New England Thanksgiving. I've been

THEIR FATE.



Mrs. Crow-William, have you ever stopped to think what will become of us when we are old?

Mr. Crow-Oh! I suppose wee'll wind up as quail on toast at some table d'hote restaurant.

YOUR STOMACH FEELS FINE.

Dyspepsia, Indigestion, Sourness, Gas and All Stomach Misery Ended in Five Minutes.

This harmless preparation will promptly digest anything you eat and overcome a sick, sour, gassy or out-oforder stomach within five minutes.

If your meals don't fit comfortably, or what you eat lies like a lump of lead in your stomach, or if you have heartburn, that is a sign of Indigestion. Get from any drug store here in

town a 50-cent case of Pape's Diapepsin and take a dose just as soon as you can. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, Nausea, Debilitating Headnches, Dizziness or Intestinal griping. This will all go, and, besides, there will be no sour food in the stomach to poison your breath with nauseous odors.

Pape's Diapepsin is a certain regulator for out-of-order stomachs, and besides it takes hold of your food and digests it just the same as if your stomach wasn't there.

These large 50-cent cases contain more than sufficient to thoroughly cure any case of Dyspepsia, Indigestion or any other stomach disorder.

Remember, if your stomach feels out of order and uncomfortable now, you can get relief in five minutes by taking a little Diapepsin.

As Time Passes. "Before you were married you used

to send your wife flowers." "Yes," replied Mr. Meekton. "Now it takes a diamond necklace to make her as enthusiastic as she used to be over a five-dollar bunch of roses."

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colle, 25c a bottle.

Repentance as a habit would keep

one turning in a circle. Dr. Pierce's Favorite Prescription

Is the best of all medicines for the cure of diseases,

disorders and weaknesses peculiar to women. It is the only preparation of its kind devised by a regularly graduated physician—an experienced and skilled specialist in the diseases of women.

It is a safe medicine in any condition of the system.

THE ONE REMEDY which contains no alcohol

and no injurious habit-forming drugs and which

THE ONE REMEDY so good that its makers

are not afraid to print its every ingredient on

each outside bottle-wrapper and attest to the

It is sold by medicine dealers everywhere, and any dealer who hasn't it can

act it. Don't take a substitute of unknown composition for this medicine of a substitute of unknown composition for this medicine of a known composition. No counterfeit is as good as the genuine and the druggist who says something else is "just as good as Dr. Pierce's" is either mistaken or is trying to deceive you for his own selfish benefit. Such a man is not to be trusted. He is triffing with your most priceless possession—your health—may be your life itself. See that you get what you are fer.

creates no craving for such stimulants.

truthfulness of the same under outh.

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**Eminent Doctors at Your Service Free** 

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If you are in doubt as to the cause of your disease, or feel the need of medical advice, address a letter to Munyon's staff of eminent specialists, and they will send you an examination blank, which you will fill out and return to them. They will then diagnose your case and tell you what to do, absolutely free of charge. You do not put yourself under any obligation to them, and they will not feel hurt if you do not follow their advice. If they prescribe Munyon's Remedies and you decide to take the treatment, it goes with a guarantee of satisfaction or money

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# People Who Work **Indoors With Their Hands**



Seamstresses, watch-makers, artists, draughtsmen, and many others, cannot properly handle their tools with cold, stiff hands. Many a lost hour or two on cold winter mornings results from the delayed heat of furnace or stove.

The Perfection Oil Heater in a few minutes gives the temperature that assures the worker warm hands and pliable muscles. The



quickly gives heat, and with one filling of the font burns steadily for nine hours, without smoke or smell. Has automatic-locking flame spreader which prevents the wick from being turned high enough to smoke, and is easy to remove and drop back so the wick can be quickly cleaned.

It has a damper top and a cool handle. Indicator always shows the amount of oil in the font. The filler-cap does not need to be screwed down; it is put in like a cork in a bottle, and is attached to the font by a chain, and cannot get lost.

The burner body or gallery cannot become wedged, because of a new device in construction, and consequently, it can always be easily unscrewed in an instant for rewicking. The Perfection is finished in japan or nickel, is strong, durable, well-made, built for service, and yet light and ornamental. Dealers Everywhere. If not at yours, write for descriptive circula to the nearest agency of the

Atlantic Refining Company



Will Keep Your Harness soft as a glove tough as a wire black as a coal

FOR SALE BY Atlantic Refining Company (Inc.)
Philadelphia, Pa. Pittsburg, Pa. Philadelphia, Pa.



**Household Lubricant** THE ALL-AROUND OIL

is specially selected for any need in the home. Saves tools from rusting. Can cannot break. Does not gum or become rancid.

Atlantic Refining Company (Inc.)

Keeps the spindle bright and free from grit. Try a box. Dealers every-where. For sale by THE ATLANTIC REFINING CO. (Incorporated)
Philadelphia, Pa., and Pittsburg, Pa.

Seymour-Young Ticer looks like a cautious man.

Ashley-He is cautious; he's so cautious that he wouldn't ask the pret-

tiest girl in all the world to let him see her home unless he had learned how far away she lived.

Anyway Eve never had occasion to marry Adam by asking two or three times a day if she was the only woman he ever loved.

# RAW FURS THE OLDEST FUR HOUSE IN AMERICAL

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