

A TIMELY WARNING.

Backache, headaches, dizzy spells and distressing urinary troubles warn you of dropsy, diabetes, and fatal Bright's disease. Act in time by curing the kidneys with Doan's Kidney Pills. They have cured thousands and will cure you.

Mrs. Sarah S. Maupin, Brentwood, Tenn., says: "Doctors said I had Bright's disease and held out little hope of recovery. I could scarcely totter about. My limbs were swollen and my life was one long, drawn out pain. I began using Doan's Kidney Pills and was astonished at the results. In six weeks I could do a hard day's work without inconvenience."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

All About It.

To appreciate fully this scrap of dialogue quoted from London Punch, one should see the two odd characters engaged in it. Apparently they parted satisfied, one that he had imparted some real information, the other that he had received some. Said one man: "D'you recollect old wot's-is-name?" "Im with the collar?" "Aye!" "Wot abbat 'im?" "E'ad to go down—jerk of the head—you know—they give 'im wot you call it—didn't arf git it, I don't think!" "Reely!" "Adn't you 'eard, then?" "I did 'ear somefink, but no details, not afore now."—Youth's Companion.

Why the Boy Gave Thanks.

Alan had played the entire day with little brother without an impatient word. After saying his customary prayer that night, his mother suggested that he add: "I thank God I was not impatient with little brother to-day." This he did with much fervency; after which he remarked that there were some other things he would like to thank God for, and forthwith he closed his eyes and said: "I thank God I offered my candy to mother before taking any myself."

"I thank God I offered my candy to little brother before taking any myself."

"And I thank God there was some left."—Lippincott's.

Cheering Up the Guide.

"Remember, Henry," said the hunter who had arranged with the guide, "we're not hiring you—you're simply one of our party."

"What's on your mind?" inquired the guide.

"Well, you see, in case anything happens we don't want to be troubled with this new employers' liability law," admitted the cautious hunter.—Puck.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate stomach, liver and bowels. Sugar-coated tiny granules.

Preserving mediocrity is much more respectable, and unspeakably more useful than talented inconsistency.—Dr. Hamilton.

# AFTER SUFFERING ONE YEAR

## Cured by Lydia E. Pinkham's Vegetable Compound

Milwaukee, Wis. — "Lydia E. Pinkham's Vegetable Compound has made me a well woman, and I would like to tell the whole world of it. I suffered from female troubles and fearful pains in my back. I had the best doctors and they all decided that I had a tumor in addition to my female trouble, and advised an operation. Lydia E. Pinkham's Vegetable Compound made me a well woman and I have no more backache. I hope I can help others by telling them what Lydia E. Pinkham's Vegetable Compound has done for me." — Mrs. Emma Lmse, 833 First St., Milwaukee, Wis.

The above is only one of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate diseases of women after all other means have failed, and that every such suffering woman owes it to herself to at least give Lydia E. Pinkham's Vegetable Compound a trial before submitting to an operation, or giving up hope of recovery.

Mrs. Pinkham, of Lynn, Mass., invites all sick women to write her for advice. She has guided thousands to health and her advice is free.

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TAKE A DOSE OF **PISO'S** THE BEST MEDICINE FOR COUGHS & COLDS

# The Little Republic of COSTA RICA



PICKING COFFEE IN COSTA RICA

**C**OSTA RICA stands alone among the turbulent Central American states in all things pertaining to freedom, self-government and progress. The country was colonized at first by people from the ancient Spanish province of Galicia, and the colonists have not, as in many tropical countries, amalgamated with the aborigines; they have consequently kept to the present time the original characteristics, as well as the qualities of their race, and the inherent grace and charm of their ancestors. They are laborious, progressive and peace-loving, and have a record of a long period of absolute internal tranquillity.

Three-quarters of the population inhabit the so-called central plateau, the climate of which is the most perfect realization of perpetual spring. The agriculture of this region is very highly developed, the principal product being coffee, maize, beans and potatoes. The land is divided into exceedingly small holdings. Almost every peasant is a land-owner.

The Atlantic coast, warm, humid, and rather unhealthy, but very fertile, produces on a very large scale bananas and cacao, the exploitation of which is unfortunately tied by contracts with foreign companies. In the banana plantations, covering over a hundred square miles, the laborers are mainly West Indian negroes, the only human beings able to stand hard and continuous work under the climatic conditions.

The Pacific coast does not differ much from the interior but for its warmer temperature and its extensive grass-covered savanas, in which stock raising is the chief industry.

Except for a small part, located in the western province of Guanacaste, the 360,000 inhabitants are crowded into a narrow belt extending across the country from ocean to ocean, along the railroad which connects Port Limon and Punta Arenas. The remaining part of the state—that is to say, four-fifths of its entire surface of about 18,400 square miles—is a wilderness, with but a handful of hardy half-civilized Indians inhabiting the valleys of Diquis and Talamanca.

Of the five Central American republics, Costa Rica was the first to be connected by a railway with the eastern coast, thus getting into close touch with European civilization. In many respects this was a source of real benefit to the country. The Costa Ricans became great travelers. They sent their sons to be educated in foreign schools and universities, and on their return these diffused among their fellow-citizens new ideals and more advanced moral standards. Foreign teachers and professors were brought and kept long enough to establish on a solid foundation an excellent school system, so perfect indeed that illiterate men or women are hard to find, while books and newspapers are common even in the most remote hamlets. The scientific study of the climate and the natural resources of the country was carried on at the expense of the government, and the in-



Picking Bananas.

roduction of modern arts and agricultural methods and implements were given every encouragement.

Sad to say, the uplift in the general education has awakened misdirected ambitions among the poorer classes, attracted the peasants to the cities, created a greed for government positions, these having consequently multiplied beyond all reasonable limits, with a corresponding and necessary increase of public expenditures.

Moreover, on account of a heavy public debt, the result partly of unscrupulous speculations of foreign and native financiers and of unwise undertakings, the government has be-

come entangled in heavy financial difficulties that have brought the country to the verge of bankruptcy. This deplorable economic situation has been aggravated of late by several consecutive failures of the coffee crop, by unusual rainy seasons, resulting in inundations, destruction of railroads and depression of the banana trade.

Two Leading Cities.

Sailing in any staunch ship from New York or other Atlantic port for Costa Rica, one lands at Port Limon, the Atlantic sea entrance of the republic. This is one of the largest export banana markets in the world. The trains run into the banana fields and bring out the thousands of bunches as though they were so many logs.

The city is hemmed in on one side by Limon bay, and on the other by hills that look majestically down upon it through their verdant covering which knows no change. One of the



Making Pottery.

most substantial iron piers in the world is here. With its great iron piles rooted deep into the bed of the sea it extends far out into the water. Upon this the trains run alongside of the big ships with their loads of bananas for export. Sometimes there are so many ships here that some have to drop anchor and wait till others clear port. It is at Port Limon that they have a municipal free laundry.

The distance from Port Limon to San Jose, the capital, by rail, is 108 miles, and is a whole day's journey. The cars in which you make the trip are not as commodious as American ones. So you are certain to grow weary of the trip before you reach the city. I suppose it is the only railroad in the world, a journey upon which makes one "sea sick."

San Jose is situated in a fertile valley and has a population of about 28,000. Two railroads enter the city; one from the Atlantic side and the other from the Pacific. The latter is under government control and is incomplete. The city is lighted by electricity and also has an electric street railway. Those low adobe houses that have swayed the architectural style since the early Spanish days are giving place to modern brick structures that pierce the air above the head of man.

It is in this city that you find one of the finest theatrical houses in the world. It was in course of construction seven years and cost about \$5,000,000.

The seat of the cathedral is here, one of the finest in the tropics. It has three massive doors, 24 massive posts distributed along the three broad aisles and is lighted with about 500 candles aside from the many electric lights.

The republic controls the manufacture of whisky and it is in San Jose that you find her big distillery. Much American capital is invested here, and there is promise of much business activity. The climate being salubrious, a trip down there is an enjoyable one; the city is often called the Paris of Central America.

Costa Rica has not had so large a share as some of the others in the revolutions and wars which have distinguished the countries of the isthmus ever since their establishment; nevertheless, the little republic has by no means been free from strife. There is trouble enough on the isthmus at all times, and Costa Ricans would scarcely be human if they did not put a finger into the pie. Still, the country is safe for foreigners and is most interesting to visit. With the establishment of the canal it will experience a new lease of life and is already getting ready to take the advantages that will come of entrance into a new era of prosperity.

### HIS LIVELIHOOD AT STAKE

Certainly Candidate for Governor Could Not Expect to Get That Vote.

An incident in which former Governor Odell of New York figured as the victim was told by Col. James Hamilton Lewis at a recent banquet. "When Governor Odell was last running for office," said Colonel Lewis, "there had been a great deal of talk about Niagara Falls and the electrical power that could be conferred on all parts of New York. One day an old negro halted Mr. Odell and said: 'Mr. Odell, is yo' runnin' for govner, sah?'"

"I am," answered the candidate.

"I guess yo' want my vote, den," said the colored man.

"Well, I would like to have your vote, Zeb. I have known you for so many years."

"Well, I just want to ask you a question, Mr. Odell, befo' I give mah vote to you. Are yo' for electric lights in dis town?"

"Well, Zeb, I am for all modern improvements," said Odell, with a slight flourish.

"Well, sah, I can't vote for you," said Zeb with firmness. "Yo' done forget dat I is a lamp lighter."

### AWFUL BURNING ITCH CURED IN A DAY

"In the middle of the night of March 30th I woke up with a burning itch in my two hands and I felt as if I could pull them apart. In the morning the itching had gone to my chest and during that day it spread all over my body. I was red and raw from the top of my head to the soles of my feet and I was in continual agony from the itching. I could neither lie down nor sit up. I happened to see about Cuticura Remedies, and I thought I would give them a trial. I took a good bath with the Cuticura Soap and used the Cuticura Ointment. I put it on from my head down to my feet and then went to bed. On the first of April I felt like a new man. The itching was almost gone. I continued with the Cuticura Soap and Cuticura Ointment and during that day the itching completely left me. Frank Gridley, 325 East 43rd Street, New York City, Apr. 27, 1909." Cuticura Remedies are sold throughout the world; Potter Drug & Chem. Corp., Sole Props, Boston, Mass.

### Getting a Reputation.

There is a desk in the senate particularly convenient as a place from which to make speeches. It is next to the aisle and almost in the center of the chamber, and affords an opportunity for the speaker to make everybody hear.

At least a dozen senators, according to the Washington correspondent of the St. Louis Star, have borrowed this desk when they had special utterances to deliver to the senate. This led, not long ago, to a mild protest from its legitimate occupant.

"I am perfectly willing to give up my desk," said he, "but I am afraid people will think that the same man is talking all the time. I don't want to get the reputation of constantly filling the senate with words."—Youth's Companion.

**TRY MURINE EYE REMEDY** for Red, Weak, Weary, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, \$1.00. Murine Eye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail. Murine Eye Remedy Co., Chicago.

### The Exception.

"Doesn't your husband like cats, Mrs. Blinks?"

"No, indeed. He hates all cats except a little kitty they have at his club."

### Contrary Issues.

"So Blinks has had his income cut down?"

"Yes; that is why he is so much cut up."

A good honest remedy for Rheumatism, Neuralgia and Sore Throat is Hamlin's Wizard Oil. Nothing will so quickly drive out all pain and inflammation.

It's up to a man to choose between two evils when he is asked to beat the carpet or take care of the baby while his wife does it.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Some people treat the sermon as a table d'hote dinner, picking out the things that will not agree with them.



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We sweep away all doctor's charges. We put the best medical talent within everybody's reach. We encourage everyone who ails or thinks he ails to find out exactly what his state of health is. You can get our remedies here, at your drug store, or not at all, as you prefer; there is positively no charge for examination. Professor Munyon has prepared specifics for nearly every disease, which are sent prepaid on receipt of price, and sold by all druggists.

Send to-day for a copy of our medical examination blank and Guide to Health, which we will mail you promptly, and if you will answer all the questions, returning blank to us, our doctors will carefully diagnose your case and advise you fully, without a penny charge.

Address Munyon's Doctors, Munyon's Laboratories, 53d & Jefferson Streets, Philadelphia, Pa.



The Rayo Lamp is a high grade lamp, sold at a low price. There are lamps that cost more, but there's no better lamp made at any price. Constructed of solid brass, nickel plated—easily kept clean and bright in any room. There is nothing known to the art of lamp-making that can add to the value of the RAYO Lamp as a lighting device. Every dealer everywhere. If not at yours, write for descriptive circular to the nearest agent of the

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Boys' Shoes, \$2.00, \$2.50 & \$3.00. BEST IN THE WORLD.

Do you realize that my shoes have been the standard for over 30 years, that I make and sell more \$1.00, \$1.50 and \$2.00 shoes than any other manufacturer in the U.S., and that DOLLAR FOR DOLLAR, I GUARANTEE MY SHOES to hold their shape, look and fit better, and wear longer than any other \$3.00, \$3.50 or \$4.00 shoes you can buy? Quality counts. It has made my shoes THE LEADER OF THE WORLD.

You will be pleased when you buy my shoes because of the fit and appearance, and when it comes time for you to purchase another pair, you will be more than pleased because the last ones wore so well, and gave you so much comfort.

CAUTION! If your dealer cannot supply you with W. L. Douglas Shoes, write for Mail Order Catalogue.

W. L. DOUGLAS, Inc., 145 N. Market Street, Haverhill, Mass.

**SPHON'S** For **DISTEMPER** Pink Eye, Epizootic Shlipping Fever & Catarrhal Fever

More sure and positive preventive, no matter how rampant any stage are infected or "broken." Liquid given on the tongue; acts on the Blood and Glands, expels the poisonous germ from the body. Cures Distemper in Dogs and Puppies and Cholera in Poultry. Largest selling live stock remedy. Cures Jaundice among human beings and is the best Kidney remedy. Fits an 8 & 1/2 bottle, 75c and 1 1/2 a dozen. Cut the neck open in the top of the bottle, who will get it for you. Free Booklet, "Prevention, Causes and Cures." Special Agents wanted.

SPHON MEDICAL CO., Chemists and Bacteriologists GOSHEN, IND., U. S. A.

# MICA AXLE GREASE

Keeps the spindle bright and free from grit. Try a box. Sold by dealers everywhere.

Atlantic Refining Co. (Incorporated)

## Not Easy.

Pat was a married man—a very much married man. He had married no fewer than four times, and all his wives were still in the fore. According to Pat's own account before the court where he was tried for bigamy and found guilty, his experiences were not altogether satisfactory. The judge, in passing sentence, expressed his wonder that the prisoner could be such a hardened villain as to delude so many women.

"Yer honor," said Pat, apologetically, "I was only tryin' to get a good one, an' it's not easy!"—Lippincott's Magazine.

### His Point of View.

"John, dear," queried the young wife, glancing up from the physical culture magazine she was perusing, "what is your idea of a perfect figure?"

"Well," replied her husband, "\$100,000 may not be perfection, but it's near enough to satisfy a man of my simple tastes."

### DR. MARTEL'S FEMALE PILLS.

Seventeen Years the Standard. Prescribed and recommended for Women's Ailments. A scientifically prepared remedy, of proven worth. The result from their use is quick and permanent. For sale at all Drug Stores.

### A Hot Time.

"That fellow cooked his reports." "I suppose that is how he happened to get into a stew."

If you would be pungent, be brief; for it is with words as with sunbeams—the more they are condensed, the deeper they burn.—Southey.

Revenge is better than a greedy kind of gratitude.

## Weak Heart

Many people suffer from weak hearts. They may experience shortness of breath on exertion, pain over the heart, or dizzy feelings, oppressed breathing after meals or their eyes become blurred, their heart is not sufficiently strong to pump blood to the extremities, and they have cold hands and feet, or poor appetite because of weakened blood supply to the stomach. A heart tonic and alterative should be taken which has no bad after-effect. Such is Dr. Pierce's Golden Medical Discovery, which contains no dangerous narcotics nor alcohol.

The ingredients, as attested under oath, are Stone root (Collinsonia Canadensis), Bloodroot (Sanguinaria Canadensis), Golden Seal root (Hydrastis Canadensis), Queen's root (Sillitopia Sylvania), Black Cherry bark (Prunus Virginiana), Mandrake root (Podophyllum Peiflorum), with triple refined glycerine, prepared in a scientific laboratory in a way that no druggist could imitate.

This tonic contains no alcohol to shrink up the red blood corpuscles; but, on the other hand, it increases their number and they become round and healthy. It helps the human system in the constant manufacture of rich, red blood. It helps the stomach to assimilate or take up the proper elements from the food, thereby helping digestion and erasing dyspepsia, heart-burn and many uncomfortable symptoms, stops excessive tissue waste in convalescence from fevers; for the run-down, anemic, thin-blooded people, the "Discovery" is refreshing and vitalizing. Stick to this safe and sane remedy, and refuse all "just as good" medicines offered by the druggist who is looking for a larger profit. Nothing but Dr. Pierce's Golden Medical Discovery will do you half as much good.

# PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.



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For Miners, Quarymen, Farmers and All Men Who Do Rough Work

Save money. Outwear shoes. Lighter than leather. Easily attached. Support the ankle. Any cobbler can put them on. Your shoe dealer has shoes already fitted with them. Send for booklet that tells all about them.

UNITED SHOE MACHINERY CO. BOSTON, MASS.

## LAZY LIVER

"I find Cascarets so good that I would not be without them. I was troubled a great deal with torpid liver and headache. Now since taking Cascarets Candy Cathartic I feel very much better. I shall certainly recommend them to my friends as the best medicine I have ever seen."

Anna Bazinez, Osborn Mill No. 2, Fall River, Mass.

Pleasant, Palatable, Potent, Tastes Good. Do Good. Never Sicken, Weaken or Grip. 10c, 25c, 50c. Never sold in bulk. The genuine label stamped C C C. Guaranteed to cure or your money back.

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"African Game Trails"

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Use the Great English Remedy **BLAIR'S PILLS** Safe, Sure, Effective. 50c. & \$1. DRUGGISTS, or 29 Henry St., Brooklyn, N. Y.

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The "Active" Stroppler for Dropsy, Biliousness, Bladder Struggles, Backache, etc. — better than any new, guaranteed — sold in Germany first year, \$100 per post paid. Write for Illustrated Booklet, King Street Station Co., Cleveland, O.

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