## z DYSPEPSIA CURE slamalisamd revieve disiress．

 $=$ Wix $=\underline{Z}$
部荡
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No Trouble－
and
Post
Toasties
right from the box．Breakfast in a minute，
and you have a meal asand you have a meal as
delightul as it is whole－some．Post Toasties are crispand flavoury－golden－brown，fluffy bits that al－most melt in the mouth．
＂The Memory Lingers＂POSTOM CEREAL
Battle Cobek，Mich
LTD．
 4bedartis


Qooin RoADS






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\frac{10}{23}
$$



## 

 METALLIC HEELS（aND COUNTERS| It Wouldn＇t Stretch． <br> doing the very e could．but the farmer wa and wary． |
| :---: |
|  |  |
|  |  |
|  |  |

Callous the bowels with harsh cathartics，and you＇ll need physic always．Help them gently，with candy Cascarets，and you＇ll need them
rarely．Onee learn the difference and you＇ln never take a harsher
laxative than these． laxative than these．

\＄10 Down，$\$ 10$ Per Month $\$ 350$ VALUE


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 Coutsm Courrer．Journal．
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