

# OF INTEREST TO WOMEN

**STATE FACTORY INSPECTOR.**  
Mrs. Blanche H. Mason has been appointed assistant State factory inspector for the State of Washington with a salary of \$1200 a year. She was formerly a factory inspector in Michigan and has been district superintendent of the Washington Children's Home Society since she removed to the Pacific Coast. She is a widow with one son.—New York Sun.

**IF YOU WANT TO BE LIKED.**  
Always be ready to make an effort to fall in with other people's wishes, even if they strike you as rather tiresome. The very fact that a change some one wishes for seems tiresome is often an indication that we are in a groove and don't want to be bothered to move out of it. Always be ready to make sure, when the decision rests with you, that that is not what makes you decide that "it can't be done."—Home Chat.

**THE SECRET OF OLD AGE.**  
A novel method of attaining longevity was practiced by Mrs. Yetta Schulman, who died recently in New York at the advanced age of 105 years. Mrs. Schulman paid no particular attention to points of diet, exercise, sleep, etc., which usually figure largely in rules laid down for those growing old. She believed that the lives of aged persons could be prolonged if they associated constantly, or nearly so, with young people, and she apparently verified her theory, for she spent the greater part of her time in company with children, even taking part in their sports with lively interest.—Leslie's Weekly.

**A PARIS CREATION.**  
A creation sent out by a Paris house lately is so daring and yet so successful as to merit description. It was a tailor-made costume which made use of three materials, tussore, linen and silk cashmere. The color combination was even

## Our Cut-out Recipe.

**Coffee Jelly.**—In making the coffee for breakfast make one or two extra cups; strain all the coffee from the grounds when pouring the coffee at table. Let it settle, then pour off and use the top of the coffee. For two small cups (half a pint) of jelly, put half a level tablespoonful of granulated gelatin into four or five tablespoonfuls of cold water to stand about fifteen minutes; add a scant quarter of a cup of sugar and the cup of hot coffee; stir over the fire until the gelatin and sugar are dissolved, then strain into the cups. When ready to serve set a cup of the jelly into warm (not hot) water that comes up as high on the outside of the cup as the jelly comes on the inside, remove at once, turn the cup from side to side, to see that the jelly loosens from it, and turn the jelly on to a chilled plate. Serve whipped cream or boiled custard around it.

more striking. "Old red," blue and violet.  
The coat was old "old red" tussore. It was embroidered with flowers of the silk cashmere, mingled violet and blue, the tones of these so delicate, however, as to insure an artistic whole.  
The skirt made with bretelles passing over the shoulder was of plain violet linen.  
The revers and cuffs on the coat are of the same linen.  
Pipings of red and violet cord outline the seams, and the buttons are of violet linen.—Boston Globe.

**THE SMALL WOMAN.**  
No matter how small she is, a woman may always have a good figure. If she has not one to begin with, she should economize in some other part of her wardrobe, and call in the services of a good corsetiere. If she cannot be impressive, she can at least be neat and good to look at.  
Use only straight up and down lines in the development of your garments.  
Whatever you do, allow nothing which cuts the figure, horizontally.  
The princess model, which is so much a part of the present mode, should be a cause of rejoicing among small women.  
Do not wear shirt waists and skirts of contrasting materials.  
This cuts the figure in half, and lessens greatly the effect of height.  
Dispense with belts if possible, and if not, make them as narrow as possible; and always of the same material as the frock.  
Coats may be almost any length, but that most usual of all, the three-quarter. This is usually fatal.  
Straight coat seams may be trimmed, but never the lower edge. A trimming there would cut the figure in two.—Philadelphia Bulletin.

**SERMON ON NEATNESS.**  
The average man abhors untidiness, particularly in the wardrobe of a woman. A pretty widow learned that in an uncomfortable manner. She met an estimable young bachelor, who was attracted by her from the first, and she was hourly expecting the question which would make life very pleasant for her, when she accidentally disclosed traits of untidiness which cooled his admiration. Her outer clothing was all that could be desired, and his feelings may be imagined when, as she boarded a train, he caught more than a glimpse of a ragged, soiled petticoat

and a damaged stocking, through which the white flesh gleamed just above her shoe top.  
Of course, accidents can happen all in a minute, but there is no mistaking the accumulated dirt of days or a rent which has been neglected and the woman's escort probably foresaw a future of buttonless shirts and ragged socks since she did not seem inclined to keep her own clothes neat, although she had plenty of time. Daintiness is one of the best attributes of womankind. It matters little what we wear when we are immaculate and beautifully neat. The girl who is brought up with the idea that a frock is only the background of a good appearance and that good grooming and perfection of detail, even with extreme simplicity, is necessary to make a good appearance, is the one who will attract and hold the attention of the opposite sex. There is no excuse for a badly hung skirt, for ragged braids, for spots and dust and crookedness. A hand mirror and a little care will do wonders toward perfect adjustment.—Chicago Daily News.

**SCHOOLMA'AMS WANT MUCH.**  
Women school teachers in Missouri promise to be thorns in the side of the Legislature. If exhaustive debate were permitted on all the reforms advanced by the teachers, the grumbling men assert, there would be no time for legislation on other affairs. Evidently the Missouri teachers have nothing to learn from their sisters in the profession in this city, who in their protracted fight for equal pay have shown a determination and tenacity seldom developed by mere men. These are a few of the demands which the women teachers have presented to the Missouri legislators: A minimum salary of \$480 a year, a pension fund for disabled teachers, consolidation of rural schools, closing of schools when attendance is less than six pu-

For couches and out of doors, more serviceable materials are used. For pine pillows, a cover of natural colored linen, embroidered perhaps in wood brown, is very pretty. Grass green linen is also suitable for the purpose, and cool looking. The lavender pillow should be increased in lavender, embroidered in a lighter shade, or one of the pretty white cottons, covered with sprigs of lavender.  
The pillows are not only pleasant to have, but they frequently are an actual aid in producing refreshing sleep, since certain odors are known to have a soothing effect.—Philadelphia Bulletin.

**FOUNDATION COLLARS MADE OF NET** rather than of chiffon are now to be had.  
Many of the newer gowns of linen are buttoned from neck to hem, coat-like.  
The directoire is only hinted at in the development of washable materials.  
The high top directoire boot comes in all shades of suede and is fastened with pearl buttons.  
Double motor veils, joined only at the edges, are being made up in green, brown or blue over white.  
Dangles and beads and fringes of silk and leather are popular among the leathery girdles and shopping bags.  
Metallic ribbon belts, finished with buckles of the same tone, are seen on many of the smartest pumps and one-eyelid ties.  
There is a gracefulness about swaying fringes that is perhaps the reason for their fixed place in the hearts of womankind.  
The advanced styles show that the skirt made with the snug fitting yoke will be among the smartest shown in the next few months.  
Linen Dutch collars, with two rows of Cluny lace and an edge of the same lace, are exceedingly pretty, and they launder well.  
Irish crochet still holds its own and is used freely upon the simplest wash gowns as well as upon the most elaborate evening dresses.  
The black velvet band which is worn about the neck of the collarless gown is fastened at the side with a small brooch or a fancy buckle.  
Rich satins and silks are employed to make the big roses with which not only hats but corsages are garnished. These huge roses do not fade like the ordinary artificial flower.



## NEWEST FASHIONS

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## Household Affairs

**FOR SOFT COAL STOVES.**  
Housekeepers who burn soft coal and have trouble with soot-filled pipes should burn potato parings in the stove. Save all the parings, dry thoroughly and put on a hot bed of coals to burn. If this is done once a week the pipes will seldom need to be taken down to clean.—New Haven Register.

**TO WASH THE FACE.**  
This seems unnecessary information, but I can assure you few people know how to do it properly.  
Use water as hot as you can stand, together with a generous lather of castile soap. Rinse with tepid water; last of all spray the face with cold water. This cleans the pores of the skin, while preventing them from sagging. If your face is very dusty, first rub cold cream into the skin and wipe off with a towel before beginning the washing operation.  
A pure white complexion powder does not hurt any skin and aids in keeping it clean.—New Haven Register.

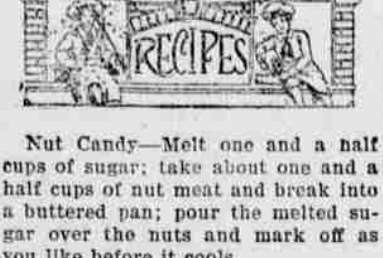
**SCENTED PILLOWS.**  
Take your choice of pine or lavender.  
You will need one of your very own, to slip into your trunk for the summer trip, or to use on the porch hammock or couch.  
When made for the bed, they are incased in strong muslin covers.  
Over this is drawn a pretty little white slip, of the sort used to cover baby pillows.  
For couches and out of doors, more serviceable materials are used.  
For pine pillows, a cover of natural colored linen, embroidered perhaps in wood brown, is very pretty.  
Grass green linen is also suitable for the purpose, and cool looking.  
The lavender pillow should be increased in lavender, embroidered in a lighter shade, or one of the pretty white cottons, covered with sprigs of lavender.  
The pillows are not only pleasant to have, but they frequently are an actual aid in producing refreshing sleep, since certain odors are known to have a soothing effect.—Philadelphia Bulletin.

**FOR INSIDE PAINTING.**  
An experienced painter has given the following directions for inside painting:  
The first thing is to have the room free from dust; the next essential thing is to kill the knots of the wood. When the work is knotted, proceed to prime it, which must be made to dry exceedingly hard, in order to stop the unctious of the wood, otherwise the second coat will, by the operation of the brush, rub off the priming in different parts of the work, and there will be no uniformity in the finishing coat, but it will leave some parts dead and others of a shining surface. The middle coat may be of size, color applied warm. Use but little color in your size or it will scale. To prepare priming, mix or grind red and white lead with linseed oil; then, for the dryers, take a little litharge and burnt white vitriol or patent dryers, which must be ground on a slab very fine in turpentine. Mix them all together and thin with boiled oil. The burnt vitriol and litharge act, as it were, in opposition to each other, and render the paint exceedingly drying, and the turpentine with the boiled oil prevents the color running. When the priming is dry, fill up the nail holes and crevices with putty. Rub the surface of the work smooth with glass paper and dust it well.—Boston Post.

**Nut Candy.**—Melt one and a half cups of sugar; take about one and a half cups of nut meat and break into a buttered pan; pour the melted sugar over the nuts and mark off as you like before it cools.  
**Cold Duck Salad.**—A delicious salad may be prepared from cold duck. Mince the meat fine, adding a small quantity of stuffing to it. Season highly with salt and pepper, stir in a little minced celery and cover with mayonnaise or some similar dressing. Serve on a bed of lettuce leaves.  
**Tomatoes on Toast.**—Cut the tomatoes in halves, sprinkle each half well with salt, scatter over each some chopped cloves and a tiny bit of chopped green pepper and set in oven, cut side up, to cook. Have some rounds of bread in size to match the halved tomatoes, toast these, butter them, and on each piece put a piece of tomato.  
**Chocolate Ice Cream.**—One quart cream, one-half pound granulated sugar, one scant tablespoonful of vanilla, two tablespoonfuls of chocolate; put the cream and sugar into the freezer and stir until the sugar is dissolved; add the chocolate and vanilla flavoring extract and freeze. The addition of a scant saltspoonful of cinnamon gives a rich, spicy flavor.  
**Cheese Pudding.**—One-half cup rich cheese, crumbled, one-half teaspoon of butter, one cup of hot milk, one egg, one saltspoon of salt, one-half saltspoon of red pepper, one cup of soft bread crumbs; melt the cheese and butter in the hot milk, add the egg, well beaten, the seasoning and the crumbs. Bake in buttered scallop shells until done.

## RECIPES

**Button Rosettes.**  
Above the plain cuff and frilly edge of the elbow sleeve, set among the folds of the full sleeve, one seen now and then a large rosetta with button centre, the whole made of the thin cloth material of which the gown is fashioned.  
**Blouse or Dress Sleeves.**  
Sleeves so often need remodeling while the remainder of the gown is in good style that new designs are constantly in demand. Here are shown plain long sleeves, shirt waist sleeves and three-quarter sleeves of moderate fullness finished with rolled-over cuffs. Each is good in its way and all are the latest style. The plain sleeves are adapted to more dressy blouses and the shirt waist and three-quarter sleeves to the simpler ones. These last are moderately full, while the plain sleeves are snug at the lower portions but slightly full at the shoulders, suggesting the leg-of-mutton idea.  
The plain sleeves are cut in one piece each and are fitted by small crosswise darts at the inside of the elbows. The shirt waist and three-quarter sleeves are made in one piece each, but the shirt waist sleeves are finished with openings at their lower edges, overlaps and straight cuffs, while the three-quarter sleeves are gathered into bands to which the rolled-over cuffs are attached.



**Sweater Coats.**  
The automobile is where the new long sweater coats, or coat sweaters, are best appreciated. They are light to carry or wear, take up no room, and are most acceptable if suddenly changed plans find one a considerable distance from home in the late evening. And there is a wicked delight in being perfectly comfortable as one whirled along at thirty miles an hour wrapped apparently in a thin pongee coat but really in a cozy sweater.  
**Brand-New Fabric.**  
A brand-new fabric just from over the water is called pongee serge. It is of a fabric like pongee, but has a serge twill. It is an ideal material for the coat and skirt costume.  
**Like the Dress.**  
The silk stockings worn with a party dress that is embroidered in silver are also embroidered in silver, the design being the same, too, only in miniature.

**Witchcraft Survival in England.**  
Remarkable stories of the prevalence of witchcraft in Somerset and of strange medical beliefs common in the county were told at meeting of teachers at Bury, near Dulverton.  
Dr. Sydenham, Dulverton, said that herbalists and white witches were still living among them, to say nothing of "the doctor," or seventh son. The belief was widely held that whooping cough could be cured by placing the sufferer on the ground in a sheepfold; epilepsy by procuring silver coins from friends and having them made into a necklace or bracelet to be worn by the sufferer; and hemorrhage and burns by the chanting of a strange prayer.  
A seventh son, especially if he were the seventh son of a seventh son, was as much sought after in some parishes as if he were a Harley street specialist. His patients were attended to on Sunday mornings, after fasting, the cure being by touch and prayer.—London Daily Mail.

## WHAT WOMEN ARE WEARING

**New York City.**—The naval blouse is an unquestioned favorite and can be utilized in various ways. It can be worn as illustrated or as shown in the back view, and it makes a most satis-



factory garment for tennis, for golf, for boating and all occasions of the sort, and it also is much in demand for the college girl who utilizes it in a great many ways. This one is made of white linen combined with blue,



and is exceedingly smart and attractive. It is an essentially simple garment, drawn on over the head, and involves no difficulties in the making, while it is smart and comfortable and thoroughly satisfactory.  
The blouse is made with front and back. There is a short opening at the front, which is closed by means of lacings beneath the tie and the big sailor collar finishes the neck. The patch pocket is arranged over the left of the front, and there are short sleeves that are without fullness at their upper edges, but which are gathered at the lower and finished with straight cuffs. They can be made either with or without openings.  
The quantity of material required for the medium size is three and three-eighths yards twenty-seven, two and a half yards thirty-two or forty-four inches wide with one-half yard twenty-seven for collar and cuffs.

The quantity of material required for the medium size is, for any sleeves, one and five-eighths yards twenty-one or twenty-four, one yard thirty-two or three-quarter yard forty.

## MUNYON'S EMINENT DOCTORS AT YOUR SERVICE FREE.

Not a Penny to Pay For the Fulllest Medical Examination.  
If you are in doubt as to the cause of your disease mail us a postal requesting a medical examination blank, which you will fill out and return to us. Our doctors will carefully diagnose your case, and if you can be cured you will be told so; if you cannot be cured you will be told so. You are not obligated to us in any way, for this advice is absolutely free; you are at liberty to take our advice or not as you see fit. Send to-day for a medical examination blank, fill out and return to us as promptly as possible, and our eminent doctors will diagnose your case thoroughly absolutely free.  
Munyon's, 53d and Jefferson Sta., Philadelphia, Pa.

**Gamblers, Not Speculators.**  
Of the several vulgar and accidental gamblers who came to Wall street in 1907, ran a little credit into millions of money and wallowed in the fame of newspaper headlines, not one survives. They knew something about gambling, and nothing about speculation. They fell under the delusion that they were speculators, and supposed their profits came to them as a reward of superior sagacity, but they have learned that the money their kind may take out of the stock market is but loaned to them. All that they do not spend goes back to the market again. First go their profits, then their credit, then their horses and their yachts, and at last their names.—New York Evening Post.

## HAD SEVERE WEEPING ECZEMA.

Face and Neck Were Raw—Terrible Itching, Inflammation and Soreness—All Treatments Failed—Cuticura a Great Success.  
"Eczema began over the top of my ear. It cracked and then began to spread. I had three different doctors and tried several things, but they did me no good. At last one side of my face and my neck were raw. The water ran out of it so that I had to wear medicated cotton, and it was so inflamed and sore that I had to put a piece of cloth over my pillow to keep the water from it, and it would stain the cloth a sort of yellow. The eczema itched so that it seemed as though I could tear my face all to pieces. Then I began to use the Cuticura Soap and Ointment, and it was not more than three months before it was all healed up. Miss Ann Pearsons, Northfield, Vt., Dec. 19, 1907."  
Foster Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston, Mass.

**IT WORKS**  
**The Laborer Eats Food That Would Wreck an Office Man.**  
Men who are actively engaged at hard work can sometimes eat food that would wreck a man who is more closely confined.  
This is illustrated in the following story:  
"I was for 12 years clerk in a store working actively and drank coffee all the time without much trouble until after I entered the telegraph service."  
"There I got very little exercise and drinking strong coffee, my nerves grew unsteady and my stomach got weak and I was soon a very sick man. I quit meat and tobacco, and, in fact, I stopped eating everything which I thought might affect me except coffee, but still my condition grew worse and I was all but a wreck."  
"I finally quit coffee and commenced to use Postum a few years ago, and I am speaking the truth when I say my condition commenced to improve immediately, and to-day I am well and can eat anything I want without any bad effects, all due to shifting from coffee to Postum."  
"I told my wife to-day I believed I could digest a brick if I had a cup of Postum to go with it."  
"We make it according to directions, boiling it full 20 minutes, and use good rich cream, and it is certainly delicious."  
Look in pkgs. for a copy of the famous little book, "The Road to Wellville."  
"There's a Reason."  
Ever read the aboveletter? A new one appears from time to time. They are genuine, true, and full of human interest.



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