

# COUGHS AND COLDS.

I Took Peruna.



MRS. JOSEPH HALL CHASE, 604 TENTH ST. WASHINGTON, D. C.

Peruna Drug Co., Columbus, Ohio. Gentlemen—I can cheerfully recommend Peruna as an effective cure for coughs and colds.

You are authorized to use my photo with testimonial in any publication.

Mrs. Joseph Hall Chase, 604 Tenth St., Washington, D. C.

Could Not Smell Nor Hear.

Mrs. A. L. Wetzel, 1023 Ohio St., Terre Haute, Ind., writes:

"When I began to take your medicine I could not smell, nor hear a church bell ring. Now I can both smell and hear."

"When I began your treatment my head was terrible. I had buzzing and chirping noises in my head."

"I followed your advice faithfully and took Peruna as you told me. Now I might say I am well."

"I want to go and visit my mother and see the doctor who said I was not long for this world. I will tell him it was Peruna that cured me."

Peruna is manufactured by The Peruna Drug Mfg. Co., Columbus, Ohio.

Ask your Druggist for a Free Peruna Almanac for 1909.

True to Principle.

"I believe in making the little things count," remarked the kindergarten teacher as she called up the class in arithmetic.—Philadelphia Record.

Piles Cured in 6 to 14 Days.

Pazo Ointment is guaranteed to cure any case of itching, blind, bleeding or protruding Piles in 6 to 14 days or money refunded, 50c.

The inscriptions on an old coin which has been worn smooth may be often deciphered by placing it on a red-hot iron.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

It isn't enough to pay as you go. You ought to save enough to pay your way, back.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

Advance of Forestry.

The announcement that the largest owners of pulp wood forests in this country have applied to Chief Pinchot of the federal bureau of forestry for advice and aid indicates the advance which scientific forestation has made. It also suggests the possible working out of the problem of state regulation of privately owned forests. There has been question of the constitutionality of such regulation. But if the value of forestry can be demonstrated so that private owners voluntarily subject their wooded lands to the supervision of the state bureau the end will be accomplished. The action of a great paper company in seeking Mr. Pinchot's services may be followed by other forest owners.—Boston Herald.

Scholar or Athlete.

The athlete or the scholar? Which type of man does the world want. That is the query suggested by President Hadley of Yale in an address to the Harvard winners of scholastic honors. Two generations ago the intellectual idol of the graduates and students at most of our colleges was the leading debater. Now it is no longer the debater but the athlete who occupies the center of the stage. The fact thus stated is apparent everywhere. The scholar has small place in college life. The one who thinks of the debater's platform as a field of endeavor is counted amiably eccentric by the average student. As for earnest work with books in the quiet of the room or in the library, that is laughable. The "midnight oil" idea has a different meaning nowadays.—Chicago Tribune.

THEN AND NOW

Complete Recovery From Coffee Ills.

"About nine years ago my daughter, from coffee drinking, was on the verge of nervous prostration," writes a Louisville lady. "She was confined for the most part to her home."

"When she attempted a trip down town she was often brought home in a cab and would be prostrated for days afterward."

"On the advice of her physician she gave up coffee and tea, drank Postum, and ate Grape-Nuts for breakfast."

"She liked Postum from the very beginning and we soon saw improvement. To-day she is in perfect health, the mother of five children, all of whom are fond of Postum."

"She has recovered, is a member of three charity organizations and a club, holding an office in each. We give Postum and Grape-Nuts the credit for her recovery."

"There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read, "The Road to Wellville," in pks.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

# HOUSEHOLD MATTERS

Garbage Pail in Good Condition.

Have pail perfectly clean and dry, line all around and on bottom with newspapers—the paper absorbs the moisture, and where there is no moisture there is little or no odor. When garbage is emptied, if the pail is not taken with it, remove and reline with fresh paper. The pail will be clean. This does away with the unpleasant duty of cleaning the pail.—Boston Post.

Bureau and Commode Scarfs.

Take some curtain muslin with a pretty design and make strips large enough to cover bureau and commode. Now take and put two small ruffles around, one on the edge and the other just inside and line with a color that suits the taste. I have pale blue, which is very pretty. My pin cushion is lined and covered with muslin same as covers and ruffles around and baby ribbon rosettes in the corners. I also made broom-brush holder to match covers and wall paper. This suggestion is economical and at the same time very beautiful.—Boston Post.

Cleanse Lace Curtains.

Came across the way to clean lace curtains by dry process the other day and will pass it along, as there may be others who shrink from the task of laundering curtains as much as I do. Claims they will look like new after this treatment, even if discolored with dust and smoke, and they will certainly last longer than if put through the wash. Take down the curtains and shake them free from dust; spread a sheet on the floor and lay one curtain smoothly on it; cover thickly with corn meal, lay on another curtain and again cover with the meal. Continue until all the curtains are covered with the meal, then roll up loosely and lay away for a few days. When wanted, unroll, brush off the meal and hang on the line in the wind and sun for half a day. When hung up against the window they will look like new.—Boston Post.

Rule For Doing Big Washing Easily.

Soak clothes over night, using tablespoon of washing powder to each pail of lukewarm water. In the morning lift clothes with a stick into the boiler, cover well with cold water, using powder in proportion to the amount of water. Let it come to boil and boil twenty minutes; stir the clothes with stick occasionally; take clothes from boiler, drain off the water, fill in tub with cold water; wring the clothes from this water into another tub of cold water; squeeze well with the hands or stick; drain off water; fill again and repeat. Have blueing water ready and wring clothes out in the clear water, then put each piece separately in blueing water; wring out and put in basket. In this way there is no scrubbing, unless it might be very soiled wristbands on a child's blouse. If the washing is very large, it had better be done in two parts. There will be no tired back, and a nice white wash on the line. Be sure and open kitchen windows at the top while boiling to allow steam to escape.—Boston Post.

Mock Mince Pie.—Twelve crackers rolled fine, one cup hot water, one-half cup vinegar, one cup molasses, one cup sugar, one cup currants, one cup raisins, spice to taste, one cup butter. Measure with a teacup. Some use bread crumbs instead of crackers.

Cafe Parfait.—One cup sugar, one-half cup water, one-fourth black coffee, six egg yolks, one pint heavy cream. Cook sugar and water five minutes and add coffee. Pour slowly on the beaten egg yolks, add whip from cream, turn into mould and pack in ice and salt. Let stand four hours.

Orange Dainty.—Peel four oranges cut them into small pieces, sprinkle with powdered sugar and put in a glass dish. Whip one-half pint of heavy cream until stiff, add one tablespoon of sugar, one-half teaspoon of vanilla and one-fourth cup each of chopped nut meats and candied cherries. Spread this over the fruit and serve at once.

Blueberry Cake.—One egg, one-half cup sugar, one-half cup molasses, one cup milk, nutmeg and one teaspoon cinnamon, one tablespoon shortening. After stirring above thoroughly, add two cups flour which contains one teaspoon soda and a pinch of salt. Before stirring flour sprinkle in one cup blueberries. Mix to medium batter, and bake in sheet; serve hot with butter.

English Drawn Butter.—Rub together a tablespoonful of butter and one cup of flour, add slowly one-half pint of boiling water, beating all the time. Boil a few minutes, take from the fire and add one-half teaspoon salt, a little pepper and another tablespoon butter. Serve with summer squash or any green vegetable. This may be used for boiled haddock, halibut or cod if the juice of one lemon is added.

# POPULAR SCIENCE

The most productive insect known to science is the termite, or white ant, which has been known to lay eggs at the rate of 80,000 a day for a month.

Although there are over a million specimens of insects in the British museum, scientists say the largest part of the insect world has not yet been discovered or named.

A gift of 11,877 volumes of historical, biographical, scientific, classical and other works from the library of the late Richard Ashurst Bowie, of Philadelphia, has been made to Harvard College by Edward D. Brandegee, of Brookline. The gift is to be known as the Weld Memorial in memory of Mrs. Brandegee's grandfather, William Fletcher Weld, a benefactor of the college.

In Science, Professor J. W. Spencer defends an opinion advanced last year, but recently disputed by other geologists, concerning the length of time during which America's best known cataract has existed. His estimate of the intervals is 39,000 years, which is considerably more than that of Professor George F. Wright, who makes it 7000 years, but far less than Professor Grove K. Gilbert's estimate of about 150,000 years.

Baths of oxygen, in which the patient half reclines for ten to twenty-five minutes, are being employed by Dr. Oskar-Frankl, a German physician, for female nervous troubles associated with increased pulse tension. From twenty-five to thirty quarts of oxygen are generated each time. The baths reduce the excessive blood pressure, and exert a sedative action, each bath having been followed by quiet sleep in a severe case of sleeplessness.

In the Schnap oxy gas welding process is used a special burner, in which a blast of air at a pressure of one and one-half pounds per square inch is combined with coal gas, and which has a second blast from which air at thirty to fifty pounds per square inch can be turned on when the flame has been regulated. The combination at once raises the heat to about 4500° F. In this hot flame metals are welded without remarkable facility, and pieces of cast iron joined together prove to be stronger at the joint than on either side of it. Why a gas flame with two blasts of unequal velocity should have the observed effects on metals is not yet explained. In place of coal gas, acetylene, naphtha and hydrogen have given equally good results, and natural and producer gas would probably serve quite as well.

How Women Are Educated in Turkestan

By ELLSWORTH HUNTINGTON.

Dismounting before the uprolled felt door of one of the round tents, I peered into the smoke-blackened interior, and found an old white-turbaned "khoaja" teaching three rosy-cheeked little girls to read.

"How is this?" I asked in Turki, surprised at such a reversal of Mohammedan customs. "Aren't there any boys in this camp?"

"Oh, yes," answered the teacher, "but what can we do? We are poor. The boys must be off tending the sheep."

The pretty, black-haired little girls were evidently a rich man's daughters, for the broad brims of their caps were made of imported fur, and their shapeless gowns were of red, green and yellow silk, woven in preposterous flowery patterns. I asked one of them to read where I pointed. She did not even glance at the book, but began reciting something as fast as possible. It was the day's passage from the Arabic Koran, which neither she nor her teacher understood. That was the extent of her education.—Harper's Magazine.

Illustration of Form.

James Ten Eyck, great oarsman and great coach, discussing rowing one day in Syracuse, said success depended on form. He explained what he meant by form. Then, by way of illustration, he added:

"Everything, everything, goes by form. Thus, out West in the old days, it was the essence of form to be informal. My father used to tell about a squire who would marry the young couple that came to him in some such form as this:

"Bill, do ye take this gal whose hand ye're a-squeezin' to be yer lawful wife, in flush times an' skimp?"

"Mame, do you take this cuss ye've j'ined fists with to be yer pard thru thick an' thin?"

"Ye're right for once, old man."

"All right, then. Kiss in court, an' I reckon ye're married about as tight as the law can jine ye. I guess four bits'll do, Bill, if I don't have to kiss the bride. If I do, it's six bits extra."—Syracuse Herald.

Omitted.

The two old neighbors had met on the street.

"Mornin', Sam," said the first. "I hear your son, Bill, has got through college successfully."

"Yep," said the other.

"Learn anythin'?"

"Yep."

"What's he got out of it chiefly?"

"He can speak seven languages."

"Fine."

"Oh, I dunno. Trouble is they forgot to teach him any ideas to express with 'em."—Pittsburg Post.

# Country Editors.

Independent as a Hog on Ice Compared With the City Man.

From the Washington (La.) Democrat.

The country editor is as independent as a hog on ice, compared to the big city editor. Of course, he defers to his biggest advertiser. When his biggest advertiser's daughter gets married, he swears by the long horn spoon that she is a fairy nymph, when ten to one her feet don't track and her hat is on crooked. He defers to his "oldest subscriber," who pays for a dozen copies to send to kin, and when he comes to town he speaks of "our prominent citizen, Mr. Doodab," and writes nice pieces about the team he drives and about how liberal he is at the church and to charity, when he knows doggone well that he pays the preacher in scabby potatoes and talks to save wear and tear on his vocal chords, and makes his wife go barefoot in summer to save 003 leather. However, aside from that, the country editor is as independent as we said he was.

But he asks no odds from his city brother, and dad bump his picture, he doesn't ask for any nice pieces to be written about him. He eats three square meals a day, if he can get them, and if not he writes nice pieces about the land that flows with milk and honey, and swears "by gum," that his party is entitled to the credit.

Ask favors from our city brothers? Not on your chin whiskers. The country editor breathes the pure, free air of liberty, and you get more patriotism in the average country paper in a week than you get in the big city daily in a coon's age. The country editor thinks he believes what he writes, while half the city editors—we mean the political and religious writers—write what they are paid to write. Thus many a Democrat is boosting for the Republican party, while the Republican editor writes nice pieces about Bryan. In the country, bless your life, we live near to nature and near to our critics, who find us before we find ourselves. If we renig on any proposition, before sundown half a dozen offended subscribers are in the office trying to make a door mat of the editor and trying to stop their vile paper.

Tell us the country editor has a hard lot! Maybe he has, but he is at least on the square. He believes what he says, unless it is his big advertiser who believes it for him. But you come a good deal nearer to the facts than you do in the city paper, where the work is done by a force of writers, and nobody is actually responsible, because nobody knows who the guilty parties may be.

The country editor, bless you, he sees just as many funny things and laughs up his sleeve just the same as you big city editors do. He sees shams and pretense and the men who work religion and those who try to work the lodge and those who are bosses and those who only think they are, but he just laughs. As James Whitcomb Riley says of Old Jap Miller, "He just chawed on." So we just chaw on.

Never mind writing nice pieces about the country editors. You may feel sorry for them, but don't let them find it out, or you might find yourself in contact with a stuffed club. It is all right to feel sorry for them, but you had better not say anything about it. Many of them are where they are from choice. There are country editors who could command more conspicuous positions, but they prefer their life of ease and luxury and affluence and high living and independence and independent thinking to any of your measly, little, cooped-up, narrow, hack-writing city editorships. Now, is this clear? If so, then pass the pie.

Getting Even.

Joseph A. Willard was in a friend's law office one day when a client came in for advice.

He said that he had hired a horse to go to a neighboring town for \$1, but when he returned the stablekeeper asked him for \$1 more.

"What for?" the client had asked.

"For the ride back."

The lawyer gave some instructions, which the client followed. A little later he went to the stablekeeper and asked how much it would cost to hire a horse and buggy to go to Salem.

"Five dollars," was the reply.

The client hired the team and went to Salem. When he returned he came on the cars. He went to the stable and paid the keeper \$5.

"Where is my horse and buggy?" asked the owner.

"In Salem," was the unconcerned reply.

"Why did you leave them there?" cried the keeper.

"I only hired them to go to Salem," answered the client.—Chicago Tribune.

Sardou's Experience.

Talking to an interviewer not long before his death, Sardou told a story of his early days when as a poor medical student he was adding to his scanty means by teaching Latin to some fellow-students. About this time he hawked three of his plays around Paris theatres.

"But managers, with one exception, were too busy to see me or to read my plays," he said. "This gentleman—I shall not tell you his name—condescended to read my productions, and he pronounced them rubbish. A few years later I had no difficulty whatever in disposing of all three without having altered a line."

# KEY TO INSCRIPTIONS.

Stanford University Educator Says His Discovery Will Be Most Valuable.

Prof. George Hempf, a professor at Leland Stanford, Junior, university, is quoted as saying that he has discovered—a key to ancient inscriptions on tombs and columns that he regards as more important than Etruscan, his solution of the inscriptions on German Runics.

Prof. Hempf declares that his find will have far reaching results on ancient Latin history and on disputed facts of Latin grammar and etymology. While only 50 Etruscan inscriptions, out of a mass of 8,000, have thus far been deciphered by Prof. Hempf, the translation of these, he says, indicates that the history of ancient Italy, as written at present, must be greatly modified. The theory that the Etruscans and the Latins were different peoples is exploded by these readings, declares Prof. Hempf.

As interpreted by him, the languages of these neighboring tribes are alike in all important respects save the writing. The conclusion he reaches is that the two nations sprang from the same primeval race. Dr. Hempf says that the Etruscans were descendants of the Trojans after the fall of Troy, thus corroborating the story of Virgil's Aeneid.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address F. J. Cheney & Co., Toledo, Ohio.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

Internal Vaccination.

The head and front of the offending of ordinary vaccination lies in the fact that it introduces a living disease germ into the blood and tissues of the patient. It is not a dead germ or a modified poison. Now homeopaths have a method of preparing the virus of any disease by graduated attenuation, which robs it of all its vitally dangerous powers and converts them into curative or protective powers. During the last epidemic of smallpox in London hundreds of homeopaths were "internally vaccinated" in this way. In the State of Iowa this form of vaccination is practiced and is accepted as valid by school and State authorities.—Saturday Review.

Philosophy of Forgetfulness.

"Forget it" is the maxim of the German emperor and the Governor of New York. "For a thousand bitter hours to console oneself with one that is beautiful," is the way William puts it. Charles uses similar language, with the game of golf as his text. "What is more delightful," he exclaims, "than the memory of one long drive and the forgetfulness of a thousand fozzles!" Which is proof enough of what Mr. Hughes protested in the campaign, that he was no enemy of German ideas.—New York Mail.

HURT IN A WRECK.

Kidneys Badly Injured and Health Seriously Impaired.

William White, R. R. man, 201 Constantine St., Three Rivers, Mich., says: "In a railroad collision my kidneys must have been hurt, as I passed bloody urine with pain for a long time after, was weak and thin and so I could not work. Two years after I went to the hospital and remained almost six months, but my case seemed hopeless. The urine passed involuntarily. Two months ago I began taking Doan's Kidney Pills and the improvement has been wonderful. Four boxes have done me more good than all the doctoring of seven years. I have gained so much that my friends wonder at it."

Sold by all dealers. 50c a box. Foster-Milburn Co., Buffalo, N. Y.

Caucasian Tunnel to Be Longest.

The longest tunnel in the world will be that which is to pierce the Caucasian mountains as part of a new transmontaine railroad between Mached and Viadikavkaz. It will be more than 14 miles long, beating the Simpson tunnel's record by nearly two miles. The construction, which will probably be begun next spring, will occupy 10 years and cost about \$33,000,000.

Only One "Bromo Quinine"

That is Laxative Bromo Quinine. Look for the signature of E. W. Grove. Used the World over to Cure a Cold in One Day. 25c.

The area covered by the National Capitol is 153,112 square feet.

Garfield Tea, the Herb laxative, agreeably stimulates the liver, corrects constipation and relieves a clogged system. Write for samples. Garfield Tea Co., Brooklyn, N. Y.

A Suggested Change.

The house could not materially weaken the power of the speaker while presiding over its deliberations without impairing its efficiency. But presiding is the business of the speaker, and legislation is the business of the house. A change in the rules which would give to the members in general the selection of their own legislation would be in harmony with the present tendency to do away with the arbitrary political power of individuals.—New York Tribune.

Scientists say that kissing must go, but in spite of that it doesn't go with some girls.

# Kemp's Balsam

Will stop any cough that can be stopped by any medicine and cure coughs that cannot be cured by any other medicine.

It is always the best cough cure. You cannot afford to take chances on any other kind.

KEMP'S BALSAM cures coughs, colds, bronchitis, grip, asthma and consumption in first stages.

It does not contain alcohol, opium, morphine, or any other narcotic, poisonous or harmful drug.

Sample treatment: Red Croup, Whooping Cough, Asthma, etc. Sent by mail for 25c.

REAC CO., DEPT. B. 4 MINNEAPOLIS, MINN.

# PILES

Lord's Prayer on Pin's Head.

William L. Stuart, a young man engaged in business in New York city, has performed the seemingly impossible feat of engraving the entire Lord's prayer on the head of an ordinary pin, to which he has added his name and the year, making altogether 276 letters and figures. Mr. Stuart did the work at odd times during his regular employment and with very ordinary tools, which seemingly are not adapted to such fine engraving. The pin was set in a block of wood, and a common engraver's tool was used. A simple microscope, costing only about 25 cents, and known as a "lumen tester," furnished the necessary magnifying.

Airship Like Insects.

A Belgian inventor has obtained a patent on a flying machine modeled on the insects of the locust species. With a 100-horsepower motor the machine weighs a trifle less than 870 pounds.

# HANDS RAW AND SCALY.

Itched and Burned Terribly—Could Not Move Thumbs Without Flesh Cracking—Sleep Impossible—Cuticura Soon Cured Eczema.

"An itching humor covered both my hands and got up over my wrists and even up to the elbows. The itching and burning were terrible. My hands got all scaly and when I scratched, the surface would be covered with blisters and then get raw. The eczema got so bad that I could not move my thumbs without deep cracks appearing. I went to my doctor, but his medicine could only stop the itching. At night I suffered so fearfully that I could not sleep. I could not bear to touch my hands with water. This went on for three months and I was fairly worn out. At last I got the Cuticura Remedies and in a month I was cured. Walter H. Cox, 14 Somerset St., Boston, Mass., Sept. 25, 1908."

Potter Drug & Chem. Corp., Sole Proprietors of Cuticura Remedies, Boston, Mass.

Cement is used for roofing in France, especially near Lyons.

# CASH FOR YOUR FUR

No matter where you are. If you trap or buy fur write to-day for our new plan to make extra \$3 on fur. CORRY HIDE & FUR CO., CORRY, PA. P. O. Box 472.

# W.L. DOUGLAS

\$3.00 SHOES \$3.50

The Reason I Make and Sell More Men's \$3.00 and \$3.50 Shoes Than Any Other Manufacturer is because I give the wearer the benefit of the most complete organization of trained experts and skilled shoemakers in the country.

The selection of the leathers for each part of the shoe, and every detail of the making in every department, is looked after by the best shoemakers in the shoe industry. If it could show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, and wear longer than any other shoe.

My Method of Tanning the Soles makes them More Flexible and Longer Wearing than any others.

Shoes for Every Member of the Family. Men, Boys, Women, Misses and Children.

For sale by shoe dealers everywhere.

CAUTION! No one genuine without W. L. Douglas name and price stamped on bottom. Fast Color Eyelets Used Exclusively. Catalog mailed free.

W. L. DOUGLAS, 167 Spruce St., Brockton, Mass.

# GREGORY'S Seed Book

of tested and guaranteed seed, sent free to anyone. It is full of wise and practical suggestions. J. A. N. GREGORY & SON, MARLBOROUGH, MASS.

# BILLIARD TABLES POOL TABLES

Bar Fixtures Bowling Alleys Supplies Low Prices. Easy Payments. You cannot afford to experiment with untried goods sold by commission agents. CATALOGUES FREE.

THE BRUNSWICK-BALKE-COLENDER Co. 20 WOOD ST. PITTSBURGH, PA.

# HELP FOR WOMEN

Inlet on Having FOR Dr. MANTLE'S Preparation The Standard Remedy for all Women's Diseases. Send for book, "Hellel for Women." FRENCH DRUG CO., 30 W. 32d St., N. Y. City.

P. N. U. 2, 1909.

If afflicted with eye disease, use

# Thompson's Eye Water

need just the protection against cold and disease that is obtained from PISO'S Cure. If you have a cough or cold, slight or serious, begin taking PISO'S Cure today and continue until you are well. Care the cough while it is fresh, when a few doses of PISO'S Cure may be all that you will need. Famous for its cure of croup, whooping cough, influenza, and all other colds and influenza. At all druggists, 25c.

# PISO'S

Throat and Lungs

25c

# CURE