

**PE-RU-NA AS A LAST RESORT**



**MR. WM. F. VAHLBERG.**  
 Mr. William F. Vahlberg, Oklahoma City, Okla., writes:  
 "One bottle of Peruna which I have taken did more toward relieving me of an aggravated case of catarrh of the stomach than years of treatment with the best physicians."  
 "I had given up hopes of relief, and only tried Peruna as a last resort."  
 "I shall continue using it, as I feel satisfied it will effect an entire and permanent cure."  
 "I most cheerfully recommend Peruna to all who may read this."  
 Peruna is usually taken as a last resort. Doctors have been tried and failed. Other remedies have been used. Sanitariums have been visited. Travel has been resorted to.  
 At last Peruna is tried. Relief is found. This history is repeated over and over again, every day in the year. It is such results as this give Peruna its unassailable hold upon the people. We could say nothing that would add force to such testimonials as the above. That people who have had catarrh and have tried every other remedy available, find relief in Peruna, constitutes the best argument that could be made.

**PILES**  
 Sample treatment  
 Free Cross File and  
 Pile Cure and  
 Book sent by mail  
 FREE.

REA CO., DEPT. B. 4 MINNEAPOLIS, MINN.

**Counting the Presidents.**

Was Grover Cleveland the twenty-second or the twenty-fourth president, or both? On the determination of this question depends the numeral to be applied to Mr. Taft. Is the new executive to be the twenty-sixth or twenty-seventh president? Several McKinley memorials, it is said, are inscribed with the statement that the dead Ohioan was the twenty-fifth president. This would make Roosevelt twenty-sixth and Taft twenty-seventh.  
 Cleveland was the twenty-second man to hold the office of president, and the fact that he held it twice with the administration of another man between his own two terms, would not seem to alter the fact. If he were to be called both twenty-second and twenty-fourth the same system of counting would demand that every re-elected president since the beginning of the government would have to be counted twice. We count by presidents, not by terms, and it appears that Mr. Taft will be twenty-sixth president and that the McKinley monuments are improperly inscribed.—Cleveland Plain Dealer.

**Now for Airship Laws.**

If the various aero clubs are successful next year sky sailing will be regulated by statute. Navigators of balloons and aeroplanes will be forced to qualify in meteorology, chartmaking, air currents, expansion of gases, the rules of the road and cloud dodging. The endowment of chairs in our leading universities may soon be confidently expected, and the B. A. degree will stand for proficiency in aeronautics as well as in the arts. The proposed law will also declare a perpetual close season for balloon shooting, and every ascension is to be recorded so that relatives and friends may be assisted in their search for remains.—New York World.

**NEW LIFE Found in Change to Right Food.**

After one suffers from acid dyspepsia, sour stomach, for months and then finds the remedy is in getting the right kind of food, it is something to speak out about.  
 A N. Y. lady and her young son had such an experience, and she wants others to know how to get relief. She writes:

"For about fifteen months my little boy and myself had suffered with sour stomach. We were unable to retain much of anything we ate."  
 "After suffering in this way for so long I decided to consult a specialist in stomach diseases. Instead of prescribing drugs, he put us both on Grape-Nuts, and we began to improve immediately."

"It was the key to a new life. I found we had been eating too much heavy food which we could not digest. In a few weeks after commencing Grape-Nuts I was able to do my housework. I wake in the morning with a clear head and feel rested and have no sour stomach. My boy sleeps well and wakes with a laugh."  
 "We have regained our lost weight and continue to eat Grape-Nuts for both the morning and evening meals. We are well and happy and owe it to Grape-Nuts." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Head "The Road to Wellville," in pkgs.  
 Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

**GARDEN, FARM and CROPS**

**SUGGESTIONS FOR THE UP-TO-DATE AGRICULTURIST**

**Pure Bred Fowls.**

Some think that by crossing pure-bred fowls better results can be obtained, and they proceed to cross this, that and the other varieties to suit their theorizing fancies, and thus the flock is degenerated. Careful breeding has been carried on for years to bring out varieties useful for every known requirement. No cross is so good as the pure breed in all its purity.—Farmer's Home Journal.

**New Hampshire Orchards.**

While New Hampshire is not considered a peach state, there are several large and profitable orchards in the southern and eastern parts of the State. From the Melendy orchard, near Wilton, shipments have been made at the rate of a carload a day. The Parker and Chase orchards in the same vicinity also send large shipments. The quality of these New Hampshire peaches seems to be equal to any, and the somewhat sheltered locations seems to enable the trees to endure the low winter temperatures.—American Cultivator.

**Look Out for the Drains.**

In every house there is of refuse material a large amount. On washing days many gallons, often barrels, of water in which our clothing has been washed, and which contains all the filth that the skin has thrown off during the week, must be disposed of. As a rule, it is thrown into a drain, which is, perhaps, covered only by a board, and carried only a few feet away, when it forks into the ground or spreads out and evaporates into the air. If the soil is pervious, it may soak into it and some of it eventually find its way into the well.—Weekly Witness.

**Jap Insect Kills Gypsy Moths.**

One of the most promising enemies of the gypsy moth is a small parasite brought from Japan. This little insect lays its eggs on the caterpillars. The young hatch and burrow into the caterpillar, soon causing its death. The young insects then attack other caterpillars in the same way, destroying large numbers. According to Secretary Kirkland, the Japanese insect seems to be firmly established and promises good results by another season. In Japan the gypsy moth is successfully held in check by the parasite, and it is not too much to hope that it will do as well in this country.—American Cultivator.

**Making Hens Molt.**

One of the difficulties in poultry raising is to get the hens to molt early so that they will be ready to lay early in the fall when eggs are high.  
 Left to themselves hens will take a long time to molt and will not finish until cold weather sets in. They will not then lay much until January first and all the profits for October, November and December are lost.  
 At the Poultry Institute held in Denver by the Colorado Agricultural College, J. R. Wilson, a poultryman of long experience in Colorado, gave his method of controlling the molting of hens.  
 Mr. Wilson turns his hens for three weeks in July on alfalfa, feeding them in addition dry bran only. Under this treatment they get thin. The first of August he starts feeding them a mixed ration of grains and meat, giving a light feed in the morning and all they will eat at noon and at night.  
 Under this treatment they finish molting quickly, get new feathers, and begin laying the first of September. By October 1st they are in full laying and make a profit through the fall months.—News Notes, Colorado Agricultural College.

**Cross-Bred, Jersey-Ayrshire Cows.**

Which is the best cow for farm and for family use? Where the farmer uses his cows for butter making experience would go to show that the grade Jersey is essentially the farmer's cow, an act widely appreciated. The mark of the Jersey is now noticed on every hand in the beautiful and picturesque colors and graceful forms of the cows seen grazing in the meadows and dotting the pastures. No other cow is so easily kept, or more docile, or gives a richer return in butter for the food consumed than the grade Jersey. But something depends upon the cow from which the grade is raised. Unless the dam of the cow is a copious milker, and is able to transmit this quality to her progeny, the principal end sought in the crossing is missed. The Ayrshire is the most prolific milk cow. For large yields and for easy keeping she is unsurpassed. To cross the Ayrshire cow with a well selected Jersey bull, ought to give the best dairy cow that can be readily produced. The large milk yield of the Ayrshire is united with the large cream yield of the Jersey, and we have all we can procure in the way of the Jersey, multiplied by the excess of the yield of the Ayrshire.—Weekly Witness.

**The Business Hog.**

The hog for the farmer and the pork barrel should be a hog that is hardy. Any one ought to know this, but I say it because there are scores of people who do not seem to know even this much. They buy almost anything, just so it is cheap. "Common stock will do for me," is a frequent saying. It is strange indeed, with all the good farm journals published, that there are so many people who claim that common stock is good enough for them. Some even claim they can make a hog out of anything with feed. Don't try this plan of past ages. Get a good pair of pigs and learn how to care for them. Take your choice as regards breed, but buy the best. Why? Because the best gives you two chances. You can have just as good success raising pure bred pigs as the common kind. If you cannot sell any for breeding purposes the first year, people will see them and inquire after them and by and by you will be selling as a breeder and the business will come to you and you will hardly know how you got into the business. Although you do not sell any pigs or shoats for breeding purposes you have a lot of hogs that will take less feed and raise you better pigs.—Farmer's Home Journal.

**Keeping the Milk Sweet.**

Practically the only method that can be recommended to keep milk sweet is to keep out of it the bacteria that makes it sour.  
 If after milk has been cooled, that is, after the animal heat is taken out of it, it could be secured free from bacteria and put in clean bottles and tightly sealed, it would keep just about as well as land. In fact, milk has been bottled and sent across the ocean and back again, and still kept sweet. Hence the way to keep milk sweet is to keep it clean, not merely from animal filth and odors, but as far as possible from the bacterium which tends to sour it.  
 The reason why milk kept cool, down to around 32 degrees, or near the freezing point, will keep sweet longer or if kept at a temperature of 70 or 80 degrees, is because the bacteria which cause milk to sour do not multiply at that low temperature. It does not get them out of the milk, but it keeps them from increasing.  
 There is only one way to keep the bacteria out of the milk, and that is perfect cleanliness. If one wants to keep milk sweet in warm weather, he must milk the cows in the open air while they are in the pasture. Then put the milk into clean pails, reduce it to the temperature of cold spring water, and there will be no trouble with the milk souring in any reasonable length of time. But if the cows are milked in a stable poorly ventilated, poorly lighted, with strings of spider webs covered with dust hanging from the ceiling, with a dirty floor and considerable manure in the gutters, and do the work with dirty hands and dirty clothes the milk is sure to sour.  
 Many an honest man is furnishing milk that not only sours quickly but is dirty—plainly speaking. He is honest enough, but he does not really know the simple fact that milk sours with the multiplication of a certain class of germs; that these are to be found in every stable to a greater or less degree; that the dirtier and darker the stable and the more dust there is around it and in it during milking, the quicker the milk sours, no matter how good care is taken of it afterwards.  
 Milk will keep longer if the first in each teat is milked out and given to the hogs. The reason for this is because colonies of germs find their way into the mouth of the teat and multiply between milkings.—W. H. Underwood in the Indiana Farmer.

**Farm Notes.**

Commercial fertilizers should be used as soil improvers not for crop stimulators.  
 Stable manure is the best balanced plant food for most soils although some soils will produce better when mineral fertilizers are employed.  
 Raspberries and blackberries are both much benefited by spraying with Bordeaux for leaf diseases, but where rust appears the diseased cane should be cut and burned.  
 As a rule, a woman makes a success of poultry culture because she is careful, watchful and mindful of all the small details—the little leaks that often sink the ship.  
 One of the reasons why a small flock of hens does better than a large flock is because table scraps form a large part of the small flock's rations and they are an evenly balanced ration.  
 It is a dangerous error to spread manure from the cart, leaving it in small heaps. Much of the value will be leached out and the material unevenly distributed, and the work of application is increased.  
 Do not burn the old stalks, weeds or garden rubbish. They contain much good plant food and are especially desirable as much around fruit trees that are so located that they cannot be kept in cultivation.  
 The farm was made attractive for the young people by making a nice lawn, with plenty of shade, a croquet set, lawn tennis, basket ball or other contesting games, and permission to invite the neighboring boys and girls to join.

**One of the Essentials**

of the happy homes of to-day is a vast fund of information as to the best methods of promoting health and happiness and right living and knowledge of the world's best products.

Products of actual excellence and reasonable claims truthfully presented and which have attained to world-wide acceptance through the approval of the Well-Informed of the World; not of individuals only, but of the many who have the happy faculty of selecting and obtaining the best of the world affords.

One of the products of that class, of known component parts, an Ethical remedy, approved by physicians and commended by the Well-Informed of the World as a valuable and wholesome family laxative is the well-known Syrup of Figs and Elixir of Senna. To get its beneficial effects always buy the genuine, manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

**Steel Cooking Utensils.**

A process which makes possible the substitution of steel for malleable iron in many articles of light hardware has been invented by L. S. Lachman, and is described in the Engineering and Mining Journal. The method is founded primarily upon the idea that as two pieces of metal of unequal section do not unite readily to form a good weld, two points, or a point and a ridge, must be raised on the pieces to be united. These raised contacts are forced together under hydraulic pressure, and forming the link of lowest conductivity in an electric circuit, are heated by the current to a temperature at or near fusion; the two projections are thus quickly united and form a bond or rivet which is even stronger than an ordinary rivet, because it is in one piece with the body of the metal.

**Lame Back Prescription.**

Considerable discussion is being caused among the medical fraternity by the increased use of whiskey for lame back rheumatism. It is an almost infallible cure when mixed with certain other ingredients and taken properly. The following formula is effective: "To one-half pint of good whiskey add one ounce of Tonic Compound and one ounce Syrup Sarsaparilla Compound. Take in tablespoonful doses before each meal and before retiring."

Tonic Compound is a product of the laboratories of the Globe Pharmaceutical Co., Chicago, but it as well as the other ingredients can be had from any good druggist.

**Anarchists Use Esperanto.**

Recent police investigation in Bohemia into a supposed miners' labor association, which turned out to be an anarchistic organization, have brought to light a large quantity of books, papers, documents and letters of a highly incriminating character, and it was found that the bulk of correspondence with anarchists abroad was carried on in Esperanto.

**BED-BOUND FOR MONTHS.**

**Hope Abandoned After Physicians' Consultation.**

Mrs. Enos Shearer, Yew and Washington Sts., Centralia, Wash., says: "For years I was weak and run down, could not sleep, my limbs swelled and the secretions were troublesome; pains were intense. I was fast in bed for four months. Three doctors said there was no cure for me and I was given up to die. Being urged, I used Doan's Kidney Pills. Soon I was better and in a few weeks was about the house, well and strong again."  
 Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**Superfluous.**

The architect was explaining for the proposed new mansion.  
 "Here," he said, "will be the inner court."  
 "What's the use of that?" sharply asked Mr. Struckoyle. "The girls can do their sparkin' in the front parlor same as their maw and me did."—Chicago Tribune.

**PUTNAM FADELESS DYES**

Color more goods brighter and faster colors than any other dye. One lb. package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.

**BILLIARD TABLES POOL TABLES**

Re-Finishes Sewing Alloys Supplies Low Prices. Easy Payments. You cannot afford to experiment with untried goods sold by commission agents. CATALOGUES FREE.

**THE BRUNSWICK-BALKE-COLLIER CO.**

20 WOOD ST., PITTSBURGH, PA.

A former weather expert has been found in an asylum. Probably he accidentally guessed right several times and it turned his head.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

**An Extensive Appendix.**

Will MacMillan, who used to drive our Meat Wagon around but who has been taking a short vacation to regain his health, is driving Herman Fleming's Meat around while Herman is confined in the Hospital in Town, getting his appendicitis cut out, which takes two days per week and extends up in Bucks County on Saturdays not saying anything about customers in Fox Chase and Torresdale.—Russleton (Pa.) News

The Nitsui Trading Company of Japan does a \$100,000,000 business with Europe, Australia, America and Asia.

**LIGHT FOR TOOTHACHE**

Also for Asthma, Cold in Head and Earache, but Bad for Neuralgia.  
 "Light is good for toothache. Darkness is bad for it. If you are a toothache sufferer, haven't you often noticed how the pain in your jaw increases when, late at night, you turn off the lamp and try to sleep?"  
 The speaker was a doctor. He went on:

"Light, you see, is good for the toothache. There are a number of diseases it is good for—asthma, cold in the head, earache. These diseases in the dark all grow worse."

"Darkness is good for a sick headache and for neuralgia and for nausea. Haven't you noticed it?"  
 "Light and darkness—they are remedies recognized at last, and today we prescribe them the same as we do quinine or nux."—New Orleans Times-Democrat.

**Minerals of South Russia.**

South Russia has among its valuable minerals rock salt, coal, coprolites, kaolin sands for glass making and other purposes manganese and iron ores, the latter being easily first in importance, free of phosphorus and with little sulphur.

**NO SKIN WAS LEFT ON BODY.**

Baby was Expected to Die with Eczema—Blood Oozed Out All Over Her Body—Now Well—Doctor Said to Use Cuticura.

"Six months after birth my little girl broke out with eczema and I had two doctors in attendance. There was not a particle of skin left on her body, the blood oozed out just anywhere, and we had to wrap her in silk and carry her on a pillow for ten weeks. She was the most terrible sight I ever saw, and for six months I looked for her to die. I used every known remedy to alleviate her suffering, for it was terrible to witness. Dr. C. gave her up. Dr. B. recommended the Cuticura Remedies. She will soon be three years old and has never had a sign of the dread trouble since. We used about eight cakes of Cuticura Soap and three boxes of Cuticura Ointment. James J. Smith, Dumid, Va., Oct. 14 and 22, 1905."

**Supplying the Yell.**

The Denver Republican complains that for a college which has no football team and no college yell the Electoral College seems to be getting a good deal of free advertising these days. How would F-r-a-z-z-l-e do for missing college yell?—New York Press.

**How's This?**

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.  
 F. J. CHENEY & Co., Toledo, O.  
 We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.  
 WARDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O.  
 Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c per bottle. Sold by all Druggists.  
 Take Hall's Family Pills for constipation.

**A Vanishing Tribe.**

Once members of the great Creek family, the Seminoles of Florida have lost their tribe, their traditions and their homes. Their own people have forgotten them. The United States has ignored them since the Seminole war, when their roster was lost.  
 Payment of the government debt to their tribe made plutocrats of their brothers in the west, but never a dime reached the members of the little band who refused to be driven from their ancestral home. But their Spartan courage has departed and in the cowed and cringing remnant there is no spark of the fire that flashed in "The Seminole's Reply."  
 The Government has no agent among the Seminoles, and the last guess at their number, made by the United States seven years ago, was 355. That fragment of the tribe has now shrunk to 275.—Collier's.

**Pigeons Lose Jobs.**

Simultaneously with the organization of a pigeon postal service in the French Congo, the climate makes both ordinary and wireless telegraphy impossible, it is announced that the British Government has replaced the pigeon post by wireless telegraphy in both the naval and the colonial service, and that this year's budget contains no appropriation for pigeons.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

Poisonous ribbons are the latest foe to the health of the occupants of the nursery. Danger may lurk unseen in the pretty bows that decorate the baby's bonnet.



This woman says she was saved from an operation by Lydia E. Pinkham's Vegetable Compound.

Lena V. Henry, of Norristown, Ga., writes to Mrs. Pinkham:

"I suffered untold misery from female troubles. My doctor said an operation was the only chance I had, and I dreaded it almost as much as death."  
 "One day I read how other women had been cured by Lydia E. Pinkham's Vegetable Compound, and I decided to try it. Before I had taken the first bottle I was better, and now I am entirely cured."  
 "Every woman suffering with any female trouble should take Lydia E. Pinkham's Vegetable Compound."

**FACTS FOR SICK WOMEN.**

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

**Spain is Prosperous.**

In spite of the world-wide depression Spain is experiencing a period of decided prosperity. The spirit of rejuvenation has extended to the navy, plans for the rebuilding of which are being actively prosecuted. Tenders have been submitted for three battleships, which will be about 425 feet in length and of 15,000 tons displacement, with a speed of 19½ knots. Also three destroyers of 360 tons and 28 knots and 24 180-ton 26-knot torpedo boats are to be built, together with four gunboats of about 1,000 displacement. The battleships will be built at Ferrol, and the rest of the fleet at Carthagena.—Scientific American.

Upon the death of the Emperor of China his mother, the Dowager Empress, appears to have taken the queue from him and to have died also.

**TOWER'S FISH BRAND WATERPROOF OILED GARMENTS**  
 are cut on large patterns, designed to give the wearer the utmost comfort  
 LIGHT-DURABLE-CLEAN AND GUARANTEED WATERPROOF  
 SUITS \$3.00 SLICKERS \$3.52  
 WE WANT THE GENTLEMAN WHO WOULD WEAR THE FISH BRAND  
 A TOWER CO. BOSTON U.S.A. 1007 LONDON CO. LONDON ENGLAND

**7 SYDENHAM REMEDIES**  
 Heart, Stomach, Liver, Bowel, Kidney, Nerve, Rheumatism and Blood.  
 Absolutely Pure and Effective.  
 Describe your case, send us 25c. for trial bottle.  
 SYDENHAM TABLET CO.,  
 146 East 90th St., New York City.

**HELP Insist on Having FOR WOMEN Dr. MARTEL'S Preparation**  
 "The Standard Remedy." AT DRUGGISTS.  
 Send for book, "Relief for Women,"  
 FRENCH DRUG CO., 30 W. 32d St., N. Y. City.  
 RHEUMATISM now curable; thousands cured; results speedily guaranteed by this preparation. Write quick. THE WRIGHT MED. CO., Paris, Ind.  
 P. N. U. 45, 1908.

If afflicted with weak eyes, use Thompson's Eye Water

**SKREEMER SHOE**  
**FOR MEN.** The top of a shoe determines its style. It's the part your foot rests upon that demands the proper lines to assure ease and comfort. The difference between SKREEMER shoes and others lies in the fact that they are made on a special, natural foot-form model. They fit exactly, and for that reason are absolutely comfortable. Look for the label. If you do not find these shoes readily, write us for directions how to secure them.  
 MADE BY FRED. F. FIELD CO. BROCKTON, MASS., U.S.A.  
 FRED. F. FIELD CO., Brockton, Mass.

**PISO'S CHRONIC CHEST COMPLAINTS**  
 of the most serious character have been permanently cured with PISO'S Cure. Coughs, colds, hoarseness, bronchitis and asthma quickly respond to its healing influence. If you have a cough or cold, if you are hoarse or have difficulty with your breathing, get a bottle of PISO'S Cure. Immediate benefit follows the first dose. Continued use generally brings complete relief. For nearly half a century PISO'S Cure has been demonstrating that the most advanced forms of coughs, colds and chronic chest complaints CAN BE CURED.  
**T-CURE**