

FOR AND ABOUT WOMEN

THE "HOLIDAY SPIRIT."

Wherever you go, make a firm resolve to enjoy every moment of the time, to laugh over and make light of disagreeables, and if enjoyment falls in one direction, to look for it in another. The "holiday spirit" is a most important part of the holiday maker's luggage.—Home Chat.

SPECIMEN OF CONIFER TREE.

When Jefferson Davis was a United States Senator from Mississippi, and Secretary of War in the Cabinet of President Buchanan, his wife was one of the most prominent society women of Washington. Her activities were not, however, limited to social functions. She took a deep interest in the beautification of the National capital and one of the things she did was to plant a little cedar tree in the National Botanical Garden. This tree has continued to grow, and is now a fine specimen of the conifer tribe. It is well known in Washington and nearly all Southern visitors pay their respect to it.—Indiana Farmer.

DUCHESS OF MARLBOROUGH'S ELOQUENCE.

A member of the Vanderbilt family has won distinction as an orator, or rather as an oratrix. It is the Duchess of Marlborough, who has brought out the dormant talent in the family. Other members have achieved fame along different lines, from railroad management to automobile driving, but the only hint that there was oratorical ability was years ago when the grandfather of the Duchess delivered himself of that brief, but exhorting, speech about the American people.

Dispatches from London announce that the titled lady is a speaker of grace and eloquence, from whose lips words flow with the smoothness of Tennyson's brook. Recently she distributed the prizes at a children's horticultural show in Southfields, and

Our Cut-out Recipe Paste in Your Scrap-Book.

Tutti Frutti Filling.—Soak two tablespoonfuls of gelatine in water for twenty minutes, then melt over the teakettle. Cook two cups of granulated sugar with eight tablespoonfuls of water until it threads; pour in the melted gelatine, add a teaspoonful of vanilla or rose water, and beat in a cool place until white and thick. Toward the end of the beating stir in two or three tablespoonfuls of various crystallized fruits, cut in small bits, and add fine chopped nuts if desired.

her ability to present her thoughts in a ready and graceful manner surprised her hearers.
The Duchess, it is said, has a talent for saying the right thing at the right time, and says it in a free and natural manner.—New Haven Register.

WOMAN CLERK TO GET \$225,000.

Though disinherited by her father, who left an estate valued at \$1,000,000 at his death, Mrs. Ann S. Hardesty, a clerk in the Postoffice Department, at Washington, D. C., will receive one-quarter of the estate, which is principally in stocks and bonds. Mrs. Hardesty's stepmother, Mrs. Elizabeth May Cammack, will receive the remainder.

When Mrs. Hardesty married against her father's will he disowned her. When her husband died Mr. Cammack sent word to his daughter to return to his home at once and resume the place she left to become a bride. She refused, and with the aid of friends obtained a place in the Postoffice Department.

The compromise, which was approved by Judge Barnard in the Probate Court, says that the agreement is effected in a spirit of harmony, with a just regard to the natural rights of the daughter and, to avoid the unseemly and public notoriety necessarily incident to litigation.
Mrs. Hardesty, who is about forty years old, says that she will devote a large part of the amount she is to receive to charitable work.

HELPING WITH A WORD.

A young girl was passing her aged great aunt one day when she suddenly stopped, laid her hand gently on the white head and said, "How pretty and curly your hair is, Aunt Mary! I wish I had such pretty hair."

The simple words brought a quick flash of pleasure to the wrinkled face and there was a joyous quiver in the brief acknowledgment of the spontaneous little courtesy.
A young man once said to his mother: "You ought to have seen Aunt Esther to-day when I remarked casually, 'What a pretty gown you have on to-day and how nice you look in it.' She almost cried, she was so pleased. I hadn't thought before that such a little thing would be likely to please her."

"I never expect to eat any cookies as good as those you used to make, mother," said a bearded man one day, and he was shocked when he saw her evident delight in his words, for he remembered that he had not thought to speak before for years of any of the thousand comforts and pleasures with which her skill and love had filled his boyhood.—Herald and Presbyter.

STYLE OF HAIR DRESSING.

Though it cannot be denied that much false hair is still worn, the latest styles disguise it, for a softer, more natural looking coiffure is the approved arrangement for midsummer, says the New York Telegram.

The general discarding of hats upon all occasions is probably responsible

for the return of this pretty fashion. The "all-around-the-head" pompadour and the stiff rows of curls, the necessary support of the enormous hats, are entirely obsolete, and reigning in their stead are the graceful Psyche knot, a group of just a few small puffs or an occasional curl pinned down to the natural hair.

With these dressings there is a considerable reduction in the size of the mass of tresses viewed from the back, but there is really no change in the front, for the hair around the face shows even a fuller, fluffier effect.

One of the newest coiffures is exceedingly girlish looking and will be generally becoming. The front half of the hair is very slightly waved, then brought back softly to the back of the head, covering the tips of the ears or not, as considered becoming to the wearer. At the back it is arranged in a knot, figure eight or any way suggesting Grecian effects. With this dressing side combs are not worn, though a single comb set in to support the knot of hair is very effective.

Below the knot the short hairs are confined by a barrette; not in the narrow, simple bar, but a beautiful piece of filigree shell, measuring two inches in width and three or four inches in length.
Some of these barrettes, especially the amber, are lovely, and will furnish an exquisite decoration for a blonde head. They are sold at various prices from \$3.75 up; those selling at \$5 are a particularly good value.

Another pretty style of coiffure for thin hair can be arranged by following directions for the front hair as described above, and then, taking that and the back hair to the top of the head, where it is twisted into a flat knot and pinned down close to the head. This knot will not be very large if the hair is short or thin, and so it is covered with a group of curls mounted on a small, heart-shaped framework.

This arrangement of curls had the broad end at the top. When a few of the new hairpins—those of shell, having a plain ball at the top—were placed among the curls and the barrette used to catch in the stray hairs, it was simply impossible to believe there was a false hair in the whole coiffure.
Barrettes this season are set in low down on the head.
For quite young girls the Grecian styles in hairdressing are closely followed, filets of ribbon or shell being employed as a decoration.
The high coiffure, except in the case of middle aged or elderly women, is no longer seen, the low effects being considered perfectly correct both for day and evening wear.

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Sleeves are wide and seldom come more than half way to the elbow.

Many of the newest coats of chiffon, silk and lace have no sleeves at all.

White walking dresses will play an important part in the coming season.

The small checks shown in the Shantung pongees are extremely attractive.

Long Arabian cloaks are made in thick white cotton crepe loaded with cotton tassels.

One of the best shades sought for by the ultra-fashionables for linens and tussorees is taupe.

There is a predilection in millinery for every shade of ripe plum and pale gray tints, striped with white.

A fascinating coat is of ecru flannel, so coarse that it resembles heavy twine, richly embroidered in white silk.

It is necessary to weight the sash in order to keep it always down close to the figure and rob it of its floating tendencies.

A good many of the "jumper" models have kimono-shaped sleeves, cut in one piece with the bodice and not set into the armholes.

Ribbon girdles are quite out of date, they having been supplanted by the wide, soft silk sashes with long fringed ends, tied on the side.

There is an air of severity in everything, and it is fully as noticeable in the frocks of batiste, organdie and light silks as it is in tussorees and linens.

Plain hand tucked net is very much used in combination with thin organdies and silks. The yokes and long mousquetaire sleeves are entirely made of the net closely tucked.

Some of the new designs in house shoes display large rosettes with cut steel centres, while others, quite in contrast, with these, are decorated with a single stone like a pearl or large colored bead fastened at the vamp seam in front.

The swan is the longest lived of birds.

Timely Fashion Hints

New York City.—Such a pretty coat as this one cannot fail to find its welcome. It is jaunty and chic yet



absolutely simple withal, and involves no difficulties in the making.

Embroidery For Lingerie.

The dainty colored embroideries, are being used for lingerie hats to accompany frocks in which the same embroideries appear.

Lorgnette Chains.

The new fan or lorgnette chains are exceedingly pretty, and one design in French gilt, set with groups of stones, or mock jewels, such as coral, jade, topaz and lapis lazuli is particularly effective. At the same price there are long, slender chains of gilt and gun metal ornamented with rhinestones set so that they look like a string of dewdrops.

Seven Gored Skirt.

The seven gored skirt is always a graceful and attractive one, and this model has the advantage of including the very latest features of the season. It is laid in two pleats at each seam, which provide just sufficient fullness for grace, and it can be closed either at the left of the front with ornamental buttons or invisibly at the back as liked. It is adapted to linen, to serge, to mohair, to all skirting and to all suiting materials, but as illustrated is made of Panama cloth finished with tailor stitching.

The skirt is cut in seven gores. The pleats effectually conceal the seams.



It is cut with sleeves and coat portions in one, but in the latter manner, which means snug fit under the arms. It can be finished with ornamental laps at the darts or with genuine pockets as liked and is adapted to all suiting materials, while also it makes an excellent model for the light weight separate wrap.

In the illustration light brown serge is trimmed with fougard and bands of taffeta, such combinations being greatly in vogue just now, but almost any contrasting material can be used for collar and cuffs, and braid and banding of the material are equally correct as a finish. Two big buttons at the front make a feature and are exceedingly handsome.

The coat is made with fronts, back, side-backs and under-arm gores. The under-arm gores are extended to form the under portions of the sleeves, so allowing graceful lines and going away with fulness at that point. Roll-over cuffs finish the sleeve edges and a roll-over collar completes the neck.

Hats That Are Becoming.

The hat to get is straw of a becoming shape. The big natural rough straw sailors rolled up at one side are the best, although black and white chip are both chosen.

Study the Profile.

There is probably no other one point that makes so great a difference in one's appearance as becoming dressing of the hair, therefore it is worth while to study the profile and general outline of the head before adopting a new style.

More Grace Required.

Of course every woman who desires to wear the sheath skirt will practice and practice to make herself more graceful, but will she feel repaid?

Girdles.

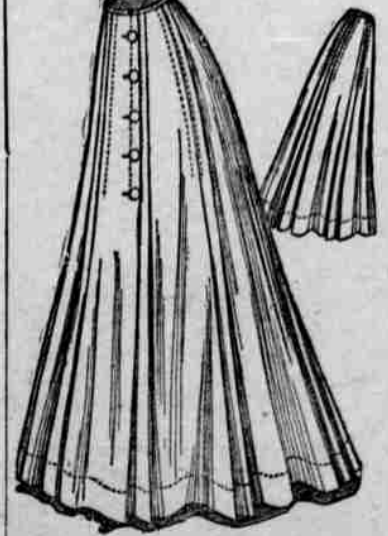
Hand embroidered linen girdles, with the work all done in soft pale colors, are seen. They are fastened invisibly with hooks and eyes, making the girdle appear as though it had no opening. This gives the waist a round and youthful effect.

Graceful Collar.

The collar that curves high at the back is much more graceful than that which projects up among the roots of the hair in two sharp points.

and are stitched flat well below the hips. It can be made either in walking length, adapted to the street, or in the graceful round one that is so well liked for indoor wear.

The quantity of material required for the medium size is nine and



three-quarter yards twenty-four, or twenty-seven, five and one-half yards forty-four or fifty-two inches wide.

Neptune.

Neptune is far from being the largest planet of our solar system. That honor belongs to Jupiter. Neptune's mean distance from the sun is proved to be about 2,745,000,000 miles, and it takes the planet 165 years to make its revolution about the sun. In other words, a Neptunian year consists of 60,223 of our days.

"FLETCHERISM."

This is a word which has been coined to denote a peculiar dietary idea originated and advocated by Mr. Horace Fletcher. It is a system of dietetics which differs from all others in that it takes little or no account of the nature of the food, but concerns itself entirely with the manner of eating. It is simple in form, but tedious in the extreme—at least to those who do not practice it constantly—in its execution.

Mr. Fletcher is an avowed enemy of the universal habit of sitting down to three meals a day as a routine practice, and insists upon the necessity of eating only when one is hungry. But this is only by the way, for the essence of his system is thorough mastication—not thorough only, but absolutely complete. One must chew and chew and chew again every morsel of food taken into the mouth until it is reduced to an impalpable and tasteless fluid, which then slips down without any conscious act of swallowing.

Grand results in the way of bodily and mental vigor are claimed for this system. Those who practice it are said to enjoy absolute health and to possess great strength and powers of endurance. Mr. Fletcher himself, who is now nearly sixty years old, is gaining prodigiously in muscular power and in the ability to endure great physical strain, although he asserts that he is not in training and that he takes no regular and systematic exercise.

In a series of tests scientifically applied at the gymnasium of Yale University, he recently made a record one hundred per cent. better than any previously made by trained athletes of half his years. Naturally he and his followers assert that this is the direct result of his system of mastication. Others explain it differently. His record in this respect is so far ahead of that made by any other person, whether an athlete or a follower of his system, that the most reasonable explanation is that it is due to a personal peculiarity—that he is a physical genius, as Mozart was in music, or Napoleon in war, or Shakespeare in literature, and that his dietary system has only served to develop his already surpassing powers of endurance.

His excessive mastication makes him very abstemious, for in slow eating hunger is appeased by a much smaller amount of food than when one bolts his food. Most persons eat far too much, and all excess of food puts a tax upon the vital energies. Thorough mastication is good, but excessive mastication deprives the digestive organs of their necessary stimulus, and so is an error. Moderation is what should be practiced—moderation in the amount of food and moderation in its mastication.

"Bein' Kind to Mother."

The daughter of a banker attending the convention last week tells the following story of an Englishman she met during a recent trip to Mexico. The Englishman became acquainted with the American party while they were all guests at a winter hotel. Whenever the parents of the American girl proposed any trip the Englishman immediately begged to be made one of the party. He was to be included in a moonlight trip to a near-by mountain. After the Americans were ready to start they had to delay some fifteen minutes awaiting their guest's arrival. When he did arrive he electrified them by his comments on the reason for his delay. What he said was:
"I beg pardon for my beastly tardiness. Couldn't help it, don't know. I had to bring my mother from the gardens first. It's a singular horrid bore, but on has to be kind to his mother, don't yer know?" —Milwaukee Free Press.

The Joys of Youth.

A boy in the State School for Dependent Children wrote his father thus: "Dear Papa—We children are having a good time here now. Mr. Sager broke his leg and can't work. We went on a picnic and it rained and we all got wet. Many children here are sick with mumps. Mr. Higgins fell off the wagon and broke his ribs, but he can work a little. The man that is digging the deep well whipped us boys with a buggy whip because we threw sand in his machine, and made black and blue marks on us. Ernest cut his finger badly. We are all very happy." —Argonaut.

The Same Old Mother.

"Now, Jamie," said a school teacher, "if there were only pie for dessert and there were five of you children and papa and mamma to divide it among, how large a piece would you get?"

"One-sixth," replied Jamie, very promptly.
"But there would be seven people there, Jamie. Don't you know how many times seven goes into one?"

"Yes'm—and I know my mother. She'd say she wasn't hungry for pie that day. I'd get one-sixth." —Youth's Companion.

BUSINESS CARDS.

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FINANCE AND TRADE REVIEW

DUN'S WEEKLY SUMMARY

Gradual Improvement in the Business Situation Reported—More Steel Orders in Sight.

New York.—R. G. Dun & Co.'s "Weekly Review of Trade says: "Gradual improvement in the commercial situation is reported, although the volume of trade has not expanded in proportion to the growth of confidence. Resumption of work at manufacturing plants is the best evidence of progress, the number of unemployed, though slowly, diminishing.

Scarcity of water is an adverse influence at several points. Several returns for the last week exhibited little or no loss, as compared with similar figures for 1907, notably shoe shipments, flour output and bank exchanges at some points.

Steel mills have more business in sight. A current factor of value is the increased demand by the railways for both rolling stock and equipment.

"Restricted operations at cotton mills during the past nine months have prevented accumulation of goods in the hands of producers, and the statistical position is also healthy as to jobbers and retailers.

"Buyers are scarce in the market for woolsens, but there is a good call for delivery of sample pieces. An unusually small percentage of the season's requirements has been ordered.

"The domestic market for hides is still quiet, yet the tone is better, although actual sales at the East are unsatisfactory. Tanners of upper stock insist that price are too low in relation to the hide market, but efforts to secure a proportionate advance result in a check to business. Forwardings of footwear from Boston showed a total slightly in excess of the corresponding week last year.

MARKETS.

PITTSBURG.

Wheat—No. 2 red.....	83	93
Hylo—No. 2.....	93	91
Corn—No. 2 yellow.....	77	85
No. 2 yellow, shelled.....	87	74
Mixed ear.....	78	74
Oats—No. 2 white.....	53	54
No. 2 white.....	52	53
Flour—Winter patent.....	5 80	5 92
Fancy straight winter.....	13 00	13 75
Hay—No. 1 Timothy.....	11 00	10 91
Feed—No. 1 white mid. ton.....	50 00	31 00
Brown middlings.....	7 75	25 50
Brass, bulk.....	4 00	24 50
Straw—Wheat.....	7 00	8 00
Oat.....	7 00	8 00

Dairy Products.

Butter—Eggs creamery.....	25	26
Ohio creamery.....	24	25
Fancy country roll.....	17	25
Cheese—Ohio, new.....	13	2
New York, new.....	14	1

Poultry, Etc.

Hens—per lb.....	17	13
Chickens—dressed.....	12	11
Eggs—Pa. and Ohio, fresh.....	24	23

Fruits and Vegetables.

Potatoes—Fancy white per bu.....	51	7 00
Cabbage—per ton.....	1 50	1 75
Onions—per barrel.....	5 30	5 00

BALTIMORE.

Flour—Winter Patent.....	5 70	5 92
Wheat—No. 2 red.....	1 02	1 02
Corn—Mixed.....	71	76
Eggs.....	24	24
Butter—Creamery.....	24	24

PHILADELPHIA.

Flour—Winter Patent.....	5 00	5 25
Wheat—No. 2 red.....	5 00	5 27
Corn—No. 2 mixed.....	88	88
Oats—No. 2 white.....	51	54
Butter—Creamery.....	24	24
Eggs—Pennsylvania first.....	17	15

NEW YORK.

Flour—Patents.....	5 80	5 92
Wheat—No. 2 red.....	1 03	93
Corn—No. 2.....	91	93
Oats—No. 2 white.....	54	55
Butter—Creamery.....	24	24
Eggs—State and Pennsylvania.....	17	15

LIVE STOCK.

Union Stock Yards, Pittsburg.

CATTLE

Extra, 1600 to 1900 pounds.....	5 73	5 12
Prime, 1300 to 1400 pounds.....	5 40	5 37
Good, 1200 to 1300 pounds.....	5 25	5 59
Thin, 900 to 1100 pounds.....	4 45	5 33
Light, 800 to 900 pounds.....	4 09	5 73
Canners, 700 to 900 pounds.....	4 10	5 59
Milks.....	3 00	5 13
Stags.....	1 10	5 19

HOGS

Prime, heavy.....	7 25	8 40
Prime, medium weight.....	7 25	8 35
Best heavy Yorkers.....	7 00	8 30
Light Yorkers.....	6 45	8 30
Pigs.....	5 50	8 22
Roughs.....	5 75	8 22
Stags.....	2 25	8 22

SHEEP

Prime wethers.....	4 00	4 10
Good mixed.....	3 25	4 35
Fair mixed ewes and wethers.....	2 50	4 10