

# Woman's Realm

# Timely Fashion Hints

**What Stamps Mean.**  
Upside down on left corner, I love you; left corner crosswise, My heart is another's; straight up and down, Goodby, sweetheart; upside down on right corner, Write no more; in middle or at top, Yes; in middle at bottom, No; in righthand corner at right angle, Do you love me? in lefthand corner at right angle, I hate you; top corner at right, I wish your friendship; on line with surname, Accept my love; same, upside down, I am engaged; same, at right angle, I long to see you.—Philadelphia Ledger.

**Miss Addams' Lecture.**  
Miss Jane Addams has completed her course of lectures delivered throughout the country in favor of woman suffrage. She based her argument on the plea that the well being of the working woman and her children is in the hands of the municipality. Questions affecting the light, air, fire protection and proper sewerage of their homes are all in the hands of the city authorities. Pure food, clean milk and matters pertaining to health regulations come more forcibly to the housekeeper's attention than to that of the man of the family. Pointing out that legislation for the protection of children has been pushed forward by women almost to the exclusion of men, she argues that they could do more for the protection of their homes and for the welfare of the Nation if they had the ballot.—New York Sun.

**Three Rich Sisters to Be Nurses.**  
Although hard work, except in the pursuit of pleasure, has seldom found very much favor among wealthy persons in Chicago, Misses Adelaide and Vivien Walsh, daughters of James Walsh, millionaire and former president of the Southern Indiana Railroad, have dedicated their lives to the hard task of caring for the injured and ailing. On the eve of the graduation of Miss Adelaide Walsh from the Mercy Hospital Training

with the men of other countries of the world. True, they are few numerically; but they are like the yeast which though proportionately very small, leavens the whole mass. The masses of East Indian women are still backward and much remains to be done; but a beginning has been made. Once proper provision is made for the education of the Indian woman her evolution will proceed apace. The East Indian woman, no matter how illiterate she may be, is usually able to recite from memory scores of pages of religious and epic work, not merely like a parrot, but with understanding. The woman of Hindostan is quick in intelligence and perception, and the metaphysical and religious training she has had for generations make her an apt and willing student.

**Madam Paquin.**  
Mme. Paquin, the widow of the famous woman's tailor, who died in December last, made her maiden speech at the annual meeting of the Paquin Company, Limited, recently held in London. She assured the company that, with the help of the present experienced staff who are working loyally around her—full of ardor, devotion and good will—she felt convinced that the brilliant future of the company was assured for many years. She added that it must afford every one connected with the enterprise the greatest satisfaction to find that, besides placing a substantial sum in reserve, the directors have been able to recommend a dividend of twenty per cent. for the year.

**Cherry Butter Pudding.**—Beat to a cream a half cupful butter and three tablespoonfuls of sugar. Then add, little by little, stirring constantly, four beaten eggs, a quart of flour that has been sifted with three teaspoonfuls baking powder and a half teaspoonful of salt. Add a pint of milk, and lastly a quart of pitted cherries. Boil two hours in a buttered mould, not allowing the water to stop a moment from its boiling. Serve with hard or cherry sauce.

**School for Nurses, connected with Northwestern University, a third sister, Dorothy, plans leaving the family home to start studying there. Miss Adelaide Walsh was private nurse to Bishop Dunne, of Dallas, Texas, when he was taken to Mercy Hospital suffering with heart disease last November. Her sister, Vivien, entered the training school a year ago. Miss Adelaide Walsh was educated in the Sacred Heart Academy, Chicago, where Mrs. Potter Palmer, Mrs. Mather Smith and Mrs. Marshall Field, Jr., once were pupils.—New York Press.**

**Royalty and Industry.**  
The education of modern royal ladies seems to run along more practical lines than it did formerly. Industrial art is favored by many of them, and a German paper recently asserted that should the great ladies now in the public eye suddenly be deprived of their fortunes they could readily support themselves. The writer mentioned Princess Carl of Sweden, a daughter of King Frederick VIII. of Denmark, who is quite skillful at making children's toys, a trade in which Princess Tageborg of Sweden is an expert. The Archduchess of Austria amuses herself by making beautifully waxed candles. She adds scent to them and molds them with her own hands. The Duchess Philip of Wurtemberg spends much of her spare time making surgical bandages and elastic supports and stockings. She has reached such a degree of proficiency that some of her ideas have been taken up by a German company. Princess Arnulf of Bavaria is a fine lacemaker.—New York Times.

**Effective Work for the Indians.**  
As a result of the propaganda work that is now being carried on by the East Indians in behalf of women, womankind all over Hindostan is becoming awakened, writes Saint Nihal Singh, in the Southern Workman. The members of the "weaker" sex are beginning to insist upon being allowed to come into their own. In many parts of Hindostan women are no longer confined in their houses, and early marriage has entirely been done away with in educated circles. The people have commenced to realize that if a boy is educated, just one man is educated, but, on the contrary, if a girl is enlightened, it means the uplift of the whole family. India has begun to feel that the East Indian women are the country's best asset. They would and fashion the destiny of the nation and fix its character.

The present generation has produced women of whom India is proud. Into the learned professions Hindostan has sent her daughters. As doctors of religion, law, literature, medicine, philosophy, music, and there are East Indian women who can hold their own not only with the women but also

services to the organization, dividing her time between Paris and London, and producing the same models simultaneously in each metropolis. The London business is thriving. In spite of the dull times of which other dress-makers are complaining, the Paquin London workshops are doing overtime.

M. Paquin was an employer of the modern type, and showed much solicitude for the welfare of his staff. He established seaside homes, where all connected with his firm in Paris could every year enjoy a two weeks' rest free.—New York Times.

New York City.—Every woman who anticipates a visit to the seashore during the summer months ex-



pects to including a bathing suit in her outfit. This one shows all the latest features of the season. It gives



the princess lines at the front and is made with close fitting sleeves and it is altogether graceful and attractive at the same time that it is quite simple. In the illustration black mohair is trimmed with black and white striped taffeta. For the trimming almost any contrasting material or banding can be used that may be liked.

The suit is made with the bloomers and the gown. The bloomers are of the regulation sort that are fitted by means of darts at the hips, while they are drawn up below the knees by elastic inserted in the hems. The gown portion is made in semi-princess style, the skirt and the blouse being joined by means of a belt at the back and sides, while they cut in one at the front.

The quantity of material required for the medium size is ten yards twenty-seven, five and three-fourths yards forty-four, or five and one-half yards fifty-two inches wide, with one and one-half yards twenty-seven inches wide for trimming and tie.

**New Neck Ruffs.**  
Little short neck ruffs, thick and reaching high about the ears and chin, but not at all deep, are worn tied at the back with a short bow of ribbon. Some are of tulle, some of feathers, some of shaggy ragged flower petals, small, and binding tightly the throat, not at all the neck or shoulders, as recently.

**Directoire Style.**  
As the season advances, it needs no great prophetic vision to foretell the assured acceptance of taffeta coats with soft muslin and lace skirts. There was quite a promising attempt made on these lines last season, which those of us who saw and noted realized was then only in its infancy of popularity. It is highly probable, however, that in this particular connection the long-tailed Directoire coat will supplant the present short semifit, in which case there is every promise of the long-handled parasol coming once again to the fore.

**Waist Accessories.**  
The tailored set is severe in style and is designed to be worn with plain shirt waists. In the illustration it is made of blue linen scalloped, and the two front pieces are buttoned together by means of small pearl buttons. The smaller jabot and pointed stock can be made of lace, as illustrated, or of fine lawn or embroidery, or indeed, of any material that is suited to such purpose, while the longer jabot and the high stock can be made from lawn or linen, as illustrated, from silk or lingerie material, or the collar and stock can match the waist, while the jabot is of net, lace or other thin fabric.

The quantity of material required is for the tailored set one and one-



**Babyfied Hats.**  
Hats appear to become more and more babyfied. Just so there be a ruffle somewhere about the face to give a caplike air, and that it gets back of the head—that is about all one seeks for. This style is decidedly English, since no one but the English woman ever seems to have any success with such headgear, and they suit her picturesque head and sweetly-pretty face better than women of any other country.

**Satin Charmeuse.**  
The loveliest of all materials for evening gowns is the satin charmeuse, a wonderfully soft and silky fabric, which seems to have all the suppleness of Oriental satin combined with the greater richness of satin duchesse.

**A Tie Novelty.**  
The tailored girl is wearing with her turn-over collar odd little buttons of leather.

## YOUR BUSINESS WIFE

Stick to Her and Let the Affinity Idea Alone.  
By E. B. Brown.

A man's business wife is the one line in which he started when he was young and grew up with. A man should be as closely wedded to the line that pays for his bread and butter as to his lawful wife.

Have a pastime; take up golf or tiddledy winks, but don't go into another business that you know nothing about. A prominent mercantile man, old in the business, had the notion that he could make a living writing stories. He stopped work and started into the new line when he was fifty. The result was that two years later he was back at work with the firm where he had held a high position for half the money.

Every day you see pitiful examples of seemingly well balanced men deserting their old business mates to elope with an affinity. They never make a better success of it than the man who really elopes with a material affinity.

By holding your nose to the grindstone—whatever the grindstone may be—you are at least certain of a living. By chasing a will-o-the-wisp you are sure of nothing but disappointment.

It is a fact that Mark Twain deserted the occupation of pilot for that of writer, and now makes more money than he would if he had stuck to the old job. But the Civil War came along and threw Mark out of a job, so he had to shift into something new—and we are not all Mark Twains.

The world laughs at a man who isn't satisfied with what he's got when it's good enough. The world is wise; it knows that as soon as a middle-aged man gets out of the prosperous rut he had hewn for himself he is of no more use than an apprentice in the new line.

Of course, with young men it is different. A young man should change until he finds just what he wants. Some of them keep changing all their lives and never find what they are looking for. But when the beginner does find what he wants he can realize success only by imitating the burr and sticking in spite of everything.

What kind of an advertising agent do you think Rockefeller would make? Doubtless he would have made a good one when he started out, but now it's a little too late.

You can't tell a man who has made good in one business that he can't make good in another. Luck shoves many men into just their line, and then the bug of unrest gets into them and they want to get out of probably the only line there is out of which they can make money.

You pay too high alimony when you elope with a business affinity, and then usually the new mate is more expensive than the other.

There is a sort of microbe flitting about that does a lot of damage. It is that germ which causes men to run away with affinities, it is that bug that makes a man throw away gold to go after copper. It is just a disease; no doctor can cure it, but a little reason will kill it.

A man until recently exchange editor on one of Chicago's papers had some time before deserted his wife—the practice of medicine—and run off with the affinity of newspaper work. The other day he realized his mistake, as they all do, and returned to his first sweetheart; the result is that now he is head surgeon at one of the largest hospitals in the city.

Glue that won't stick is of no use; a man that won't stick is of no use to himself. Success turns many a man's head, and failure often brings the same result. It is only these men who get tired of the regular thing and jump into something they know nothing about.

George Ade has turned farmer, but it is noticeable that he still makes his living from writing.

A man can have as many avocations as he wishes, but for vocations he can have but one. It's a good thing to pride yourself on some little accomplishment you have picked up; it is nice to be able to think that possibly you might have been as great a singer as Nordica if you hadn't started out as a brick salesman, but always remember that you are a brick salesman and that you are wedded to bricks.

If your friends think the "pomes" you do in your trivial moments are great, don't deceive them and don't let them deceive you; just stick to your business of making shoeblackings, look through the window at your affinity—poetry—but keep busy with your old job.—The Merchants' Journal.

**A Frozen Law.**  
An American and a Scotsman were speaking about the intense cold in the north of Scotland. "Why, it's nothing at all compared to the cold we have in the States," said the American. "I can recollect one winter when the sheep, jumping from a hillock into a field, became suddenly frozen on the way and stuck in the air like a mass of ice."

"But, good heavens, man," exclaimed the Scotsman, "the law of gravity would not allow that!"

"We don't do things by halves at home," replied the other. "The law of gravity was frozen, too!"—Philadelphia Ledger.

According to a Japanese newspaper, 700 frogs were killed and 2000 wounded in battle among themselves.

## HEALTH BRINGS HAPPINESS.

**Invalid Once, a Happy Woman Now.**  
Mrs. C. R. Shelton, Pleasant Street, Covington, Tenn., says: "Once I seemed a helpless invalid, but now I enjoy the best of health. Kidney disease brought me down terribly. Rheumatic aches and pains made every move painful. The secretions were disordered and my head ached to distraction. I was in a bad condition, but medicine failed to help. I lost ground daily until I began with Doan's Kidney Pills. They helped me at once and soon made me strong and well."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**Kaiser Delighted.**  
An old lady near Bromberg, whose ten sons have all served in the German army, had the idea of having them photographed in a row, and sent the picture to the Kaiser. She has received a letter of hearty thanks and cordial wishes from the Imperial Cabinet by His Majesty's order.

**FITS, St. Vitus' Dance, Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. 23 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 931 Arch St., Phila., Pa.**

**Smallest Mammal.**  
The smallest of all mammals are the shrew—nocturnal, mouse-like creatures, that hunt for worms and insects in woods and meadows. An eggshell would make a commodious barn for a mother and her little ones.

**Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.**

**Recipe for Old Age.**  
A recipe for attaining a ripe old age is given by Miss Ann Graham, of Norwich, Conn., with great appropriateness, for she is the oldest woman in Connecticut, and has just celebrated her 105th birthday. Her maxim is "do plenty of hard work, go to bed early, consider carefully what you eat." The daily routine of this centenarian is of interest. She rises at 6 o'clock in the morning. An hour later she eats a hearty breakfast, then listens to the reading of the New Testament by her nurse; after which she takes a nap for an hour. She eats her most substantial meal at noon. Then she has another nap and at 5 o'clock she partakes of toast and tea. An hour later she goes to bed and sleeps the round of the clock. Miss Graham's hearing and eyesight are excellent, and she is a most interesting talker concerning the events of her long life.—Leslie's Weekly.

**Ventilating the Bedroom.**  
Dr. Woods Hutchinson, in the American Magazine, gives the following advice about the bed and bedroom: The bedroom should be well ventilated. All windows should be open from the top at least one, and better two to three feet, so that a gentle current of air can be felt blowing across the face. "Night air," as Florence Nightingale pithily remarked, "is all the air there is to breathe at night." It is just as pure and as wholesome to breathe as day air. The temperature of the room should be about 55 to 60 degrees Fahrenheit, if possible. The clothing should be as light as is consistent with warmth, the mattress elastic but firm, the pillow as high as the breadth of the shoulder, so as to keep the neck and head horizontal, or slightly above, when lying on the side.

**WIFE WON.**  
**Husband Finally Convinced.**

Some men are wise enough to fry new foods and beverages and then generous enough to give others the benefit of their experience.

A very "conservative" illis man, however, let his good wife find out for herself what a blessing Postum is to those who are distressed in many ways, by drinking coffee. The wife writes:

"No slave in chains, it seemed to me, was more helpless than I, a coffee captive. Yet there were innumerable warnings—waking from a troubled sleep with a feeling of suffocation, at times dizzy and out of breath, attacks of palpitation of the heart that frightened me."

"Common sense, reason, and my better judgment told me that coffee drinking was the trouble. At last my nervous system was so disarranged that my physician ordered 'no more coffee.'"

"He knew he was right and he knew I knew it, too. I capitulated. Prior to this our family had tried Postum but disliked it, because, as we learned later, it was not made right."

"Determined this time to give Postum a fair trial, I prepared it according to directions on the pkg.—that is, boiled it 15 minutes after boiling commenced, obtaining a dark brown liquid with a rich, snappy flavour similar to coffee. When cream and sugar were added it was not only good but delicious."

"Noting its beneficial effects in me the rest of the family adopted it—all except my husband, who would not admit that coffee hurt him. Several weeks elapsed during which I drank Postum two or three times a day, when, to my surprise, my husband said: 'I have decided to drink Postum. Your improvement is so apparent—you have such fine color—that I propose to give credit where credit is due.' And now we are coffee-slaves no longer."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.