

After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter.

Mrs. Sallie French, of Paucaunla, Ind. Ter., writes to Mrs. Pinkham:

"I had female troubles for seven years-was all run-down, and so neryears — was all ran-down, and so her-vons I could not do anything. The doctors treated me for different troubles but did me no good. While in this con-dition I wrote to Mrs. Pinkham for ad-vice and took Lydia E. Pinkham's Vege-table Compound, and I am now strong and well." and well.

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pink-ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letterinconfidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands. Address, Lynn, Mass.

African Proverb.

The savages of Africa seek wisdom from their proverbs. Tere is one of them: "One head impaled on the gatepost is more valuable than six on the shoulders of enemies. 26

FEARFUL ECZEMA ALL OVER HIM.

No Night's Rest for a Year and Limit of His Endurance Seemed Near-Owes Recovery to Cuticura.

"My son Clyde was almost completely povered with eczema. Physicians treated him for hearly a year without helping him any. His head, face, and neck were covered with large scabs which he would rub until they fell off. Then blood and matter would run out and that would be worse. Friends coming to see him said that if he got well he would be disfigured for life. When it seemed as if he could possibly tand it no longer, I used some Cuticura Scap, Cuticura Ointment, and Cuticura Soap, Cuticura Ontment, and night for Resolvent. That was the first night for nearly a year that he slept. In the ing there was a great change for the better. In about six weeks he was perfectly well.

The linen industry is the greatest manufacturing industry Ireland posmanufacturing industry in the some-thing like £15,500,000, and it gives employment to 70,000 people.



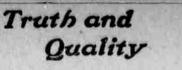
ALLENS

............................. The Business of "Beating" Street Railway Companies.

Greek joins Greek when the claim department of any of the large railroad companies - particularly the city transit companies-begins to pay money for injuries received, or purported to be received, by persons travelling or employed on their lines. Into a battle royal comes the shrewdest sides of the railroad, the legal and claim departments and a class of the legal fraternity as clever and as able as it frequently is unscrupulous and dishonest. Not that all damage claims made against the transportation companies are fraudulent, by any means. But it has been shown repeatedly and beyond doubt that a large class of these claims are dishonest from the outset, that a good many persons throughout the country have made a profession of this sort of business, a form of crime that until a short time ago offered the richest pecuniary results, with the least chance of detection, of any "big work." Within a very few years able detective work by some of the big Eastern street railroad companies has placed a quietus on some of these folks, and stone cells at the disposal

of a number of others of them. Two trolley cars collide in the middle of a downtown street in a busy As the first sequence to the city. collision come the police and the hospital calls. Upon the heels of the patrol wagons and the ambulances the reporters for the dally papers arrive. Shrewd folk, who are understudies for those who have made "fake" claims for their profession and carried it to fine lengths, and who have been fortunate in being passengers in the wrecked cars, and more fortunate in escaping real injury, are developing wondrous aches and pains and giving their names to the reporters or the police as proofs for the future issue. The small fry lawyers-"ambulance chasers," they are called-are early on the scene. They cultivate the friendship of the police reporters and use that friendship to the best advantage at such times as these. In case, though, they do not get to the scene of the smash in time there are the telephone and other devices that can be brought quickly into play. Little time is lost in advising the "victim" of the opportunity of large returns that wait him if he places a sizable claim against the transportation company without

delay. The railroad company has not been asleep all this time. Motorman or conductor or inspector has rushed to the nearest drug store telephone, and the superintendent of the road does not know of the accident before its chief claim agent. While the first of these men is busy getting tower wagons and wrecking crews to the scene, the second has routed out his cossacks, like firemen for a four alarm blaze. They are on the scene as soon as the "ambulance chasers," ready and willing to settle all valid claims on the spot without further ado. A clever lot of young men these, and capable of being worth much more than their salarles to the companies that employ them. But they need every bit of ability that they can summon to their ald, for they are pitted against many and many an unscrupulous man or woman who stoops to this meanest form of graft. It is not alone the dishonest claimant who | London Mail. stands facing him, but the attorney who is that claimant's colleague also has a club in hand for him. Some of the sharpest lawyers find that they Journal of the Royal Meteorologica) make their best living from this very Society, describes the extraordinary



appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accoringly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

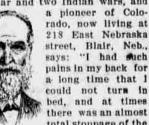
It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuinemanufactured by the California Fig Syrup Co., only, and for sale by all leading druggista.

World's Consumption of Coffee.

Consul James E. Dunning of Milan reports that, according to statistics published in a leading coffee trade journal, the world's consumption of coffee in 1907 amounted to 16,825,000 sacks, of which 6,980,000 sacks were consumed in the United States, 3,050, 000 sacks in Germany, 1,625,000 sacks in France, leaving 5,170,000 for consumption in all other countries. The consul adds that the consumptions of coffee in Italy is only 3.44 pounds per capita

VETERAN OF THREE WARS.

A Pioncer of Colorado and Nebraska Matthias Campbell, veteran of the Civil War and two Indian wars, and



total stoppage of the urine. My wife and I have both used Doan's Kidney Pills for what doctors diagnosed as advanced kidney troubles, and both of us have been completely cured."

Foster-Milburn Co., Buffalo, N. Y.

Leads Simplest Life.

In a wood about 30 miles from London lives an old man who for 20 years has known no other roof than an umbrella. "Twenty years ago I took to the woods," he said. "During the great snowstorm a few weeks ago 1 slept soundly, and when I woke up in the morning I was covered with snow many inches deep. But I am never ill. I have not had a day's illness in HIL. I have lived a simple, sinmy gle life and I have no more worry than that tree has. I have no rates and taxes to pay, I have no wife to bother me and I have plenty of No one over interferes with friends. I never light a fire, and I never ask for money. When darkness comes on I put up my big umbrella, take my bonts off, put my legs into a sack and cover myself up with clothing, on top of which I place this mackintosh."

Force of Thunderbolt, Prof. A. Herschel, in the Quarterly



Take one ounce of caustic soda: pour over it one ounce of muriatic acld. Both of these are corrosive substances. The mixture of the two will produce common table salt.

Dr. H. Campbell Thomson, of England, has been making use of the cinematograph in nervous diseases, taking pictures at the rate of sixteen to the second, showing the movements of the patients.

Professor Cook, of Washington, reports the surprising discovery of camphor as an animal secretion. The animal concerned is a myriapod, resembling a worm or small slug, and

Metallic mirrors for searchlights are coming into use in European navies. They don't break like glass ones when the big guns go off, and it is said they "give more penetrating beam both at night and in foggy weather."

About 2500 different kinds of animals are known on earth-that is, warm-blooded, milk-giving creatures, like our common domestic animals. To avoid confusion with other creatures, one ought to call them mammals, meaning milk-giving animals.

Bats were the only family of native mammals found on the thousands of small islands in the Pacific. These islands are so far away from the great continents that no mammals but the flying bats could reach them. The variety of bats known on earth is about 400.

Water pipes of terra cotta were used in Crete forty centuries ago. Those supplying drinking water consisted of a series of subconical tubes socketed into each other, with collars and "stop ridges," so constructed as to give the water a shooting motion, thus prevening accumulation of sedi-

ment. In the erection of a railroad bridge over the Susquehanna River at Havre

de Grace, the American Bridge Company will make use of what is probably the largest wood block ever made. It has been made especially for the work, and weighs 1350 pounds, measures thirty inches across the shell and is rated at sixty tons capacity. The shackle is a solid forging three and a half inches thick.

Celluloid is a plastic material composed of guncotton and camphor. The guncotton, or nitro-cellulose, is made by treating tissue paper with a mixture of nitric and sulphuric acids. The product is mixed with camphor and various pigments to produce the desired color, and the materials are thoroughly incorporated by means of heated rolfs. It is subsequently submitted to great pressure. It is afterward molded into form by means of heated dies, under pressure. It is very hard and elastic and takes a high finish.

Dr. Fraenkel, of Berlin, in a paper recently read before the Society of Medicine of that city, gave striking figures concerning the war waged by medicine against consumption. In 1851 the death rate from this dire disease was 32.5 in every 10,000, and the latest returns shows that it has been reduced to 17.25. This satisfac-

Moving Pictures in Natural Colors. The simple and practical way in hich G. Albert Smith, the British photographer, has added natural colors to ordinary moving pictures prom lses a new c.a. In the new familiar lves method the red, green and blue are sifted out by three screens of colored glass, the negative taken under each containing the details of a portion of the view, and the complete picture is brought out and the colors given to it by placing a screen behind each plate in a projecting lantern and combining the rays from the three lanterns upon the screen in one projection. In simplifying the pro two lanterns and one screen have been eliminated. Two screens—one green and one orange red-are found to give correct color effects, and the film is first exposed in alternate strips under the screens, the Polors being

restored in reproducing the picture by a rotating disc, so synchronized that the proper color will always be opposembling a worm or small shap and site the point originally expansion of der that color. The defects are corrected by the eye defect known as persistence of vision.

Causes of Headaches.

Too late going to bed, too early rising or anything that promotes want of sleep are fertile causes of headaches. Long walks before breakfast are very bad for delicate people, and often bring on headaches.

Brain repair goes on during steep. People often don't know, or forget, If you are worrying or workthis. ing hard all day, then go to bed late and get up early, you are very likely to be a "martyr to headache." More sleep is what you need to cure you. For all nervous headaches hot fo-

mentations are most comforting and They are far better than curative. cold applications.

Want of exercise, llving in badly ventilated rooms, indigestion or any thing that lowers the health, predisposes to headache.

When headaches are not cured by simple means, a doctor should be consulted. They mean something.

When hot fomentations are used, the application of them to the nape of the neck, as well as to the forehead, will give more relief than if used to the forehead only. The heat to the spinal cord soothes the brain .- New York Times.

Alcohol from Peat.

In the manufacture of alcohol from eat, a Danish company, with one experimental plant at Denmark and one in France, has found the cost to be about one-fourth of that made from potatoes. In the process of manufacture, the cellulose or fiber of the peat is converted by sulphuric acid into a soluble carbohydrate and this is fermented by a special yeast.

FITS, St. Vitus' Dance, Nervous Diseases per-manently cured by Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. H. R. Kline, Ld., 931 Arch St., Phila., Pa.

Ages Wine In Few Minutes.

A new process of ageing wines by the use of ozone, the invention of a young Russian scientist named Ovchennikoff, was demonstrated in the presence of the director of the Imperial Vineyards and other interested persons. The claim is made that this process accomplishes in a few minutes a maturing that ordinarily requires years.

Mrs. Pinkham, of the Lydia E. Piukham Medicine Company, of Lynn, Mass., together with her son, Arthur W. Pinkham, and the younger members of her family, sailed for Naples on May 20 for a three months' tour throughout Europe and a much needed vacation.

Writer's Sad End.

Very sad was the fate of Ulrich von

YOU'RE TOO THIN.

Even Slight Catarrhal Derangements of the Stomach Produce Acid Fermentation of the Food.

It's Stomach Catarrh

Some people ars thin and always remain thin, from temperamental rea-sons. Probably in such cases nothing can be done to change this personal peculiarity.

But there are a large number of people who get thin, or remain thin, who naturally would be plump and fleshy but for some digestive derangement. Thin people lack in adipose tissue.

Adipose tissue is chiefly composed of

Fat is derived from the oily constituents of food.

The fat-making foods are called by the physiologist, hydrocarbons. This class of foods are not digested in the stomach at all. They are digested in the duodenum, the division of the ali-mentary canal just below the stomach. The digestion of fat is mainly, if not

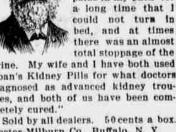
wholly, the work of the pancreatic juice. This juice is of alkaline reaction, and is rendered inert by the addition of acid. A hyperacidity of the digestive fluids of the stomach passing down into the duodenum, destroys the pancreatic fluid for digestive purposes. Therefore, the fats are not dlgested or emulsified, and the system is deprived of its due proportion of oily constituents. Hence, the patient grows thin.

The beginning of the trouble is a catarrhal condition of the stomach which causes hyperacidity of the gastrie juices. This hyperacidity is caused by fermentation of food in the stomach. When the food is taken into the stomach, if the process of digestion does not begin immediately, acid fermentation will take place. This creates a hyperacidity of the stomach juices which in their turn prevent the pancreatle digestion of the oils, and the emaciation results.

A dose of Peruna before each meal hastens the stomach digestion. By hurrying digestion, Peruna prevents fermentation of the contents of the stomach, and the pancreatic juice is thus preserved in its normal state. It then only remains for the patient to esta sufficient amount of fat-forming foods, and the thinness disappears and plumpness takes its place.



Kitchen. The natural flavor is all retained. When removed from the tin it's ready to serve.





From a Ratiroad Conductor.

busy man, but must take time to write len's Foot-Ease. I am a Conductor and most of the time. My feet often got so i ardly take a stop. A friend gave me a 's Foot-Ease and said it would cure me the bot bust use the store of the source me K. and I forget I have feet. It is a Godto R. H. men. "G. MCCLURE, 5820 Superior St., Austin, Ill."

SHAKE INTO YOUR SHOES

Illen's Foot Ease, a powder. It cures admful, smarting feet and ingrowing nails, and instantly takes the sting out of corns and bunions. Sold by all Druggists and Shoe stores, 25c. Don't accept a substitute. Trial package FREE. Address,

Allan Olimated Le Rdy, N. Y ... Genuine bears above signature.



tend denter's name and top from pound rton of "20-Mule-Tenm" Borax with 4c. ps and we will mail illustrated bookiving many uses for "Borax in the , Farm and Dairy," also this lace dealgn, 15 by 16 inches, on cloth rendy for working, FREE, Address, FACIFICUTAST BURAN CO., New York,



BOLD SOMERS. 110 Details

P. N. U. 26, 1934.

Thompson's Eye Water

of the railroads, so as to observe the methods of their future antagonists. Once they have a working knowledge of this sort as a good part of their stock in trade they turn in cold blood upon their corporation employer, and set out to harzes and annoy him until the end of his days. - Edward Hungerford, in Harper's Weekly.

Germany Studying Bread.

In the production and control of a pure-food supply by thoroughly scientific methods the Germans are disposed to keep their lead. The new government institute for milling research supplementing the two institute: for research in the sugar and fermentation industries, is equipped with an experimental granary, a wheat and rye mill and a bakery, together with administrative offices and laboratories, the machinery and apparatus being of the most advanced kind, all driven by electricity. The mill has two distinct plants, each milling two tons of grain in ten hours. The purpose of the isstitute is to carry out practical research and scientific investigation on grain during storing, milling, working up and baking, to experiment with the baking of home and imported grain: to conduct research work for the government, and to carry out official and private analyzes of grain, flour, foddor stuffs, etc. Every effort will be made to investigate thoroughly the numerous problems of milling and baking .- St. Louis Post-Dispatch.

Artifice.

"Here, you," said the conductor, angrily, "you rang up a fare. Do that again and I'll put you off."

The small man standing jammed In the middle of the car promptly rang up another fare. Thereupon the conductor projected him through the crowd and to the edge of the platform.

"Thanks," said the little man. "I didn't see any other way to get out. Here's your dime." - Philadelphia Ledger

class of cases. Sometimes they take effects produced by lightning in the their first training in the law offices midst of an open moor in Northumberland. A hole four or five feet in diameter was made in the flat, peaty ground, and from this half a dozen furrows extended on all sides. Pieces of turf were thrown in varicus directions, one three feet in diameter and a foot thick having fallen 78 feet from the hole. Investigation showed that in addition to the effects visible on the surface, small holes had been bored in the earth radiating from the large excavation.

FULLY NOURISHED

Grape-Nutsa Perfectly Balanced Food.

No chemist's analysis of Grape-Nuts can begin to show the real value of the food-the practical value as shown by personal experience.

It is a food that is perfectly balanced, supplies the needed elements of brain and nerves in all stages of

life from the infant, through the strenuous times of active middle life, and is a comfort and support in old age. "For two years I have used Grape-

Nuts with milk and a little cream, for breakfast. I am comfortably hungry for my dinner at noon.

"I use little meat, plenty of vegetables and fruit, in season, for the noon meal, and if tired at tea time, take Grape-Nuts alone and feel perfectly nourished.

"Nerve and brain power, and memory are much improved since using Grape-Nuts. 1 am over sixty and weigh 155 lbs. My son and husband seeing how I had improved, are now using Grape-Nuts.

"My son, who is a traveling man. eats nothing for breakfast but Grape-Nuts and a glass of milk. An aunt, over 70, seems fully nourished on Grape-Nuts and cream." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read theabove letter? A new one appears from time to time. They are genuine, true, and full of human Interest.

tory state of things Dr. Fraenkel attributes party to the discoveries of Koch, and he divides the honors equally between prophylactic niethods and the system of isolation new widely practiced in Germany.

STRAW FOR HATS.

How the Wheat is Planted and Gainered-Bleaching the Stalks.

Few people know where the straw for making summer hats comes from. A great part of it is grown in Italy. To make suitable straw the wheat is sown as thickly as possible, in order

that the growth of the plant may be impoverished, as well as to produce a thin stalk having toward the end from the last knot the lightest and longest straw.

The wheat blooms at the beginning of June, and is pulled up by the roots by hand when the grain is half developed. If allowed to remain in the ground a longer time the straw would become brittle.

About five dozen uprooted branches. the size of the compass of two hands, are firmly tied together into little sheaves and stowed away in barns, Then the straw is again spread out to catch the heavy summer dews and to bleach in the sun. After additional bleaching the straw is put into small bundles and classified. Finally it is cut close above the

first joint from the top and again tied up in small bundles containing about sixty stalks each .--- Golden Halfgenny.

Prehistoric Drawings.

Dr. Rene Jeannel, of Toulouse, has made an interesting discovery of a cave with prehistoric drawings between Foix and Le Mas d'Azil, in the Department of Arlege. In addition to drawings of horses and auroths, he found about forty designs, among which was the silhoutte of a human being. The date of the drawings, which are in red and black, can be roughly determined by the fact that they include reindeer.-From The Athenaeum.

Hutten, one of the greatest writers Germany has ever produced. Unable to earn a living, he was reduced to tramping through the country, begging food and shelter from the peasants. One bitter winter's night both were refused, and next morning he was found frozen stiff and cold in the drifting snow outside the village.

Mrs. Winslow's Soothing Symp for Children teething, softens thegums, reduces inflamma-tion, allays pain, cures wind colic, 25c a bottle

The Finest Writing.

A remarkable machine made by a lately deceased member of the Royat Microscopical society for writing with a diamond seems to have been broken up by its inventor. A specimen of its work in the Lord's Prayer of 227 letters, written in the 1-237,000 of a square inch, which is at the rate of 53,880,000 letters or fifteen complete Bibles, to a single square inch. To decipher the writing it is necessary to use a 1-12-inch objective, which is the high power lens physicians em-ploy for studying the most minute bacteria.

A Sparkling Metal.

An alloy that gives off showers of sparks when struck with metal-ignit-ing not only gas, but alcohol soaked wicks-was a recent accidental discovery of Auer von Welshach. It consists of iron with ceriute, lanthanium or other of the rare earths used for incandoscent gas mantles, and the sparking is found to reach a maximum with the percentage of Iron at thirty. A use for igniting explosives is suggested.

it can be quickly prepared in a variety of styles and nothing makes a better summer meal.

In the home, at the camp, and for the picnic Libby's Veal Loaf is a satisfying dish, full of food value that brings contentment.

Libby, McNeill & Libby, Chicago.

Timber Lands Milling prot cured previou sty at Hard Time

J. F. WEATHERS & CO., 1326 Broadway, . . NEW YORK.

MUSIC

WIDOWS'under NEW LAW obtains PENSIONS by JOHN W. MORRIE PENSIONS Washington, D. G.

