

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the **CALIFORNIA FIG SYRUP CO.**

SOLD BY LEADING DRUGGISTS - 50¢ per BOTTLE

Remarkable Influence.

Love is the wonderful influence whose alchemy fills this earth with blessing and happiness. It softens the coarseness, the asperities, the rudeness, the bitterness and malice of human life so that kindness, gentleness, courtesy and good will prevail in society and make this world a fit place to live in.—Rev. Dr. W. H. Vincent.

What Causes Headache.

From October to May, Colds are the most frequent cause of Headache. Laxative Bromo Quinine removes cause. E. W. Grove on box, 25¢.

This Kind May Work.

A Nebraska woman sewed her husband between two blankets and belabored him with a rolling pin until he agreed to sign a temperance pledge. We rather suspect this is one variety of prohibition likely to actually prohibit.—Washington Herald.

For Over Half a Century

Brown's Bronchial Troches have been unexcelled as a cure for hoarseness, coughs and sore throat.

Tastes an Index of Character.

A man's tastes better than his words are an index to his character. These show whether a man is a friend of God or a friend of the world.—Rev. Dr. S. H. Wainwright.

Mrs. Winslow's Soothing Syrup for Children

teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 30¢ a bottle

Using Sea Weed.

Of late years the chief use to which sea weed has been put in this country is as fertilizer, and in this direction the department of agriculture has made some interesting investigations. As sea weed taken directly from the rocks contains about 80 per cent of water, and as it is most valuable for fertilizer when it is only partly dried, it is clear that it is useful for that purpose only along the coast. But it has been carried eight or ten miles inland and still used effectually.

No 1907 Dollars.

A clerk at the Bingham House who has been blessed with a boy baby during the last year wanted among other little gifts, to give his young nephew a silver dollar marked "1907" which could be suspended about his neck on a string and used to help out the little teeth which were beginning to show signs of appearing. He figured among all his friends for a "1907" silver dollar and it was not until he had been on the vain search for nearly a week that some one told him the call at the mint, and there he received official information that under advice from Washington they had not coined any silver dollars since 1905.—Philadelphia Record.

THE DOCTOR'S GIFT

Food Worth Its Weight in Gold.

We usually expect the doctor to put us on some kind of penance and give us bitter medicines.

A Penn. doctor brought a patient something entirely different and the results are truly interesting.

"Two years ago," writes this patient, "I was a frequent victim of acute indigestion and biliousness, being allowed to eat very few things. One day our family doctor brought me a small package, saying he had found something for me to eat, at last."

"He said it was a food called Grape-Nuts, and even as its golden color might suggest, it was worth its weight in gold. I was sick and tired, trying one thing after another to no avail, but at last consented to try this new food."

"Well! It surpassed my doctor's fondest anticipation, and every day since then I have blessed the good doctor and the inventor of Grape-Nuts."

"I noticed improvement at once, and in a month's time my former spells of indigestion had disappeared. In two months I felt like a new man. My brain was much clearer and keener, my body took on the vitality of youth, and this condition has continued."

"There's a Reason." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," 12 pgs.

The Farm

Keeps a Lantern Safe.

The lantern is a barn necessity, but it is not necessary to take risks of setting the place on fire. Keep the lantern out of the stalls. Run a wire across the barn, behind the stalls, and high enough to be out of the way. Then with a hook or rein snap the lantern may be suspended to the wire and quickly moved along the whole length of the barn.—Tribune Farmer.

Milk Pails.

The subject of milk pails was gone over at some length in a recent Massachusetts dairy meeting. Objection was made to the so-called sanitary pail, with closed top and strainer. It was asserted that the best authorities favor the pail with a partly closed top, but without strainer, the opening being about eight inches across. It was asserted that the strainer does not help the quality or cleanliness of the milk.—American Cultivator.

Dynamite the Stump.

Dynamite is surely a help in taking out stumps and rocks. Whether it pays or not depends upon the value of land. If rough land is to be set to apple trees, only a few of the stumps need be blown, and the fruit trees set in their places. The other stumps, if barked and sprouted, will be gone by the time there is much fruit to be harvested, and the tree may be kept growing among the stumps and roots by mulch or hand cultivation.—American Cultivator.

Cattle Colors.

Will you kindly give me the colors of Durham, Ayrshire and Hereford cattle? A. W. P. "Durham," generally called Short-Horn, cattle, are red, white and roan, the last being a mixture of red and white, almost confined to this breed; they never have any black, except about the muzzle, and it is objectionable there. Ayrshires are red, brown and white, sometimes with black muzzle. Herefords are red, or red and white, and always have white faces.—Country Gentleman.

Ducks on the Farm.

It will pay to add ducks to the poultry department of every farm. Nothing was ever known to grow so fast and cause so little worry and work as ducks. Everything is "grist" that comes their way. They consume vast quantities of coarse foods and convert it rapidly into flesh and money. They are independent of the caretaker except so far as food is concerned. When they have grown to be two or three weeks old, they even provide the greater part of their own food by hunting for it. They are the happiest, brightest and most independent things on the farm. They require a house or houses of their own, plenty of water to drink and puddle their bills in, and grit in some form. Their houses should be sprinkled well with sand or dry litter, and swept out every day.

The Wool Taste in Mutton.

It has been pretty well conceded that the wool coming in contact with the flesh in dressing is the cause of "woolly" mutton, but it is doubtful if it is not proper to charge the "woolly" taste to slow dressing. The wool coming into contact as it does only at the opening of the stomach cannot possibly impregnate the whole carcass with the undesirable flavor of "woolly" mutton. The cause of "woolly" mutton is unquestionably gas accumulating in the stomach after the death of the lamb or sheep. It takes but a very short time for decomposition to set in where the entrails are left in a dead animal, and the "woolly" taste and smell of mutton very much resembles that of decomposition in a slight form.

The Horse and the Food Supply.

The supercession of the horse, by reason of the use of mechanically propelled vehicles for transportation, is expected to be practically complete in the cities of the United States by 1930—that is to say, by the time young Americans born next year are old enough to vote. The only employment for horses by that time, it is calculated, will be in the labor of the farm.

Statistics, in some hands, assume the aspect of an exceedingly cheerful science. In the present instance it makes a suggestion which should go far to allay the fears of those who are apprehensive regarding the prospects of a continuance of the food supply in view of the rapid increase of population in the United States.—Milwaukee Evening Wisconsin.

Some Farming Doesn't Pay.

A few days ago I had occasion to stop over night with a farmer in Northern Illinois, and as usual I got out pretty early the next morning,

just to nose around and see things. I found lots of things to grumble about. There were probably 100 hens about the place and half as many turkeys and ducks, but there was not even a pretence at a poultry house. The fences, trees and the machinery under the sheds were the roosting places. Not many eggs could be expected from hens freezing their combs and feet roosting in the tree tops or on the steel braces of a harvester. There were piles of straw and fodder around there, so that if nothing more substantial was made, at a very small expense and a day's time a warm shed could have been put up. So much for poultry. It was a losing proposition.

Other things about the farm were run in the same fashion. Of course that farm did not pay, but what other business would stand such methods for even twelve months? — L. C. Brown, in Tribune Farmer.

Advantages of Dehorning.

There are many advantages in dehorning cattle. When not dehorned many cattle are very mean and harmful, and often gore other cattle, horses and sometimes even people. When dehorned all fear of this kind is removed. The cattle are much more easily haltered and can be more easily handled and haltered or put into stanchions when free from horns. Many fences and gates are often destroyed by the rubbing and scratching of the horns. All the energy and strength which would be put into the large horns would be distributed to some other part of the body if the cattle are dehorned. When feeding the cattle together and when feeding them salt, if all are dehorned no one will get it all or gore another while eating. The males of the herd will be much gentler and kinder if they have no horns to gore others and possibly men.

There are many ways to dehorn cattle. When the horns or buttons as they are sometimes called, first appear on the calf then is a good time to remove them, for it will not pain the calf or injure its growth; and it can be done by clippers made for the purpose or by a sharp knife. When the cow is older and larger cattle may be placed in a narrow stall and after securing their heads fast with ropes, use a common meat saw to remove the horns, and they should be sawed off near to the head so they will not grow out again. A patent machine is also used to remove the horns by a knife between two levers, but I think this still more cruel than the use of the saw.—J. A. S., in the Indiana Farmer.

Rapid butchers are usually the cleanest butchers, and they who dress their lambs in the usual time of less than fifteen minutes rarely have cause to complain of wooliness. Of course the time mentioned is not very rapid dressing.

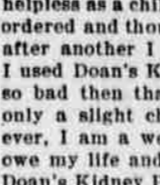
A sheep dressing match for \$50 a side between R. Addy, of Barnsley, England, and J. Thomas, Sheffield, England, took place some time ago, when Thomas won by twenty seconds. He completed his animal in two minutes and fifteen seconds. The peculiar part of this contest was that the contestants had to walk a distance of five miles, after which they were allowed ten minutes in which to change their clothes for the killing contest.

In large, well equipped slaughter houses lambs are hung by their hind legs and stuck. In small ones, they are either stuck on a sticking bench or placed on their left side in such position over the slaughter house gutter that it receives the blood of the victim. The head, or nose rather, is taken in the left hand and the knife plunged clean through the neck just back of the ears and as close to the jaw as possible and the jugular vein severed by cutting toward the vertebrae. It is entirely unnecessary to cut the windpipe or food channel in sticking.—Shepherd Boy, in Modern Sheep.

A WELL MAN, AT 81.

The Interesting Experience of an Old Settler of Virginia.

Daniel S. Queen, Burrell Street, Salem, Va., says: "Years ago while lifting a heavy weight, a sudden pain shot through my back and after that I was in constant misery from kidney trouble. One spell kept me in bed six weeks. My arms and legs were still and I was helpless as a child. The urine was disordered and though I used one remedy after another I was not helped until I used Doan's Kidney Pills and I was so bad then that the first box made only a slight change. To-day, however, I am a well man, at 81, and I owe my life and health to the use of Doan's Kidney Pills."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Necessity of Ideals.

It is absolutely necessary for us to have ideals. If we have none, then we will sink to the level of the beasts of the field. We will go through life as dumb driven cattle and not as heroes with the light of God shining in our faces. If we wish worthily to achieve our destiny, then there must ever be before us "the vision splendid." Our religion is the highest of ideals beckons us upward and bids us go forward and practice what we believe in daily life and duty.—Rev. George Downing Sparks.

Reduced Colonist Rates.

One-way tickets at special low rates on sale daily throughout March and April, from all points on the North Western Line to San Francisco, Los Angeles, Portland and Puget Sound points.

Daily and Personally conducted tours in tourist sleeping cars via the Chicago, Union Pacific & North Western Line. Double berth only \$7.00, through from Chicago. For full particulars write S. A. Hutchison, Manager Tourist Dept., 212 Clark St., Chicago, Ill., or address nearest ticket agent.

An Apology for Idlers.

Somebody said that dirt is matter in the wrong place. The same definition applies to nine-tenths of those called lazy. They are people gone astray in direction that does not answer to their temperament nor to their capacities. In reading the biography of great men, we are struck with the number of "idlers" among them. They were lazy as long as they had not found the right path, and afterward laborious to excess.

Very often the idler is but a man to whom it is repugnant to make the eighteenth part of a pin all his life, or the hundredth part of a watch, while he feels he has exuberant energy which he would like to spend elsewhere.—The Craftsman.

THREE CURES OF ECZEMA.

Woman Tells of Her Brother's Terrible Suffering—Her Grandchild and Another Baby also Cured—Cuticura Proved Invaluable.

"My brother had eczema three different summers. Each summer it came out between his shoulders and down his back, and he said his suffering was terrible. When it came on the third summer, he bought a box of Cuticura Ointment and gave it a faithful trial. Soon he began to feel better and he cured himself entirely of eczema with Cuticura. A lady in Indiana heard of how my daughter, Mrs. Miller, had cured her little son of terrible eczema by the Cuticura Remedies. This lady's little one had the eczema so badly that they thought they would lose it. She used Cuticura Remedies and they cured her child entirely, and the disease never came back. Mrs. Sarah E. Lusk, Coldwater, Mich., Aug. 15 and Sept. 2, 1907."

The Scarcity of Lumber.

The Russian government has recently granted to an Australian corporation a concession for the cutting of 30,000,000 feet of timber in Siberia, some 900 miles from Vladivostok. The timber is to be shipped to Melbourne, about 8,000 miles from the point of cutting. It is not claimed that lumber has particular value on account of its size or quality; it rather illustrates the increasing scarcity of timber the world over. The threatened lumber famine does not face the United States alone.

Piles Cured in 6 to 14 Days.

Pazo Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded, 50¢.

Christian Fellowship.

The majesty of God's doings is understood by those whom he has brought to full Christian fellowship by inflicting the suffering and pain that beautify the soul and bring it nearer to heaven.—Rev. G. R. Van de Water.

Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

A commission agent in the Paris fruit markets recently shipped a basket containing 63 selected peaches to London. The price paid for the lot was \$540, or about \$9 each.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.

A Certain Cure for Feverishness, Constipation, Headaches, Stomach Troubles, Teething Disorders, and Diarrhoea. Mothers, give them to your children. They break up Colic in 15 hours. At all Druggists, 25¢. Sample mailed FREE. Address, Mother Gray, New York City, A. S. OLMSTEAD, Le Roy, N. Y.

DROPSY NEW DISCOVERY!

Best case. Red of GREEN'S and 50 Days' treatment. Free. Dr. H. B. GREEN'S 5055, Box 2, Atlanta, Ga.

Dye Successfully with Putnam Fadeless Dyes

Monroe Drug Company, Quincy, Illinois

Eating and Living.

There is a school of hygienists whose motto is "Eat less and live longer." Abstemiousness is commended as the first of virtues. Persons, of course, who lead a physically active, or laborious, life are conceded larger rations than are allowed to persons engaged in sedentary occupations or without occupations, but in any case there is danger, it is contended, of eating too much. The human engine requires just so much fuel and no more. If given too much, the only result is to burn out the boilers and clog the pipes, with the effect of indigestion, dyspepsia, rheumatism, Bright's disease and the hundred other ills caused by excessive feeding and deficient exercise. "Eat, drink and be merry, for tomorrow we die," is commended as a wise saying, for the reason that those who look chiefly to eating and drinking for their merriment are sure to die tomorrow, or next day. It is pointed out that octogenarians commonly lead the simple life and are content with simple food and little of it.—Baltimore Sun.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm. WALTER KINCAID & MARVIN, Wholesale Druggists, Toledo, O.

The Honor of an Indian.

It is for you to show in your own lives that the honor of an Indian is not for sale, the word of an Indian something more than an empty form of speech; that you care for your parents and friends and your country, not because you expect to get something out of them in the way of reward, but because you are ready to give them whatever they need at your hands. If you can accept this for yourselves, and believe it of others, and say so plainly, you will do good to your country and your fellowmen beyond all power to calculate.—Carlisle (Pa.) Arrow.

The Editor of the Rural New Yorker.

When you have a better Potato Experiment in the country says "Salzer's Earliest" Potato is the earliest of 38 earliest sorts, tried by me, yielding 64 bu. per acre." Salzer's Early Wisconsin yielded for the Rural New Yorker 736 bu. per acre. See Salzer's catalog about them.

JUST SEND 10¢ IN STAMPS

and this notice to the John A. Salzer Seed Co., La Crosse, Wis., and they will mail you the only original seed catalog published in America with samples of Emperor William Oats, Silver King Barley, Billion Dollar Grass which produces 12 tons per acre, Sainfoin, the dry soil luxuriator, etc., etc., etc.

And if you send me will add a package of new farm seeds never before seen by you. A. C. L.

What the Bridegroom Wore.

The blaring spot in the description of the Vanderbilt wedding is the paragraphing in which is told how the bride was dressed, but what the bridegroom wore. The braided coat of cashmere fine as satin, the astrakhan mantle, the skintight breeches of scarlet, the tasseled boots, the jeweled sword-hilt, the 72-inch feather in his hat—that creation of a woman's dressmaker and milliner ever equalled the decorative toggery in which this young man arrayed himself! It must have been a vision to paralyze with envy the mere men wearing plain black coats and long trousers.

Alaskan Winters Cause Insanity.

Long winters spent in isolated sections of Alaska have so greatly increased the percentage of insanity that the senate passed a bill authorizing larger expenditures for the maintenance of the Alaskan insane.

A good way to keep well is to take Garfield Tea frequently; it purifies the blood, insures good digestion and good health!

The poor children of Exeter, England, are provided with breakfasts at school at a cost of a farthing.

FACTS FOR SICK WOMEN



LYDIA E. PINKHAM

No other medicine has been so successful in relieving the suffering of women or received so many genuine testimonials as has Lydia E. Pinkham's Vegetable Compound. In every community you will find women who have been restored to health by Lydia E. Pinkham's Vegetable Compound. Almost every one you meet has either been benefited by it, or has friends who have.

In the Pinkham Laboratory at Lynn, Mass., any woman any day may see the files containing over one million one hundred thousand letters from women seeking health, and here are the letters in which they openly state over their own signatures that they were cured by Lydia E. Pinkham's Vegetable Compound. Lydia E. Pinkham's Vegetable Compound has saved many women from surgical operations.

Lydia E. Pinkham's Vegetable Compound is made from roots and herbs, without drugs, and is wholesome and harmless. The reason why Lydia E. Pinkham's Vegetable Compound is so successful is because it contains ingredients which act directly upon the feminine organism, restoring it to a healthy normal condition.

Women who are suffering from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

Original of "Jim Bludsoe" Dead.

A Mississippi river hero, John Jones, said to be the original of John Hayes' "Jim Bludsoe," is dead at Dakota, Minn. He once saved a burning ferry boat full of passengers, being the last to leave the craft.

FITS, St. Vitus' Dance, Nervous Diseases

permanently cured by Dr. Kline's Great Nerve Restorer. \$3 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 931 Arch St., Phila., Pa.

Honesty the Best Policy.

Recent events have served to bring home to the minds of multitudes of people the wholesome lesson that dishonesty or trickery or the obtaining of special privileges by manipulation and deceit, or the creation of wealth by methods which do not square with the economic law, does not pay.—Wall Street Journal.

Only One "Bromo Quinine"

That is Laxative Bromo Quinine. Look for the signature of E. W. Grove. Use the World over to Cure a Cold in One Day. 25¢.

Fighting the Friction Match.

The South Carolina legislature has enacted a law prohibiting the sale or use of friction matches, and the governor is expected to sign it at once. The same sort of regulation was proposed in the board of aldermen of New York some months ago, but was abandoned on the ground that it was one for legislative rather than municipal action.

ST. PATRICK'S IRELAND ST. JACOBS OIL

Drove all the snakes from IRELAND

Drives all aches from the body, cures Rheumatism, Neuralgia and CONQUERS PAIN

25¢—ALL DRUGGISTS—50¢.

W.L. DOUGLAS SHOES

\$3.00 SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price

CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitutes. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address.

W. L. DOUGLAS, Brockton, Mass.

Write for free Booklet "How to Dye, Bleach and Mix Colors." Color double quantity of goods—and better—for same price of ordinary dye.—At your druggists, 10 cents, or sent on receipt of price.

Monroe Drug Company, Quincy, Illinois