



Fatigue.

Fatigue lowers all the faculties of the body. It puts a chasm between seeing and acting.

It makes a break, somehow, between the message that come into the brain from the outside world and the messages that go out.

It destroys will power. Fatigue is a destructive agent like sickness and death.

It is a condition which in the nature of things we cannot avoid.

But it is important to know how to deal with it if we wish to keep away from important blunders.

The only thing to do with fatigue is to get rid of it as soon as possible.

Important questions must not be decided when one is fatigued.—New York Press.

Women as Physicians.

In the entire list of admissions to practice at the bar just made public there is not one woman among the more than 150 new attorneys. Of the ninety-two doctors of medicine passed by the State Board of Registration ten are women.

The alignment of the sexes in the professions seems to be turning in the direction of natural aptitude and sympathetic development. The practice of law is not a congenial occupation for women unless in exceptional cases. Few have the temperament and the disposition to find in it happiness or achieve success.

On the other hand the healing art offers to women a career in which their natural intuitions and their delicate perceptions constitute invaluable aids to science.—Boston Post.

Pastor of a Kansas Church.

The first woman graduate from the Kansas University School of Law, Mrs. Ella W. Brown, is now pastor of the Congregational church at Powhatan, Kan., having forsaken the courts for the ministry some years ago. She has had her pastorate for four years and has made a record for efficiency as a minister of the Gospel, as she did also in the practice of law.

Mrs. Brown was ordained as a minister of the Congregational church April, 1905, and was called to the present pastorate of the Powhatan church in that year. No revivals have been held in her church since she took charge, but there has been a steady annual growth in membership and prosperity.

The officers of Mrs. Brown's church are mostly women.—Topeka Capital.

The Art of Happiness.

The art of happiness consists in being pleased with little things. People with great wealth or great power are seldom happy. The leaders of the world, great men or great women, are seldom satisfied. The society leader, with millions at her command and the homage of many men and women, rarely knows the happiness that comes unasked to the young wife or mother in humbler circles, says Home Chat.

The possession of money decreases the power of enjoyment. A child gets more pleasure out of a sixpenny toy than a millionnaire does from a thousand pound yacht. Sixpence has greater value to the child than a thousand has to the millionaire. The joys of life belong to the little people—the quiet men and women who are satisfied to live their own lives and make little mark on the lives of others. It is in the power of the least of us to be happy and to make others so.

An Intrepid Explorer.

By her intrepid journey of exploration across the almost untraveled wilds of Labrador, Mrs. Leonidas Hubbard, a Canadian lady who has recently come to London, has once more demonstrated the courage with which a fragile, gently nurtured woman can brave hardships and dangers which might well daunt any man. For twelve years Miss Constance Gordon-Cumming wandered over the earth from the "granite crag of California" to the "fire fountains of Hawaii," climbing in the Himalayas and penetrating into the heart of China and Tibet. Miss H. M. Kingsley explored the Cameroon regions and made herself quite at home among fierce gorillas and fierce cannibals. Lady Baker, who was the first European to sight Albert Nyanza, thought nothing of walking into the tent of an Arab slaver and fetching out the captives; while Miss Jane Mohr, Mrs. Bishop, Mrs. Marshall and others also occupy honored places as explorers.—Washington Gazette.

Future Wives.

A novel experiment in training girls to manage a home is to be made in London. If the Education Committee of the London County Council adopt a scheme which has been submitted to them.

The aim is to make the girls proficient in the domestic duties they would have to perform as the wives of artisans earning from 28s. to £3 a week. In addition to washing, cooking and cleaning and the general management of the home on a systematic basis, they would be taught how "to shop" in the most economical way.

At the beginning of each week a certain sum would be set apart for rent, rates, clothing, insurance, traveling expenses, and for providing a fund for "a rainy day." The remainder would be available for food and any little luxuries that might be possible, says Home Chat.

In order that the training may be as practicable as possible, it is necessary that the time occupied in attending to baby in most homes should not be overlooked in the program of the experimental home. It is proposed each week, therefore, to undertake the care of a child belonging to a working class family in the neighborhood, and in this way the girls would gain further valuable experience.

Every piece of furniture and every utensil would have the price paid for it marked on it, so that the girls might have an idea of how much each article can be bought for.

A College Woman's Philosophy.

"If we could collect in one place at the end of the college life every visible result of the four years' work," said a serious young woman yesterday, who was graduated from well known college last June, "we might fancy for a moment that there was a great deal more in those books and papers than there was left in our own minds; but, then, as we realized afresh all the fulness of college life we should feel that the best things gained were not those in the books and papers, but some where else. This last thought would be a much better one than the first, because the only right and proper place for everything that has been acquired is not within the narrow limits of notebooks, but present and ready in the daily thoughts, and so influencing them as to affect continually the actual life.

"The women—and the men, too—who use to the fullest that which they have although this may be little, are infinitely wiser than they who go on accumulating and piling up information, with no coherent purpose nor with any definite plan," continues this philosopher. "The trouble with a great many people in this world is not that they are lacking in sufficient brains, but that they do not know how to use those they have. Waste is always unintelligent; and it is the worst waste in the world to leave idle and useless the facilities which are capable of being alert and helpful. That this is a tendency with womankind—even with college women—is only too well known. An illustration in point is a comment of one of this year's graduates: 'When I went home in the spring vacation and heard my father talking about strikes and labor unions I tried to be intelligent and bring to the fore all my training in economics; but it was pitiful how much was in my note books and how little in my mind ready for use.'

Disconnected facts are only good when they become significant, and they only become significant when they assume their proper places in the scheme of living. The wisest people are they who see life in its true proportion; they can trace the origin, the relationship and the meaning of events and results in their daily life, and all things have a meaning for them. These people are not always the ones who have had the widest and best education; they are often hampered by this very lack of mental training, but they are not willing to rest until they have found some answer to their questionings. Therefore they ponder and puzzle, put two and two together, until finally they begin to find answers and to interpret causes and results. They work out their own philosophy, which is, after all, the only philosophy worth having!"—New York Tribune.

Fashion Notes.

Black brocades spotted with colored embroidered designs are seen again.

The new silks show no departure from the soft, thin texture of last season.

The chiffon weight of velvet is quite distanced by a weave as thin and soft as gauze.

Among the silks brilliant combinations of color and striped effects are conspicuous.

The open-mesh linens are the newest weaves and are much liked for jumper dresses.

Scarfs of chiffon or liberty are twice passed around the waist and tied in a great bow in the back.

One thing that women too often forget is that there is a becoming and an unbecoming length for the sleeve.

Those who wear scarfs with their tailored shirt-waists will have the pin and the link buttons match in design.

The long cuff with the puff at the top of the arm is one of the new and same sleeves seen in fashionable gowns.

Among the stunning getups seen at a recent fashionable lawn party was a rose colored linen embroidered lavishly and a leghorn hat trimmed with pale blue and white feathers.

A tall woman with a sleeve that looks as though it had started for the wrist and given out before that point had been reached has the look of having either out-grown her clothes or run short of material.

A gray mouseline de sole gown worn by an elderly woman at a wedding was trimmed with a sort of drawn work and fringe and was almost entirely covered by a long coat of gray embroidered net. The hat was trimmed with poppies.

No Hurry.

Father—John, the sun is up; come, get out of bed!

John—That's all right, dad. The sun's got farther to go than I have.—Philadelphia Inquirer.

HATS ON BEFORE KINGS.

Penn, Austria, Napoleon and the De Courceys.

Mark Twain has indignantly denied the assertions that he kept his hat on while conversing with Queen Alexandra and that he put his arm around King Edward's neck and addressed him in terms not consonant with the English idea of the dignity for such occasions made and provided. Of course, the denial will not catch up with the erroneous report, and those who desire to believe the latter will make much of Twain's admission that on Queen Alexandra for a second time requesting him to put on his hat he complied. The "fame," for such the story must have been, with the addition that Twain kept his hat on all the time he was talking with the king, obtained such currency as to inspire a New York evening paper to ask: "Was William Penn the last American citizen who kept his hat on while conversing with the king of England?" This of itself is a very interesting question for the student of manners and customs, who before entering upon the studies will pause to say that William Penn never was an American citizen but lived and died a British subject.

We should hope that the American investigator would find that few of his countrymen had been guilty of such rudeness or love of advertising as to keep on their hats when conversing with the monarch or executive of any nation. If a foreigner were guilty of equal discourtesy to President Roosevelt what sermon the American press would address to said foreigner and his country! Penn had the justification that his refusal to remove his hat in the presence of royalty was dictated by his religion. With him it was a case of conscience. The hat is often the index of character. Napoleon wore his hat when Metternich presented his credentials as Austrian ambassador, and kept it on throughout the interview. The shrewd Austrain saw in the incident the character of the Corsican, and inwardly pronounced him a "parvenu" uncertain of his position. The Emperor of Austria, said Metternich, would not have worn his hat in receiving the representative of the meanest nation in the world. He would have uncovered out of courtesy not merely to the ambassador, but to the latter's country. But, as Metternich added, the Emperor of Austria was a gentleman and would never in his own house assert social superiority to his guest.

Hat wearing in the king's presence is a matter of prescription with at least one family in Great Britain. The De Courceys, Barons Kingsale, have the prescriptive right, granted by King John, to keep their hats on in the presence of the monarch. The Lord Kingsale of George III's time asserted this right in a peculiarly offensive manner. The king remonstrating, Lord Kingsale, so the story goes, retorted: "King John authorized the De Courceys forever to keep their hats on when the king was present." "Did he authorize them to keep their hats on when ladies were present, too?" asked the king, who must have had one of his lucid moments, as he pointed to the queen and her attendants. It seems difficult to believe George III. was capable of saying anything so neatly pointed. Rather are we prepared to accept as characteristic of him his estimate of Shakespeare: "A great deal of sorry stuff in Shakespeare, only, of course, one must not say so!"—Boston Transcript.

Monkey or Woman?

The keepers of the Bronx Zoo can hardly tell whether the animal they bought of an inbound South African tramp steamship is a female orangutan or a woman.

The new silks show no departure from the soft, thin texture of last season.

Nothing so near to the real, sure enough, long-sought missing link has ever been brought to America. It has no hair on its face, no monkey-like curve to its spinal column; sits like a human being, walks like an aldeamic candidate, on its hind legs alone, and much prefers the society of humans to the inmates of the monkey cage.

Moreover, Director Hornaday has measured its intellect, and declares that it is one of the highest brows he has ever seen. Still, the consensus of opinion is that the orangutan is less monkey than man, and it will be put on exhibition this week with the rest of the tribe it so far excels.—New York American.

A Deceptive Sign.

In a North Tenth street restaurant window there stands a sign which usually reads: "Steaks and chops, ham and egg." The restaurant is about to be removed, and there has lately been put in place in the same window, and in such a position that it rests across the bottom of the sign mentioned, another bearing the words "for rent." As both signs are of the same width and color, size of letter and general appearance in every way, the juxtaposition gives this remarkable reading:

Steaks
and
Chops
For Rent.

Use for the Bass.

She—if I am not mistaken, I have the honor of speaking to the renowned bass, have I not?

He—And what can I do for you, madam?

She—if you would be so kind as to call out "Johann!" at the top of your voice, I can't find my carriage.—Fliegende Blaetter.



Soft Faded Tints.

New York City.—Unquestionably the cutaway coat is a favorite of the season and exceedingly smart and attractive it is. This one is admirably



well adapted both to immediate wear and to the coming autumn, as it can be made either with the three-quarter or long sleeves. In the illustration

Sun-Bonnet and Hat.

Washable hats that are such in fact as well as in name are always in demand for the little folk during the warm weather. Here are two eminently satisfactory ones that are distinctly different in style, but both of which can be taken apart and laundered without difficulty. In the illustration the hat is made of dotted plaid scalloped at the edges and held in place by means of lawn ties, while the sun-bonnet is made of white lawn, the brim portion being embroidered in a simple design. A great many materials can be used, however, and everything that is correct for hats and bonnets of the sort is appropriate. For the little hat linen, plique and duck are perhaps the preferred materials, but lawn, with the brim interlined, also is seen, while for the sun-bonnet both white lawn and cross barred dimity are liked, with also the pretty Dresden designs that are so childish and so charming.

The hat is made with crown and brim and with a straight narrow band. The band is attached to the inner portion of the brim and to it the buttons are sewed. Button holes are worked in the crown and the two are buttoned together. The sun-bon-

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FEMININE NEWS AND NOTES.

The new fashion has arrived. It is the hipless woman.

Many women in Munich support themselves by street sweeping.

Mrs. Rose Harriet Pastor Stokes, wife of J. G. Phelps Stokes, has decided to return to journalism.

Elizabeth Hubbard, daughter of the discoverer of copper in Alaska, is the richest little miss in California.

At the Jamestown Exposition Lady Macabees of the World Day was celebrated with a large attendance.

Lady McKenna, widow of Sir Jos. McKenna, left the bulk of her fortune of \$150,000 to societies for the care of horses and dogs.

The Duke of Bedford shares with his duchess an enviable reputation as a shot. Her Grace accounted for 3427 head of game.

The fashionables are losing interest in the automobile as a vehicle for general use, and are resuming the use of carriages and horses for certain purposes.

The Mayor of New Orleans has appointed three women on his new Tenant House Commission of seven members. These appointments have been greeted with approval.

Miss Kathleen Leupp, daughter of the Commissioner of Indian Affairs, will leave Washington to study Indian racial characteristics, and will specialize on those of Indian woman-kind.