

# FOR AND ABOUT WOMEN

## CLOTHES AND MORALS.

There is a moral as well as a physical side to dressing for dinner. The evening change of clothes induces a feeling of self-respect. This and similar customs are enemies to depression, to worry, to a moral down-at-heeledness.—The Lady.

## TRY TO BE PRETTY.

If you are employed in an office or factory, try and make it a point to open the windows and thoroughly air the room two or three times a day.

Stand straight, hold your shoulders back, and give yourself a chance to be a healthy woman.

Don't be afraid of water. Drink plenty of it, and take as many baths as you can. Learn a few physical culture exercises, and practice them night and morning, says Woman's Life.

This may all sound uninteresting to you, but if you follow these few suggestions you will be healthier, happier and better looking.

## GIRL STARTS GIRLIE FASHION.

As a decided change from the plain belts of evening costume, which so long were in vogue, society women now are wearing girdles of gold and silver lace. The fashion was started by a girl whose mother formerly entertained in society. The mother is a widow now, and the girl has found material enough for a season of belts in the old ball gowns of her mother. She is making a tidy living by changing them to the prevailing mode. Untarnishable gold and silver lace cannot be bought in these days of cheap imitation, and those women who need money for spring finery are lucky if they can overhaul expensive old clothes in the attic.—New York Press.

## ACCESSORIES OF THE TOILET.

It cannot be doubted that a woman is much more fastidious and much more careful of her appearance if she has the proper belongings on her dressing table.

To have to rush around looking for pins, to let the hair go half falling down because no hairpins can be found, to be unable to see the back of one's gown because a hand glass is missing will result in a careless get-up.

It is every woman's business to look well.

It is her duty to be a rest for the eyes of men in general, men who are tired looking at ugly things.

So while a woman need not make her toilet the work of her life, she can easily make it a success.

The quickest and best way to do this is to furnish the toilet table properly.—New York Press.

## MOURNING COLORS.

The news that a European has been noticed in Jamaica wearing white as mourning for a relative lost in the recent catastrophe recalls the fact that that color was originally employed in many countries to indicate reverence for the dead. In fact the custom obtained in Europe as late as the reign of Charles VIII. of France, and in Italy, too, it lingered, though for women only, the men wearing brown. In Ethiopia the white soon changed to gray, and in Egypt to yellow. China, however, employs it to this day. Other colors have had their vogue—blue, for instance, which even now is used in Turkey, Armenia, and Syria. The latter signifies the heavenly region—white stands for purity; gray and brown typify our mother, earth, and black, most repellent of mourning colors, would seem to suggest an eternity of night.—London Chronicle.

## EXERCISE FOR GIRLS.

The new Japan, realizing that generations of sedentary life had made the women weak physically, has lately been laying stress upon physical exercise in the schools. The Government now requires that school-girls shall wear full, loose skirts over the kimonos, that they may have greater freedom of movement than would otherwise be possible. School-girls, from the little tots in their first grades to young women in the colleges, may be known by the regulation broadly pleated skirt, usually of dark red. In connection with the girls' schools there is now a thorough course in physical culture, including drills and apparatus work, dancing, such as the lancers, running and jumping games, often basketball and a modification of football. Along with this physical development is taught a new and broad education bringing intellectual expansion and development.—Chicago Daily News.

## EARN MAN'S APPRECIATION.

A little attention, which counts much in making a man appreciate his home, is for his wife to be always at his command when he has unusual duties to perform. If there is a special piece of business that has to be attended to early in the morning, a wife should be up herself, too, and making sure that his breakfast is served hot and appetizing. Or when the order is reversed, and he comes in late, some dainty left over from dinner never fails to find an appetite, while the attention is much more appreciated than the food. Equally it is true that every one who is busy during the day wants his meals at regular hours, and not served fifty

or twenty minutes later than they expected.

But the wife should not be alone in paying little attentions of this sort. The husband has quite as large a share to contribute on his side. In fact, little attentions are even more indispensable to a woman than a man, says Woman's Life. A most essential thoughtfulness is an occasional present brought home unexpectedly to her, or failing this, a man should make sure that his wife has her recreations as he does his.

## BISHOPS' SLEEVES FOR WOMEN.

"To make women look attractive," was the sarcastic whisper from a young woman, "and to give them at the same time an air of religious quiet the latest perpetration of that creature Madame Mode is what will be known as the bishops' sleeve shirt waist. All the old love for the long gloves, the bare white arms, the bracelets which fall so beautifully over the arms of the glove, will be a thing of the past. The bulky sleeve of the bishop has been copied and has found favor with those whose arms are not as well rounded as they might have been. Red bands, instead of the usual colored ribbon, will be worn, and this, with the fashionable stolid countenance, ought to make Fifth avenue look like a religious seminary. But women are erratic and the craze for a certain fashion lasts only an hour and a day, much to the regret of certain men. Therefore it may be that before the spring is passed long gloves and short sleeves will have dawned again."—New York Press.

## A SIN NOT TO TALK.

The woman who talks too much may be guilty of "the sin of speech," as Ruskin says, but according to the Rev. Hugh Black, of the Union Theological Seminary, who addressed an audience of women at the religious conference at the University of Chicago last night, the woman who does not talk enough is equally sinful with her loquacious sister.

Dr. Black admitted that some women and girls talk too much, but he maintains that talking too little, or at inopportune moments, is a fault that should be corrected by women as well as by men.

"The tongue can sin in a far more subtle way by keeping silent when speech is imperative," resumed Dr. Black. "Ignoble silence is a far greater sin than ill-advised loquacity. We all are guilty of this sin at some time or other in our careers. The mother who withheld words of encouragement to her children does them more harm than she could do by overpraising their youthful efforts. Words judiciously spoken are golden, but ill-timed silence often is a calamity.

"How many mothers have died without hearing their children whisper to her that they loved her. Women and girls keep words which ought to be spoken and utter those which should have remained unspoken. If one must speak, let it be in the spirit of charity and love for one another. Then there will be little sin of speech."—Chicago Examiner.



The newest shirtwaists are very broad shouldered.

A novelty is the white waist with collar and cuffs of color.

Puffs are very much in vogue in arranging the hair for either day or evening.

Wool taffetas make pleasing house gowns because they are light and drape well.

Of course you will have some of your blouses made with link cuffs this season.

A handsome mourning street suit is of very fine cloth very severely, but perfectly tailored.

Remember in making the slips for frocks that those of batiste launder much better than those of silk.

White is extremely fashionable, but the pastel shades have entirely taken the place of the gay colors.

The newest belts are neither extremely wide nor extremely narrow, but rather strike a happy medium between the two.

Some handsome toilettes have little chiffon roses placed as buttons would be; these are soft and very decorative in effect.

The woman who is always looking for effects in dress will wear boudoir gowns that harmonize with the color scheme of her room.

A new way of wearing the soft Windsor tie is to run it through several long perpendicular buttonholes made in the stiff linen collar.

Blue serge walking suits are very smart with their mannish little square cut jackets, this being a popular style for knockabout costumes.

Oriental ideas in embroideries still reign, and some new waist patterns show distinctively Japanese designs of the chrysanthemum, the iris or the aster.

Some forms of animal life are so tiny that 2,800,000,000 could be put in a space of one-thousandth part of a cubic inch.

# Farm Topics

## A WORKSHOP PAYS.

A workshop on the farm will pay for itself ten times over every year. The boys like to putter around in it, and repair many things which otherwise would require a trip to a blacksmith shop. Put in a bench, with vise and necessary tools. A small blacksmith's outfit may be bought for a few dollars. Let the boys practice. It gets them interested.

## CURE FOR RUST.

The following preparation, applied to the surface, will prevent any rusting on plows or any other metal surfaces: Melt one ounce of resin in a gill of linseed oil, and when hot mix with two quarts of kerosene. This can be kept on hand and applied in a moment, with brush or rag, to the metal surface of any tool that is not going to be used for a few days, preventing any rust and saving much vexation when it is to be used again.

## REMODEL THE HOUSE.

Some farm houses are ugly and uncomfortable, and make no end of extra work for the women folks. It is a great mistake to mortgage the farm for the sake of a new house, but when there is money to spare there is no excuse for living in an ark. Set the new home a good distance from the street, arrange it conveniently for household work, and let it be substantial and tasteful, but with no "jig saw" ornaments, which are especially out of place on a farm.—American Cultivator.

## CRIMSON CLOVER "OPENS SOIL."

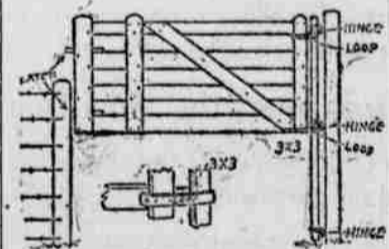
Crimson clover starts to grow very early, and it may be left on the ground until the blossoms are full, when the crop may be plowed under, but this should be done before the seed is produced. It makes an excellent foundation for corn, providing nitrogen and opens the soil, but as all green crops are liable to "sour" the land to a certain extent, it will be an advantage to dust the clover with newly slacked lime (all slacked), so as to correct the acidity, the lime also being beneficial to the corn. Wood ashes are also excellent.

## COST OF COW FEEDING.

The cost of feeding a cow weighing 1000 pounds one day varies in different sections of the country, and according to the kind of food allowed. In Wisconsin, food consisting of thirty-two pounds of corn ensilage, ten of clover and five of bran, or fifteen of hay, five of corn fodder, five of bran and fifteen of gluten meal, made the cost in either case amount to 10 1/2 cents. In Iowa eight pounds of corn, eight of oats and fifteen of clover hay made the cost eight cents per day. In Minnesota the cost was five cents per day for eighteen pounds of clover hay, ten of beets, ten of bran and four of shorts, or fourteen pounds of prairie hay, ten of bran and four of shorts.

## STOCK GATE.

I send you a farm stock gate which can be raised and lowered at will in case of snow or for separating small stock from cattle. The gate can be made to raise any distance that you want. Use three pairs of hook and eye hinges and a pair of loops or



clevis made of wagon tire. Make so it will work freely over the 3x3 and the weight of gate will hold at any point. For further information address me.—F. W. Ingram, Lucerne, Ind., in The Epitomist.

## STEAM ENGINE USEFUL.

There is no better investment for the dairyman than a small steam engine. An engine of only one horsepower will be quite sufficient to do many small jobs for which hand-power would otherwise be needed. But its most important use in winter will be for steaming and cooking food. This adds largely to the nutritiveness of the food because it makes the starchy portion much more easy of digestion. It is not necessary to steam or cook food for fattening animals, and in this respect the practice has gone out of favor, but it pays to steam the food for milk cows. They require a good deal of water and can take it as well with their feed as by itself.

## LARGE BREEDS OF SHEEP.

The large mutton breeds of sheep are gradually displacing the merino breed, and farmers are finding out that there is something more to be derived from sheep than wool. If low prices for wool have caused farmers to turn their attention to the large breeds the apparent misfortune will in the future be looked upon as a blessing. The English farmer would consider it a waste of time and labor to keep a flock of sheep for wool only. The mutton sold in the English market is of the highest quality, and is produced on lands that rent for more than the same area can be purchased for in this country, yet the English farmer regards sheep as very profitable.

# Who Makes The Cigars You Smoke?

It doesn't mean much to know who sells you the cigars you smoke. Who makes them? Where? How?

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