#### Of Interest To Women.

To such women as are not seriously out of health but who have exacting duties to perform either in the way of household cares or in social duties and functions which seriously tax their strength, as well as to sursing mothers, Dr. Pierce's Favorite Prescription has proved a most valuable surporting tonic and invigorating nervine. By its timely use, much ing nervine. By its timely use, much serious sickness and suffering may be voided. The operating table and the iom have to be employed if this most duable woman's remedy were resorted o in good time. The "Favorite Prescription" has proven a great been to expectant mothers by preparing the system for the

coming of baby, thereby rendering child-birth safe, easy, and almost painless. Bear in mind, please that Dr. Pierce's Favorite Prescription is not a secret or patent medicine, against which the most intelligent people are quite naturally averse, because of the uncertainty as to heir composition and harmless character, but is a MEDICINE OF KNOWN COMPOSI-TION, a full list of all its ingredients being printed, in plain English, on every bottle-wrapper. An examination of this list of ingredients will disclose the fact that it is non-alcoholic in its composition, chemically pure, triple-refined glycerine taking the place of the commonly used alcohol, in its make-up. In this connection it may not be out of place to state that the "Favorite Prescription" of Dr. Pierce is the only medicine put up for the cure of woman's peculiar weaknesses and allments, and sold through druggists, all the ingredients of which have the unanimous endorsement of all the leading medical writers and teachers of all the several schools of practice, and that too as remedies for the allments for which "Favorite Prescription" is recommended. A little book of these endorsements will be sent to any address, post-paid, and absolutely free if you request same by postal card, or letter, of Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Plensant Pellets cure constipation. Constipation is the cause of many diseases. Cure the cause and you cure the disease. printed, in plain English, on every bottle-

'Courts of love" were established in the middle ages, when chivalry was at its height and love the serious occupation of life among the higher class of society. The first "court of love" was established in the south of France in the twelfth century and was composed of knights, poets and ladies, and their decisions on subtle questions connected with affairs of heart were given with great formal-

Stimulate the Blood.

Stimulate the Blood.

Brandreth's Pills are the great blood purifier. They are a laxative and blood tonic, they act equally on the bowels, the kidneys and the skin, thus cleansing the system by the natural outlet of the body. They stimulate the blood so as to enable nature to throw off all morbid humors and cure all troubles arising from an impure state of the blood. One or two taken every night will prove invaluable.

Each pill contains one grain of solid extract of sayaparilla, which, with other valuable vegetable products, make it a blood purifier of excellent character.

Brandreth's Pills have been in use for over a century and are sold in every drug and medicine store, plain or sugar-coated.

As to the Size of Heads.

The average adult head has a circumference of fully 22 inches. The average adult hat is fully six and three-quarters size. The sizes of three-quarters size. The sizes of men's hats are six and three-quarters and six and seven-eighths generally. "Seven" hats are common in Aberdeen, and the professors of our colleges generally wear seven and one-eighth to eight sizes. Heads wearing hats of the sizes six and threeeighths and smaller or being less than 21 inches in circumference can nevbe powerful. Between 19 and 20 es in circumference heads are invariably very weak, and, according to authority, "no lady should think of marrying a man with a head less than 20 inches in circumference." People with heads under 19 inches are mentally deficient, and with heads under 18 inches invariably idiotic .-London Young Woman.

## Spider Chased a Man.

A story is told by an explorer of a large and fierce South American spider which chases men if they come near its lurking places. On one ocing at an easy trot over the dry grass," he writes, "I observed a spider pur-suing me, leaping swiftly along and keeping up with my beast. I aimed a with my whip, and the point of the lash struck the ground close by it, when it instantly leaped upon and ran up the lash and was actually within ree or four inhees of my hand when I flung the whip from mc "-London Standard.

## A FRIEND'S TIP.

70-Year-Old Man Not Too Old to Ac. cept a Food Pointer.

"For the last 20 years," writes a Maine man, "I've been troubled with Dyspepsia and liver complaint, and have tried about every known remedy without much in the way of results until I took up the food question.

'A friend recommended Grape-Nuts food, after I had taken all sorts of medicines with only occasional, temporary relief.

This was about nine months ago, and I began the Grape-Nuts for breakfast with cream and a little sugar. Since then I have had the food for at least one meal a day,

usually for byeakfast. Words fall to express the benefit I received from the use of Grapeuts. My stomach is almost entirely free from pain and my liver complaint is about cured, I have gained flesh, sleep well, can eat nearly any kind of food except greasy, starchy things, and am strong and healthy

at the age of 70 years. "If I can be the means of helping poor mortal who has been troubled with dyspepsia as I have been, I am willing to answer any letter enclosing stamp." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pkgs. "There's a Rea-



Food We Throw Away.

The French, with more good sens than ourselves, often cook peas in the shell, either boiling them whole or boiling after cutting into strips as we cut scarlet runner beans. Pea shells are as nutritious and in every way as wholesome as many other green foods for which we pay away hardly earned money.

Why do we throw away tender cabbage stumps? Why do we throw away apple peelings and apple cores? Apple cores and peelings make a splendid jelly, but it is well to get rid of most of the pips. Cabbage stumps, when young, are a valuable addition to stews. They should be sliced .- American Cultivator.

#### "Just How Much."

The cook book or the printed page can give only general directions as to proportions, order in which ingredi-ents are added, methods of mixing, cooking vessels and average amount of heat required. There is necessarily a very considerable amount of details left to the common sense and judgment of the one using the recipe. One can only say with the much-quoted old colored mammie: "Thar, honey, I done tole you how much, but you-alls must fin' out de wo'k in de cookin'; they's a heap mo'e to l'rn." The amount of ingredients, as to

quantity and proportions, with order and method of mixing, etc., may be clearly set forth by the types; but much good material and many painstaking efforts may be sacrificed to unsuitable conditions in the home. The quality of the material used matters as much as the quantity; the understanding of the terms used in giving the directions, the conscientious following of the rule, the cleanliness and suitableness of the vessels, the tractability of the oven, the amount of available heat, or the lack of it-all these things enter into the question of success or failure. Good judgment and commonsense methods are essentials. Many good recipes may be spoilt by the typo through the use of a wrong letter or figure, and the user should be able to correct the error by experimental knowledge of the subject, which the typesetter is not supposed to have. Recipes should be studied, and the materials to be used should be measured as much by "judgmen" as by cup or scales. If one fails, the failure should be studied and the cause of it found out, to be avoided the next time. A recipe should not be tossed aside because of failure the first time, if it "looks good," and proportions given seem all right. If you must cook, make a business of it, and pursue business methods in handling the matter. It is often remarked that men are better cooks than women, and the reason of this is largely due to the fact that men do cooking by business methods. Women must master the art of cookery by pursuing it on business lines

## Some Breakfast Cakes.

Waffles should be served as soon as cooked, otherwise, they become tough. There is nothing nicer for breakfast, if they are properly made and eaten as soon as cooked.

Light Waffles-Beat together yolks of three eggs and a pint of sweet milk; have ready a cup of sifted flour, with a teaspoonful each of salt and baking powder in it, and mix the eggs and milk into it until the soft batter is smooth. Add a tablespoonful of butter, not melted, but soft enough to mix well; have the irons very hot and well greased with a bit of fat bacon, being very careful to get the hollows well greased. Beat the whites of the eggs to a stiff froth, add a teaspoonful to the batter and fill the irons; do not add all the whites at -only a spoonful at a time. It is the falling of the beaten whites that makes waffles heavy, as well as a too stiff batter; the batter should be almost thin enough to pour. This can be tried until the right consistency is found. This recipe is sent in by Mrs.

French Battercakes-Beat the yolks of three eggs very light, with a tablespoonful of sugar; to this add a scant cup and a half of sifted flour and two teaspoonfuls of butter (measured and then melted); beat well into a batter with half a cup of slightly warm milk, and add while beating a quarter of a teaspoonful of baking powder, and then the stiffly beaten whites of the eggs. Have the griddle very hot and lightly greased with sweet lard; bake the batter in small cakes, browning each side nicely. Serve with butter syrup or in any way liked. Powdered sugar may be sifted ove them as they are sent to the table. -E. L., in The Commoner.

Punctuality.

"Never put off till tomorrow who you can do today," said the man who quotes proverbs when he ought to be

"That's right," answered Mr. Due tin Stax, "you can never be sure that the grand jury isn't going to get to work tomorrow and spott the whole scheme "-Washington Star.

### PEARLS OF THOUGHT.

Flowers are the sweetest things God ever made and forgot to put a soul into.-Henry Ward Beecher.

You who would serve the master, serve the master's own. We call for the union of all who love in the cause of all who suffer.-R. J. Campbell.

The withered leaf is not dead and lost, there are forces in it and around it, though working in inverse order; else how could it rot?-Thomas Car-

It is a dangerous thing to be prosperous. The crucible of adversity is a less severe trial to the Christian than the refining pot of prosperity .-- C. H. Spurgeon.

And this our life, exempt from public haunt, finds tongues in trees, books in the running brooks, sermons in stones, and good in everything.-William Shakespeare.

Farmers may well be congratulated on the interests of farmers in economic and political affairs and on their independent thinking and independent voting.-John M. Stahl.

Reverence and use aright the hours which, as they perish, are imparted to you. Regard each new day as a fresh continued gift from God, and say to it, "I will not let thee go unless thou bless me."-Farrar.

The great cities grow like creeping paralysis over freedom, and the man from the country is walking into them all the time because the poor restless fellow believes wealth awaits him on their pavements.-Owen Wis

God has made you after his own plan, and he places you just where he wishes you to work with him to bring about the highest results for yourself. He has given you every opportunity. Make yourself what you will-remember it lies with you. God can make no mistakes!—Alice Freeman Palmer.

### THIEF BEHIND A PORTRAIT.

Substituted His Eyes for Those in the Picture and Made a Rich Haul.

A Russian official named M. Loktieff on returning home with his wife about 2 o'clock in the morning was attracted by a strange noise in the drawing room, as if a chair was being pushed. An examination by candle light revealed nothing amiss, and a search in the other rooms had the same result.

They returned to the drawing room, where a large portrait of Mme, Loktieff's grandfather, in the uniform of a Uhlan officer, was standing against the wall. The young wife glanced at the portrait and uttering a scream rushed out of the room.

"What's the matter?" asked her hus band, greatly surprised.

"I just thought the portrait was looking at me with real eyes!" answered his wife, who was trembling violent-

Her husband laughed at her childish fears. Half an hour passed before Mme. Loktieff came to herself, and then remembering that she had left her purse in the drawing room with £6 In it she took a candle and bravely entered the room in her search for it A wild shrick followed. Her husband rushed in and found his wife lying in a dead faint on the floor. With the cook's help he carried his wife to bed. While he was nursing her he told the cook to search the room carefully, but she did not find anything suspicious.

The next morning M. Loktieff, looking more closely at the portrait, found that the eyes had been cut out and the portrait had been moved a little from the wall. Further investigation showed that many valuables were missing. The thinef had hidden himself, it seems, behind the portrait and was watching the couple all the time through the eyeholes of the portrait.-London Daily

## Longevity and Work.

The records of centenarians show that the full exercise of the various powers, mental and bodily, is conducive to great age, so that there need be no fear of entering heartily, actively, and with full interest and energy into the assigned work of life, physical or mental, provided one does not put more continued strain on one's resources of strength than they can bear without protest, Work, enjoyed as it should be, promotes health of body, and, especially if stimulated by other motives than personal ambition and gain, engenders that cheerful and placid frame of mind which is one of the adjuncts of centenarianism. The inhabitants of almost any rural district will be found to point with pride to the number of hale and hearty octogenarians, nonogenarians, and centenarians living among them as an evidence of their healthy environment and hygienic lives, while every rich city furnishes innumuerable examples of unfortunate people going to unhonored early graves through idleness and indulgence and the perverted and unhealthy ways of fiving and killing time that idleness induces. The normal human brain and muscular system are able to expend a prodigious amount of energy without suffering anl permanent de terioration, provided the strain is not kept up for such a time that the centres of energy become exhausted and impaired. Men and women should learn to know just how much energy they can expend without causing harmful effects to their systems, and then they should endeavor always to remain well within the limits imposed by their individual organization and endowment of recuperative force .-

Teachers' salaries in the New York city public schools vary from the minimum of \$800 annually to the maximum of \$2400.

# If You Don't Get Good Cigars Now, It's Your Own Fault

All you have to do is to stand up like a man and ask the dealer for cigars identified by the "Triangle A" on the box.

Nothing else. Nothing easier.

Nothing easier.
Nothing surer.
When you say "Give me a Triangle A' cigar," you are absolutely as certain of getting quality, and the same quality every time, no matter which particular brand you select, as if you had your cigars made up to order.

We have succeeded in building up a fifteen per cent. share of the entire cigar business of this country. In the face of the keenest competition, take notice. You know well enough that there's only one way we could have done it:

Simply by making better cigars of every grade than any other manufacturer has produced and telling the truth about them.

And by making the strongest definite claims that any cigar man-

ufacturer ever dared to make, and living up to them.

The one reason why we started

in marking our boxes with the "Triangle A" was to enable you to shut down sharp on the common hit-ormiss way of buying cigars on somebody's say-so, and make your selection with your eyes open.

It would be worth your while to take all sorts of trouble in order to obtain "Triangle A" brands—but you don't have to bother—you can get them anywhere.

> It's up to you to ask for them. Practically every dealer in the United States carries them.

Do your part! Give yourself a square deal!

This "Triangle A" merit mark identifies the product of the most modern improved methods and scientific processes of cigar pro-duction, and represents a standard of quality far superior to that which the same price could heretofore purchase.

If you have been buying your cigars by guess-work and want to put our claims to a most practical test, just take a new start. Begin by smoking one of the best-known of all the brands that are sold under the guarantee of the "Triangle A"-

# The New CREMO

Compare it fairly with any cigar sold at the same price that carries no "Triangle A" guarantee:-you won't fail to see why we are so confident of your co-operation as soon as you realize just what the "Triangle A" stands for.

Every box is now extra-wrapped in glassine paper, sealed at each end with the "Triangle A" in red. The cigars are kept clean, fresh and in perfect smoking condition until the box is opened.

AMERICAN CIGAR COMPANY, Manufacturer



## LABOR WORLD.

Essex County (Mass.) Commissioners deny labor unions right to meet in court houses.

The Master Plumbers' Association, of New York City, has agreed to pay the journeymen plumbers \$5.25 a

In 1866 the first National Labor Congress was held at Baltimore, on August 20. This body met annually in different cities for several years The British Government has ap-pointed a committee of scientists to inquire into the probable economic

effect of an eight-hour working day in the mines. Twenty years ago plumbers in New York City received \$3.50 a day and

worked fifty-three hours a week, Now they get \$5.25 and work fortyfour hours a week.

The Central Federated Union, in New York City, after a warm debate, voted to support the legislative putting women teachers on an equal sal-ary basis with the men.

In England the Labor party is asking all the affiliated unions to double their subscriptions to the Parliamentary Representation Fund. It is now two cents per member.

The Reading has decided to increase the wages of its engineers, firemen, conductors, brakemen, yardmen and other employes of that class on all divisions from five to ten per

There are over 50,000 men engaged in the carriage and wagon-building industries, of whom 5000 are members of the Carriage and Wagon Builders' Union of North

The San Francisco Furniture Handlers' Union has decided to ask \$3 for an eight-hour day, beginning April 1 next, this giving the employers the necessary ninety days' notice. The present rate is \$2.50.

## EGGLESS FRUIT CAKE.

This recipe is sent in as being perfectly reliable, having been in use in the family for years; will make three medium-sized loaves,

Two coffee-cupfuls of brown sugar, one coffee-cupful of molasses (not glucose), one pint of strong, boiling coffee, one pound of fat salt-pork chopped fine, one tablespoonful of soda disselved, one teaspoonful each of ground cloves, cinnamon, allspice, ginger, and a little less of pepper, one pound of seeded raisins, one pound of currants (washed and perfectly dry), one-naif pound of mixed shredded orange, lemon and citron peel (equal parts), one-half pound of chopped nutmeats. Free the pork from the rind and lean, and grind or chop very fine; over this pour the boiling coffee, then moinsses with soda stirred in, then the sugar and spices, using flour to mix quite stir, add the fruit, well floared, stirring in well, and bake slowly for two lows, -M. S. H. given away is said by Pack to be demoralizing to the students. The Commoner.

# MARKETS.

# PITTSBURG. Butter-Eigin creamery......

Ohio greamery
Fancy country roll
Cheese-Ohio, new
New York, new Poultry, Etc. Fruits and Vegetables. BALTIMORE.

PHILADELPHIA.

NEW YORK.

LIVE STOCK.

Union Stock Yards, Pittsburg. Cattle.

Extra, 1,450 to 1,670 lbs. \$ 3 73

Prime, 1,300 to 1,300 lbs 5 30

Good, 1,200 to 1,350 lbs 5 23

Tidy, 4,020 to 1,350 lbs 4 85

Common, 700 to 930 lbs 3 10

Oxeo, 2 73

Bulls 2 50

Cows 1 70

Cows 1 70 Hogs. | Prime heavy | \$ 7 43 |
Prime heavy	\$ 7 43
Prime heavy Yorkers	7 41
Best heavy Yorkers	7 45
Good light Yorkers	7 45
Figs	0 40
Roughs	5 41
Stage	4 03
 Prime wethers
 \$ 5.60

 Good mixel
 5.2

 Fair mixed eves and wethers
 4.53

 Culls and common
 2.00

 Lambs
 5.00

There is a deal of opposition, among Scotchmen, to Carnegio's gift of \$19,000,000 to Sportish universities. The sight of that much money being

Calves.

# DR. GREWER

Medical and Surgical Institute, Rooms 7 and 8, Postoffice Building,



### DR. E. GREWER, Consulting Physician and Surgeon.

Dr. E. Grawer, a graduate of the University lalists of this State, is now permanently lo-cated at the above address, where he treate all chronic diseases of Men, Women and

He makes a specialty of all forms of Nervous diseases, Blood Poison, Secret Diseases, Epileptic Fits. Convulsions, Hysteria, St. Vitus Dance. Wakefulness cured under guarantee.

### Lost Manhood Restored. Weaknesses of Young Men Cured and All Private Diseases.

Varicocele, Hydrocele and Rupture promptly cured without pain and no detention for

He cures the worst cases of Nervous Prostration, Rheumatism, Scrofula, Old Sores, Blood Poison and all diseases of the Skin, Ear, Nose, Throat, Heart, Lungs, Stomach, Liver, Kidneys and Biadder. Itching Piles, Fistula, Stricture, Tumors,

Cancers and Golters cured without cutting. Special attention paid to the treatment of Nasal Catarrh.

He will forfeit the sum of \$5,-000 for any case of Fits or Epileptic Convulsions

that he cannot cure. Consultation free in English and German

and strictly confidential. Write if you cannot call. Office hours : From 9a. m. to 8.29 p. m. On Sundays 9 to 12 a. m. only.

## Fate of All Tourists.

The courist crowd is already invading us. He will be bled and cheated, and will care but little, for it is his fate Averever he goes, to Switzerland, the Riviera, to Algers or to Cniro,-Allahabad Pioneer,