

THE PERFUMED BATH. No woman of fashion fails to perfume her bath in these days. By this method the body becomes saturated with a faint, delicate odor. Tablets for perfuming the bath come in all sorts of bouquets. One of these dropped into a tub of water will perfume not only the bath and the bather, but the room and the whole house.

# INIQUITY OF HUSBANDS.

The miscreant is common enough from what one hears who won't trust the strings of the household purse to his wife, who doles out gold or pence as the case may be, but won't lay down a regular weekly sum for the regular weekly expense. We are all quite convinced, and rightly so, of the iniquity of this proceeding.-Madame.

# EXERCISE OF DEEP BREATHING.

In these days when deep breathing is so universally counseled by the doctors it may be advisable to proffer a few suggestions to the delicate girl lest she should be discouraged from continuing this highly beneficial exercise. She will probably find she gets very giddy after drawing a few breaths. This may be overcome by breathing lying flat on the back, either on a sofa or on the floor. Even thus she may feel giddy on rising. This may be remedied by placing the thumbs on the chins and rubbing gently with the first finger with a circular movement be hind the ear. If these directions are followed, in a week or a fortalisht the girl will be able to breathe without inconvenience standing up.

### HAPPINESS DEFINED.

I have been trying to figure out a genral condition of happiness, and I reach the conclusion that it consists mainly in the ability to march with one's own generation, neither deploring the progress the generation makes, nor grumbling because it doesn't make more. We can understand hear the nien and women of our own rev. or near it. Dr. Osler spoke truth when he said that most men cease to be receptive to new ideas after forty; hence our elders in the fifties, sixties and seventies, say, who have ably guided the affairs of the world during the decades immediately ahead of us, will often seem to us to move less rapidly than we think they should toward new industrial conditions. And the genera tion immediately behind us-the restless chaps in the twenties-are putting more pressure upon us from the rear than we are able to believe is wholly justified .- National Magazine.

### FOR SHORT GIRLS.

Ways of increasing her height are a constant source of thought to the short woman. To look her tallest at all times she should remember some simple gen eral rules.

High heels are a mistake: the cut and length of the skirt are the most important. The best materials to give height are

either plain ones or those with a tiny stripe running lengthwise. Full skirts and baggy sleeves are fatal to the shor

women preferring the simpleness of the entire outfit. There are elaborate frocks to wear for ceremonial occasions, and these are just the thing for outings and shopping.

WORRY DESTROYS BEAUTY.

A woman who never worries declared that there is nothing more detrimental to beauty in women than worrying. The worrying woman does nobody any good. She simply invites the hand of

time, which writes plenty of wrinkles on her brow, around her eyes and mouth, paints her face yellow and gives a black lustre eye that no artifice can brighten, says the Louisville Courier-Journal.

It is quite nunccessary to worry, and it is a total waste of energy which could be better employed in doing some-

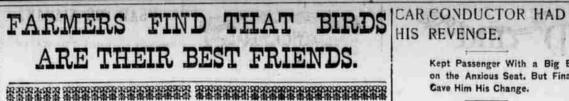
thing useful. The man who wrote (it must have been a man) "It is not work but worry that kills" knew something. He had a wife, or a sister, or a cousin, or an aunt, who worrled him by the hour, and so killed him by inches. That is the worst of a worrying woman. She not only worries, but she worries you.

You know a worrying woman the moment you see her. Her character is written in her face in wrinkles which you would think nothing short of a miracle would obilterate. Downright ugliness is a heavy price to have to pay for the possession of a had habit, but there it is. And not only does worry directly influence the complexion for evil; its more remote effects are no less potent in robbing the face of the peach bloom tints which are the admiration of the poet, the painter and the general public. Worry affects the entire nervous system, and through it the liver and organs of digestion and the heart. The things a woman thinks have more than anything else the nower to make or mar her beauty, so let her beware of worrying overmuch, lest she lose the greatest of all the gifts.

# CRAZE FOR LINENS.

Heavy linens have a conspicuous place in the modes of smart winter resorts. Some are embroldered in raised designs with linen threads, while others are made in severe tailor fashion. The beauty of the embroidery robes really beggars description. In former seasons individual gowns were built at enormous expense, but no such offerngs of such highly artistic designs have been displayed in the shops as now. Of course, if counted as wash gowns, these new models are expensive, but they are really not supposed to be washed; rather they are cleaned by a peculiar process which makes them as fresh as new without going in the water.

Both light and heavy linens are decorated in this way, but the latter are less costly. The open work embroidery sults better the heavy Holland weaves. It might be well, too, to add for the benefit of the woman with a limited dress allowance that the cheaper embroidered robes are padded to gain the raised effect, says the Brooklyn Times.



NOK HE farmers of the United | the year, and as many as 9200 seeds States are waking up to most of them noxious weeds, have been Т a fact of great economic found in the stomach of one of these importance and one which birds. One meal of three of these means many dollars in doves is equal to the destruction of Xex pockets-the preservation of the more than 23,000 weeds.

Year by year with one hand they farmer than the meadow lark. Nearly birds. have paid out millions of dollars for three-fourths of its food is made up of insect destroyers, while with the other hand they have waged wanton and per cent is weed seeds and only fifteen cruel warfare upon the birds, often in per cent. is grain. This grain, morebut more often in the ignorant over, is mostly gathered from the stubsport belief that the featheerd tribes were thieves and varlets, whereas they were and have always been the true allies and co-workers of the agriculturist. Indeed, experts say that were there no birds farming could not be carried on at all, and that if the ranks of the bird folk had not been so fright- has shown that the idea of the meadow fully thinned by the destroyer many thousands of dollars less would now have to come out of the farmers' pock

ets for insect poison. According to these authorities, one tenth of all the products of the field is now destroyed by insects, of which there are said to be more than 100,000 varieties in the United States, most of them enemies to the farmer. It is estimated by entomologists that insects wreak \$200,000,000 worth of havoe annually to the crops of this country. When it is understood that one bird will destroy yearly 2400 insects, no further argument is needed to

make the farmer respect and cherish an ally so valuable and useful. Hitherio most tillers of the soil only saw one phase of the bird question They saw the birds eating a few cherries in the orchard or picking up a few grains of corn or wheat, and that was enough. They were all set down as thieves and parasites. But now the farmer is coming to see that the deal zens of the air derive by far the largest portion of their food from insects, peetles, bugs and the seeds of weeds. It is largely due to the Audubon so cleties scattered throughout the States that the farmers' eyes are at last being opened to the true state of affairs. Ac cording to William Dutcher, chairman of the National Association of Audubon Societics for Protection of Birds

every bird in this country has its dis tinctive and special work to do. "First of all," he says, "there are birds, like the night hawks and whippoorwills, that glean insects in the ir at dawn and sundown, and swalows and flycatchers that glean in the air during the daylight hours. Ther we have the sparrows and doves that help the farmer by eating weed seeds and, furthermore, nature has provided arge numbers of birds of different kinds that clean the leaves of trees from all sorts of insects. These are represented by the wood warblers and rioles and chickadees. Then the woodpeckers and creepers and to some extant the chicksdees also watch over and care for the trunks and limbs of trees, cleaning out from the cracks and interstices in the bark all the eggs of nsects that are in many cases too minthe for the human eve to see.

"Prof. Forbush, of the Massachusetts Department of Agriculture, has stated publicly that the value of a chickadee to an apple orchard is beyond computaion, and yet the foreign laborers in this country will kill, without a second thought, a chickadee or any other bird whose value to agriculture is simply

Kept Passenger With a Big Bill on the Anxious Seat. But Finally

"Ain't you got anything smaller?" lemanded the conductor, as he hung on to the car with his toes, and scowled at the bill. He spoke through a mouthful of transfer slips.

"Smallest I've got," said the passenger, lying cheerfully. "Don't you give ne all nickels." The conductor sidled along the footboard with speed, and grasshoppers, bugs and beetles, twelve with the motion of a crab, and sat mon the back rail of the car. He had stuffed the bill in his pocket. The passenger looked over his shoulder susble fields during the early spring and iciously. After a few blocks he bewinter months. Besides army worms gan to get uneasy, and three blocks and cutworms, the meadow lark is farther on he also sidled along the footdeath to the chinch bug, which in the board.

last half century has destroyed grain "Where's my change?" he demanded. in the United States to the value of The conductor eyed him coldly,

more than \$330,000,000, Accurate study "What change?" he made answer. "Why, I gave you a \$10 bill away lark being a wheat-eating bird is erback there," said the passenger, vagueroneous, and it is now protected by ly, "and I want my change. I get off law in all but eight Southern States." at the next corner." Here the conductor saw a woman trying to stop the

### Missing the Train. To have a guest at breakfast is smart

quite London like. But there are walked along to assist her, while the qualifications upon the enjoyment of man who owned the \$10 bill loped his society in suburbia. The morning along behind him, saving things, meal is only too likely to begin on such "What was that about a \$10 bill?" an occasion two minutes later than inquired the conductor after the car had been started. The man hopped up usual. The extra one minute and thirty seconds spent on the grape fruit and down in a frenzy. moves the clock hand forward at a "Here, you," he shouted, "I'm past

dangerous clip. We're seven behind my corner now. Gimme my change, or the game at the end of the oatmeal. that bill. I want to get off." The car The bacon appears simultaneously whizzed past the next corner.

with the chugging automobile outside "Gimme my bill and stop the car," With the coffee half consumed in the howled the passenger. The conductor cups the practiced ear of the commuter took a roll of bills from his pocket. notes that the train is already pulling ooked it over calmly, and then took a out of the station three miles up the handful of small change out of his road. There's nothing else for it. breeches' nocket and carefully and "Say, old man, suppose you tell me the painstakingly counted out \$9,95, which rest of the story on the train. You the passenger grabbed and leaped from know you said you must be in town by the car. "He had a nickel," grinned the con-

9 o'clock. I'll retell it to Priscilla this evening." Yet they miss the train ductor. "I seen him look at a lot of small change before he glimme that after all. bill."-Dallas News.

### Some Odd Custums. It is unlawful in Norway for women

r girls to serve in public houses. In Spain, street performers on the guitar are licensed, while organ grinders are rigorously suppressed.

The pupils in Mexican schools who was apparently without passion or have been perfect in their lessons are feeling. Yet the appearance was not allowed to smoke cigarettes after the reality, and at one of Mr. Thomas' rerecitations. hearsal it was fully contradicted.

A curious custom still holds good in the village of Waddesdon, in Buckingthe orchestra was playing in perfect hamshire, England, where, on any time and tune, but with a certain norning a person can claim a fre mechanical effect which no one had drink of new milk from a cow specially kent for the benefit of thirsty wayfarrapped the music stand before him. This animal is known locally as ers. the "alms cow," and when she dies another has to be provided by the warorgan grinder. den

Maine's Metropolis in Massachusetts, It surprises most Maine people to learn that Maine's largest city is lo cated in Massachusetts, and yet this condition of thing is figured out by the

promoters of the new State of Maine Club, which is making such a prosperous beginning in Boston. They say that in what is known as Greater Boston there are now living over 50,000 natives of Maine, while, according to the ast census, Portland, which most of us have regarded as the largest Maine

city, had only 35,000 natives of Maine Of course, figures cannot lie, and still it will not come easy to us to speak of stimable. No part of the foreign Boston as the largest Maine city.-

CHILDREN'S DEPARTMENT

WHEN MOTHER TAKES THE Emily, laughing. "Your pockets cer-STOCKING-BAG.

When mother takes the stocking-bag we children gather round, For she's the jolliest mother anybody ever found. She sits and rocks and darns the socks and

tells us tales that day.' I think you'd like to be there on stocking-darning day!

"Now, once upon a time"-that's how she starts the story going-And Bob threads darning needles and Jen takes up some sewing, And Ted plays with the scissors, but I don't do a thing But look and look at mother and sit subtorne

a-listening.

Most times they're 'bout the time when she was just a little girl, With pinalores and sunbonnet and many

a little curl.

a palace, money, servants, horses, all upon one condition. This condition was, that every day of his life he would

-Harriet Crocker Leroy, in Youth's Com-

TEDDY'S FIRST POCKETS.

said Teddy.

Pockets go with pants. All the big boys have them."

you must have them. Yes, I will put some in."

"Nonsense!" exclaimed Aunt Emily. commenting upon this, says that he "Clara, you don't mean to let that baby have pockets? He will have them full of rubbish and in a dreadful condition all the time. He's too little for trousers, to say nothing of pockets." But mamma put the pockets in, and Ted was happy. He went round with his hands in those little snuggeries. feleing very proud and grown-up, and noticed until Mr. Thomas suddenly trying to whistle; and by and by he egan to put things into them. The orchestra stopped. Then with

his hand he imitated the action of an mend the stockings," said grandma, 'but it isn't in the basket." With only a word to indicate the

ar at which the orchestra was to take up the music, he struck the rack before him for attention, and with a movement of his baton gave the sig nal.

Told in Pantomime.

At a certain point in the symphony

The orchestra repeated the passage he had criticised by dumb show, and this time they played with spirit and fire.

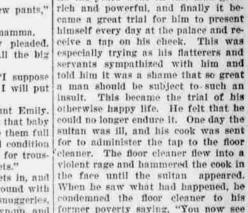
Mean of Him.

"Where hzve you been?" asked Mr. McGruff, as his wife came in the drawing room all excited

"Why, I have been down to the gen ealogist's," she replied, proudly, "and he has traced my ancestors back a housand years. Here is the list, Yo

will notice that after some of them stands the letter 'P.'"

"H'm! What does that stand for?"



it."-Indianapolis News. AN INTELLIGENT HORSE. In the city of Oakland, Cal., lived a

# PUZZLE.



ar by pulling on the cash register cord. and hurriedly stopped the car. He

We children wear our stockings out at :

tremendous pace, So mother says, that smile of hers all shin-ing in her face; But we are glad when the stocking bag is full as it can be, For good times go with darning, don't you

"I want pockets in my new pants,

"You are too little," said mamma, "Please, mamma!" Teddy pleaded.

"Well," mamma replied, "I suppose Theodore Thomas, in conducting an orchestra, seemed impassive, imperturbable. A writer in the Outlook,

low even a little trial may become a great cross if one has always to bear "If I had the darning cotton, I would

"Here it is," said Teddy, taking a PICTURE

tainly are the most useful ones in the family. You don't happen to have a box of chocolates, do you?" "No," Teddy replied, soberly, "but I

have some candy that isn't chocolate. Mr. Smith gave it to me. It's taffy." Aunt Emily laughed again. "There, Clara," she said, "I told you so?"-Eliz-

abeth Hill, in Youth's Companion. LITTLE TRIALS. There was once a floor cleaner in the palace of a sultan, who quarreled with and grumbled to a workman who had come to mend a step. It took a good while properly to finish the work, and this annoyed the sultan who every day. had to pass through the room where

every luxury that a man could desire,

ome to the sultan's palace and receive

a slight tap on his cheek, this tap to

be administered by the sultan himself

or one of his servants. The first time

the floor cleaner complained he was to

be thrust back into his original poverty.

As the years went on this man grew

A regular tomboy, mother says, a-tearing round the farm, And climbing trees and jumping off the big beam in the barn. such a great sultan could be put out

And sometimes they're 'bout Indians away off there out West. And Bob and Ted and me—I guess we like that kind the best. And sometimes they're 'bout kings and queens who lived so long ago. Jen says it's history dressed up, and I be-lieve that's so.

#### woman.

A very small hat is a mistake, giving an idea of insignificance; and a large one is no better, making the small wearer appear all hat. Safety lies in the medium size, trimmed in a quiet, unostentatious fashion.

But, after all, the way a woman walks and stands is her greatest advantage or disadvantage. It is possible for even a little woman to be so upright and hold her head so prettily that she will appear quite tall, without the least suggestion of stiffness. A well-carried head will give an additional two inches to the height.

## GUIMPES POPULAR.

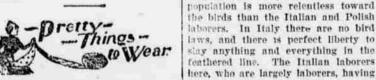
Guimpes and stocks with long cuffs or undersleeves to match and surplice effects are the fancies of the moment. and, indeed, promise to be worn all season. Black gowns in particular in thin materials, with these lace or lingerie accessories, are seen on numbers of smart dresses.

The white guimpes are not only a soft setting for almost any face, but they possess the merit of being removable so that they may be laundered, as do also the separate undersleeves, and as it is around the neck and sleeves that the summer dress is usually soiled a number of these sets are essential.

Freshly cleaned or laundered mulls, laces and lines appeal to every woman of refinement for more than richer materials and accessories that cannot be cleaned, and it is more than probable that the present reign of lingerie accessories for runabout shopping, traveling and gowns for other ceremonies will continue.

Short skirts-and they seem to grow shorter every week-with short Etons having elbow sleeves and cutaway necks, many with the V shape, are now the popular liking. Sometimes these gowns are elaborated upon, especially the lingerle walsts which are worn with the Eton jacket. They are extremely simple in every detail, perhaps the most elaborate decoration they have taken on being that of a great fall of lace in the sleeves. Plain braid of good quality is used

lace of a plain pattern for decoration. Many do not require trimming at all. skirts of thin material.



A striking gown of Parisian designing is of heavy and rich white satin. One sees plenty of shepherd's plaid raveling gowns.

A new shoe is an Oxford tie with projecting sole and a high Cuban heel. The smartest linen coat suit is made with a short, pleated skirt and a box

Many varieties of lawn and lace under-sleeves are sold to wear with short sleeves.

coat.

The newest lingerie hat is a heavy linen sailor, the linen stretched over a straw foundation.

For short journeys nothing is better than heavy linen, blue, brown, dull pink, or even white.

Practically, all sleeves are short, either elbow-length or terminating sevcral inches above the wrist.

Leghorns, sewn tuscans, rice straw, and tinted manilas are the shapes on which tulle most frequently figures. The thinnest of blouses may be worn under the loose coats and white canvas or black or tan leather ties may be

worn. . The small turban has created the fashion of elaborate hair built to suit the hat, but now comes in another

vagary of millinery. A very handsome traveling gown of brown chiffon taffeta had a skirt and ong coat of the silk, and a blouse of coffee colored embroidered batiste.

A very handsome traveling gown of brown chiffon taffeta had a skirt and long coat of the silk and a blouse of coffee colored embroidered batiste.

Violets trimmed a white chip, a sort of a platter-shaped affair, with the rolled brim lined with black tulle. There were three bunches of violets placed a little to the left of the front. Skirts grow wider and wider. Even

the moderate ones are now at least as trimming on many and some have five yards around the hem, while eight are not too many to be considered for

the birds than the Italian and Polish abovers. In Italy there are no bird aws, and there is perfect liberty to lay anything and everything in the feathered line. The Italian laborers here, who are largely laborers, having known no bird laws in their own coun try, are slow to recognize any here. They kill the birds for food, and anything with feathers on it is their prey They give more actual trouble to the Audubon Society than all the rest put together, for native Americans seldom kill small birds, although the boys

sometimes go bird nesting. "To return to the economic value of Ledger. birds, Gifford Pinchot, chief forester

of the United States, in one of his late reports, states that boring beetles and other forest-destroying insects de stroy forests to the value of \$100,000,-000 a year, and a very conservative estimate of the loss to general agriculture through insect ravages is did five years ago, but the woman who

\$200.000,000 more vearly. "The Audubon societies are incor

porated and fully organized bodies who are working from two different standpoints. Some of them take up the ays- and golf like hot potatoes if they thetic side of the question and protect the birds because of their beauty of

plumage and song. But by far the greater number of the Audubon people are working from a purely economic standpoint, trying to preserve the birds of the country because these keep in beck the insect and rodent pests that militate to the extent of many millions yearly against the labors of farmer and forester.

"As an illustration of the value of land birds, a few interesting facts are tily aggressive in the Colonial style. suggestive. The night hawk, which catches insects on the wing, has an enormous stomach. Grasshoppers are

an important article of its diet. Th stomach of one night hawk was found to contain remains of sixty grasshoppers, while another's stomach contained thirty-eight, mostly entire. Yet this useful bird is often killed for food the old Kaffir could easily walk as and still oftener as a target for gun fast as a horse trots, fifty miles a practice on the wing.

"Again, take the mourning dove, which is common in New Jersey. This wise to be able to get a light-the bird, if allowed to live, will save the "boy" who is constantly bothering one farmer much labor with hoe and cul- now for matches-by rubbing two

tivator, for its habitual and almost sticks together; now he is as helpless only article of diet is the seeds of in the dark as ourselves .- Pall Mall weeds. These it eats at all sessons of Gazette

Kennebec (Me.) Journal. Valuable Stamps.

The incumbent, Canon Josa, sold the

glove dealer. "We make a woman's

No. 6 glove materially larger than we

The Newest War Bonnets.

the mental state cause the hat?

Civilization and the Kaffir.

day; the Kaffir who still goes bare-

foot can do so to-day. He used like

On bare feet, of which the skin grew

-New York Press.

Two stamps were once put into an

"Why, either poets or painters." offertory box by a lady in Georgetown. They were two-cent stamps, issued in "You don't say? I thought perhaps It stood for pirates or pedlers."-Chie British Guiana in 1850. The lady had come across an envelope among her ngo News. papers bearing two of these stamps

Absentminded.

envelope with the two stamps on it by Having finished his meal, the absen auction, and it realized \$1000. The minded professor got up, put on his following year the same two stamps hat, and was starting away when he changed hands at \$3250. The new purfound himself confronted by the bow chaser sold them for \$3900 to a Gering waiter.

man dealer who sold them to a Rus-"Ah," said the professor, grasping sian nobleman for \$5000.-Philadelphia and heartily shaking the outstretched hand, "very glad to have the pleasure of meeting you again, sir-very glad, Women's Hands Larger. deed. I remember your face dis "The fondness of women for outdoor tinctly, but-ah-I must confess that sports is having its effects on their your name has escaped me."-Chicago hands," said a Twenty-third street

Record-Herald.

### About Ants.

New facts concerning those intelli wears a No. 6 glove doesn't know it. gent insects, the ants, are still coming She is satisfied with the figure on the to light. That they keep aphides at stamp. Some women don't care. But we do cows in order to milk them, and there are many who would drop tennis that they have slaves, was discovered long ago, but now we hear of a South thought it made their hands larger." American variety making flower gardens in the tops of trees. The gardens or baskets contain certain plants which are duly tended by the ants, and

The state militant of the world is the insects plant the minute seeds affecting the headgear of women and whence the plants spring. children. The George Washington and Napoleon styles are omniprescent, A

### The Physical Ills of Temper.

tot of two or three looked positively portentous in the defiant shape of hat Would you be well? Then control your temper. Do you not know that worn by the great Emperor, and the fits of passion, this giving way to the mild mannered old ladies become jaunworst that is in you, does you not only The psychological question is, Does harm? Temper invariably interferes me, Emily." the hat cause the mental state or does

with the process of digestion; it carves ugly lines on your faces; it wears upor the tissues, and leaves us physically and mentally exhausted, as well as morally weaker after each indulgence

so tough as to enable him to run over -St. Louis Post-Dispatch. the sharpest rocks without flinching.

### Teaching English.

Young men in China who have some smattering of English are opening what they call Anglo-Chinese schools in Shanghai and neighboring towns. One of these schools frankly adver-tises its limitations: "English taught not find a little nail. All these things Teddy produced as they were wanted. lated in "I take it all back, Ted," said Aunt Danish, as far as the letter G."-Missions Bulletin.

-Brooklyn Daily Eagle.

- would tell him to go to the bank

for money, and there he would go; or

to the stable where oats, bran and hay

were to be ordered, and he would trot

He was always spoken to exactly

"Oh, Prince," she said, "won't you

He shook a knowing head and raced

around the block twice, stopping then

give me a little longer ride?"

there at a lively rate.

little black ball out of his right pocket. few years ago a horse as beautiful, in-"I found it behind the door, grandma. teiligent and affectionate as ever a I didn't know it was darn cotton; I horse could be. "Prince" was his name, thought it was just string." and well it fitted him. The readiness with which he under-

"You didn't happen to find my p neil. did you?" asked sister Sue. "I lost it stood what was said to him was reyesterday and I can't find it anymarkable, says Our Dumb Animals. "Prince," his mistress would say, "I where." would like to visit Mrs. Y-," and, as

"Yes," said Teddy, "it was in the waste basket. I picked it out and pat Mrs. Y- was a particular friend of his, Prince would trot most readily and it in my pocket. I didn't know it was rapidly to her house. Again, Miss yours, Susie," he said as he passed it to her.

Pretty soon mamma could not find her thimble. "I had it this morning," she said, "and all at once I missed it. moral and mental, but actual physical I am sorry, for it was the one you gave

as a person would have been. Once a "Here it is," said Teddy. "I found it lady who was riding with Miss Cdown in the pansy bed. I meant to was surprised to have him take her give it to you, but I forgot." home and stop before the house.

"It must have fallen off the windowsill," said mamma. "I remember now, was sitting by the garden window." That afternoon sister Mary asked me If anybody had seen a button, for she as before as if to inform her that the had lost one off her blue dress; Tom inquired if anybody had run across his lack-knife, which he was using at noon

trip had been of a reasonable length. No end of little incidents of a like nature might be related of him. and mislaid; Johnny needed a piece of string in a hurry; and grandpa could

Mrs. Thurston's successful novel. "The Masquerader," is being translated into Swedish, Norwegian and