

Cure For The Blues

ONE MEDICINE THAT HAS NEVER FAILED
Health Fully Restored and the Joy of Life Regained

When a cheerful, brave, light-hearted woman is suddenly plunged into that perfection of misery, the BLUES, it is a sad picture. It is usually this way: She has been feeling "out of sorts."



For some time, head has ached and back also; has slept poorly been quite nervous, and nearly fainted once or twice; head dizzy, and heart beats very fast; then that bearing-down feeling, and during her menstrual period she is exceedingly despondent. Nothing pleases her. Her doctor says: "Cheer up; you have dyspepsia; you will be all right soon."

But she doesn't get "all right," and hope vanishes; then come the brooding, morbid, melancholy, everlasting BLUES.

Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone, but take Lydia E. Pinkham's Vegetable Compound. See what it did for Mrs. Rosa Adams, of 819 12th Street, Louisville, Ky., niece of the late General Roger Hanson, C.S.A. She writes: Dear Mrs. Pinkham—

"I cannot tell you with pen and ink what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered with female trouble, extreme lassitude, 'the blues,' nervousness and that all gone feeling. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it not only cured my female derangement, but it has restored me to perfect health and strength. The buoyancy of my younger days has returned, and I do not suffer any longer with despondency, as I did before. I consider Lydia E. Pinkham's Vegetable Compound a boon to sick and suffering women."

If you have some derangement of the female organism, write Mrs. Pinkham, Lynn, Mass., for advice.

What London Pays Policemen.

A London policeman earns, as long as he remains a patrolman from \$5.84 to \$7.79 a week. He may lodge in a section house for only 24 cents a week, and get his board for \$1.70. His uniform is supplied free.

There are in Germany twenty-one universities.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures swollen neck, 25c a bottle.

Winnipeg, Manitoba, is said to be the fastest growing city in the world.

do not believe that the cure for consumption has been found for coughs and colds.—For F. BOKER, Trinity Society, Ind., Feb. 15, 1919.

The production of quicksilver in 1904 is estimated at 3591 tons.

German shopkeepers are appealing to the government to restrain the rapidly growing tendency towards co-operative stores.

BE HAPPY!

The Discriminative Buyer Selects Our Latest Model Plaited Skirts. Made to measure, the most serviceable and popular style. Sent with full length measurements, sizes, collar and button details and price. At \$2.98, \$3.98 or \$4.98.

Manhattan Skirt Mfg. Co., 438 Sixth Ave., New York City.

BROWN WAGON



MADE IN ALL STYLES. Send for Booklet giving full description. BROWN MANUFACTURING CO ZANESVILLE, OHIO.

PAXTINE TOILET ANTISEPTIC FOR WOMEN

Prescribed with this peculiar to their sex, used as a douche is marvellously successful. Thoroughly cleanses, kills disease germs, stops discharges, lessens inflammation and local soreness, cures leucorrhoea and vaginal catarrh. Paxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for 30 Days treatment 75c. D. N. H. GLENN'S BROS., Atlanta, Ga.

Dropsey New Discovery, gives quick relief and cures every case. Send for book of testimonials and 30 Days treatment 75c. D. N. H. GLENN'S BROS., Atlanta, Ga. P. N. U. 29, 1916.

PISO'S CURE FOR PILES WHILE YOU TAKE THE BATH. One in the family should have this.

ORCHARD and GARDEN

Fruit Production.

The family that consumes a bushel of good fruit this year will want a larger quantity next year; hence it would appear that both quantity and quality should be our aim. When we produce fruit for sale, we often think the people want nothing but quantity, when in reality they also want quality. I believe the planting of fruit is being overdone, and those who have planted for quantity only will find no market for their fruit at profitable prices. A few years ago, fall and winter varieties of pears of high quality brought good prices, but the large planting of Kieffer's drove out even quality, and the people have lost their taste for pears.—Weekly Witness.

Feeding Fowls.

The manner and time of feeding fowls is of nearly as much importance as the feed itself. We always adopt a regular system of feeding, and only change with the seasons of the year, or when conditions absolutely require it. We have known a change of feed, and the time of feeding it, to make a difference, with our own flock of Leghorns, of over four hundred eggs a day inside of two weeks. Too much stress cannot be laid on regularity in feeding, and the adherence to a steady system, only changing when there is a good reason for so doing. All soft feed should be fed on wide boards or in troughs which are kept clean, and the fowls should never be allowed to huddle together any more than is necessary. Exercise is of prime importance when trying to produce eggs during the winter months. By keeping the floor of the house littered with dry straw, chaff or leaves, and scattering the whole feed into it, the fowls get all the exercise they need.—Weekly Witness.

The Stretching Wire.

As I have seen a lot of ways to set and brace corner posts for pastures in your valuable paper, I will give you my way of stretching wire a half mile long. Get a wagon and back it up to the corner post so that the hub of the hind wheel is in line with the rest of the posts. Next get a post or a piece of 4x4 timber seven feet long and put from the centre of the corner post or half-way up the post, to the hind axle of the wagon near the wheel. Then raise the hind wheel off the ground, next get a small piece of chain with grab hook to fasten around spoke of wheel, then fasten the wire to the end of the chain and start turning on the wheel. One man can stretch wire so tight that he could break it if he turned too much on the wheel. When the wire is stretched as tight as wanted either tie with a piece of rope the hind wheel to the front wheel, or have a stick to put between the spoke and under the wagon box to keep the wheel from turning back, and then go and drive in your staples. You'll find this is the quickest and best way to stretch wire a long distance.—Chas. H. Simmonds in the Epitomist.

Silage Better Than Cured Corn.

The raising of corn for the silo and the feeding of silage is in great favor in this section among our milk producers. There is one point I think some writers have overlooked, and that is in comparing the amount of waste in the methods of dry curing and silaging corn. In the dry curing the cattle leave the butts and in the silo some rot in the corners and on top. It seems manifestly unfair to compare the losses on equal terms. The reason is that corn raised for dry curing is always our native field variety and is of small growth, and would not make more than five to eight tons, green, per acre after the ears are off; while corn that is intended for the silo is usually a large variety that would not be suitable to dry and is consequently raised much cheaper and will produce fifteen to twenty tons per acre. In making comparisons, we must reckon at least three times as much waste in the silo to equal the one part waste in the dry curing. Another point is that in the dry fodder there is usually no corn in it at all, while for the silo the ears are usually all cut in, which makes it much the richer feed without extra cost of husking, etc.

The American Hog.

About two-fifths of the world's hog supply is produced in the United States, according to an advance proof of a short bulletin to be issued by the Department of Agriculture on marketing swine, and about 85 per cent. of these are produced in the Mississippi valley; hence this section of the country has developed the fat or lard hog and has set the standard for hogs in other parts of the United States. The fat or lard hog is such because corn has been his principal feed and because there has been a demand for pork from such a hog, and he will conform to the present prevailing type just as long as corn remains his principal feed. Butcher hogs are the best hogs from the fat or lard hog standpoint that come to market, and should be used as a standard for comparison. From the bacon market standpoint the English bacon hog is the ideal toward which hogs are being developed. To the close observer it is apparent

A WOMAN'S MISERY.



Mrs. John LaRue, of 115 Paterson Avenue, Paterson, N. J., says: "I was troubled for about nine years, and what I suffered no one will ever know. I used about every known remedy that is said to be good for kidney complaint, but without deriving permanent relief. Often when alone in the house the back ache has been so bad that it brought tears to my eyes. The pain at times was so intense that I was compelled to give up my household duties and lie down. There were headaches, dizziness and blood rushing to my head to cause bleeding at the nose. The first box of Doan's Kidney Pills benefited me so much that I continued the treatment. The stinging pain in the small of my back, the rushes of blood to the head and other symptoms disappeared."

Doan's Kidney Pills are for sale by all dealers, 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

Quebec's New Fortifications.

The Dominion government is about to enter upon the construction of gigantic military works in the city and district of Quebec. The city situated in the bowels of the three forts at Point Levis, and big guns put on all of them. At Beaumont, nine miles from the city, on the south shore, two large fortresses are to be constructed, commanding a full view of the channels up and down the river and costing about \$3,000,000. When they are done Quebec can go to sleep at night with an added sense of security, though it is a question whether it will be a bit safer than it is now and has been ever since Wolfe and Montcalm, for the time being, settled its status on the Heights of Abraham.

Russia Has Eighty-Six General Holidays in a Year.

The Jews celebrate this year the 250th anniversary of their settlement in the United States.

Body Raw With Humor—Caused Untold Agony—Doctor Did No Good—Mother Discouraged—Cuticura Cured at Once.

"My child was a very delicate baby. A terrible sore and humor broke out on his body, looking like raw flesh, and causing the child untold agony. My physician prescribed various remedies, none of which helped at all. I became discouraged and took the matter into my own hands, and tried Cuticura Soap and Cuticura Ointment with almost immediate success. Before the second week had passed the soreness was gone, not leaving a trace of anything. Mrs. Jeanette H. Block, 281 Rosedale St., Rochester, N. Y."

Hidden Money Produced.

Not very long ago William Martin, a business man of Martinsburg, Washington county, has brought into New Albany a considerable sum of money, which consists entirely of old "greenbacks" issued before 1865. A great part of this money had evidently been secreted for many years, as it was covered with mold. It had apparently not been in circulation. Several hundred dollars of the money was in compound interest notes issued during the last years of the Civil war. The money, Mr. Martin said, was a part of a large sum left by a wealthy farmer of Washington county, Ky., who died a few years ago, and was being put in circulation by the heirs of his handsome estate. While not at all miserly, he was careful and prudent, and, being distrustful of banks, he had kept his money secreted about his house. The greater part of his accumulations had been on hand for more than forty years, and had the money been put at interest it would have more than doubled itself during the years it had lain idle.—Louisville Courier-Journal.

Longest Tunnel.

The Simpson is the longest tunnel in the world, and has been finished in the face of tremendous difficulties, most of which were entirely unexpected, and many of which presented new problems for engineers. It extends from Brieg in Switzerland to Iselle in Italy, the total length being a little over 12 1/2 miles—21,576 yards in fact.

COMES A TIME

When Coffee Shows What It Has Been Doing. "Of late years coffee has disagreed with me," writes a matron from Rome, N. Y., "its lightest punishment was to make me 'loggy' and dizzy, and it seemed to thicken up my blood. "The heaviest was when it upset my stomach completely, destroying my appetite and making me nervous and irritable, and sent me to my bed. After one of these attacks, in which I nearly lost my life, I concluded to quit and try Postum Food Coffee.

"It went right to the spot! I found it not only a most palatable and refreshing beverage, but a food as well. "All my ailments, the 'logginess' and dizziness, the unsatisfactory condition of my blood, my nervousness and irritability disappeared in short order and my sorely afflicted stomach began quickly to recover. I began to rebuild and have steadily continued until now. Have a good appetite and am rejoicing in sound health, which I owe to the use of Postum Food Coffee." Name given by Postum Co., Battle Creek, Mich. There's a reason. Read the little book, "The Road to Wellville," found in each pkg.

UTILIZING INVENTION.

Two Kinds of Talent Rarely Found in the Same Person.

Most men who have inventive talent think that if a useful thing is once perfected and patented there should not be any difficulty about making the thing sell. They are often puzzled, therefore, by the reluctance shown by other people to take up the device, manufacturing and pushing it. The truth is, however, that another kind of talent is needed for this purpose. In the first place, it is not easy to foresee the fate of any novelty. Grocers, booksellers, hardware dealers, druggists and other merchants know pretty nearly what demand there will be for such articles as have been in the market for years; but when a new thing appears they do not feel certain about its future. It may go off like hot cakes, or it may remain unsold on their shelves for years, and prove almost a dead loss. They say, probably with truth, that many wise men shook their heads over Bell's telephone, greatly doubting that it would pay. Some of the trouble grows out of the difficulty of estimating popular taste; but, aside from that, an unusual combination of business qualities is needed in order to advertise properly the merits of a new invention, and its author rarely possesses these.

In discussing this truth the Engineer Record recently remarked that even when clever business men get hold of a good thing they do not always recommend wisely or to the right class of customers. To illustrate its argument that periodical referred to small refrigerating machines, such as are being used in hotels, apartment houses and large restaurants in cities and also in the rural districts. The men who are making the most money out of these machines are the owners of small cold storage plants, which are springing up rapidly in many parts of the country. In some parts of the wheat districts the farmers have organized co-operative elevator companies, and other farmers are now organizing cold storage companies in the same way. Dairy products, eggs and fruit are being kept where produced until the market conditions are favorable for their sale. This business does not cut into the large storage enterprises in the cities, and, in fact, it is of assistance to the large wholesalers.

The small storage business affords a good example of the fact that the most money to be made from an invention is to be found in its utilization. When an invention of real merit has been made it must be introduced, and it is the failure to grasp the necessity of educational work in introducing novelties that delays the adoption of desirable improvements. The construction of small cold storage plants, operated by gasolene engines, was left for the farmers to undertake, and the slowness with which it has been undertaken has been due to the lack of encouragement given by the builders of such machinery. In contrast with this condition is that of the pneumatic tool business. This has reached its present astonishing development very largely through the educational work done by Mr. Duntley. He exhibited the tools in actual work in all the large cities where there were industries to use them. He sent out men to show how to keep them in condition, and he sought far and wide for suggestions for their improvement.

Bird-Inspired Music.

One of the most pathetic scenes remembered from the experiences of an unhappy genius is given, among other facts, about Beethoven in the "Life of Sir Herbert Stanley Oakeley." The great composer delighted in the outdoor world. He loved a tree, he once declared, with pardonable exaggeration, "better than a man."

After he had become stone-deaf he visited the valley of Helliggenstadt, near Vienna, where he had stayed in other and happier days. "Here," he said to the friend who accompanied him, "I composed my Pastoral Symphony, and here the birds composed with me. Can you hear a yellowhammer?"

"No," wrote his friend on the conversation state. "And in the symphony I only remember the nightingale, quail and cuckoo." He believed certain phrases to have been meant for a direct imitation of certain birds; but Beethoven's method was a more poetic one. The birds had inspired him; they had "composed" with him. But they had done it by contributing unconsciously to the joyous harmony of the scene.

Beethoven, in answer to his friend's suggestion, took the slate and wrote upon it a passage for the flute, in the "Brook Scene." That was what the yellowhammer had inspired him to do.

An Artist's Mistake.

Oliver Herford while recently exploring a remote part of New York, found himself beset by the pangs of hunger. Entering a small restaurant of somewhat doubtful aspect, he ordered a mutton chop. The waiter, after a long delay, returned, bearing a plate on which reposed a dab of mashed potato and a much overdone chop of microscopic proportions and with a remarkably long and slender rib attached. Clapping this down briskly before the famished artist, the waiter started off to attend to another customer without further ceremony. "See here," called Herford, "I ordered a chop." "Yessir," answered the man. "There it is." "Oh, beg pardon; that's true," returned Herford, peering at it closely. "I thought it was a crack in the plate."—Saturday Evening Post.

A VETERAN OF THE BLACK HAWK, MEXICAN AND THE CIVIL WARS.



CAPT. W. W. JACKSON.

Sufferings Were Protracted and Severe—Tried Every Known Remedy Without Relief—Serious Stomach Trouble Cured by Three Bottles of Peruna!

Capt. W. W. Jackson, 705 G St., N. W., Washington, D. C., writes: "I am eighty-three years old, a veteran of the Black Hawk, Mexican and the Civil Wars. I am by profession a physician, but abandoned the same. "Some years ago I was seriously affected with catarrh of the stomach. My sufferings were protracted and severe. I tried every known remedy without obtaining relief. "In desperation I began the use of your Peruna. I began to realize immediate though gradual improvement. "After the use of three bottles every appearance of my complaint was removed, and I have no hesitation in recommending it as an infallible remedy for that disorder."—W. W. Jackson. Address Dr. S. B. Hartman, President of the Hartman Sanitarium, Columbus, Ohio.

Physicians, nurses, pharmacists, and chemists throughout the world endorse Cuticura Soap because of its delicate, medicinal, emollient, sanative, and antiseptic properties derived from Cuticura, the great Skin Cure, united with the purest of cleansing ingredients and most refreshing of flower odors. For preserving, purifying, and beautifying the skin, as well as for all the purposes of the toilet and bath, Cuticura Soap, assisted by Cuticura Ointment, the great Skin Cure, is priceless. Guaranteed absolutely pure, and may be used from the hour of birth.

Don't Be Without Them in Your Home They Are Always Ready to Serve

Lunch Tongues Veal Loaf
Boneless Chicken Dried Beef
Brisket Beef Soups
Jellied Hocks Baked Beans

Ask Your Grocer
The Booklet "How to Make Good Things to Eat" sent free.

Libby, McNeill & Libby, Chicago

Facts Are Stubborn Things

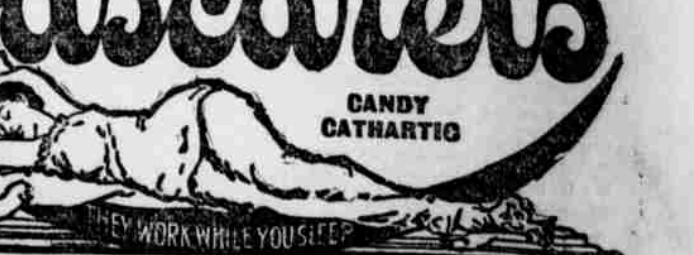
Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE, The leader of all package coffees.

Lion Coffee is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people. The uniform quality of LION COFFEE survives all opposition. LION COFFEE keeps its old friends and makes new ones every day.

LION COFFEE has even more than its Strength, Flavor and Quality to commend it. An arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

Sold only in 1 lb. packages. Lion-head on every package. Save these Lion-heads for valuable premiums. SOLD BY GROCERS EVERYWHERE WOOLSON SPICE CO., Toledo, Ohio.

BEST FOR THE BOWELS



Cascarets CANDY CATHARTIC
THEY WORK WHILE YOU SLEEP
GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, regularity you are sick. Constipation kills more people than all other diseases together. If CASCARETS today, for you will never get well and stay well until you get your bowels moving. Take our advice, start with Cascarets today under absolute guarantee in case or money refunded. The genuine tablet stamped C. C. Never sold in bulk. Sample and booklet free. Address Sterling Remedy Company, Chicago or New York.