

liness .- Chicago News.

that the hero and heroine are embrac-

lization.-Harper's Weekly.

GOWN FOR DOWAGER. ! ely gown for a dowager, show. Japanese women have a wealth of hair vogue for velvet, was built much of it disappears when they are e most supple of black silk about thirty, and as old age creeps of on robe lines. The petticoat, their attire becomes severely simple. d in the front, was of white There is no pretense about being seline, shirred very closely over younger than they are-that is an idea with an eight-inch insertion of sh point inset at the depth of the foolish-and so little do they mind the e, set off with tiny ruchings of fine world knowing their ages, that the lik lace. The panel and foot of the arrangement of hair shows the differ velvet robe were outlined with pale ent stages they have reached in life's journey. blue and white morning glories in caised embroidery. The plain draped bodice of the velvet was devoid of decoration save where a band of embroidered morning glories finished the short sleeves .- Newark Advertiser.

WHITE TAFFETA SEAM PIFING. The latest idea in fashioning a summer silk dress of hair-lines, fine checks or changeable effect, is to trim it with piping of pure white taffeta. No matter what are the blended tints of your silk, no matter if it be a solid color fabric, pipings of white, and only of white, seem the proper finish.

Of course, white taffeta pipings would not be chosen to pipe the seams of a white waist; that goes without saying.

Very smart is the summer slik of black and white or silvery gray made up as a shirt waist sult and pipe with white taffeta. This differentiates it at a glance from any of last spring's output. If piping was then employed, be sure it was black, dark blue, scariet, they read in the last chapter of a book brown or green. White taffeta piping gives the stamp of noveky.

SHOES LOWER HEELED.

As to general shape, toes are a little more pointed, and, curiously enough, beels are a little lower.

In slippers everything is beaded, or trimmed with great rosettes of chiffon to cook his meals. He says that he has or net, with a tiny rhinestone buckle or button in the centre. In strapped slippers a new idea has come out-a slipper which is cut to give a double aration.-Kansas City Journal. strap effect, without the trouble of buitoning those little straps. Two eyelets are in the sides of these straps, presumably part of the design, but, too, mighty convenient to slip a bit of ribbon through to draw the straps a little tighter.

Bronze slippers are popular, and tan shoes (though they're a far ery from evening slippers) will be strong again in all the soft shades Russia leather takes. But black patent leather is worn more than any other one leather. and white shoes more than any other color, with "slippers to match" for things. She kept her nerves well in the rest, and the prettiest of all is a French invention-pale blue or pink satin affairs, embroidered and beaded, not only on the vamp, but with a little vine that runs all the way around the slipper.

An engraved patent leather slipper is a novelty that is stunning in the quiet- dress in her wardrobe to put on when est of ways. The design is made by cutting part way through the enamel. But slippers! The slipper world not only adds to the general depres-

seems to have run riot over all shoes, so sion, but accentutes the tired lines that long as that one most important point have crept into the face. is satisfied, that the colors match. And A hint to ambrella buyers. Trade

to this end are astonishing things made. Dapers say that ivory has become se violet and green and orange, and all scarce that manufacturers are exerting



When this useful and delicious vegstable is found to be attacked by insects, a good dousing with quassia extract will generally protect the plant in an early stage-or soot will keep maurauders away if it is employed

at starting. Celery is an antiacid, and it is also reputed to act as a sedative; it'is excellent when stewed, and quite easily digested in that form, says Home Notes, People suffering from either which would strike them as decidedly rheumatism or insomnia will do well to include it frequently in their diet.

CARE OF UMBRELLAS.

"In most cases umbrellas are not For small occasions ornaments of fairly worn out; they are ruined various kinds are worn in the hairpins through carelessness of their owners, of ivory, tortoise shell and gold, and said A. L. Kent, an umbrella and can ome of thom bright red and some man of Boston, recently, at the Marlnoulded like flowers. This elaborate boro, "When I see a man walking hairdressing is not the waste of time with an umbrella tightly grasped in that one might imagine, for it is alhis hot hand I smile to myself, be owed to remain undisturbed for sevcause I know that very soon that man ral days and keeps quite neat, for the will be wanting a new umbrella. There wooden block which is used instead is no surer way of making an umbrella of a pillow at night in no way interwear out quickly than this habit of feres with it. When at last the hair carrying it about by its middle. Again, must be rearranged, it is carefully after being out in the rain you should washed before the poinade is renewed turn your umbrella upside down, and for great care is taken by the dainty let the water drain off, as it stands little Japs in matters of personal cleanwith the handle downward. By doing this you prevent the water from getting in at the framework and thereby protect the ribs from rusting. Boydoir

Some men open their umbrellas before they stand them up to dry, but that is a bad plan, because the umbrella may stretch when it is wet. Another thing,

too, never roll your umbrella up as to When the women see the heroine in do so cuts the suk."-New York Globe. the hero's arms on the stage; when

SUNDAY OVEREATING.

ing, how they applaud! But when they It is desired to begin the week refreshed and ready for labor, rested in see the man next door kiss his wife good-by before starting for work, how mind and body, the eating customs of they laugh and wonder "how long it will last!"-Atchison Globe. Sunday will have to be readjusted. Have a later breakfast, if desired, George Toliver has sued Maud Tolivet but have then a very light one, even for a divorce, alleging that she refused If you are hungry. Or if it must be hearty, then do not upset your digesbeen compelled to get his own breaktive habits any more than may be fast, and by reason of this and other avoided and have but two meals on that day, and eat no other. It would indignities he wants a decree of sep be far better to have three light meals. Some day a great reformer, in whos lighter than usual, if that could be ar espirations sense is duly blended with ranged to fit with other household arrangements. The custom of noon dinenthusiasm, will make and win a great fight for adequate pockets in women's ner on that day arises from the usual street clothes. Why woman does not absence of cook or maid at the lathave more and better pockets in her ter one, and this may be unavoidable. Very well, then treat this as a rest clothes is one of the mysteries of civday for cook and digestive apparatus You sometimes see a woman whose as well as from other labors; have a ld age is as exquisite as the perfect light breakfast, a light dinner and a bloom of her youth. You wonder how chafing dish supper as near the ordinit is her life has been a long and happy ary hours of meals as possible, and one. Here are some of the reasons remember as you are going to take She knew how to forget disagreeable less exercise than usual demand a less er amount of the more easily digested hand and inflicted them on no one food.-Helen Johnson, in Good House She mastered the art of saying pleasant keeping. things. She did not expect too much



Corn Puffs-To the contents of one can of corn, add separately the beat en yolks and whites of four eggs and mix gently; add a little salt and cayone pepper and just enough flour to mix well. Drop in spoonfuls into a



New York City .- There is a peculiar model of heavy Irish lace has a skirt charm and daintiness about the waist trimmed with three rows of cords covutilized for the finer cotton and linen cred with emerald green velvet, headmaterials which are in no sense washa- ing the lace flounce. On the bodice the

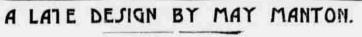
velvet faces little revers that frame a chemisette of tucked white mull, and the cording is used again to trim the big sleeves.

## Blouse or shirt Walst.

No matter how many fancy shirt valsts a woman may have, she always inds a place for an additional plain one, and this model is so exceptionally attractive as to be sure of being includ ed in the list. As Illustrated, the material is white dotted Madras, but the waist is one well adapted to almost all walstings, and can be made up effectively in any of the cotton and liner materials of the present season, in the wash flannels that are so popular for food. ooler days, and in the simpler silk

walstings, The model is an embently simple one, and can be made either with or without the applied yoke at the back. The back is plain, simply drawn down in gathers at the waist line, but the

line, but if preferred they can be left





# WHERE NEW FOODS FOR MANKIND ORIGINATE

# Every Week, From Somewhere, a

Added to the World's Bill of Fare.

Man will eat 200 or 300 more foods In the year 2000 than he eats now, said a chemist. A movement is on foot among the world's governments to in crease the varieties of our foods, and every week a new vegetable or fruit or nut is added to the international bill of fare. It is by a study of the food of savages that we get our new foods. Savages eat many things we regard as

weeds or poisons, but which we can re-That is how we got our new delica-

cles in the past. Egg plant and tomatoes, for instance, we had never thought of eating till certain Peruvian savages showed us the way. Oats, barley and rye originated from weeds that grew on the shores of the Mediterranean. The buckwheat came from a wild Siberian plant. Melons, cucum-

bers, horseradish and onlons were weeds of the East. The pumpkin was regarded as a poison for a long time, and with no little fear did some adven turous person of the past test'it as a

Turning to the foods of our future. we find that the Klamath Indians alone eat forty kinds of vegetables that are

unknown to us. Scientists are testing these vegetables, and are finding them to be palatable and nutritions. Among them is the wichpi, which grows on the margins of the Western lakes. Its stems contain a white pith that, eaten raw, is as sweet and pleasant as a lump of milk chocolate. Then there is the kotsonoka, or goose foot. The goose foot bears in August small black seeds. These seeds the Klamaths roast, grind and make into cakes and gruel. The wokas, or yellow water lily, is the Klamaths' staple

### food. It is made into bread and into porridge.-Week's Progress.

### Description of General Bell.

Judge Ben B. Lindsey, the Denvet jurist, at a recent address to a civic body in this city, was trying to give a fitting description of Adjutant-General Bell, the head of the military government in the Cripple Creek district in Colorado a year ago. The Judge said he did not want to use any harsh terms, and, besides, the subject was a difficult one to handle and give exactly the right shade to the description. So finally, after making some general comment, he said that he believed the incident of a Scotchman he had met

ers a very clear idea of the man. "I met this man on the street one

whispered this interesting tale:

around his head and bellowed, so that the mountain rang and reverberated with the tones. He shouted: about face! Forward, march!"

"Then, the man said, he watched the sun come up and the stars and moon

back to his quarters."--Chicago Chron-

Just For Show.

An Easterner on his way to Califor-

nia was delayed by the floods in Kan-

sas, and was obliged to spend the night

in a humble hotel-the best in the town

The bill of fare at dinner time was

### HUSINGES CARDS. m

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50 87 24 17 Butter-Creb Eggs-State and Pennsylvania ....

LIVE STOCK.

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Cattle. Cattle. Extra, 1450 to 1600 lbs. \$ Prime, 1300 to 1400 lbs. Medium, 1200 to 1300 lbs. Tidy, 1650 to 1100 Common to fair Ozen, common to fat Common to good fat bulls and cows Milch cows, each 1



in Victor one day would give his hear-

day," said the Judge, "at the time of the military control, and I asked him what he thought of General Bell. The man pulled my ear close to him and

"'I was up yesterday morning at dawn. The sun was just coming up and the moon and stars were just getting dim. Over there on the peak of Straw Mountain I saw General Bell sitting. He had a sword in his hand 100 feet long. He watched the sun a while and looked over at the planets

'All of a sudden he waved his sword "Sun, moon, and stars! Right

go down, smilled to himself and went



the impossible tints of a very definite their ingenuity to find substitutes for it. Few umbrella handles can be ivory cainbow.

### ABOUT CHILDREN,

Ten commandments for parents: First-Be gently firm with the baby Obedience should commence in the gradle.

Second-Insist upon obedience in all things and at all times.

Third-Instill the necessity of truth fainess as soon as your child learns to talk.

Fourth-By example and illustration touch self-control.

Fifth-Remember that children have privileges as much so as you-indeed more, for they are helpless and entirely under your authority; therefore sacrediy respect their opinions and feelings. Sixth-Never be too busy to talk, encourage questions, seek and give con

fidence. Seventh-Furnish a place for every thing, and require everything to be

kept in its place. Eighth-Demand cleanliness in per son, behavior and clothing-not spas-

modically, but from the cradle up. If neglected, see it done. Touch the child's personal and family pride. Put him on hono

Ninth-Never allow your child to "answer back" until he is old enough to reason, then reason intelligently and gently. It is his due.

Tenth-If you promise your child punishment be as good as your word. Fall to keep your word once and he will never trust you again. But never punish him in a passion; you disgrace yourself and break his spirit, also injure his body. To whip or otherwise punish him while you are in a passion is brutal and it brutalizes bim, too.

JAPANESE HAIRDRESSING.

This is quite a fine art; and there pretty woman will not grudge a whol: in which there must not be a hair out of place. fuffiness admired by Western women or white muslin.

would not for a moment be tolerated

and the usual substitute is wairus teeth or celluloid. The walrus teetl may be detected by a streak of yellow which invariably runs through them and it is usually noticeable in an um-

from her friends. She made whatever

A theory has recently been advanced

that every woman should have a black

she is tired or discouraged, and that

the wearing of color at such a time

work came to her congenial.

brella handle.

FADS 00 ANCIES

The very fine sprig, spray or garland hand embroideries appear to have the preference in the earliest French models, but there are, too, some of the bold, raised embroideries on sheet stuffs, and these heavy embroideries appear again upon the linen blouses. Certain exquisite little French blouser

in finest batiste or lawn are very sim ply made, with tiny hand tucks as the only trimming save for lace edging at throat and wrists and, embroidered just in the middle front of the bust line, a bunch of fine flowers and foli

age. Surplice front lines have invaded the realm of blouses as well as the other

provinces of fashion, and as they are universally becoming and easily fitted and made, their popularity is assured Little details such as the arrange

ment of a cravat or girdle will ofter give distinction and originality to at otherwise unimportant blouse. Many charming waists are shown by importers, suitable for theatres or res taurant dinners. These are usually white, and with few exceptions are dis tressingly elaborate.

A combination of white louisine and thin white lace makes a lovely waist. There are certain little details of mourning garb which should not be overlooked. The dress linings should day spent in front of her mirror while be of rustless silk. When dead black her attendant applies the pomade so is so unbecoming as to render one ugly necessary for her elaborate colffure, before one's family, have all the gowns made with guimpe effects or surplices The picturesque curis and to be filled in with white crepe de chine

Besides the linen starched colla by her, and her abundant tresses can- there are innumerable stocks and bands not be too smooth and too stiff for the to choose from. A favorite model is prate designs into which they are the waved band of heavy linen coby covered with padded embroidery.

buttered frying pan and fry Serve very hot.

Muster Gingerbread-One cup molas es, one tablespoonful sugar, half cup lard, or lard and butter half and half: half cup water, one teaspoon soda, one beaten egg, one teaspoon ginger. Beat well with flour enough to mix, then add enough to roll, but not enough to knead too hard. Roll, bake in

molasses and water.

attractive, and is adapted to many com-Prune Marmalade-Take six fine, arge cooking apples, pare, plunge in chiffon veiling, hydrangen blue in color, cold water, then put over the fire tocombined with cream lace over chiffon, gether with the juice of two lemons but it would be equally effective made and a half pound of sugar. When of any other soft wool, or from the stewed, split and stone two and a half many fashionable thin silks, either pounds of prunes and stew with the with lace or contrasting silk for the apples, taking care that there is sufchemisette and cuffs. Also it can be ficient water to keep them from burnble, embroidery or lace, as preferred. ing. When thoroughly cooked heat it being used for chemisette and cuffs. through a strainer and turn into jars

to keep for use. Old Fashioned Jumbles - Half pound of butter, nine ounces of flour, one tenspoonful of vanilla, half a pound of powdered sugar, two table

spoonfuls of flavoring extract and three eggs. Beat the butter to a cream; add the sugar gradually, beating until very light. Now beat the eggs all together, add the butter and sugar, the flavoring extract and van-

illa, and then the flour, sifted. Beat the whole, well. Drop in spoonfuls on a lightly buttered pan and bake in a moderate oven.

Preserved and Evaporated Fruit yards forty-four inches wide, with one Desserts-At this season of the year and three-eighth yards of all-over lace puddings and shortcakes, made from and five-eighth yard of silk for belt. preserved and evaporated fruits, are

most acceptable and quite inexpensive. Almost any preserved fruit may be

used with taploca to make a pudding which will be excellent. Here are di rections for making a taploca strawberry pudding; Soak a cupful of prepared taploca five hours in one pint of water; then cook it soft in the water over a slow fire; then add a pint of preserved strawberries and the juice of half a lemon. Let the whole cook five minutes, then turn it into one or two moulds. When cold and well

stiffened turn the pudding into a glass dish. Serve with rich cream, well whipped and sweetened. Raspherries. cherries or other preserved fruits may be used instead of strawberries.



not very elaborate, but the travelet spring is better liked and none is better are in shirt waist style, but full at the noticed with joy that at the bottom of sheets, and when still hot brush with suited to the fashionable soft materials. shoulders, and finished with straight the card, printed with pen and ink, The one illustrated is most graceful and cuffs.

The lining is smoothly fitted and closes at the centre front. The chemisette is arranged over it, and can be rendered transparent by cutting away beneath when that offect is desired. The waist itself is full, shirred to give the band effect. The sleeves are pe culiarly graceful and shirred to form three puffs, but can be varied by being left without the shirrings, forming single puffs. At the waist is a shaped The quantity of material required for the medium size is five and threefourth yards twenty-one, five yards twenty-seven, or three and one-fourth

was a startling variety of ples. The quantity of material required for

He liked ples, and here were custard

binations. As shown, the material is the medium size is four yards twenty-

lemon, squash, rhubarb, Washington chocolate, mince, apple and berry ples, and several other varieties. He called

icle.

the waitress to him. "Please get me some rhubarb ple," said he.

"I'm afraid we haven't got any rhubarb pie," she drawled. He took another glance at the list. Well, get me some squash ple, please." "We haven't got that, either." "Berry pie?"

"No." "Lemon ple?"

"No." "Chocolate pie?"

"I'm sorry, we-

"Well, what on earth are they all written down here for? On to-day's bill of fare, too!" "Well, I'll tell you," said the girl,

"That list is always apolgetically. written down there for show when we have mince pie, because when we have mince pie no one asks for anything else."-Youth's Companion.

### Kept the Rough Rider at Home.

J. H. Mizner, who resides here, was ne of President, Roosevelt's famous Among the very latest creations are seven, or two and one-eighth yards for Rough Riders. Two years ago, when the President visited Vallejo and Mare Island, Mizner was one of the four Rough Rider aides to the President. He sent the following telegram to the President on inauguration day: "Sorry cannot be with you; children

teething. Congratulations." Since the President was here Mizner became the happy father of twin boys, and the President is aware of this fact. which gave him much pleasure. The President wired his thanks for the kind ongratulations of his former Rough

5 85
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5 85
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4 15
3 50Prime heavy hogs. Prime medium weights Best heavy jorkers and medium... Good pigs and lightyorkers Pigs, common to good Houghs STAGE

enerp.		
Extra. Good to choice	5 00 4 80 4 40 2 50 5 59	04440
Calves.		

Veal, extra Veal, good to choice. Veal, common heavy

PERSONAL GOSSIP.

Glacomo Caponi dean of the foreign correspondents at Paris, has just retired. He served the Tribuua, of Rome, there for many years.

James McCardle, of Jamaica Plain, Mass., 100 years old, has since 1852 been drawing a pension as a British soldier at sixpence a day.

The Lokal Anzeiger says that the Czarowitz has been ill, and that a specialist, in children's diseases was summoned to attend him at Tsarskoe-

Archbishop Mesmer, of Milwaukee, Wis., has had to ask police protection against the importunities of beggars, following an article in a local news-paper telling of his liberality as a

Albert Midiane, author of that popular hymn, "There's a Friend For Little Children," and about a hundred other hymns, is still living at Newport, Isle of Wight. He recently celebrated his eightieth birthday.

Booker Washington, Jr., the eldest son of Booker T. Washington, has filed an application for appointment as paymaster in the army. The applicant is now a student at the Massachusetts Institute of Technology.

Francis J. Killeny, private secretary of Controller of the Currency Ridgeley, landed in New York from Ireland al most penniless on July 4, twelve years ago, and is now one of the most popular of Government employes.

F. M. Cockrell, Jr., son of ex-Senator Cockrell, is the inventor of a sugar cane cutter that promises to revolution ize the sugar planting industry of the South, and at the same time to make its inventor a millionaire.

Henry Walters, the art collector, has announced plans for his new art gal-lery in the most aristocratic part of Baltimore, Md., and when complete the building and the art works will ib-is said represent a value of \$5,000,

Silk Softness. Adjusting Veils. Never were Liberty weaves more fascinating. Even the erstwhile ordinary summer silks have become exquisitely soft and satiny. The crepe weaves are that wells to match the general color of extraordinary richness.

A Charming Parasol

lace gowns trimmed with velvet. A ty-four inches wide.

A charming pink parasol had a foundation of flowered Pompadour silk, the lower part being composed of white chiffon and lace with little disks of the Pompadour silk applied.

Lace Gowns.

It is hard to tell how veils are to be adjusted over so much hair and such impossible hats, but we are informed scheme are among the essentials of good dressing.

A Simple Gown.

A very simple gown of mignonette green louisine, a very soft and clinging fabric, had a skirt shirred in a deep dip

Rider, and said that the excuse for yoke, the shirring heavily corded. son-attendance was good .-- Vallejo Correspondence, Sacramento Bee.



beit.