

# Dyspepsia of Women

ABSOLUTELY NEEDLESS AGONY  
Caused by Uterine Disorders and Cured by Lydia E. Pinkham's Vegetable Compound



Mrs. Pinkham claims that there is a kind of dyspepsia that is caused by a derangement of the female organism, and which, while it causes a disturbance similar to ordinary indigestion, cannot be relieved without a medicine which not only acts as a stomach tonic, but has peculiar uterine-tonic effects also.

As proof of this theory we call attention to the case of Mrs. Maggie Wright, Brooklyn, N. Y., who was completely cured by Lydia E. Pinkham's Vegetable Compound after everything else had failed. She writes:

"For two years I suffered with dyspepsia which so degenerated my entire system that I was unable to attend to my daily duties. I felt weak and nervous, and nothing that I ate tasted good and it caused a disturbance in my stomach. I tried different dyspepsia cures, but nothing seemed to help me. I was advised to give Lydia E. Pinkham's Vegetable Compound a trial, and was happily surprised to find that it acted like a fine tonic, and in a few days I began to enjoy and properly digest my food. My recovery was rapid, and in five weeks I was a well woman. I have recommended it to many suffering women."

No other medicine in the world has received such widespread and unqualified endorsement, or has such a record of cures of female troubles, as has Lydia E. Pinkham's Vegetable Compound.

### Advantages of Japanese.

The advantages of the Japanese are similar to those of Napoleon. They do not drink, and are fitted against hard drinkers; have the driving force of enthusiasm on their side, enthusiasm for their ancient country and their new institutions, and their national independence and their personal freedom.—London Truth.

### FITS permanently cured.

Notits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer, 2 trial bottles and treatise free. Dr. R. H. KLINE, Ltd., 331 Arch St., Phila., Pa.

There are no less than 540 agricultural societies scattered over Serbia.

### Mrs. Winslow's Soothing Syrup

for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, etc. A bottle.

Asparagus is said to be the oldest plant used for food.

### Piso's Cure for Consumption

is an infallible medicine for coughs, etc.—N. W. SAKTEL, Ocean Grove, N. J., Feb. 17, 1900.

Immigration into Canada is increasing rapidly.

### Our Pig Iron Production.

The pig iron produced in the United States in one year would make a column twice the height and size of the Eiffel Tower. The iron and steel mills, if made into one rail, would be 81 feet wide at the base, six feet high, and a mile and a fifth long. The coke used in blast furnaces would form a column 400 feet square and 6,500 feet high, and the limestone used would make a column 200 feet square and 5,500 feet high.—Success.

### Twin Marvels of Amiens.

The death of Jules Verne should strike with a sense of personal bereavement all boys who read and all men in whom the romantic imagination of boyhood has not yet perished. He was a prophet with honor in his own country; for he and the famous cathedral of Amiens were the twin marvels of the provincial.—New York Evening Post.

### Telephones in Iowa.

Iowa still holds the lead in respect to the number of country telephones. That fact is regarded by Iowa people as a fair measure of the prosperity of their state, and it certainly is an indication of general well-being.—New York Tribune.

**A Marvel of Relief**

# St. Jacobs Oil

Safe and sure for

## Lumbago

and

## Sciatica

It is the specific virtue of penetration in this remedy that carries it right to the pain spot and effects a prompt cure.

### How Salmon Are Hatched.

The Oregon state fisheries exhibit, which will be located at the north end of the forestry building at the Lewis and Clark Exposition, Portland, Ore., will be one of the most interesting to eastern people visiting the fair. The exhibit will show the methods of hatching salmon, the chief resource of Oregon, and there will be many specimens of the "lordly chinook," the king of fresh water fishes. Some of the largest fish of the spring catch, weighing 85 or 90 pounds, and measuring 5 1/2 to 6 feet long, will be preserved in the formaldehyde in inverted glass jars made especially for the purpose. The exhibit will be the finest of its kind ever displayed at an exposition.—Recreation.

### A Heavy Fine.

Under the Elkins law any railroad company which pays rebates in any form, or any shipper who accepts them, is liable to a fine from \$1000 to \$20,000 upon conviction. It also prohibits the carrying of freight at less than the published tariffs. The Interstate Commerce Commission is empowered to detect and prosecute violators of this statute. President Knapp, of the commission, stated that since this law was passed rebate paying has been as rare as forgery.

### Beating of Dead Hearts.

Hearts of cold-blooded animals will beat for a comparatively long time after death or removal from the body (if kept cool and moist), because of powerful lateral collections of nerves, known as ganglia, whose automatic impulses cause the regular contractions of the muscles. Similar ganglia exist in man and other warm-blooded animals, but their action is less prolonged. Scientists have asserted that a turtle's heart will beat after removal, if put on a piece of glass, kept cool and moist, and covered with a bell-jar. I believe it has been known to beat 36 or even 48 hours; 12 or 14 hours is a common record.—St. Nicholas.

### Wealth of Oklahoma.

Oklahoma is composed of 26 counties, with an annual production exceeding \$100,000,000 in value, with 8,561,845 acres of farm lands; with \$90,600,073 worth of taxable property (an increase of \$6,474,601 during the last year); with 2,222.75 miles of railway; with property to the assessed value of which is \$11,109,667; with 67 flouring mills having a daily capacity of 11,665 barrels, with 280 grain elevators having a capacity of 3,525,000 bushels; with 326 banks carrying deposits aggregating \$18,384,213.84; with school buildings exceeding \$5,000,000 in value; and all this has been accomplished within 15 years.—Chicago Journal.

### Valuable Books.

Last December an old man known as M. Henri died in the Rue de Paray, Paris. He was known to possess private means, but that they were meager was indicated by his shabbiness and the fact that he lived alone in a single room. When a search of M. Henri's room was made after his death nothing more valuable was found than two shelves of dingy-looking books, which were sold, with his few sticks of furniture, to pay his funeral expenses. When, however, the buyer of the books examined his purchase he discovered two volumes of rare value—absolutely unique—for every page of them, \$20 in all, was a £5 note of the Bank of England.

### NO TONGUE CAN TELL.

#### How I Suffered With Itching and Bleeding Eczema Until Cured by Cuticura.

"No tongue can tell how I suffered for five years with a terribly painful, itching and bleeding eczema, my body and face being covered with sores. Never in my life did I experience such awful suffering, and I longed for death, which I felt was near. I had tried doctors and medicines without success, but my mother insisted that I try Cuticura Soap, and one application of Cuticura Ointment, and was soon entirely well. (Signed) Mrs. A. Eason, Bellevue, Mich."

### Another Jap Victory.

K. E. Inui, the versatile Japanese student of the University of Michigan, has won another victory by his selection as one of the six men eligible to the final trial for the championship of the university and the resulting appointment as representative of Michigan in the Northern Oratorical League.

### French Printing Trade Exhibition.

Following British precedent of 1904, an international exhibition of printing, papermaking, journalism, engraving and all graphic arts is to be held in Paris in 1906. It is to be the largest show of the kind ever held. Paper manufacturing and wood pulp making will, it is stated, be shown in operation.

### How's This!

We offer One Hundred Dollars Reward for anyone of Cuticura that cannot be cured by Hall's Catarrh Cure.

J. J. CREESE & Co., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations made by him. We are

W. & T. ALEXAN, Wholesale Druggists, Toledo, O.

WALKING, BARNER & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 50c per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

### A Nickle's Worth of Jumps.

"A small boy came into my store the other day," remarked the druggist, "and asked for five cents' worth of 'jumps.' Now what do you suppose he wanted?"

When everybody gave it up the druggist told them what the boy had been sent for was hops.—New York Press.

Commercial schools form an integral part of the educational system in Germany.

# GOOD ROADS.

### How Good Roads Pay.

In an article in the Bulletin of the American Geographical Society there is a discussion by A. P. Brigham of "Good Roads in the United States." In which the estimated handicap of the people of Maryland due to bad roads is \$3,000,000 a year. On dirt roads the cost of transporting a ton a mile is twenty-five cents, while on railways it is three-fourths of a cent or less. By water the rate varies from one-fourth to one-fifth of a cent. The ocean rate is one-fifth of the canal route, one-fifteenth of the railway rate and one-five-hundredth of the country road rate.

Railway rates improve, but dirt road rates never do, says the Baltimore Sun. In 1880, for example, the cost ten miles on the New York Central Railway was 2.4 cents, while in 1893 the cost was only seven-tenths of a cent, showing a large deduction; but the preliminary haul to the railway station over a dirt road costs as much as ever. By making a good road for the farmer the State may reduce the cost per ton mile of hauling freight from twenty-five cents to eight cents, thus saving the farmer seventeen cents per mile.

In New Jersey it is found that on improved roads a team hauls four or five tons, against one ton on an unimproved road. At \$3 a day for man and team this means a saving of from \$9 to \$12 for a ten-mile haul. Good roads justify long distance hauling by team, which is worth while in the case of perishable produce and furniture likely to be injured by the delays and rough handling of the railways.

### Matrimony and Hygiene.

A scientific gentleman interested in the progress of the race has just suggested that a bride produce to the bridegroom a health certificate, and vice versa. On purely reasonable grounds there may be something to be said for this, but the romantic character of a proposal "subject, my darling, to your producing a clean bill of health," is worth a passing smile. One does not envy the medical man—a public official, it is understood—who will have the duty of telling an impassioned Romeo that his digestive arrangements are inadequate for matrimony.

### Church Steeples Barbarous.

The Rev. Dr. Forbes, secretary of the Board of Church Extension of the Methodist Episcopal Church, has recently spoken as follows: "Steeple is relics of barbarism, and were used to point to heaven when it was thought the world was flat. Now that it is known that the world is round, they point the wrong way, and should be demolished. There is enough money wasted in church steeples to pay the debts of the entire country. Pastors should get rid of their bells and chimes and use the money spent for these articles to supply Sunday schools with libraries."

### Reared Among Indians.

Senator Menefee of the Oklahoma Legislature spent most of his boyhood days among Indians. His father died when he was 18 years old, and the child was adopted by Fastrunner, a chief of the Caddos, with whom he lived for about seven years. In that time he became one of the most expert bareback riders in the Wichita mountain country.

### Milk Saloons of Warsaw.

The town of Warsaw may be called the milk producers' Eden, although the milk consumers' Eden it certainly is not. There is probably nowhere such a "milk town" as this. Restaurants are but little frequented. On the other hand, the public frequent the dairies in great number, to chat with friends or read the newspapers, to the accompaniment of a black or white coffee or a glass of cold or warm milk. To close a bargain or to talk business, the milk saloon is resorted to; chess and billiards are likewise to be played in these recognized places of public resort. But, in spite of this enormous consumption of milk, the supply is most wretched; in fact, it is indescribably bad.—Chicago Journal.

### Working for Wide Tires.

The Bureau of Road Inquiry of the United States Government has been making a study of the width of tires prescribed by local and national authorities in various parts of the world. In France every freighting and market cart, instead of injuring the highway, improves it. Many of the tires are ten inches wide. In the four-wheeled vehicles in that country the rear axle is fourteen inches longer than the fore, and as a result the rear wheels run in a line about an inch outside the level rolled by the front wheel. After a few loaded wagons have passed over a road the highway looks as if a steam roller had been at work. A national law in Germany prescribes that wagons heavily loaded must have tires not less than four inches wide. In Austria the minimum for similar vehicles is six and one-half inches; in Switzerland, six inches.

### HONEST CONFESSION.

#### A Doctor's Talk on Food.

There are no fairer set of men on earth than the doctors, and when they find they have been in error they are usually apt to make honest and manly confession of the fact.

A case in point is that of an eminent practitioner, one of the good old school, who lives in Texas. His plain, unvarnished tale needs no dressing up:

"I had always had an intense prejudice, which I can now see was unwarrantable and unreasonable, against all much advertised foods. Hence, I never read a line of the many 'ads.' of Grape-Nuts, nor tested the food till last winter.

"While in Corpus Christi for my health, and visiting my youngest son, who has four of the ruddiest, healthiest little boys I ever saw, I ate my first dish of Grape-Nuts food for supper with my little grandsons. I became exceedingly fond of it and have eaten a package of it every week since, and find it a delicious, refreshing and strengthening food, leaving no ill effects whatever, causing no eruptions (with which I was formerly much troubled), no sense of fullness, nausea, nor distress of stomach in any way.

"There is no other food that agrees with me so well, or sits as lightly or pleasantly upon my stomach as this does. I am stronger and more active since I began the use of Grape-Nuts than I have been for ten years, and am no longer troubled with nausea and indigestion." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Look in each pkg. for the famous little book, "The Road to Wellville."

# ALL BROKEN DOWN.

No Sleep—No Appetite—Just a Continual Backache.

Joseph McCauley, of 144 Sholto street, Chicago, Sachem of Tecumseh Lodge, says: "Two years ago my health was completely broken down. My back ached and was so lame that at times I was hardly able to dress myself. I lost my appetite and was unable to sleep. There seemed to be no relief until I took Doan's Kidney Pills. Four boxes of this remedy effected a complete and permanent cure. If suffering humanity knew the value of Doan's Kidney Pills they would use nothing else, as it is the only positive cure I know."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y.

### Mystical Numbers.

The philosophy of Pythagoras was founded on numbers, and the so-called mystical numbers have always interested thinkers. Nine, for instance, is one of them. A cat is said to have nine lives. There are nine crowns in heraldry; possession is "nine points of the law." The whip for punishing evil-doers has nine tails, the idea being that flogging by a trinity of trinites is more efficacious. The hydras have nine heads. Leases are for 99 and 999 years. The angels were cast out of heaven, and nine days they fell. There would seem to be some mystical charm in the number nine, else it would not be mentioned in so many curious connections. At least it is pleasant to imagine so.—Boston Globe.

### ENGLISH GARDENS.

There is a fundamental difference between the English and the American garden, writes Professor L. H. Bailey in the Garden Magazine. The Englishman's garden is well nigh as essential as his house. It is like an extra room to the residence. It is for the family rather than for the public. It therefore works itself into the developing consciousness of children, the garden love becomes as much a part of the person as books and furniture and music do. An English teacher recently inspected the study work at Cornell University. "What surprises me," she said, "is that you need to do such work. The English child loves nature as if by instinct. The American garden is likely to be all in front yard. It is usually of the look-me kind. It is made for the public to see. This may contribute to public spirit and civic betterment, but loses its originality and vitality.

### GROWING BULBS.

A method of growing bulbs in any pretty dish that may be chosen without drainage of any kind will be welcomed by most housekeepers. This can be done, says an authority, by using fibre instead of earth. Many seedsmen sell fibre for the purpose, and escon fibre refuse may be used. The fibre should be soaked in water a couple of days. Then a few pieces of charcoal should be put in the bottom of the vase or bowl to absorb any impurities that may arise, and on the top of this should be two or three inches of fibre. Upon the fibre the bulbs are placed closely enough so as just to touch one another, and finally the vessel is filled nearly to the rim with fibre and gently pressed down. The bulbs are now set in a cool, airy place away from the frost, and kept fairly moist, but not overmoist. When they show an inch of growth they are brought out into more light and air.

### GRAPE CUTTINGS.

To propagate grapes from cuttings, the cuttings should be made in the fall, from wood of that season's growth, and packed away in sand (some prefer dust) and kept in a cool place through the winter. Best cuttings may be made now from last year's growth, and put at once in the ground, with reasonable prospects of success. The cuttings should be about eight inches long, and should have not less than three joints. Cut off close to the lower joint, but leave about an inch of stem above the upper joint. Insert the cutting in the ground, perpendicularly or at any angle desired, leaving the top bud about an inch above the surface. Be sure that the soil is carefully packed tight to the cutting below the surface. The ground above the cutting must not dry out, and if the place where it is inserted is quite sandy favorable results are more certain.

### THE GARDEN FENCE.

If you must have a garden fence, let me offer a suggestion, says a writer in the Garden Magazine. Make a fence of louest posts, on which stretch one-inch mesh chicken wire. There may be a top and bottom rail, or not. It will furnish you a first class pea, bean and tomato trellis, and should a part be too chancy for vegetables, plant wild cucumber or morning glory, which will cover their own seed year after year and be no trouble to you, but, instead, a joy forever; or the entire fence may be made a thing of beauty by covering it with sweet pea or nasturtium. When the peas and beans or tomatoes reach the top of the fence, which should be four feet, I think, cut the top off and force the strength into the fruit. We use a combination of flowers and berries for the garden's division lines. Instead of a fence, currants, gooseberries, blackberry, and even the low growing strawberry being utilized, and our friends at least always speak of the nest, well kept appearance of our little garden plot.

# POTICULTURAL PAINTS.

### SPRAYING FRUIT TREES.

It is impossible to have first class vegetables and fruit without spraying, says the Garden Magazine. Most people are afraid of the subject, because they think they must learn all about the insects and a lot of hard Latin names. It is not necessary to get expensive apparatus. Four dollars will buy an excellent pump and hose suitable for home use. This outfit consists of a portable, double acting force pump, attached to a hand bucket, with hose and nozzle for spraying.

### CHERRY TREES FOR SHADE.

It has been repeatedly urged that fruit trees should be set out on various parts of the farm. But this plan has not been followed for various reasons; a great many farmers who plant trees for shade for stock, plant those which bear no fruit. Although they make an excellent shade I think it would be much better to combine the two good qualities and so benefit both man and beast. I have planted a number of cherry trees, which will grow to good size and bear excellent fruit. This kind of fruit does not fall off, will not injure stock and is always marketable. A cherry tree will grow fast and generally live to a good age. Their foliage being very dense they afford excellent shade. It costs little more to raise these than forest trees, the only difference being in the original cost, but it will be repaid in the fruit.—Louis Campbell, in The Epitomist.

### MISS JULIA MARLOWE.

Hearty Approves of Peruna For the Nerves.

In a recent letter to The Peruna Medicine Co., Miss Julia Marlowe, of New York City, writes the following:

"I am glad to write my endorsement of the great remedy, Peruna, as a nerve tonic. I do so most heartily."—Julia Marlowe.

Nervousness is very common among women. This condition is due to anemic nerve centres. The nerve centres are the reservoirs of nervous vitality. These centres become bloodless for want of proper nutrition.

This is especially true in the spring season. Every spring a host of invalids are produced as the direct result of weak nerves.

This can be easily alleviated by using Peruna. Peruna strikes at the root of the difficulty by correcting the digestion. Digestion furnishes nutrition for the nerve centres. Properly digested food furnishes these reservoirs of life with vitality which leads to strong, steady nerves and thus nourishes life.

Peruna is in great favor among women, especially those who have vocations that are trying to the nerves.

Buy a bottle of Peruna today. If you do not receive all the benefits from Peruna that you expect, write to Dr. S. B. Hartman, Columbus, Ohio.

# QUEEN OF ACTRESSES PRAISES PE-RU



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# Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

### What About the United Judgment of Millions

of housekeepers who have used LION COFFEE for over a quarter of a century?

Is there any stronger proof of merit, than the

### Confidence of the People

and ever increasing popularity? LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages—unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package.

Save these Lion-heads for valuable premiums.

## SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

# 32 YEARS SELLING DIRECT

We are the largest manufacturers of vehicles and harness in the world selling to consumers exclusively.

We have No Agents but ship anywhere for examination and approval, guaranteeing safe delivery. You are not satisfied as to style, quality and price. We make 200 styles of vehicles and 60 styles of harness.

Our large Catalogue is FREE. Send for it.

Elkhart Carriage & Harness Mfg. Co., Elkhart, Indiana.

# WORMS

Archbishop Messmer of Milwaukee has been forced to ask police protection against the importunities of beggars. Not long ago some mention was made in the papers of a few of his deeds of charity.

# THE FISH BRAND SLICKER

## A VALUED FRIEND

"A good many years ago I bought a FISH BRAND Slicker, and it has proven a valued friend for many a stormy day, but now it is getting old and I must have another. Please send me a price-list."

(The name of this weather doctor, uttered by me in all sorts of weather, will be given on application.)

HIGHEST AWARDED WORLD'S FAIR, 1904.

A. J. TOWER CO., TOWERS COMPANY CANADIAN COMPANY, Limited, Toronto, Canada.

Wet Weather Clothing, Suits, and Hats for all kinds of wet work or sport.

# MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Croup, Whooping Cough, and Croupy Croup. The Break-up of Colic, Hiccups, and Indigestion.

12 1/2 boxes, 25c each. 25c each. 50c each. 1.00 each. 2.00 each. 5.00 each. 10.00 each.

A. S. OLMSTED, Le Roy, N. Y.

# PISO'S CURE FOR CONSUMPTION

25 CENTS

P. N. U. 10, 1905.

It's useless with weak eyes. Thompson's Eye Water