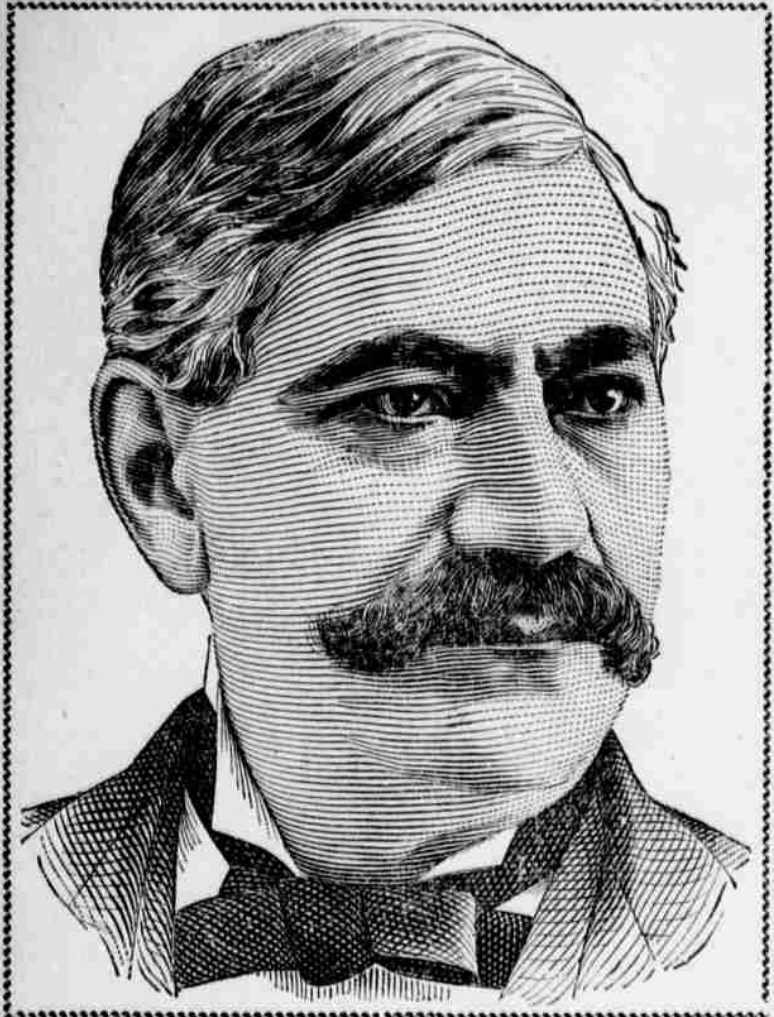


# HAD CATARRH THIRTY YEARS

## Congressman Meekison Gives Praise to Pe-ru-na For His Recovery.



**CONGRESSMAN MEEKISON PRAISES PE-RU-NA.**  
Hon. David Meekison, Napoleon, Ohio, ex-member of Congress, Fifty-fifth District, writes:

"I have used several bottles of Peru-na and I feel greatly benefited thereby from my catarrh of the head. I feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."—David Meekison.

**ANOTHER SENSATIONAL CURE:** Mr. Jacob L. Davis, Galena, Stone County, Mo., writes: "I have been in bad health for thirty-seven years, and after taking twelve bottles of your Peru-na I am cured."—Jacob L. Davis.

If you do not derive prompt and satisfactory results from the use of Peru-na, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

**WHAT'S THE USE OF SAYING "GIVE ME A 5-CENT CIGAR," WHEN BY ASKING FOR A :**

# "CREMO"

YOU GET THE BEST 5-CENT CIGAR IN AMERICA

"The World's Largest Seller"

# Biliousness

"I have used your valuable Cascarets and find them perfect. Couldn't do without them. I have used them for some time for indigestion and biliousness and am now completely cured. Recommend them to everyone. Never fail to try them, you will never be without them in the family."

Edward A. Marx, Albany, N. Y.

Best for the Bowels

# Cascarets

THEY WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens or Grips. Sold in bulk. The genuine tablet stamped C. C. C. Guaranteed to cure or money refunded.

Sterling Remedy Co., Chicago or N. Y.

**ANNUAL SALE, TEN MILLION BOXES**

**10,000 Plants for 16c.**

More gardens and farms are planted to the plants of the John A. Salzer Seed Co. than any other seed company in America. There is reason for this. We own over 500 acres for the production of our warrented seeds. In order to induce you to try them, we will make you the following unprecedented offer:

**For 16 Cents Postpaid**  
1000 Early, Medium and Late Cabbages,  
1000 The Best Tomatoes,  
1000 Blue Wonder Peppers,  
1000 Small Fruit, etc., all for \$1.00 in stamps and 16c in cash.

Above seven packages contain sufficient seed to grow 500 plants. The following bushels of Brilliant Growers and lots of choice vegetables, together with our great catalog, will be sent you for the same amount.

**JOHN A. SALZER SEED CO.,**  
S. L. La Crosse, Wis.

**THE BEST AND BEST INSTITUTION FOR OBTAINING A BUSINESS EDUCATION. WE HAVE SUCCESSFUL PREPARED TEACHERS OF TRADE AND FOR THE ACTIVE DUTIES OF LIFE.**

FOR CIRCULARS ADDRESS, P. DUFF  
A. BONE, PITTSBURGH, PA.

**PENSION** On age at 65—Civil War, or on disability, any war, and for widows. Have records of most loyal soldiers' services—100 ages of Ohio men, 50 years practice. Laws and advice FREE. A. W. McC. Graham & Sons, 512 Walnut St., Cincinnati, O.

**PISO'S CURE FOR**  
ALL THE ILLS OF  
THE URINARY TRACT  
Is simple. Sold by druggists.

# FARMER'S FIELD AND GARDEN

**Weather Proof Roof Wash.**

A good durable preparation for protection against the weather, of roofs and even the sides of buildings is as follows: Slack lime in a close box to prevent the escape of steam and when thoroughly slacked pass it through a sieve. To every six quarts of this lime add one quart of rock salt and one gallon of water; then boil and skim clean. To every five gallons of this liquid add, by slow degrees, stirring constantly, three quarters of a pound of potash and four quarts of fine sand. Coloring matter may be added if desired and it may be applied with a flat brush of any kind. It will stop leaks in roofs if applied as thick as it will spread evenly, and allowed to dry firmly.—E. R. Beach, in The Epitomist.

**Preventing Milk Fever.**

John Gilbert, an experienced English dairyman, takes the ground that prevention of milk fever in cows is better than a cure, even if a cure can be effected through the simple air treatment with a bicycle pump. He handles large numbers of incoming cows, yet he has not had a case of milk fever in the last 12 years, says the Maine Farmer. His preventive treatment is as follows:

Every cow coming in with her third calf or over shall be liberally fed on usual keep, according to time of year; in winter she shall be kept in a box (goose) when expected to calve. She shall have one or two pints best linseed oil a day or so before calving, and again 12 hours after calving; bran mash an hour or so after calving, and bran mash, with chaff and hay, for two days. The cow and calf shall be loose, but the cow shall not be milked for at least 48 hours after calving. In the case of a dead or weakly calf, about a quart may be milked four times in 24 hours.

"And this is the whole secret. To many it may seem unnatural, but a heavy milking cow is an unnatural animal and is not natural to take from a cow just calved what the calf would not take until a month old? The strain on the system in replenishing the milk supply is, I think, the sole cause of milk fever, together with the neglected state of the bowels."

**Benefits of Irrigation.**

In recent years the subject of irrigation has been one of frequent discussion, and public sentiment is rapidly developing in favor of this method of increasing crop production. The enthusiasm of President Roosevelt in the subject has had great influence in carrying favor to the system, and this sentiment will undoubtedly result in liberal appropriations by congress in aid of it. The farmers of the country have been in the past opposed to government action and support of irrigation, but since it has become the policy of those promoting this legislation to only call upon the government to capitalize the scheme, selling water rights to land owners the same as other public utilities are utilized, much of the former objection has been removed. Of course on the basis of bringing non-productive lands into producing lands there is some ground for the objection of farmers in the increased competition such products would bring to their own products, but this is not a very broad view of the matter and can hardly be sustained when the water rights are sold and not given by the government.

In a late issue of the Scientific American a writer gives a very graphic description of what can be accomplished in the so-called desert lands of the southwest when water is introduced through irrigation canals. In the case in question a portion of the Colorado valley, located largely in San Diego county in southern California, previous to irrigation in 1900, would not support a single blade of grass. Today connection has been made with the Colorado river so that water is available, and already 150,000 acres of valuable land has been reclaimed. During the next two or three years it is expected that fully another 100,000 acres will be added to the land that has already been diverted from a condition that was worse than a useless waste and turned to the benefit of man. This land that has been reclaimed in the Colorado valley produces all of the leading cereals, including wheat, corn, barley and, in addition to these, immense quantities of sorghum and alfalfa. That the lands now under cultivation in this section are already producing crops to the value of \$60 to \$75 per acre is evidence that there is merit in irrigation.

In the southwestern portion of the United States the government has some 120,000,000 acres under consideration for irrigation purposes. It is believed that the great bulk of this land can be entirely reclaimed and turned into valuable farms. Those who have studied these desert lands agree generally that all that is necessary to grow heavy crops is water. The soil contains all of the necessary elements, but, owing to the plants' absolute dependence upon water, can do nothing. Irrigation provides the needed factor, as the lands that were once as bare as the desert are made to germinate seed and yield crops in such a degree of perfection that they at once become of the greatest value as farming lands.—Mirror and Farmer.

**Weeds as Benefactors.**

The opinion once prevailed everywhere and now prevails in some places that weeds are an unmixled evil. It was assumed that if the weeds were not in the soil the latter would remain moist and mellow and ready to respond to the slightest touch of the hoe. By long experience we have learned better. Land that has been covered with weeds is much easier to work than land that has been bare of all plant growth. It often happens that a piece of land will be cleared of vegetation and remain free of any plant for many years. The land in that condition is little fitted for the production of plants. It is in process of petrification. In our geological specimens we find samples of stones that were once clay and less tenacious earths and were first hardened by baking in the sun and drying in the wind. If it were not for the weeds a large part of our land would long since have become at least partly petrified.

The field to be avoided and the farm to be avoided in purchasing is that field or farm that bears nothing, though the soil may appear of the best. A weed-covered farm is one that has a soil that is suitable for the growing of many kinds of farm produce. Sometimes the owner of a weedy farm will dispose of it for that reason at a lower price than he otherwise would, and the buyer makes a bargain in securing it: It indeed takes a little time and much effort to get rid of the weeds, but the condition of the land is enough better to make up for it.

One of the most prominent agricultural professors in the state of New York some years ago purchased a 200-acre farm at a reduced cost because it was covered with weeds. He smiled when he told of his venture, and said that the weeds were just what he wanted. He would turn them under and they would help increase the humus of the soil.

Land that has been protected with weeds is generally richer in nitrogen, than land that has not been so protected. The bacteria that go on in the making of nitrogenous compounds that can be taken up by the roots of the plants to work in. For this reason the soil under the sidewalks and under barns is frequently much richer in nitrogen than is the soil not so protected. The tall weeds give a good deal of protection from both the sun and wind.

**RESTORED TO HEALTH.**

Did you ever realize the perfect happiness which comes upon going out into the bright sunshine upon a beautiful morning after recovering from a long sickness?

Do you wish to be cured?

Do you thin and pale? Are you subject to CATARRH, ANTHRA, or DEAFNESS? Are you forced to endure pain or distress, or to these terrible complaints. I have a new and reliable remedy, DO NOT DESPAIR, consult me and I can positively and surely cure you by methods discovered by myself, known only to me.

Write your name and address plainly on the dotted lines in the Free Medical Advice Coupon, cut it out and mail it to me at once. DR. BRIGHAM, Disease Expert and Bacteriologist, P. O. Box 284, Boston, Mass.

Name.....  
Address.....

**Positive, Comparative, Superlative**

"I have used one of your Fish Brand Glucers for five years and now want a new one, also one for a friend. I would not be without one for twice the cost. They are just as far ahead of a common coat as a common one is ahead of nothing."

(NAME ON APPLICATION)

Be sure you don't get one of the common kind—this is the mark of excellence.

**A. J. TOWER CO.,**  
BOSTON, U. S. A.

**TOWER CANADIAN CO., LIMITED**  
TORONTO, CANADA

Makers of Wet Weather Clothing and Hats

**30, 40 & 50 Per Cent. Paid HONEST and WIDE-AWAKE AGENTS for selling our Fruit & Ornamental Trees Small Fruits, Shrubs, Roses and Vines. Business established over 100 years. Most accompany application.**

**THE H. H. BARMAN CO., Geneva, N. Y.**

**Plant Food in Farm Products.**

Not long ago a farmer said to the writer that he was disgusted with the professors of the agricultural colleges were wont to make to the audiences they addressed. "Why," said he, "there was a professor down in our locality and he had charts to prove that the manural value taken from the land in a crop of clover was worth about as much as the clover, and we were left to infer that it would pay

**TORTURING PAIN.**

**Halt This Man's Sufferings Would Have Killed Many a Person, But Doan's Kidney Pills Cured Him.**

A. C. Sprague, stock dealer, of Normal, Ill., writes: "For two whole years I was doing nothing but buying medicines to cure my kidneys. I do not think that any man ever suffered as I did and lived. The pain in my back was so bad that I could not sleep at night. I could not ride a horse, and sometimes I was unable even to ride in a car. My condition was critical when I sent for Doan's Kidney Pills. I used three boxes and they cured me. Now I can go anywhere and do as much as anybody. I sleep well and feel no discomfort at all."

**A TRIAL FREE—Address Postoffice Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cts.**

Telegraphing in Abyssinia is done under difficulties. The monkeys swing on the wires and the elephants use the poles for scratching posts.

**The First White House.**

The residence of Daniel Leake Curtis, first husband of Martha Washington, was called the White House. George Washington lived there for a short time after their marriage, and from it the White House at Washington was named.

**How's This?**

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by local catarrh cures.

J. C. GREENE & Co., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations made by their firm.

WEST & TRUX, Wholesale Druggists, Toledo, O.

WALDRON, HINMAN & MARTIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. It is a positive cure. Price, 75c. per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

**All Due Precautions Taken.**

Nervous Old Lady (on seventh floor of hotel)—"Do you know what precautions the proprietor of the hotel has taken against fire?"

"Porter—"Yes, sir; he has the place fireproofed for twice what it's worth."—Pittsburg Gazette.

**A Guaranteed Cure For Piles.**

Itching, Bleeding or Protruding Piles. Druggists will refund money if Pazo Ointment fails to cure in 10 to 14 days. 50c.

Freezing potholes is a par with cold comfort.

**Many School Children Are Sick.**

Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, break up colds in 24 hours, cure Feverishness, Constipation, Stomach Troubles, Teething Disorders and Destroy Worms. At all druggists. 25c. Sample mailed FREE. Address Allen S. Gimsted, Le Roy, N. Y.

The capital invested in the mineral water industry in Great Britain is \$75,000,000.

**American railways handle about \$12,000,000 worth of grain a year.**

**Salzer's Home Builder Corn.**

So named because 50 acres produced so heavily, that it produced a bushel a lovely home. See Salzer's catalog. Yielded in Ind. 157 bu., Ohio 169 bu., Tenn. 198 bu., and in Mich. 220 bu. per acre. You can beat this record in 1905.

**Poser For the Professor.**

A professor in an agricultural college had a hobby. He believed and preached on all occasions that the food of animals should be cooked, just like that of human beings. One day, while out driving in the country, he passed a farm the owner of which was standing in a pen near the road feeding a drove of swine generous quantities of corn in the ear. This caused the learned theorist to stop and forthwith hail the violator of his theory: "My friend, don't you know it is wrong to give those hogs feed that has not been cooked? Don't you know that if you would cook that grain before issuing it they would digest it in just one-half the time it takes them as it is now eaten?" "Well, stranger, suppose they would; I'd like to know what in the world is to a hog!"—New York Tribune.

There is an establishment in Brussels for teaching the lugubrious art of grave digging. It was founded by a cemetery company and was so successful that it received official approbation. All candidates for the post of sexton in Belgium must have been graduated at this unique academy.

**A New Element.**

What he calls "etanium" is supposed by Glial to be a new element existing in a strongly radio-active earth, consisting chiefly of lanthanum. On a zinc blende screen this earth gives flashes brighter than radium.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. 23 trial bottles sent free. Dr. R. H. KLINE, Ltd., 391 Arch St., Phila., Pa.

It takes three seconds for a message to go across the Atlantic.

**To Cure a Cold in One Day**

Take **Laxative Bromo Quinine Tablets.** All druggists refund money if it fails to cure. E. W. Grove's signature is on box. 25c.

It is a Parisian doctor who insists that love is the result of a hair-raise.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

In Germany only 413 out of 1000 males reach the age of fifty years.

Pier's Cure cannot be too highly spoken of for cough cure.—J. W. O'Brien, 322 Third Avenue, N. Minneapolis, Minn., Jan. 6, 1905.

The English language is spoken to-day by 152,000,000 of people.

Single eyeglasses are prohibited in the German army.

# Health of American Women

## A Subject Much Discussed at Women's Clubs—The Future of a Country Depends on the Health of Its Women.



At the New York State Assembly of Mothers, a prominent New York doctor told the 500 women present that healthy American women were so rare as to be almost extinct.

This seems to be a sweeping statement of the condition of American women. Yet how many do you know who are perfectly well and do not have some trouble arising from a derangement of the female organism which manifests itself in headaches, backaches, nervousness, that bearing-down feeling, painful or irregular menstruation, leucorrhoea, displacement of the uterus, ovarian trouble, indigestion or sleeplessness? There is a tried and true remedy for all these ailments. Lydia E. Pinkham's Vegetable Compound has restored more American women to health than all other remedies in the world. It regulates, strengthens and cures diseases of the female organism as nothing else can. For thirty years it has been curing the worst forms of female complaints.

Such testimony as the following should be convincing.

Mrs. T. C. Willadsen, of Manning, Ia., writes:

"Dear Mrs. Pinkham—  
"I can truly say that you have saved my life and I cannot express my gratitude to you in words. For two years I spent lots of money doctoring myself for any kind of menstrual irregularities and I had given up all hopes of ever being well again, but I was persuaded to try Lydia E. Pinkham's Vegetable Compound and three bottles have restored me to perfect health. Had it not been for you I would have been in my grave to-day."

**Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.**

Miss Mattie Henry, Vice-President of Danville Art Club, 429 Green Street, Danville, Va., writes:

"Dear Mrs. Pinkham—Many years' suffering with female weakness, inflammation and a broken down system made me more anxious to die than to live, but Lydia E. Pinkham's Vegetable Compound has restored my health and I am so grateful for it that I want every suffering woman to know what Lydia E. Pinkham's Vegetable Compound will do for her."

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating, or flatulency, general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other medicine in the world has received such unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any other medicine, for you need the best.

A light heart, a cheerful countenance, and all the charms of grace and beauty are dependent upon proper action of the bodily organs. You cannot look well unless you feel well.

Mrs. Pinkham invites all sick women to write her for advice. Her advice and medicine have restored thousands to health. Address, Lynn, Mass.

# Truths that Strike Home

Your grocer is honest and—if he cares to do so—can tell you that he knows very little about the **bulk** coffee he sells you. How can he know, where it originally came from, how it was blended—or with what—or when roasted? If you buy your coffee loose by the pound, how can you expect purity and uniform quality?

**LION COFFEE, the LEADER of ALL PACKAGE COFFEES, is of necessity uniform in quality, strength and flavor. For OVER A QUARTER of a CENTURY, LION COFFEE has been the standard coffee in millions of homes.**

LION COFFEE is carefully packed at our factories, and until opened in your home, has no chance of being adulterated, or of coming in contact with dust, dirt, germs, or unclean hands.

In each package of LION COFFEE you get one full pound of Pure Coffee. Insist upon getting the genuine (Lion head on every package.)

(Save the Lion-heads for valuable premiums.)

**SOLD BY GROCERS EVERYWHERE**  
WOOLSON SPICE CO., Toledo, Ohio.

**A Marvel of Relief**

# ST. JACOBS OIL

For Lumbago and Sciatica

The city of Cashel, county of Tipperary, was illuminated to celebrate the arrival of the first railroad train recently. A railway from Cashel to Dublin was authorized by parliament in 1844, but it has only just been built.