

# SUFFERED FROM CATARRH OF LUNGS SO COMMON IN WINTER. CURED BY PE-RU-NA.



A COLD ON THE LUNGS THREATENS TO BECOME SERIOUS.

Pe-ru-na Brings Speedy Relief.

Mrs. H. E. Adams, ex-President Palmetto Club of New Orleans, La., writes from 110 Gardfield Court, South Bend, Ind., as follows:

## A PLAIN TALK

On a Plain Subject in Plain Language.

The coming winter will cause at least one-half of the women to have catarrh, colds, coughs, pneumonia or consumption. Thousands of women will lose their lives and tens of thousands will acquire some chronic ailment from which they will never recover.

Unless you take the necessary precautions, the chances are that you (who read this) will be one of the unfortunate ones. Little or no risk need be run if Peruna is kept in the house and at the first appearance of any symptom of catarrh taken as directed on the bottle.

Peruna is a safeguard, a preventative, a specific, a cure for all cases of catarrh, acute and chronic, coughs, colds, consumption, etc.

For free medical advice, address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

KEEP PERUNA IN THE HOUSE.

### "From the cradle to the baby chair!"

## HAVE YOU A BABY?

If so, you ought to have a PHOENIX WALKING CHAIR.

"AN IDEAL SELF-INSTRUCTOR."  
OUR PHOENIX Walking Chair holds the child securely, prevents those painful falls and bumps which are so frequent when baby learns to walk.

"BETTER THAN A NURSE."  
The chair is provided with a removable, sanitary cloth seat, which supports the weight of the child and prevents bow-legs and spinal troubles; it also has a table attachment which enables baby to find amusement in its toys, etc., without any attention.

"As indispensable as a cradle."  
It is so constructed that it prevents soiled clothes, sickness from drafts and floor germs, and is recommended by physicians and endorsed by both mother and baby. Combines pleasure and utility. No baby should be without one. Call at your furniture dealer and ask to see one.

MANUFACTURED ONLY BY PHOENIX CHAIR CO., SHEBOYGAN, WIS.

Can only be had of your furniture dealer.

## LEARN TELEGRAPHY

IT PAYS. Operators in demand. Our prospectus tells you all about it. Exclusive territory. Write today.

THE MEREDITH COLLEGE, ZANESVILLE, O.

## TAKE CARE OF YOUR HAIR BY USING MONTGOMERY'S HAIR RESTORER

Promotes the growth. Restores its natural color. Prevents the falling. Preserves from dandruff. Used fifty years. Sold by all druggists. 25 c.

W. M. C. MONTGOMERY CO., 535 N. 8th Street, Philadelphia, Pa.

## PENSION JOHN W. MORRIS

Successfully Prosecutes Claims. 1775 to 1917. 15 cent stamp. 100 copies sent.

## DROPSY NEW DISCOVERY

Quik relief and cures worst cases. Send for booklet and 100 drops.

## PISSO'S CURE FOR GONorrhea

Best. Quick. Permanent. No return. 50 cents.

# ORCHARD and GARDEN

### The Cow and Calf.

We turn our cows into a box stall a week previous to their calving and change a liberal bed every day. If our calves show any disposition to white scours we doctor them at once. We have tried a half dozen remedies. We have lost a good many cows, and I believe the loss of calves in the United States by white scours is about \$4,000,000 per annum. So we made an object of raising calves, and wanted to find the best remedy for this disease, and we kept trying until we found this one to be good, and in about three out of four cases it is successful.

As soon as it is discovered that the calf has the scours, which will be soon after it is born, give it twenty drops of laudanum; in six hours give it twenty drops more, and if no relief is manifest at the end of twelve hours more give it forty drops, and in ten hours more you will have a dead calf or a live one, and in three cases out of four the calf recovers. This has been my experience for five years. We raise twenty calves per season.—George Campbell in the Massachusetts Ploughman.

### Gathering and Packing Eggs.

Eggs should be gathered every day in summer and often in winter, unless the henhouse is warm enough so that the eggs will not freeze and burst the shell. Put the eggs into a basket with the small end down until ready to pack in boxes for shipping, and keep in a cool room. Then pack in the box with the cardboard separators, with the small end down. They will keep fresh longer if packed in this way than if put into the boxes in a haphazard manner. The reason for this is found in the fact that the yolk cannot settle to the shell when the small end is put down and the air cannot strike the yolk as long as it does not touch the shell. When eggs bring a good price it is better to sell the eggs than to raise chickens to sell, for the profit is good and there is not so great an outlay. By all means raise chickens when eggs do not bring a very good price. Among the most prolific layers will be found the Black Spanish, the Black, White and Brown Leghorns, Poland, Hamburg, Creve Coeur and La Fleche which are larger than Black Spanish but somewhat similar to them.—Cecil Abel Todd in the Epitomis.

### Packing the Soil.

Thoughtlessness and over-anxiety to plant early in the season has led many farmers into the injurious practice of plowing so early that the furrow slices glisten in the sun and when a handful of the upturned soil can be compressed in the palm of the hand like putty. In this way very good clay uplands are so badly injured in a single season that years of clover seeding are needed to restore their friability and value for cultivation. Trampling land by stock in winter is a practice far too common. It is the custom of some farmers to allow their stock to range over the fields as soon as the latest crops are gathered, and even during winter without regard to the condition of the ground, whether it is water-soaked or not. There is no practice more general and none which destroys the very life of the land more quickly than packing clay soil when it is wet, converting it into a cement-like substance with its fertilizing elements rendered almost wholly inoperative. The grazing of animals in wet fields and plowing when the ground is too wet are practices almost universal among tenants, who are often careless and indifferent if not ignorant as to the result upon the land which is far more injurious than excessive cropping without fertilizing which is quite common throughout the western and southern states. D. B. White, in the Epitomis.

### The Horse's Shoe.

As a ranch-boy, driver and freighter in the west, I can give with many who declare that bad shoeing has done more to injure and ruin good horses than all other causes. Freight horses, patiently hauling their great loads of merchandise over rocky roads, are frequently made to wear shoes that must be as painful to them as the Chinese stock is to the heathen lady of the Orient. The shoeing of horses is a business that shoals properly to the blacksmith, not alone in the west, but over the entire country, yet many of these blacksmiths exercise as little care in shoeing a horse as they would in fastening a piece of iron to a log. Many of them are men who know absolutely nothing about the anatomy of the horse's foot. They pare down the frog and sole, and tear off the crust of the hoof with a rasp. I have seen them heat the shoe to a red heat, sufficient to burn the hoof, and hold it to the horse's foot to make a level surface and a quick job. No wonder the poor horse goes limping out of the shop in a much worse condition than when he entered. Among the long list of ailments with which the horse is afflicted, many are the results directly or indirectly of bad shoeing. Navicular disease, laminitis, founder, contracted hoofs, thrush, cracks, and various other ills, can all be traced to this source. Men who shoe horses ought to be made to pass an examination, or at least prove their ability in some way before they spoil a score of good animals in learning the trade. But in the meantime it is well for every owner and driver of a horse to study shoeing.

# HORTICULTURAL HINTS

### UNPRODUCTIVE FRUIT TREES.

Great luxuriance in growth of fruit trees is often the cause of unfruitfulness. No tree commences to flower and fruit until its vegetative exuberance has been partially checked. Those who understand the art of fruit culture thoroughly can bring these upward trees into bearing by root pruning them. This may be done by digging a trench around the tree and then filling it up with the earth that has been thrown out. The cutting off of the ends of the roots causes check to the extreme vigor, and the result is the production of flowers instead of branches. The distance from the trunk that the trench should be dug will, of course, depend upon the age and size of the tree, and also its ratio of luxuriance; the aim should be to dig so as to cut off about one-third of its roots. Root pruning may be done at any time during fall or winter.—E. B. Rice, in the Epitomis.

### SINGLE WHEEL TRUCK.

With this truck one can pick up a barrel or bag of grain, fruit or vegetables and wheel it away, even over a rough path, something almost impossible with the small, double wheeled grocery and freight trucks. A blacksmith will mount a wheel beneath a frame, as shown in the cut, and the



frame ought to be within the ability of any one handy with tools. A medium sized single wheel truck will do much work and do it easier than is possible with a small double wheel truck.—Orange Judd Farmer.

### BROWN ROT.

This is one of the most troublesome diseases which affects the plum orchard. When affected with it the fruit rots at the time of ripening, showing the first indications of the trouble where two plums touch each other on the tree. In moist, warm weather the disease develops most rapidly, the fruit turns brown and a gray mold or fungus covering will be observed. Much of the fruit drops off, but some of it will dry up and hang on the trees over winter. Not only is the fruit affected, but often the leaves and tender twigs of the trees will be attacked and blighted where the disease assumes an aggravated form; sometimes killing the trees outright; but more often weakening them to a degree which destroys their future usefulness, yet leaving life enough to perpetuate and distribute the disease the following year. All diseased fruit and twigs should be removed and destroyed as soon as observed, as well as the trees which have been so badly damaged as to be half dead from this cause. As a preventive measure the trees should be sprayed with Bordeaux mixture early in the spring when the buds commence to swell and again after the falling of the calyxes, or green sheaths at the base of the blossoms. While this will not entirely prevent the disease in a year in which it is prevalent, it will altogether with the precautionary measures above recommended and a judicious thinning of the fruit go far toward keeping it in subjection.—National Fruit Grower.

### ABOUT TRANSPLANTING.

In the West trees do better when planted in November or December, or early in the spring. A neighbor of mine set out twenty acres of apples last year in December, and lost none of them, and over 500 acres more will be set out this December by apple growers of this section of Oregon. Cloudy days are preferable for setting out trees, and here in Oregon, where someone has said it rains thirteen months of the year, cloudy days are plentiful in December, but in other States they may not be so, and it is best under those circumstances to do as much of the work as possible late in the afternoon. Roots should be dipped in water, and set in freshly-stirred soil as soon after removal from the nursery as possible. It is imperative that the soil be pressed firmly around the roots. It is a good plan, when digging holes for trees to set that removed near the top to the side, and place this first about the roots. Trim off carefully all broken or mangled roots, and cut back the tops in the same proportion that the roots have been curtailed. The holes should be of sufficient size to allow the roots to spread in the natural conditions, and deep enough to have the trunks stand a little lower than they stood in the nursery. Mulching a circle somewhat larger than that occupied by the roots of the tree is of great advantage, especially in dry soils. The transplanting of trees from the forest is a much more difficult matter than that of trees from the nursery, as the latter have already been removed from their parent seed-bed, and hence forced to keep their roots compact. In taking up such trees care should be taken to secure good roots and to leave as much earth on them as possible.—D. H. Stovall, in the Epitomis.

### Work in the Wood Lot.

A wood lot that will furnish plenty of fuel for home use, and where there is sufficient growing timber for the lumber that will be needed for repairs or the erection of new buildings, is a valuable part of the farm and should be highly prized and judiciously cared for by the owner.

It does not require a very large area of thrifty woodland to afford a plentiful supply for the household. By careful management there should be a sufficient amount afforded each year without detracting from the value of the lot, as there will usually be trees that are past their maturity or dead and that should be removed, to give place to a young and thrifty growth that will soon make its appearance.

It will require a little more work and care to move these separate trees and not injure the other than if the trees were to be taken clean, but it will fully pay for the extra work required.

In all old wood lots there will be large trees that have long ago attained their growth and maturity and would better be removed. They may be huge, unwieldy and difficult to reduce to the proper size for the stove or furnace, but as this work is now largely done by the use of power-saws, there will be little difficulty in the matter, and one of these trees will make a large amount of the best kind of fuel, solid and lasting. Some farmers have their fuel sawed and, at least, partly split in the woods, and this gives some work and makes it easier handling the wood in drawing. Occasionally it may be better to cut off all but the small trees from a portion of the wood lot, and allow a new growth to take its place. Where stock is kept off these denuded places the young growth will start up thriftily and soon present a very flourishing appearance.

# LASTING RELIEF.

J. W. Wallis, Superintendent of Streets of Lebanon, Ky., says:

"My nightly rest was broken, owing to irregular action of the kidneys. I was suffering intensely from severe pains in the small of my back and through the kidneys and annoyed by painful passages of abnormal secretions. No amount of doctoring relieved this condition. I took Doan's Kidney Pills and experienced quick and lasting relief. Doan's Kidney Pills will prove a blessing to all sufferers from kidney disorders who will give them a fair trial."

Foster-Milburn Co., Buffalo, N. Y., proprietors. For sale by all druggists, price 50 cents per box.

### Rhinoceros Buys Train.

A collision recently occurred on the Uganda railway, British East Africa, that would be possible nowhere else on earth. A huge bull rhinoceros rushed out of the bush and charged at full speed the so-called "up-mixed" train, which was slowing down as it approached the station Sultan Hamud, 218 miles from Mombasa. The train was stopped, and the "rhino" was discovered about 100 yards down the track. Slowly he returned to the jungle, and was lost to sight. He did not escape unharmed, for pieces of his thick skin were found adhering to the train, but the fierceness of his assault smashed the engine step and splintered the inch-and-a-half footboard of the first carriage.

### A Fortune in Orchids.

Miss Ames, of Nough Easton, Mass., has the finest private collection of orchids in America. It is worth between \$300,000 and \$400,000. Many of the specimens were brought direct from Borneo or the Indies.

### BABY'S TERRIBLE SORE.

Body Raw With Humor—Caused Untold Agony—Doctor Did No Good—Mother Discouraged—Cuticura Cured at Once.

"My child was a very delicate baby. A terrible sore and humor broke out on his body, looking like raw flesh, and causing the child untold agony. My physician prescribed various remedies, none of which helped at all. I became discouraged and took the matter into my own hands, and tried Cuticura Soap and Cuticura Ointment with almost immediate success. Before the second week had passed the soreness was gone, not leaving a trace of anything. Mrs. Jeannette H. Block, 281 Rosedale St., Rochester, N. Y."

John D. Crimmins is endeavoring to arrange for the exhibition in New York city of the Irish exhibit at the St. Louis fair, and has obtained an option on a building in which to put the exhibit on show.

### Ballroad in Japan.

Japan has 4228 miles of railway, of which 210 miles were constructed in 1903. The number of passengers carried on these railways in 1903 was 119,000,000, the freight transported was 16,122,671 metric tons and the cash receipts amounted to about \$22,500,000.

### Beware of Ointments For Catarrh That Contain Mercury.

Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists; price, 75c. per bottle. Take Hall's Family Pills for constipation.

### Germany Day.

The State of Utah has established a holiday in honor of germs. It is called General Health Day and is the first Monday in October. On this day all theatres, churches, public halls, hotels, boarding houses, etc., must be thoroughly disinfected.

### To Cure a Cold in One Day

Take Laxative Bischoff's Quinine Tablets. All druggists refund money if it fails to cure. E. W. Grove's signature is on box. 25c.

There are 44,000 hotels in the United States.

### The Minister of the Interior at Santiago, Chile, has granted a concession for extending the railroad across the Cordillera to Mendoza, Argentina. Chile guarantees the interest payment of 5 per cent on the construction capital of \$7,500,000.

### His Views For Sale.

The story is told by President Hadley, of Yale University, who enjoys a good story none the less if he himself be the victim. Mr. Hadley was traveling in Yellowstone Park when he chanced upon a young man, who from his appearance he judged was a student.

"This is a wonderful scene, isn't it?" said the Professor.

"The stranger smiled, nodded to his questioner and turned without speaking to look at the view.

"Do you think," asked Professor Hadley, now confirmed in his idea that he was talking to a student, "that this chasm was caused by some great upheaval of nature, or is it the result of erosion or glacial action?" "What are your views?"

"My views," said the stranger quickly, opening a bag he carried containing photographs, "are only \$2 a dozen and are cheap at the price. Let me show you some samples."

Prof. Samuel B. Prescott, assistant professor of biology in the Boston Institute of Technology, has been appointed to the list of collaborators of the leading bacteriological journal in Germany. He has been recognized as an authority in this branch of science.

FITZ permanently cured. No fits or nervousness after first day's use of Dr. Egan's Great Nerve Restorer. 50¢ bottle and treatise free. Dr. B. H. Egan, Ltd., 281 Arch St., Phila., Pa.

Cavalry of the west coast of Madagascar ride oxen.

**A Guaranteed Cure For Piles.** Itching, Blind, Bleeding or Protruding Piles. Druggists will refund money if Pazo Ointment fails to cure in 6 to 14 days. 50c.

All the soldiers in the army of Argentina are forced to play football.

Mrs. Wislow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

The cost of living has doubled in Spain in the last few years.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 523 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1900.

At a "smart" dinner in New York butler is not served.

**Storm Periods.** Much interest has been excited in scientific circles by the investigations of E. W. Mauder, superintendent of the Greenwich Observatory, in regard to the periodicity of magnetic storms and their recurrence at intervals coincident with the time required for a spot on the sun to go once around and reappear opposite the earth. The conclusion reached is that magnetic storms, like the spots on the sun, are very likely to come every 27 1/3 days, or at intervals exactly divisible by that time.

The Sultan of Turkey and the Queen of the Netherlands are the only total abstainers among European sovereigns.



### Another club woman, Mrs. Haule, of Edgerton, Wis., tells how she was cured of irregularities and uterine trouble, terrible pains and backache, by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—A while ago my health began to fail because of female troubles. The doctor did not help me. I remembered that my mother had used Lydia E. Pinkham's Vegetable Compound on many occasions for irregularities and uterine troubles, and I felt sure that it could not harm me at any rate to give it a trial.

"I was certainly glad to find that within a week I felt much better, the terrible pains in the back and side were beginning to cease, and at the time of menstruation I did not have nearly as serious a time as heretofore, so I continued its use for two months, and at the end of that time I was like a new woman. I really have never felt better in my life, have not had a sick headache since, and weigh 30 pounds more than I ever did, so I unhesitatingly recommend your medicine."—MRS. MAY HAULE, Edgerton, Wis., Pres. Household Economics Club. —\$5000 forfeit if original of above letter proving genuineness cannot be produced.

SEND STAMP—Get description of 30 cheapest forms in Ohio. H. N. Bancroft, Jefferson, O.

# CASCARETS

BEST FOR THE BOWELS

CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP.

GUARANTEED CURE FOR all bowel troubles, appendicitis, biliousness, bad breath, bad taste, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, regularly you are sick. Constipation kills more people than all other diseases together. CASCARETS today, for you will never get well and stay well until you start taking them. Take Cascarets, they will get you well and stay well until you start taking them. Take Cascarets today, for you will never get well and stay well until you start taking them. Take Cascarets today, for you will never get well and stay well until you start taking them.