

HOPE FOR THE SICK.



Mrs. HENRIETTA MARSH, A VICTIM OF LA GRIPPE.

Mrs. Henrietta A. S. Marsh, 760 W. 16th St., Los Angeles, Cal., President Woman's Benevolent Ass'n, writes: "I suffered with la grippe for seven weeks, and nothing could do or take helped me until I tried Peruna."

PHOENIX WALKING CHAIR



"From the cradle to the baby chair!" HAVE YOU A BABY? If so, you ought to have a PHOENIX WALKING CHAIR.

MANUFACTURED ONLY BY PHOENIX CHAIR CO. SHEBOYGAN, WIS.

FACTS FOR SICK WOMEN TO CONSIDER.

First.—The medicine that holds the record for the largest number of absolute cures of female ills is Lydia E. Pinkham's Vegetable Compound.

Mrs. Pinkham's Standing Invitation. Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass.

Drop's New Discovery. It is possible to repeal a law, but not a banana, wisely states the Philadelphia Record.

FARM TOPICS.

COSTLY SEED POTATOES. The high cost of some of the fancy varieties of seed potatoes in England has caused some attention to be devoted to getting the most from a given amount of seed.

QUARTERS FOR THE SWINE. Where the keeping of swine is made something of a specialty on the farm there should be warm, comfortable quarters for them in cold weather.

A BAD HABIT IN COLTS. It is very annoying to find a colt or horse with one of his forefeet over the rope or halter strap when he goes to the manger to eat his food.

EXPERIENCE WITH SQUASHES. Previous to this season the writer had not tried to raise Hubbard squashes since he was a boy; then he was more tentative than now and considered it essential to follow out in every detail the practices of an old uncle who raised these excellent squashes.

Signs That Tell the Girl. Much of a girl's nature is betrayed by the little act of brushing a speck off a man's coat.

ABOUT BATH ROOMS. It is amazing how the average architect avoids planning for more than one bathroom in the moderate sized house.

HOUSEHOLD AFFAIRS. MEAT ROLL. Two cups of cold chopped meat, one egg, two cups of rolled crackers, meat broth to make enough dough soft enough to mold with the hands (more than two cups). Bake in a deep pan.

HOUSEHOLD AFFAIRS. MILK SOUP. Use one quart of new milk, one saltspoonful of salt, one saltspoonful of powdered cinnamon, one teaspoonful of granulated sugar.

HOUSEHOLD AFFAIRS. BAKED SCALLOPS. Trim the scallops well, after taking from the shells, thoroughly dry them and fill each with the scallops, but in rather small pieces.

HOUSEHOLD AFFAIRS. INDIAN PUDDING. This pudding varies from the usual recipe by the addition of rice. Heat four cups of milk to the boiling point, stir in one-half cup of corn meal.

HOUSEHOLD AFFAIRS. SPICE CAKE. Beat the yolks of two eggs, then add one-half cup of soft or light brown sugar and beat again.

HOUSEHOLD AFFAIRS. WISE WORDS. Feelings go a long way toward making facts. Learn how to listen and you will profit even from those who talk badly.

THE ANCIENT HORSE.

Traces of a Different Family From That of the Familiar One Known. In Knowledge, Mr. R. Lydekker traces the "Later History of the Horse," and endeavors to decide between the alternative theories of its derivation from those primitive breeds.

WISE WORDS. Feelings go a long way toward making facts. Learn how to listen and you will profit even from those who talk badly.

HOUSEHOLD AFFAIRS. SPICE CAKE. Beat the yolks of two eggs, then add one-half cup of soft or light brown sugar and beat again.

HOUSEHOLD AFFAIRS. INDIAN PUDDING. This pudding varies from the usual recipe by the addition of rice. Heat four cups of milk to the boiling point, stir in one-half cup of corn meal.

HOUSEHOLD AFFAIRS. BAKED SCALLOPS. Trim the scallops well, after taking from the shells, thoroughly dry them and fill each with the scallops, but in rather small pieces.

HOUSEHOLD AFFAIRS. MILK SOUP. Use one quart of new milk, one saltspoonful of salt, one saltspoonful of powdered cinnamon, one teaspoonful of granulated sugar.

HOUSEHOLD AFFAIRS. MEAT ROLL. Two cups of cold chopped meat, one egg, two cups of rolled crackers, meat broth to make enough dough soft enough to mold with the hands (more than two cups). Bake in a deep pan.

HOUSEHOLD AFFAIRS. WISE WORDS. Feelings go a long way toward making facts. Learn how to listen and you will profit even from those who talk badly.

HOUSEHOLD AFFAIRS. INDIAN PUDDING. This pudding varies from the usual recipe by the addition of rice. Heat four cups of milk to the boiling point, stir in one-half cup of corn meal.

HOUSEHOLD AFFAIRS. BAKED SCALLOPS. Trim the scallops well, after taking from the shells, thoroughly dry them and fill each with the scallops, but in rather small pieces.

HOUSEHOLD AFFAIRS. MILK SOUP. Use one quart of new milk, one saltspoonful of salt, one saltspoonful of powdered cinnamon, one teaspoonful of granulated sugar.

HOUSEHOLD AFFAIRS. MEAT ROLL. Two cups of cold chopped meat, one egg, two cups of rolled crackers, meat broth to make enough dough soft enough to mold with the hands (more than two cups). Bake in a deep pan.

HOUSEHOLD AFFAIRS.

MEAT ROLL. Two cups of cold chopped meat, one egg, two cups of rolled crackers, meat broth to make enough dough soft enough to mold with the hands (more than two cups). Bake in a deep pan.

MILK SOUP. Use one quart of new milk, one saltspoonful of salt, one saltspoonful of powdered cinnamon, one teaspoonful of granulated sugar.

BAKED SCALLOPS. Trim the scallops well, after taking from the shells, thoroughly dry them and fill each with the scallops, but in rather small pieces.

INDIAN PUDDING. This pudding varies from the usual recipe by the addition of rice. Heat four cups of milk to the boiling point, stir in one-half cup of corn meal.

SPICE CAKE. Beat the yolks of two eggs, then add one-half cup of soft or light brown sugar and beat again.

HOUSEHOLD AFFAIRS. WISE WORDS. Feelings go a long way toward making facts. Learn how to listen and you will profit even from those who talk badly.

HOUSEHOLD AFFAIRS. INDIAN PUDDING. This pudding varies from the usual recipe by the addition of rice. Heat four cups of milk to the boiling point, stir in one-half cup of corn meal.

HOUSEHOLD AFFAIRS. BAKED SCALLOPS. Trim the scallops well, after taking from the shells, thoroughly dry them and fill each with the scallops, but in rather small pieces.

HOUSEHOLD AFFAIRS. MILK SOUP. Use one quart of new milk, one saltspoonful of salt, one saltspoonful of powdered cinnamon, one teaspoonful of granulated sugar.

HOUSEHOLD AFFAIRS. MEAT ROLL. Two cups of cold chopped meat, one egg, two cups of rolled crackers, meat broth to make enough dough soft enough to mold with the hands (more than two cups). Bake in a deep pan.

HOUSEHOLD AFFAIRS. WISE WORDS. Feelings go a long way toward making facts. Learn how to listen and you will profit even from those who talk badly.

HOUSEHOLD AFFAIRS. INDIAN PUDDING. This pudding varies from the usual recipe by the addition of rice. Heat four cups of milk to the boiling point, stir in one-half cup of corn meal.

HOUSEHOLD AFFAIRS. BAKED SCALLOPS. Trim the scallops well, after taking from the shells, thoroughly dry them and fill each with the scallops, but in rather small pieces.

HOUSEHOLD AFFAIRS. MILK SOUP. Use one quart of new milk, one saltspoonful of salt, one saltspoonful of powdered cinnamon, one teaspoonful of granulated sugar.

HOUSEHOLD AFFAIRS. MEAT ROLL. Two cups of cold chopped meat, one egg, two cups of rolled crackers, meat broth to make enough dough soft enough to mold with the hands (more than two cups). Bake in a deep pan.

WHERE TREES GROW FAST.

A California Tree Springs Up 20 Feet in 18 Months. A tree which grew nearly 20 feet in a year and a half has just gone from the experimental station in Santa Monica Canyon to the World's Fair to show what California can do when in a hurry for a place in the shade.

It is a variety of eucalyptus. A small grove of these trees was planted on a shaggy cliff back of the experimental station, where it seemed as though no tree could grow at all.

It holds the champion long-distance tree-springing record of the United States. When this particular tree was about a year and a half old it measured four inches in diameter.

In order to get it safely back to the fair the whole tree was carefully packed in mosses and soaked cloths. After its ragtime career under Abbott Kinney and others the experimental station is now a successful blooming garden.

One of the interesting features of the work in importing trees from foreign countries and trying them in California soil and climatic conditions. First one soil then another, is tried until a congenial one is found.

The seedling family of the coast of Brittany, which has extended over several years, promises to be relieved by annual catches this year.

Do not believe Pile's Cure for Consumption has unequalled foreing and colds.—FOR E. K. BAKER, Trinity Springs, Ind., Feb. 15, 1903.

A Swiss clockmaker has devised a watch which calls out the hours by means of a minute phonographic attachment.

Persia has no distilleries, breweries or saloons, only home-made wine, and it is hard to get drunk there.

Too Much For Him. A bachelor one day set the table in his lonely abode with plates for himself and an imaginary wife and five children.

Cataract Cannot Be Cured. With LOCAL APPLICATIONS, as they cannot reach the seat of the disease, cataract is a blind or constitutional disease, and in order to cure it you must take internal remedies.

Adopts New Creed. Union Theological seminary has practically severed every tie that bound it to the Presbyterian church.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. E. W. Grove's signature is on box. 25c.

Economizing Vital Force. As a result of careful study and many exhaustive experiments the writer is convinced that the average man or woman uses up in the performance of ordinary every-day acts from three to fifteen times the amount of vital force necessary.

France's Navy. The French naval programme insures that in 1908 France will have twenty-eight battleships, twenty-five battleship cruisers, thirteen armored coast guard ships, six first-class cruisers, fifteen of the second, and thirteen of the third class, besides smaller craft, among which will be sixty sub-marines.



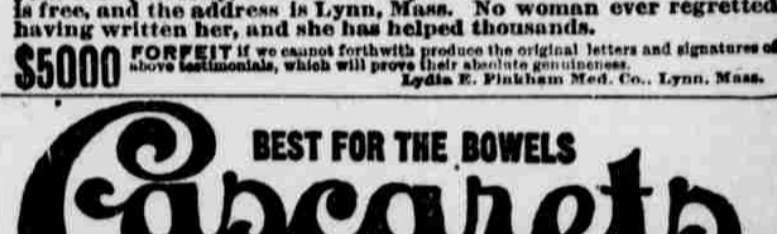
Mrs. Rosa Adams, niece of the late General Roger Hanson, C. S. A., wants every woman to know of the wonders accomplished by Lydia E. Pinkham's Vegetable Compound.

DEAR MRS. PINKHAM:—I cannot tell you with pen and ink what good Lydia E. Pinkham's Vegetable Compound did for me, suffering from the ill peculiar to the sex, extreme lassitude and that agonizing feeling.

Any women who are troubled with irregular or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, general debility, and nervous prostration, should know there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound.

DEAR MRS. PINKHAM:—I am very pleased to recommend Lydia E. Pinkham's Vegetable Compound for womb and ovarian difficulties from which I have been a sufferer for years.

FREE MEDICAL ADVICE TO WOMEN. Don't hesitate to write to Mrs. Pinkham. She will understand your case perfectly, and will treat you with kindness.



Best for the Bowels. Candy Cathartic. They work while you sleep.

GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, yellow skin and distress.

Lost His Bearings in Prayer. A Southern doctor of divinity in New York on his vacation was speaking of unusual prayers he had heard.

Russian Oil Tax. Notwithstanding the large production of petroleum in Russia the use of illuminating oil in the country is small.

The Eminent Scotch Physician. When all other help fails consult DOCTOR GINNER. He will cure you of Cancer, Consumption, Nervous Diseases and long standing complaints.

PISO'S CURE FOR CONSTIPATION. CURE WHILE YOU SLEEP. Best of Cures. Takes Good. Use in time. Sold by Druggists.