Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period — how to avoid pain and suffering and remove the cause by using **Lydia E. Pinkham's Vegetable Compound.**

"To Young Women:—I suffered for six years with dysmenorrhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused by repeated and neglected colds.

"If young girls only realized how dangerous it is to take cold at this critical time, much suffering would be spared them. Thank God for **Lydia E. Pinkham's Vegetable Compound,** that was the only medicine which helped me any. Within three weeks after I started to take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment, and was cured a month later. I am like another person since. I am in perfect health, my eyes are brighter, I have added 12 pounds to my weight, my color is good, and I feel light and happy."—Miss Agnes Miller, 25 Potomac Ave., Chicago, Ill.

The monthly sickness reflects the condition of a woman's health. Anything unusual at that time should have prompt and proper attention. Fifty thousand letters from women prove that Lydia E. Pinkham's Vegetable Compound regulates menstruation and makes those periods painless.

READ WHAT MISS LINDBECK SAYS:

"Dear Mrs. Pinkham:—**Lydia E. Pinkham's Vegetable Compound** has greatly benefitted me. I will tell you how I suffered. My trouble was painful menstruation. I felt as each month went by that I was getting worse. I had severe bearing-down pains in my back and abdomen.

"A friend advised me to try Mrs. Pinkham's medicine. I did so and am now free from all pain during my periods."—Jessie C. Lindbeck, 1201 6th Street, Rockford, Ill.

FREE ADVICE TO WOMEN.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice has restored to health more than one hundred thousand women. Why don't you try it, my sick sisters?

$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

FREE to WOMEN

A Large Trial Box and book of instructions absolutely Free and Postpaid, enough to prove the value of

Paxtine Toilet Antiseptic

Paxtine is in powder form to dissolve in water — non-poisonous and far superior to liquid antiseptics containing alcohol which irritates inflamed surfaces, and have no cleansing properties. The contents of every box makes more Antiseptic Solution — lasts longer — goes further — has more uses in the family and does more good than any antiseptic preparation you can buy.

The formula of a noted Boston physician, and used with great success as a Vaginal Wash, for Leucorrhœa, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore Eyes, Cuts, and all soreness of mucus membrane.

In local treatment of female ills Paxtine is invaluable. Used as a Vaginal Wash we challenge the world to produce its equal for thoroughness. It is a revelation in cleansing and healing power; it kills all germs which cause inflammation and discharges.

All leading druggists keep Paxtine; price, 50c. a box; if yours does not, send to us for it. Don't take a substitute — there is nothing like Paxtine.

Write for the Free Box of Paxtine to-day. R. PAXTON CO., 7 Pope Bldg., Boston, Mass.

I PAY SPOT CASH FOR MILITARY BOUNTY **LAND WARRANTS** issued to soldiers of any war. Write me at once. FRANK H. REGER, Barth Block, Denver, Colo.

WORMS

"I write to let you know how I appreciate your Cascarets. I commenced taking them last November and took two ten cent boxes and passed a tapeworm 14 ft. long. Then I commenced taking them again and Wednesday, April 4th, I passed another tape worm 25 ft. long and over a thousand small worms. Previous to my taking Cascarets I didn't know I had a tape-worm. I always had a small appetite."
Wm. F. Brown, 186 Franklin St., Brooklyn, N. Y.

Best For The Bowels **Cascarets** CANDY CATHARTIC. THEY WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripe, 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped CCC. Guaranteed to cure or your money back.

Sterling Remedy Co., Chicago or N.Y. 594

ANNUAL SALE, TEN MILLION BOXES

As a lotion with Thompson's Eye Water

Best Golf Player in Congress.

Although Senator Aldrich of Rhode Island is considerably past his sixty-third year he has taken such excellent care of his physical health that he appears much younger. The senator spends much of his leisure time out-of-doors, indulges often in athletics, and is said to be the best golf player in congress.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. Dr. R. H. Kline, Ltd., 931 Arch St., Phila., Pa.

The man who thinks a good deal of his wife should not attempt to conceal his thoughts when he is alone with her.

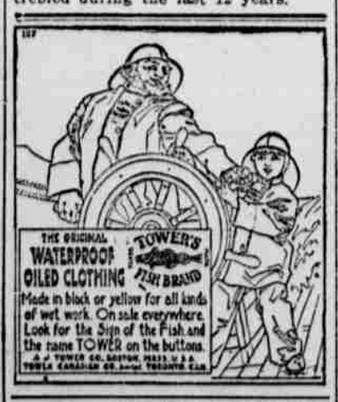
Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation allays pain, cures wind colic. 25c. a bottle.

We often hear of a middle aged man, but never of a middle aged woman. A woman is either young or old.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1900.

If you will take the trouble to investigate you will discover that a popular man has no radical opinions.

Church membership in China has trebled during the last 12 years.



MOTHER GRAY'S SWEET POWDERS FOR CHILDREN,

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colds in 24 hours. At all Druggists, 25 cts. Sample mailed FREE. Address, A. S. OLMSTED, Le Roy, N. Y.

Mother Gray, Nurse in Children's Home, New York City.

NEW IDEAS in TOILETTES

New York City.—Loose box coats make exceedingly smart wraps that are eminently comfortable as well. This one is adapted to all the range of cloaking materials, but is shown in tan colored cloth with touches of darker velvet and is stitched with corticelli silk. The special features of the model are the mandolin sleeves and the additional lapels, which are exceedingly effective. When liked, however, plain sleeves can be substituted for the larger ones, as shown in the small sketch.

BOX COAT.

The coat is made with fronts and backs and is shaped by means of shoulder, under arm and centre back seams. A pocket is inserted in each front and the closing is made invisibly by means of a fly. The extra lapels are applied under the fronts and collar and roll over with them. The mandolin sleeves are cut in one piece each and are finished with plain cuffs, but the plain sleeves are in regulation coat style with uppers and unders.

The quantity of material required for the medium size is four and one-half yards twenty-one inches wide, two and one-fourth yards forty-four inches wide or two and one-eighth yards fifty-two inches wide, with one-fourth yard velvet to trim as illustrated.

Of Blue Taffeta.

Taffeta costumes are among the most pleasing of summer offerings in the shops, and blue ranks as one of the very good colors. This particular example is of handsome blue taffeta (handsome both as to color and quality), and it is much pleated—pleats and tucks being as modish as ever. Silk buttons and strappings serve as the effective finishing touches, though the novel wrist frills come in for more attention. These and the lingerie blouse are of purest white, as is the lovely ostrich plume which so cleverly finishes the very catchy tricorne. The tricorne, by the way, in various sizes and variations, is a favorite. As for taffeta, it is hard to find anything more crisply attractive for afternoon wear. Indeed, it successfully graces many occasions and at more times of day than the one mentioned.

A Gauntlet Evolution.

The gantlet in delicate shades began its renewed career last winter in gloves without hook or other fastening, which turned back at the wrist to show linings contrasting in tone from the outside—an evolution, possibly, of last year's summer girl's floppy wrists. These gloves are now to be had not only in suede, but in the open lisle weave. The backs are embroidered in the same shades as the linings. A white glove, lined with blue, has blue stitching on the back. A black glove lined with white has white stitching.

Short Silk Coat.

Of never failing usefulness are the short silk coats intended for wear with various gowns. In this instance a little blouse coat of rich silk, wrought with braid, buttons, lace, tucks and fringe is seen with the daintiest of light gowns. The wrist ruffles which so prettily finish the sleeves are in as high vogue as ever. One such coat is a necessity in the wardrobe of the woman or girl who would be ready for all occasions.

Ribbon Roses.

An effective embroidery is rose applique made of white baby ribbon. This cunningly looped and knotted forms flowers so natural as to deceive the eye into believing them real. The knots are so placed as to make the petals curl, and every flower has a tiny yellow heart. The foliage is formed of embroidery in silk.

Fancy Boleros.

No accessory of dress is more charming or susceptible of a greater variety of treatment than is the bolero. These very pretty and jaunty ones are made of cloth with bands of silk edged with fancy braid as a finish, but are adapted to lace, to silk, to brocade, to the material of the gown and the Oriental embroideries that are so well liked.

The little one shown to the left is made in one piece and is entirely without seams, its short sleeves making one with the jacket. The larger one, shown to the right, is, however, fitted by means of shoulder and under arm seams and includes sleeves that are seamed to it at the arms-eyes, the seam being concealed by the trimming, which also gives the broad shoulder line.

The quantity of material required for the medium size is, for bolero to the left, one and seven-eighth yards twenty-one or twenty-seven inches wide, seven-eighth yards forty-four inches wide, with one-half yard of silk for bands and four yards of braid; for bolero to the right, two and one-half yards twenty-one or twenty-seven inches wide, or one and one-eighth yards forty-four inches wide, with three-fourth yards of silk for bands and six and one-fourth yards of braid.

A Late Design by May Manton.

FANCY BOLEROS.

Farm Topics

ADVANTAGE OF SUBSOILING.

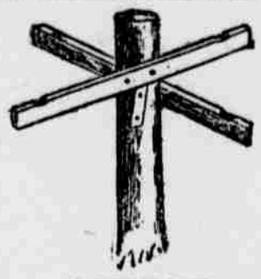
Subsoiling has the advantage of loosening the hard pan below the surface. It may be injurious on some soils to turn the subsoil up, but it can do no harm to pulverize it. This is done by having a subsoil plow follow in the furrow that is being turned. The loosening of the subsoil permits the roots of the plants to go deeper, thus deriving more moisture and plant food. Subsoiling should be accompanied with thorough drainage, or the land will be lacking in warmth.

GREEN CUT BONE FOR HENS.

To have hens lay well through the winter, they need some kind of meat ration as much as in the summer when they pick up insects and bugs in the fields, and to furnish this nothing is superior to green cut bone, says The Epitomist. Not only is it rich in nitrogen, thereby serving admirably as food, but it answers several purposes when properly fed to poultry. Consisting of phosphate of lime, it is capable of being easily digested—not so with oyster shells and grit—and supplies the birds with elements that may be lacking in their food, which it also assists in grinding, taking the place of grit in that respect. Added to this, the birds prefer it to any grain or other feed mentionable, and, fed as a separate ration, it gives more satisfactory results than if mixed with other foods.

HELPS FOR BUTCHERING.

There is more or less work in the killing of small animals during the winter on many farms, and always the annual butcherings, although it is getting to be quite the fashion in the more thickly settled portions of the country to sell the hogs in the fall and buy the meat back from the town butcher at double price during the winter. Where there is more or less butchering to be done one should have for ready use a large boiler of some kind so that a quantity of water may be heated at one time; tools, such as knives, saws and other things used, should be kept in proper shape and everything be in readiness so that the hard and disagreeable work may be over as soon as possible.



A CARCASS RACK.

The illustration shows a rack for hanging the carcass of an animal which should be on every farm where butchering is done. It needs but little description. A post eight or ten inches through and five or six feet high is set firmly in the ground and crosspieces two inches or more thick and eight feet long spiked to the pole, in the positions shown, so that they will project three feet on either side. They are notched near the ends as shown and braced underneath. These racks will save one much strength, for when the hogs are hung on them they are easily cut.—Indianapolis News.

DAIRY NOTES.

Milk is best warmed by placing the can in warm water.

In running a separator, turn the handle steadily, keeping an even pressure.

Weeding is paying business everywhere, and better nowhere else than in the dairy.

Do not give the calf too much milk at a time. A little and often will give the best results.

If the milk is not skimming clear at the speed, an increase of three to five turns per minute will help matters.

Wishing we had stirred the milk never made a can of sour cream sweet and never can make it sweet again. It is the locked barn door that keeps the thief out.

The milk will separate best when first taken from the cow, but if not done then, allow it to stand for some time and then raise it to eighty or ninety degrees.

The separator does not need much oil at a time, but each bearing should have some oil at each running. An occasional oiling of kerosene will cut the gum and facilitate the smooth, easy running of the machine.

As usual, a good many men are asking whether they can afford to buy high-priced grain to feed their cows until pasture comes. Nine out of ten will decide not to do it; and by so deciding they will handicap their dairies for the work of the coming season. The fact is, we cannot afford not to keep our cows in good flesh and heart. We will be the ones to suffer if we do.

There is a theory that nothing a cow eats affects the quality of her milk. If she is made to produce five per cent. milk she will do it, no matter what she has to eat. In practice this does not hold good, however. You cannot feed a cow dry straw and get rich milk. Every farmer knows that cornmeal will make the richest milk of anything. Pumpkins will also give us a thick, yellow cream. You cannot thresh weeds and get a good harvest of wheat.

SOCIETY WRECKED HER LIFE.

In Society.

A woman in society is obliged to keep late hours. She must attend receptions and balls. She seldom allows herself a quiet evening at home. Her whole time is taken up in keeping engagements or entertaining in her own home.

Her system becomes completely run down as a consequence. She soon finds herself in a condition known as systemic catarrh. This has also been called catarrhal nervousness.

If every society woman could know the value of Peruna at such a time, if they could realize the invigorating, strengthening effect that Peruna would have, how much misery could be avoided.

Letters from society women all over the United States testify to the fact that Peruna is the tonic for a run down, depleted nervous system.

Tired, Nervous, Aching, Trembling, Sleepless, Bloodless.

Pe-ru-na Renovates, Regulates, Restores.

A Pretty New York Woman's Recovery the Talk of Her Numerous Friends.

Mrs. J. E. Finn, 83 East High street, Buffalo, N. Y., writes:

Peruna Medicine Co., Columbus, Ohio.

Gentlemen:—"A few years ago I had to give up social life entirely, as my health was completely broken down. The doctor advised a complete rest for a year. As this was out of the question for a time, I began to look for some other means of restoring my health.

"I had often heard of Peruna as an excellent tonic, so I bought a bottle to see what it would do for me, and it certainly took hold of my system and rejuvenated me, and in less than two months I was in perfect health, and now when I feel worn out or tired a dose or two of Peruna is all that I need."—Mrs. J. E. Finn.

Mrs. J. W. Reynolds, Ekton, Ohio, writes:

"I owe my health and life to Peruna. We rarely call in a physician; in fact, it has been years since I have taken any other medicine than yours. I am afraid of drugs, and although I have been sick many times I have taken only your medicines. They are wonderful, indeed. We have a very large house and entertain a great deal and I do all my own work, thanks to Peruna."—Mrs. J. W. Reynolds.

Free Treatment for Women.

Any woman wishing to be placed on the list of Dr. Hartman's patients for free home treatment and advice should immediately send name and symptoms, duration of disease and treatment already tried. Directions for the first month's treatment will be promptly mailed free of charge. No free medicine will be supplied by the doctor, but all necessary directions will be furnished.

Read what the above ladies have to say of Peruna as a cure for these cases.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Germany's Potato Alcohol.

The use of potato alcohol to furnish light, heat and motive power has been developed rapidly and to a very high degree in Germany. Germany produces about 55,000,000 tons of potatoes a year, and uses for human food, stock food and starch only about 35,000,000 tons. The remainder is converted into alcohol, and used as a power generator for both land and watgr motors, and for cooking, heating and lighting. The alcohol vapor is burned like gas, in chandeliers and street lamps, and gives a very bright light, in districts distant from mines it is cheaper than coal.

Dry Rot in Big Trees.

The famous oak trees about the University of California are, many of them, suffering from dry rot. The decayed matter is to be removed and the cavities formed thereby are to be disinfected with coal tar and filled with cement.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. Cheney & Co., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

West & Truax, Wholesale Druggists, Toledo, O.

Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Railroad on Cypress.

The Island of Cypress in the Mediterranean, will soon have a railroad from coast to coast. The amount of 8,000,000 francs has been appropriated for its construction. Engineers with their staffs have already arrived on the ground.

The radium salts closely resemble quinine.

Could You Use Any Kind of a Sewing Machine at Any Price?

If there is any price so low, any offer so liberal that you would think of accepting on trial a new high grade, drop cabinet or upright Minnesota, Singer, Wheeler & Wilson, Standard, White or New Home Sewing Machine, cut out and return this notice, and you will receive by return mail, postpaid, free of cost, the handsomest sewing machine catalogue ever published. It will name you prices on the Minnesota, Singer, Wheeler & Wilson, White, Standard and New Home sewing machines that will surprise you; we will make you a new and attractive proposition, a sewing machine offer that will astonish you.

If you can make any use of any sewing machine at any price, if any kind of an offer would interest you, don't fail to write us at once (be sure to cut out and return this special notice) and get our latest book, our latest offers, our new and most surprising proposition. Address

Sears, Roebuck & Co., Chicago.

If the average man had his life to live over again he would probably make more mistakes than ever.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

AT THE FIRST SIGN

Of Torturing, Disfiguring Humors Use

CUTICURA

Every child born into the world with an inherited or early developed tendency to torturing, disfiguring humors of the Skin and Scalp, becomes an object of the most tender solicitude, not only because of its suffering, but because of the dreadful fear that the disfiguration is to be lifelong and mar its future happiness and prosperity. Hence it becomes the duty of mothers of such afflicted children to acquaint themselves with the best, the purest, and most effective treatment available, viz.: the CUTICURA Treatment, consisting of warm baths with CUTICURA Soap, and gentle anointings with CUTICURA Ointment, the great Skin Cure Cures made in childhood are speedy, permanent and economical.

Sold throughout the world. Cuticura Soap, 25c., Ointment, 50c., Resolvent, 50c. (in form of Chocolate Coated Pills, 25c. per vial of 60). Depots: London, 27 Charterhouse Sq.; Paris, 5 Rue de la Paix; Boston, 137 Columbus Ave. Potter Drug & Chem. Corp., Sole Proprietors.

Send for "How to Cure Torturing, Disfiguring Humors from Infancy to Age."

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment Free. Dr. H. H. Green's Sons, Box B, Atlanta, Ga.