

Mrs. Kate laylor, a graduated urse of prominence, gives her experience with Peruna in an open letter. Her posttion in society and professional standing combine to give special prominence to her utterances.

\* C HICAGO, 1LL., 427 Monroe St.-"As far as I have observed Peruna is the finest tonic any man or woman can use who is weak from the after effects of any serious illness. "T have seen it used in a number of convalescent cases, and have seen several other tonics used, but I found that, those who used Peruna had the quickest which

"Peruna are no to restore vitality, increase bodily vigor and renew health and strength in a wonderfully short time, "--- MRS, KATE TAYLOR.

In view of the great multitude of women suffering from some form of female dis-ease and yet unable to find any cure, Dr. Hartman, the renowned specialist on female catarrhal diseases, has announced his willingness to direct the treatment of us many cases as make application to him during the summer months, without charge. Addreas The Peruna Medicine Co., Columbus, Ohio.

#### Canadian Imports.

The total value of all merchandise imported into Canada for consumption during the fiscal year ended June 30, 1903, was \$233,790,516 of which \$136, 796,065 was duitable and \$96,094,451 was nonduitable, the duitable goods paying \$37,110,354, based on a 27.1 per cent duty

### First American Born In Guam.

The first American baby to be born on the Island of Guam was the daugh-ter of Mr. and Mrs. Eugene D. Ryan, and she is now nearly two months old. Her father is a paymaster in the navy, and was on the Concord during the battle of Manila Bay.

FITSpermanentiy cured. No fits ornervous-ness after first day's use of Dr. Kline's Great NerveRestorer.\$2trial bottleand treatisefree Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa

Is a man financially embarrassed if he has more money than he knows what to do with?

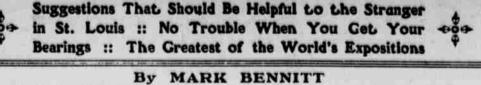
### Use Allen's Poot-Ease.

It is the only cure for Swollen, Smarting, Tired, Aching, Hot, Sweating Feet, Corns and Bunions. Ask for Alion's Foot-Ease, a powder to be shaken into the shoes. Cures while you walk. At all Druggists and Shoe Stores, 25c. Don't accept any substitute. Sample sent Fasz. Address, Alien S. Olmsted, LoRoy, N.Y.

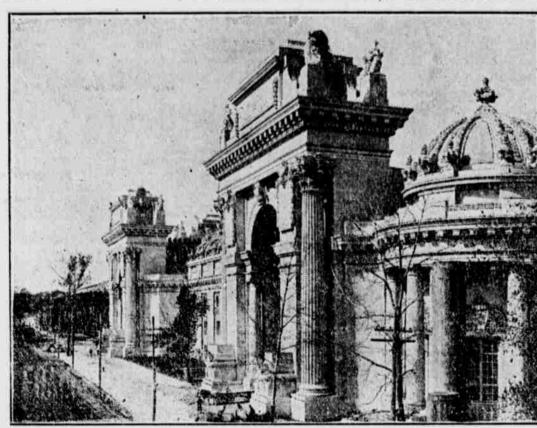
No girl can understand how a man can really love her and think about business at the same time.

PUTNAM FADELESS DYES color more goods, brighter colors, with less work than others. sion.

A married man's idea of real enjoyment is to do things his wife disapproves of.



mind, to your present pleasure and gine of 5000 horse-power, the Curtis life-long satisfaction. Who that saw steam turbine of 8000 horse-power, the the Centennial Exposition or the Parsons steam turbine of 5000 kilo- road terminals in the world. The sta-Columbian Exposition that does not re- watts, the four Westinghouse generavert to it with recollections of keenest tors of 3000 horse-power each, and street, between 18th and 20th streets, each as high as a house. And then so that when the visitor emerges from pleasure? Within the two square miles of the other generators great and small of the station he finds himself at the be-



## CORNER OF PALACE OF LIBERAL ARTS AT WORLD'S FAIR, ST LOUIS,

Louisiana Purchase Exposition at St. all kinds-the most wonderful display ginning of the city numbering both Louis there is more to be seen than of engines ever assembled. But these ever was brought together in ten times are not all. Think of ten acres of the space before. It is a great collec- glistening machines of every kind and tion of expositions massed into one. you have some idea of the contents of It is nearly twice as large as the the Palace of Machinery.

Columbian Exposition at Chicago. We cross the lagoon to the eastnearly ten times larger than the Pan ward and come to the beautiful Palace World's Fair is to his left, westward American Exposition at Buffalo. of Electricity, with eight acres of ex-Every exhibit palace offers the equiv- hibits from many countries, which are so labeled that he may easily know alent of a splendid exposition, each show the marvelous development of electrical science. To the north again covering many acres of space.

The largest of these is the Palace of over one of the arched bridges we ap-Agriculture, with its twenty-three acres proach the Palace of Varied Indusunder roof, and filled to the doors with tries, viewing its wonderful grace and the most wonderful agricultural col-lection ever assembled upon any occa-acres of exhibits from all over the tion of guests. The rates at the hotels The important States and Na- world. The Palace of Manufactures are generally on the European plan tions of the world are all here along-side great numbers of individual ex-posite side of the Plaza of St. Louis. as it will be more convenient for guests to get .heir meals wherever hibitors. Five great staples have been it is equally interesting in the variety meal-time may find them. Prices for sary an association health farm are chosen for extraordinary display. and newness of its contents.

north and south and eighteen blocks from the river.

Standing on Market street with his back to the station the down-town or main business section of the city

is to his right about one mile. The about five miles. All the street cars which cars to take.

Practically all St. Louis will be a lodging house during the Exposition. The hotels have greatly multiplied in number and thousands of private

AN ORCAN WITHOUT STOPS.

That Was the Upinion of the Man With

a Musicless Soul. There is a man living in an Elev-

The musicless man grunted,

"How many stops has it?"

cover."-New York Press.

Happy When They Are in Jail.

ton Record, "throws himself into a

they then see their future clearly."

in his soul.

asked.

answer.

HOW TUBERCULOSIS IS BEING FOUGHT AT A "HEALTH FARM."

In Some Respects Colorado's City Recalls the Brooks Farm Experiment-To a Certain Extent the Colonists Live in Common.

Away out in that wonderful state, Colorado, there is a most unique little settlement in which the requirement for admission is that any newcomer should be a consumptive.

One would almost be tempted to take chances against the dread disease in order to live in such an enchanted place. This colony is the Association Health Farm, under the auspices of the Denver, Young Men's Christian association. If, when one

gets to Denver, he goes five miles the northwest, on a straight road, he will strike a beautiful "White City." There on a high ridge in the rich fruit growing district he will see row after row of small white houses or rather tents, and for a background a pano-Union Station, one of the finest railram of snow-capped mountain peaks, stretching from Pike's Peak in the tion is on the south side of Market south to Long's Peak in the west. The story of the origin of the Asso-

clated Health Farm is interesting. When the furor of excitement in the

literary world caused by Charles Sheldon's book, "In His Steps," was at its height, the editor of the Topeka Capital, a daily paper, offered him the entire management of the paper for an allotted time, to be run upon his peculiar principles. One of the first things that interested Mr. Sheldon was the health farm project. And so a public appeal was made in the initial Sheldon edition of the Topeka Capital.

An editorial in the Outlook, quoting from this article, interested Dr. Edward P. George of Hanover, Germany, who gave the first \$5000. Following this, association friends in the east gave another \$5000, and a 60-acre tract was purchased. Mr. and Mrs. David Brothers of Denver then tendered their fruit farm as a gift, with a small annuity.

The establishment of the health farm marks the latest development in Young Men's Christian association work.

It was formally opened last May, though for a long time before then the Denver association had been interested in the project and propagating plans for its furtherance. The idea was first suggested by the crying needs of a multitude of young men seeking the Colorado climate for physical rea sons, and it had come to a pass where W. M. Danner, secretary of the Denver Young Men's Christian association coupld no longer ald young men finan cially who went to him for help. The colony in some respects recalls

the Brooks farm experiment, for to a certain extent the residents live in common, and they have one central idea-to be restored to heatlh.

In all there are about 30 tents, a big brick house for offices, dining rooms parlors, and reading room. Each resident is given the exclusive use of one tent. It is thought best that each should live practically isolated. though all eat together in a large dining room. The cottage tents are floored, have three-foot wainscoting, with canvas sides, and double ventilated roof. An iron bedstead, with good bedding, a chiffonier, table, washstand, and stove, with rocker and rugs, are the complete furnishings of each tent. Last month there were 28 men on the farm, most of them mak ing splendid improvement.

The conditions which make neces-

The problem of obtaining nitrogen from the atmosphere for fertilizing the land appears to have been solved, at least from a scientific point of view, by Doctor Erlwein, a German experimenter. His method is first to separate nier. His mothod is first to separate ni-trogen from oxygen by passing an air-current over red-hot copper, when the oxygen combines with the metal, leav-ing the nitrogen free. Then the ni-trogen is caused to combine in an electric furnace with a mixture of powdered charcoal and lime. The pro-duct is a black substance suitable to be trogged on the land and proceedings the spread on the land, and possessing the fertilizing properties of Chile saltpeter and potassium nitrate. It remains to be demonstrated that the new fertilizer can be produced on a large scale and at an economical cost-Youth's Companion.

Fertilizer From the Air.

# Metric System Saves Time.

The United States Statistician says two-thirds of a school year would be saved to American boys and girls by putting the metric system in place of the other twelve or thirteen systems. Carry the enormous saving of time in-to the counting houses of the country, into all kinds of calculations from the farm to the factory, and a fairly good idea is obtained of what the metric system would save.

How to Keep House. With all the luxuries and pleasures of this life, its big enjoyments and its smaller comforts, there is an offset or antithesis which we have to contend with in the form of aches and pains. In some way and by some means every one has a touch of them in some form at some time. Trifling as some of them may be, the risk is that they will grow to something greater and rack the system with constant torture. There is nothing, therefore, of this kind that we have a right to triffe with. Taken in time, the worst forms of pains and aches are casily subjued and cured by the free use of St. Jacobs Oil. No well regulated household ought to be without a bottle of this great remedy for

pain. It is the specific virtue of penetration in St. Jacobs Oil that carries it right to the pain spot and effects a promp cure even in the most painful cases o Rheumatism, Neuralgia, Lumbago, Sciatica. You want it also in the house at all times

for hurts, cuts and wounds, and the house that always has it keeps up a sort of insurance against pain. The Brighton (England) Aquarium has forty-one tanks and is 715 feet long by 100 feet wide. It is the largest in the world.

Horsie's Croup Cure, The life saver of children. 50 cents.

A woman who never thinks of anything but dress is more ornamental than useful.

To Improve Italian Railways. The Italian State railways, according to a report from Rome, will soon place orders for 200 locomotives and several thousand freight cars.

SIOO Reward. SIOO. The readers of this paper will be pleased to learn that there is at least one dreaded dis-case that science has been able to cure in all itsstages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical traternity. Catarrh being a con-stitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken inter-mally, acting directly upon the blood and mu-cous surfaces of the system, thereby destroy-ing the foundation of the disease, and giving the patient strength by building up the con-stitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hun-dred Dollars for any case that it fails to curo. Send for list of testimonials. Address F.J. Cursser & Co., Toledo, O. Sold by Druggists, 75. Take Hall's Family Fills for constipation. OII in Trinidad. \$100 Reward. \$100.

Oil in Trinidad.

I PAY SPOT CASH FOR

BOUNTY LAND WARRANTS

FRANK M. BEGER, barth Block, Denver, Colo

IS THE MAN WHO WEARS

THE REAL OLIUNLKU

A reputation extending over sixty-six years and our guarantee are back of every garment bearing the SIGN OF THE FISH.

There are many imitations be sure of the name = TOWER on the buttons ON SALE EYZBYWHERE

A J TOWER CO. BOSTON, MASS.U.S.A. TOWER CANADIAN CO. Laute TORONTO, CAN

P. N. U. 18, 1904. PISO'S CURE FOR D

Bast Cough Syrap, Tantes Good, Cas In time, Sold by dramine, Cons CONSUMPTION

TOWER'S SI ICKED

EATHERWISE

On the Island of Trinidad oil is found amid a huge tropical vegetation, and is said to be of first-class illumi-



tary Parkdale Tennis Club, Chicago, from experience advises all young girls who have pains and sickness peculiar to their sex, to use Lydia E. Pinkham's Vegetable Compound.

How many beautiful young girls de-velop into worn, listless and hopeless women, simply because sufficient atten-tion has not been paid to their physical development. No woman is exempt from physical weakness and periodic pain, and young girls just budding into womanhood should be carefully guided physically as well as morally. Another woman.

# Miss Hannah E. Mershon, Col-lingswood, N.J., says:

"I thought I would write and tell you that, by following your kind ad-vice, I feel like a new person. I was always thin and delicate, and so weak that I could hardly do any thing. Men-

that I could hardly do any thing. Men-struction was irregular. "I tried a bottle of your Vegetable Compound and began to feel botter right away. I continued its use, and am show well and strong, and men-struate regularly. I cannot say enough for what your medicine did for me." -\$5000 forfeit if crisins! of above letter preving genuineness same to produced.

Lydia E. Pinkham's Vegetable Compound will cure any woman in the land who suffers from womb troubles, inflammation of the ovaries, and kidney troubles.

# FREE to WOMEN

A Large Trial Box and book of in-structions absolutely Free and Post-paid, enough to prove the value of Paxtine Toilet Antiseptic

> Partino & in powde have no cleanin erties. The con of every bax n more Antisecti

The formula of a noted Boston physician. and used with great success as a Vaginal Wash, for Leucorrhoza, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore Eyes, Cuts, and all soreness of mucus membrane.

In local treatment of female ills Partine is invaluable. Used as a Vaginal Wash re-challonge the world to produce its equal for theroughness. It is a revelation in cleansing and healing power; it kills all garms while cause inflammation and discharges. All leading druggists keep Partine; price, 50 abox; if yours does not, send to us for it. Don take a substitute - there is nothing like Partine Write or the Part in the Partine

Write for the Free Box of Pastine to-da B. PAXTON CO., 7 Pope Bidg., Boston, Ma

Looking for a Home 7 Then why not keep in view the fact that the farming lands of

Mrs. Winslow's Soothing Syrup forchildren testhing, soften the gums, reduces inflamma-tion allays j sin, curreswind colle. 25c, abottle

A man with a good wife is apt to hear too much of a good thing.

Iamsure Piso's Cure for Consumption saved my life three years ago. -- MRS. THOMAS Ron-LINS, Maple St., Norwich, N.Y., Feb. 17, 1909.

In time of peace prepare for war among the universal peace societies.

Pure Food Inspectors Disagree. The present unsettled condition of the German market in foreign dried. evaporated and preserved fruits is due to the total absence of uniform practice and understanding among the food inspectors as to the amount of sulphurous acid permissable in preservation of same so as not to be injurious to health.

A Philadelphia court has decided that a man does not have to tell his how much money he makes or wife Before acting on he spends it. this opinion it will be advisable for most men to find out what their wives think about it .- Syracuse Herald.



St. Jacobs Oil Price, 25c. and 50c.

Corn, cotton, sugar, rice and tobacco ties are revealed to inquiring minds.

on exhibition. in size, covering fifteen acres. One allurgy and Liberal Arts. The De-

ELECTRICITY IN JAPAN.

Activity of the Island Empire in Con- Why It Proves Beneficial When a Perstruction Work. That the modern Japanese are de-

To maintain the balance of perfect health in a body so complex as man's, enth street flat who has no music in termined to keep abreast of the peowhere the circulatory, respiratory, his soul, and there is a man on the ples of the Western world is shown not only by their quick mastery of the muscular and nervous systems interart of war, but also by their readiness act so much upon one another, there The lower floor man not long ago addto appropriate all the results of mod- is need of very frequent adjustment, ed a four lung parlor organ to his lares

ern scientific discovery. According to especially in such a busy age as and penates, and two healthy daughthe London Electrical Engineer, they this, are now displaying much activity in One great benefit of change of air Several nights later a friend paid a the utilization of electricity for light- is that the great law of contrast envisit to the first man, and as soon as

ing, power and traction purposes. The forced upon us by all natural phenom-Tokio electric light works have been ena is allowed fuller scope for its beneficent work. The various organs floor, in operation for a considerable time, and it has become necessary to greatly of the body are very really rested by

extend the power house. The plant at slight changes in diet, cooking, water, present has a capacity of 5050 horse new surroundings, people and amusepower, and this is being increased by ments. The same, monotonous daily an additional 3000 horse power. This round of duties tries them as it tries new plant will go into operation durus, and change of work is actual reing the present month, and work will freshment.

If specific ailments have manifested then be commenced on a further extension, which will ultimately increase themselves, then the seashore for a the output of the station by 10,000 tonic and general stimulant, mountain horse power. Fresh demands for elecair for its aseptic property, a sandy district for its dryness or a sea voyage tric power are being made on the electric company by the railway company, to invigorate the whole system will be which is operating an extensive sys- calculated to ward off what would had any that I have been able to distem of light railways in Tokio.

The Dardanelles. The question whether Russia has the right to send her Black Sea fleet five great Powers, whereby it was agreed that no ship belonging to any nation save Turkey should pass sent of Turkey. This agreement was reaffirmed by the treaty of Berlin. executed after the Russo-Turkish war in the 70s.

Opposite the Palace of Manufactures 50 cents to \$2.50 per day per person. are here arrayed as they have never to the southward is the Palace of Edu. The prevailing rate is \$1.00 per person been before, and undreamed possibili- cation, this being the first time that and in nearly every case good accomeducation has been allotted a great modations with all conveniences and Such a dairy display was never at- building all its own. A variety of in good localities may be had for this tempted and such a collection of farm schools in daily session are the feature price. The higher rate presupposes machinery and tools was never placed of this eight acre display. The two larger rooms and more luxurious quar-

The Palace of Transportation is next of the main group are Mines and Met- \$1.00.

may only hint at the wonders it con- partment of Mines and Metallurgy has Competition will be brick. A CHANGE UF AIN.

son is Ailing.

ent and the most intelligent men in this country are interested in the problem of fighting tuberculosis. More than 120,000 persons die every year in our country of consumption

A very large number of them are exhibit buildings in the castern part ters. But no one need pay more than young men, away from home and without any care. The health farm guar-

The hotel prices have a wide range. antees good care and all the comforts of home.

A young man may stay there at the rate of \$20 or \$25 a month, which covers his entire expenses. If he is able to work it is secured for him on an adjoining nursery and vegetable farm.

All control of the diet, exercise, and lower floor whose soul is tull of it. rest of each resident is under the direct supervision of the resident physician, who himself has been restored to health by the Colorado climate, and ters of his began to practice on it. is glad to volunteer his services in such a cause. In no way does the little colony

he got inside the apartment he heard the parlor organ on the lower smirk of the home with a capital "H." There are no gruesome dissecting "Fine toned instrument that," he rooms, no darkened sick rooms, surgi said, because he, too, had some music cal instruments, or stiff, uniformed figures to be seen on the health farm. Each little cottage tent is cozy and "Whose make is it?" the visitor homelike. There is a reading tent well supplied with all sorts of litera-"Don't know," was the ungracious ture, an organ, and with wholesome games. The large dining room is siry and sunshiny. Never is there a The host pulled himself up for a cause for solitude or homesickness or the health farm, for isolation there poverful effort. "Well," he replied, "it's been in the house for about a week now, and in that time it hasn't only appertains to sleeping quarters, and in the daytime there is work and tecreation, with always jovial company.

In all, the health farm consists of 84 acres, a fruit farm of 34 acres with "Many a prisoner as soon as he steps 2000 fruit trees of bearing age, and eight acres of small fruits, and 60 acres of ranch two miles farther to the southwest.

Just now an artesian well is being This is the first happy hour in many dug. It was found necessary, because months.' This is especially true of of the failure of the surface wells. men charged with large embezzle-The necessity for good water for do ments. Their consciences seem to be mestic purposes is well understood This well will not only furnish water for home and bath purposes, but to a limited extent will furnish irrigation .-- Boston Saurna'.

nating power. earth. Deep thinkers on the contin-

Inquirer.

Ø

As yet the voluminous skirts hang limply waiting for the wire hoops. Let us hope they will gain in patience rather than crinoline .-- Philadelphia



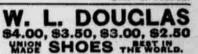
are enflicient to support a population of \$0,000,000 o

### **FREE Homestead Lands**

accessible, while other lands may from failway and Land Compan of grazing lands of Western Canad

Markets, Schools, Rallways and all other conditions make Western Canada an en-viable spot for the actiler.

For a descriptive Atlas and other information apply to Buperintendent of immigration. Ottawa, Caunda.



W.L. Douglas shoes are worn by more men than any other make. The reason is, they hold their shape.fitbetter, wear longer, and have greater intrinsic value than any other shoes.

Sold Everywhere. Look for name and price on botto Douglas uses Corona Collskin, wh every where conceded to be the finest I L-ather yet produced. Fast Co or Equip W. L. DOUGLAS, Brockton, Mag



y you are

otherwise spell serious illness.

Man's Nefve Impulses. The speed of nerve impulses in man

is stated by Dr. Alcock, in a recent in the outer office," said a Charles through the Dardanelles is based upon paper before the London Royal So- street jall officer, according to the Bosa treaty executed in 1841 between the clety, to be sixty meters (216 feet) a second. The experiments of Sir Mich- chair with a sigh of relief, muttering; ael Foster fifteen years ago showed it to be thirty-three meters. Dr. Gowers, through the channel without the con- the eminent neurologist, remarks that either Dr. Michael Foster or Dr. Alcock is widely wrong, or the rate of transmission has become greatly ac-celerated during the last fifteen years.