



# FOR THE FAIR

### When and How.

A physician remarks, apropos of the question of exercise for women, that exercise may be taken under conditions that will defeat its best effects, as, for instance, just after a hearty meal or when one is in a tremendous hurry. To rush about in the open air from one appointment to another, while it certainly is exercise in the sense that it uses some of the muscles does not produce the beneficent results that a brisk walk devoid of any sense of haste or nervous pressure would have. To rise from the table and skurry for a train may technically come under the head of exercise and in the open air, but it is not such properly. It is impossible to digest food, exercise and attend to business all at the same time, and the nervous waste entailed in trying to do it quite destroys the good that should have been derived from the exercise.—Pittsburg Dispatch.

### How to Wear Your Hair.

The girl with the high forehead should wear her hair down low over the brow.  
The girl with a low, smooth, white brow should brush her hair well off the forehead.  
A madonna face requires the hair parted in the middle.  
The girl with an intellectual brow or a fair share of youthful beauty can afford to draw her hair back in loose waves without a pompadour or parts, and coil it on the neck.  
For elderly matrons the pompadour is dignified and stately, and it seems to increase the height of stout women, says The Gentlewoman.  
The round, shapely head looks well with a soft puff of hair at the nape of the neck.  
Every woman should study her own style. If she looks best with her hair low, then low she should wear it, though every other woman in the land is piling her hair on the top of her head.  
A wise woman never curls or frizzes or overdresses her hair if it is beautiful of itself.

### Please Seeking in Paris.

There is a certain pathos which attaches to child life even when it is most gay, and this very pathos I find ever to mark a crowd of Paris pleasure-seekers—in particular upon all great festive occasions. I had heard at home of the street balls of Paris, and I shuddered to think of what howling spectacles of depravity they must be. As a matter of fact, I find just one other feature of great feasts as touching. For the balls, a piece or two of music takes its stand anywhere that the angles or corners of the street form sufficient space for dancing, and to the feebly piping notes of such music the working people of Paris dance. The common people of Paris are, more than anything else, comic as they dance. They go about it with a fixed but cheerful determination of purpose, and when they have accomplished a waltz or a polka or a mazurka, their faces always seem to me to wear an expression of mild relief that the thing is done, really and happily. Naturally, as the night wears on, where much drinking proceeds, the usual consequences of alcoholism under the circumstances are manifest. That, however, pertains to alcoholism rather than to the character of the people of Paris.—Harper's Bazar.

### American Women of Society.

That English society is becoming increasingly American in tone and trend is obvious to most people. We are gradually, but surely adapting ourselves to American conditions and exigencies. The large number of international marriages, which have brought not only American wives to our shores, but a considerable following of "their sisters, and their cousins, and their aunts," is of course, largely responsible for this state of affairs. However satisfactory the marriages may prove to the two people mainly concerned, it is open to doubt whether they tend to the essential improvement of society in England. No one can deny that an American woman is singularly attractive, first in appearance, and secondly, in her more essential and more essential point, her character, we find its most salient feature to be frivolity. The American woman is delightfully pretty, often extremely lovely, but rarely classically beautiful. Beyond all women, perhaps, she does possess the gifts of expression and genius for pose. Of her genius for adapting herself to her environment, there can be no question. Such a mere accident of birth as the one which gives her a pork butcher or a patent pill maker for her father is no drawback to her ultimate career. The American woman, where she is not a blue-stocking (as sometimes happens), is accomplished rather than soundly educated.—The World.

### Dainty Negligees.

Charming negligees and "morning" gowns are an important subject with milady, and to possess several of these of elaborate design, with a few of the simpler effects, is the effort of every smart girl. These gowns are never seen beyond the sacred portiere of milady's boudoir, but, nevertheless, as

### PEARLS OF THOUGHT.

The best of prophets of the future is the past.—Lord Byron.  
Men of moods are usually of the imperative and subjunctive.  
It is a good thing for most folks that their thoughts have no legal witnesses.  
Find your purpose and fling your life out to it, and, the loftier your purpose is, the more sure you will be to make the world richer with every enrichment of yourself.—Phillips Brooks.  
I find the gayest castles in the air that were ever piled far better for comfort and for use than the dungeons in the air that are daily dug and caverned out by grumbling, discontented people.—Emerson.  
Call it happiness or call it blessedness, the life whose end is righteousness is a life which satisfies, and which one is not only willing but glad to live; its ways are ways of pleasantness, and all its paths are peace.—Rufus Ellis.

And what is originality? It is being, being one's self, and reporting accurately what we see and are. Genius is, in the first instance, sensibility, the capacity of receiving just impressions from the external world, and the power of co-ordinating these after the laws of thought.

### PLASTERED THE WRONG MAN.

An Amusing Incident Which Occurred in a Sleeping Car.  
"I know drummers are regarded as proverbial liars," remarked one of the traveling fraternity in a Broadway hotel. "I've been guilty of drawing the long bow myself, but here's an actual experience that happened to me coming down in the sleeper from Montreal last Tuesday night."  
"I had a lower berth about the middle of the car. In the next section were a couple who were having troubles of their own. The husband suffered with a lame back (this I learned subsequently), and for that reason occupied the lower berth, while his wife had the upper one. He was a grumpy old chap, and kept me awake until well along in the morning. Finally I fell into a doze, and the last thing I remember was the wife telling him she was going to get up and prepare a plaster for him."

"The very next minute it seemed to me—although in reality it must have been longer—the curtains of my berth parted and a female voice said: 'Turn over, dear, and let me put this on your back.' I was dazed for a moment and did as she directed. Then it suddenly dawned on me that the woman was in the wrong section and had clapped the plaster on my back instead of her husband's."

"I reached around and tore the plaster off. As I threw the thing out on the floor I heard a voice ask: 'Well, Mary, where is that plaster?'  
"There was a shriek from the old girl, and then she climbed into her own berth. 'I put it on some one's back, John,' she said. The old man granted and then began to weep language. I got up before daylight and went to the smoking room; I met the old man and his wife before we reached town. She looked at me suspiciously, but I didn't blink."—New York Press.

He Was a Substitute.  
This story is told at the expense of a recently appointed supervisor of a public school in this city: One day she happened to be visiting a school where a young incorrigible was undergoing punishment for a series of misdemeanors.  
The teacher cited him as "the worst boy in the school—one I can't do anything with. I've tried everything in the way of punishment."  
"Have you tried kindness?" was the gentle inquiry of the other lady.  
"I did at first, but I've got beyond that now."

At the close of the session the lady asked the boy if he would call and see her on the following Saturday. A boy arrived promptly at the hour appointed. The lady showed him her best pictures, played her liveliest music, and set before him a luncheon on her daintiest china, when she thought it about time to begin her little sermon.  
"My dear," she began, "were you not very unhappy to have to stand in the corner before all the class for punishment?"  
"Please, ma'am," broke in the boy, with his mouth full of cake, "that wasn't me you saw. It was Pete, and he gave me ten cents to come here and take your jawing."—Philadelphia Public Ledger.

The Whisper Court.  
At Rochford, Essex, England, the whisper court is a strange observance held annually under the superintendence of the steward of the manor. The business of the court is carried out at midnight in the open air; the absence of a tenant is punishable by a fine of double his rent for each hour he fails to be in attendance. No artificial light, except a firebrand, is permitted, and the proceedings are recorded by means of one of the embers of the brand. The roll of fourteen tenants is then called over, and answered to in a whisper. Very many years ago the lord of the manor, after an absence from the estate, was returning home by night. On the way he accidentally heard some of his discontented tenants plotting his assassination. Thus warned, he returned home by an unexpected route. Then he ordered that each year his tenants should assemble at the same time to do him homage around a post which he erected on the spot where the plotters met.

Fashion Notes.  
Three lace ruffles on the summer skirt.  
Pleated hats of shaded chiffon and mousseline.  
Linen hats adorned with veritable birds of paradise.  
Strings of lovely mock gems for trimming the evening gown.  
Antique-looking mitts, sprigged all over with flowers. They look like calico.  
Fetching flat hats of green linen wreathed with scarlet cherries and foliage.  
Skirt ruffles shirred on with a deep upstanding head to catch all the dust going!  
A trimming of broad ribbon run through slits in the cloth and ending in tassels.  
Circles of close-pleated silk in lighter shade set all around a skirt and jacket, like wheels.  
Touches of blue and green linen on the white linen frocks, in the way of collars, lapels, jackets and pockets.  
New straw hats of the tailor-made class are of fancy mixed braids draped in graceful shapes. The boat-shaped turbans with box trim pointing in the front are plentiful among the new models.

Embroidered linen waists are sure to have a big run during the coming season. Among the patterns ready for making some include material for the waist with an embroidered wide front box plait or embroidered fronts with collar and cuffs.

## Simple Fashions

New York City.—Dresses for the rite of confirmation and for the closing function of the school year require to be simple at the same time that they



CONFIRMATION OR GRADUATION.

are smart and are preferably made of some transparent material. This one, designed by May Mantou, includes the drop yoke and broad shoulders of the season, with the shirtings that are so exceedingly fashionable and is made of white organdy with ruffles of the same and Valenciennes lace. When liked the neck can be left low and the sleeves in elbow length, so making the frock available for a variety of oc-

two or three puffs, above the pompadour. In the indentation made by the coil is placed a spray of small flowers and foliage, pinned closely to the head or a long narrow comb, exactly at right angles to the way back combs have been worn for so long. A very smart woman was seen the other day with her masses of fair hair done in this new manner, and a half inch band of amber ran from the top of her pearl collar to the crown of her head.

### An Underskirt.

Any girl who has an old party frock of taffeta can make a very pretty underskirt to wear with her house and evening gowns. For the ruffle get wash net or point d'esprit, and across the bottom place bias bands of silk. Sew the ruffle to the skirt with another band and you have a very dainty affair.

### Effective.

Dahlia is a favorite color and cerise is worn quite a little. A gown of cerise cloth is very effective, worn under a wrap of moleskin or squirrel, especially for a brunette.

### House Waist.

Cape effects of all sorts mark the season and are becoming to the generality of figures. This stylish waist, after a late May Mantou fashion plate, shows a deep collar of a novel sort and one that is quite simply made. As illustrated the material for the blouse is white Persian lawn and the trimming embroidered flouncing and insertion. The flouncing makes the collar, which is seamed at the shoulders, where it droops well over the sleeves. All

## A Late Design by May Mantou.



casions. The ruchings on waist and sleeves are specially worthy of note and give the suggestion of a bolero, which is both becoming and in the height of style.

The costume consists of the waist and the skirt. The waist is made over a fitted foundation, on which its various parts are arranged, the yoke, that is cut in one piece, and the sleeves and waist that are shirred on continuous lines. The sleeves are large and full at and above the elbows, but form long fitted cuffs below which extend well over the hands. The skirt is made of three pieces, the front gore and the circular side portions, which are shirred to give a yoke effect, and is arranged over a shallow yoke foundation to which the shirings are attached.

The quantity of material required for medium size is eight and three-fourth yards twenty-one inches wide, six and one-half yards twenty-seven inches wide, or four and one-eighth yards forty-four inches wide, with one yard of all-over lace, one-fourth yard of silk for belt and six and five-eighths yards of ruching.

### A Woman With Gray Hair.

A woman with gray hair looks her best in pale shades of grey, or in white. A frankly middle-aged lady caused a ripple of admiration in one of our hotels not long ago. She came in to dinner in a frock of the palest silver gray, very straight and simple, with some old lace and dull silver buckles. She was a pleasant-faced woman and held herself well, but her crowning glory was her head of beautiful gray hair, slightly waved and smoothly shining. A woman whose hair has turned gray should not be, however, or worse still, try to remedy it, but should make a feature of it—dress up to it, as it were.

### The Latest Collars.

The softly waved hair is drawn back loosely and twisted in a long coil from the nape of the neck to the very top of the head, where it is arranged in

waisting materials are, however, appropriate and the cape collar can be made to match the waist with the edge embroidered or trimmed in any manner that may be preferred.

The waist is made with fronts and backs and is fitted by means of shoulder and under-arm seams. The fronts are tucked at the shoulders to yoke depth, and both fronts and backs are arranged in full length tucks that give a double box pleat effect at the centre. The cape collar is shirred by means of the shoulder seams and its edges are attached beneath the outer tucks of these groups. The sleeves are full below the elbow, smaller above and are finished with straight cuffs in conformity with the accepted style.

The quantity of material required for medium size is four yards twenty-one inches wide, three and seven-eighths yards twenty-seven inches wide, or two and one-fourth yards forty-four inches wide, with one and three-fourth yards



BLOUSE WAIST.

of embroidered nine inches wide for cape collar and one and five-eighths yards of insertion to trim as illustrated in medium size.

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## PENNSYLVANIA RAILROAD

BUFALO & ALLEGANY VALLEY DIVISION.  
Low Grade Division.  
In Effect Nov. 29, 1903. Eastern Standard Time

STATIONS	No. 109	No. 112	No. 101	No. 114	No. 107
	A. M.	A. M.	P. M.	P. M.	P. M.
Pittsburg	8:00	11:00	4:00	7:30	10:30
Red Bank	8:05	11:05	4:05	7:35	10:35
Lewistown	8:10	11:10	4:10	7:40	10:40
New Bethlehem	8:15	11:15	4:15	7:45	10:45
Oak Ridge	8:20	11:20	4:20	7:50	10:50
Mayville	8:25	11:25	4:25	7:55	10:55
Somersburg	8:30	11:30	4:30	8:00	11:00
Brookville	8:35	11:35	4:35	8:05	11:05
Lawsonham	8:40	11:40	4:40	8:10	11:10
Reynoldsville	8:45	11:45	4:45	8:15	11:15
Palmyra	8:50	11:50	4:50	8:20	11:20
Delaware	8:55	11:55	4:55	8:25	11:25
Buffalo	9:00	12:00	5:00	8:30	11:30

STATIONS	No. 106	No. 109	No. 102	No. 114	No. 116
	A. M.	A. M.	P. M.	P. M.	P. M.
Driftwood	8:00	11:00	4:00	7:30	10:30
Grant	8:05	11:05	4:05	7:35	10:35
Bonnettsville	8:10	11:10	4:10	7:40	10:40
Wiley	8:15	11:15	4:15	7:45	10:45
Poundfield	8:20	11:20	4:20	7:50	10:50
Waterbury	8:25	11:25	4:25	7:55	10:55
Savilla	8:30	11:30	4:30	8:00	11:00
DuBois	8:35	11:35	4:35	8:05	11:05
Falls Creek	8:40	11:40	4:40	8:10	11:10
Pannock	8:45	11:45	4:45	8:15	11:15
Reynoldsville	8:50	11:50	4:50	8:20	11:20
Filer	8:55	11:55	4:55	8:25	11:25
Lawsonham	9:00	12:00	5:00	8:30	11:30
Brookville	9:05	12:05	5:05	8:35	11:35
Summerville	9:10	12:10	5:10	8:40	11:40
Lawsonham	9:15	12:15	5:15	8:45	11:45
Oak Ridge	9:20	12:20	5:20	8:50	11:50
New Bethlehem	9:25	12:25	5:25	8:55	11:55
Lewistown	9:30	12:30	5:30	9:00	12:00
Red Bank	9:35	12:35	5:35	9:05	12:05
Pittsburg	9:40	12:40	5:40	9:10	12:10

Train 92 (Sunday) leaves Pittsburg 9:00 a. m., Falls Creek 4:17, Reynoldsville 4:30, Brookville 5:00, Red Bank 4:30, Pittsburg 4:25 p. m. Returns daily between Pittsburg and DuBois. On Sundays only train leaves Driftwood at 8:30 a. m., arrives DuBois at 9:00 a. m. Returns leaves DuBois 5:00 p. m., arrives Driftwood 4:40 p. m., stopping at intermediate stations.

Trains marked \* run daily; † daily, except Sunday; ‡ flag station, where signals must be shown.

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Philadelphia & Erie Railroad Division  
In effect May 25th, 1903. Trains leave Driftwood as follows:  
EASTWARD  
8:04 a. m.—Train 12, weekdays, for Sunbury, Williamsport, Hazleton, Pottsville, Scranton, Harrisburg and other intermediate stations, arriving at Philadelphia 6:23 p. m.  
New York, 9:50 p. m.; Baltimore, 6:00 p. m.; Washington, 4:15 p. m. Pullman Parlor car from Williamsport to Philadelphia and passenger coaches from Kane to Philadelphia and Williamsport to Harrisburg and Washington.  
12:30 p. m.—Train 8, daily for Sunbury, Harrisburg and principal intermediate stations, arriving at Philadelphia 7:37 a. m., New York, 10:23 a. m., Baltimore, 7:30 a. m., Washington, 6:45 a. m. Pullman sleeping cars from Harrisburg to Philadelphia and New York. Philadelphia passengers can remain in sleeper undisturbed until 7:30 a. m.  
1:05 p. m.—Train 4 daily for Sunbury, Harrisburg and intermediate stations, arriving at Philadelphia 7:47 a. m., New York, 9:43 a. m., on week-days and 10:28 a. m. on Sunday. Baltimore, 7:45 a. m., Washington, 8:30 a. m. Pullman sleepers from Erie, Williamsport to Philadelphia, and Williamsport to Washington. Passenger coaches from Erie to Philadelphia, and Williamsport to Harrisburg.

12:41 p. m.—Train 14 daily for Sunbury, Harrisburg and principal intermediate stations, arriving at Philadelphia 7:52 a. m., New York, 9:58 a. m., on week-days, 10:2 a. m., Sunday. Baltimore 7:55 a. m., Washington, 8:40 a. m. Vestibule buffet sleeping cars and passenger coaches, Buffalo to Philadelphia and Washington.

WESTWARD  
8:28 a. m.—Train 7, daily for Buffalo via Emporium.  
1:41 a. m.—Train 9, daily for Erie, Ridgway, and week days for DuBois, Clearmont and principal intermediate stations.  
9:30 a. m.—Train 3, daily for Erie and intermediate points.  
3:45 p. m.—Train 15, daily for Buffalo via Emporium.  
5:40 p. m.—Train 61, weekdays for Kane and intermediate stations.

JOHNSONBURG RAILROAD.

STATIONS	A. M.	WEEKDAYS	S. M.
... ..	10:34	Woodvale	11:02
... ..	10:39	Quincy	11:07
... ..	10:44	Smith's Run	11:10
... ..	10:49	Instanter	11:15
... ..	10:54	Straight	11:20
... ..	10:59	Green Hazel	11:27
... ..	11:04	Johnsonburg	11:49
... ..	11:09	Id Highway	12:01

RDGWAY & CLEARFIELD RAILROAD AND CONNECTIONS.  
p. m. p. m. a. m. a. m. p. m. p. m.  
1:00 2:15 9:30 at Ridgway 7:00 12:10 4:13  
7:30 9:04 9:29 Mill Haven 7:10 12:22 4:37  
7:03 1:04 9:10 Corydon 7:10 12:30 4:34  
7:05 1:01 9:06 Shorts Mills 7:25 12:33 4:37  
7:01 1:47 9:02 Blue Rock 7:28 12:36 4:31  
8:37 1:42 8:57 Carrier 7:30 12:40 4:41  
1:47 1:33 8:49 Broadway 7:43 12:43 4:34  
1:44 1:28 8:44 Lanes Mills 7:47 12:44 4:36  
8:39 1:45 8:46 Mill Creek 7:48 12:45 4:37  
6:35 1:19 8:35 Harveys Run 7:54 1:03 5:08  
6:30 1:15 8:30 Id Falls Ck 8:00 1:10 5:14  
1:10 1:15 8:29 Id DuBois 8:10 1:15 5:19  
6:30 1:15 8:03 at Falls Ck 8:00 1:15 5:12  
6:15 1:02 8:09 Reynoldsville 8:18 1:29 5:27  
5:39 1:24 8:03 Brookville 8:30 1:50 5:00  
4:50 1:17 New Bethm 9:30 2:39 6:43  
9:51 1:10 Id Red Bank 10:10 3:26 7:25  
3:30 9:00 Id Pittsburg 12:38 2:39 9:30  
p. m. a. m. a. m.  
For time tables and additional information consult ticket agents.  
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