



Mrs. Haskell, Worthy Vice Templar, Independent Order Good Templars, of Silver Lake, Mass., tells of her cure by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM: Four years ago I was nearly dead with inflammation and ulceration. I endured daily untold agony, and life was a burden to me. I had used medicines and washes internally and externally until I made up my mind that there was no relief for me. Calling at the home of a friend, I noticed a bottle of Lydia E. Pinkham's Vegetable Compound. My friend endorsed it highly and I decided to give it a trial to see if it would help me. It took patience and perseverance for I was in bad condition, and I used Lydia E. Pinkham's Vegetable Compound for nearly five months before I was cured, but what a change, from despair to happiness, from misery to the delightful exhilarating feeling health always brings. I would not change back for a thousand dollars, and your Vegetable Compound is a grand medicine.

"I wish every sick woman would try it and be convinced."—Mrs. Ida HASKELL, Silver Lake, Mass. Worthy Vice Templar, Independent Order of Good Templars.

"When a medicine has been successful in more than a million cases, is it justice to yourself to say, without trying it, 'I do not believe it would help me'?"

"Surely you cannot wish to remain weak, and sick and discouraged, exhausted with each day's work. You have some derangement of the feminine organism, and Lydia E. Pinkham's Vegetable Compound will help you just as surely as it has others."

Mrs. Tillie Hart, of Larimore, N. D., says:

"DEAR MRS. PINKHAM: I might have been spared many months of suffering and pain if I had known of the efficacy of Lydia E. Pinkham's Vegetable Compound a few months sooner, for I tried many remedies without finding anything which helped me before I tried the Vegetable Compound. I dreaded the approach of the menstrual period every month, as it meant much suffering and pain. Some months the flow was very scanty and others it was profuse, but after I had used the Compound for two months I became regular and natural, and so I continued until I felt perfectly well, and the parts were strengthened to perform the work without assistance and pain. I am like a different woman now, where before I did not care to live, and I am pleased to testify as to the good your Vegetable Compound has done for me." Sincerely yours, Mrs. TILLIE HART, Larimore, N. D.

Be it, therefore, believed by all women who are ill that Lydia E. Pinkham's Vegetable Compound is the medicine they should take. It has stood the test of time, and it has hundreds of thousands of cures to its credit. Women should consider it unwise to use any other medicine.

Mrs. Pinkham, whose address is Lynn, Mass., will answer cheerfully and without cost all letters addressed to her by sick women. Perhaps she has just the knowledge that will help your case—try her to-day—it costs nothing.

FASCINATING QUESTION.

Was the Planet Venus the Star of Bethlehem?

"What was the star of Bethlehem?" is a question that has puzzled mankind for many ages. Many believe that it may have been a perfectly natural phenomenon, unusual enough to deceive the Magi into the belief of a miraculous sign. The reappearance of the planet Venus is separated by intervals of 584 days. The date of Christ's birth is not certainly known within four years, and it is scarcely possible that when the birth occurred, the planet Venus may have been near her brightest phase as an evening star. To the Magi travelling across the desert toward the West she would have appeared every evening shining with extraordinary splendor in the direction of Palestine, growing brighter as they approached. If their arrival in Palestine coincided nearly with the period of her inferior conjunction with the sun, she would be at her brightest when they neared the mountains of the Holy Land, would seem early in the evening to touch the nearby horizon where Bethlehem lay, as if to indicate to them that there was the end of their journey, and very shortly after their arrival would disappear from the sky, being swallowed in the overpowering rays of the sun. The nature of Venus might easily have been unknown to the "Wise Men." Their wisdom was doubtless of a speculative, metaphysical and mystical character, which would readily accept as miraculous an unusual phenomenon that seemed to have some special relation to themselves.—Everybody's Magazine for December.

Book Prizes.

Four prizes are offered in the February St. Nicholas to the St. Nicholas League chapters that on or before March 25th shall give the most successful public entertainment and devote the net proceeds to the best use. The prizes will be books, chosen from The Century Co.'s publications, to the value of: first, fifty dollars; second, twenty-five; third, fifteen; fourth, ten. Brides and instruction leaflets will be sent upon request to all desiring to join the League and to organize chapters. It is not necessary to be a subscriber to the magazine to belong to the League.

FARM AND GARDEN

The Value of Food.

The most economical food is that which gives the best results. Fodder which was left in the field last fall will not compare favorably with that which was protected in the barn. The value of the food depends upon its care and preparation, and economy is practiced by judicious management of the stock and the feeding of food that has not lost its nutritive qualities by exposure. Even straw may be made valuable by good care, and especially if fed in connection with concentrated food.

Injury from Salt.

Small quantities of salt are very beneficial for fowls, but large quantities may cause serious illness, or even death. From half an ounce to an ounce of salt is fatal to a large chicken. This quantity will cause loss of appetite, great thirst, redness of the membrane lining the mouth and throat, pain and diarrhoea, and if the poisoned fowl is opened after death it will be found that the intestines are in a very inflamed condition, but usually the inflammation is not of quite such a serious type as with arsenical poisoning. Such substances as mackerel brine, beef pickle, etc., are even more poisonous than pure salt, and smaller quantities will produce the same symptoms.

Incubators and Hens.

The incubator is one of the greatest inventions made; not that it is as valuable to the community as some other inventions, but because it wrestles with the problem of imparting life. Unfortunately the lot of the incubator manufacturer is a hard one, for no matter how perfect his machine may be he is held responsible for the lack of knowledge on the part of his patrons, and his work never ends with the simple sale of a machine, as is the case with other inventions. If he sells a hundred machines to as many individuals he is responsible to a hundred peculiarities, not only of the purchasers but of the hens owned by them. Then, again, the majority of persons expect more from an incubator than from a hen, but rebel against the same proportion of work performed by an incubator.—Mirror Farmer.

Secrets of Farm Success.

If a farmer wishes to be successful, and produce good results, he must be business like and energetic. A man who is careless about his farm surely cannot be successful. What I mean by carelessness is to leave farming tools lying where they were last used, instead of having a good shelter for them, as they should be kept in shelter when not in use. Persons who travel along the public roads, seeing corncrips, hayrakes and other farming implements standing in fence corners or trees can judge for themselves what kind of farmers own them. Mowing machines that stand out in the weather from one harvest to another are damaged more by the weather than by one harvest's wear. May I inquire which is the cheaper, to use the sky for shelter or a shelter made of wood? I know some thrifty and energetic farmers who are scarce of timber who make straw sheds for their farm implements. Let every farmer be as wise as these, be he rich or poor, because a man cannot afford to lose what he earns by the sweat of his brow, and by being careful and industrious he can save all he makes. Among the things that are neglected by a great many farmers is the care of horses. The most useful and best animal a man can own should have the best of care. Never drive a horse several miles of a cold or rainy day and hitch him to a post and go off and leave him standing several hours without a good blanket on.—Louis Campbell, in the Epitome.

Farm Notes.

Dry axes add double, often triple, to the labor of a team. Nothing pays better than frequent oiling of all farm wagon axles.

If there is surplus grain or hay it may pay to buy very poor stock to fatten, but the stock on the farm should never be allowed to fall off in condition.

If your saws are rusty, try mixing a small quantity of emery dust with sweet oil and apply it with a large corn cob. When treated in this manner saws look like new.

This is the day of the small farmer, not because he has a few acres necessarily, but because he is so much more able to care for what he has than is the man with half a township to look after.

It is a good plan to stop and pick up any cast-off horse shoes you may find in the road, not because of any superstitious notion, but because one may sometimes come across a shoe that will fit his own horse.

Use up all the old straw before beginning on the new. Cut it up fine with a fodder cutter, make bedding of it, and when it is added to the manure heap it will decompose easily and also assist in absorbing liquids.

A piece of an old pump chain, with a snap at the lower end and the other end fastened to a sleeper overhead, will make a nice place to hang the lantern when doing chores in the morning. But don't set the lantern on the floor.

Scrubbing and whitewashing the dirty walls of the stable will rob it of much of the odor absorbed so readily by the milk. Anything which contributes to the sweetness of the atmosphere of the stable adds to the health and milk productiveness of the confined animal.

very fine manure the fourteen-inch coal shovel is excellent, and at least one should be found in every outfit. Low, broad tread wagons are best for hauling. For short trips a loose board platform with movable side and end boards is excellent, and is easier unloaded than the wagon box. The box, though, has the advantage of always being ready. Having previously pulverized the manure fine at the barn, spread it evenly over the ground. I have seen men haul great chunks of manure to the field and throw them several feet apart. What benefit they expect the intervening ground to derive I cannot see. If the manure is to be spread on ground on which you expect to sow clover or grass seed, sow these first, and spread evening well pulverized manure over it. A fine stand will be the result if the seed is good. Thin spots in the pasture or meadow can be doctored profitably by this method.—E. W. Jones, in the Epitome.

Practice Cleanliness.

It is utterly useless to keep the fowls and their dwelling house free from lice if all filth and uncleanness is not first removed. It is no use to feed stimulating foods and doctor sick fowls if their quarters are in an unhealthy condition. The fall cleaning should be very thorough, so as to make it as comfortable as possible for the long, cold winter which is to follow. After the droppings are removed, it is well to take off three or four inches of the dirt and replace it with plenty of fine dry dirt in which lime and wood ashes have been scattered sparingly. Before replacing the roosts, take an old broom and give them a good scrubbing with strong soap-suds; after this is done pour coal-oil upon them. The wall of the house may be whitewashed, this helps to give it a cheerful appearance. After the house has undergone a careful process of this nature, we may rest assured that there are no vermin lurking about it anywhere. The next question to puzzle our mind may be concerning the fowls and how to rid them of lice. There are many different methods; some advise one way and others another. A friend recently told me the most satisfactory method he had ever tried was to dip them, one at a time, in sheep dip. It, no doubt, would be all right.

Now is the time to teach all the fowls to roost in the poultry house; it will be much easier done now than when the weather gets freezing cold. You can't expect returns if your hens roost on trees and in open sheds. Much depends upon the kind of hen houses we have and the conditions. Both warmth and ventilation must be secured and yet avoid draughts which will cause roup and various other diseases. A good poultry house is an indispensable requisite. Build it large, avoid crowding. Choose a good location and slope the roof toward the south.—E. W. Jones, in the Epitome.

SISTERS OF ST. JOSEPH

RELY ON PE-RU-NA TO FIGHT CATARRH, COUGHS, COLDS, GRIP

Peruna for coughs and colds in children.



SISTERS OF ST. JOSEPH

Use Pe-ru-na for La Grippe and Winter Catarrh.

IN EVERY country of the civilized world the Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

Whenever coughs or colds, la grippe or pneumonia make their appearance among the children these Sisters are not discontented, but know exactly the remedies to apply.

With so many children to take care of and to protect from climate and disease these wise and prudent Sisters have found Pe-ru-na a never-failing safeguard.

Sisters of St. Joseph, of the Deaf Mute Institute, 1840 Cass Ave., St. Louis, Mo., writes:

"We appreciate Peruna very much. It certainly does good work with catarrh and also with colds and la grippe. We have faith in Peruna and have inspired many others with same. We do not like to be without it. It has certainly kept us from being very sick. It did a world of good last winter for our little ones. Thanking you for your kindness to us and our afflicted ones, we remain, yours gratefully,



"SISTERS OF ST. JOSEPH."

Dr. Hartman receives many letters from Catholic Sisters from all over the United States, recommending recently received from a Catholic institution in Detroit, Mich., reads as follows:

Dr. S. B. Hartman, Columbus, Ohio:
"Dear Sir:—The young girl who used the Peruna was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured." Sisters of Charity.

"This young girl was under the care of the Sisters of Charity and used Peruna for catarrh of the throat, with good results as the above letter testifies."

From a Catholic institution in Central Ohio comes the following recommendation from the Sister Superior:

"Some years ago a friend of our institution recommended to us Dr. Hartman's Peruna as an excellent remedy for the influenza, of which we then had several cases, which threatened to be a serious character."

LO, THE RICH INDIAN.

Members of the Osage Tribe Have Reached Prosperous Days.

Every member of the Osage tribe has a balance of \$4,644 deposited in the safest place on earth, in the vaults of Uncle Sam's big bank at Washington, drawing 5 per cent interest. In addition to this, they have each 857 acres of land, about one-fifth of which is in a good state of cultivation, and is worth from \$10 to \$20 an acre.

Of the total remaining \$50,000 acres is leased for pasture, mostly to Texas cattle men, at an average rental that gives the land a value of \$5 an acre to the Indian. But averaging up the whole at the low value of \$5 an acre—and this does not take into consideration the oil nor the lead in values that must follow the several lines of railways now being constructed through the reservation—the land holdings of each Osage are easily worth \$6,856.

This is to say a very conservative statement of the wealth of these people. The Sisters of Charity, 111-509 for every man, woman and child of the tribe.—Chicago Inter Ocean.

Billion Dollar Grass and Alfalfa.

When we introduced Billion Dollar Grass three years ago, little did we dream it would be the most talked of grass in America, the biggest, quickest, hay producer on earth, but this has come to pass.

Ag. Editors wrote about it, Agr. College Professors lectured about it, Agr. Institute Orators talked about it, while in the farm home by the quiet fire-side, in the corner grocery, in the village postoffice, at the creamery, at the depot, in fact wherever farmers gathered, Salzer's Billion Dollar Grass, that wonderful grass, good for \$5 to 14 tons per acre, and lots of pasture beside, is always a theme worthy of the farmer's voice.

A. Walford, Westlona Farms, Pa., writes: "It is immense. I cut three crops this season and have lots of pasture besides."

JUST SEND THIS NOTICE AND 10c. IN STAMPS to the John A. Salzer Seed Co., La Crosse, Wis., and receive their big catalog and lots of farm seed samples free. [A.C.L.]

In Finland reindeer are worth \$7.50 a head. A reindeer can travel about 130 miles a day.

JUNE TINT BUTTER COLOR

makes top of the market butter.

Planets revolve, but shooting stars are not necessarily revolvers.

An eight-inch pipe line has been constructed from the Bakersfield oil region 280 miles to San Francisco bay by the Standard Oil Company. The oil is so thick that it has to be heated every twenty-seven miles as it travels. The line is covered with asbestos and delivers 20,000 barrels a day.

Carnegie Doubles Harwick Fund.

Andrew Carnegie announced that he would duplicate the total subscription to the fund for the relief of victims of the Harwick disaster. Sums already subscribed practically guarantee that \$50,000 will be raised. This, with Mr. Carnegie's subscription, will give a total of \$100,000 for the families.

Blindness cured with Thompson's Eye Water.

BEST FOR THE BOWELS

Cascarets

GANDY CATHARTIC

WORK WHILE YOU SLEEP

GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated abdomen, flatulence, headache, indigestion, constipation, pain after eating, liver trouble, yellow skin and diarrhea. When your bowels don't move regularly you are sick. Constipation kills more people than all other diseases together. It starts chronic ailments and long years of suffering. No matter how bad, start taking CASCARETS today, for you will never get well and stay well until you get your bowels right. Take our advice, start with Cascarets today under absolute guarantee to cure or money refunded. The genuine tablet stamped G. C. C. New York, N. Y. Sample and booklet free. Address: Sterling Remedy Company, Chicago or New York.

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PISO'S CURE FOR CONSUMPTION

SOLELY BY MAIL. PRICE: 50c. PER BOTTLE. No. 100, 100 West 22d St., N. Y. City. Use in time. Sold by druggists.

Looking for a Home?

Then why not keep in view the fact that the farming lands of Western Canada

are sufficient to support a population of 50,000,000 or more? The immigration for the past six years has been phenomenal.

FREE Homestead Lands

easily accessible, while other lands may be purchased from Railway and Land Companies. The grain and grazing lands of Western Canada are the best on the continent, producing the best grain and cattle feed on grass lands ready for market.

Markets, Schools, Railways and all other conditions make Western Canada an enviable spot for the settler.

For a descriptive Atlas and other information apply to: Mr. W. D. SCOTT, Superintendent of Immigration, Ottawa, Canada.

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An antibiotic for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-killing and curative qualities of this medicine are wonderful. It will stop the toothache at once, and relieve headache and neuralgia. We recommend it as the best and safest external counter-irritant known, also an external remedy for pains in the chest, and some of the most acute rheumatic, neuralgic and gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household. Many people say "It is the best of all my preparations." Price 15c. at all druggists or other dealers, or by sending this amount to our postage stamp we will send you a tube by mail. No article should be accepted by the public unless the same carries on label, another illustration, and genuine. CHESBROUGH MANUFACTURING CO., 17 State Street, NEW YORK CITY.