SISTERS OF CHARITY

Use Pe-ru-na for Coughs, Colds, Grip and Catarrh--A Congressman's Letter.

In every country of the civilized world Sisters of Charity are known. Not only do they minister to the spiritual and intellectual needs of the charges committed to their care, but they also minister to their bodily needs.

With so many children to take care of and to protect from climate and disease, these wise and prudent Sisters have found Peruna a never failing safeguard.

Dr. Hartman receives many letters from Catholic Sisters from all over the United States. A recommend recently received from a Catholic institution in Detroit, Mich., reads as follows:

Dr. S. B. Hartman, Columbus, Ohio:

Dear Sir:—"The young girl who used the Peruna was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured."—Sisters of Charity

The young girl was under the care of the Sisters of Charity, and used Peruna for catarrh of the throat with good results, as the above letter testifies.

Send to The Peruna Medicine Co., Columbus, Ohio, for a free book written by Dr. Hartman.

The following letter is from Congressman Meekison, of Napoleon, Ohio:

The Peruna Medicine Co., Columbus, O.:

Gentlemen: "I have used several bottles of Peruna and feel greatly benefited thereby from my catarrh of the head, and feel encouraged to believe that its continued use will fully eradicate a disease of thirty years' standing."—David Meekison.

David Meekison.

Dr. Hartman, one of the best known physicians and surgeons in the United States, was the first man to formulate Peruna. It was through his genius and perseverance that it was introduced to the medical profession of this country.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Why the Referee is Safe.

The Birmingham News is surprised that no football referee has ever been slugged; but after a football player has had his collar bone broken, his kneecap dislocated, his eyes closed, his cranium cracked, his ear slit and two or three teeth knocked down his throat he doesn't feel much like mauling the referee.—Memphis Commercial Appeal.

What the Receiver Receives.

A legal fiction calls the man who takes charge of a bankrupt company the "receiver." But by the time the trust promoters get through with a corporation about all the receiver receives is a large bunch of trouble.

The Ballots From the Trees.

Dame Nature holds election, too,
As though she fain would scoff us,
And every leaf that flutters down
Votes Autumn out of office.
—New York Sun.

The number of lunatics under control in Ireland is 22,000, an increase of 1,000 in two years.

Miss Rose Peterson, Secretary Parkdale Tennis Club, Chicago, from experience advises all young girls who have pains and sickness peculiar to their sex, to use Lydia E. Pinkham's Vegetable Compound.

How many beautiful young girls develop into worn, listless and hopeless women, simply because sufficient attention has not been paid to their physical development. No woman is exempt from physical weakness and periodic pain, and young girls just budding into womanhood should be carefully guided physically as well as morally. Another woman,

Miss Hannah E. Mershon, Collingswood, N.J., says:

"I thought I would write and tell you that, by following your kind advice, I feel like a new person. I was always thin and delicate, and so weak that I could hardly do anything. Menstruation was irregular.

"I tried a bottle of your Vegetable Compound and began to feel better right away. I continued its use, and am now well and strong, and menstruate regularly. I cannot say enough for what your medicine did for me." *—$5000 forfeit if original of above letter proving genuineness cannot be produced.*

Lydia E. Pinkham's Vegetable Compound will cure any woman in the land who suffers from womb troubles, inflammation of the ovaries, and kidney troubles.

Tree Was 1,330 Years Old.

One of the smaller sequoia trees in California has recently been cut. It was only 15 feet in diameter, yet its annual rings showed it to be 1,330 years old.

FITS Permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free Dr. R. H. Kline, Ltd., 931 Arch St., Phila., Pa.

An electric railway is to be built from Rome to Naples. It will be 130 miles long, and will cost over $19,000,000.

Dish Washing in Winter.

Housekeepers naturally dread dish washing in winter, owing to the fact that it chaps the hands and renders them hard and rough. Much of the injury, however, results from the use of impure soap. If Ivory Soap is used in washing dishes and the hands are carefully rinsed and dried, they will not chap.—Eleanor R. Parker.

The tight-fitting British uniform is alleged to be the cause of much heart disease among soldiers.

Mrs Winslow's Soothing Syrup for children teething, soften the gums, reduces inflammation, allays pain, cures wind colic. 25c. a bottle

Since the beginning of the war in Somaliland about 16,000 camels have been used.

Old Sofas, Backs of Chairs, etc., can be dyed with Putnam Fadeless Dyes.

Fifty kinds of degrees are given by American colleges.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1900.

One person in every 575 in the United States is a physician.

H. H. Green's Sons, of Atlanta, Ga., are the only successful Dropsy Specialists in the world. See their liberal offer in advertisement in another column of this paper.

Americans imported $25,412,776 worth of precious stones last year.

Longest Bridge in the World.

The longest bridge in the world is the Lion Bridge, near Sangang, in China. It extends five and a quarter miles over an arm of the Yellow Sea, and is supported by 300 huge stone arches. The roadway is seventy feet above the water and is enclosed in an iron network.

Beware of Ointments For Catarrh That Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists; price, 75c. per bottle.

Hall's Family Pills are the best.

Death Too Expensive.

It is a significant fact that with the phenomenal increase in the price of coffins has come a marked decrease of mortality among local Chinese. The natives just simply cannot afford to die at the present undertaking rates, and that's all there is to it.—Shanghai Times.

The St. Louis Fair appropriations in the States and Territories amount to $6,107,500, or $707,969 more than the total from similar sources at the Chicago Exposition.

POPULAR SCIENCE

Brussels boasts an astonishing decrease in its mortality rate. The average per day has lately been only one-third of what it used to be, and there were several days in September when there were no funerals at all.

After fourteen years of study Dr. von Schroen, professor of pathological anatomy at Naples, is convinced that he has discovered the bridge between living and lifeless things in the so-called petroblasts which form during the process of crystallization and which resemble living cells in their growth.

One of the advantages in the proposed mono-rail suspended electric railway for Hamburg is that corners of a narrow street can be turned, owing to the short radius of curvature permitted. It is also estimated that both the first cost and the operation will be considerably less than on an ordinary elevated road.

German Southwest Africa is now being recommended by German physicians as a permanent home for consumptives and young men with tendencies in that direction. The winters are like those in Southern California—the air pure and dry, the sky always blue, and the temperature moderate and inviting to life outdoors.

Professor E. L. Thorndike has recently been making a series of measurements of the mental traits of boys and girls. He finds that the greatest difference between the sexes is in the rate and accuracy of perception, verbal memory and spelling. In these respects the girls are superior to the boys, only one-third of the latter reaching the average mark of the girls. He also finds girls less variable, mentally, than boys.

The usual problems confronted the American engineers who constructed the power-transmission line from the Cauvery Falls to the Kolar gold mines, in India. The wires were carried on poles through the jungle, the distance of the line being ninety miles. To prevent the depredations of white ants, the poles are set in seven-foot iron sockets; otherwise the pests would soon destroy them. And to make the wires safe from the inquisitive trunks of wild elephants they were strung at an elevation beyond their reach. Careful measurement was made to this end.

German woodworkers and builders say that wood that comes to the sawmill or the workship by floating is much better for their purposes than that which is brought in dry. The reason is that, while the wood is lying in the water, its sap and albuminous and salty materials are dissolved out. If these substances remain in the wood they readily absorb moisture from the atmosphere after coming out of the drying rooms, and the wood swells. Artificial means of washing out the substances are used in Germany with wood that has not been floated.

Interviewing as Literature.

As a matter of fact, all estimable literature is but a form of elaboration of our American interview. Adam's report is an example, but not a particularly felicitous paragraph of holy writ. If Homer tells the truth he is a star reporter. We account Plato a greater man than Socrates, whose extraordinary loquacity he embalmed. It is open to doubt whether the frame of Dr. Samuel Johnson could have been perpetuated save through the interviews which Boswell set down, seeing that his dictionary is now nothing but literary dust. It is unquestionable that unless his several valets and marshals had recorded their luminous interviews and impressions we should never fully have known how exceedingly great was Napoleon Bonaparte.

And in our own time we have seen how the American newspaper man has developed the value of the personal note and interest in the interview; how Horace Greeley, from having written so much about other celebrties came to have so much written about himself; how George Alfred Townsend illuminated the characters of his political contemporaries; how John Russell Young did the same and gave us our most intimate glimpse of Grant.

A hundred able interviewers have performed biographical services of greater or less value. Thousands of them, in all civilized lands, are carrying on the good work to-day.—Mail and Express.

When Linen is Translucent.

The whiteness and opacity of dry linen, as of writing paper, are due mainly to the fact of repeated reflexions at the surface, so that the light is wasted in these reverberations before it can reach to any depth.

The body of linen is a network of transparent fibres not in optical contact, which intercept the light by repeatedly reflexing it. Now, if the interstices of these fibers are filled by a body of the same refractive index as the fibres themselves the reflexion of the surface is destroyed and the linen is rendered more transparent. Water does this; hence linen when wet is darker, but more translucent, just as is the oiled paper used for tracings by architects and engineers.

The same holds good with ordinary glass and ground glass, the repeated inflexions of the latter making it far less transparent. To a similar cause are due the whiteness and opacity of snow, of salt and of pulverized glass.

Appendicitis insurance policies are issued in England at $1.25 a year for every $500.

A RUSSIAN EXECUTION.

Remarkable Sang Froid of a Desperate Criminal on the Scaffold.

Some time ago a Russian criminal was executed in St. Petersburg, says the Washington Post. He had during the last two years murdered twelve persons, the last one being a priest. The law did not show the monster any mercy, but speedily condemned him to death.

Stebljanski was the name of this wholesale murderer, and he hoped to the last for clemency. When the death warrant was read and the keeper informed him that he had but six hours to live he raged and swore to revenge himself in the most terrible manner. After being left alone in the cell the first thing he did was to break his lamp, and, procuring some matches, he set fire to the oil. In a moment the flames broke through the window and the entire building was for a time threatened with destruction. Fortunately, the fire was discovered in time and got under control before much damage had been done, but in the meantime a terrible struggle ensued between the keepers and the criminal, who had fortified himself with an iron bar taken from his bedstead. The first man to enter the cell was knocked senseless, and it was only after being almost suffocated with smoke that the prisoner was finally overpowered. Next morning the execution took place. The condemned man ascended the scaffold with much bravado, made a thorough examination of the same and finally declared that the rope was too short.

"I cannot get my head in the loop," he said, "and though it will cause me some inconvenience to wait I will smoke a cigarette while you are having it attended to."

He lighted a cigarette, and, turning to the executioner, made a speech, pointing out the detestable in his profession, and as a condemned criminal in Russia has certain rights no one dared to interrupt him.

The executioner, who really was a tender-hearted man, became visibly affected by the moralizing words of the murderer, and, turning to the crowd assembled before the scaffold, declared that his conscience did not allow him to proceed to take a fellow-being's life, and he then and there resigned his position and departed midst the shouts of the assemblage.

This caused great confusion among the representatives of the law, for where could they in a hurry get another executioner? The question was, however, solved by the condemned man, who declared that he would execute himself as soon as he got through smoking. He started an interesting conversation with the priest during the five minutes or so which he had left, and recommended that he read Count Tolstoi's latest book, which contains striking remarks about the relation of capital punishment to the teachings of Christianity. He then threw a kiss to a pretty girl among the spectators, stuck his head in the loop, and kicked away the trap beneath his feet.

Intelligent Use of the Shears.

The editor who uses the shears intelligently, says the Burlington Hawkeye, cannot be classed as a lazy editor. Be it understood that to read and understand and appreciate the writings of others and to be able to cull from the thoughts of a fellow editor the gist of his argument so as to give the readers the benefit is a task in comparison with which the writing of a long and ponderous "leading" editorial is child's play.

To have the mind capable of recognizing and culling the gems of thought from exchanges is not laziness. To read with care the numerous editorial pages that come to an exchange table so as to be thoroughly in touch with the thought of the day and to select with intelligence the best of this editorial thought is not laziness. It is the hardest part of a conscientious newspaper editor's work.

The brightest editorial pages in the State or nation are those which contain, in addition to the thoughts of the editor, a well selected symposium of extracts from other newspapers. It is this sort of editorial page which is of the most value to a discriminating reader, and it conveys more genuine thought and imparts more pleasure to the student of the world's affairs.

A Plague of Elephants.

Concerning the large increase in the number of man eating tigers in India, which is said to be due to the wholesale slaughter of deer and the consequent difficulty on the part of "Stripes" in finding his usual food, it may be pointed out that there is a plague of elephants in Madras, owing to overproduction. The damage done to crops and to young forests is becoming quite serious, and it is even hinted that many human lives are sacrificed in the endeavor to combat the nuisance. It is estimated that in the last twenty to twenty-five years the number of wild elephants in Madras has, owing to protective legislation, been quadrupled, and some drastic measures seem to have now become absolutely necessary.—King.

Indian Poverty.

In a paper which he read before the British Association, Sir Robert Giffen put the annual income of the 300,000,000 people inhabiting British India and the feudatory States at $2,340,000,000, or $78 per cipita. Writing to the London Times, William Digby, the Indian authority, asserts that this is an overestimate. He shys there is not so great an income, actually, for the 300,000,000 of to-day as there was for 250,000,000 twenty years ago. He says that the total visible income of India in 1900 was $1,449,799,595, which gives each individual less than $50 a year to live on. In the Presidency of Madras he estimated that the income of the 34,000,000 inhabitants is five-eighths of a penny per head per day.

WHAT SICK KIDNEYS CAUSE.

Kidney Complaints.—Diabetes, Bright's Disease, Inflammation of the Kidneys, Dropsy (swelling of the limbs or body), incessant pains in the back or loins.

Bladder Troubles.—Inflammation of the bladder, inflamed passages, pain in passing urine, incontinence of urine, too much or too little urine.

Uric Acid Troubles.—Rheumatism, Gravel, Gout, Gall Stones, Lumbago.

Nerve Troubles.—Neuralgia, Sciatica, Nervous Collapse, Sleeplessness, Melancholia.

Many other disorders are caused directly or indirectly by faulty kidney action, and can be reached and cured by Doan's Kidney Pills. This remedy has cured every complaint recorded above, and over 50,000 testimonials prove its surprising merit.

50 cents per box, of all dealers, or mailed on receipt of price, by addressing Foster-Milburn Co., Buffalo, N. Y.

FIRST KIDNEY PILL MADE.
THE ORIGINAL DISCOVERY.
THE ONLY GENUINE.

Wm. H. Neighbors, the well-known jeweler of West Main Street, Wytheville, Va., says: "Some four years ago an attack of grip settled in my back, and I have suffered off and on ever since with a dull, heavy aching across the small of my back, always more severe in the morning. It was difficult for me to stoop or straighten, and if I sat down for any length of time it was hard for me to arise. I took two boxes of Doan's Kidney Pills, and the dull, disagreeable aching left me."

H. B. McCarver of 201 Cherry Street, Portland, Oregon, inspector of freight cars for the Transcontinental Company, says: "I used Doan's Kidney Pills for backache and other symptoms of kidney trouble which had annoyed me for months. I think a cold was responsible for the whole trouble. It seemed to settle in my kidneys. Doan's Kidney Pills rooted it out. It is several months since I used them, and up to date there has been no recurrence of the trouble."

Mrs. George Wallace, Jr., of Elmira, N. Y., wife of George Wallace, broker, of West Water Street, and living at 667 Baldwin Street, says: "In March, 1897, I was cured of kidney and bladder trouble by Doan's Kidney Pills. My physician said at that time that my life could be saved only by an operation. Night after night I had been kept awake for hours at a time with terrible pain in my back, and the secretions from the kidneys were in as bad a state as possible. I suffered with hemorrhages frequently and was in a weak state. Four boxes of Doan's Kidney Pills cured me, and I now gladly reendorse the remedy, because during the time which has since elapsed, nearly seven years, I have never had the slightest sign of a return of the trouble."

DOAN'S KIDNEY PILLS.

Bread Trees.

At Sierre Leone is found the cream fruit tree, the fruit of which is very agreeable in taste. In Ceylon there is the bread fruit trees, from which a food is made in the same way that we make bread. It is said to be equally good and nutritious. In South America we find the milk tree.

Reflections of an Old Maid.

When a man does any work around the house it's more trouble to clean up after him than to do the work yourself.

I've seen young women spend three month's time and hundreds of dollars of their fathers' money in getting a trousseau for the purpose of marrying a 30-cent young man.

Some young fellows that are trying to raise mustaches ought to write to a beauty doctor instead and find out how to remove superfluous hairs from the upper lip.

I'd just as lief promise to obey a man as to promise to love and honor him. It's as easy to do one as the other, and sometimes a great deal easier.

There is nothing a man hates to do worse than to pay his wife's dental bills.

Many a widow marries a second husband in order to get even with the sex.

Marrying in haste is no worse than any other kind of marrying.

Brigham Young was merely a man who had the opportunity—Chicago Tribune.

Coughs

"My wife had a deep-seated cough for three years. I purchased two bottles of Ayer's Cherry Pectoral, large size, and it cured her completely."
J. H. Burge, Macon, Col.

Probably you know of cough medicines that relieve little coughs, *all coughs, except deep ones!* The medicine that has been curing the worst of deep coughs for sixty years is Ayer's Cherry Pectoral.

Three sizes: 25c., 50c., $1. All druggists.

Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with him. We are willing.
J. C. AYER CO., Lowell, Mass.

Inasmuch as department stores and other business houses all over the country have uniformed office boys, the putting of White House employes into uniforms may possibly not mean the downfall of the Republic.

German Canaries Best Singers.

The canaries of Germany excel all other canaries as singers. One has been known to continue a single trill for a minute and a quarter, with 20 changes of note in it.

Leiter, the Chicago "cornerist," claims that his partner "squeezed" him. In these matters the "squeezer" does not seem to like it any better than any other people, when it comes his turn to be squeezed."

The Sultan gives assurance that the Macedonian uprising has been entirely suppressed. He must feel sorry that he did not secure the services of an American press agent long ago.

Race Suicide in France.

Race suicide is a serious question in France, for the population of the country is decreasing, not by emigration, for very few Frenchmen leave their native country compared with those of other nations, but because the death rate is greater than the birth rate. People are dying faster than they are born. According to the returns of the bureau of vital statistics they were 25,988 more deaths than births in France last year and 20,000 less births than during the previous year, while the increase in the number of deaths was 37,052. The record shows only 827,297 births for a population of more than 39,000,000. There was a slight increase in the number of marriages, and a slight decrease in the number of divorces, which fell off from 7,179 to 7,157. There were 16,815 more boys born than girls.

No country in the world shows a similar record. In all the European states as well as in South America the natural increase of the population is considerable every year. The number of our neighbors upon this blessed old globe is greater to-day than it was yesterday and continues to multiply by a steady percentage. France alone shows a decrease.

Appendicitis Insurance.

A London appendicitis assurance company now issues special policies guaranteeing the holders all the medical, surgical and nursing expenses, up to the amount insured, incurred in an attack of this malady.

Walked Over 200,000 Miles.

An English postman died recently leaving an authenticated record of having walked 211,000 miles in the 42 years he was employed in the post-office.

London Women Drunkards.

According to the London police records 99 per cent of the habitual drunkards in that city who were imprisoned last year were women.

New York now understands why there was no weeping and gnashing of teeth in Chicago when Dowie left.

CAPSICUM VASELINE
(PUT UP IN COLLAPSIBLE TUBES)

A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-allaying and curative qualities of this article are wonderful, it will stop the toothache at once, and relieve headache and sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all rheumatic, neuralgic and gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household. Many people say "it is the best of all of your preparations." Price 15 cts., at all druggists or other dealers, or by sending this amount to us in postage stamps we will send you a tube by mail. No article should be accepted by the public unless the same carries our label, as otherwise it is not genuine. CHESEBROUGH MFG. CO., 17 State Street, New York City.

$6 PAID for addressing envelopes; send dime and stamp for full instructions; steady work. P. O. Sampson & Co., 8 West 23d St., N. Y.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment Free. Dr. H. H. GREEN SONS, Box B, Atlanta, Ga.

PILES

"I have suffered with piles for thirty-six years. One year ago last April I began taking Cascarets for constipation. In the course of a week I noticed the piles began to disappear and at the end of six weeks they did not trouble me at all. Cascarets have done wonders for me. I am entirely cured and feel like a new man." George Kryder, Napoleon, O.

Best For The Bowels
Cascarets
CANDY CATHARTIC
THE WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sicken, Weaken or Gripe, 10c. 25c. 50c. Never sold in bulk. The genuine tablet stamped CCC. Guaranteed to cure or your money back.

Sterling Remedy Co., Chicago or N.Y. 508

ANNUAL SALE, TEN MILLION BOXES

THERE IS NO SLICKER LIKE TOWER'S FISH BRAND

Forty years ago and after many years of use on the eastern coast, Tower's Waterproof Oiled Coats were introduced in the West and were called Slickers by the pioneers and cowboys. This graphic name has come into such general use that it is frequently though wrongfully applied to many substitutes. You want the genuine. Look for the Sign of the Fish and the name Tower on the buttons.

MADE IN BLACK AND YELLOW AND SOLD BY REPRESENTATIVE TRADE THE WORLD OVER.
A. J. TOWER CO. BOSTON, MASS. U.S.A.
TOWER CANADIAN CO. Limited TORONTO, CAN.

RIPANS TABULES

Ripans Tabules are the best dyspepsia medicine ever made. A hundred millions of them have been sold in the United States in a single year. Every illness arising from a disordered stomach is relieved or cured by their use. So common is it that diseases originate from the stomach it may be safely asserted there is no condition of ill health that will not be benefited or cured by the occasional use of Ripans Tabules. Physicians know them and speak highly of them. All druggists sell them. The five-cent package is enough for an ordinary occasion, and the Family Bottle, sixty cents, contains a household supply for a year. One generally gives relief within twenty minutes.

PENSION JOHN W. MORRIS, Washington, D.C. Successfully Prosecutes Claims. Late Principal Examiner U.S. Pension Bureau. 3 yrs in civil war, 15 adj. soldiering claims, atty since

25 CTS. PISO'S CURE FOR CONSUMPTION. CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

THE PERSON who is successful in naming the flower the above picture represents will receive a valuable prize. You will find our gold finished premium watch far superior to anything ever before offered for a trifling service. Write your answer plainly on a postal card, together with your name and address, and you will hear from us within a few days, telling you what prize you have won, if successful in the contest.

THE EMPIRE COMPANY, 120 Liberty St., New York.

The never ending cures of
Sprains and Bruises
made by
St. Jacobs Oil
Stamp it the perfect remedy