

Fish Frozen Alive.
The Washington State Fish Commission reports that fish can be frozen solid and thawed back to life if not exposed to the sun or allowed to get more than 12 to 14 degrees below the freezing point. Salmon from the Pacific coast could be frozen and transported to the Atlantic coast and resuscitated to full life under proper conditions. The results of this test will be that live salmon frozen in blocks of ice may be shipped to the Atlantic coast market before long. The test has not been made, but this summer a company at Taku Harbor, in Alaska, will make the experiment.



Mrs. Laura L. Barnes, Washington, D. C., Ladies Auxiliary to Burnside Post, No. 4, G. A. R., recommends Lydia E. Pinkham's Vegetable Compound.

"In diseases that come to women only, as a rule, the doctor is called in, sometimes several doctors, but still matters go from bad to worse; but I have never known of a case of female weakness which was not helped when Lydia E. Pinkham's Vegetable Compound was used faithfully. For young women who are subject to headaches, backache, irregular or painful periods, and nervous attacks due to the severe strain on the system by some organic trouble, and for women of advanced years in the most trying time of life, it serves to correct every trouble and restore a healthy action of all organs of the body."
"Lydia E. Pinkham's Vegetable Compound is a household reliance in my home, and I would not be without it. In all my experience with this medicine, which covers years, I have found nothing to equal it, and always recommend it."—Mrs. LAURA L. BARNES, 607 Second St., N. E., Washington, D. C. *\$2.00 per bottle. If ordered by letter please send no money, as it will be sent by express.*

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

The University of Notre Dame
NOTRE DAME, INDIANA.
FULL COURSE IN Classics, Letters, Economics and History, Journalism, Art, Science, Pharmacy, Law, Civil, Mechanical and Electrical Engineering, Agriculture, Thorough Preparatory and Commercial Courses.
Returns Free to all students who have completed the studies required for admission into the Sophomore, Junior or Senior Year of any of the College Courses.
Returns to Rent, moderate charges to students who sever from preparing for College Courses.
A limited number of scholarships for 15 years, in whole or in part, will be awarded at special rates.
St. Edward's Hall, for boys, is open to 15 years, in whole or in part, of the equipment.
The Fifth Year will open September 8, 1903.
Catalogs Free. Address: REV. A. MORRISSEY, C. S. C., President, Box 566, Notre Dame, Ind.

Ripans Tablets are the best dyspepsia medicine ever made. A hundred millions of them have been sold in the United States in a single year. Every illness arising from a disordered stomach is relieved or cured by their use. So common is it that diseases originate from the stomach it may be safely asserted that there is no condition of ill health that will not be benefited or cured by the occasional use of Ripans Tablets. Physicians know them and speak highly of them. All druggists sell them. The five-cent package is enough for an ordinary occasion, and the Family Bottle, sixty cents, contains a household supply for a year. One generally gives relief within twenty minutes.

OHIO FARMS FOR SALE.
Descriptive catalog showing photos, free, for the asking. J. M. HASKIN, Jefferson, Ohio.
DROPSY NEW DISCOVERY: gives quick relief and cures worst cases. Free. Dr. E. H. GREEN, 110 State St., Boston, Mass.

Best for the Bowels
Cacaret
CANDY CATHARTIC
NEW YORK WHILE YOU STAY!
GUARANTEED CURE for all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, neuralgia, liver trouble, yellow skin and distaste. When your bowels don't move regularly you are sick. Constipation kills more people than all other diseases together. It is the chronic ailment and long years of suffering. No matter what you do, start taking CACARET today, for you will never get well and stay well until you get your bowels moving. For your own relief, start with Cacaret today under absolute guarantee to cure or refund your money. The genuine tablet stamped C. C. C. Never sold in bulk. Sample and full particulars from the Sittling Remedy Company, Chicago, New York.

FITs permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$1.00 bottle and treatise free. Dr. R. H. Kline, Ltd., 101 Arch St., Phila., Pa.

The fellow who is always asking somebody else to put in a good word for him is seldom worth the trouble.

Use Allen's Foot-Ease.
It is the only cure for swollen, smarting, tired, itching, hot, sweating feet, corns and bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. Cures while you walk. At all Drugists and Shoe Stores, 25c. Don't accept any substitutes. Sample sent FREE. Address, Allen S. Olmsted, LeRoy, N. Y.

It's all right to be soft-hearted if you are not also soft-headed.

Mrs. Wislow's Soothing Syrup for infants, teething, colic, cures, reduces inflammation, allays pain, cures wind colic, 25c. About 100.

A girl's own brother is never as nice as other girls' brothers.

Pilo's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. Sauer, Ocean Grove, N. J., Feb. 17, 1903.

Genius doesn't always look well in evening clothes.

The Government Fish Commission will raise green turtles.

New Telegraphic Code Adopted.
In order to reduce the cost of operation and to achieve a saving of time the Baltimore and Ohio railroad has adopted an innovation in the form of a cipher code for the use of the transportation department. The code, it is claimed, will reduce the number of words per message very materially. The code has been carefully prepared and single words supplant entire sentences. The amount of saving by the use of such a system can be estimated from the fact that 5,000,000 telegraph blanks are used each month, exclusive of train orders, for the company's business.

The Price of Portraits.
A justice in Glogau, Silesia, has set a precedent for the price of portraits. A widow was sued by an artist to recover \$100 due him for a portrait he had painted of her. Her plea was that the portrait was not a good likeness. The court ruled that it was quite good enough for the price, and that anybody who thought he could get a good portrait for less than \$1,000 deserved to have his features distorted. The judge, however, was kind-hearted. He said the picture made the lady somewhat older than she really was, but that if she lived long enough she might congratulate herself on having found a bargain.

Education in Russia.
Every educated Russian knows three languages besides his own, and many of them four. Knowledge of the English, French and German languages is considered necessary to culture. A family having small children employ two to four governesses, from whom the children learn foreign tongues before they are taught the more difficult Russian. This command of language makes possible the fact that Russians have a better knowledge of the world's affairs than any other people.

Hair Splits
"I have used Ayer's Hair Vigor for thirty years. It is elegant for a hair dressing and for keeping the hair from splitting at the ends."—J. A. Gruenfelder, Grantfork, Ill.

Hair-splitting splits friendships. If the hair-splitting is done on your own head, it loses friends for you, for every hair of your head is a friend. Ayer's Hair Vigor in advance will prevent the splitting. If the splitting has begun, it will stop it. \$1.00 a bottle. All druggists.

In "Dog Days"
use TARRANT'S SELTZER WATER
to keep the stomach clean, brain clear and liver active. It cools the blood, cures heat eruptions, relieves constipation, aids digestion. Effervescent; Agreeable; Reliable.
Used by American Physicians for nearly 50 years.
50c. and \$1.00.
At Druggists or by mail from The Tarrant Co., New York. Business established 1864.

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AGRICULTURAL HINTS

Dimensions of a Creamery.
It is rather difficult to give the dimension of a creamery to suit all conditions. However, there is this fact to be borne in mind: The working rooms of a creamery should be built to order, compact and convenient, in order to save labor in keeping the creamery clean. As an approximate estimate I should say that a creamery handling milk from 400 to 600 cows should contain from 900 to 1200 square feet of floor space, not including coal space and store room.—Oscar Erf, of the University of Illinois.

Spreading Manure.
When the manure is not decomposed in the heap it must be decomposed in the soil before the plans can utilize it as a food, and the sooner the manure is spread the better it will be for the crop. As it is difficult to spread manure on plowed ground, owing to the labor of hauling over the rough, soft ground, the method practiced by those who plow twice is to spread the manure on the unplowed ground, plow it under and leave the ground in the rough (not harrowing), and when the land is cross-plowed later on the manure is more intimately mixed with the soil.

Feeding Weak Colonies.
If colonies are short of feed in the spring and the apiarist has no money to feed them, and sufficient honey is not being gathered by the bees to create rapid brood rearing, they can be fed this sugar syrup. The best way to feed this is to fill brood combs, holding them at an angle of forty-five degrees and slowly pouring the thin syrup on the comb until both sides are quite well filled. Set these filled combs next to the brood in the brood nest, or hive. If the colony is not strong care should be taken not to give the colony too large an entrance, for sometimes robber bees might overpower and rob the colony. If the feed is put in the hive toward night probably no robbing will be attempted.—O. J. Lowrey, in Orange Judd Farmer.

Feeding for Eggs.
Cooked feed for the morning meal is excellent, if composed of the proper ingredients and fed regularly. A good mixture may be made of equal parts of cornmeal, fine middlings, and bran, ground oats and ground meat. This should be stirred in a pot of cooked vegetables, while boiling hot, until the mass is very stiff. The mixture should be seasoned with salt and cayenne pepper. Potatoes, beets, carrots and turnips, clean and free from decay, will be acceptable. The above contains a variety of food elements, and such as compose the egg and the bone and muscle of the hen: The fat forming elements not being prominent. For the noon meal, wheat is the best single grain. It may be scattered in chaff or leaves on the feeding floor. The night feed should be whole corn. Plenty of grit should be accessible at all times. Unless the morning feast can be given early, we would advise putting a little dry meal in a vessel for them to pick at until their breakfast is ready.—Mrs. C. Carpenter, in The Epitomist.

Feeding Working Horses.
The average farm horse has but little road work to do during the winter, and, as a rule, is not well fed. As a result he is in poor shape to take up the work of the farm in the spring. While it is unnecessary to feed horses who are doing little anywhere near a full work ration the food must be of a character to keep up the strength of the animal and enable it to respond fully to the increased ration when it is given in the spring. In other words when the increased ration is given the horse should not be in such poor shape that it will require this ration to subdue the state of semi-starvation in which it has been during the winter. One of the best authorities on horses in the country makes it a practice to feed a bran mash throughout the year, the mash consisting of four quarts of bran moistened with scalding water and fed quite hot. This is given at least twice a week. The mash keeps the bowels in good condition and keeps the horse, which has been on short rations during the winter, from running down badly. Attention should also be paid to the working horses in the matter of care, especially during the spring. They will perspire easily, and if not properly cared for, catch cold. A good plan is to clean the animal as soon as it is brought in from the work of the day, and blanket it while eating. By the time it is necessary to close up for the night the blanket may be removed and the horse will have dried off and be in shape to enjoy its night's rest.—Indianapolis News.

Hens and the Family Garden.
"I am a green hand in the country, and don't know just what to do with my hens. I guess other folks are in the same fix. If I house them they cost too much, and lay few eggs. But if I let them loose they dig in my flower beds, eat up my early peas and take my strawberries. What shall I do about it?"
Plant your strawberries where you can most conveniently surround the plot with wire netting two or three feet high. Surround your vegetable plot in the same way. This netting is not expensive bought by the roll, and if properly cared for, will last for twenty years. It should be rolled up when out of use, and stored in your barn. You will find that hens will

not jump over a two-foot barrier of this sort. If they do, kill them off and raise a stock of Plymouth Rocks. My white Leghorns are turned very readily. Once in a while a jumper is found, and the best place for her is in the pot.

Hens are particularly fond of gooseberry, eating them as soon as they are in blossom. I am obliged to surround my gooseberry plants with netting very early in the spring. Hens are invaluable on the country place, and with a little care they can be allowed to run loose. Feed them carefully and thoroughly three times a day, and near the barn, and you will not find them very troublesome. I presume that those who have but a few bushes of raspberries will be obliged to surround them also with netting. In my case I allow them to roam freely through my berry gardens and vineyards. They rarely touch a currant, and they meddle only with those grapes that are near the barn and are allowed to hang low.—E. P. Powell, in New York Tribune Farmer.

Turnips a Summer Crop.
The root crops are greatly overlooked in this country, but in Europe no farmer would expect success without the aid of turnips, beets, carrots, parsnips or potatoes, for it is well known that under very favorable conditions 1000 bushels may be grown upon an acre, though such yields are exceptional and the averages are much less. In England much of the literature devoted to agriculture is of stock raising and root or bulbous crops. When it is considered that the English farmer pays an annual sum for rent equal to the cost of a farm in the United States, and that he makes sheep and turnips pay all the expense, it should encourage our farmers to give more attention to the mutton breeds of sheep and to the advantages of the root crops as food for stock. Farmers should carefully select seed from the best varieties, and also from the best plants, as well as make comparative tests, in order to determine the most suitable varieties for each particular farm, as well as the quality and also the yields. By so doing the varieties can be greatly improved. In fact, by selection the farmer can double his yields, and also secure varieties especially adapted to his farm. There are farmers living who can remember when the tomato was small and watery, and they have noticed wonderful changes in corn, wheat, oats and other plants that have been made by selection. The root crops have also been improved for every year new and better varieties are offered, but more work is before those farmers who are willing to improve in that direction.

The improvement of farm root crops—mangels, turnips, etc.—should be done with regard to diminishing the amount of water contained therein and increasing the proportion of sugar, starch and protein. Experiments made in England show that all roots have a tendency to contain an excess of water, which in itself is valueless, and some varieties are claimed to contain water to a harmful degree. In the root crops a small deviation in the percentage of water materially affects the feeding value, as a ton of one kind may contain twice as much solid matter as a ton of another variety. It is an advantage, as well as a necessity, therefore, that the farmer ascertain the weight of the solids in a crop. This he can do by sending samples to the state experiment station. The specific gravity of the root is a guide to its feeding quality, and the specific gravity of the juice is a guide to its feeding quality, hence, when its density is highest in both the juice and the whole root, the value of the crop for feeding is the greatest. The farmer can easily ascertain these facts without the aid of the experiment station, but the station can assist him in arriving at a knowledge of the proportions of sugar, protein and mineral matter contained. The proportion of sugar in roots is important, as the more sugar the greater the value of the roots as assistants in fattening the animals. The farmer who knows something of the value of roots may secure a more valuable crop with less yield than from a larger crop that contains a low percentage of solids and an excess of water, and he should, therefore, endeavor to become thoroughly informed in that direction.

Roots add value to all other foods, because of the fact that during the winter, when dry food is the rule, the use of turnips, beets or carrots gives a change from the dry ration to a more succulent kind. Digestion is, therefore, promoted, and all kinds of food become more thoroughly digested and assimilated. Cooking roots for stock is not now practiced, compared with formerly, as inventors have introduced slicers and pulpers, which prepare such foods for stock with but little labor and with rapidity, thus placing before the farmer of today advantages which he should not overlook. It is somewhat late for putting in crops of beets and carrots, but July is the month for growing turnips. Since much injury has been done crops in some sections this year by drought and floods, the farmers who may give their attention to turnips will largely recover their loss of feeding material. The turnip crop is now one of the cheapest produced on the farm, considering the large yields that are possible, as seed drills, wheel hoes and hand cultivation enable the grower to put in the seed and keep down the weeds with as little outlay per acre as for corn. The turnip is a summer and fall crop, and can be grown in a short time. The growing of but one acre of turnips will provide the farmer in the winter season with a food that is valuable from a dietary point of view, even if it is low in solids and contains a large proportion of water.—Philadelphia Record.

NOT THE SAME.
Goin' shoppin', 'pears to me, isn't what it used to be. Used to drive up to the store, Leave the team out by the door, Trade our truck for calico, Tea an' such, and off we'd go. Nowadays ye're at a loss To pick out the real boss. They don't stop to tell you jokes, Never saw such dressed-up folks. An' the goods that they display Fairly takes your breath away. Everything's trimmed up so grand— Looks to me like fairyland. An' the goods you kin procure— Garden tools and hardware, Furniture with spindle legs, Turkish rugs an' fr sh-aid eggs. Everywhere you cast your eye There is things you'd like to buy. All tired out when night arrives, Couldn't stop to save our lives. With the mornin's earliest ray All on hand for bargain day. Goin' shoppin'! Gracious me! 'Isn't what it used to be."
—Washington Star.

HUMOROUS.
Harduppe—That fellow Good is an easy mark. Borrowwell—Yes, where he is concerned everybody tries to do Good.
Muggins—Buggins is the most truthful man I know. Buggins—Yes; he has such a bad memory that he has to stick to the truth.
Gildeck—What I told Hobbs is a close political secret. He won't give it away. Swifter—Not he; he'll sell it to the opposition.
Hook—What I object to about him is that he is always alrigh his opinions. Nye—Well, why shouldn't he? They're certainly stale enough.
"What prevents the ocean from overflowing the land?" asked the teacher. "It's tide," came a shrill voice from the tail of the class.
Old Richley—I don't wish you for a son-in-law, sir. Young Man—No? Well, you haven't any other good position you could give a fellow, have you?
Taylor—That man Swift went through with a fortune in six months. Tyler—That's nothing; an express train went through with one in six seconds.

"Is trade pretty good?" we asked the great merchant. "Well," he replied— "a bit excessively, we thought—"the store is crowded every day with lady shoppers."
"I suppose you believe," said the plain citizen, "that every man has a price." "Hub," snorted the lobbyist, "I frequently find a man who has all kinds of prices."
Judge—I wonder why painters always depict Cupid as a little boy? Fudge—I guess it's because a little boy is always in trouble or doing his best to get into mischief.
Hoax—There goes a man who has made any number of fortunes, but he has never been able to keep them. Joax—A spendthrift, eh? Hoax—No; he's a coiner in the mint.
"Aunt Tetty is so green. She asked me today why a man was running his automobile up and down the same square all morning." "Was it an automobile?" "No; a steam roller."
"What's the matter?" asked the centipede. "The doctor tells me I have one foot in the grave," replied the worm. "Oh, I wouldn't let a little thing like that worry me," said the centipede.
"As I was remarking," said Miss Parnassy, "there are very few really polite people in society." "True," replied the fellow-on-the-inside, "but think of the number that have enough coin to cover the deficiency."
Gertrude—You say you've only been there two weeks, and have an interest in the business? Vasant—Yes; I was two hours late this morning, and the boss told me I'd better take some interest in the business in the future.
"You're up early this morning, Tommy," said the milkman. "Yeh," replied Tommy, without looking up from the cheap novel he was reading. "Mom made me go to bed last night just as Handsome Harry was goin' to rescue the beautiful maiden."
"What do you consider the greatest object of interest in England?" asked the interviewer. "Well," answered the great lecturer from abroad, "I arrived here yesterday, and—" "Of course," exclaimed the interviewer, apologetically, "I meant the greatest object of interest next to yourself."

FORCE OF HABIT IN A COW.
Waded Through a Flood to Tank of Water to Get a Drink.
The force of habit was forcibly illustrated by an incident at the pumping station of the water works at Enid, Okla. A tank stand just outside the building is kept full of water for the accommodation of passers-by and the neighborhood stock. A cow accustomed to drink at this tank came for her morning drink. The valve was covered with water to within two or three inches of the top of the tank, but the cow went over the waste of waters to the tank. Twice she sunk in the mud and appeared to be in danger of drowning, but by perseverance she finally reached the objective point. After drinking long and copiously she turned about and slowly made her way to land, apparently satisfied that she had done the only available thing to find water.
Curious Wells.
A well recently drilled in Canada produces sand instead of water. The sand comes up in a fine stream like a fountain. The force by which it is driven to the surface from a depth

of 100 feet has not yet been discovered. A miraculous well was discovered recently in New Guinea at a depth of 600 feet. Anything made of iron or steel and dipped into the water at once became magnetic.
To Launder Delicate Garments.
Many of the expensive and beautiful summer garments which will not stand ordinary washing may, with care, be successfully laundered. Use Ivory Soap. If water will not cause colors to run, Ivory Soap will not, and avoid extremely hot water, hot sun, and a too hot iron.
EGLETON R. PARKER.
Egypt has exported \$25,821,000 worth of cotton from the season's crop, half of which went to England.
Court Sustains Foot-Ease Trade-Mark.
Buffalo, N. Y., July 25th.—Justice Laughlin in supreme Court has granted a permanent injunction with costs against certain New York City dealers, restraining them from making or selling a powder which is an imitation and infringement on "Foot-Ease," now so largely advertised and sold. The owner of "Foot-Ease" is Allen S. Olmsted, of Le Roy, N. Y., and the decision upholds his trade-mark and makes liable those attempting to profit by "Foot-Ease" advertising by marketing a similar appearing preparation.
The man who knows it all is generally looking for some one to try and convince him that he doesn't.

KIDNEY
Summer is a good time to treat Chronic Kidney, Bladder, and Urinary troubles with Doan's Kidney Pills; they conquer the most stubborn cases.
Aching backs are eased. Hip, back, and joint pains overcome. Swelling of the limbs and dropsy signs vanish. They correct urine with brick dust sediment, high colored, pain in passing, dribbling, frequency, bed wetting. Doan's Kidney Pills remove calculi and gravel. Relieve heart palpitation, sleeplessness, headache, nervousness, dizziness.
Mrs. James Beck of 314 West Wheelboro Street, Rome, N. Y., says: "I was troubled with my kidneys for eight or nine years; had much pain in my back; as time went on I could hardly endure it; I could not stand except for a few moments at a time; I grew weak and exhausted; I could not even do light housework; I could not sleep or bend my head without severely; I was in pain from my head down to my feet; my kidneys were so sore that I was a heavy, steady, sickening ache; I could not rest at night, and got up mornings weak and tired. I thought I was about done for," she says. "I began to improve, and from that time on I rapidly grew better. I used five boxes in all and was cured."

COMFORT.
Doan's Kidney Pills.
NAME _____
P. O. _____
STATE _____
For free trial box, mail this coupon to Foster-McClellan Co., 100 South Broadway, New York, N. Y. If you are unable to mail, write address on separate slip.

Sick, Nervous and Neuralgic Headaches
QUICKLY CURED BY
PROMO Seltzer
SOLD EVERYWHERE. 10c

Dizzy?
Appetite poor? Bowels constipated? Tongue coated? Head ache? It's your liver! Ayer's Pills are liver pills, all vegetable.
Want your moustache or beard a beautiful brown or rich black? Use BUCKINGHAM'S DYE
FIFTY CENTS PER OUNCE. PREPARED BY B. P. HALL & CO., BANGOR, N. Y.



DANGEROUS KIDNEY DISEASES CURED
Per-una Creating a National Sensation in the Cure of Chronic Ailments of the Kidneys.
Major T. H. Mars, of the First Wisconsin Cavalry Regiment, writes from 1425 Dunning street, Chicago, Ill., the following letter:
"For years I suffered with catarrh of the kidneys contracted in the army. Medicine did not help me any until a comrade who had been helped by Per-una advised me to try it. I bought some at once, and soon found blessed relief. I kept taking it four months, and am now well and strong and feel better than I have done for the past twenty years, thanks to Per-una."—T. H. Mars.
At the appearance of the first symptom of kidney trouble Per-una should be taken. This remedy strikes at once the very root of the disease. It at once relieves the tormented kidneys of the stagnant blood, preventing the escape of serum from the blood. Per-una stimulates the kidneys to excrete from the blood the accumulating poison, and thus prevents the convulsions which are sure to follow if the poisons are allowed to remain. It gives great vigor to the heart's action and digestive system, both of which are apt to fall prey to the disease. Per-una cures catarrh of the kidneys, especially because it cures catarrh wherever located. If you do not derive prompt and satisfactory results from the use of Per-una, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.
Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

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