

Health and beauty are the glories of perfect womanhood. Women who suffer constantly with weakness peculiar to their sex cannot re-tain their beauty. Preservation of pretty features and rounded form is a duty women owe to themselves. When women are troubled with irregular, suppressed or painful

menstruation, weakness, leucorrhœa, displacement or ulceration of the womb, that bearing down feeling, infammation of the ovaries, back-ache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, choly, "all gone" and "want-to-be-left-alone" feelings, blues, and hope-lessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound removes such troubles.

Case of this Prominent Chicago Woman Should Give Everyone Confidence in Lydia E. Pinkham's Vegetable Compound.



Confidence in Lydia E. Pinkham's Vegetable Compound. "DEAN MNS. PINKHAM: - It affords me great pleasure, indeed, to add my testimonial to the great number who are today praising Lydia E. Pink-ham's Vegetable Compound. Three years ngo I broke down from ex-cessive physical and mental strain. I was unable to secure proper rest, also lost my appetite, and I became so nervous and irritable too that my friends trembled, and I was unable to attend to my work. Our physician pre-scribed for me, but as I did not seem to improve, I was advised to go away. I could neither spare the time nor money, and was very much worked when, fortunately, one of my club friends called. She told me how she had been cured of ovarian troubles, and how like my symp-toms were to hers, seven bottles of your medicine cured her, and she insisted that I take some. "I did so, and am glad that I followed her advice. Within six weeks I was a different

advice. Within six weeks I was a different woman, strong and robust in health, and have

been so ever since. "A number of my friends who have been troubled with ailments peculiar to our sex have taken your compound, and have also been greatly benefited." — MISS ELIZADETH DALEY,

270 Loomis St., Chicago, Ill. President of the St. Ruth's Court, Order of Forresters, Catholic.

What is left for the women of America, after reading such letters as we publish, but to believe. Don't some of you who are sick and miser-able feel how wicked you are to remain so, making life a burden for yourself and your friends, when a cure is easily and inexpensively obtained? Don't you think it would pay to drop some of your old prejudices and "Try Lydia E. Pinkham's Vegetable Compound, which is better than all the doctors for cures?" Surely the experience of hundreds of thousands of women, whom the Compound has cured, should convince all women. Follow the record of this medicine, and remember that these cures

Follow the record of this medicine, and remember that these cures of thousands of women whose letters are constantly printed in this paper were not brought about by "something else," but by Lydia E. Pinkham's Vegetable Compound, the great Woman's Remedy for Woman's Ills. Those women who refuse to accept anything else are rewarded a hundred thousand times, for they get what they want — a cure. Moral — stick to the medicine that you know is the Best. Write to Mrs. Pinkham for advice.

Pinkham for advice.

\$5000 FORFEIT if we cannot forthwith produce the original letter and signature of above testimonial, which will prove its absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.





HE "SNIPED" THE FILIPINOS. whole building was a whirling mass of UST before the volunteer fire, but Swenle never lost his head. NOK regiments were ordered to He picked the two up in his arms and

NOK

his intrenchments.

upon as the peer of any man in his reg-

ment for scout service, or service of

any sort that required sagacity and

mother wit. More than once he had

received the gracions thanks of his

company and regimental commanders

for the successful performance of du-

tles in which his life hung in the bal-

The detachment was placed under

he command of a Sergeant, and it was

soon hid in the bush of the adjacent

forest, the edge of which had been se-

perchance, the force of the fee and

his position had been fixed beyond

peradventure. Hour after hour passed,

for the detachment, according to in-

was noticed that Devinnie's place in

ranks was vacant. This caused no un-

easiness at first, for it was supposed

that he "fell out" for urgent reasons

and would soon put in an appearance.

enough for him just then.

Jack then explained that he was at

further to the right, tripped on some

"hablas," he demanded their surren-

bided his time, crept upon them, and until his chief had finished and then

ler.

'em."

he States for muster out, groped his way back to the stairs he General Funston, then Colhad ascended, only to find all means of one of the Twentieth Kan-was on one of his famous hikes fire in the room he reached an outside north of San Fernando. When near the swamps of Candaba, a little way window, attracted the attention of the the swamps of Candaba, a little way from Arayat, he noted signs of the ried his burden down in safety. His enemy, and to escape an engagement before he knew something of his hair and eyebrows were burnt off and his whole back and hands were badly strength he sent out a detachment of ten men to reconnoitre, locate him, and scorched, but in a week he was running if possible, ascertain the character of again with the Red Jacket, willing and enger for another chance 's risk his life

Jack Devinnie, of Company M, was for the lives of others. That was not a bad start for a boy among the number selected to perform the important but dangerous mission. It pointed to still braver deeds in fu-As his name suggests, he was of Erin's ture years, and it is hardly enough to blood, and next to the green he loved say that Swenie fulfilled the promise the yellow, for he was a son of the of his youth. eruptible Sunflower State. When on

AN OLD CARPET'S USE. his good behavior Jack was looked WIFE WORE SOLDIER'S UNIFORM That "love will find a way" is again verified in the case of Mrs. Alma Bays, who is temporarily stopping at 220 North Liberty street, Baltimore, Md. In order to be near her soldier hushand, who had been ordered to the Philippines, Mrs. Bays, then a bride of less than a year, donned a soldier's

> the Pacific on an army transport crowded with men.

Ft. Thomas, Ky., was the scene of the beginning of Mrs. Bay's romance, ected for the night's birounc, unless, for there she met and married Bays, who was a musician, attached to the Sixth Infantry. Later the regiment was sent to Ft. Sam Houston, near structions, had made a wide detour there when the cable brought the news and did not get back until just before of Dewey's victory. Less than two sundown, when, for the first time, it weeks later the regiment was ordered

to Manila. The plan to accompany her husband was made up almost as soon as the orders came. From the regimental quartermaster was obtained a regulation uniform to fit Mrs. Bays, and when the special trains carrying the regiment moved westward for San Francisco, Mrs. Bays was on board.

The trip to San Francisco was uneventful, but it was only with considerable difficulty that she was smuggled aboard the transport. Then her trou bles began to multiply, for officers were moving constantly about the ship

said Mrs. Bays, "kept near me, and when inspections were ordered, I was generally stowed away under a lot of saddle bags and blankets. For a week everything went along well, but as we neared Honolulu one of the regimental surgeons happened to see me and the secret was out. I was ordered out. and as soon as we reached Honolulu was sent ashore, and came back to this country on the next ship. Another lady, who went with her husband just

The little man who ran the coup on as I did, escaped detection and was hiking Aggie was overglad to see the carried all the way to Manila." missing scout, and it didn't take but a Mrs. Bays never saw her husband again after bidding him goodby in ninute to see that he had some prizes to turn over and a story to tell. Jack Honolulu. He went on with his registood behind his prisoners, and with his Krag at right shoulder, he brought his ment, which was later stationed on the left hand briskly to the small of its in bathing he was ambushed by the stock, giving the proper salute, and in batting in batting is a Virginia "Surrounded 'em, Jack ?" queried the Colonel, with a merry twinkle in his which lives near Lynchburg.-Cincinnati Enquirer. "No, begorra," said he, "I sniped





A CAPITAL CLEANSER. Magnesia makes a capital cleanser for delicate, light colored fabrics that have become spotted or stained. Rub the spots on both sides with magnesia, then put the article away, just as it is. When needed, brush off the magnesia, and the dirt will be found to have disappeared.

THE KEROSENE SPOT.

To take out a kerosene spot from woolen fabrics cover the stain on both sides with French chalk and leave it so over night. Press between clean blotting paper with a warm iron. Candlegrease spots are best removed by placing blotting paper next the goods on the side where the grease is, and holding a hot iron close to the surface. If the fabric is ironed the grease will run through to the other side.

A Western woman suggests a novel method of making an old carpet into a new linoleum. Her recipe consists in first tacking the carpet down smoothly on the floor of the room it is permanently to adorn. Cover this with a thick coat of paste made of bolled starch and water. When thoroughly dry, paint a dark green or red, or any uniform and traveled half way across other color desirable, and as soon as that coat is dry give it another. The result, she declares, is a good substitute

for a linoleum carpet.

home, whose dining room decoration is wholly in green and white, has just had designed for her dining table mats and dollles which harmonize delightfully with the color scheme of the room. They are of white linen with a pattern of English ivy sprays running over them. The leaves are cut out of the linen and white Brussels net is placed under the openings, the veinings of the leaves being done in green silk on the net. " The borders of the pieces consist of a green embroidered scallop. -Pittsburg Dispatch.

A "FLOWER BEDROOM."

A delightful "flower bedroom," whese mistress is a young girl of artistic tastes and considerable aesthetic culture, has been modeled on the water illy. Could anything be more charming, unless it be a forget-me-not or wild rose room? The furnishings of this water lily room are all in green and white, with a suspicion of yellow here and there-white wall paper, dark green matting, curtains of white muslin, white enameled furniture, and bedspread and dressing table cover of white - Brussels net over the palest Nile green. The woodwork is a dellcate green, and the celling and frieze a delicate yellow. The "flower bedroom" is just now a

fad, especially with young women and young girls. Often the most impossible carpets, woodwork and furniture can be made to lend themselves to artistic effects, with a little money and the "know how." Apple blossoms, forgetme-nots, pink roses, yellow roses, cardlnal flowers, cowslips, heliotrope - all these and a hundred other floral favorites may be symbolized with enchanting results. These "flower bedrooms" never fail to please the originator and her friends, because there are never two alike, and invention is given a free rein. Ingenuity is never put to better uses than when making the greatest

REGISTER OF THE U. S. TREASURY USES PE-RU-NA FOR SUMMER CATARRH.

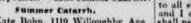
Summer Catarrh Afflicts Men and Women.

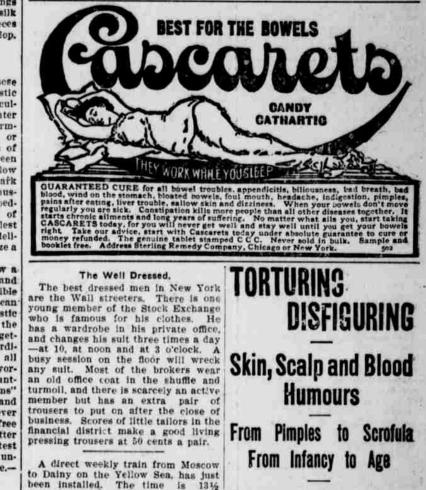
HON. JUDSON W. LYONS, Register of the United States Treasury, in a letter from Washington, D. C., says: "I find Peruna to be an excellent remedy for the catar rhal affections of spring and summer, and those who suffer irom de-pression from the heat of the summer will find no remedy the equal of Peru-na."-Judson W. Lyons.

No man is better known in the financial world than Jud-son W. Lyons, formerly of Au-gusta, Ga. His name on every piece of money of recent date makes his signature one of the most familiar ones in the Uni-ted States. Two Interesting Letters From Thankful Women.

Miss Camilla Chartier, 5 West Lexington St., Baltimore, Md.,

<text><text><text><text><text><text><text><text><text><text>





But darkness came and no Jack. Then there was anxiety. Some expressed the fear that he had got lost in the mazes of the underbrush, but his company companions, who knew him best, Insisted that he would turn up in due time. Cold snacks were issued, sentinels were posted, and the regiment sought its rest with the trusty Krng by the side of each man, Funston's men were not to be caught napping.

"The men who were in the secret." "Corporal of the Guard No. 2," rang out upon the air about 10 o'clock. The answer was made post haste and there stood Devinnie with three Mausers and three gugu prisoners in front of him, and the sentinel was on his guard to see that not even Jack got away. The corporal and the missing man exchanged a few words, and on insisting he was taken before Funston. His company commander was not good

Lord Kitchener is celebrated for his the right of the detachment, which was stern and exacting manner and his

approval and went away.-London Tab

UNDER THE EYE OF GOD.

A good story is told in the English papers of how the Somali Mad Mullah

worked one of those "miracles" which

An English man-of-war was sent to

demonstrate off the coast, and at night

covered mountains." Abdullah was in

hiding there, and knowing from his

them that the light was seeking him.

flooded his encampment he cried in

When the electric rays actually

drew many waverers to his banner.





Whitcomb Riley Conferses.

James Whitcomb Riley, the author, confesses to a fondness for social life. but always feels at a disadvantage at feetly cold light, too, a desideratum society gatherings. Being short-sight- in summer. ed he is unable to recognize people casily, and as a consequence he seems somewhat ungainly. "Besides," he adds, "not long ago I was detected pronouncing the 'programme' as it is speled, and you you can imagine my ed to it."

overwheiming, suffocating sense of hu-comes from the company's mine at San miliation when my attention was call-Felipe, about seven hours from Monterey by rail.

GRIPPE HURT KIDNEYS.

The lingering results of La Grippe remain with the kidneys for a long time. They suffer from over exertion and the heavy drugs of Grippe medi-cines. Doan's Kidney Pills overcome this condition.

AURORA, NEW MEXICO. - I received the free sample of Doan's Kidney Pills which I ordered for a girl nine years old that was suffering with bed wetting, and the improved very fast. The pills acted directly on the bladder in her case and stopped the trouble. J. C. LUCEBO.

BATTLE CREEK, MICH. — My husband received the sample of Doan's Kidney Pills and has taken two more boxes and feels like a new man. He is a fireman on the Grand Trunk R. R., and the work is hard on the kidneys. Mrs. GEO. GIPPORD.

PLINT, W. VA. — The free trial of Donn's Kidney Pills acted so well with me, I wrote Hooff, the druggist, at Point Pleasant, to send me three boxes, with the mult I have gained in weight, as well as antirely rid of my kidney trouble. My water had become very offensive and coo-tained a white sediment and cloudy. I would have to get up six and seven times during the night, and then the voiding would dribble and cause frequent at-tempts, but, thanks to Doan's Kidney Pilk bey have regulated all that, and I cannot he them too much. Jac A Lannan.

alleged enemies of mankind-bacteria! Why, we do not begin to appreciate their manifold importance in physiology and the arts. The possibilities in Prof. Hans Molisch's discovery of a bacteria lamp light cannot be estimated. Farewell to gas and electric light monopolies! A simple glass jar is lined with saltpetre and gelatine inoculated with bacteria. Two days after inoculation the jar becomes illuminated with a wonderful bluish-green light, caused by the innumerable bacteria which have developed in the

time. The light will burn brilliantly from two to three weeks. It is a per-

Light from Bacteria.

lict world this would be without those

What a miserable, dried up, dere-

Coking Plant in Mexico.

der with such unction that they gave looked at him, recognized the breed The Monterey Iron and Steel Comup without even reaching for their as one after his own heart, nodded his pany contemplates creating a \$1,000. 000 coking plant. The coal to be used guns .- Manila Critic.

Aching backs are eased. Hip, back, and

loin pains overcome. Swelling of the

limbs and dropsy signs vanish.

headache, nervousness, dizziness,

Pills,

Please mail me free trial box : Pilla.

State

IDoan's D

Kidney

A GALLANT FIREMAN. The personal bravery of Captain Swenie, late Chief of the Chicago Fire Department, at a fire might have been called the most abandoned recklessness had he not been such a superb general and fighter. Great as were the risks he took he never took one

unnecessarily, and never asked his men to go into a place of danger into which he was not glad and willing to lead them.

They correct urine with brick dust sedi-While he was still a boy volunteer his ment, high colored, pain in passing, drib- first act of conspicuous gallantry was recorded in the archives of the departbling, frequency, bed wetting. Doan's Kidney Pills remove calcult and gravel. ment. A two-story frame building, a paint store below an' living rooms Relieve heart palpitation, sleeplessness, above, caught fire late one night. The am under the eyes of God?"

inmates, panic-stricken, fled down the narrow passageways and jumped from windows, but a servant and a two-plied: "Thou art truly the Elect, the year-old baby were abandoned to the Chosen, the Mullah, the Master, flames and given up for lost. Their goods, our existence, our souls belong



store, and scrambling "long a passage-way leading upstairs, reached the room where the girl and child were lying

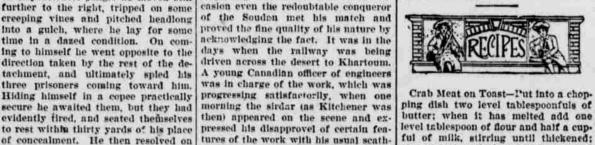
ical Advice Pres.- Strictly Con

FREEI

Mail this

coupon

moving in order of skirmishers about subordinates are apt to shake in their possible amount of beauty out of un-twenty feet apart, and that to escape boots when "K, of K." comes along lovely properties and a meagre purse.an impenetrable jungle he moved still inspecting their boots. But on one oc-New York Tribune.



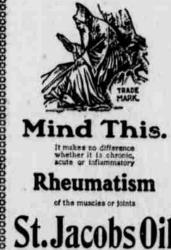
butter; when it has melted add one level tablespoon of flour and half a cupful of milk, stirring until thickened; one teaspoon of chopped parsley and one cupful of crab meat; stir until quite capturing them and their arms. So he ing brevity. The young officer listened thick; add salt, pepper, paprika and a when they were in the midst of their quietly inquired, "Am I bossing this railway, sir, or are you?" Kitchener little lemon juice to taste; spread on toasted biscuit or on thin rounds of bread toasted.

Sour Cream Dressing-Mix one tea spoon of mustard and a pinch of salt; add three tablespoons of vinegar, and stir until smooth; beat one egg, add the vinegar, stirring constantly; then add one tablespoonful of butter; set the bowl in a pan of boiling water; stir and cook until creamy; remove and stand in a cool place; add three tablespoonfuls of sour cream; if the cream is very rich omit the butter.

threw a searchlight onto the jungle-Mutton Kidney Saute-Split five mut ton kidneys in haives; remove the skin and cut out the fat from the centre visits to Aden what it was that his heat two tablespoonfuls of butter in a frying pan; sprinkle sait over the kidfollowers hailed as r. new star, told neys and add them to the butter; cook five minutes, then stir in one tablespoon of flour and add half a cup of triumph: "Will you cany now that I water; cover the pan and cook five minutes, then add lemon juice to taste The Somall fell on their knees, beat serve with squares of toast.

Fruit Rolls-Sift into a bowl two cupfuls of batter, two teaspoons of baking powder and half a teaspoon of salt; rub in lightly two tablespoonfuls of butter or half butter and half lard; add threefourths cup of milk; it should be a soft dough; toss on a floured board, roll out half an inch thick; spread over with softened butter; sprinkle with half a cup of sugar and half a cup of currants, roll up as for a jelly roll; cut in half inch silces, lay them on a greased baking pan, and bake twenty minutes in a guick oven.

to Dainy on the Yellow Sea, has just been installed. The time is 131/2 days with two days' steamer added to days with two days' steamer added to Speedily Cured by Cuticura to Nagasaki, Japan,



cures and cures promptly.

Price, 25c. and 50c.

The Lass With a Glass

res Rootheer, brightens her a, deepens the roses in her books, and acquires sound lowift, and becoments sound from her favorile beverage.

*∓***Hires**

Rootbeer

tre five Chas. L. P

antered with Thompson's Eye Water

and crusting of the scalp, as in scalled head; the facial disfigurements, as in head; the facial disfigurements, as in acno and ringworm; the awful suffer-ing of infahts, and anxiety of worn-out parents, as in milk crust, tetter and sait rheum,—all demand a remedy of almost superhuman virtues to success-fully cope with them. That Cuticurn Seap, Outment and liceolvent are such stands proven beyond all doubt. No statement is made regarding them that is not justified by the strongest evi-dence. The purity and sweetness, the power to afford immediate relief, the certainty of speedy and permanent cure, the absolute safety and great economy, have made them the standard skin cures, blood purifiers and humour reme-dies of the civilized worid. Bathe the affected parts with hot

When All Else Fails.

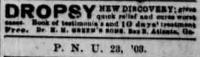
The agonizing Itching and burning of

the skin, as in Eczema; the frightful

scaling, as in psoriasis; the loss of hair

dies of the civilized world. Bathe the affected parts with hot water and Cuticura Soap, to cleanse the surface of crusts and scales and soften the thickened cuticle. Dry, without rubbing, and apply Cuticura Oint-ment freely, to allay itching, irritation aud inflammation, and soothe and heal, and, lastly, take Cuticura Resolvent, to cool and cleanse the blood. This com-plete local and constitutional treatment affords instant relief, permits rest and sleep in the severest forms of eczema and other itching, burning and scaly humours of the skin, scalp and blood, and points to a speedy, permanent and economical cure when all else fails.

SCOROMICAL CUPO WHEEL HAS a Bandword, Sto. (In Boid throughout the world. Cutieurs Bandword, Sto. (Int form of Charlesta Content Plin, 30:, per visit of 60; Units ment, 40c, Soup. 35. Depath London, 27 Charlestan and Allesta Store de la Phare (Instance, 197 Columbia 9, 1 Para, 3 Dies de la Phare (Instance, 197 Columbia 9, 1 Para, 3 Dies de la Phare, Boise Proofisions Peter Drug & Chem. Corp., Bois Proofisions State of How to Care Every Humans."





unconscious. is for his own good that they do it.-

Her Justification. Very few women deceive a husband without making themselves believe it