

Young girls at this period of life, or their mothers, are earnestly invited to write Mrs.

Pinkham for advice; all such letters are strictly confidential; she has guided in a motherly way hundreds of young women; and her advice is freely and cheerfully given.

School days are danger days for American girls. Often physical collapse follows, and it takes years to recover the

lost vitality. Sometimes it is never recovered. Perhaps they are not over-careful about keeping their feet dry; through carelessness in this respect the monthly sickness is usually

Then begin ailments which should be removed at once, or they will produce constant suffering. Headache, faintness, slight vertigo, pains in the back and loins, irregularity, loss of sleep and appetite, a tendency to avoid the society of others, are symptoms all indicating that woman's arch-enemy is at hand.

Lydia E. Pinkham's Vegetable Compound has helped many a young girl over this critical period. With it they have gone through their trials with courage and safety. With its proper use the young girl is safe from the peculiar dangers of school years and prepared for hearty womanhood.

A Young Chicago Girl "Studied Too Hard."

"DEAR MRS. PINKHAM: - I wish to thank you for the help and benefit I have received through the use of Lydia E. Pinkham's Vege-table Compound and Liver Pills. When I was about seventeen years old I suddenly seemed to lose my usual good



health and vitality. Father said I studied too hard, but the doctor thought different and prescribed tonics, which I took by the quart without relief. Reading one day in the paper of Mrs. Pinkham's great cures, and finding the symptons described an-swered mine, I decided I would give Lydia E. Pinkham's Vegetable Compound a trial. I did not say a word to the doctor; I bought it myself, and took it according to directions regularly for two months, and I found that I gradually improved, and that all pains left me, and I was my old self once more. — LILLIE E. SINCLAIR, 17 E. 22d St., Chicago Ill."

"Miss Pratt Unable to Attend School."

DEAR MRS. PINKHAM: - I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable Compound has done for me. I was completely run down, unable to attend school, and did not care for any kind of society, but now I feel like a new person, and have gained seven pounds of flesh in three months.

"I recommend it to all young women who suffer from female weak-ness." - MISS ALMA PRATT, Holly, Mich.

Lydia E. Pinkham's Vegetable Compound is the one sure rem-edy to be relied upon at this important period in a young girl's life. \$5000 FORFEJT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute gratineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Rescued by an Owi.



EXPECTED. A crowd of troubles passed him by, As he with courage waited. He said: "Where do you troubles fly When you are thus belated?" "We go," they said, "to these who mope, Who look on life dejected: Who weakly say good-bye to hope-We go where we're expected." -Waverley Magazine.

HUMOROUS.

She-You used to say I was an angel and now you call me a goose. Ho-Oh, well; it's just a question of wings.

Tommy-Pop, what is a promot-Tommy's Pop-A promoter, my son, is a man who can make a penny look like 30 cents. "Was there a ring of sincerity in his volce when he proposed? "No, but there was an engagement ring in his

pecket."-New York Sun. Blobbs-Plunger is so hard up that he has had to sell his favorite mare. Slobbs-Then sometimes it must be

the lack of money that makes the mare He-I dreamed last night that I roposed to you and was accepted. she-Pshaw! Isa't that too had? 'Why ?" "Well, dreams go by contraries, they say."

Fond Mamma-Isn't baby getting big? Just see how selid he is. Papa -He does seem solid this morning and its remarkable because he ap peared to be all "holler" last night. "No, my father made her break the

engagement." "What was the trouble?" "The old man discovered that one of the young fellow's ancestors had been a floorwalker in a rolling mill, or something."

Chief of Police-Why man, what could we do with you on the force? You're a cripple. Applicant (with some heat)-A man with a club foot sir, ought to be equal to two ordinary policemen in a fight!

Fond mother elistening to haby's erles)-What a sweet-toned voice she has, dear! She'll be a splendid singer. We must send her to Italy to have her voice cultivated. Husband (irritably from behind the evening paper)-Send

her now. "You see, ma'am," began the profes sional beggur, "I got my arm scalded. I'll be glad to show you-Never mind," interrupted Mrs. Koaldart. 'You're only wasting your time here."

trouble to show goods." American Bride-Indeed, count, yes; do love you very much. Count Boy-

ion de Bakkovianek-Ah! Zat will repair my ruined life. American Bride-And I bring you, you know, a million. Count Boylon, etc .- Ah! Zat will r-repair my r-ruined chateau! "Wasn't it a terrifying experience,"

asked his friend, "waen you lost your foothold and went sliding down the mountainside?" "It was exciting but extremely interesting," said the col-icge professor. "I could not help noticing, all the way down, with what absolute accuracy I was following

along the line of least resistance." "Uncle," said little Johnny, "tell me how you charged with your war-

horse up the San Juan hill at the head of your troops." "Well," said the battle-scared veteran, "I mouted the fiery animal, drew my sword from its scab bard, rose in my stirrups, cried 'Forward!' and sunk the spurs deep in the quivering flanks of my gallant steed." "Yes!" exclaimed the boy,

Poor, debt-ridden Portugal, with her

people breaking into revolt because

the government dares to make an ar-

WHITE HOUSE CANES. Call for Souvenirs That Cannot Be

Complied With.

Colonel William H. Crook, the veteran disbursing officer of the White House, sometime ago arranged to give a few canes of historic value to his friends. When the interior of the Executive Mansion was being torn to

Executive Mansion was being torn to pleech by the contractors who are re-modeling the building. Colonel Crook obtained some of the flooring in the room used for so many years by pres-idents. He was especially careful in selecting portions of the flooring over which Lincoln had walked, sat and done business in the trying days of the country's history. No man in Washington knew better the habits of President Lincoln around his office

of President Lincoln around his office than Colonel Crook, whose first work at the White House was as bodyguard for the great war executive. Many a day and night Colonel Crook, who was then a pollesman on the city police force, remained with and near to President Lincoln. His mind is full of scences of just how the find remit

President worked, what kind of a desk he used, how he handled himself, and other details of personal interest. On obtaining the flooring from the par-deular spot he had selected Colonel rook sent the timber to a wood workian and had a dozen or so canes made

presentation to his friends, ppreclated most highly the gifts be-nuse they were confident of their distoric value. Mention of the canes as made in the Washington Star ith the consequence that during the ast two months Colonel Crook has e has been kept busy with a gratulcous correspondence. Several female organizations of a benevolent and charitable nature in Washington have gathered hundreds of pieces of timber and almost every article from the

wreck of the interior of the White House, and propose to convert them into small souvenirs to be sold here and elsewhere, the proceeds to be used by the organizations in their work. The relic hunting at length interferred so seriously that visitors to the grounds had to be shut out, and

the few who were admitted got in by a card from the superintendent in charge.

Quaint Uses of Common Words.

Crowd yas the old English name for fiddle or violin. Good-by is a con-traction of "God-be-with-you." Fashion was the old name for a certain disease of the horse. It is alluded to in "The Taming of the Shrew," where Petruchio's horse is said to be "in-"Not at all, ma'am, my motto is: "So fected with the fashions." The complaint is a common one now, but not mong horses.

A Row's This?

We offer One Hundred Dollars Roward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENET & Co., Toledo, O. F. J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transsc-tions and financially able to carry out any oblightion made by their firm. WEAT & TAUAX Wholesale Druggists, Toledo,

Obio. WALDING, KINNAN & MARVIN, Wholesalo Druggista, Toledo, Ohio. Hall's Catarrh Cure is taken internally, act-ing directly upon the blood and nuccus sur-faces of the system. Testimonials sent free, Price, 75c, per bottle. Sold by all Druggists, Hall's Family Pills are the best.

An ostrich lives about thirty years, and the average annual yield of a bird in exp-tivity is from two pounds to four pounds

of feathers. FITS permanently cured. No fits or nervous-nessatter first day's use of Dr. Kline's Great NervoRestorer. Strial bottle and tractisefroo Dr.R. H. KLINE, Ltd., 931 Arch St., Phila, Pa.

The cook can generally be depended upon to stir things up. Mrs. Winslow's Soothing Syrup for children

teething, soften the gums, reduces inflamma-tion, allays pain, euros wind colle. 25c. a bottle

American machinery, tools and sewing machines are used all over the world.

Victoria's Boundary. Professor Gregory, of the University of Melbourne, is delivering a series of lectures on the "Geography of Vic-toria." In one of them he gave an in-stance of the happy-go-lucky fashion in which business was conducted in Downing street in the olden days. Half a century ago, when the Port Phillip Province was detached from New South Wales and erected into a new colony under the name of Victoria, it was the intention of the imperial government of the day that the River Murrumbidgee should be the Northern boundary. But the clerk in the Colonial office who copied out the enabling document, never having heard of the river with the long aboriginal name, and being uncertain as to its proper spelling, coolly substituted the River Murray in its stead. No-body noticed the change, but it made a vast difference to the new colony. Victoria would have been twice its present size if the original arrange-ment had been adhered to, and would have included the valuable pastoral provinces known as Riverina, which stretches from the Murray to the Murrumbidgee. Although Melicairne, the Victorian capital, has always done most of the trade with Riverina, the district continues to be officially ruled from Sydney.

Victoria's Boundary.

Mysophobia.

The medical profession has con-ferred no small boon on many suffer ers by inventing a Greek, or pseudo Greek, term for their otherwise democratic complaints. The last of these inventions is recorded this week. The disease is fussiness and the medical name is mysophobia. The mysophobe is he who, when seated by his table, lifts his glass to see if it is fingered and if he detect a smudge uses his napkin to dispose of it. In short my phobia is the exaggeration of that respect for cleanliness which con inced Svengali of the madness of Englishmen when he surprised the Laird in his matutioni tub. The lady in the play who seized on every one's watch chain and began rubbing it with cha mos leather was a mysophobe, and the irritating man who bers your pardon and picks some miscroscopic pice fluff from your sleeve is another. piece of The servant, though most would benefit by inoculation with the disease, who insists on dusting papers is another, and the disease is widely prevalent among all housekeepers in the spring. It is nice to know at last just what to call it, but the medical press is more in clined to suggest scientific names than emedie

SCIENCE BAFFLED THE BURGLAR.

Cyclometer Was the Means o Bringing Him to Justice.

Science sometimes baffles the bur giar whose knowledge is not strictly up-to-date. A thief who broke into a use the other day leisurely packed plunder in a compact bundle, then added a bloycle to the stolen articles and rode off. So far he had exhibited commendable common sense, for it isn't every thief who is clever enough to steal the means of transporting his stealings to his own lair. But he had overlooked the fact that attached to the wheel was a cyclometer which regstered the exact distance ridden by the thief on his journey home. When pursuing justice caught up with the burglar he had disposed of all his plun der except the wheel. The little cyclometer's record of distance traveled proved the case against the thief, for it registered the exact distance from the house to the thief's guarters.

Glaclers Getting Smaller.

In Switzerland the studies of many years have determined the fact finally that the glaciers are not only steadily receding, but that their rate of recession is becoming greater each year. There are only a few glaclers that still grow. The Boveyre glacier in Canton Wallis is the only one that has in-creased steadily since 1892. The famous Rhone glacler has receded almost 800 yards since 1876.



"Pe-ru-na is All You Claim For It."

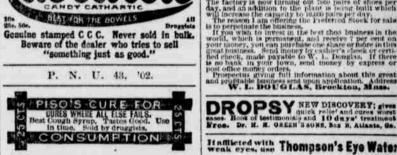


man D. F. Wilber, of Oneonta, N. Y., writes

The Peruna Médicine Co., Columbus, Ohio : Gentiemen—"Persuaded by a friend I have tried your remedy and I have almost fully recovered after the use of a few bottles. I am fully convinced that Peruna is all you claim for it, and I cheerfully recommend your medicine to all who are afflicted with catarrhat trouble." David F. Wilber.

mend your medicine to all who are affilied with catarrhal trouble." David F. Wilber,
Permina a Preventive and Cure for Colds. Mr. C. F. Given, Sussey, N. B., Vice-President of the Pastime Boating Club, "Whenever the cold weather sets in I a severe cold, which was hard to throw off, and which would leare after-effects on my constitution the most of the win-ter.
"Last winter I was advised to try Per runa, and within five days the cold was broken up, and in five days the cold was broken up, and in five days the cold was broken up, and in five days the cold was broken up, and in five days the cold was broken up, and all speak the highest praint for it. There is mothing like Peruna, well man. I recommended it to several of my friends, and all speak the highest praint for it. There is mothing like Peruna, the formation of the sever for the try brown, and although I had never used a patient medicine before I sent for a but illy describe my surprise to find that within a few days I was greatly relieved, and within three weeks I was en-tirely recovered. I am never without it now, and take an occasional dose when I feel up do not derive prompt and satisfac-tor of N. Y., is corresponding secretary of The Sangeriust, of New York; is the leading second hass of the Sangeriust, the same of your case and he will be pleased to give you his valuable advice gratis. Adtress Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

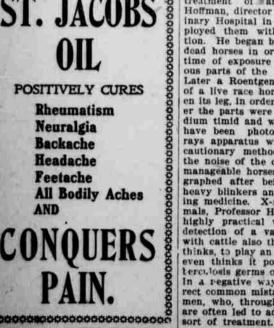
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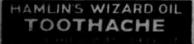


breathlessly. "Go on, uncle. Tell me the rest of it." "There isn't any more to tell, Johnny," said his uncle, with a pensive sigh. "The horse balked."

that one of their khans or chiefs was Great Horned Owl. He had hidden in a thicket to avoid capture by some enemies. By and by his pursuers came to this spot. The first thing they saw was an owl sitting on a bush. What did this mean? It signified in their eyes that this bird would not rest quietly there if any man were lying concealed close by. Therefore they argued that the khan could not be there, and so they hurried on to search for him elsewhere. At nightfall the khan made his way to the camp of his men, and told them how he had been saved from certain death. His story caused them ever afterward in look upon the owl with reverence and love. They wore its feather in their caps as a pledge of victory.

ST. JACOBS OIL POSITIVELY CURES Rheumatism Neuralgia Backache Headache Feetache **All Bodily Aches** AND CONQUERS PAIN.





TOWER'S 鍋 FISH BRAND OILED WATERPROOF CLOTHING WILL KEEP YOU DRY HOTHING ELSE WILL A JTOWER CO. BOSTON MASS. 46

ROENTGEN RAYS.

They Are Now Being Successfully Used for Treatment of Animals.

Roentgen rays are now being suc-cessfully employed in Germany for treatment of animals. Professor Hoffman, director of the Royal Veterinary Hospital in Stuttgart, has em-ployed them with uniform satisfaction. He began by using the rays on dead horses in order to establish the time of exposure necessary for vari-ous parts of the body and organs. Later a Roentgen picture was taken of a live race horse which had broken its leg, in order to ascertain wheth-er the parts were well adjusted. Me-dium timid and well-behaved animals have been photographed with the rays apparatus without special pre-cautionary methods if familiar with the noise of the camera outfit. Un-manageable horses have been proto-graphed after being harnessed with heavy blinkers and dosed with soothheavy blinkers and dosed with sooth-ing medicine. X-ray pictures of ani-mais. Professor Hoffman says, are of highly practical value, enabling the detection of a variety of diseases. with cattle also they are destined, he thinks, to play an important role. He even thinks it possible to locate tu-terc.losis germs or disea wel particler. In a regative way the rays will con-In a regative way the rays will cor-rect common mistakes of vetarinary men, who, through blind diagnosis, are often led to administer the wrong

due them, forms a pitiable contrast to that nation in the days when her people were the greatest traders and colonizers in the world; when Da Gama doubled the Cape of Storms and "the gorgeous East poured in her lap all gems in sparkling showers."

With a population of 5,000,000, she is burdened with an outstanding debt of over \$635,000,000, about evenly divided between external and internal obligations, and, as a side issue, has a floating debt of something like \$60,000,000 With a large balance of trade against her and an annual deficit in her budget, it seems like a hopeless task to try to put the little kingdom of the Lusitanians on a paying basis. Yet Portugal has resources which, if developed, would add greatly to her wealth and paying ability, and colonics, now a burden upon her, which she might dispose of for sums sufficient to go a considerable way toward rehabilitating her finances.

There are between 7,000,000 and S,-000,000 acres of land, capable of producing rich crops, now lying uncultivated in the kingdom. She possesses considerable mineral wealth, but for want of coal and cheap transportation a large proportion of her valuable mines remain unworked and new ones are seldom or never opened.-Chicago Record-Herald.

Sentinel Pain.

Fain is more of a blessing than a curse to the human race. It warns not only of danger from flame or frost. but tells of derangement of function in any and every part of the body. The decayed tooth, the cinder in the eye, the abscess, give notice that relief is required to prevent worse changes, Through pain the affected part or organ is enjoined to rest, which is nature's sovereign cure for many ills. The chronic maladies most to be dreaded are generally painless, hence insidu ous and often incurable .- Popular Sci-

Pise's Cure for Consumption is an infallible edicine for coughs and colds.-N. W. medicine for coughs and colds.-N. W. SANUEL, Ocean Grove, N. J., Feb. 17, 1900.

The experience that makes a man poor-er should also make him wiser. rangement by which her foreign creaitors will get a portion of the interest

Money refunded for each package of PUTNAM FADELESS DYES if unsatisfactory.

It is pure.

It is gentle.

It is pleasant.

It is efficacious.

produces.

It is not expensive.

It is good for children.

It is excellent for ladies.

It is convenient for business men.

It is perfectly safe under all circumstances,

It is used by millions of families the world over.

It stands highest, as a laxative, with physicians.

If you use it you have the best laxative the world

Repentance is too often embodied in the words: "What will people think ?"

American citizens of Pollah birth and extraction are interesting them elves in the project for the election in Washington of a statue of Count Casi mir Pulaski, the intrepid Lithuanian who served with distinction in the Revolutionary war.

Why Syrup of Figs the best family laxative

Because

Its component parts are all wholesome. It acts gently without unpleasant after-effects. It is wholly free from objectionable substances.

It contains the laxative principles of plants. It contains the carminative principles of plants. It contains wholesome aromatic liquids which are agreeable and refreshing to the taste.

All are pure. All are delicately blended. All are skillfully and scientifically compounded.

Its value is due to our method of manufacture and to the orginality and simplicity of the combination.

To get its beneficial effects - buy the genuine.

Manufactured by



If great cold turned our atmosphere to liquid air it would make a sea 35 feet deep over the surface of the whole globe.