

MISS LAURA HOWARD,

President South End Ladies' Golf Club, Chicago, Cured by Lydia E. Pinkham's Vegetable Compound After the Best Doctors Had Failed to Help Her.

"DEAR MRS. PINKHAM:—I can thank you for perfect health to-day. Life looked so dark to me a year or two ago. I had constant pains, my limbs swelled, I had dizzy spells, and never



MISS LAURA HOWARD, CHICAGO, knew one day how I would feel the next. I was nervous and had no appetite, neither could I sleep soundly at night. Lydia E. Pinkham's Vegetable Compound, used in conjunction with your Sensitive Wash, did more for me than all the medicines and the skill of the doctors. For eight months I have enjoyed perfect health. I verily believe that most of the doctors are guessing and experimenting when they try to cure a woman with an assortment of complications, such as mine; but you do not guess. How I wish all suffering women could only know of your remedy; there would be less suffering I know."—LAURA HOWARD, 113 Newberry Ave., Chicago, Ill.—\$5000 forfeit if above testimonial is not genuine.

Mrs. Pinkham invites all women who are ill to write her for advice. Address Lynn, Mass., giving full particulars.

A Naval War.

When William E. Chandler was Secretary of the Navy he issued an order that officers should not permit their wives to reside at the foreign stations to which their husbands were attached. The order was promptly rescinded upon the receipt by the Secretary of the following from Commodore Fyffe, in command of the Atlantic squadron: "It becomes my painful duty to report that my wife, Eliza Fyffe, has, in disobedience of my orders, and in the face of regulations of the department, taken up her residence on the station, and persistently refused to leave."

Free Doctors Under German Law.

Under an insurance law enacted in Germany several years ago 30,000,000 people receive in return for a nominal sum free medical attendance. The theory was that suffering humanity would receive cheap and effective relief from its bodily ills, but in practice there are many drawbacks. The doctors, who are expected to do too much for the pay they get. In Munich they get only about \$75 per annum. In order to keep down expenses the doctors are inclined to impress upon the patients that nothing is the trouble with them.

Ask Your Dealer For Allen's Foot-Powder. It cures the feet. Cures Corns, Bunions, Swollen Feet, Itching, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Powder makes new or tight shoes easy. At all Drug Stores and Shoe Stores, 25 cents. Accept no substitutes. Sold by J. C. Frazee. Address Allen S. Olmsted, LeRoy, N. Y.

Some men can't stand prosperity and others never get a chance.

F. J. Cheney & Co., Toledo, O., Props. of Hall's Catarrh Cure, offer \$100 reward for any case of catarrh that cannot be cured by taking Hall's Catarrh Cure. Send for testimonials free. Sold by Druggists, 75c.

The baker sends in his bill when he needs the dough.

FTS permanently cured. No fits or nervousness after first day's use. Dr. Hille's Great Nerve Restorer. 25 cent bottle and treatise free. Dr. R. H. Kilze, Ltd., 931 Arch St., Phila., Pa.

To break a looking-glass means seven years of bad luck.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Glittering opportunities are not always golden.

I am sure Piso's Cure for Consumption saved my life three years ago. Mrs. Thomas Roberts, Maple St., Norwich, N. Y., Feb. 17, 1900.

Most people are eager to tell the truth, when it is disagreeable.

Sprained Knee for 3 1/2 Years.

From among the numerous unsolicited testimonials which have been received in praise of St. Jacobs Oil we select that of Mr. Arthur Harrison, of Willford Crescent East, Nottingham, who suffered from a sprained knee for 3 1/2 years. He says: "I had been suffering from a very bad sprained knee for 3 1/2 years, through playing football. I had been under the doctor's care twice, and had used all kinds of oils and embrocations, when I was recommended to try St. Jacobs Oil. After trying two small bottles I am pleased to say my knee is now as perfect and strong as ever. I should have written you before, but wanted to give it a thorough trial, and am glad to inform you that since using St. Jacobs Oil I have never felt another twinge of pain."

What One Needs

When they are weary and worn, without an appetite, have no ambition, cannot sleep, nervous and irritable. Take Vogeler's Curative Compound, which purifies, enriches and vitalizes the blood and makes people well and strong. It is the only true blood purifier, made from the formula of an English physician, that is prominently before the public to-day. Send to the proprietors of St. Jacobs Oil, Ltd., Baltimore, Md., for a free sample bottle.



FOR FARM AND GARDEN.

How Pigs Are Lost. More pigs are lost in the summer season from improper feeding than from any other cause. They are compelled to consume foods that are not conducive to health, and which lead to disease in the hams. Some farmers keep pigs in barrels, which ferments until sour, having a very disagreeable odor. This kind of food is more injurious in summer than in winter, as it induces bowel disease. The best slop is milk and bran, freshly made, with grass, vegetables and plenty of pure water, which will induce growth and keep the pigs in good condition.

Corn Stalks as a Fertilizer.

In regard to burning cornstalks merely to get rid of them, as I see a great many farmers doing, I will say do it; it doesn't pay. Some think they cannot burn them under so as to cultivate. The trouble is they don't use the right implement on the ground and they do not plow deep enough. I use a good stalk cutter, they cross with a disk and stalker, and have no trouble with stalks, and I find them a benefit to the ground, especially where the land is never manured one year after another. If every farmer would plow and use the stalks under it would profit him by enriching the ground.—I. A. Miller, in New York Tribune.

Homemade Brooder Coop.

A homemade brooder coop was fixed up to take care of some chicks in another brooder. It was a box 3 1/2 feet, 10 inches deep at eaves and 18 inches at ridge. Less 6 inches long were put under it to keep the floor of the ground to avoid dampness. Ventilation was provided for by holes bored in ends near the ridge. A section of the roof was made removable so that the box is easily cleaned. Dry sand and a small quantity of air-slaked lime were scattered over the floor. It was white-washed inside and out. It was cleaned and fresh sand and lime given once a week. As it was only for use with month-old chicks and during warm weather, no artificial heat was necessary.—Mrs. C. G. Ford, in New England Homestead.

Cut on Barb Wire.

Twelve years ago we owned a very valuable cow. To get at her calf that a dog was chasing she jumped a wire fence, cutting one of her teats its entire length, and laying it open so that milk continually ran out. We realized that something must be done to heal the cut and save the teat, otherwise it might heal in time but with a leak. We took a chicken feather with a long quill, cut it the right length, pushed out the pith, and opened the pointed end. We greased it well with antiseptic witch hazel and inserted it into the teat, pushing it up past the cut, and letting it protrude a little at the bottom. We dressed the cut with the saline morning and evening, and in a week were milking the cow again. The quill allowed the teat to heal without closing up the milk passage, and allowed the milk to escape. We have since known to several cows that were saved by our plan; we also know of a neighbor's cow that lost two teats from a similar injury, when she might have been saved if the owner had only known how.—Mrs. M. C. Downing, in The Epitomist.

Run-Down Pastures.

In handling run-down pastures I have had excellent results in reseeded early in the spring after harrowing several times. The earlier that the work can be done the better, for then the seeds get the advantage of the early wet weather and make a good growth before the midsummer. After sowing I rolled thoroughly, so that the seeds would be pressed firmly in the soil. The harrowing should be done both ways until the top surface soil is pretty well pulverized to give the seeds a good bed. I should sow just before or after a rain. I have even taken advantage of April showers to sow the seed while the rain was falling. If it is a dry spring soak the seed beforehand. It will insure quicker germination and growth. If the pasture is pretty well run down, and the soil poor in quality, I generally give it a top dressing of some good fertilizer in which there is a good percentage of potash. This will help to increase the immediate growth of the seeds. Fall seed sowing is all right, but a good many times we fail to do this and we cannot wait for next year. We need the improvement in the pasture this season. Consequently spring seeding like this will prove of great value. We can in good seasons nearly double the yield of the pasture.

Care must be taken not to turn animals on the field too early, nor to let them at any time crop the new grass too short.

Such pasturing would prove very costly in the end. Both spring and fall sowing of a pasture can be carried on. A good pasture mixture for this work should include red clover, alsike clover, Kentucky blue grass, red top and timothy. A mixture of seeds will always give the best results. Less seed should be sown to the acre on spring land that has just been harrowed than on a field where the seed bed has been carefully plowed and prepared for an entirely new pasture. If one wishes to make a new start in this way it is possible to divide the land up into sections, and then prepare and sow one part at a time until the whole of it is rejuvenated. In this way we always keep a part of the pasture in good condition, while the other parts are being steadily improved. It is a serious matter for a dairyman to plow up all his pasture in one season to im-

WINTER FARMING NEW.

SCIENCE SETS AT DEFIANCE ALL LAWS OF SEASONS.

The Demand for Farm Products in Winter Responsible for the Expansion of This Industry—Hothouse Fruits and Vegetables Multiply in Quantity.

The idea prevalent in some quarters that agriculture has not kept abreast of modern industrial developments is so far from the actual truth that occasionally the public is surprised by reports which indicate a change and revolution in methods and result of a most phenomenal character. In nothing has our agriculture changed more decidedly in recent years, however, than in the seasons of production. Science has deliberately set at defiance all the laws which govern the seasons of growth, and in the conflict it has proved a great triumph for man. Winter farming has become in the past decade an industry more profitable and successful than ordinary summer gardening or farming.

The demand for farm products in winter, when most of them are scarce and difficult to secure, has been responsible for the growth and expansion of winter farming. To-day this industry is of national importance, and a job of millions of dollars to the wealth of our country. Lands that were formerly considered almost worthless have attained through this industry considerable value, and farmers who were disappointed at the outlook of their profession have suddenly discovered new means of reaping financial rewards for their labor and genius. Instead of following in the old ruts in vogue fifty years ago, they have branched out in entirely new lines to develop an industry that is as fascinating as it is profitable.

Naturally one thinks first of truck gardening, either under glass in the North in winter or along the belt of Southern States, when this subject is broached; but winter farming is not by any means confined to even this field. Winter dairying has become in the last five years one of the most profitable sources of farming, and it is pursued by the most progressive dairymen of the country with great success. By means of the silo, succulent food is stored away for winter feeding that produces almost as fine milk and cream as the June grass. The milk and cream in winter time are worth so much more than in summer that the dairymen find it profitable to provide good winter quarters for the best cows and to feed them with the best food.

The poultry farmer has likewise changed his methods, and by means of the incubator and brooder winter and spring broilers are produced to-day in enormous quantities for our tables. Winter poultry is to-day about the only product of the chicken farm that actually pays a good profit. The high prices obtained for spring chickens and broilers out of season have caused complete changes in this industry. Those who depend upon the eggs for their profits are endeavoring to induce the hens to change their season of laying, so that winter eggs will be had in abundance. Extensive experiments in winter feeding and winter breeding in glass-covered houses have produced results which encourage the poultrymen to believe that eventually breeds of hens will in time be reared which will lay their eggs in winter instead of summer. At present the results obtained are not entirely satisfactory.

Hothouse lamb has become an important part of our winter diet of recent years, and breeders have established enormous houses where these delicate animals can be reared and fattened through the coldest of our winter weather. The work is profitable, and the breeders are increasing the industry each year. Hothouse lamb is delicatized out of season at present, but in the future they may become an ordinary part of our regular winter diet.

Hothouse fruits and vegetables multiply in quantity and quality every year. The industry is expanding so rapidly that the annual winter supplies of these delicacies are running up into thousands of tons. Around Boston there are several hundred acres of land covered with glass where fruits and vegetables are raised for the winter markets. Jersey and Long Island are also centers of this industry, and hundreds of acres are now under cultivation right through the winter. These hothouse products bring high prices all through the winter, and from two to four crops are raised annually on the same land. In the spring when the weather grows warm, the glass sashes are removed, and the plants for the summer markets are raised as easily if the land had not been producing all winter. When the cold autumn frosts come, the glass sashes protect the new crop that has been planted for the Christmas holiday seasons. Then when these winter products are harvested, seeds for an early spring crop are sown, and by the time Easter is here fresh vegetables are again ready for picking.

The truck products raised under glass in winter receive the most modern intensive culture. The soil is of the richest, well heated by steam pipes, matted properly, and sometimes lit artificially at night time by gas lights. The electric light tends to stimulate the growth of certain vegetables, and the season of maturity is thus rapidly hastened. The profits from this business often run from 50 to 80 percent on the investment, and during the rough winter weather when southern truck cannot reach the markets, prices for the vegetables raised under glass soar up to almost fabulous prices. Yet in spite of the great number of acres of land covered with glass and devoted to winter farming, the supply hardly keeps pace with the increasing demand,

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HOSPITAL SECRETS.

A Nurse Says: "Pe-ru-na is a Tonic of Efficiency."



MRS. KATE TAYLOR. Mrs. Kate Taylor, a graduated nurse of prominence, gives her experience with Peruna in an open letter. Her position in society and professional standing combine to give special prominence to her utterances.

CHICAGO, ILL., 427 Monroe St.—"As far as I have observed Peruna is the finest tonic any man or woman can use who is weak from the after effects of any serious illness. I have seen it used in a number of convalescent cases, and have seen several other tonics used, but I found that those who used Peruna had the quickest relief. "Peruna seems to restore vitality, increase bodily vigor and renew health and strength in a wonderful short time."—MRS. KATE TAYLOR.

In view of the great multitude of women suffering from some form of female disease and yet unable to find any cure, Dr. Hartman, the renowned specialist on female catarrhal diseases, has announced his willingness to direct the treatment of as many cases as make application to him during the summer months, without charge. Address The Peruna Medicine Co., Columbus, Ohio.

MILLIONS OF WOMEN



Preserve, Purify, and Beautify the Skin, Scalp, Hair, and Hands with

Cuticura SOAP

MILLIONS OF WOMEN USE CUTICURA SOAP, assisted by CUTICURA OINTMENT, for beautifying the skin, for cleansing the scalp, and the stopping of falling hair, for softening, whitening, and soothing red, rough, and sore hands, for baby rashes, itching, and irritations, and for all the purposes of the toilet, bath, and nursery. Millions of women use CUTICURA SOAP in bath for annoying irritations, inflammations, and excoriations, or too free or offensive perspiration, in washes for ulcerative weaknesses, and for many sensitive, antiseptic purposes, which readily suggest themselves to women, especially mothers.

Complete Treatment for Humours, &c.—Containing CUTICURA SOAP, to cleanse the skin of crusts and scales, and soften the thickened cuticle, CUTICURA OINTMENT (50c.), to instantly allay itching, inflammation, and irritation, and soothe the skin, and CUTICURA RESOLVENT PILLS (25c.), to cool and cleanse the blood.

CUTICURA RESOLVENT PILLS (Chloroate Resolvent) are a new, tasteless, odorless, economical substitute for the celebrated liquid CUTICURA RESOLVENT, as well as for all other blood-purifiers and humour cures. 50 doses, 25c.

Sold throughout the world. British Agents: G. G. Chamberlain & Co., Ltd., 100, Strand, London, W. C. 2, U. S. A. Sole U. S. Agents: J. C. Ayer & Co., Lowell, Mass.

RIPANS

I have been a sufferer from dyspepsia and sick headaches. I was many times compelled to leave work and go home. Our druggist told me to try Ripans. I am now in much better health. I can eat almost anything, have no headache and work steady. I also was greatly affected with constipation, and Ripans gave me relief from that.

At Druggists. The Five-Cent Packet is enough for an ordinary occasion. The family bottle, 50 cents, contains a supply for a year.

P. N. E. 22, N.E.

PISO'S CURE FOR COLIC. WHEN OTHERS FAIL. Best Colic Syrup. Purges Gently. Use in Time. Sold by Druggists.

Bronchitis

"I have kept Ayer's Cherry Pectoral in my house for a great many years. It is the best medicine in the world for coughs and colds." J. C. Williams, Attica, N. Y.

All serious lung troubles begin with a tickling in the throat. You can stop this at first in a single night with Ayer's Cherry Pectoral. Use it also for bronchitis, consumption, hard colds, and for coughs of all kinds.

Three sizes: 25c, 50c, \$1. All druggists.

Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with him. We are willing. J. C. AYER CO., Lowell, Mass.

Capsicum Vaseline

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