

Miss Lillie Degenkolbe, Treasurer South End Society of Christian Endeavor, 3141 Michigan Ave., Chicago, Ill., Cured by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM :- When life looked brightest to me I sustained a hard fall and internal complications were the result. I was considerably inflamed, did not feel that I could walk, and lost my good spirits. I spent money doctoring without any help, when a relative visited our home. She was so enthusiastic over Lydia E. Pinkham's Vegetable Compound, having used it herself, that nothing would satisfy her until I sent for a bottle. I have thanked her a hundred times for it since, for it brought blessed health to me and cured me within seven weeks.

I now wish to thank you, your medicine is a friend to suffering women."-LILLIE DEGENKOLBE,

\$5000 FORFEIT IF THE ABOVE LETTER IS NOT GENUINE. When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone," and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

are dangerous

EQUINOCTIAL STORMS.

What is Supposed to Cause These Annual Disturbances.

The belief that the sun's crossing the equator in the spring and the fall causes atmospheric disturbances dies hard, but it is dying, for all that. It mined with fairly concordant results is true, as a rule, that we do have such by a number of independent observdisturbances about the middle of March and the middle of September. but the mere "crossing of the line" by the sun does not produce them. as many persons believe. The dis-turbances are due to atmospheric changes that take place over the equatorial belt when the cold season gives place to the warm, and when the warm season gives place to the cold. It has been snown by carefully kept records in England that more storms occur dring the week preceding and the week following the equinox than during the week of the equinox. That the sun's passing an imaginary line should cause a storm is absurd from the scientist's standpoint, but it is true, nevertheless, that the storms are caused by the sun's position in the sky. There is no objection to calling the storms equinoctial because

they occur at the equinoctial season, but there is objection to applying that term to them because they are ex-

The Healthlest Land in Europe.

An article in the Statistische Wochenschrift, upon the comparative increase of longevity in the various nations of Europe imagines that Sweden will before long become rec-ognized as the healthiest of European lands. In the early part of the last century its sanitary reputation 1840 12/ was bad, but bety mortality was reduced to 26.8 in the 1,000. Each successive decade has shown a remarkable improvement in the longevity of its inhabitants. In 1870 the deaths were 20.2 in the 1,000 in 1880, 18.3; in 1890, 16.90, and lastly in 1900, 16.5. With such favorable conditions of health it is no wonder that the tourist in Sweden should say that he "met an old Swede at every turn.'



In using plain burlap for a part side wall covering a lighter shade of the same color in paper is often used above It with disastrous effect. The tones of the burlap and paper do not seem to harmonize somehow. A two-toned ef-fect in a little darker tiuts of the same color is preferable to finish the walls, with a plain ceiling above, or the twotoned paper may run up on the ceiling a little way also.

Removing Ink Spots.

Ink spots on furniture may be removed by an application of nitre. Mix together one tenspoonful of water and six drops of nitre and apply to the stain with a feather. As soon as the ink disappears rub the spot with a damp cloth to remove the pitre which will otherwise leave a white spot behind it. A saturated solution of oxalic acid is sometimes used in the same manner to rid furniture of ink stains.

Beef Made Tender.

A way of cooking beefsteak that b a wee bit tough was accidentally stumbled upon one day. Company came when it was too late to order. and the contents of cupboard and refrigerator were very slim. Two ends of porterhouse steak were hastily run through the meat chopper, using the medium knife. A coffee cup of rice was put on to cook in salted boiling water, then the rest of the dinner was prepared and ready to serve before the meat was cooked. Have skillet smoking hot and grease with just enough butter to keep from sticking, stir in chopped meat and stir until meat is cooked through: one or two minutes is long enough. Heat meat platter and place meat in centre of plate, heaping it up with lump of butter in top, then salt and pepper to taste. Make a border of the rice around the plate and serve together. Sometimes I serve macaroni with the meat instead of rice. None of it is ever wasted, and twice a week is not too often to serve it to my family. Round steak is a good

New Edges For Curtains. ers. He gave the following table as the average of the heights of a Many new edge finishes are observable upon the cretonne curtains so number of successive waves: Hur-ticane, 28.54 feet; strong gale, 20.64 much used as overhangings for milady's bedroom or boudoir at the presfost: gale, 15.42; strong breeze, 10.83, These values are only about one-half of the 40 or 50 feet which experienced ent time. One simple idea for a por tiere had both sides of the same mate rial to match. The edges had a good seamen frequently state to be the size deep three-quarter-luch turn in and of the waves met with in strong gales The author explained this by the fact then were machine stitched about that waves of a larger size probably three-eighths of an inch back from the scur at short intervals and that it is edge. these which rivet the attention and

Another effective finish is a binding of braid about three inches wide, not unlike a Hercules braid in weave, combining all the varied tints of the blossom bestrewed cretonne. Cotton fringe combining all the colors of the pattern

is another popular edge finish. These cretonne hangings are effective in the extreme, and grow in favor every day. For windows over muslin curtains, where the inside does not show, they are often left unlined. Again, they are lined with a harmo-

nious plain shade of silk or sateen. For portieres, as has been mentioned above, they are made double of the same pattern, or when between bedrooms, where cretonne is used in each. one side one pattern, the other side the other.-Philadelphia Record.

ROUSEHOLD

PLAYING IN THE SAND PILE. A Practical Phase of Child Training in

Germany. In the German cities it must be refreshing to find scattered through each park many good-sized beds of clean

sand. These beds are confined by a wooden border to prevent the sand being scattered or washed away by rains. No matter now small the park or in what quarter of the city it is situated. one is sure to find at least four or five of these small spots of delight for the children; and from early morn until sometimes far into the twilight you will never find one of these little inclosures entirely deserted. It is here the little toddlers' legs carry them as soon as they reach the park, and the younger ones, who are in the carriages,

stretch out their arms and by eloquent looks plead to be taken to the beloved sand heap. Once there, they ask favors from no one, but fall to work with a good will, using hands, shovel, spoon or scoop, each working out with brain and hands his own little ideas to his own entertainment and satisfaction, and taking the keenest pleasure in so doing. Occasionally the nurse cannot resist taking a hand in the fun; as long as she confines her entertainment

to herself everything runs smoothly, but any interference or suggestion to the little workers is usually met with resentment. Mechanical or other toys in the hands of older persons intended or displayed for the amusement of children are simply nothing as compared with the pleasure derived from these sand heaps. They, without doubt, not only privide amusement, but at the not only provide amusement, but at the same time serve to educate the infant mind. An hour spent in watch-ing the children can be made a most profitable one in studying the mind, temperament, nature and resources of these little men and women

GERMAN SHARPNESS.

Custom Official Strains a Few Points to Get More Revenue.

As examples of the exceeding sharpness with which the German customs officials are now scrutinizing imports of manufactured merchandise the following ruling and reclassification of recent date will serve to illus trate what may happen whenever any manufacture ; article is made of two or more component materials. There is a certain snap hook known to the trade as the "covert snap," in German as "Carabiner Haken," which is made of

malleable steel or iron, coated with tin. These have been imported for years under a duty rate of ten shillings per 220 pounds. The snap hook has a latch in the form of a sliding bolt. which is thrown by a small spiral spring of brass or bronzed wire, wholly concealed within the shank of the ion. Recently some zealous inspector has dissected one of these snaps removed the bolt and discovered the hidden brass spring, which forms pernaps one-fortleth of the whole weight

of the article, whereupon the covert snap has been reclassified as brass goods, dutiable at 24 shillings per 220 pounds, which is said to be practically prohibitory in face of domestic com petition.

A Roman Station in England.

A most interesting memorial of the Roman occupation of England has been sold under the auctioneer's ham-mer. This is the Roman station of Amboglanna, the largest on the famous wall which marked the limit of the Roman province. After an existence of 1,800 years the walls of the station, five feet thick, are in a wonderful state of preservation. The gate-ways are noble specimens of Roman work. Some of the wedge-shaped stones in the arches are still to be seen on the ground. The interior of the camp is marked with lines of streets and the ruins of buildings. The estate which claimed this ancient

Gold in Oklahoma. The Wichlta Mountains run from east to west across the southern part

of the Klowa and Comanche country in Oklahoma. They are not over 2,000 feet high in any place, but are quite picturesque and rugged. Government experts have stated, after an examination, that gold and silver, also copper and oil, could be found in and around the mountains, but as to paying quantitles they were uncertain. It is quite sure, from the manner in which pros-pectors are rushing into the hills, that something will happen soon. The ex-citement will either collapse or grow. A majority seem to think it will grow, and the storekeepers and stage lines are making ready for even a greater rush than now.

The potato forms nearly 14 per cent, of the total food of the people of this ountry.

PUTRAM FADELESS DTES do not spot, streat or give your goods an unevenly dyed appear-ance. Sold by all druggists.

The "heart wood" of a tree has ceased to take any part in the vegetative econ-omy of the tree Its use is to strengthen the trunk.

How's This?

How's This? We effer One Hundred Dollars Reward for any case of Catarth that cannot be cured by Hall's Catarth Cure. F J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transac-tions and financially able to carry out any obligation made by their firm. WERT & TECAX Wholesale Druggists, Toledo, Ohio.

Ohio. WaLDINO, KINNAN & MANVIN, Wholesale Druggists, Toledo, Ohio. Hall's Catarrh Cure is taken internally, act-ing directly upon the blood and mucous sur-faces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggis. Hall's Family Pills are the best.

The longest State is California, 770 miles; the widest, Texas, 760. The next in breadth is Montana, 580.

Rest For the Bowels. No matter what alls you, headache to a cancer, you will never get well until your howels are put right. Cascarara help nature, cure rou without a gripe or pain, produce taay natural morements, cost you just 19 cents to start getting your health back. Cas-carara Candy Cathartic, the gonnine, put up in metal boxes, every tablet has C. C. C. stamped on it. Beware of imitations.

The sign painter, at least, can always make a name for himself.

FITS permanen 39 cured. No fits or nervous-ness after first day's use of Dr. Kline's Greet Kerve Bestorer, \$2 trial bottle and treatire free Dr. R. H. KLINE, Ltd., 931 Arch St., Ph.Js. Pa.

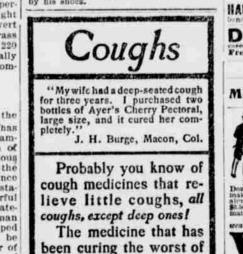
Some people regard their friends simply as something to biame things on.

Mrs. Winslow's Soothing Syrap for children teething, soften the gams, raduces inflamma-tion, allays path, cares wind colin, 25; a bottle The fact that one good turn deserves an-other is what keeps things going.

I do not believe Piso's Cure for Consump

tion has an equal for coughs and colds. -Jons F. Bornn, Trinity Springs, Ind., Feb. 15, 1990.

You can't always tell a polished man by his shoes.



been curing the worst of deep coughs for sixty years is Ayer's Cherry

"WHAR DEW I CUM IN?"

(Being the Sollequy of a Farmer on the Free Raw Sugar Question.)

"That's a mighty lot er talkin' about farmers 'n that rights, 'N the wonderful prosperity thet beet growin' invites. That's a heap er foolish crowin' 'n the "beats" begin ter shout 'n boller fer the Tariff ter keep free raw sugar out ! But I notis thet the beet-producin' farms are very few An' the farmers through the country aint got much of it ter dew. The hull land aint a-raisin' beets, 'n aint goin' ter begin. Beet growin's right fer sum, I guess-but, whar dew I cum in ?

The farmer gits four dollars now fer every ton o' beets-A hundsom price, I must allow—but hidin' sum deceits. Beet sugar manyfacterers admit es they hev found Thet "granylated" costs 'em sumthin' like tew cents a pound. In fact that leaves a profit on which they'd greatly thrive-And-if it kin be sold fer three, why should we pay 'em FIVE ? It seems ter me es thet's a game thet's mighty like a skin-But-if thar's any benefit-waal,-whar dew I cum in ?

When Uncle Sam's in want o' cash we're glad ter help him out, N we'll stand all the taxes thet are needed, never doubt But when his pocket book's well lined an' nary cent he lacks, Et seems ter me his duty's ter repeal thet sugar tax. Them fellers wot is interested sez its to protect The beet-producin' farmer thet the duty they collect. But I guess thet explanation es a little bit too thin-The sugar maker,-he's all right;-but-whar dew we cum in ?

Take off raw sugar duty an' the price will quickly fall, To everybody's benefit, fer sugar's used by all. The poor will bless the Government thet placed it in thar reach-('n millions of our citizens free sugar now beseech) The dealer 'll be delighted-less expenditure fer him-More demand 'n bigger profits-which at present are but slim. An' the farmer 'll be as well paid as he ever yet hes ben-But he'll buy his sugar cheaper-thet's whar he an' I'll cum in.

Now, whar's the sense er reason of the sugar tax to-day. When our treasury's a-bulgin' an' we hev no debts ter pay ? The duty on raw sugar's Fifty million every year— An' the people's got ter pay it—thet's a fact thet's very clear. Fifty million ! Great Jerusha ! Ter protect beet magnates, too, Why should they tax ALL the people—just ter help a scattered FEW And the FEW ? Beet-sugar MAKERS ! Don't it really seem a sin Thus ter help an' fill thar coffers ? Whar dew you an' I cum in ?

The farmer growin' beets hes got a contract price fer years-Free raw sugar wouldn't hurt him, an' of it he hes no fears, But mebbe, like myself-he's also growing fruit so nice-Ter preserve it-at a profit-he needs sugar-at a price ! The repealing of the duty, surely cuts the price in two-Thet'll make a mighty difference, neighbor, both ter me an' you i Let the sugar manyfacterer make such profits as he kin-Ter him it may seem right enuff-but whar dew 1 cum in ?

An' I aint agoin' ter swaller all the argyments they shout Thet the farmers need protection—an' must bar raw sugar out. Common sense is plainly showin' that the people in the land Want raw sugar free in future—an' its freedom will demand. 'Tis a tax no longer needed—hateful to the public view,— Taxing millions of our people to enrich a favored few. They can't blind me any longer with the foolish yarns they spin,-While they're busy making money-whar dew you an' I come in

I'm agoin' ter keep on hustlin', talkin', pleadin' with my frends,-Aint no sense in lettin' others gain thar selfish privet ends I'm agoin' ter write termorrer to my Congressman 'nd say Thet he oughter do his best ter kill that tax without delay Feller-farmers, do your utmost-whether you grow beets or not To repeal the tax on sugar-you can but improve your lot ! Cheaper sugar helps your pocket, greater blessings you can win-When we've three-cent granylated-that's whar you an' I cum in !"



UNION MADE

W. L. DOUCLAS, Brockton. Mass.

clas \$3.00 and \$3.50 sh

Past

oes are made of the same high-grade is and are just as good in every way.

At the recent Glasgow meeting of the British Association for the Ad-vancement of Science Mr. Vaughan Cornish read a paper on the size of waves at sea. He said that the steak to buy to chop if you have no waves at sea. He said that the height of the ocean waves in deep water far from land had been deterodds and ends to use,-Good Housekeeping.

14101400141614151418

A Boon To

Humanity

Is what everybody mays who has used

St. Jacobs Oil

The Height of Waves.

Marriage Epidemic.

Servia is in trouble now with an epidemic of marriages. The cause the system of marriage banks opposite effect. The young men and maidens of Servia begin paying in to these institutions at an early age on the promise of a premium on more the promise of a premium on mar-riage. . Immediately a small sum has been accumulated the desire for marriage grows overwhelming, with the result that the first offer is snapped up. In consequence prematurely early and unhappy marriages are gen The matter has now reached eral. such lengths that it is seriously troubling the government, and the advisability of abolishing these banks, which are held to be the root of the evil, is being debated.

In 50 years the words and phrases of the English language lexiconized under the letter "A" have increased from 7,000 in number to nearly 60,000 Science and invention requiring new terms are largely responsible.



CHMELZER ARMS CO. Kansas City, Mo.

cures the most diffiafter every other form of treatment has falled. St. Jacobs Oll never fails. It Conquers Pain Price, zgc and goc. BOLD BY ALL DEALERS IN MEDICINE ally one cup of milk or white stock



et once, and relieve headache and scintics. We recommend it us the best and safest external counter-fritant known, size as an external remedy for pains in the cheat and storach and all rheumatic, neurabric and pointy complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the hensehold. Many people say "It is the best of all your preparations." Frice, 15 cents, at all drugging, or other deals, or by sending this amount to us in postage stamps we will send you a table by mail. No article should be accepted by the public unless

No article should be accepted by the public unless the same carries our label, as otherwise it is not

CHEESEBROUGH MANUFACTURING CO., 17 State Street, New York City.

PISONS CURE FOR CHRES WHERE ALL LISE FAILS. Best Cough Byrrup, Thants Good. Use In time. Sold by druggists.

CONSUMPTION 9



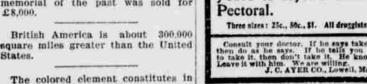
and let cook five minutes. French Straws-Beat four eggs until very thick; then add five ounces of sugar, a half teaspoonful of cinnamon and nutmeg mixed and flour enough to make a stiff dough. Roll into a sheet half an inch thick; cut into slips the width and length of a finger; give each

one a twist and cook in deep fat like

doughnuts. When cool sift sugar on

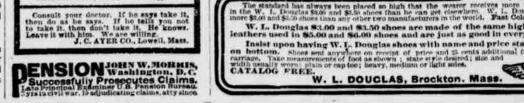
them. Tomato Chutuey-This is delicious with cold meats, chops or steaks. Slice one peck of green tomatoes, sprinkle with one cup of sait and let them stand all night. In the morning pour off the liquor and put the tomatoes into a granite pan with vinegar enough to cover them; add six peppers and four large onlons, chopped fine, one cup of brown sugar, one cup of scraped horse radish, cup of chopped celery one tablespoonful each of cloves and alispice, four apples, chopped, one teaspoonful each of red and white pepper. Boil slowly four hours, and put in air-tight jars. Fried Rolls-Soak one-half cake of

yeast in one-fourth cupful of warm water. Scald one cupful of milk and add to it one heaped tablespoonful of butter, one rounded teaspoonful of salt. When the milk is cool add the yeast and stir in flour enough to make a smooth batter. Beat the white of one egg stiff; turn it into the batter. and when well mixed stir in enough more flour to make a stiff dough Knead it until smooth. Let it rise in warm place till light, then knead it down; take out pleces as large as an egg, make them first into balls, then into finger rolls. Let them rise some distance apart, and when light drop them into hot fat and cook brown.



Virginia nearly one-third, or 32.7 per cent. of all males of voting age, and is comprised almost wholly of persons of negro descent.

A SALE SALES



The Scientific Production

of a laxative of known value and distinctive action is rapidly growing in public favor, along with the many other material improvements of the age. The many

who are well informed

must understand quite clearly, that in order to meet the above conditions a lazative should be wholly free from every objectionable quality or substance, with its component parts simple and wholesome and it should act pleasantly and gently without disturbing the natural functions in any way. The laxative which fulfils most perfectly the requirements, in the highest degree, is

Syrup of Figs The sale of millions of bottles annually for

many years past, and the universal satisfaction which it has given confirm the claim we make, that it possesses the qualities which commend it to public favor.

Its Excellence

is due to the originality and simplicity of the combination and also to the method of manufacture, which is known to the California Fig Syrup Co. only, and which ensures that perfect purity and uniformity of product essential to the ideal home laxative. In order to get

Its Beneficial Effects

always buy the genuine and note the full name of the Company-California Fig Syrup Co .-printed on the front of every package. In the process of manufacturing figs are used as they are pleasant to the taste, but the medicinal virtues of Syrup of Figs are obtained from an excellent combination of plants known to be medicinally laxative and to act most beneficially.

San Francisco, Cal.

For sale by all druggists ---- Price fifty cents per bottle.

New York, N.Y.

ALIFORNIA

Louisville.Ky.