



HOUSEHOLD AFFAIRS

Extirpating Household Pets. Both carbolic acid and naphtha are said to be effectual remedies for buffalo bugs and vermin that may trouble the most fastidious housekeeper at times.

When Laying Carpets. When laying carpet or other carpets if you have not the regular padding, lay several layers of newspapers on the floor or stairs and you will find that the carpet is greatly preserved.

The Importance of Bread-Making. Undoubtedly the day of really good bread is dawning, or rather re-dawning, for society. The "new woman" has now come to the rescue.

Chinaware. There is especially prominent this year as a tint for embellishing dinner sets in a great variety of shadings from olive to a dark malachite.

Medium-sized bowls of china, to match the chocolate pot and cups, to hold the whipped cream, are the proper accompaniment of the correct chocolate set.

Chop plates, while still round, grow larger and larger. They are large enough now to hold the chops distributed around the edge and a garnishing circle of heaped potato straws in the centre.

Indian pottery is quite a fad just now for ends, corners, living rooms, etc. The modern Pueblo pottery is very different from the ancient, and is very little in advance in manufacture.

Landscape and historic scene plates besides others picturing places of local celebrity in a very soft effective blue decoration on a white ground, reminding us of our grandmother's day, have been revived and are quite the fashion, especially for plate rack or china closet decoration.—Philadelphia Record.

HOUSEHOLD RECIPES

Cauliflower Salad—One small head of cauliflower, boil in a cheesecloth bag; when done remove from bag, drain and sprinkle over two table-spoonsful of vinegar; let cool, break the head into flowerets, arrange on dish with lettuce and serve with French dressing.

Puff Ball Muffins—Mix together one coffee cup of milk, one well beaten egg and two dashes of salt. Add flour to make it like a thin cake batter and beat until bubbles rise all over the surface. Then add three teaspoons of baking powder and beat with a whisk. It will begin to foam. Put by the spoonful in buttered gem pans so hot that they hiss as the mixture touches them. Bake twenty minutes in a hot oven.

Pineapple Beverage—Pare twelve lemons very thin; squeeze the juice over the peel and let stand two hours; then add one pound of sugar. Mash one quart of ripe raspberries with one-half pound of sugar; pare a ripe pineapple, shred the fruit fine, and cover with another half pound of sugar. Then strain the lemon-juice and mash the raspberries through a coarse sieve; then the pineapple, and mix all together, adding three quarts of cold water. Stir until the sugar is entirely dissolved, and serve ice-cold with a small slice of pineapple in each glass.

EVIL OF EATING ALONE

TALK AND COMPANIONSHIP ARE ESSENTIAL TO PROPER DIGESTION.

Premature Dyspepsia is One of the Most Trying Features of Unmarried Life—Physically and Intellectually We Improve With Companionship.

At a time like the present, when the marrying age of the average man of the middle classes is being more and more postponed, the physical ills of bachelorhood come increasingly under the notice of the medical man. It is not good for man or woman to live alone. Indeed, it has been well said that for solitude to be successful a man must be either angel or devil.

There are certain physical ills, however, which are not the least among the disadvantages of loneliness. Of these there is many a clerk in London, many a young barrister, rising, perhaps, but not yet far enough risen, many a business man or journalist who will say that one of the most trying features of his unmarried life is to have to eat alone. And a premature dyspepsia is the only thing that ever takes him to his medical man.

There are some few happily disposed individuals who can dine alone and not eat too fast, nor too much nor too little. With the majority it is different. The average man puts his novel or his paper before him and thinks that he will lengthen out the meal with due deliberation and reading a little with, and more between, the courses. He will just employ his mind enough to help, and too little to interfere with digestion. In fact, he will provide that gentle mental accompaniment which with happier people conversation gives to a meal.

In reality he becomes engrossed in what he is reading till suddenly finding his chop cold he demoralizes it in a few mouthfuls; or else he finds that he is hungry and paying no attention to the book, which he flings aside, he rushes through his food as fast as possible, to plunge into his armchair and literature afterward. In either case the lonely man must digest at a disadvantage. For due and easy nutrition food should be slowly taken and the mind should not be intensely exercised during the process. Every one knows that violent bodily exercise is bad just after a meal, and mental exertion is equally so.

Wise people do not even argue during or just after dinner, and observation of after-dinner speeches will convince any one that most speakers neither endure themselves nor excite in their hearers any severe intellectual effort.

In fact, the experience of countless generations, from the red Indian of the woods to the white-shirted diners of a modern party, has perpetuated the lesson that a man should not eat alone, nor think much at this time, but should talk and be talked to while he feeds. Most people do not think much when they talk, and talking is a natural accompaniment of eating and drinking.

What does it fare with the many solitary women of to-day? No better, we know, than with the men, but differently. Alone or not a man may generally be trusted at any rate to take food enough. (We suppose, of course, that he can get it.) With a woman it is different. She is more emotional, more imaginative, and less inclined to realize the gross necessities of existence. Therefore, the woman doomed to dine alone as often as not does not dine at all. She gets dyspepsia because her digestion has not sufficient practice, a man gets it because his functions practice it too often in the wrong way.

Worst of all, perhaps, is the case of the solitary cook. In the myriads of small flats in London there are thousands of women "doing" for their solitary masters or mistresses. These women, whose main occupation is to prepare food for others, find it impossible to enjoy, or even to take, food themselves. As confectioners are said to give their apprentices a free run of the stock of the shop for the first few days, knowing that it will effectually cure their appetite afterward, so the women who are always occupied with buying and preparing food grow unable to use it for themselves. These people suffer from dyspepsia, which is cured if somebody else manages their kitchen for a week, allowing them to take meals without preparing them.

It needs no moralist to declare the evils of solitariness. Man and woman is a gregarious animal. Physically and intellectually we improve with companionship. Certainly it is not good to eat and to drink alone. It is a sad fact of our big cities that they hold hundreds of men and women who in the day are too busy and at night too lonely to feed with profit, much less with any pleasure.—The Lancet.

Not a New Fabric. Possibly your idea of challie, one of our fashionable spring fabrics, is that it is a very new idea. On the contrary, it dates back seventy-five years, and from the very beginning its fine quality and beautiful designs gave it wide vogue. Silk and worsted both are used in its composition.—Philadelphia Record.

Ancient Needles. Needles when first invented were such clumsy affairs the beautiful and fine work the women of olden times used to do with them seems little short of a miracle. Ivory, bone or metal, in the latter case with a loop instead of a head, were first used in their composition.—Chicago Record-Herald.



Half-Hour with the Children

"Wouldn't he."

I wouldn't be a tall giraffe. For anything I know. I'd be afraid to ever wade. Or play out in the snow. For if I did I might take cold. And have a throat so sore— Why, think how long my throat would ache. At least three feet or more.

I wouldn't be an elephant. He does have such a nose. Why, I should think he'd feel a sneeze. Away down to his toes. I wouldn't want to be a duck. Its bill's so hard and wide. I don't see how it eats or walks. When all its toes are tied.

And would you like to be a snake. That has no feet at all. Or be a rabbit with a tail. That looks just like a ball? Then fishes have a dreadful time. In water day and night. They're clean, I guess, but baths like that. Don't seem to be quite right.

I think a turtle must get tired Of carrying his house. A cat is nice, but then, you see, I couldn't eat a mouse. A mole, you know, can't see at all. Some bats are that way, too; So, after all, I'm glad to be. Just what I am, aren't you? —Chicago Record-Herald.

The Jungle-Folk Must Work. In spite of the luxuriant profusion of the jungle growth, the wild inhabitants have to work for their living. Some of them travel miles for their food, and as to lodging they have endless trouble to find it in safety, so energetic and wary are their natural enemies. Even the monstrous elephant selects a place to sleep with the utmost care, and so much afraid is it of snakes that a herd of them will trample over a large area before lying down.

The Science of Yawning. Perhaps you think there is no science of yawning, or in yawning, but you are very much in error if you do. The doctors say that it is a very beneficial exercise to any one that is suffering from nasal catarrh, sore throat, inflammation of the palate or earache. As a matter of fact yawning gives exercise to muscles that never get it in any other way. The muscles that move the lower jaw, and the breathing muscles of the chest, are the first ones that come into play; then the tongue is rounded and arched, the palate is tightly stretched and the uvula is raised.

Toward the termination of the yawn the eyes generally close together tightly, the ears are slightly raised, and the nostrils dilate. The crack sometimes heard in the ear proves that the aural membranes are also stretched and exercised, which can be done only by a yawn.

Of course, it is bad form to yawn in public, but no conventionality forbids your taking half a dozen good ones every day in private, and if the doctors know what they are talking about you will find the exercise very beneficial.—Philadelphia Record.

Told to the Babies of Japan. Once upon a time there was a crab who lived in a hole on the shady side of a hill. One day he found a bit of rice-cake. A monkey who was just minding a persimmon met the crab, and offered to exchange its seed for the rice-cake. The simple-minded crab accepted the proposal, and the exchange was made. The monkey ate the rice cake, but the crab backed off home and planted the seed in his garden.

A fine tree grew up, and the crab was delighted at the prospect of soon enjoying the luscious fruit. He built a nice new house, and used to sit on the balcony, watching the ripening persimmons. One day the monkey came along, and being hungry, congratulated the crab on his fine tree, and begged for some of the fruit, offering to climb and gather it himself. The crab politely agreed, requesting his guest to throw down some of the fruit that he might enjoy it himself. The ungrateful rascal of a monkey clambered up, and after filling his pockets, ate the ripest fruit as fast as he could, peeling the crab with the seeds. The crab now determined to outwit the monkey, and pretending to enjoy the insults as good jokes, he dared the monkey to show his skill, if he could, by descending head foremost. The monkey, to show how versatile were his accomplishments, accepted the friendly challenge, and turning flank—not tail—for Japanese monkeys have no tails—began to come down head foremost. Of course, all the persimmons rolled out of his pockets. The crab, seizing the ripe fruit, ran off to his hole. The monkey, waiting till he had crawled out, gave him a sound thrashing and went home. Just at that time a rice-mortar was traveling by with his several apprentices, a wasp, an egg and a sea-weed. After hearing the crab's story they agreed to assist him. Marching to the monkey's house, and finding him out, they arranged their plans and disposed their forces so as to vanquish their foe on his return. The egg hid in the ashes on the hearth, the wasp in the closet, the sea-weed near the door, and the mortar over the lintel. When the monkey came home he lighted a fire to steep his tea, when the egg burst, and so bespattered his face that he ran howling away to the well for water to cool the pain. Then the wasp flew out and stung him. In trying to drive off this fresh enemy, he slipped on the sea-weed, and the rice-mortar, falling on him, crushed him to death. Wasn't that splendid? The wasp and the mortar and seaweed lived happily together ever afterward.—Chicago Record-Herald.

SCIENTIFIC AND INDUSTRIAL

A writer in Le Mouvement Geographique describes a cave in East Africa, near Tanga, in which one chamber rises to a height of 250 feet, while another covers an area of 5000 square yards.

India is rapidly becoming an important factor in the coal market. The output last year was nearly forty per cent. in excess of that of the year before, and a still further increase will be seen this year. Exportation of coal from India has already begun. The coal is found over wide areas.

The largest stationary engine ever built in the United States has just been turned out at East Pittsburg, Penn. Though nominally of 6000 horse-power, when occasion demands, it can deliver 10,500 horse-power. The whole engine weighs more than 1,500,000 pounds and stands twenty-seven feet high. The fly-wheel is twenty-three feet in diameter, and the main shaft, measuring from twenty-six to twenty-nine and a half inches in diameter, weighs 130,000 pounds.

Cosmos tells of a recent experiment by some Frenchmen in using a kite instead of sails to propel a boat. A Malay kite less than seven feet high when well aloft, it was found, had power enough to tow a boat loaded with six persons. It is obvious that it would be impossible to go against the wind, but it was found possible to take a course forty-five degrees off in either direction by using the rudder. It is suggested that the steady and strong currents of air some distance above the surface of the earth might be thus utilized to assist navigation in some cases.

According to the geologist of the Antarctic expedition in the steamer Belgica there is a remarkable difference in the distribution of ice around the two poles of the earth. Going towards the South Pole perpetual snow is encountered at the sixty-fifth degree of latitude, and he thinks that the floating ice of that region comes from a layer covering the whole polar crown. The floating ice of the north, on the contrary, comes from true glaciers, which are pushed down through valleys until they reach the water. Up there the glacial caps do not reach the sea.

Professor Woodward, of Columbia University, believes that the height of the earth's atmosphere varies with the distance from the equator. The figures that he gives are so enormously in excess of those formerly taught, that they will be received with astonishment by the average reader. About 200 miles is the height that the scientists used to tell us, only forty-five miles of which, comprising the belt immediately around the earth, had appreciable density. Professor Woodward, however, shows reasons for thinking that the height above the equator is fully 26,000 miles, which gradually diminishes to about 17,000 miles above the poles. At the same time, he says that above a few hundred miles from the earth, it has no density, or so little, at least, that its effects are imperceptible.

Hand Sweeping Machines. Hand sweeping machines have been used with much success on the Washington streets, says the Engineering Record, according to Mr. Warner Stutler, superintendent of the Street Cleaning Department, who recently made the following report on the apparatus. "The advantages to be attained by the use of this machine over the present method are as follows: The work is better done for the reason that no dust is raised by the machine and scattered by the wind, and much more of the fine dust is taken up. No sprinkling is necessary, as the dust is carried into the machine, the operation of which is very much like that of a carpet sweeper. The sprinkling of a street in advance of sweeping prevents the machine or broom from taking up the fine dust. Instead, it is plastered to the street by the broom to become dust again as soon as dry. With the use of this machine one man can care for one-third more area of streets and keep them cleaner than he can with the hand broom. For the foregoing reasons and the further fact that this machine is superior to all others tried by me, I would respectfully recommend its adoption in this city."

Automatic Flagman for Trains. With a view to preventing accidents at level crossings and collisions in the neighborhood of railway stations a very ingenious mechanism has recently been tried in France. It consists essentially of a huge hook, or catch, made of iron, which is connected with a lever at the station by means of a wire, through which a current of electricity passes. When it is lying in its place the train passes over it quite easily, but as soon as it is raised it catches a lever which is attached to the engine. The lever thus caught causes an air valve on the engine to open automatically and applies the brakes at once so that the whole train is brought to a standstill within a very short distance. In foggy weather the use of such an apparatus cannot be overestimated, as it is calculated to prevent a train running into another which happens to be delayed at a station.—Pearson's Weekly.

The Discovery of Felt. Tradition gives the discovery of felt to an early English monarch. As a comfort for his cold feet it is told that he put wool into his boots, and the combination of heat, pressure and moisture produced felt, a primitive state from which the modern kind grew.

Your Hair

"Two years ago my hair was falling out badly. I purchased a bottle of Ayer's Hair Vigor, and soon my hair stopped coming out."

Perhaps your mother had thin hair, but that is no reason why you must go through life with half-starved hair. If you want long, thick hair, feed it with Ayer's Hair Vigor, and make it rich, dark, and heavy.

25c a bottle. All druggists.

Your Tongue

If it's coated, your stomach is bad, your liver is out of order. Ayer's Pills will clean your tongue, cure your dyspepsia, make your liver right. Easy to take, easy to operate.

25c. All druggists.

BUCKINGHAM'S DYE

It has been calculated that something like 1,250,000,000 pints of tea are imbibed yearly by Londoners, and that the teapot necessary to contain that amount, if properly shaped, would comfortably take in the whole of St. Paul's Cathedral.

The only building at Spitzbergen is a tourists' hut about five hundred miles from civilization.

Each package of PETERMAN FADELESS DYE colors either Silk, Wool or Cotton perfectly at one boiling. Sold by all druggists.

Dealers say that the hammock continues to hold its own.

Are You Using Allen's Foot-Powder? It is the only cure for Swollen, Smarting, Itching, Aching, Hot, Swelling Feet, Corns and Bunions. Ask for Allen's Foot-Powder, a powder to be shaken into the shoes. Cures while you walk. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address, Allen S. Olmsted, L-Roy, N. Y.

The Bank of France compels customers checking out money to accept at least one-fifth in gold coin.

Frey's Vermifuge by Mail. Send 25c. to E. S. FREY, DALLAMBO, MD., if not for sale at your Druggist or store.

Rest for the Bowels. No matter what ails you, headache to a cancer, you will never get well until your bowels are put right. Cascara helps nature, cures you without a gripe or pain, produces easy natural movements, cost you just 10 cents to start getting your health back. Cascara Candy Cathartic, the genuine, put up in metal boxes, every tablet has C. C. C. stamped on it. Beware of imitations.

The coal miner generally finds himself in a hole.

FITs permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 931 Arch St., Phila. Pa.

There may be plenty of room at the top, but some people prefer to get at the bottom of things.

A Real Funny Story.

Old Tim Jenkins, the barber of Washburn Avenue, Chicago, is a great student of proverbial philosophy, and he sometimes entertains his customers in the interval of a "scrape" or "haircut," by his apt applications of the well-known proverbs of the past to the conditions or requirements of the present. His regular customers know his strong point, and many a man who apparently goes in for a shave, is really in search of a rest in a cozy chair, and has a desire to hear "Tim" hold forth proverbially. One day last week a stranger came in for a shave, and as he stretched himself wearily in the chair, Tim prepared to lather him. The man incidentally remarked that he had intended coming in earlier in the day but had been prevented. "Well, it's better late than never," said Tim, smilingly. "Not always," replied the stranger, slowly. "How about losing your pocketbook? I never lost one until yesterday—never did, but I would sooner have kept it. Now, why was it better for me to lose it late than not at all?" Tim acknowledged that he was wrong and the man continued: "Don't know what I would have done in my predicament, only an old acquaintance of mine on the Lake front let me have the problem over in his mind and collected the admitted that the man was right. He had almost made up his mind not to speak again when the stranger continued, 'Yes sir, they are mistakes. Why, one of them fellows has been calling on me for the past year and threatens to get even with me some way if I do not loan him fifty dollars. He threatens me at every visit.' 'Oh, I wouldn't mind that,' replied Tim unconsciously, 'but the old adage 'A barking dog never bites.' 'There you are again,' said the 'stranger' as he wiped a little lather from the corner of his mouth. 'Say, what do you know about dogs, anyway, that you talk in such a silly strain? Have you ever ventured to go too close to a barking dog, and if you did, what did he do to you? Did he ever know his right dog that didn't bite if he got the chance?' Tim said he couldn't exactly call to mind any canine acquaintance that strictly fulfilled the claim in the proverb, and there was a silence for a few minutes while his razor was gliding over the man's face. Then the barber smiled to himself as he thought him of a good joke. 'Suppose,' he said, as he applied the lather, 'I suppose you don't believe in the proverb at all?' 'What's that?' asked the stranger, rising. 'Two heads are better than one,' answered Tim. 'Of course you can understand why they are, in my business, but I know you would like to say they would be bad for a man with the headache or—' 'Nothing of the kind,' put in the other, smiling. 'One of your proverbs at least is right, I happen to know that two heads are better than one.' 'Then you don't object to that old adage?' 'Not at all. It is dead right. And I would thank you very much if you have any stray Lion heads at hand—those taken from the Lion Coffee wrappers. My wife is collecting them and she is about six shy of the number required to get a Lady's Gold Watch. You see in this case 'two heads are better than one, and twenty are better than ten.' 'Just so,' added Tim, cheerfully, 'but you see, my wife is doing the same thing, and expects a premium in a few weeks. So to her also, two heads are better than one.' 'Well, in that case,' said the stranger, as he paid Tim for the shave and prepared to depart, 'you had better tell your wife to do the same as mine is doing. Save up the Lion head until after September 1st next, when the new Premium List is issued. Then if she sends them to the Washburn Spice Co., Toledo, Ohio, she can have her pick of some very choice presents.'

The coral reefs of Bermuda are the finest in the world for cycling. They are as smooth as a dancing floor and are never dirty.

Conductor E. D. Lewis, Detroit, Mich., says: "The effect of Hall's Catarrh Cure is wonderful." Write him about it. Sold by Druggists, 75c.

Some people seem to think they fall into luck when they fall into debt.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

The chronic kicker deserves to stub his toe.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—JOSEF F. BOYER, Trimby Springs, Ind., Feb. 15, 1900.

It's a good thing to swallow your pride, provided you can digest it.

Garfield Headache Powders deserve your consideration and confidence; they are a positive cure for headaches and save much suffering; they do not derange the system and are absolutely harmless.

Even the men who die may feel that they have much to live for.

The Danger from Flies.

A number of investigators recently have called attention to the important role played by insects in disseminating disease. Because of their great numbers and active habits, flies are no doubt the most dangerous insects in this respect. After feeding on the feces of typhoid patients or other infective material, they carry disease germs into innumerable places and deposit them not only by direct contact with their filthy little bodies, but by their excreta and the dust formed by the crumbling of their dead bodies. Restaurants infected with flies are special abominations. The danger from this source is not small, and as the summer will now soon be on us in good earnest with hordes of these pests it seems desirable that everything possible shall be done to limit the amount of mischief done by them. More effective measures are needed for destroying their multiplication. The war on mosquitoes by our sanitary department in Cuba has shown what can be done in several exterminating insects, and the preparations which are already being made in several different places in our country to carry out the Cuban methods show that the people are willing to act if they are shown the best ways. Until some successful method has been devised for exterminating flies special care should be taken to prevent their access to excrement, pus, or other infectious material; fruits and foodstuffs should be thoroughly cooked or washed if flies have been allowed to come in contact with them, and should be protected from flies after preparation for use.

Great Britain No Rules. It may surprise most persons to know that the British possessions in North America and West Indies are larger than the territory of the United States in America, even including Porto Rico and Alaska. On the North American continent alone King Edward's possessions are nearly 300,000 square miles larger than those of the United States, and taking in the West Indies and Newfoundland more than 200,000 square miles larger. No man ever before reigned over an empire so great as King Edward's. The empire to which Victoria acceded in 1837 covered one-sixth of the land surface of the globe; the empire to which King Edward has acceded covers nearly one-fourth. It is 53 times as big as France, 52 times as big as Germany, three and a half times as big as the United States without Alaska and the Island possessions, and three times as big as continental Europe.

People who suffer from headaches, general debility, weak nerves and sleeplessness will be greatly benefited by taking Garfield Headache Powders. Send to Garfield Tea Co., Brooklyn, N. Y., for samples.

The judge may deliver a very long sentence in a very few words.

The population of China is nearly 400,000,000—more than the combined population of Great Britain, France, Russia, Germany and Japan.

When plants are grown in dry air their stems and leaves have a more complicated structure than when the air is moist.

PENSION JOHN W. MORRIS, 125 Washington, D. C. Successfully Prosecutes Claims. Write for particulars and 10 days' treatment free. Dr. H. M. GREEN'S HOME, Box 5, Atlanta, Ga.

P. N. U. 28, 1901.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment free. Dr. H. M. GREEN'S HOME, Box 5, Atlanta, Ga.

The Sancerre that made West Point famous. McILHENNY'S TABASCO.

PISO'S CORE FOR CURING WHILE ALL LIFE FAILS. Best Cough Syrup. Tastes Good. Use in Time. Sold by Druggists. CONSUMPTION

LION COFFEE. A LUXURY WITHIN THE REACH OF ALL. "A HIGH OLD TIME IN VIEW." The Lion rises now to the occasion, To exercise his powers of persuasion, To tell you all to say the best attention Unto the date that he herein will mention. For 'tis important that you should remember Nineteen hundred and one, first of September. As on that date the Lion's list of prizes, Will be renewed—but filled with new surprises! The Lion from his car is now proclaiming His newest Premium List, which will be naming, To man and wife, to children, aunt and cousin, Attractive presents, dainties after dinner. The List comprises gifts most wisely blended For household use and ornament intended, As well as tools and toys to suit the younger, Who after playthings naturally hunger. From his halloon the Lion makes suggestion That on September first you ask the question: "THE LION COFFEE Premium List you're needing. The up-to-date one, others superseding, And if your grocer is not one possessing, Don't hesitate, because your need is pressing, Just write to us—a two-cent stamp inclosing, We'll send the List, no further work imposing. Just try a package of LION COFFEE and you will understand the reason of its popularity. WOOLSON SPICE CO., TOLEDO, OHIO.