Dont Speak to me."



All manner of extravagant expressions are possible when

a woman's nerves are overwrought.

The spasm at the top of the wind pipe or bronchial tubes, "ball rising in the throat," violent beating of the heart, laughing and crying by turns, muscular spasms (throwing the arms about), frightened by the most insignificant occurrences-are all symptoms of a hysterical condition and serious derangement of the female organs.

Any female complaint may produce hysterics, which must be regarded as a symptom only. The cause, however, yields quickly to Lydia E. Pinkham's Vegetable Compound, which acts at once upon the organ afflicted and the nerve centers, dispelling effectually all those distressing symptoms.

Mrs. Lewis Says: "I Feel Like a New Person, Physically and Mentally."

"DEAR MES. PINKHAM:—I wish to speak a good word for Lydia E. Pinkham's Vegetable Compound. For years I had ovarian trouble and suffered everything from nervousness, severe headache, and pain in back and abdomen. I had consulted different physicians, but decided to try your medicine, and I soon found it was giving me much relief. I continued its use and now am feeling like a new person, physically and mentally, and am glad to add one more testimonial to the value of your remedy."—MES. M. H. LEWIS. 2108 Valentine Ave., Tremont, New York, N. Y.

Writing to Mrs. Pinkham is the quickest and surest way to get the right advice about all female troubles. Her address is Lynn, Mass. She advises women free. Following

Mrs. Haven's First Letter to Mrs. Pinkham.

"Dear Mrs. Pinkham:—I would like your advice in regard to my troubles. I suffer every month at time of menstruation, and flow so much and for so long that I become very weak, also get very dizzy. I am troubled with a discharge before and after menses, have pains in ovaries so bad sometimes that I can hardly get around have sore feeling in lower part of bowels, pain in back, bearing-down feeling, a desire to pass urine frequently, with pains in passing it; have leucorrhea, headache, fainting spells, and sometimes have hysteria. My blood is not in good condition. Hoping to hear from you, I am." Mrs. Emma Haven, 2508 South Ave., Council Biuffs, Iowa. (June 8, 1890.)

Mrs. Haven's Second Letter.

Mrs. Haven's Second Letter.

"Dear Mrs. Playen's Second Letter.

"Dear Mrs. Pinkham:—I wish to express my gratitude for what your medicine has done for me. I suffered for four years with womb trouble. Every month I flowed very badly. I got so bad that I could hardly do my work. Was obliged to sit or lie down the most of the time. I doctored for a long time, but obtained no relief I began using your remedies—Lydia E. Pinkham's Vegetable Compound, Blood Purifier, Sanative Wash and Liver Pills—and now feel like a new women."—Mrs. Emma Haven, 2508 South Ave., Council Bluffs, Iowa. (Feb. 1, 1900.)







E. & S. FREY, Baltimore, Md. P. N. U. 1, 1901.

GREAT BARGAINS IN FARMS

himself Something is always wrong. Gright by chewing Beeman's Popsin Gum.

On a recent scientific test a worker in schale succeeded in drawing a penny out into 5700 feet of wire.

M. L. Thompson & Co., Druggists, Condersport, Pa., say Hall's Catarrh Cure is the best and only sure cure for catarrh they ever sold. Druggists sell it, 75c.

Money talks, but a little scare causes it to shut up tight.

When Not to Sell Stock. To sell young stock, instead of waiting until the animals have matured, is to sacrifice a portion of the profit. No young caives should be sold, as they grow and gain rapidly, while the pig will pay better as a food consumer, having a greater value as a bog than when but a few months old.

The richest milk is that taken last while milking. The "strippings" contain five times as much butter fat as the first milk drawn. It is important, therefore, that each cow be milked to the last drop, not only because the milk will be richer, but also because the milking period of the cow will also be extended compared with careless

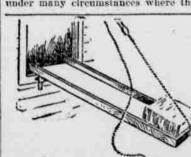
Meat of Diseased Animals. Mr. T. B. Terry, in the Practical Farmer, makes a most vigorous pro-test against the doctrine that he finds in one of the agricultural papers, that the meat and bones of animals that die of disease may be used as food for hens and hogs, and very properly says: "It must turn the stomachs of thoughtful people against pork. poultry and eggs of the market." this we thoroughly agree with him, and we would favor a law to prevent such use of the diseased animals, or of any meat that had begun to decay, as much as we would a law to prevent it from being sold for food purposes. In fact, using it in this way to produce food products is no better than to use the meat itself, and perhaps worse, because the meat might warn consumers away by its appearance or its odor, but when they are disguised in eggs or the flesh of other animals we may not receive that warning, and yet we cannot escape the disease germs or bacteria which are transmitted from one to the other, and possibly increased in their poisonous properties instead of weakened. It is this which makes the writer of Poultry Points so much opposed to the feeding of raw meat to fowl. If the hens are fed upon beefsteak the eggs will be as wholesome as the ment was, and if they

The Renhouse Windows.

are fed upon rotten, stinking meat, we

want none of them .- American Cul-

The window here illustrated was recently described as in use by a noted poultry fancier. The method of construction is here pictured. The window is low, and has the sashes hinged, so that one may step out into the yard from the henhouse through the window. The upper sash is hinged at the top and swings out, being held up by an arm screwed to the casing. The lower sash is hinged at one side and swings out. This plan will work well under many circumstances where the



A DESIGNBLE WINDOW TO THE POULTRY

winters are not too cold, and where the fowls are kept in pens side by side, with adjacent yards outside. In such a case it is often inconvenient to get into the yards unless one can go out into them from the pens. With this method of swinging the sashes the necessity for having a door in each pen, as well as a window, is done away with. In cold climates such a plan can be used for spring, fall and summer, closing the windows in the winter and putting on outside sashes. This device calls for a low window, and this is desirable on other accounts, as only low windows let the sunshine quickly onto the floor on winter mornings .-New York Tribune.

Experience With a Hand Separator.

A writer in the Farmer's Guide relates his experience with the hand separator. When he was setting his milk, skimming and churning the cream he found by a two months' record that he made a pound of butter from a little over twenty-four pounds of milk. For the same length of time when using the separator he made a pound of butter from eighteen pounds of milk, which was a gain of about thirty per cent. This increase was not kept up through the summer, but he had averaged a gain of twenty per cent. for fifteen months in the amount of butter made from the same weight of milk. He also learned another thing from his daily record of weight of milk and amount of butter made. He did not feed any grain during the summer while cows were on grass last year, and it required from twenty-one to twenty-five pounds of milk to make a pound of butter, but he began to feed grain in October, and as he gradually approached full rations the amount of butter increased, until in January he could make a pound of butter from 17.8 pounds of milk. The churn test from June 1 to September 30 showed 4.3 pounds of butter made to each 100 ounds of milk, and from October 1 to Januar 31, 5.1 pounds, a gain of fourfifths of a pound to each 100 pounds o milk. While some part of this gain may have been due to the cows being further advanced in lactation, he belleves, as we do, that some part of it

Walnuts came originally from Persia, almonds from Central Asia.

Ask Your Dealer for Allen's Poot-Ease Ask Your Dealer for Allen's Poot-Ease, A powder to shake into your shoes; resis the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callons, Aching, Sweating Feet and In-growing Nails. Allen's Poot-Ease makes new or tight shoes easy. At all druggists and shoe stores, 25 ets. Fample mailed FREE, Address Allen S. Olmsted, Lelloy, N. Y.

Recent estimates place the number of electric mining locomotives in operation in Pennsylvania at 250.

A Month's Test Free. I. you have Dyspepsta, write Dr. Shoop, Racine, Wis., Box 148, for six bottles of Dr. Shoop's Restorative. Exp. paid. Send no money. Pay \$5.50 if cured.

All the machinery for grinding and pol-ishing glass of a new Toledo plate glass plant is run by electric motors.

Check That Ugly Cough With Housie's Croup Cure. Mailed on receipt of 50 cents. A. P. Hoxsie, Buffalo, N. Y.

Hollanders find it cheaper to import hay from La Plata than to raise it on their

Nothing so good as Garfield Headache Pow-ders for headaches and nervousness; they cure quickly and do not harm. Send to Gar-field Tea Co., Brooklyn, N. Y., for samples.

The branches of the Mississippi River have an aggregate length of 15,000 miles. tamsare Pao s Cure for Consumption saved my life three years ago, —Mrs. Thomas Ros-ans, Maple St., Norwich, N.Y., Feb. 17, 1900.

Before the discovery of sugar, drinks were sweetened with honey.



COME AND GO

Rheumatism Neuralgia Lumbago Sciatica

In our

Roasting

Establish-

ments we

positively

the use of

Eggs,

do not allow

Egg Mixtures.

Chemicals,

LION

is an

or similar

substances.

COFFEE

absolutely

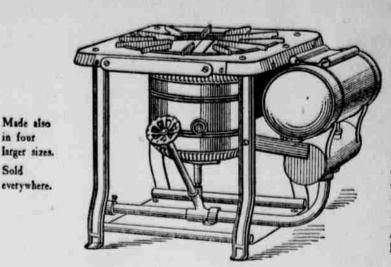
Pure Coffee.

make up a large part of human suffering. They come suddenly, but they go promptly by the use of

St. Jacobs Oil

THE BEST WATERPROOF CLOTHING
IN THE WORLD
BEARS THIS TRADE MARK TOWER'S

This is the <u>Smallest</u> WICKLESS Blue OILSTOVE



does not have the nearest agency of ATLANTIC REFINING CO.

N COFFEE



Watch our next advertisement

Just try a package of LION COFFEE and you will understand the reason of its

LION COFFEE is now used in mil-

"LAYING DOWN THE LAW."

THE poet writes his simple lay.
The builder lays bricks by the day.
The carpet man lays carpets too,
So all are "laymen," good and true.
The hen lays eggs for all mankind,
Which daily in their nests we find.
But the funniest sight we ever saw,
Was Paddy "laying down the law." Pat boasted to a friendly "Cop,"

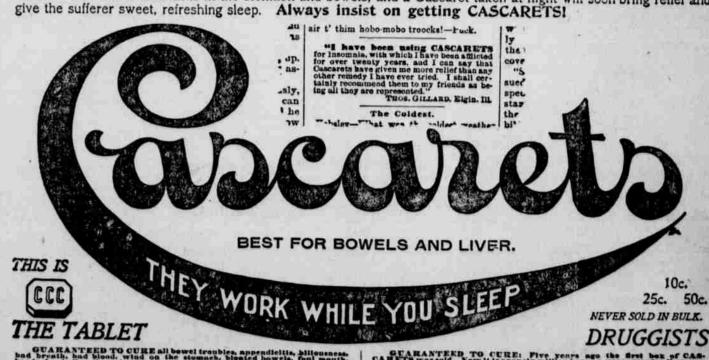
Who often visited his shop, That he'd a lion tamer been-The fiercest lions ever seen— And claimed in manner rather fresh, That he'd oft eaten lion's flesh. The officer joined in to say That & "drank" Lion every day.

"What's that ye say?" then Paddy cried, "Ye spalpeen; shure Oi think ye lied." The cop said "you're too fresh I think, It's LION COFFEE that I drink— It's pure and strong, and healthy too, And helps a man his work to do. I take a cup or two to meet. The trials of my weary beat!

The last word just seemed to suggest A thought to Pat; he did the rest. His fist flew out, the cop fell down, While Paddy's face assumed a frown. "Ye fooled me, did yez!" he exclaimed
As still another blow he aimed.
"I hope yes will excuse me paw—
"Tis fond of "laying down the law!"

In every package of LION COFFEE you will find a fully illustrated and descriptive list. No housekeeper, in fact, no woman, man, boy or girl will fail to find in the list some article which will contribute to their happiness, comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads from the wrappers of our one pound scaled packages (which is the only form in which this excellent coffee is sold). WOOLSON SPICE CO., TOLEDO, OHIO,

Did you ever have that feeling of oppression, like a weight on your chest, or a load of cobblestones in your stomach, keeping you awake nights with a horrible sensation of anxiety, or tossing restlessly in terrible dreams, that make the cold perspiration break out all over you? That's insomnia, or sleeplessness, and some unfortunates suffer with it night after night, until their reason is in danger and they are on the edge of going mad. The cause of this fearful ailment is in the stomach and bowels, and a Cascaret taken at night will soon bring relief and



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CHEWING GUM L'REE
At hox of No. 1 Chewing Gum FREE Write for COMPANY the sample SEPROTIC MEDICAL COMPANY the ruelivile, N

reak eyes and Thompson's Eye Water