"Now Dont Get the Blues:"



When a cheerful, brave and light-hearted woman is suddenly plunged into that perfection of misery, the blues, it is a sad picture.

It is usually this way:

She has been feeling out of sorts for some time, experiencing severe headache and backache; sleeps very poorly and is exceedingly nervous.

Sometimes she is nearly overcome by faintness, dizziness, and palpitation of the heart; then that bearing-down feeling is dreadfully wearing.

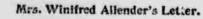
Her husband sovs, "Now. don't get the blues! You will be all right after you have taken the doctor's medicine."

But she does not get all right. She grows worse day by day, until all at once she realizes that a distressing female complaint is established.

Her doctor has made a mistake.

She loses faith; hope vanishes; then comes the morbid, melancholy, everlasting blues. She should have been told just what the trouble was, but probably she withheld some information from the doctor, who, therefore, is unable to accurately locate her particular illness.

Mrs. Pinkham has relieved thousands of women from just this kind of trouble, and now retains their grateful letters in her library as proof of the great assistance she has This same assistance awaits every sick rendered them. woman in the land.





"DEAR MRS. PINKHAM:—I feel it my duty to write and tell you of the benefit I have received from your wonderful remedies. Before taking Lydia E. Pinkham's Vegetable Compound, I was a misery to myself and every one around me. I suffered terrible pain in my back, head, and right side, was very nervous, wenidery for hours. Menses would appear sometimes in two weeks, then again not for three or four months. I was so tired and weak, could not aleep nights, sharp pains would dart through my heart that would almost cause me to fall.

"My mother coaxed me to try Lydia E. Pinkham's Vegetable Compound. I had no faith in it, but to please her I did so. The first bottle helped me so much that I continued its use. I am now well and weigh more than I ever did in my life,"—MRS. WINIFRED ALLENDER, Farmington, Ill. " DEAR MRS. PINKHAM:- I feel it my duty to write

The straw-plaiting industry of Eng land gives employment to about 50,000 women and 4,000 to 5,000 men.

ONSUMPTION MCILHENNY'S TABASCO.

W. L. DOUGLAS \$3 & \$3.50 SHOES UNION MADE

es where all else fails. Uph Syrup. Tantes Good. Dee



Ask Your Dealer for Allen's Foot-Ease, Apwder to shake into your shoes; rests the feet. Cures Corna, Bunions, Swollen, Sore, Hot, Callons, Aching, Sweating Feet and In-growing Naila, Allen's Foot-Ease makes new or tight shoes easy. At all druggists and shoe stores, 25 cts. Sample mailed FREE, Address Allen's, Climsted, Lelloy, N. Y. Navigation between British ports is not restricted to vessels flying the British flag. Frey's @ rmifnge Has been curing children of worms for 60 yrs. 25 cents. At Druggists and country stores. Some seventy different varieties of olives are grown in California. If You Have Rhenmatism Send no money, but write Dr. Shoop, Raeine, Wis., Box 148, for six bottles of Dr. Shoop's Rheumatic Cure, exp. paid, If cured pay \$5.50, If not, it is free. The branches of the Mississippi have an aggregate length of 15,000 miles.

Among the many remedies offered for the cure of beadaches nothing equals the Garfield Headache Powders; they cure quickly and surely, and have no bad after effect.

Things grow very fast in the short

Arctic summer. As soon as the snow nelts off in many places the ground is

covered with a vine which bears a

small berry something like a huckle-

berry, porwong it is called, It is sour

and has a pungent taste, and the In-

dians leave off work and go porwong

hunting, cramming themselves with

Three miles from the village of Kris-

nvik, in the great volcanic district of

leeland, there is a whole mountain

composed of eruptive clays and pure

white sulphur. A beautiful grotto pen-

etrates the western slope to an un-

PUTNAM FARELESS DYES STO fast to sun-cht, washing and rubbing. Sold by all drug-

In 1849 Europe produced four-fifths of all the grain in the world. Now she grows barely half.

In the real estate businesss a great deal depends upon putting up a good front.

the berries.

known depth.

A man may be pardoned for shouting "rubber" in a Turkish bath.

Prosperity makes more fools than adversity.

The stomach has to work hard, grinding the food we crowd into it. Make its work easy i y chewing Beeman's Pepsin Gum. There are six species of mosquito found in New England.

Mrs. Winslow's Soothing Syrup for children teething, soften the gums, reduces inflamma-tion, allays pain, cures wind colic. 25c a bottle

Athletic sports are taking strong hold the European universities.

I do not believe Piso's Cure for Consumption has an equal for coughs and colds.—John F. Boyen, Trinity Springs, Ind., Feb. 15, 1900. Vertical writing has been abandoned in the Toronto (Ont.) schools.

In 1840 the silk factories of Prussia em-

F. J. Cheney & Co., Toledo, O., Props. of Hall's Catarria Cure, offer \$100 reward for any case of catarria that cannot be cured by taking Hall's Catarria Cure. Send for testimonials, free. Sold by Druggists, 75c.

Alaska has only .11 of an inhabitant to the square mile.

FITS permanently cured. No fits or nervous-ness after first day's use of Dr. Klino's Great Nerve Restorer. \$2 trial bottle and treatise free Dr. B. H. KLINE, Ltd., \$31 Arch St., Phila., Pa. France has 584 towns with more than 000 inhabitants.

When the head begans to sche, take a Gar-field Headache Powder and immediate relief will be your reward. Send to Garfield Tea Co., Brooklyn, N. Y., for samples. They are barmless and genuinely good.

The first tavern in Boston opened in 1633, and stood on Merchants' row.



From Monday to Saturday-at every turn in the kitchen work-a Wickless Blue Flame Oil Stove will save labor, time and expense-and keep the cook comfortable. No bulky fuel to prepare or carry, no waiting for the fire to come up or die down; a fraction of the expense of the ordinary stove. A

Wickless

BLUE FLAME Stove

will boil, bake, broil or fry better than a coal stove. It is safe and cleanly-can not become greasy, can not emit any odor. Made in several sizes, from one burner to five. If your dealer does not have them, write to nearest agency of

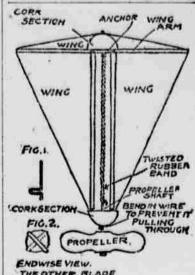
ATLANTIC REFINING COMPANY.



KITE WITH PROPELLER.

Revolving Blades Which Carry It to the

First get two sticks of wood, bamooo is best, of about one-eighth inch in diameter and six and three-quarter inches long. A large-sized cork is essential, at least an inch in diameter. off which cut a section three-eighths of an inch thick, which divide into two equal parts. Burn a one-quarter-inch hole through the centre section, with two smaller holes on either side, but not quite through, Follow the same course with the other section, but omit the middle hole. As shown in the illustration, insert the two bamboo sticks in the side holes, gluing them fast, then take a piece of wire, bending it as Fig. 1. Put this through the hole and bend a book on the lower end of it. Next bend another wire, making a small hook in one end, drive it through the other cork section, from the outside in, and jab the point of the book into the section so the wire connot turn. When this is finished bend a



THE OTHER BLADE INDICATED BY DOTTED LINES

KITE WITH PROPELLER.

hook on the inside end, which will give you a hook at each extremity, one fixed and the other movable Now cut another stick, slightly small-

er than the uprights and six and onefourth inches long, which is to be laid below the anchor end of the frame, as in sketch, each end to project equally, making it fast with a little glue and strong thread. Then with similar thread connect the ands of the cross stick to the two cork sections, pulling the thread quite taut, commencing at the lower section, knotting it at the end of the "wing" arm, then over the anchor cork section to the other end of the arm, where another turn and a knot should be made, and from there back to the lower end of the frame, but on the other side. When completed strain a light, but strong, paper, making the margins to be pasted as narrow as possible in order to save all the weight we can dispense with. Cut out the section between the side parts to which the paper should be gitted.

We have now but to make the propeller, for which take a piece of light dry pine about three inches long by three-quarter luch wide. Cut it to shape, the blades being turned, as in Fig. 2, at opposite angles, so they will push against the air on being rapidly turned. Bore a small hole, just sufficleut to permit the propelle: "shaft" to go through, bend the point of the wire back in the same way as in the top section, and drive it into the small wood of the propeller. A strong, rubber band, about one-eighth inch wide and three inches long, will give you the motive power. Stretch the rubber and from the hook of the anchor to hook of the propelling shaft. first noticing that the shaft is straight and revolves freely. Wind up your motive power by twisting it from right to left, and then toss the machine into the air, and if you have not made it too heavy, and followed these directions carefully, it will, as we remarked in the beginning, be a joy to you and a wonder to all, especially if you exer cise your ingenuity further by adorning the wings with colored designs --Philadelphia Record.

Skirts Lower With Years.

This little sketch will prove a great aid to mothers in preparing the spring wardrobes of their girls of various ages, as it gives the proper length prescribed by Madame la Mode for misses' skirts, according to their years. Observe that it is a gradual descent from four to sixteen.

In our

Roasting

Establish-

ments we

positively do not allow

the use of

Egg Mixtures,

Chemicals,

LION

is an

or similar

substances.

COFFEE

absolutely Pure Coffee.

Eggs,

Glue.

This season's mode in children's skirts under ten years old appears



ILLUSTRATING THE GRADUAL LENGTHEN ING OF THE SKIRT.

scarcely more than ruffles, because the French model of very long waist and short skirt is the correct juvenile vogue. The bottoms of the skirts are made very bouffant, too, so they stand out well from the sash that is usually worn to define where walst and skirt

An egotistical artist says the su ves him a sitting every evening.

Bendigo, perhaps the most famous of Australian gold fields, is preparing to celebrate its jubilee by holding a mining exhibition. It was in October, 1851, that the first nuggets were found by an old shepherd on the spot where Golden square now stands. Since then Bendigo has contributed 17,169,680 ounces to the gold output of the world. The old shepherd was a pugnacious and quarrelsome person, hence he was christened by his comrades "Bendigo, the name of the most renowned Eng-

lish prize fighter of the period.

A Poor Woman

has just as much right to good health as a rich woman. Dr. Greene offers fro. of charge to every woman, the advice that leads to health and strength. Write to him at 35 W. 14th St., New York City, and tell him all about your weakness. The special advice of the discoverer of Dr. Greene's Nervura cannot be bought for money, but it will be given to you free if you will write.

DON'T RUIN YOUR STOMACH WITH MEDICINE. Hunyadi János

Endorsed and used by the most prominent physicians in the world as the best and safest remedy for dis-ordered stomach, billousness, liver troubles, gout and

It Cures Constipation!

Take one half glassful on arising in the morning and you will feel the remarkable effects in helf an bour.

ASK For the full name | LOOK at the label, the label, the full name | LOOK at the label, t Sole Exporter, Firm of Andreas Saxlehner, \$30 Fulton St., N.Y.

Brohard Sash Look and

CHEWING GUM FREE orbulars and sample RECROTTO MEDICAL



He thinks he lives, but he's a dead one. No person is really alive whose liver is dead. During the winter most people spend nearly all their time in warm, stuffy houses or offices or workshops. Many don't get as mu knows that people gain weight winter. As a rule it is not weight, but means a lot of fla and useless, rotting matter the body when it ought to h driven out. But the liver was over burdened, deadened—stopped work. The you are, with a dead liver, and right now the time for resurrection. Wake up the dea Get all the filth out of your system, and g

ready for the summer's trials with clean, clear blood, body, brain free from bile. For is dangerous and destructive unless used in a gentle persuasive way, and the right plan is to give new strength to the muscular walls of the bowels, and stir up the liver to new life and work with CASCARETS, the great spring cleaner, disinfectant and bowel tonic. Get a 50c box to-day—a whole month's treatment—and see how quickly you will be



all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, four mouth, headache, indigestion, pinples, pains after eating, liver trouble, sailow complexion and dixiness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic allments and long years of suffering that come afterwards. No matter what alls you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

Address: STERLING BEHEDY CO

A LUXURY WITHIN THE REACH OF ALL!



Watch our next advertisement,

Just try a package of LION COFFEE and you will understand the reason of its popularity.

LION COFFEE is now used in millions of homes.

"Good Thing For All

North, south, east, west—
North, south, east, west—
There's people drinking LION O
Brand that is surely best,
All the world loves LION COFF
Wheresoe'er you roam,
Old and young admire its wholes
Good thing for all folks at h

LION COFFEE has not any Nor any coat. But it has got a strength amaring

And it will health promote.
All the world loves LION COFF Wheresoe'er you roam, Sweet and fragrant is its fine Good thing for all folks a

LION COFFEE is in one-p

Sold in the bean,
Lion head is seen on ev'ry
Premium List is insid
All the world loves LION

Wheresoe'er you roam And the presents that are Good things for ever

In every package of LION COFFEE you will find a fully illustrated and descriptive list. fact, no woman, man, boy or girl will fail to find in the list some article which will contribute comfort and convenience, and which they may have by simply cutting out a certain number of the wrappers of our one pound sealed packages (which is the only form in which this excellent